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# ATLANTIC CITY

#### July 18 - Fireworks & Drone shows

Ocean Casino Resport

Celebrate Ocean Casino Resort's 7th Birthday with spectacular Fireworks & Drone Shows at The Park, starting at 9:00 p.m.! Witness stunning aerial formations created by choreographed drones and fireworks every Friday from through August 8. Enjoy lush landscapes, firepits, and ocean views at this unforgettable summer celebration.

### **Now - July 20 - United States Tournament of Dance**

Sheraton Atlantic City Convention Center The United States Tournament of Dance returns to Atlantic City for an action-packed week of elite competition, entertainment, and celebration. Hosted at the Sheraton Atlantic City Convention Center Hotel, this nationally renowned event features the IDO AcroDance Open Continental Cup, Final Qualifiers, Miss Dance US Preliminaries, and the highly anticipated National Championships. Dancers of all ages and levels will showcase their talents in acrobatics, tap, commercial dance, and more, with chances to earn medals, scholarships, and national titles. Beyond the stage, attendees can enjoy master classes, themed social events, and family-friendly activities, making this a must-attend summer experience for dancers, families, and fans alike.

# **SMITHVILLE**

Thursdays Now - Sept 4 -**Galloway Green Market** 



It's just not summer without a local farmers market! The local favorite Galloway Green Market is back at Historic Smithville this Summer. Stop by The Village Greene to get your veggies, produce, seafood, and all things locally grown! The Galloway Green Farmers market started in 2017 by Go Green Galloway and has been bring locally grown goods to our community.





# MOST NEEDED FOOD ITEMS

Peanut Butter & Jelly (in plastic jars) Canned Tuna Fish, Salmon or Chicken Baby Food & Formula (no glass jars) Canned Meats & Meals (beef stew, ravioli, hash, etc)
Canned Fruits, Vegetables & Spaghetti Sauce

# Non-Food Needs

Toothpaste, Shampoo, Soap & Deodorant Dish & Laundry Detergents Toilet Paper & Feminine Hygiene Products Diapers (child & adult)

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# ATLANTIC COUNTY

Atlantic County's Shark Season: What's Fact, What's Fear, and Why They Matter

As beach season hits its stride in Atlantic County, so do the headlines. A dorsal fin spotted near Margate. A swimmer in Cape May swears they saw a shadow. Local Facebook groups light up with blurry videos and worried emojis. But behind the summertime buzz, there's a deeper story worth telling - one of science, conservation, and the crucial role sharks play in our coastal ecosystem.

July is often dubbed "shark season," not because the animals suddenly arrive, but because warmer waters bring them closer to shore - and bring more of us into their habitat. Most of the species frequenting New Jersey's waters are smaller, non-aggressive varieties like sandbar sharks, dogfish, and smooth hammerheads. They're drawn by the same things we are this time of year: abundant food, calm surf, and long hours of daylight.

And while sightings do tend to spike this time of year, actual encounters are incredibly rare. According to the Florida Museum's International Shark Attack File, the odds of a shark bite in New Jersey remain less than one in 10 million. In fact, you're more likely to be injured by fireworks, Jawn mowers, or even vending machines. Still, the fin above water taps into something primal - and that's been part of the Jersey Shore's summer lore for generations.

It's no coincidence that Peter Benchley, author of Jaws, spent time researching at the Jersey Shore. Or that shark-themed merchandise fills boardwalk shops from Ocean City to Brigantine each July. But while the fear factor sells, marine biologists say the real conversation should be about balance. Sharks are apex predators, crucial to keeping fish populations healthy and ocean ecosystems in check.

Ocean Ramsey, a prominent shark conservationist who has swum with some of the largest great whites on record, often reminds people that fear is rarely based in fact. "Sharks are not mindless killers," she says. "They're intelligent, curious animals who have far more to fear from us than we do from them. Education and awareness are the best ways to promote coexistence."

In recent years, research teams from Rutgers and Monmouth universities have tagged and tracked sharks off our coast, helping to map migratory patterns and monitor environmental changes. Some of their findings are surprising: juvenile great whites use New Jersey's coastal waters as a kind of nursery, and blacktip sharks - once rare - are becoming more common thanks to warming trends.

For locals and vacationers alike, understanding this helps reframe the story. Sharks aren't invaders - they're residents. And their return each summer is a sign of a thriving, biodiverse coastline. Organizations like the Atlantic City Aquarium and the Marine Mammal Stranding Center in Brigantine often host educational programming for families, helping to shift the narrative from fear to fascination.

So if you happen to spot a fin this week, take a breath before you panic. You may just be witnessing a vital piece of the Atlantic come to life. And in an era where ocean health is more fragile than ever, that's something to celebrate.

# Shark Safety: What to Know, Just in Case

While encounters are rare, it's always good to be prepared. If you see a shark while swimming, stay calm and don't thrash - sudden movement can attract attention. Instead, slowly and steadily back toward shore while keeping the animal in sight. Avoid swimming near schools of fish, seals, or birds diving for bait - these can signal active feeding zones. Dusk and dawn are also peak feeding times, so extra caution is advised. And always swim in groups; sharks are more likely to approach a solitary figure.

If a sighting occurs near your beach, alert the nearest lifeguard immediately. Most New Jersey shore towns have marine response protocols in place, and lifeguards will notify beach patrol or local police if warranted. Do not call 911 unless there is an emergency or someone is injured. For non-emergencies or post-sighting questions, contact your local beach patrol headquarters or the New Jersey Division of Fish and Wildlife's Marine Fisheries office at (609) 748-2020. Remember: sharks are a vital part of the ecosystem, not enemies. Awareness is key to safety - and conservation.



# ATLANTIC COUNT

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# **OUR 50TH YEAR!**

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Atlantic County Magazine is distributed to over 500 distribution points including Wawas, hotels, motels, restaurants, night clubs, condominiums, apartment buildings, convenience stores and supermarkets located in Atlantic City, Brigantine, Ventnor, Margate, Longport, Somers Point, Linwood, Bargaintown, Northfield, Cardiff, Egg Harbor Twp, Hamilton Twp, Pleasantville, Absecon, Pomona, Smithville & most AC casinos.

Yearly Subscriptions: \$75 • All correspondence should be addressed to: Ridgewood Plaza • 2327 New Rd, #203, Northfield, NJ 08225 609-568-5437 • atlanticcountymagazine@comcast.net
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# 2025

# ENTERTA



# **BOARDWALK HALL**

8/1 - PROFESSIONAL FIGHTERS LEAGUE WORLD TOURNAMENT CHAMPIONSHIPS

# GOLDEN NUGGET:

7/19 - BRITISH INVASION

8/30 - WILL DEMPSEY

9/6 - THE MACHINE PERFORMS PINK FLOYD

# TROPICANA:

7/18 - NATE JACKSON

7/19 - TUSK

7/31 - CHER THE ULTIMATE TRIBUTE MICHAEL JACKSON EXPERIENCE

8/16 - IN THIS MOMENT

# **HARD ROCK:**

7/18 - THE BASEMENT YARD **EXPERIENCE** 

7/19 - FRANKIE VALLI & THE FOUR SEASONS: THE LAST ENCORES 7/25 - SAM HUNT

7/26 & 27 - CHICAGO

8/1 - TOTO + MEN AT WORK + CHRISTOPHER CROSS

8/2 - DARK STAR ORCHESTRA

# HARRAH'S:

7/19 - WHO'S BAD: THE ULTIMATE UNPLUGGED

# **OCEAN RESORT:**

7/18 - MICHAEL FRANTI & SPEARHEAD

7/19 - BLUES TRAVELER AND

**GIN BLOSSOMS** 7/25 - DARYL HALL

7/26 - DAMIAN JR. GONG MARLEY

& STEPHEN MARLEY

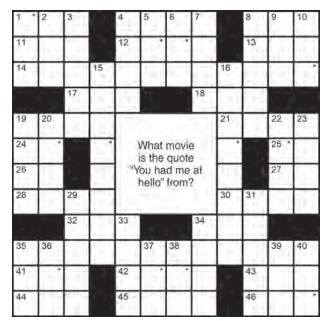
# BORGATA:

7/17 - BEN BURNLEY OF Breaking Benjamin

# CAESARS:

ONGOING - THE HOOK

# CHALLENGE



The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

#### **Across**

- 1. Sharp left or right
- 4. Hot Springs and others
- 8. Stranded motorist's need
- 11. Shell mover
- 12. Smart-alecky
- 13. According to
- 14. Marlon Brando title role
- 17. Have
- 18. Density symbol
- 19. Tosses in
- 21. Get back
- the book
- 25. Depart
- 26. Happen
- 27. Spielberg film about an alien
- 28. Score after deuce
- 30. Unwarm welcome
- 32. Kind of patch
- 34. Confident solver's tool
- 41. Really bad coffee
- 42. "Star Trek" captain
- 43. Musical aptitude
- 44. "Odd Squad" network
- 45. Museo holdings
- 46. Athletic supporter?

## Down

- 1. Dram
- 2. Backrub response
- 3. Kennel club classification
- 4. See
- 5. Walker, briefly

- 6. Cartoon bark
- 7. Top banana
- 8. Chevy truck model
- 9. Ringside shout
- 10. "This means!"
- 15. Cash to fill up the tank
- 16. Clobbered
- 19. Title for some bishops
- 20. Turned blue, maybe
- 22. Mellows
- 23. Kitties
- 29. They can serve up some Meat Loaf
- 31. Map within a map
- 33. "Puppy Love" singer
- 34. Small dog, informally
- 35. Rock concert equipment
- 36. Mac
- 37. Ventilate
- 38. A-Team dude
- 35. Johnny Cash hit of 1969 39. Abu Dhabi's land, for short
  - 40. 'Fore

Jerry Maguire solution:

Э	Ξ	1		Ξ	1	Я	A		S	8	d
Я	A	3		К	Я	J	К		0	n	M
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A	7	A	18	1	Ы	3	d		Я	A	0
۸۸	0	1		S	A	d	8		Я	A	C

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# HOROSCO

ARIES (Mar. 21- April 20)

You're fired up to make a bold move, but rushing it could backfire. Take a beat to review the fine print—especially in work or travel plans. Your instincts are sharp, but they're even stronger when paired with patience. Big wins come from big-picture thinking. TAURUS (Apr. 21-May 21)

You're craving stability, but the universe may toss a twist your way. Financial or emotional security is in focus, and it's time to reevaluate what truly makes you feel safe. A conversation later in the week could shift your priorities. Stay rooted, not rigid. **GEMINI** (May 22-June 21)

Your words hold weight this week—whether in a close relationship or a public setting. Don't waste your voice on small talk when you have something real to say. A partnership may deepen through honest dialogue. Ask the question you've been avoiding. CANCER (June 22-July 22)

You're stepping out of your birthday season with more clarity than you expected. This week is about integration—letting recent insights take shape in your everyday life. Focus on health, habits, and small routines that make a big difference. Your future self will thank you. **LEO** (July 23-Aug 22)

Your solar season begins this week—welcome to your glow-up. Confidence returns in full force, and others can't help but notice. Just remember that authenticity is more magnetic than performance. Lead with joy, and the spotlight will follow. VIRGO (Aug. 23 -Sept. 23)

You're feeling reflective, and your inner world holds more answers than the noise around you. Take time to unplug and recharge—your body and mind are asking for it. A creative spark may surface when you least expect it. Listen to your quiet urges. LIBRA (Sept. 24 -Oct. 23)

Your social life is buzzing, but you may be craving deeper, more meaningful connections. A new friendship or collaboration could open unexpected doors. Don't spread yourself too thin trying to please everyone. Prioritize what feels reciprocal and real. SCORPIO (Oct. 24 - Nov. 22)

Your ambition is heating up, and people are starting to notice your efforts. This is a great week to speak up about your goals—but be strategic, not showy. Recognition is coming, but don't let ego cloud your focus. Quiet power speaks volumes. SAGITTARIUS (Nov. 23 -Dec. 21)

You're ready to shake things up and break out of routine. Travel, learning, or spiritual insight could spark a fresh perspective. Don't be afraid to rethink your path. Growth starts when you let go of outdated beliefs. **CAPRICORN** (*Dec 22.- Jan. 20*)

You're moving through emotional terrain that feels both vulnerable and empowering. A financial or intimate matter comes into sharper focus. This is the time to renegotiate—not just with others, but with yourself. Choose empowerment over control. AQUARIUS (Jan. 21 -Feb. 19)

Relationships of all kinds are up for review, and the balance between give and take is shifting. A conversation midweek could redefine what partnership means to you. Be open to a new dynamic—but stay true to your values. It's not about compromise; it's about clarity. PISCES (Feb. 20-Mar. 20)

(3)

You're fine-tuning your habits, routines, and boundaries—and it's paying off. Small tweaks now have ripple effects later. Don't ignore what your body is telling you. Taking care of yourself is the most productive thing you can do this week.



# ATLANTIC COUNTY

The streets of Pleasantville will erupt in color, music, and movement this Saturday as the AC Carnival returns for its 14th year, bringing with it a full weekend of cultural celebration that spans from land to sea. What began as a small local event has evolved into one of South Jersey's most spirited tributes to Caribbean heritage, featuring a vibrant street parade, a high-energy soca concert, and a reflective Sunday boat ride out of Atlantic City.

The Carnival Street Parade on Saturday, July 19, unfolds beneath the summer sun as residents and visitors gather along a two-mile route that stretches from Alder Avenue to Bayview Avenue. The parade steps off at 10:30 a.m., led by costumed masqueraders, marching bands, and dancers moving to the unmistakable rhythms of soca, reggae, and steelpan. Along the sidewalks, spectators wave flags, cheer for performers, and dance alongside the procession.

Each float tells its own story—some adorned with imagery of island folklore, others paying homage to ancestral traditions. Vibrant depictions of tropical landscapes, historic symbols, and national icons bring the route to life, offering a feast for the eyes and a moment of pride for many in the crowd. The parade isn't just a show—it's an immersive tribute to cultural identity and the enduring spirit of the Caribbean community in Atlantic County.

As the sun begins to set, the celebration shifts but never slows. Bayview Avenue transforms into a pulsing outdoor venue for the Sunset Soca Concert, running from 5 to 9 p.m. With music in the air and Caribbean flags strung across the venue, the energy becomes electric. Guests arrive dressed in vibrant attire—some elegant, some playful, many bearing symbols of their island roots.

# Caribbean Pride on Parade: AC Carnival Returns This Weekend

Steelpan melodies and DJ sets create a soundscape that keeps the crowd moving, while local vendors serve everything from jerk chicken and fried plantains to colorful tropical drinks. The concert is less a performance and more a shared experience—an open invitation to dance, connect, and celebrate with neighbors, friends, and family.

On Sunday, July 20, the pace slows, but the spirit remains. Boarding begins at 8:30 a.m. at Gardner's Basin in Atlantic City for the Carnival Boat Ride, a chance to take the weekend's energy to the water. The cruise sails through the calm back bays, offering sweeping views of the shoreline and skyline while DJs provide a mellow Caribbean soundtrack.

Guests relax on deck, sip rum punch or fruit juice, and swap stories from the day before. The ride offers a moment of reflection after a weekend that brought so many together through joy, movement, and shared cultural pride. For more information on parade routes, artist lineups, and cruise tickets, visit accarnival.com.



# ATLANTIC COUNTY

Hau'oli lā hānau - That's Hawaiian for Happy Birthday Lucy set to celebrate her 144th with a Hawaiian Luau!

Any age over 100 is a milestone and that certainly holds true for Lucy the Elephant who will turn 144 this month. This year's birthday celebration will be held with a bit of a different twist. Because Lucy's Gift Shop has been temporarily located across the street from the giant elephant, the party will be held on Atlantic Ave. between Decatur and Washington Avenues on Saturday, July 19th from 10am to 8pm.

"Last week, we demolished our aging gift shop to make way for a brand new state of the art ADA compliant welcome center. Until the new building is open, hopefully by mid summer 2027, we will be operating out of temporary facilities across the street from Lucy", said Lucy's Executive Director, Richard Helfant. "So we decided to move the party to Atlantic Ave", he said.

We have added some new features this year including 27' double lane water slide, a life size snow globe where we will be featuring Lucy's brand new "Ugly Holiday Sweater" and Zap-a-Mole. Returning favorites are an orange crush castle bounce, the Lucy Express Trackless Train ride and a 9 hole mini-golf course. Jersey shore favorites such as Lenny's hot dogs, Philly Hot pretzels, funnel cake fries, Hawalian sliders, and sodas will be available. New this year, will be frozen drinks too.

At 3pm, we will be introducing Mr. Steven Gottlieb, who is one of the original Save Lucy Committee members, formed in 1970 to save Lucy from the wrecking ball. We are honored to welcome Mr. Gottlieb who boasts that his involvement with Lucy those many years ago steered him to a successful career as an architect. Mr. Gottlieb will be introduced at 3pm when we traditionally sing Happy Birthday to Lucy and hand out birthday donuts, courtesy of Margate Donuts.

Lucy's 144th birthday commemorative t shirt features Lucy in her Hawaiian Luau grass skirt. And, of course, tours inside the World's Largest Elephant will be on-going all day long. Be sure to check out Lucy's annual pedicure...can you guess what color they are this year???

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Lucy is open Monday thru Saturday from 10am to 8pm and Sundays from 10am to 5pm through Labor Day. Tours through Lucy's interior are offered every 45 minutes with the first tour beginning at 10:15am.









SUN	MON	TUES	WED	THUR	FRI	SAT
JU	LY	1 5D	5D	3	4 CIN	CIN
ćin	7 SF	8 SF	9 SF	10	11 SD	12 SD
13 SD	14	15 ASG	16	17	18 LAA	19 LAA
20 LAA	21 BOS	22 BOS	23 BOS	24	25 NYY	26 NYY
27 NYY	28 CWS	29 CWS	30 CWS	31		_

SUN	MON	TUES	WED	THUR	FRI	SAT
					DET	DET
DET	BAL BAL	5 BAL	BAL	7	8 TEX	9 TEX
10 TEX	11 CIN	12 CIN	13 CIN	14 WSH	15 WSH	16 WSH
17 WSH	18 SEA	19 SEA	20 SEA	21	22 WSH	23 WSH
24 WSH	25 NYM	26 NYM	27 NYM	28 ATL	29 ATL	30 ATL
31 ATL			AUG	ับรา	7	

SUN	MON	TUES	WED	THUR	FRI	SAT
	MIL.	2	3 MIL	MIL.	5 MIA	6 MIA
7 MIA	NYM	NYM	10 NYM	11 NYM	12 KC	13 KC
14 KC	15 LAD	16 LAD	17 LAD	18	19 ARI	20 ARI
21 ARI	22	23 MIA	24 MIA	25 MIA	26 MIN	27 Milh
28 MIN	29	30	SFI	PTEI	MRI	FR

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SATURDAY 5PM - FRANKIE & THE FLATLINERS



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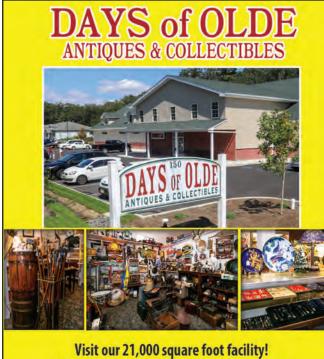












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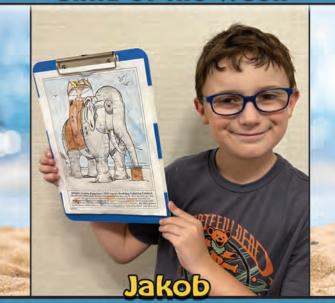
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# Child of the Week



9-year-old Jakob's birthday wishes for Lucy are that she lives for many many more years and that her fans continue to visit and care for her. Well said. Great job coloring Jokob!

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# TIDE TABLE

# Tides for Atlantic City July 17 - 23, 2025

Day		High		Height	Sunrise	Moon	Time	% Moon
		/Low	Time	Feet	Sunset			Visible
Th	17	High	12:30 AM	4.3	5:45 AM	Set	1:84 F	W 64
	17	Low	6:53 AM	0.0	8:22 PM			
	17	Hìgh	1:14 PM	4.4				
	17	Low	7:35 PM	0.6				
F	18	Hìgh	1:28 AM	4.0	5:46 AM	Rise	12:06 A	W 53
	18	Low	7:46 AM	0.1	8:22 PM	Set	2:18 P	19
	18	Hìgh	2:15 PM	4.5				
	18	Low	8:44 PM	0.6				
Sa	19	High	2:33 AM	3.7	5:47 AM	Rise	12:37 /	M 42
	19	Low	8:44 AM	0.1	8:21 PM	Set	3:34 F	249
	19	High	3:20 PM	4.7				
	19	Low	9:53 PM	0.5				
5u	20	High	3:43 AM	3.6	5:48 AM	Rise	1:13 /	W 30
	20	Low	9:45 AM	0.2	8:20 PM	5et	4:50 P	71
	20	High	4:24 PM	4.9				
	20	Low	11:00 PM	0.4				
M	21	High	4:52 AM	3.6	5:48 AM	Rise	2:00 A	VI 20
	21	Low	19:47 AM	0.1	8:19 PM	Set	5:02 F	M
	21	High	5:26 PM	5.1				
Tu	22	Low	12:02 AM	0.2	5:49 AM	Rise	2:57 4	V1 12
	22	High	5:56 AM	3.7	8:19 PM	Set	7:86 F	791
	22	Low	11:47 AM	0.0				
	22	High	6:23 PM	5.3				
W	23	Low	12:58 AM	0.0	5:50 AM	Rise	4:04 4	W 5
	23	High	6:54 AM	3.8	8:18 PM	5et	7:57 F	M.
	23	Law		0.0				
	23	High	7:17 PM	5.4				

# THIS WEEK IN ENTERTAINMENT

#### MOST POPULAR SONGS (downloaded & streamed) WEEK of JULY 19, 2025

- 1. ORDINARY ALEX WARREN
- 2. WHAT DID I MISS? DRAKE
- 3. WHAT I WANT MORGAN WALLEN FT TATE MCRAE
- 4. JUST IN CASE MORGAN WALLEN
- 5. A BAR SONG (TIPSY) SHABOOZEY
- 6. GOLDEN HUNTR/X: EJAE, AUDREY NUNA & REI AMI
- 7. LUTHER KENDRICK LAMAR & SZA
- 8. I'M THE PROBLEM MORGAN WALLEN
- 9. LOSE CONTROL TEDDY SWIMS
- 10. DIE WITH A SMILE LADY GAGA & BRUNO MARS

### TOP GROSSING BOX OFFICE MOVIES WEEKEND of 7/11-7/13, 2025

- 1. SUPERMAN
- 2. JURASSIC WORLD: REBIRTH
- 3. F1: THE MOVIE
- 4. HOW TO TRAIN YOUR DRAGON
- 5. EL10
- 6. 28 YEARS LATER
- 7. LILO & STITCH
- 8. MISSION: IMPOSSIBLE -THE FINAL RECKONING
- 9. M3GAN 2.0
- 10. MATERIALISTS

# This Week's Weather HIGH 90 THURSDAY, JULY 17 **LOW 79** HIGH 86 FRIDAY, JULY 18 **LOW 74** HIGH 85 SATURDAY, JULY 19 **LOW 74** HIGH 86 SUNDAY, JULY 20 50% **LOW 75** HIGH 85 MONDAY, JULY 21 **LOW 74** HIGH 84 TUESDAY, JULY 22 40% **LOW 74** WEDNESDAY, JULY 23 HIGH 86 **LOW 75**

# HEALTHFUL LIVING

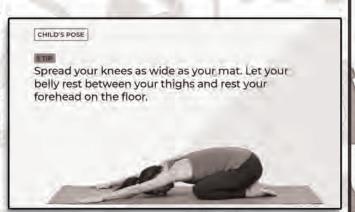
A Weekly Guide to Health Awareness

# YOGA POSE OF THE WEEK -Child's Pose (Balasana)

Child's pose is essential because it's the position you assume whenever you need a break during a yoga class. If you feel fatigued, don't wait for the instructor to call for a break.

Move into Child's pose and rejoin the class when you're ready. It provides a gentle stretch for your back, hips, thighs, and ankles, and does not challenge strength or balance.

Taking Child's pose is really up to your discretion, introducing one of yoga's best lessons: being attuned to the signals of your body and respecting them above any external directions.



# VITAMIN HIGHLIGHT -Calcium

Its strength makes it the building block for your bones and teeth. It's also key to make muscles move, including your heart. Get calcium from milk, cheese, yogurt, and other dairy foods, and from green vegetables like kale and broccoli. How much you need depends on your age and gender. Check with your doctor about whether you should take a supplement.

# MENTAL HEALTH CHECK-IN

Is there anything I am avoiding in life, and what might happen if I faced it directly?

# TREATMENT SERVICES

In an emergency, please dial 911.

NJ Hope Line: 855-654-6735 • njhopeline.com
ReachNJ: 844-732-2465 • reachnj.gov
IME Addictions Access Center: 844-276-2777

NJ Connect for Recovery: 855-652-3737
njconnectforrecovery.org

988 Suicide & Crisis Lifeline: 988 • 988lifeline.org
(Formerly: National Suicide Hotline: 800-273-8255)

NJ Mental Health Cares: 866-202-HELP (4357)
njmentalhealthcares.org

Council on Compulsive Gambling of NJ:
800-GAMBLER (426-2537) • 800gambler.org
Veterans Counseling Hotline: 866-VETS-NJ4

National Domestic Violence Hotline: 800-799-7233 • thehotline.org

(838-7654) • njvet2vet.com

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1-800-772-7777

1-866-MY-BORGATA

1-800-677-SHOW

1-609-441-2000

1-609-449-1000 1-800-HARRAH

1-866-506-2326

1-800-322-SHOW

1-877-387-9305 1-800-526-2935



# **South Jersey Matters** By Todd Cohen

Send your news to Todd Cohen, SJ Matters, P.O. Box 3351, Margate, NJ 08402-3351

# Main Library Open until 8 p.m. on Thursdays

Those who visit the Atlantic City Free Public Library to find a best seller, use a computer, do research, receive assistance from a librarian or attend a program will now have more time to do so.

The library recently added Thursday evening hours at Main Library, located at 1 North Tennessee Ave. Main Library's new hours are: 9:30 a.m.-5 p.m. Monday through Wednesday, 9:30 a.m.-8 p.m. Thursday, and 9:30 a.m.-5 p.m. Friday and Saturday.

The library's hours at the Richmond Branch, located at 4115 Ventnor Ave., remain the same: 9:30 a.m.-5 p.m. Tuesday and Wednesday.





# WORD SEARCH

T SABESCH KRA S A SN 0 E V EN N H S SMD EHC NS DN 0 C LUAU RN N E SA EE 1 F SARTF ES T EAP N Y MR T N VUAO T E R B В ARUMADN OGALENT N E E KHREDF C SA E EATBSYTMBFOBOD

# Parks and Recreation

AMBITION
ANDY
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APRIL
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BINDER
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CHRIS
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FEMINISM
FESTIVAL
FRIENDSHIP
GALENTINE'S

GOVERNMENT HARVEST JERRY JJ'S KNOPE LESLIE LI'L LOVE

MURAL

OFFICE PARKS REC RON SEBASTIAN SWANSON TOM TREAT

# Villas Fishing Club MEMBERS & GUEST

MON. - SAT. 11AM - TIL • SUN. 12PM - TIL

EVERY WEDNESDAY • 7:30PM NAME THAT TUNE W/JILL & KELSEY

> EVERY THURSDAY • 7:30PM TRIVIA WITH DR. NICK

FRIDAY, JULY 18 • 7 - 11PM MOE FISHBONE

SATURDAY, JULY 19 • 7-11PM THE KNOCKERS

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MORE INFO 609-889-9801

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# SUDOKU

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

7		5	3			8	6	
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	7	3			5	1		2

# CHEF CHIP'S WILD GAME AND SEAFOOD RECIPE

# **SHRIMP LO MEIN**

# INGREDIENTS:

- · 10 oz. Cooked Lo Mein Noodles
- · 1 LB. Extra Large Shrimp(Peeled, Deveined & Tail Off)
- · 2 tsp. Peanut Oil
- · 1/4 tsp. Sesame Oil
- · 3 Cloves Garlic, Minced
- · 3 Scallions/Green Onion, Sliced Fine
- · 1/4 Cup Shrimp Stock
- · 1/4 Cup Hoisin Sauce
- · 2 TBS. Dark Soy
- · 1 TBS. Mae Ploy Sweet Chili Sauce
- · 1/2 Cup Pineapple Juice
- 2 TBS. Granulated Sugar Garnish:
- · 1 tsp. Toasted White Sesame Seeds

# PREPARATION:

Preheat wok & add 1 tsp. peanut oil. Next, saute the shrimp in the wok. When the shrimp is almost cooked, add in stock. Cover & remove from heat. In about 2 minutes, the shrimp should be finished cooking through. Remove shrimp to a plate or bowl & set aside. Wipe out wok & reheat it. Add remaining peanut oil into wok. Next, add in garlic & scallions. Cook until soft. Add the remaining ingredients except noodles, shrimp & sesame seeds. Bring to a boil. Reduce heat to low. Mix in noodles & shrimp. Plate & garnish w/ sesame seeds. Serve & Enjoy!



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	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
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6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	Celebrity Jeopardy! 20/20 (N)						News (N)	(:35) <b>J. Kim</b>	mel	
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17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Penn & Te	eller	Animals	FunnyKids	Action Ne	ws at 10 (N)	Union	Mod Fam	Two Men	
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57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelpl	hia (N)	True Crime	Crime	FamFeud	FamFeud	Neighbor	Neighbor	Conners	
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# **Beaches in Atlantic County**

**ATLANTIC CITY** - Lifeguards on duty, showers, changing rooms, food permitted, free admission. Visit atlanticcitybeachpatrol.org



BRIGANTINE - Brigantine Beach Lifeguards on duty, surfing beaches, showers, changing rooms, food permitted. Seasonal tags are \$25. Seniors over 65: Come in with identification for a free tag! You are only allowed 1 Beach Tag per identification. Active Military Members: Tags are free (4 free per family). Also, for veterans, beach tags are free only for that veteran. Daily tags are \$10; Weekly tags are \$15. Purchase at the Brigantine Beach Community Center located at 265 42nd St. Call (609) 264-7350 or visit brigantinebeach.org

EGG HARBOR CITY - Lake Park, 2300 Philadelphia Ave. There are lifeguards on duty and restrooms. Seasonal badges are \$25; senior citizens \$5; military with ID \$5; daily wristbands: \$10. Boat rides: \$10, gazebo rental \$35; table rental \$25 weekdays \$50 weekends; table rental with grill \$50 weekdays \$100 weekends. Purchase at the EHC Tax and Utility Office at City Hall at 500 London Ave. Call (609) 965-0123 or visit eggharborcity.org

HAMILTON TOWNSHIP - Cove Beach at Lake Lenape. Lifeguards on duty, open Thursday-Monday 11am-6pm from June 22-September 2. Seasonal tags are \$30; family 4-pack is \$100; daily wristbands are \$10 on weekdays and \$15 on weekends/holidays; children 11 and younger are free. Seasonal tags are available at the administration office in Town Hall in Mays Landing or for purchase at the Cove. Call (609) 625-4762 or visit hamiltonatlni.gov



MARGATE - Lifeguards on duty 10am-6pm, restrooms, surfing beaches, food permitted. Seasonal tags are \$20; Free seasonal tags are available to veterans and active military members... remember to have proper military identification to receive your free tag. Tags are also accepted in Ventnor. NEW TO MARGATE! MyBeach Mobile allows users the ability to purchase Digital Beach Tags without the hassle of having to carry around a Beach Tag. Under Pass Type you must choose Digital Pass or Physical Pass. To get started download the MyBeach Mobile App or visit www.mybeachmobile.com. Badges are sold at the Martin Bloom Community Pavilion at Huntington Avenue and the beach from 10am-3pm. Order online at www.jersey-cape-tags.myshopify.com/collections/margate. Beach restrooms are located at: Huntington Avenue (Bloom Pavilion), Rumson Avenue, Benson Avenue (Greenhouse), Adams Avenue beach. Accessible beaches with mats for easier mobility are at the following Avenues: Andover, Barclay, Clermont, Douglas, Exeter, Huntington, Kenyon, Osborne, Rumson, Vendome, Decatur, Madison, Coolidge. Call (609) 822-2605 or visit margate-nj.com. Margate City Beach Patrol Headquarters is located at Decatur Avenue and the beach. Call (609) 822-2370

LONGPORT - Lifeguards on duty from 10a-6pm, surfing beaches, showers, food permitted. Seasonal tags are \$35; seniors \$15; children up to 12 free. Beach badges are available at Longport Borough Hall, 2305 Atlantic Ave and at Lifeguard Headquarters, 33rd and Atlantic Avenues, or reserve them over the phone at (609) 822-3898. Order beach badges online at jersey-cape-tags.myshopify.com/collections/longport. Restrooms are located at 33rd and Atlantic Avenues in the Community Building-Lifeguard Headquarters. Wheel Chair Reservations call 609-822-6038. For more information, visit longportnj.gov

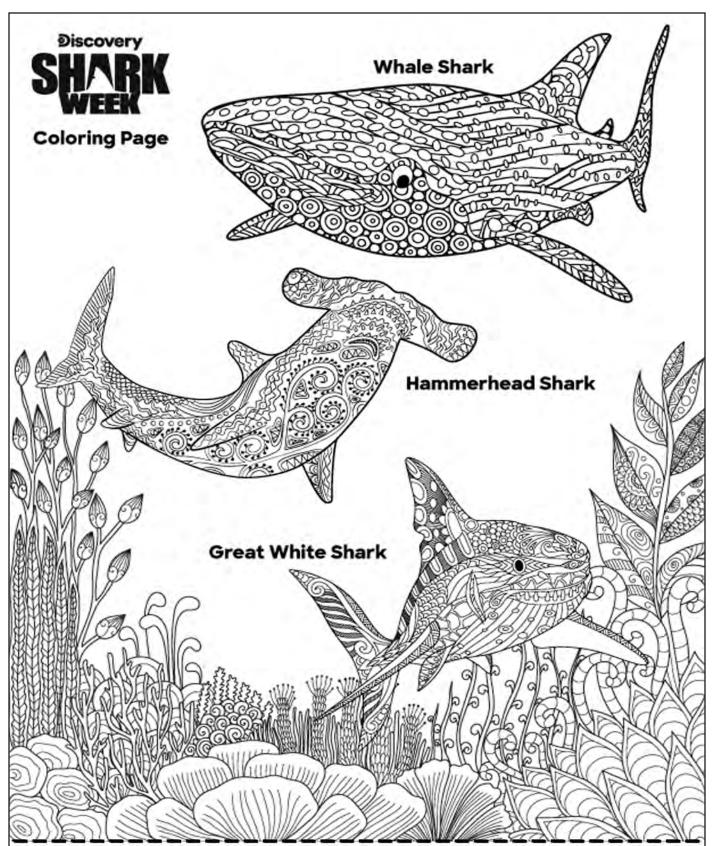
SOMERS POINT - William Morrow Beach, Higbee and Bay Avenues. Lifeguard on duty, rates for large groups available. The free beach looks over the bay and across to Ocean City. William Morrow Beach features free live music all summer, every Friday evening at 7 p.m. until the first Friday of September. A schedule can be found at somerspointbeachconcerts.com. Bring your chairs and coolers and come down to watch the shows. Call (609) 927-9088 or visit somerspointgov.org



VENTNOR - Lifeguards on duty 10am-6pm, surfing beaches, fishing pier, food permitted. Seasonal tags are \$20. Tags also accepted in Margate. Purchase tags at Ventnor City Hall, from a beach tag checker, or online at jersey-cape-tags.myshopify.com/collections/ventnor. Ventnor City Beach Patrol Headquarters is located at the Suffolk Avenue beach. Call (609) 823-7948 or (609) 823-7953. Restrooms are located at the Ventnor Library and Cultural Arts Center, the beach side of Newport Avenue; Ventnor City Hall, 6201 Atlantic Avenue; Ventnor Municipal Fishing Pier; Ventnor Tennis Courts, Atlantic and Somerset Avenue; Cambridge Avenue and Boardwalk. Accessible beaches are at Suffolk and Newport avenues. In addition to ADA-approved access ramps and accessible parking, the beach patrol has accessible beach chairs for additional access to the beach. Dogs are not allowed on the beach May 15 through Sept. 30. From Oct. 1 to May 15, leashed dogs may be walked in areas washed by the high tide line. Call (609) 823-7904 or visit ventnorcity.org

MALIBU BEACH WILDLIFE MANAGEMENT AREA - Malibu Beach is a free dog-friendly beach located on the Egg Harbor Township end of the Ocean City-Longport Bridge. Open daily from 5am-9pm. Dogs are welcomed year-round. Dogs must be kept on leash. Respect all posted areas in beach nesting season, April through October. Parking is available right next to the beach. Only requirement is to clean up after your pup. No permits required, you can enjoy your favorite beach activities while your dog socializes with other dogs.



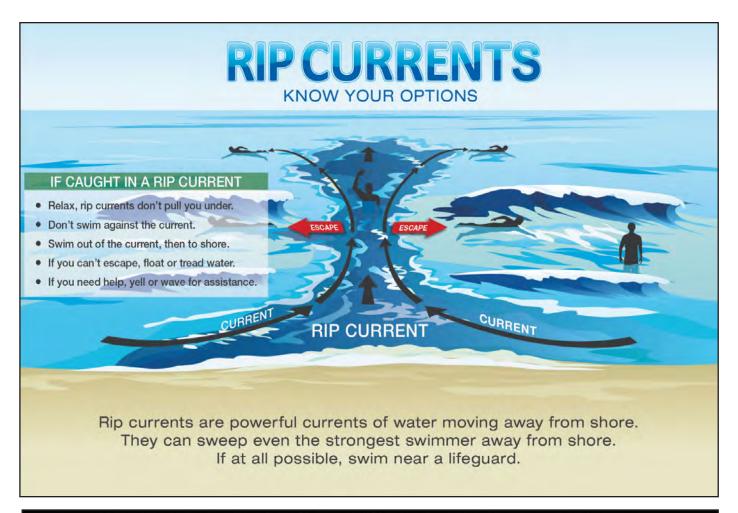


Atlantic County Magazine's 2025 Shark Week Coloring Contest

How does the contest work? All entries must be received by Wed, July 23, 2025. One entry per child.

To enter, take a picture of your child holding up their completed coloring page and email it to atlanticcountymagazine@comcast.net with the subject "Coloring Contest." Be sure to include child's name, age and their favorite thing about Shark Week or sharks in general. Are there prizes?

Yes! The winner will be featured in Atlantic County Magazine as "Child of the Week" with their art!



# Stay Safe in the Surf: A Guide to Water Safety at the Jersey Shore

The Jersey Shore is synonymous with summer fun—sunny beach days, refreshing ocean dips, and thrilling surf. But as inviting as the Atlantic Ocean, bays, and inlets may seem, these waters demand respect. Each year, thousands of visitors flock to Atlantic and Cape May Counties to enjoy the shore, and knowing how to stay safe can mean the difference between a great day and a dangerous one.

#### Respect the Ocean's Power

The ocean at the Jersey Shore can change quickly, with shifting tides, sudden drop-offs, and powerful currents. Rip currents, in particular, pose a significant hazard. Often invisible from shore, these narrow channels of fast-moving water can pull swimmers out beyond the breaking waves. If caught in one, stay calm—don't try to swim directly back to shore. Instead, swim parallel to the beach until you're free of the current, then angle back toward land.

When possible, swim only at guarded beaches. Lifeguards are trained to spot hazards, assist swimmers in distress, and respond quickly in emergencies. Many Jersey Shore towns, including Ocean City, Wildwood, Cape May, Atlantic City, and Brigantine, staff their beaches with lifeguards daily during peak season, typically from Memorial Day through Labor Day. Know the Conditions

Before heading out, check the day's surf and weather reports. Local news, beach patrol websites, and flag systems provide updates on tide times, rip current risks, jellyfish sightings, and storm advisories. Be especially cautious after storms, when surf conditions can remain rough even if skies are clear.

Additionally, always be aware of boat traffic in bays and inlets, where swimmers, kayakers, and paddleboarders share the water with motorized

vessels. Wearing a U.S. Coast Guard-approved life jacket is essential for boating and recommended for inexperienced swimmers in deeper waters.

#### Supervise Children Closely

Even on calm days, waves can knock over small children or carry them farther out than expected. Stay within arm's reach of young swimmers, and consider outfitting them with brightly colored swimwear or rash guards for visibility. Teach children to recognize lifeguards and seek help if they feel unsafe.

#### **Smart Shore Habits**

- Stay sober while swimming or boating. Alcohol impairs judgment, balance, and reaction times.
- Obey posted signs and lifeguard instructions. Many towns prohibit swimming after hours, when no lifeguards are present.
- Don't overestimate your abilities. The ocean is not a pool. If you're not a strong swimmer, stay in shallower water where you can touch bottom.

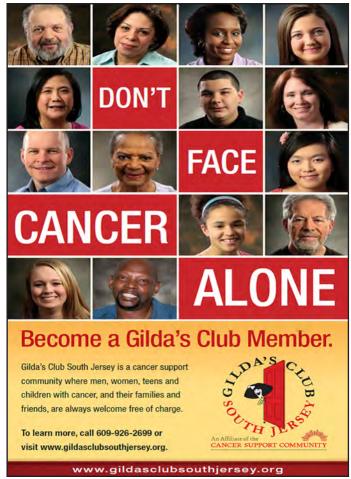
# Enjoy the Water, Respect the Risks

The Jersey Shore's waters offer unforgettable fun but a safe beach day starts with smart choices. By understanding the ocean's power, heeding local guidance, and watching out for one another, visitors can make the most of their time at the shore keeping memories joyful and worry-free.













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# Maria C. Shelton

Real Estate Appraiser/Consultant



# Girl of the Week



9-year-old Aislinn's birthday wishes for Lucy are that she hopes Lucy has the best birthday ever and that she can come on the beach to hang out!

Great coloring Aislinn!

# "In My Opinion" by Nancy Adler



Nancy Adler Nutrition is the recipient of the Gold Award in The Best of the Press 2020, 2021 & 2022 Readers Choice Awards! Thank you to all who voted!

Nancy Adler is a Certified Nutrition and Fitness Instructor. She specializes in nutrition, weight loss control and sports specific nutrition for all ages.

Nancy will create a personalized nutrition plan just for you to help you reach your goals.

You may listen to Nancy every Saturday 11 am-1 pm: Nancy Adler Nutrition LIVE! NewsTalk 1400 AM and 92.3 FM WOND radio,

For more information, call Nancy at 609.653.4900 to schedule your one-on-one confidential consultation.

www.NancvAdlerNutrition.com

# NUTRITION, WEIGHT LOSS & FITNESS

# **SEARED SEA SCALLOPS OVER WILTED SPINACH**

2 tsp. Olive oil 1 lb. Sea scallops Pinch of salt Freshly ground pepper 1/2 c. Minced shallots 1/2 c. Dry white wine 10 oz bag baby spinach 1 tbsp. Fresh lemon juice

Heat oil on a medium-high heat in a large heavy skillet. Add scallops and cook un disturbed for 2 minutes per side. Remove scallops and keep warm. Add shallots and stir; add wine to deglaze the pan, scraping bits from the bottom, then add spinach. Cook for 2 minutes until wilted. Add lemon juice. Divide spinach among four plates and top with warm scallops. Serves 4.

Calories 153
Calories from fat 32
Total fat 3.5 grams
Cholesterol 35 mg
Sodium 296 mg
Carbohydrates 6.6 grams



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HEALTHY RECIPES IN
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# 750ml ONLY 3 Bottles **6 Bottles** 12 Bottles

Sale items mix for discount but no additional discount on sale items

Get Delivery with **Uber Eats** at Both Locations!

(609)317-4008 MON-SAT 9AM-10PM • SUN 9AM-8PM

748-9800 MON-SAT 10AM-10PM • SUN 10AM-6PM

# ATLANTIC COUNTY

Greater Atlantic City Concierge Association's Spotlight:

# **Atlantic City Cruises**

Submitted by: Judy Brenna, GACCA Communications Director Catering & Events Director, Blue Dog Hospitality Group



Name of venue: Atlantic City Cruises

Where are you located? 800 N New Hampshire Avenue at the Historic Gardner's Basin in Atlantic City, NJ.

What are your hours of operation? We are open 7 days a week!

Parking tips: There is plenty of free parking!

Tell us a little about yourself: Atlantic City Cruises offers a variety of narrated boat tours from Historic Gardner's Basin, including dolphin watching adventures, sightseeing cruises, and happy hour cruises. The flagship vessel, Cruisn 1, provides scenic views of the Atlantic City skyline and coastline.



What does your venue specialize in? Spend the day at the bay with us coasting along the Historic Gardner's Basin. From dolphin-watching and sunset cruises to Tiki Boat fun, Atlantic City Cruises is the perfect destination to spend a delightful hour, an afternoon, or the day by the bay.

What is the current reason one MUST come to your venue? The best thing about Atlantic City cruises, particularly Atlantic City Cruises' Dolphin Watching Adventure, is the opportunity to see dolphins in their natural habitat. The cruises offer a chance to observe these playful creatures up close, often riding the wake of the boat, while also providing educational commentary from onboard marine naturalists.





Do you host events on the boats? If you want to book a party with alcohol, your first thought might be to reserve space at a bar or restaurant. Instead of going with a traditional, ordinary event, why not have a party on the water? We are the PERFECT space for hosting your next event! Be it a birthday celebration, anniversary, bachelor and bachelorette or even a wedding, there is nothing like coasting along the glistening water at sunset with your closest friends and family. You want your bachelor or bachelorette party to be a once-in-a-lifetime event. Atlantic City Tiki Boat will make your morning, afternoon or night unforgettable with our party boat rental in Atlantic City, NJ. You and your guests can dance the night away on our boat with space for 25. We don't just give you a fun tour of the city-you can also enjoy our full bar with dedicated bartender service to make sure no glass runs empty.

**Tell us a little about your history.** Atlantic City Cruises is owned and operated by Jeffrey George. Captain Jeff bought Atlantic City Cruises from his father and has since been embarking on open water journeys for 27 seasons now!



Is there any other important information we should know? Be sure to arrive well before your cruise departure time to allow appropriate time for boarding. We offer a host of snacks, cameras, binoculars, and merchandise to benefit your experience - all available for purchase on the boat. We also strongly recommend that you bring appropriate clothing, footwear, jacket/sweater, sunscreen, and camera of your own to be prepared for the daily temperatures and make memories! More info about reservations, recommendations, and amenities can be found below. We look forward to sailing with you!

Contact: www.atlanticcitycruises.com • (609) 347-7600 Instagram: @acboatrides • Facebook: @atlanticcityboatrides

# TOGETHER FOR KEITH

FUNDRAISER EVENT

SUNDAY, JULY 27TH 2:00 PM - 6:00 PM

SOMERS POINT FIRE CO. #2 20 W. NEW JERSEY AVE. SOMERS POINT, NJ 08244

CASH OR VENMO: \$35 PER TICKET

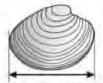
@TOGETHERFORKEITH







togetherforkeith@gmail.com



#### Hard Clam

1.5 inches Recreational Limit = 150 clams No harvest on Sunday Shellfish license required



Summer Flounder (Fluke) All marine waters except those noted below: 3 fish at 18 inches Delaware Bay & Tributaries: 3 fish at 17 inches Island Beach State Park: 2 fish at 16 inches Open Season: May 4 - Sept 25



### Weakfish 1 fish at 13 inches Open Season: Jan 1 - Dec 31



#### Black Sea Bass

10 fish at 12.5 inches May 17 - June 19 1 fish at 12.5 inches July 1 - Aug 31 10 fish at 12.5 inches Oct 1 - Oct 31 15 fish at 12.5 inches Nov 1 - Dec 31



#### Bluefish

Private/Shore Angler - 3 fish For-Hire Vessel - 5 fish Open Season: Jan 1 - Dec 31

# ATTENTION ANGLERS

2025 NJ Recreational Size Limits, Possession Limits and Seasons

Fish are measured from tip of snout to tip of tall (except Black Sea Bass and Sharks). \*Cleaning or filleting of fish with a minimum size limit while at sea is prohibited.



# Striped Bass or Hybrid Striped Bass

1 fish at 28 inches to 31 inches See Marine Digest for Striped Bass Bonus Program, circle hook requirements and gaff prohibition.

#### Delaware River & Tributaries Calhoun St Bridge, Trenton to Salem River & Tributaries:

Open Mar 1 - Mar 31 and June 1 - Dec 31 Atlantic Ocean:

0-3 miles from shore, no closed season Greater than 3 miles from shore, closed

All Other Marine Waters:

Open Mar 1 - Dec 31

#### PROHIBITED SPECIES

See the Marine Digest or

2 per vessel

5 fish:

9"

15"

43

Officer Specie

American Eel

Black Drum

Cobia

Cod	Ian 1 - May 31 &	23"
	Sept 1 - Dec 31	
Haddock	No Limit	18"
King Mackerel	3	23*
Pollock	No Limit	19"
Red Drum	1	18" to less than 27
River Herring	CLOSED	N/A
Scup (Porgy)	30 fish: Jan 1 - June 30 & Sept 1 - Dec 31	10"
Shad *No more than 2 Amer *Zero American shad is		No Limit River & Tributaries
Spanish Mackerel	10	14"
American Lobster	6	3 3/8" to 5 1/4" carapace length
*LMA 4 Open Season: *LMA 5 Open Season:		
4 - 44 F A. 48	50	4 3/4" carapace



#### Tautog

15 inches

4 fish Jan 1 - Feb 28

4 fish Apr 1 - Apr 30

1 fish Aug 1 - Nov 15

5 fish Nov 16 - Dec 31



Winter Flounder 2 fish at 12 inches Open Season: Mar 1 - Dec 31



#### Shark

1 fish per vessel See NMFS for size, season and gear restrictions



### Blue Crab

(measured point to point) Peeler or Shedder - 3 inches Soft - 3 ½ inches Hard - 4 1/2 inches Recreational Limit = One Bushel Crab Pot/Trot Line Seasons

Delaware Bay & Tributaries:

Apr 6 - Dec 4

All Other Waters:

Mar 15 - Nov 30

Register before fishing in a free, easy. nd required. SaltwaterRegistry.nj.pov



For a full list of saltwater regulations, scan the QR code.



This publication is a summary of the New Jersey recreational fishing regulations at the time of publication. It is not the full law. Flounder, weakfish, black sea bass, bluefish, tautog and striped bass; ASMFC Fish Illustrations @ https://drawnbydawn.com/ March 2025

# **Fishing in Atlantic County**

Any angler 16 and older must have a valid license to fish the fresh waters of New Jersey. This includes privately owned lakes and other waters. For more information visit the NJ DEP Division of Fish and Wildlife Fishing License Information website at dep.nj.gov/njf-w/fishing/freshwater/buy-a-license/. Remember that all saltwater anglers 16 and older must register with the state. Go to NJ Saltwater Recreational Registry Program for registration information at dep.nj.gov/saltwaterregistry/.

### SALTWATER FISHING

Atlantic City - Gardner's Basin Marina, North New Hampshire Avenue and the bay, is home to charter boats, sightseeing and fishing cruises. For more information call (609) 348-2880. Fishing is permitted on the beaches, outside of guarded areas, and from the jetties. The seawall along Sunset Avenue is a popular area for crabbing or fishing from land in the back bay. A municipal boat launch (fee required) is located at Albany Avenue and Boulevard Avenue.



**Ventnor/Ventnor Heights** - The Ventnor City Fishing Pier is located at Cornwall Avenue and the Boardwalk. The fishing pier offers seasonal rates for fishing or sightseeing. For additional information, call the piermaster at (609) 823-7944. Along the back bay, a seawall the length of Winchester Avenue is perfect for the family to fish or crab from land. A free boat ramp is located on the bay on Dorset Avenue, where there is plenty of free parking. For more information call (609) 823-7900.

Margate - Amherst Avenue, between Decatur and Monroe avenues, is home to several marinas and bait and tackle shops, including small boat rentals. Within the marinas are dozens of charter boats available on a daily basis throughout the summer and shoulder seasons. For more information on charters call Capt. Andy's at (609) 822-0916, or for a family outing on a pontoon rental boat call Ray Scott's Dock at (609) 822-6819. Surf fishing is permitted during non-guarded hours.

**Somers Point** - John F. Kennedy Park, located on Broadway, offers a boat ramp (fee required) granting access to Great Egg Harbor Bay. Another ramp (fee required) is located at Smith's Marina, 910 Bay Ave. Along the Bay Front Historic District on Bay Avenue there are several marinas which are home to many party and charter boats. There is also a crabbing and fishing pier located on the bay off New Jersey Avenue. Restrooms are located nearby.

**Brigantine** - Surf fishing is permitted on non-guarded beaches and at the seawall, Seventh Street north to 14th Street. The old Brigantine Bridge, across Absecon Inlet from Harrah's Marina, is used as a fishing pier. A public boat ramp (fee required) is located at Sixth and Bayshore avenues on the bay. For more information, call (609) 266-1122.

Leeds Point - Seasonal fishing and crabbing are permitted in designated areas of both the Brigantine and Barnegat Divisions of the Edwin B. Forsythe National Wildlife Refuge. These areas include saltwater fishing (from land) at the following locations: Gravelling Point, Little Beach (with permit), Parkertown Dock Road, Cedar Run Dock Road, and Stafford Avenue. Boats may be launched at the Brigantine Division's Scotts Landing boat ramp, located at the end of Scotts Landing Road, off Moss Mill Road at Leeds Point. Freshwater fishing is permitted on Lily Lake in Oceanville. For more information call (609) 652-1665.

For a detailed list of saltwater fishing locations, see the Saltwater Fishing Guide at atlantic-countynj.gov/residents/recreation-leisure/fishing-in-atlantic-county.



### FRESHWATER FISHING

Lake Lenape Park - Lake Lenape Park East and Lake Lenape Park West are located in Hamilton Township and together encompass nearly 2,000 acres of land. Each park offers a variety of activities and facilities for residents and visitors to enjoy with its own entrance and access points. Boating is allowed on the lake with proper permits as required. All boaters must comply with state regulations and laws. No personal watercraft are permitted. For information on obtaining a boating permit and the associated fees contact the Lake Lenape Park office at (609) 625-8219.

Lake Lenape Park East - 753 Park Road, Mays Landing. This park is located on the eastern side of Lake Lenape and offers the most scenic views of the lake. Recently completed renovations include a new fishing pier, pickle ball courts, additional pavilions, landscaping enhancements and ADA accessibility improvements. The refurbished catering hall, Lakeside Manor, is a unique and picturesque lakefront venue that is available for special events and weddings for more than 250 guests. Lake Lenape Amenities: Fishing, Softball, Pickle Ball, Playground, Picnic Tables, Pavilions, Catering Hall, Historic Lighthouse, Restrooms, Convenient Parking.

Lake Lenape Park West - This park is located on the western side of Lake Lenape (note that some land on the eastern side and the entire lake surface is controlled by the county). The park entrance is located at 6303 Harding Highway in Mays Landing and encompasses nearly two-thousand acres of land, all the way up to the Black Horse Pike (Route 322). Things to Do at Lake Lenape West: Mountain Biking, Boathouse, Boating Access, Boat Ramp, Camping, Kayak/Canoe Access, Cross-county Skiing, Fishing, Gazebo (reservations required and may be made online or in person), Hiking, Unimproved Trails, Hunting, Nature Trails, Playground, Picnic Tables, Scenic Views, Playground. Call the reservation office at 609-625-8219 for more information.



Birch Grove Park - Off Mill Road, Northfield. For more information call (609) 641-3778 or visit the City of Northfield - Birch Grove website at cityofnorthfield.org/recreation/birch-grove.asp. No boats allowed – fish from land

Heritage Pond Park - Mill Road, Absecon. No boat ramp. No outboard motors allowed

Hammonton State Park - White Horse Pike (Route 30), Hammonton. Car top launch. No outboard motors allowed

Maple Lake - Off Maple Avenue, Estell Manor. Car top launch. No boat ramp. No outboard motors allowed

Mill Pond - Off Mill Road, Port Republic. Car top launch. No boat ramp. Outboard motors allowed

Makepeace Lake - Off Weymouth Elwood Road, Hammonton. Car top launch. No boat ramp. Outboard motors allowed

# - You're Invited

to Summer Fun at the

# HEROTINI® Happy Hour!

Vote for our Mocktail at 2025HEROtini.org and you could WIN Phillies tickets, courtesy of ARAMARK

Thursday, August 14th
5pm-7pm at Gregory's Restaurant & Bar
900 Shore Road, Somers Point, NJ 08244

FREE Appetizers + Mocktails!

- Music & Prizes!









An ACEHardware Company

RITUAL ZERO PROOF

aramark :

SEEDLIP

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SUND	AY EV	ENING									J	ULY 20	), 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM		12 AM
3-CBS	CBS-News	News (N)	60 Minutes	(N)	Big Brothe	r (N)	Tracker "M	emories"	Watson		News (N)	(:35) Sports	JoniTable
6-ABC	News (N)	WorldNe	Videos		Videos	(:35) 👯★★★	Big ('88) E	lizabeth Pe	rkins, Tom H	lanks.	News (N)	News	FYI Philly
10-NBC	NBC10Ne NBC News American Ninja Warri			or Semifinals 1 Americ			ca's Got Talent "Auditions 7		7" NBC10 Ne		ws (N)	Bensinger	
17-MNT	Goldbergs Goldbergs **** Jaws ('75) Ro			bert Shaw,	Roy Scheide	er. (P)	r. (P)		Action News at 10 (N)		Mod Fam	Seinfeld	
23-PBS	The Rolling Stones: GRRR Live!			Deconstru	cting the Be	atles Carole King		Memory Makeover		lakeover			
29-FOX	(4:30) NHRA Drag Racing		ng	Animal	nimal Simpsons Krapop		Animal Dutch		News (N)		News (N) Extra (N)		
57-CW	Heroes	Invest. (N)	FamFeud	FamFeud	CBS News	Sunday Mo	orning (N)	LifeLock	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	Live PD	Live PD	Live PD	Live PD	Duck Dynasty		Duck Dynasty (N)		WWE LFG	(N)	LivePD	LivePD	DuckDyn
AMC	***  ★★★ The Fifth Element ('97) Gary Oldman			ry Oldman,	Ian Holm, Bruce Willis.		Nautilus (N)		(:05) Nautilus		(:05) \ ★★★ Captain P		hillips ('13)
CNN	CNN Newsroom (N) CNN Newsroom		room (N)	CNN Spec		Live Aid: When (N)		Billionaire Boys (N)		CNN Spec		Live Aid	
DISC	6000 LB Shark Bell		Belly of the		Sharks (N)		Air Jaws: The (N)		Great Assassins (N)		Belly of the		Sharks
DISN	‡ ★★ Cars 2 ('11) Owen Wilson.		n Wilson.	(:55) <b>\\ +</b> ★★ <b>Soul</b> ('20)			•	Electric	Electric	Electric	(:05) Place	Place	Bluey
ESPN	Countdown (N) (Live) MLB Baseball Detroit				rigers at Texas Rangers (N) (Live)				Basketball Champions		hip: Teams TBA (N)		SportCtr
ESPN2	Heroes Exchange Baseball Statcast Edition				on: Detroit Tigers at Texas Rangers (N) (Live)				SportCtr (N) (Live)		SportCtr (N) (Live)		X Games
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ION	NCIS "Being Bad" N		NCIS		NCIS "Love Boat"		NCIS "Philly"		NCIS "Shell Game"		NCIS		NCIS
	Faith in the Flames: Nichole Jolly Story			The Wife Who Knew Too Much ('25) (P)			('25) (P)	(:05) <b>♀ Sec</b>	ret Life of I	My Other Wife ('25)		Movie	
MAX	(:15) The Knick (:10) The Knick			**** ★ Scream ('96)     (:50) ****			Scream 2	('97) David	Arquette.	(:55) ਼ਿ*★★	Scream 3		
NBCSPA	Harness	In. Golf	Golf (N)	Greatest	UFA Bosto	n Glory at Pl	hiladelphia U	Jnion	MLB Base	ball			Phillies
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PARMT	Bar Rescue Bar Rescue			9	Bar Rescue Bar Rescue			е	Bar Rescue		Bar Rescue		BarRescue
TBS	(5:00) * Pirates of the Caribbean: Curse of the				★★ Aquaman ('18) Amber Heard, Willem Dafoe, Jason Momoa.						**★★ The Flash ('23) Ezra Miller.		
TCM	(5:45) <b>***</b> ★★ Sweet Bird of Youth ('62)				**** Mr. Smith Goes to Washington ('39)					<b>**</b> ★★ Washington Story ('52)			Movie
TNT	★★★★ Game Night ('18) Jason Bateman.				rx ★ Just Go With It ('11) Adam Sandler.					rag ('18) Jon Hamm, Ed Helms.			
USA	Law & Order: SVU Law & Order: SVU			er: SVU	Law & Order: SVU Law-SV			"Exile" Law & Order: SVU		er: SVU	Law & Order: SVU		Law-SVU

Come Get Coached by the
Mainland Football Team For The

1ST ANNUAL
CHRISSY NAAME
playing with purpose

1675 BURTON AVE

1675 BURTON AVE NORTHFIELD

July 24th 4PM-8:30PM

#### What's Included

- T-Shirt and Food for Participants
- · Skills and Drills
- NFL Combine: Test your 40 Yard Dash, Vertical Jump and Broad Jump
- Round Robin Flag Football Game
- Family BBQ to Follow with Raffles and a 50/50

#### Who Can Join?

 All Athletes Grade Levels 1<sup>st</sup> - 8<sup>th</sup>

#### Register by July 10th!

- Register using the QR Code
- \$40 Entry Fee
- All Proceeds Go to Chrissy Naame 's Fight Against Stage 4 Lung Cancer

spots are limited!

ANY QUESTIONS CONTACT ANDREW GILLMAN: (609)-703-4886











TO REGISTER

# ATLANTIC COUNTY

#### Sat, July 19th at Noon - \*\*ALWAYS ON THE THIRD SATURDAY AT 12pm\*\*

Location: Gateway building 1433 Bacharach Blyd, Atlantic City, NJ 08401

Details: We will bring the pizza and plates for our homeless friends. We are asking you to please bring 5-10 bags of food (brown paper bag lunches) and toiletries to hand out to homeless people. Most people make turkey sandwiches or peanut butter jelly sandwiches and a bag of chips. Travel size toiletries are always very popular. If you can bring soap, deodorant, toothbrushes, and toothpaste that would be a huge help.

If you don't want to hand out food, clothing, and toiletries with us but would like to donate food, clothing, and toiletries we'll be there from 12:00 pm to 1:00pm so you can drop your items off. Your donation would mean a lot to someone in need.

We accept adult clothing donations at this event.

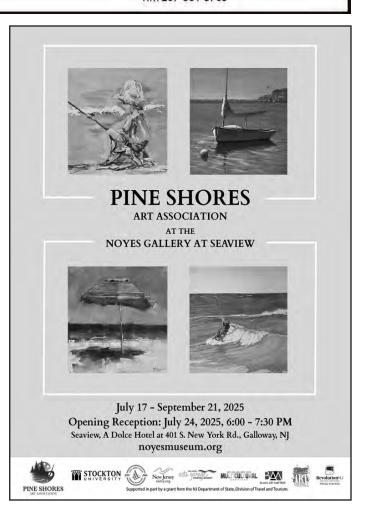
We'll be at this location handing out food, clothing, and toiletries. Kids are always welcome to come out with us.

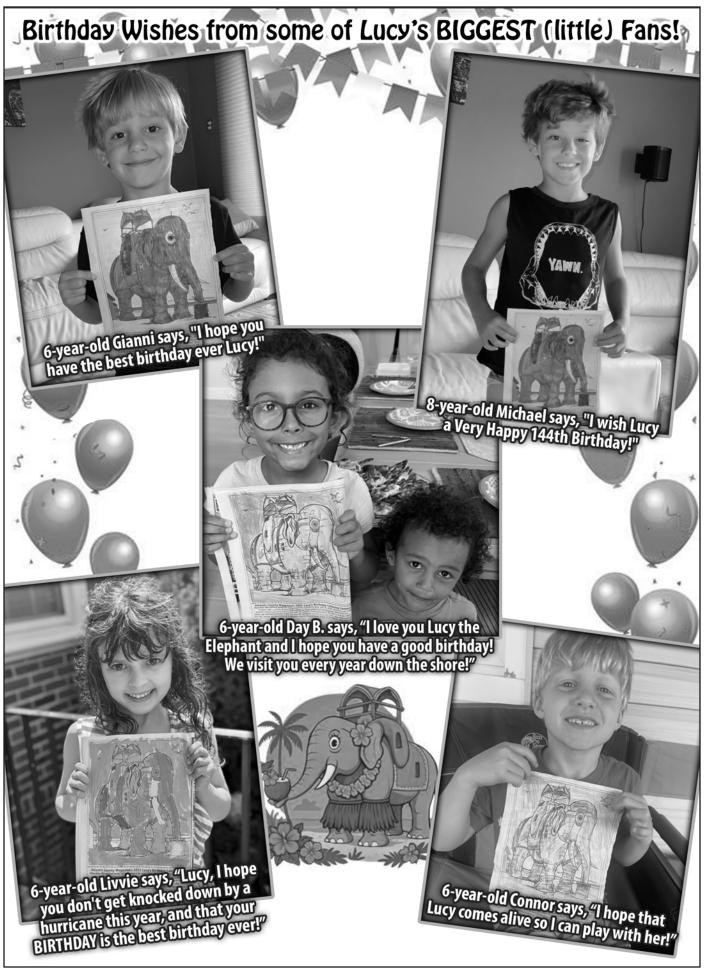
We encourage you to tell your neighbors, family, and friends about the event. This is a free public event, come out with us and do one kind act a month. If we all come together we can have a huge impact on a homeless community.



One Kind Act A Month www.onekindactamonth.com Any questions please call Tim 267-881-3763







# ATLANTIC COUNTY

#### What's Fresh This Week: July Produce in Atlantic County

The height of summer brings Atlantic County's farmers markets to their most flavorful moment. From Hammonton's famous blueberries to sweet Jersey corn and blushing local peaches, this week's harvest is a celebration of freshness you can taste. Most of what's for sale was picked that very morning meaning you're not just eating local, you're eating what's at its absolute peak.

Blueberries are in full swing, firm and bursting with sweetness. Corn is tender enough to eat raw, straight off the cob, and so sweet it doesn't need butter. Tomatoes - especially heirloom varieties - are showing off their full range of color and flavor. Peaches are soft, fragrant, and dripping with juice. Even herbs, beans, and early eggplants are thriving in this stretch of steady sun and warm nights.

This is the kind of produce that barely needs a recipe. But if you're looking for ways to make it shine, we've included two no-fuss ideas below: a Blueberry & Corn Summer Salad that brings the season together in a single bowl, and a Home-Brewed Peach Iced Tea sweetened with local honey and packed with ripe flavor.

#### Blueberry & Corn Summer Salad

#### Ingredients:

- 1 cup fresh blueberries
- 2 ears corn, kernels cut off the cob (raw or lightly steamed)
- 1 cup cherry tomatoes, halved
- 1 small cucumber, diced
- 1/4 cup red onion, finely chopped
- 1/4 cup fresh basil, chopped
- Juice of 1 lemon
- 2 tbsp extra virgin olive oil
- Salt and pepper to taste

**Instructions:** In a large bowl, gently combine blueberries, corn, tomatoes, cucumber, and red onion. Add chopped basil, lemon juice, and olive oil. Toss lightly. Season with salt and pepper to taste. Chill before serving, or enjoy immediately.

#### Home-Brewed Peach Iced Tea with Local Honey

#### Ingredients:

- 4 ripe peaches, pitted and sliced
- 4 black tea bags
- 6 cups water
- 1/4 cup local honey (adjust to taste)
- Juice of half a lemon
- Fresh mint for garnish (optional)

**Instructions:** In a saucepan, bring 4 cups of water and the peach slices to a boil. Simmer for 10 minutes, then mash the peaches slightly with a spoon. Remove from heat, add tea bags, and let steep for 5–7 minutes. Strain into a pitcher, pressing peaches to extract maximum flavor. Add remaining 2 cups cold water. Stir in honey and lemon juice. Chill thoroughly. Serve over ice with a sprig of mint.

From roadside farmstands to bustling market tents, this week is about freshness at its finest. Whether you're packing a picnic, hosting friends, or just looking to eat better without overthinking it, the flavors are already here—and they're perfect.

#### ATLANTIC COUNTY FARMER'S MARKETS

New Jersey isn't known as "The Garden State" for no reason. Whether you're visiting for the day or week, or a seasonal or year-round resident, you'll want to take advantage of the locally sourced, deliciously fresh produce available at any of the local weekly markets listed below.



ATLANTIC CITY Third Wednesdays, 10am—2pm, May - July

AtlantiCare Healthplex -1401 Atlantic Avenue (609) 441-8098

#### BRIGANTINE

Saturdays, 8am—12pm, May 24—August 30
Brigantine Community School Parking Lot - Roosevelt & Sheridan brigantinebeach.org/brigantine-farmers-market

#### **EGG HARBOR TWP**

Sundays, 10am–2pm, May 25-August 31
Atlantic County Library Grounds - Ocean Heights & Swift
brigantinebeach.org/brigantine-farmers-market

#### **GALLOWAY**

Thursdays, 4-7pm, June 26-September 4
Historic Smithville Village Greene - 315 E. Moss Mill Rd.
gogreengalloway.org

#### HAMMONTON

Fourth Fridays, 5-8pm, June-September Hammonton Green Market - 15 Horton St. hammontongreencommittee.com/ hammonton-green-market

#### MARGATE

Thursdays, 8:30–11:30am, June 12–August 28
Steve & Cookie's Parking Lot - Monroe & Amherst
facebook.com/p/Margate-Community-FarmersMarket-100057846991480

#### SOMERS POINT

Saturdays, 8am-12pm, May 17-September 6 Somers Mansion - 1000 Shore Rd. facebook.com/p/Somers-Point-Farmers-Market-100083167370933

#### **VENTNOR CITY**

Fridays, 8:30am—12pm, May 23—August 29 St. James Church Parking Lot - 6421 Atlantic Ave. facebook.com/ventnorcityfarmersmarket



Lot Clearing • Stump Removal • Competitive Rates • Complete Tree Care Professional Pruning • Bucket & Crane Service • Forestry Mulching • Grading



(856) 333-3785 • info@captainstreeservicellc.com • CaptainsTreeServiceLLC.com 67 Cooper Road • Voorhees • Serving Atlantic, Cape May, Camden, Burlington & Gloucester Counties





Some believe it is the right thing to do.

Whatever your reason, the need is constant and your contribution is important for a healthy and reliable blood supply. And you'll feel good knowing you've helped change a life. To lean more, visit www.redcross.org

The need is constant. The gratification is instant. Give blood.

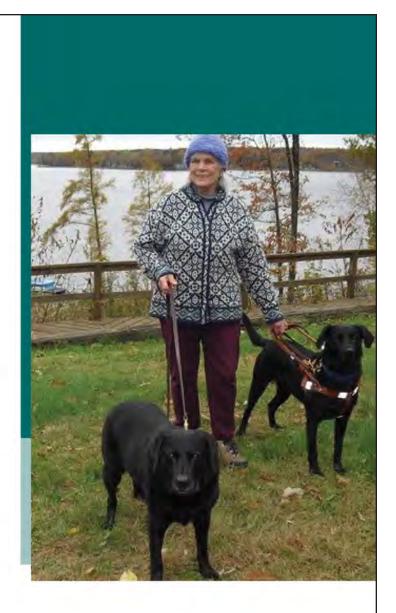
PARTNERS | TALES FROM THE SEEING EYE

# Marina & Andy

Marina Heide Peacock of Luck, Wisconsin, has been matched with two Seeing Eye dogs, Gretel and Andy.

"I was in my 70s when I was matched with Gretel, and in my 80s when I was matched with Andy. Perhaps I will be in my 90s when I am matched with my next dog," Marina said. "But Andy is a tremendous dog and he is working very well."

Marina was born in Berlin in 1937, and her father, a well-known actor, was imprisoned for his criticism of the Nazis. As a teenager, Marina came to the United States, where she eventually married Mark Peacock and had her own practice as a clinical social worker.



Marina's incredible experiences with her Seeing Eye dogs is told in a book, *Gretel and* Andy, God's Gift: The Lives of Two Seeing Eye Dogs.

"The book is written from the dogs' standpoint. I feel like I understand dogs very well, and cats too. Dogs talk to me, and these dogs talk through me," Marina said.

SEEINGEYE.ORG



6 month old neutered male American Pit Bull

Humane Society of Atlantic County • (609)347-2487 1401 Absecon Boulevard • Atlantic City, NJ www.HumaneSocietyAC.org



# PPAWS - People & Puppies at Work for Sight "MEET THE PACK!"

#### TAKING ON THE BIG APPLE

One of the last adventures a Seeing Eye dog and their instructor have is a trip to New York City. Some Seeing Eye graduates live, work, or frequent busy cities, so our instructors need to understand if this is an environment that the dogs they are training may thrive in.

Instructors already understand their dogs' strengths, but training in New York City allows them to confirm whether their dogs would be up for working in a busy environment like New York.

There is no issue if they are not! Plenty of Seeing Eye graduates live in calmer environments for which these dogs are perfectly suited!

#### Photo Descriptions:

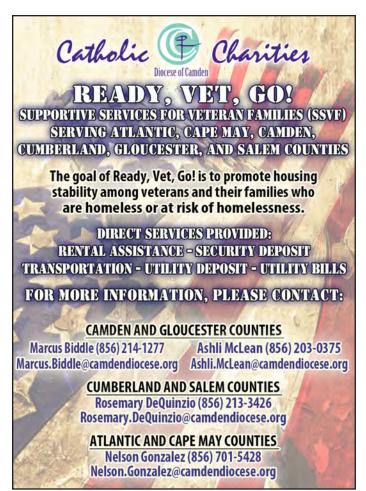
- 1 A German shepherd in harness smiles and sits in Times Square with bright screens, tall buildings, and pedestrians in the background.
- 2 A black Lab in harness sits before the Hope sculpture in New York City.
- 3 A yellow Lab in harness smiles as he sits before the theater entry doors for the Broadway musical The Great Gatsby.

PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise these amazing puppies for The Seeing Eye. Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny. If you are interested in raising a puppy for The Seeing Eye, call Peter at (609)804-8774 or visit seeingeye.org/raise for info.











# Paintings & Lessons by Carl Rosner Great Gift Idea!

An artful 3" x 3" miniature on canvas





# ATLANTIC COUNTY

#### Milestones of a Century: What 100 Years Looks Like in Atlantic County

What does 100 years look like in Atlantic County? Ask someone who's lived it, and they'll transport you to trolley rattles on Atlantic Avenue, the salty breeze before neon signs lit the boardwalk, and the sound of families laughing over shoebox lunches beneath cotton umbrellas. They'll recall Frank Sinatra at the 500 Club, Grandma in her wool bathing suit, kids wading in the surf before cameras and smartphones, and beach houses passed down through generations.

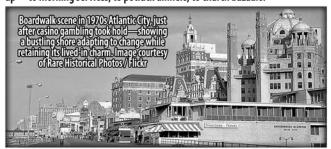
In 1925, Atlantic County thrummed with life. Prohibition-era Atlantic City attracted speculators and society types alike. Nucky Johnson operated with panache, orchestrating political power and bootlegged liquor behind the scenes. Steel Pier shimmered with vaudeville stars and daredevil diving horses. And Atlantic County was more than its headline glamour: it was a landscape of farms, seaside cottages, and corner grocers where life was measured by tides and traditions.



Yet beyond the spotlight, the fabric of daily life - walking to school barefoot, tending a garden after chores, gathering at church picnics - underscores a truth Blue Zones researchers have echoed: longevity isn't about extremes, but consistency. From Okinawa to Sardinia, long-lived communities share common habits: steady movement, plant-based diets, strong social ties, low stress, clear life purpose. Atlantic County, it turns out, follows the same blueprint - even if it never called it that.

By the 1950s, the Garden State Parkway ushered in a post-war beach renaissance. Families loaded station wagons with towels, coolers, and shoebox lunches (hence the nickname "shoobies"), cruising south for summer. The boardwalk evolved, but the rituals stayed consistent: fishing off piers, presidents' days filled with clams, and evening walks under Adirondack lounge chairs. Farmers' markets sprang up, bringing fresh produce in from nearby fields.

Casinos arrived in the 1970s, reshaping the skyline, but not the routine. Suburban sprawl spread formal cities, yet in towns like Ventnor, Somers Point, and Hammonton, multi-generational continuity kept traditions alive. Folks still queued up for clam shacks, smoked the pipe at little league games, and showed up—to morning services, to potluck dinners, to church bazaars.



Now, Atlantic County's oldest residents - many approaching 100 - aren't outliers. They're part of a community formed by daily rhythms. Mornings filled with sunrise beach walks, afternoons spent fishing the seawall at sunset, evenings steeped in conversation at summer clubs for books, art, or coastal photography. They share meals rooted in the Garden State: Jersey tomatoes, sweet corn, blueberries, garden vegetables harvested at the peak of season. Home dinners often feature clams harvested offshore - a simple culinary ritual within reach of thousands.

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These everyday elements - gentle exercise, seasonal produce, social connection, and purpose - match what longevity science has revealed. A quote from local gerontology specialist Dr. Elaine Morelli captures it: "Connection and context are as critical to long life as nutrition or exercise. When residents stay rooted - physically, socially, culturally - it fosters resilience."

Statistically, centenarians remain rare - just 0.03% of Americans reach the century mark - but in New Jersey, more than 2,300 live today, and Atlantic County's stories offer living proof of that trend. Local news regularly highlights birthday celebrations where residents still drive, cook, and host grandchildren. These individuals never followed fad diets or fitness programs - they embraced a lifestyle shaped by shore rituals, seasonal traditions, and community ties.

Even routine actions hint at longevity physics. Gardening a few tomato plants, shopping at a summer market, walking to a neighbor's porch - all sound ordinary, but in Blue Zone communities, exactly this kind of incidental movement contributes to better cardiovascular health and reduced dementia risk. In the sweet summer air, with friends fishing at your side and dinner fresh from the garden, healthy living isn't a chore - it's family life.

In Atlantic County, longevity isn't a surprise; it's part of the rhythm of life. It's built into the seasons - through barefoot strolls on the waterline, berry harvests, porch conversations, and daily routines that never needed a name to be effective. A century of summers, one quiet habit at a time, lived in step with the tides and passed from generation to generation.

#### Get Involved: Senior Clubs & Services in Atlantic County

For Atlantic County residents eager to stay active, connected, and nourished, here are accessible, well-supported local programs:

Atlantic City Senior Services (ages 55+)

- Walking Club meets every Monday at 9am on the Atlantic City Boardwalk an easy-paced, social beach walk. Call 609-347-5458 or visit their Facebook page for updates.
- Fun & Fitness Motown Style offers a low-impact, music-driven class Tuesday mornings at the PAL Building. Check the city's senior events calendar for timing.
- Recreational Fishing at Gardner's Basin happens monthly on Friday mornings (typically 9–11am), with gear, bait, and camaraderie provided. Bio-register by calling 609-347-5458 or check the "Free Events for Ages 55+" page on the Atlantic City website.

**Egg Harbor Township Senior Center** - Offers seasonal walking and biking outings, nature hikes, and fishing trips at local reserves. Visit EHTgov.org/recreation or call (609) 272-8120 for upcoming dates and registration.

Hammonton Senior Center - Hosts community fitness classes, walking meetups, and park-side social events, often at Hammonton Lake. Contact (609) 625-7000 ext-6537 or email recreation@hammonton.org to get involved.

Atlantic County Parks & Recreation - Open- and year-round sites like Estell Manor Park (Mays Landing) and the Somers Point Bikeway are well-suited for self-led or group walking, fishing, birdwatching, and casual outdoor fitness. For trail maps, accessibility info, and seasonal programming, call 609-625-1897.

The Lynn Kramer Village by the Shore (Jewish Family Service, ages 50+) - Offers a full summer calendar of events including book clubs ("Thoughts from the Bookshelf"), film screenings, music socials, and guided group walks at libraries, parks, and JCC centers. To join, contact Tina Serota at 609-287-8872, email tserota@jfsatlantic.org, or visit jfsatlantic.org to access the full schedule through September.

# Learn How to Live

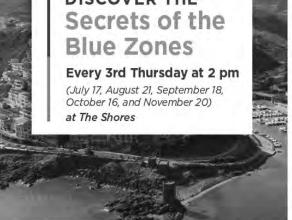
DISCOVERING THE SECRETS OF THE BLUE ZONES



The Shores and SCOSA, The Stockton Center for Successful Aging, invites you to join our presenter, Peppy Margolis, from SCOSA, as she creatively explores the Netflix documentary, "Live to 100: Secrets of the Blue Zones." The series chronicles the work of longevity researcher Dan Buettner, a National Geographic Fellow, and New Your Times bestselling author.







The series continues every third Thursday of the month, as Peppy takes us on a new journey to revisit each of the original Blue Zones and:

- Immerse ourselves in each country's culture & lifestyles
- See how Blue Zones research can be applied to us
- Learn how to create Blue Zone communities in the U.S.
- See how the project has cracked the code for longevity
- Discover how it is changing health outcomes for centenarians worldwide

SPACE IS LIMITED. TO RSVP, PLEASE CALL 640.205.5153 OR SCAN THE QR CODE >>



**BLUE ZONES TO** 

Okinawa, Japan JULY 17

Sardinia, Italy AUGUST 21

Loma Linda, California SEPTEMBER 18

Ikaria, Greece OCTOBER 16

Nicoya, Costa Rica **NOVEMBER 20** 

BE DISCUSSED:

2201 Bay Avenue, Ocean City, NJ 08226 640.205.5153 • DiscoverTheShores.org









Presented in partnership with:









THE SHORES







PRE-MOVIE ACTIVITIES BEGIN AT 6:30PM
FREE MOVIE ON HUNTINGTON AVE. BEACH BEGINS AT 7PM

MONE	MONDAY EVENING JULY 21, 2025												
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USA	Law-SVU "	Debatable"	Law & Ord	er: SVU	Law & Order: SVU Law & Order: SVU				Law & Order: SVU Resident Alien				Law-SVU
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TUES	DAY E	VENIN	G								J	ULY 22	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	-
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	NCIS		NCIS: Orig	ins	NCIS: Syd	ney	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	High Pote	"Croaked"	Will Trent		Will Trent		News (N)	(:35) <b>J. Kim</b>	mel (N)
10-NBC	NBC10Ne	NBC News	NBC10Ne	Hollywood	Got Talent	"Greatest G	iolden Buzze	ers!" (N)	Destinatio	n <b>X</b> (N)	NBC10Ne	(:35) <b>J. Fall</b>	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	WWE NXT	(N) (Live)			Action Nev	ws at 10 (N)	Big Bang	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	My Life	(:45) <b>Doc M</b>	lartin	Celebrity T	rip	Soundch	NJ Spotl	J.B. Road	Newsline
29-FOX	News (N)	The Pulse	Extra (N)	TMZ (N)	The 1% Cl	ub (N)	The Snake	(N)	News (N)	•	News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	ia (N)	True Crime	Crime	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Customer	Customer	RoadWars	RoadWars	RoadWar
AMC	(5:30) <del>Y ★ ★</del> The Book of Eli ('10)				۶∗∗ Jack	Reacher ('1	2) Rosamur	nd Pike, Rob	ert Duvall, 7	om Cruise.	∯★★ Days	r ('90)	
CNN	Jake Tappo	ake Tapper (N) (Live) OutFront (N) (Live)		Cooper 360 (N) (Live) The Source (N) (Live)			CNN (N) (Live)		Laura (N) (Live)		Cooper36		
DISC	Great Whit	te North Jaws vs. Mega Croc			Great Whit	e (N)	Shark Atta	ck (N)	Black Mako (N)		Great Assassins		Great
DISN	Bluey	Big City	BigCity	Big City	Electric	<del>*</del> *★ Camp	Rock 2: The	Final Jam	(:20) <b>Raven</b>	(:45) <b>Raven</b>	(:10) <b>Jessie</b>	(:35) <b>Jessie</b>	Bluey
ESPN	SportCtr (N	N) (Live)	SportCtr	Countdo	Basketball	Indiana Fe	er at New Y	ork Liberty	Basketball	Atlanta Dre	am at Las V	egas Aces	SportCtr
ESPN2	Pardon	Football	AUSL Soft	ball Volts vs	s. Talons (N) (Live)		NFL Live		The Ulti (N)		SportCtr (N) (Live)		PFL (N)
FNEWS	Bret Baier	(N) (Live)	Ingraham (	N) (Live)	Jesse (N) (Live) Hannity (N) (Live)			Gutfeld! (N)		Fox News (N) (Live)		The Five	
FX	(5:00) ਼ੈ*★★	★ The Aven	ngers ('12)		Daredevil: Born Daredevil: Born			Daredevil:	Born	ç∗∗∗ Dare	devil ('03) B	en Affleck.	
HBO	(4:55) 👯★★	<b>★★</b> Dances	With Wolv	<b>es</b> ('90)	rack the state of			(:20) ਼ਿ*★★	Get Out ('	17) Daniel K	aluuya.	(:05) Gilde	
HIST	Aliens "Pro	ject Hybrid"	Skinwalker	Ranch	Skinwalke	r Ranch (N)	Skinwalker Beyond (N		, , ,		nd Skinwalker		Skinwalke
ION	Chicago Fi	re	Chicago Fi	re	Chicago Fire Chicago Fire			re	Chicago "C	Category 5"	Chicago "Spartacus"		Chicago
	Castle		Castle "Kill	Shot"	Castle "Cuffed" Castle				(:05) Castle	)	(:05) Castle		Castle
MAX	(:20) ਨੇ*★★★	The Farew	rell ('19) Aw	kwafina.	క్ల×★★ Lov	/e & Mercy	('14) John C	usack.	۲×⋆★ Lac	dy Bird ('17)	(:35) <b>♀ The</b>		Iron Claw
NBCSPA	Phillies	MLB Basel	oall Boston	Red Sox at I	Philadelphia	Phillies (N)	(Live)	Phillies (N)	(Live)	Birds (N)	Birds	Golfer	Baseball
NICK	Movie	(:45) <b>Spon</b>	SpongeB	SpongeB	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang
PARMT	Two Men					Goonies (	,	olin, Sean A	stin.	ਝ਼±±± The	Goonies (	85) Sean As	stin.
TBS	Leadoff	MLB Basel	oall Boston	Red Sox at I	Philadelphia	Phillies (N)	(Live)	MLB Close	Big Bang	Big Bang	Mod Fam	Mod Fam	Mod Fam
TCM	Movie	뚯★★★ Nor	ne Shall Esc	cape ('44)	਼ਾ±★★ Mo	onstruck ('8	37) Nicolas C	Cage, Cher.	۲×⋆★ My	stic Pizza ('8	38) Julia Rol	berts.	Movie
TNT	Movie	ç±★ The F	langover P	art II ('11)		(:45) note that the Hangover Part III (				Cooper.	਼ਾ਼±⋆ The E	Movie	
USA	Law-SVU "	Carousel"	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVII	Law & Ord	er: SVII	Law-SVU "	Marauder"	Law-SVU

WEDNESDAY EVENING JULY 23, 202												, 2025	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	Big Brothe	r (N)		Hollywood	Elsbeth		News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	Million (N)	(SP)	Match Gan	ne (N) (SP)	Shark Tan	k	News (N)	(:35) <b>J. Kim</b>	mel (N)
10-NBC	NBC10Ne	NBC News	NBC10Ne	Hollywood	Chicago Fi	re	Chicago M	ed	Chicago P	.D.	NBC10Ne	(:35) <b>J. Fall</b>	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Family Lav	v (N) (SP)	Trivial "Che	eckmate"	Action Nev	vs at 10 (N)	Big Bang	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Drive-Hist	Table	Great Perfe	ormances "	Purlie Victor	ious"	NJ Spotl	Drive-Hist	Newsline
29-F0X	News (N)	ClassH	Extra (N)	TMZ (N)	MasterChe	f (N)	Secret Ser	vice	News (N)		News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	ia (N)	True Crime	Crime	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Arrest	Arrest (N)	CourtCam	CourtCam	CourtCan
AMC	(5:00) ♀★★ Jack Reacher ('12) Tom Cruise.					Harbor ('01	) Josh Hartı	nett, Kate Be	eckinsale, B	en Affleck.	ቻ★★★ Firs	st Blood ('8	2)
CNN	Jake Tapp	Jake Tapper (N) (Live) OutFront (N) (Live)		Cooper 360	0 (N) (Live)	The Source (N) (Live)		CNN (N) (Live)		Laura (N) (Live)		Cooper36	
DISC	Serial Kille	r Re	Expedition	Unknown	Expedition	(N)	Expedition	<b>X</b> (N)	Alien Shar	ks (N)	Shark Frenzy		Expedition
DISN	Bluey	Big City	BigCity	Big City	Electric	Lemona	de Mouth ('	11) Bridgit M	lendler.	Jessie	Jessie	Jessie	Bluey
ESPN	SportCtr (N	N) (Live)	MLB Basel	all Boston	Red Sox at F	Philadelphia	Phillies (N) (Live) SportCtr (N			N) (Live)	SportCtr (N	SportCtr	
ESPN2	Pardon	Fant Focus	AUSL Soft	<b>ball</b> Volts vs	. Talons (N)	(Live)	The 2025 E	2025 ESPYS NFL Live					Heroes
FNEWS	Bret Baier	(N) (Live)	Ingraham (	N) (Live)	Jesse (N) (	Live)	Hannity (N	, , ,	Gutfeld! (N	,	Fox News	(N) (Live)	The Five
FX		¥★★★ Dea		,	, ,	<u> </u>		뿟★★ Veno		•		♥ Doctor S	
HBO	(5:45) <b>♀ Fan</b>	tastic Beasts	& Where to	Find Them	∯ I Love Yo	ou Forever	('24) The Gilded Age				*★★★ Dune ('21) Timothee Chala		
HIST	American I	Pickers	American I	Pickers	American I	Pickers	American I	nerican Pickers (N) (:05) Pickers			(:05) <b>Picke</b> i	Pickers	
ION	Blue Blood		Blue Blood		Blue Blood	ls	Blue Bloods Blue Bloods						Blue Blood
	The Rookid	e "Amber"	The Rookie		The Rookie		The Rookid		(:05) <b>The R</b>		(:05) The Rookie		Rookie
MAX	(:15) ਼ਿ*★★	Going the D	istance ('10	)	뜻★★ Every	thing, Ever	rything	(:35) **★★	Woman in C	<b>Gold</b> ('15) H	elen Mirren.	(:25) <b>♀★ T</b>	e Sitter
NBCSPA	Birds (N)	Phillies			Bo and Bill				Birds	In. Golf		Greatest	United
NICK	(4:45) <b>9 Cro</b>	ods: A Ne			Friends			Friends	Friends	Friends		Friends	Big Bang
PARMT	Two Men	Two Men				ngo Unchai	` ,	•	ltz, Leonardo				Movie
TBS	3 . 3	•	•	•		restling: Dy	٠,	· /	Jokers	Mod Fam		Mod Fam	Mod Fam
TCM	` ' ' '			,			,			. ,			Movie
TNT	, , , ,	•	` ,			•	` ,			**	•• `	•	
USA	Chicago Fi	re	뜻★★★ Joh	n Wick: Ch	apter 4 ('23)	) Donnie Ye	n, Bill Skars	gård, Keanu	Reeves.	(:35) ♀★★★	John Wicl	k: Chapter 4	('23)
TNI	(5:45) № Film, the Living Record of Our Memory       ♥★★ Oedipus Rex ('67) Silvana Mangano.       ♥★★ Medea ('70) Maria Callas.       I         (5:15) ♥★★ The Equalizer ('14)       ♥★★ The Equalizer 2 ('18) Denzel Washington.       ♥★★★ Unstoppable ('10)         Chicago Fire       ♥★★★ John Wick: Chapter 4 ('23) Donnie Yen, Bill Skarsgård, Keanu Reeves.       (:35) ♥★★★ John Wick: Chapter 4									l ('23)			

THIID	SDAV	EVENI	NG									ULY 24	2025
HION	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
3-CBS		CBS-News			Big Brothe		Georgie	Ghosts	Matlock "C		News (N)	(:35) Colbe	
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel		Celebrity Fam. (N)		Press-Luck "Slay!" (N) Press Yo		r Luck	News (N)	(:35) <b>J. Kim</b>	mel (N)
10-NBC	NBC10Ne	NBC News	NBC10Ne	Hollywood	The Huntin	The Hunting Party		Undertow"	Law "Folk	Hero"	NBC10Ne	(:35) <b>J. Fall</b>	on (N)
	Goldbergs	Big Bang	Big Bang	Mod Fam	Police "Sw	Police "Swift Justice"				ws at 10 (N)	Big Bang	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Secrets of	the Dead	POV "Made	POV "Made in Ethiopia"		Show Me	NJ Spotl	State/Arts	Newsline
29-FOX	News (N)	Kelly (N)	Extra (N)	TMZ (N)	The Quiz V	Vith Balls	The 1% Cl	ub	News (N)	ı	News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	ia (N)	True Crime	Crime	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	The First 48 The First 48		The First 4	8 (N)	Homicide (	Homicide (N)		(N)	(:05) The First 48		(:05) <b>First4</b>		
AMC	(5:00) ♥★★ Pearl Harbor ('01) Ben Affleck.		₹★★★ The	Fugitive (	93) Tommy	Lee Jones, I	Harrison For	rd.	♥★★ U.S. Marshals ('9		98)		
CNN	Jake Tapper (N) (Live) OutFront (N) (Live)			Cooper 360	poper 360 (N) (Live) The Source (N) (Live)				CNN (N) (Live)		Laura (N) (Live)		
DISC	Caught! When Expedition X				Surviving Jaws (N) Caught! Sharks (N)				Frankenshark (N)		In the Eye		Surviving
DISN	Bluey	Big City	BigCity	Big City	Electric	₹ The Che	etah Girls 2	2 ('06)	Bunk'd	Bunk'd	(:10) <b>Jessie</b>	(:35) <b>Jessie</b>	Bluey
ESPN	(5:15) Softball Little League Softball				(:45) Little League Softball					SportsCenter (N) (Liv			SportCtr
ESPN2	SportCtr (N	N) (Live)	Pardon	ACC Hudd	le (N) NFL Live 30 for 30 The				he Two Bills	ne Two Bills 30 for 30			imore
FNEWS	Bret Baier	(N) (Live)	Ingraham (	N) (Live)	Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N	۷)	Fox News	(N) (Live)	The Five
FX	(4:30) <b>% De</b>	adpool 2	¥∗∗ Veno	<b>m</b> ('18) Torr	Hardy.		♥★★ Thor: Love and Thunder (			2) Chris Her	nsworth.	nt-Man €	& the Was
HBO	(5:15) 😤 <b>Gr</b>	eat Wall	(:05) <b>The G</b>	ilded Age	₹★★ Anna	belle ('14)	(:40) \\ ★★ Que		Queer ('24)	Drew Starke	ey, Daniel Cr	aig.	Movie
HIST	History's N	lo.	History's N	lo.	Alone "The Tempest"   Alone "Purpe			, , ,			(:05) <b>Alone</b>		(:05) Alon
ION	Chicago "F	ool's Gold"	Chicago "N	lemory"	Chicago P.D.		Chicago P.D.		Chicago "Let It Bleed"		Chicago P.D.		Chicago
	NCIS "Reco		NCIS "Abo		NCIS "Judg	ment Day"	NCIS "Judgment Day"		(:05) <b>NCIS</b>		(:05) <b>NCIS</b>		NCIS
MAX	(:20) ਼ਿ*★★ (	Gifted ('17)	Chris Evans		뿟★★ Ghos	ts of Girlfri	ends Past	, ,	•	Barbie ('23) Margot Rob		obbie. (:35) <b>₹ Flo</b>	
NBCSPA	Birds (N)	Birds	To Be Ann	ounced			Birds	MLS Socce	<b>er</b> Philadelp	hia Union at	Houston Dy	namo FC	Birds
NICK	(5:00) <b>♀ Bo</b>	ss Baby	Thunder.	Thunder.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang
PARMT	Two Men	Two Men	Two Men	Two Men				, Connie Nie				father	
1		Big Bang	Big Bang	Big Bang		•			` '	Jokes (N)		• •	
	, , ,	★★ Tom Jo	, ,		۶∗∗∗ Brigh	• • •		· / ·		art Girls ('3	6)		
	, , , ,	The Equali	. ,		× · · · · · ·		. ,	k Nicholson	<u> </u>		*	r of the Wo	. ,
USA	Law-SVU "	Cage"	Law & Ord	er: SVU	Law-SVU "	Impulsive"	₩×××× J	<b>aws</b> ('75) Ro	bert Shaw,	Richard Dre	yfuss, Roy S	Scheider.	Resident

# TIC COU

#### Four Must-Read Thrillers, Memoirs and More

#### Moscow Nights Return by Beth H. Macy

After years in semi-retirement, Cold War spy Elda Ainsworth is sent by the American government to extract her friend Korinna Federov, a Russian translator for the Kremlin. KGB operative Anatoly Petrov's mission is to eliminate Korinna, thus ensuring the covert activities of both the American and Russian presidents are kept secret. The delicate balance of peace is on the line as Elda squares off against Anatoly in a high-stakes cat-and-mouse chase across Russia and Europe. Alone against the power and resources of the Kremlin, are Elda's wits and skills enough to save Korinna and win one for America in the new Cold War?

Moscow Nights Return is the first book in a gripping series of spy thrillers that bring alive flawed characters who operate in this clandestine world of international espionage. The fifth book in the Moscow Nights series will be released in the fall. Purchase at https://amzn.to/4fnlRuN.

#### Falling Angels: A Maxx King Thriller by John H. Thomas

In the explosive finale of the Maxx King trilogy, former Army Ranger Maxx King, a cybersecurity expert, faces a conspiracy that could end humanity. From Seattle's secret labs to Beijing's frenetic streets and Afghanistan's war-torn mountains, Maxx and his team of allies — fierce Gabby, steadfast Andres and loyal Glen — hunt a roque ex-DARPA scientist, traitor CIA operatives, and an Iranian physicist wielding technology that could trigger chaos on a cataclysmic scale.

The clock is ticking. Betrayals sting like shrapnel. In a pulse-pounding showdown, he must outmaneuver a killer who never misses, averting global catastrophe and saving the woman he loves. Falling Angels is a merciless thriller packed with loyalty, betrayal and unbreakable spirit. This Maxx King saga finale grips readers with relentless suspense and gut-wrenching emotion. Jack Slater and Matthew Reilly fans will love this: one rule applies when facing a world-ending conspiracy — don't blink. Purchase at https://amzn.to/4jUOKki.

Homo Idioticus: Why We Are Stupid and What to Do About It by Cezary Pietrasik

We are not Homo sapiens or Homo economicus; we are Homo idioticus.

- IQs in developed countries have been declining since 1995
- 10% of Americans use their phones during sex
- 40% of Americans reject the theory of evolution
- Nearly 40% of the world's population has not completed high school
- 86% of American teens cannot differentiate between fact and opinion

Homo Idioticus explores the paradox of human intelligence and irrationality, delving into the roots of this idiocy, from biology to societal norms to systemic flaws, using vivid historical and modern examples to illustrate our follies. With humor, compelling anecdotes and a clear sense of urgency, Homo Idioticus challenges readers to confront uncomfortable truths about human behavior by providing a profound exploration of how humans can be their own worst enemies — and how we, both individually and collectively, can fight back. Purchase at https://amzn.to/3ZAfSv3.

#### High Flight: A Pilot's Journey Through Life by Richard Hess

Richard Hess, born John Patrick Aliano, began life in a typical middle-class household. His parents divorced when he was just a toddler, and after his mom remarried, she gave him her new husband's surname, further distancing him from his paternal roots. Growing up on New York's mean streets with an abusive stepfather taught Richard grit at a very early age.

This grit followed him into the United States Air Force, which became his surrogate patriarch for the next 28 years. During his service, Richard learned to leave his scars behind. Now, after 50 years of marriage, raising three kids, fighting in nine war zones and traveling to countless countries, he's gained a certain perspective on life. Richard's years spent as a military pilot, airline captain and businessman have given him an education in life, love and faith — an education that begs to be shared. Purchase at https://amzn.to/3FZEMAr.

#### e beych concer Ventnor city

Crafters & food vendors begin at 5:30 p.m. and concerts begin at 6:30 p.m. \* lineup is subject to change. Saturdays @ Newport Avenue band stage (boardwalk) Wednesdays @ Ski Beach at Dorset and Burk Avenues

July 19: B Street Band - A Tribute to the Boss July 26: \*NO CONCERT\*

August 2: Parrot Beach - A Tribute to Jimmy Buffet August 9: East Coast Funk Band - 70's to today August 16: Kick It Out - Heart Tribute August 23: RED - Rock

August 30: Party Wave Band - Top hits, Classics, 70's to Today, Party Band leks for the state of the state

July 23: Countdown to Ecstasy – Steely Dan Tribute July 30: Dead Reckoning - Grateful Dead Tribute August 6: Sensational Soul Cruisers -Motown, R&B, Soul August 13: The Voice of Ventnor - Various The Girls Can't Help It - Girls of Rock Tribute August 20: Legacy - Party Band August 27: The Usual Suspects –

**Cover Band Pop/Rock** 

whole to be a state of the stat

## MARDI GRAS ON THE BOARDWALK

TONY MART PRESENTS MARDI GRAS ON THE BOARDWALK - Atlantic City at Kennedy Plaza

#### JULY 23: GARY US BONDS AND THE ROADHOUSE ROCKERS A LIVING LEGEND! THE BILLY WALTON BAND

#### **AUG 6: GALACTIC**

NOLA FUNK STARS, KEEPERS OF THE TIPITINA'S FLAME

#### AUG 20: **DEVON ALLMAN'S BLUES SUMMIT**

FEATURING: WET WILLIE'S JIMMY HALL, LARRY MCCRAY, SIERRA GREEN

#### JULY 30: IVAN NEVILLE AND DUMPSTAPHUNK

PRINCE OF THE NEVILLE BROTHERS DYNASTY

#### AUG 13: THE CELEBRATION OF THE MUSIC OF CHICAGO

FAMOUS PHILLY FUNK STAR & TROMBONE VIRTUOSO NO VACANCY ORCHESTRA — 10-PIECE TRIBUTE TO **OUINCY JONES** 

#### AUG 27: DEAD ZEP

MELODIC TRIBUTE TO THE GRATEFUL DEAD & LED ZEPPELIN

#### SEPT 3: CLASSIC POP STAR FINALE CONCERT



# SOMERS POINT BEACH

The William Morrow Beach/Municipal Beach Park, located between Higbee & New Jersey Aves on Bay Ave. Free show Fridays - Start At 7PM

#### JULY 18: "THE GIRLS CAN'T HELP IT"

PATTY BALBO'S TRIBUTE TO THE WOMEN OF ROCK N' ROLL JANIS JOPLIN AND GRACE SLICK TO MADONNA, LADY GAGA. TAYLOR SWIFT; STARRING MEMBERS OF THE BAND "RED"

#### AUG 1: JOHN CAFFERTY & BEAVER BROWN

MULTI-PLATINUM ORIGINAL "EDDIE AND THE CRUISERS"

#### JULY 25: TOM HAMBRIDGE

Premiere Nashville songwriter/producer of The Stones, ZZ Top, Lynyrd Skynyrd; BUDDY GUY, SUSAN TEDESCHI TWISTED LIVIN' BAND, SOUTH JERSEY BLUES ROCK BAND

SOUNDTRACK ARTISTS

#### AUG 8:

#### MELODY TRUCKS BAND FEATURING VAYLOR TRUCKS

ALLMAN BROTHERS LEGACY FROM THE FAMILY OF BUTCH & DEREK TRUCKS; SOUTHERN ROCK, AMERICANA, LITTLE FEAT, THE BAND, TRAFFIC, ALLMAN BROTHERS

#### **AUG 15: VANESSA COLLIER BAND**

DELAWARE VALLEY'S OWN INTERNATIONAL BLUES ROCK STAR

#### **AUG 22: SOMERS POINT LEGACY**

CONWAY TWITTY'S GRANDSON TRE TWITTY WORLD CLASS ROAD HOUSE ROCKIN' BLUES OF THE NIGHTHAWKS; HILARIOUS BOOGIE WOOGIE PIANIST REVEREND BILLY C. WIRTZ

#### **AUG 29: THE BILLY WALTON BAND**

Touring internationally but still our own 'Jersey Shore Rock and Soul Guitar Hero'

#### SEPT 5: SOUTH JERSEY ALLSTAR LEGACY SALUTE CONCERT

Patty Blee, Lew London, Dr. Bobby Fingers, Danny Eyer, The Tony Mart Allstars with Howard Isaacson, Campanell Family Tribute to Bobby Campanell DEDICATED TO HERB "BUBBA MAC" BIRCH



### SURROUNDINGS INTERIORS

**PRESENTS** 

**36TH ANNUAL** 

**AUGUST 4, 2025** 11AM - 4PM



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#### **TICKETS**



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# SPORTS STUMPERS

#### **USA Soccer Team Captains**

By Alex Hendry

#### **Questions:**

- 1) Which Team USA captain holds the distinct honor of being the only captain to lift a World Cup on home soil?
- 2) The U.S. Women's National Team (USWNT) won the inaugural FIFA Women's World Cup in 1991 who captained the championship-winning squad?
- 3) Wearing the captain's armband in 64 games who is the current record holder for most games as captain of the U.S. Men's National Team (USMNT)?
- 4) With 57 goals each, which two former captains share the record as the all-time leading goal scorer for the USMNT?
- 5) Which currently active American player made history as the youngest captain of Team USA at 20 years, 63 days?
- 6) Name both co-captains of Team USA at the 2023 FIFA Women's World Cup.
- 7) Playing in two World Cup's for the USMNT who was gifted the

- nickname "Captain for Life" by then-manager Steve Sampson? 8) Though the 1994 World Cup squad did not feature an official team captain — which goalkeeper did so several times throughout 1988-2002?
- 9) "The Queen of Caps" who is the global soccer record-holder for most career international appearances with 354 caps?

  10) As the road to the 2026 FIFA
- 10) As the road to the 2026 FIFA World Cup continues, which former New York Red Bulls midfielder captained the squad at Qatar in 2022?

#### **Answers:**

- 1) Carla Overbeck (1999)
- 2) April Heinrichs
- 3) Carlos Bocanegra
- 4) Clint Dempsey and Landon Donovan
- 5) Christian Pulisic
- 6) Lindsey Heaps and Alex Morgan
- 7) John Harkes
- 8) Tony Meola
- 9) Kristine Lilly
- 10) Tyler Adams

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