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SUMMER GUIDE



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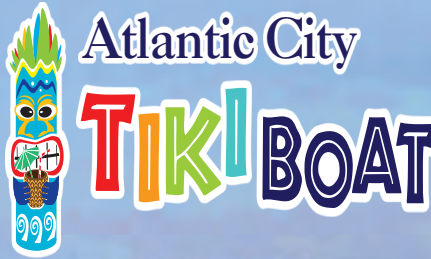
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Photo: Shraam Family

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Sounds of the Shore: Free Weekly Beach Concerts in Atlantic & Cape May Counties

There's nothing like a summer night at the Jersey Shore, where the ocean breeze carries the sound of live music across the sand, boardwalk and bayfront. From jazz and zydeco to classic rock, Motown and tribute bands, Atlantic and Cape May Counties offer free concert series that are as much a summer tradition as saltwater taffy. Here's where to find them - and how to enjoy them like a local.

Atlantic City - Mardi Gras AC & Chicken Bone Beach Jazz - Kennedy Plaza becomes one of the Shore's best free music spots during the summer. Mardi Gras AC brings Wednesday night concerts to the Boardwalk with blues, rock, zydeco, funk and roots music, often with dancing breaking out right on the boards. Thursdays belong to Chicken Bone Beach Jazz, honoring Atlantic City's rich Black musical heritage with free jazz concerts and talented performers from around the region and beyond. Local Tip: Kennedy Plaza has some built-in seating, but regulars bring folding chairs and small coolers with non-alcoholic drinks. The sound carries well along the Boardwalk, so some fans grab pizza or ice cream and enjoy from a distance.

Ventnor - Summer Beach Jam & Sunset at Ski Beach - Ventnor offers two ways to enjoy live music by the water. Summer Beach Jam at Newport Avenue Beach has a lively, barefoot-on-the-sand feel, with bands, vendors and a crowd that stretches from the boardwalk onto the beach. Sunset at Ski Beach brings music to the bay on Wednesday evenings, with sunset views and a more relaxed neighborhood vibe. Local Tip: Bring a blanket or low chair for Newport Avenue. At Ski Beach, bring bug spray and a light jacket - the breeze and mosquitoes both pick up around dusk.

Somers Point - Beach Concert Series - A beloved Shore tradition, the Somers Point Beach Concert Series lights up William Morrow Beach on Friday nights with classic rock, blues, country, roots music, tribute acts and national performers. The free bayfront concerts draw locals, visitors, families and longtime fans who treat the series like a weekly summer reunion. Local Tip: Arrive early to claim a prime bayfront spot. Parking is free, but carpooling helps when the main lot fills. Many people bring coolers, takeout from nearby restaurants and portable tables.

Sea Isle City - Saturday Night Concerts at Excursion Park - Sea Isle City's free concerts bring tribute bands, party bands and theme nights to the Excursion Park Band Shell. The series gives families and visitors a lively reason to gather just steps from the Promenade, with music that usually gets the crowd dancing. Local Tip:

Bring chairs or a blanket and arrive early for a good spot. Many people grab dinner, ice cream or snacks nearby and make it a full evening.

Avalon - Thursdays at Surfside - Avalon's Thursdays at Surfside concert series brings free music to Surfside Park from late June through early September. Concerts feature a mix of tribute acts and crowd-pleasing bands in a family-friendly park setting. Local Tip: Bring a beach chair and arrive early if you want a comfortable spot near the stage. In case of bad weather, concerts may move indoors to Community Hall.

Stone Harbor - Tuesdays at the Tower - Stone Harbor's Tuesdays at the Tower concert series brings free music to Water Tower Plaza at 95th Street and Second Avenue. It has the feel of a classic small-town summer night, with residents and visitors gathering near the center of town for music under the evening sky. Local Tip: Bring your own chair and check for weather updates before heading out. The location makes it easy to enjoy dinner or shopping before the show.

Cape May - Music in the Park at Rotary Park - Cape May's free Music in the Park series brings live music to the Rotary Park Bandstand, creating one of the town's most charming summer traditions. The setting is relaxed, walkable and close to restaurants, shops and the Washington Street Mall. Local Tip: Come early, grab dinner downtown and settle in with a chair or blanket for an easygoing evening.

Lower Township - Cape May-Lewes Ferry Wednesday Night Concert Series - The Cape May-Lewes Ferry terminal lawn hosts free Wednesday night concerts during the summer, offering live music, bay views and a wide-open lawn for families and friends to spread out. Local Tip: Bring lawn chairs or blankets and plan for breezes off the Delaware Bay. It is a great choice for a relaxed night of music without heading into the middle of town.

The Wildwoods - Fox Park, Centennial Park, Byrne Plaza & Sunset Lake - The Wildwoods offer several free summer music options, making it one of the busiest areas for outdoor concerts. Fox Park Amphitheater hosts Sunday evening concerts, Wildwood Crest brings bands to Centennial Park, Byrne Plaza offers free downtown music, and Sunset Lake adds a beautiful waterfront backdrop. Local Tip: Each spot has its own personality - Fox Park pairs well with the boardwalk, Centennial Park has a neighborhood feel, Byrne Plaza is close to restaurants and shops, and Sunset Lake is perfect for a quieter view.

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Byrne Plaza in Downtown Wildwood is where it's happening this summer!

Downtown Wildwood's full schedule of family friendly, mostly free events begin this month at Byrne Plaza, located at 3400 Pacific Avenue in Downtown Wildwood.

The popular Downtown Wildwood Farmers Market has already returned with over 80 vendors selling farm goods, baked goods, specialty foods and all kinds of unique non-food items! The Farmers Market is where you will find the newly released 2026 DOOWW magnets, as well as lots of other DOOWW swag! Don't miss the Farmers Market, every Saturday from 8am to 12:30pm, through Labor Day Weekend!

Fitness in the Plaza classes will be presented by Shore Fitness in 2026 and will begin on Monday, June 15th! The class schedule will be Pilates on Mondays, Wednesdays, and Fridays, and Boot Camp on Tuesdays and Thursdays. The 60-minute classes start at 8am and cost \$10. All fitness levels are welcome to join in! Bring your towel, water and a friend to get fit this summer in Downtown Wildwood!

Free Thursday Night Music in the Plaza begins June 18th and Free Tuesday Night Movies in the Plaza starts on June 23rd. Check out these schedules and plan to be there!



<p>Music in The Plaza Thursdays @ 7:30 pm</p> <p>June 18th - Roundhouse Band June 25th - Chicago 9 July 2nd - Juliano Brothers July 9th - The Beat Tells July 16th - Basic Cable July 23rd - Jamison Celtic Rock July 30th - Animal House August 6th - Legacy Band August 13th - Winslow An Evening of the Eagles August 20th - 99 Reasons August 27th - Large Flower Heads Sept 3rd - Nikki Briar Band Sept 10th - The Chatterband</p>	<p>Movies in the Plaza Tuesdays @ Sunset</p> <p>June 23rd - Migration June 30th - Smurfs July 7th - Kung Fu Panda 2 July 14th - Elio July 21st - The Grinch July 28th - Hoppers Aug 11th - The Garfield Movie Aug 18th - IF Aug 25th - Stitch Head</p>
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Be sure to visit all the great shops, bars and restaurants in Downtown Wildwood! There is always someplace new and so much to DOO in Downtown Wildwood!

For updates and more info about Byrne Plaza and Downtown Wildwood follow us online at www.DOOWW.com, on Facebook at Wildwood By The Sea, Instagram [wildwood_by_the_sea](https://www.instagram.com/wildwood_by_the_sea), TikTok [dooww_nj](https://www.tiktok.com/@dooww_nj) and X [@DoWildwoodNJ](https://twitter.com/DoWildwoodNJ)

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- **George Washington and his horse** will lead the parade as **grand marshals!**
- **Free** hot dogs, chips, & water ice at the Sam Azeez Museum following the parade!



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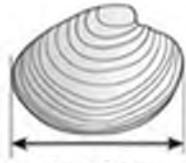
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Hard Clam

1.5 inches
 Recreational Limit = 150 clams
 No harvest on Sunday
 Shellfish license required



Summer Flounder (Fluke)

All marine waters except those noted below:
 3 fish at 18 inches
Delaware Bay & Tributaries:
 3 fish at 17 inches
Island Beach State Park:
 2 fish at 16 inches
Open Season: May 4 – Sept 25



Weakfish

1 fish at 13 inches
Open Season: Jan 1 – Dec 31



Black Sea Bass

10 fish at 12.5 inches May 15 – June 21
 1 fish at 12.5 inches June 22 – Sept 22
 10 fish at 12.5 inches Sept 23 – Oct 31
 15 fish at 12.5 inches Nov 1 – Dec 31



Bluefish

Private/Shore Angler – 5 fish
 For-Hire Vessel – 7 fish
Open Season: Jan 1 – Dec 31

ATTENTION ANGLERS
 2026 NJ Recreational Size Limits,
 Possession Limits and Seasons

**Fish are measured from tip of snout to tip of tail (except Black Sea Bass and Sharks).
 Cleaning or filleting of fish with a minimum size limit while at sea is prohibited.



Striped Bass or Hybrid Striped Bass

1 fish at 28 inches to 31 inches
 See Marine Digest for Striped Bass Bonus Program, circle hook requirements and gaff prohibition.
Delaware River & Tributaries Calhoun St Bridge, Trenton to Salem River & Tributaries:
 Open Mar 1 – Mar 31 and June 1 – Dec 31
Atlantic Ocean:
 0-3 miles from shore, no closed season
 Greater than 3 miles from shore, closed
All Other Marine Waters:
 Open Mar 1 – Dec 31



Tautog

15 inches
 4 fish Jan 1 – Feb 28
 4 fish Apr 1 – Apr 30
 1 fish Aug 1 – Nov 15
 5 fish Nov 16 – Dec 31



Winter Flounder

2 fish at 12 inches
Open Season: Mar 1 – Dec 31



Shark

1 fish per vessel
 See NMFS for size, season and gear restrictions



Blue Crab

(measured point to point)
 Peeler or Shedder – 3 inches
 Soft – 3 1/2 inches
 Hard – 4 1/2 inches
 Recreational Limit = One Bushel
Crab Pot/Trot Line Seasons
Delaware Bay & Tributaries:
 Apr 6 – Dec 4
All Other Waters:
 Mar 15 – Nov 30

PROHIBITED SPECIES
 See the Marine Digest or
njfishandwildlife.com for a complete list!

Other Species	Possession Limit/Season	Total Length
American Eel	25	9"
Black Drum	3	16"
Cobia	1 per person, 2 per vessel	43"
Cod	5 fish: Jan 1 - May 31 & Sept 1 - Dec 31	23"
Haddock	No Limit	18"
King Mackerel	3	23"
Pollock	No Limit	19"
Red Drum	1	18" to less than 27"
River Herring	CLOSED	N/A
Scup (Porgy)	30 fish: Jan 1 - June 30 & Sept 1 - Dec 31	10"
Shad	6 combined	No Limit
*No more than 2 American shad in Del Bay, River & Tributaries *Zero American shad in all other waters		
Spanish Mackerel	10	14"
American Lobster	6	3 3/8" to 5 1/4" carapace length
*LMA 4 Open Season: Jan 1 - Apr 29 & June 1 - Dec 31 *LMA 5 Open Season: Jan 1 - Jan 31 & Apr 1 - Dec 31		
Jonah Crab	50	4 3/4" carapace width

Register before fishing! It's free, easy, and required. SaltwaterRegistry.nj.gov



For a full list of saltwater regulations, scan the QR code.



This publication is a summary of the New Jersey recreational fishing regulations at the time of publication. It is not the full law.
 Flounder, weakfish, black sea bass, bluefish, tautog and striped bass: ASMFC Fish Illustrations © <https://drawnbydawn.com/>
 March 2026



NJ State BBQ Championship & Anglesea Blues Festival

Friday, Saturday & Sunday,
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SEA ISLE CITY

Tuesdays, 8am–12pm, June 23–September 1
Excursion Park - JFK & Pleasure Ave
seaislechamber.com/farmers-market

WEST CAPE MAY

Tuesdays, 3-7:30pm, June 23–August 25
Backyard Park - 732 Broadway (Behind the Firehouse)
westcapemay.us/community/community-events.html

OCEAN CITY

Wednesdays, 8am–12pm, Starting Early June
Tabernacle Grounds - 6th & Asbury
oceancityvacation.com

WEST CAPE MAY

Fridays, 5-8pm, May 23–Halloween
Rea's Farm - 400 Stevens St
reasfarm.com

WILDWOOD

Saturdays, 8am-12:30pm, May 23–September 5
Byrne Plaza - 3400 Pacific Ave
DOOWW.com

STONE HARBOR

Sundays, 8am-12pm, May 24–September 20
Water Tower Plaza - 95th & 2nd Ave
shnj.org





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What To Do on a Cloudy Day

Cloudy Day? Don't Fret! Have a Day You'll Never Forget.

People come to the Jersey Shore mainly to frolic in the Atlantic and catch some rays on the beach. Sometimes, Mother Nature doesn't cooperate and gives us gloomy days. However, the Jersey Shore is full of great things to do with your family even when the skies are overcast. For some ideas, here's a sampling of a few things that cost a few dollars but offer your family unique fun and lasting memories.

The area is full of great miniature golf courses, each one offering its own special features. Island Miniature Golf at 4501 New Jersey Ave. in Wildwood is one of the area's newest miniature golf courses and has been voted the "best on the island" and was recently a finalist for Best Miniature Golf in South Jersey by the AC Press. Island Miniature Golf also invites all military, veterans, police and fire personnel to play for FREE!

Island Miniature Golf would like to show their true appreciation to those who heroically serve and protect us! We recognize your dedication and would like to honor you by giving you a **FREE** round of Golf!! Thank you for your service!

VETERANS, FIREMEN & POLICE OFFICERS ARE ALWAYS FREE
with proper ID

you're crossing the Delaware Bay for a fun day trip or as part of a long-distance trip on the Cape May-Lewes Ferry, your journey is sure to be a memorable one. Enjoy historic lighthouses, picturesque harbors, ocean-going vessels, unique seabirds and, just maybe, your very own dolphin escort! There are many ships that offer great fun on the water. The Silver Bullet in Wildwood and the Cape May Whale Watcher and the Cape May Whale Watch and Research Center offer you a trip on the water with a chance to view whales and dolphins.

Cloudy days at the shore are a great way to try your hand at "thrifting". Cape May and Atlantic Counties are full of thrift stores that offer great products and discounted prices. You can start your day in Cape May checking out the great antique shops all over town. Head off the island to Et Cetera Thrift at 3845 Bayshore Road in North Cape May, and then just make a short trip to the Veterans and Patriots of Cape May County Thrift Store in the Bayshore Plaza at Bayshore and Breakwater Roads. Head up to Villas and you will find Luv Thrift and St Barnabas Thrift. On your way to Wildwood, stop in to St Mary's This & That in Rio Grande. In Wildwood, there are numerous thrifts you can browse. Check out Cheap Charlie's at 4724 Pacific Ave., for a great selection of clothing, housewares and much more. Jump on to Route 9 after leaving Wildwood and your day of thrifting can continue with a visit to Volunteers in Medicine Thrift Store in the Grapevine Plaza at 7 North Wildwood Blvd, and Et Cetera's second location in the Acme Shopping Center in Cape May Court House. Continue north on Route 9 and you will pass various antique and collectible shops along the way. When you hit Swainton on Route 9, you'll find Coho Antiques at the intersection of Rt 9 and Goshen Swainton Rd. See the map on page 30 for some help with your day of thrifting.

Going to Cape May is a great way to spend a cloudy day. Here you will find the The Emlen Physick Estate, a Victorian house museum located at 1048 Washington Street. The 18-room mansion, attributed to acclaimed American architect Frank Furness, was built in 1879 for Dr. Emlen Physick Jr. (1855-1916), descendant of a well-known Philadelphia family, his widowed mother, Mrs. Ralston, and maiden Aunt Emilie. The mansion is closely related to Furness's Knowlton Mansion (1880-81) in Northeast Philadelphia.

A favorite among locals and visitors is the Naval Air Station Wildwood (NASW) Aviation Museum, a non-profit museum located at the Cape May Airport just off of Breakwater Road in Lower Township, inside historic Hangar #1. Commissioned in April 1943, NASW served as an active dive-bomber squadron training facility during World War II. Today, Hangar #1 has been restored and transformed into an Aviation Museum that houses a number of aircraft, engines, special exhibits, and educational interactive displays. The museum invites visitors to explore aviation, New Jersey, military and WWII history through "hands-on," fun and educational activities for the entire family! Bring the kids and travel back in time to this 92,000 square foot sampling of the 1940's (and don't forget your camera!)

South Jersey is full of great wineries and breweries which make for a great way to spend a cloudy day. They offer indoor and outdoor seating, plus the breweries offer alcohol-free sodas for a kid-friendly environment. You can drop in to the Cape May Brewery at the Cape May Airport after checking out the Aviation Museum, cruise over to Cold Spring Brewery at Cold Spring Village in North Cape May, or visit Anglesea Aleworks at 3401 New Jersey Ave in Wildwood (the Sea Pig is Awesome!!), and a short trek northward will allow you to discover the awesome brews at Ludlam Island Brewery in Woodbine. Whatever you choose to do, and no matter what the weather, please enjoy and make it a great day! Thanks for reading!!

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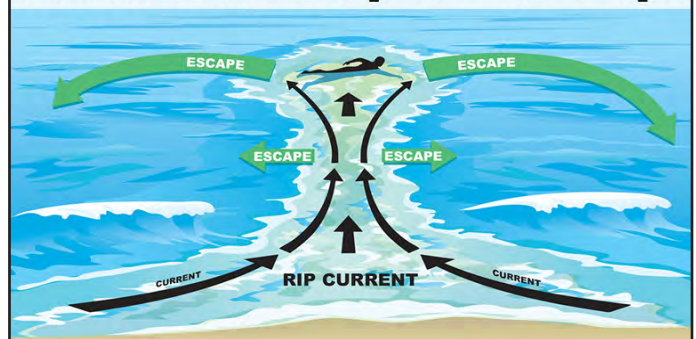
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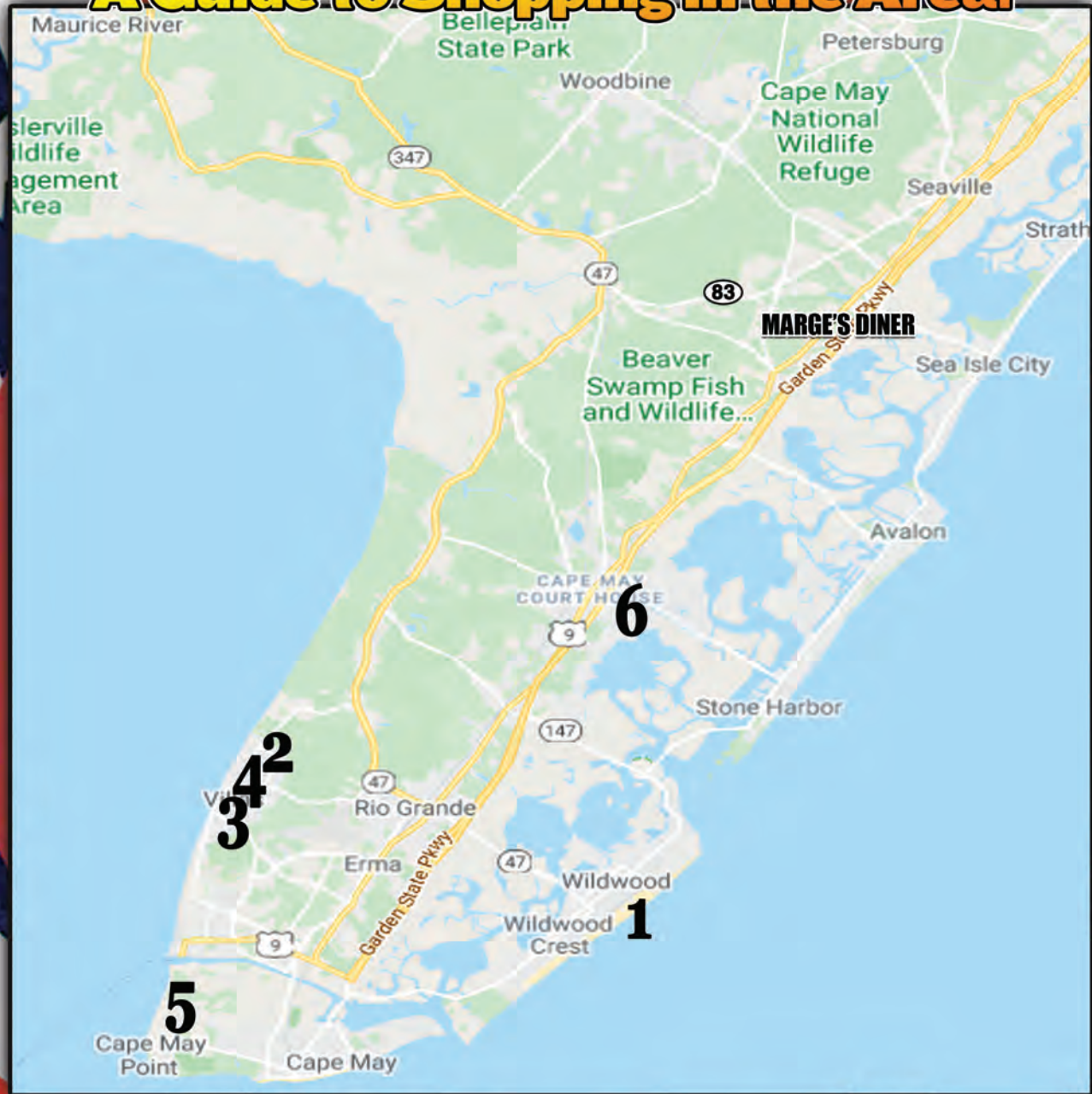
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- 1/2 cup blackberries
- 1/3 cup diced strawberries
- 1 1/2 teaspoons red wine vinegar
- 1 1/2 teaspoons sugar
- 1 1/2 teaspoons chopped fresh thyme,
plus leaves for garnish
- Kosher salt and freshly ground pepper
- 1 8-ounce wheel brie cheese
- 2 tablespoons roasted salted almonds,
roughly chopped
- Crackers, for serving

Cedar Plank-Grilled Brie with Berries

Put a cedar grilling plank in a large baking dish or on a rimmed baking sheet and cover with water; let soak at least 1 hour. Preheat a grill to medium to medium high. Put the blackberries in a medium bowl and lightly crush with a fork. Add the strawberries, vinegar, sugar, thyme, a big pinch of salt and a few grinds of pepper. Stir, then let stand at least 5 minutes.

Drain the cedar plank. Trim just the top rind off the brie. Place the brie on the plank and top with the berry mixture, reserving some of the juices for serving. Sprinkle with the almonds.

Place the plank on the grill and cover. Cook until the brie is softened and warmed through, 9 to 11 minutes (keep an eye out during the last few minutes in case the brie starts to melt out of the rind). Gently press the side of the brie to see if it's ready; it should yield to pressure. Drizzle with the reserved berry juices and sprinkle with a few thyme leaves. Serve warm with crackers.



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Mike Breslin	Co-Publisher
Deana M. Kozlowski	Art Director
Jacquelyn Tocci	Production & Design Manager
Brian Baehrle	Graphic Designer
Bill, Lindsey & Mike	Distribution
Steve, Bob & Josh	Distribution

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Watermelon Salsa

1 1/2 teaspoons lime zest
1/4 cup fresh lime juice
1 tablespoon sugar
Freshly ground pepper
3 cups seeded and finely
chopped watermelon
1 cucumber, peeled,
seeded and diced
1 mango, peeled and diced
1 jalapeno pepper,
seeded and minced
1 small red onion, finely chopped
8 fresh basil leaves, finely chopped
1/2 teaspoon garlic salt
Tortilla or pita chips, for serving



Stir together the lime zest, lime juice, sugar and 3/4 teaspoon pepper in a bowl. Add the watermelon, cucumber, mango, jalapeno, onion and basil and toss gently. Chill the salsa until ready to serve. Add the garlic salt just before serving. Serve with chips.

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Beaches in Cape May County



AVALON—Lifeguards on duty 10 AM to 5 PM. Surfing beaches include 30th Street and 63rd Street. Public restrooms are available at 30th Street and the beach, 30th Street and Dune Drive, 32nd Street and Dune Drive, and other public locations. Outdoor showers at various beach entrances. Beach mats are available at select beach entrances, and beach wheelchairs are available at 9th, 30th, 80th Streets and the Lifeguard Station at 32nd Street and Avalon Avenue. Seasonal beach tags are \$42. Weekly tags \$18, daily tags \$10. Tags are reciprocal with Stone Harbor. Free for veterans and active military with ID. Tags available at the Avalon Beach Tag Booth at 30th Street and the beach or online at jersey-cape-tags.myshopify.com/collections/avalon. Free parking near the beach and several blocks inland. Call (609) 967-3936 or visit avalonboro.net.

CAPE MAY—Lifeguards on duty 10 AM to 5 PM. Guarded beaches run from The Cove to Poverty Beach. Surfing beaches include Poverty Beach, The Cove and Gurney Street. Public restrooms are available at Trenton Beach, Philadelphia Beach, Surfing Beach, Mogck Beach, Broadway Beach and 2nd Avenue Beach. Outdoor showers at select beach entrances. ADA beach mats and beach wheelchairs are available; beach wheelchairs may be borrowed during guarded hours. Seasonal beach tags are \$40. Weekly tags \$25, three-day tags \$20, daily tags \$10. Free for veterans and active military with ID. Tags available at City Hall, the Beach Tag Office at 704 Beach Avenue, beach entrances or online at jersey-cape-tags.myshopify.com/collections/cape-may. Metered parking along Beach Avenue, with free parking several blocks inland. Call (609) 884-9525 or visit capemaycity.com.



CAPE MAY POINT STATE PARK—No lifeguards on the beach. No beach tags required. Swimming not permitted. Popular for birding, picnics, nature walks, fishing, beach walking, coastal dunes and freshwater ponds. Home to Cape May Lighthouse, Battery 223, migratory birds and monarch butterflies. Public restrooms available at the park. The Red Trail is a half-mile wheelchair-accessible trail with pond viewing areas. Free parking. Call (609) 884-2159 or visit dep.nj.gov/parksandforests.

SUNSET BEACH (LOWER TOWNSHIP)—Located at the end of Sunset Boulevard. No beach tags required. No lifeguards on duty, swimming not recommended due to strong currents. Features gift shops, grille, mini golf, Cape May diamonds and views of the S.S. Atlantis concrete ship. Veterans Flag Ceremonies are held Memorial Day Weekend Saturday at 7 PM; Saturdays in June at 7 PM; Mondays, Wednesdays and Saturdays in July and August at 7 PM; and Labor Day Weekend Saturday at 7 PM. Public restrooms near the gift shop. Free parking. Call (609) 884-7079 or visit sunsetbeachnj.com.



STONE HARBOR—Lifeguards on duty 10 AM to 5 PM. Surfing beaches at 81st Street and 110th Street. Public restrooms at 95th Street. Outdoor showers at beach entrances. ADA beach access and beach wheelchairs available. Seasonal beach tags are \$42. Weekly tags \$18, daily tags \$8. Tags are reciprocal with Avalon. Free for veterans and active military with ID. Tags available at the Beach Tag Office at 95th Street and the beach, Borough Hall or online at jersey-cape-tags.myshopify.com/collections/stone-harbor. Metered parking near beach, free parking inland. Call (609) 368-5102 or visit stoneharbornj.org.

SEA ISLE CITY—Lifeguards on duty 10 AM to 5 PM Monday through Friday and 10 AM to 5:30 PM Saturday and Sunday. Surfing beaches at 37th Street, 42nd Place and 56th Street. Public restrooms at JFK Boulevard, 32nd, 40th, 44th, 85th and 94th Street, with rinse stations at select locations. ADA beach access and beach wheelchairs available. Seasonal beach tags are \$30. Weekly tags \$15, daily tags \$10. Wednesdays are free beach days, except July 4. Free for veterans and active military with ID. Tags available at the Welcome Center, City Hall, on the beach or through the city's digital beach tag system. Metered parking near beach, free parking inland. Call (609) 263-8687 or visit seaisletcitynj.us.



UPPER TOWNSHIP / STRATHMERE—Lifeguards on duty at protected beaches 10 AM to 5 PM Monday through Thursday and 10 AM to 5:30 PM Friday through Sunday. Protected beaches include Whittier, Tecumseh, Sherman, Putnam and 1400 Commonwealth, though locations may change due to weather or beach conditions. No beach tags required. Restrooms at Williams Avenue Beach Patrol Headquarters. ADA access and beach wheelchairs available. Free parking along Commonwealth Avenue and side streets. Call (609) 263-1151 or visit uppertownship.com.

THE WILDWOODS (WILDWOOD, WILDWOOD CREST, NORTH WILDWOOD)—Lifeguards on duty 10 AM to 5:30 PM daily from Memorial Day Weekend through Labor Day. No beach tags required. Surfing beaches include Baker Avenue in Wildwood, designated surfing beaches in Wildwood Crest, and designated areas in North Wildwood. Public restrooms are available in North Wildwood, Wildwood and Wildwood Crest, including boardwalk and beach-area locations. Outdoor showers, ADA beach access and beach wheelchairs available through local beach patrols. Free parking inland; metered parking and paid lots near the boardwalk. North Wildwood: (609) 522-7500; Wildwood: (609) 522-8258; Wildwood Crest: (609) 522-3825. Visit wildwoodsny.com.



OCEAN CITY—Lifeguards on duty 10 AM to 5 PM on weekdays and 10 AM to 5:30 PM on weekends and holidays. Surfing beaches include Waverly Boulevard, 7th Street, 16th Street and beaches south of 36th Street where lifeguard stands are three blocks apart. Public restrooms at 1st Street, 6th Street, Music Pier, 11th Street, 12th Street, 34th Street and 58th Street. Outdoor showers at major access points. ADA ramps and beach wheelchairs available. Seasonal beach tags are \$35. Weekly tags \$20, daily tags \$10. Free for veterans and active military with ID. Tags available at the Music Pier, Welcome Centers, beach entrances, boardwalk booths or online at store.ocnj.us for seasonal tags. Parking lots at 8th and 9th Streets, metered street parking. Call (609) 399-6111 or visit ocnj.us.

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Low (0 - 2)	Medium (3 - 5)	High (6 - 7)	Very High (7 - 10)	Extremely High (11 +)
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SPF SELECTION GUIDE

Hours Outdoors	Skin Tone				
	Very Fair Never tans, always burns	Fair Tans slowly, burns easily	Light Usually burns first	Medium Burns minimally	Dark Rarely burns
1	SPF 30	SPF 15	SPF 15	SPF 8-14	SPF 8-14
2	SPF 30	SPF 30	SPF 30	SPF 15	SPF 8-14
3	SPF 50+	SPF 50+	SPF 30	SPF 15	SPF 15
4	SPF 50-100	SPF 50+	SPF 30	SPF 30	SPF 15
5	SPF 50-100	SPF 50-100	SPF 50-100	SPF 50+	SPF 30

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DAILY SPECIALS

Jersey Shore Summer Safety: Be Smart in the Sun

Summer at the Jersey Shore means more time outside - beach days, boating, swimming, surfing, kayaking, walking the boards, shopping, exercising and enjoying long afternoons in the fresh air. The sun is part of what makes the season special, but a little planning can help keep those sunny days safe.

Benefits of the Sun

The sun plays an important role in our health. Moderate sun exposure helps the body produce vitamin D, which supports strong bones and overall wellness. Time outdoors can also boost mood, encourage movement and make it easier to stay active with summer activities like walking, gardening, swimming and sports.

For many people, about 10 to 15 minutes of sun exposure a day can be enough to enjoy some of those benefits. The key is balance. A little sunshine can be healthy, but too much exposure without protection can quickly become harmful.



Risks of Sun Exposure

Ultraviolet, or UV, rays from the sun can damage the skin, even on cloudy or cooler days. UVA rays are the most common type of sunlight that reaches the earth's surface and can penetrate below the top layer of skin. UVB rays do not go as deep, but they can still cause sunburn and skin damage.

Too much UV exposure can increase the risk of premature aging, eye damage and skin cancer. Children are especially vulnerable, and even a few serious sunburns during childhood can raise the risk of skin cancer later in life. That is why sun safety should be part of every Shore day, not just the hottest ones.

Protecting Yourself Outdoors

The sun is strongest between 10 a.m. and 4 p.m., so try to limit direct exposure during those hours when possible. Seek shade under an umbrella, canopy, porch or beach tent, especially during the middle of the day.

Clothing can also make a big difference. Choose lightweight, loose-fitting clothing, tightly woven fabrics, wide-brimmed hats and sunglasses with UVA and UVB protection. For water activities, a rash guard is a smart choice because it dries quickly and provides extra coverage while swimming, surfing or paddling.

Sunscreen is one of the most important tools for outdoor safety. Use a broad-spectrum sunscreen with an SPF of at least 30 and apply it generously to dry skin about 30 minutes before going outside. Reapply often, especially after swimming, sweating or drying off with a towel. Water-resistant sunscreen is helpful for beach and boat days, but it still needs to be reapplied.

Before heading out, check the daily UV index in the weather forecast. With the right protection, families can enjoy everything the Jersey Shore has to offer while staying safer in the summer sun.

Creamy Corn and Chile Dip

- 6 ears corn, shucked
- 1 Fresno chile
- 2 tablespoons unsalted butter
- 3 scallions, chopped, white & green separated
- 1 small clove garlic, minced
- 1/3 cup heavy cream
- 2 ounces cream cheese
- Kosher salt
- Tortilla chips



Cut the kernels from the corn. Cut 2 thin rounds of the Fresno chile and reserve them for garnish. Seed the remaining chile, if desired, then finely chop it. Heat the butter in a medium skillet over medium heat. Add the scallion whites and garlic and cook, stirring occasionally, until softened, about 2 minutes. Add the corn and cook, stirring occasionally, until crisp tender, about 6 minutes. Add the heavy cream and chopped chile and simmer, stirring occasionally, until thickened, about 2 minutes. Stir in the cream cheese until melted, then remove from the heat and season with salt to taste. Transfer to a serving bowl and top with the scallion greens and the chile slices. Serve hot or at room temperature with tortilla chips for dipping.

Strawberry Limeade

- 1/2 cup lime juice
- 1/3 cup sugar
- 1/3 cup water
- 1/2 lb sliced strawberries
- 20-30 mint leaves
- 2 cups cold water

To make the simple syrup, combine the sugar and water in a saucepan, and cook over medium high heat for 5-10 minutes until the sugar is dissolved and the liquid is clear. In a large mason jar or a pitcher, combine the lime juice, simple syrup, strawberries, mint, and water. Let sit in the refrigerator for 2-3 hours. Serve and enjoy!





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America Turns 250: The Shore's Revolutionary Story

A Coastal Front Line

At the time of the Revolution, the map looked different than it does today. Atlantic County did not yet exist as its own county and was still part of Old Gloucester County. But the geography of the region mattered greatly. Its rivers, bays, inlets and barrier beaches created a coastal front line where American privateers could strike British ships, hide supplies and move goods toward the Continental Army.

Privateering became one of the Shore's most important wartime contributions. These were civilian-owned vessels authorized by government-issued Letters of Marque to capture enemy ships. To the Patriots, privateers were a valuable tool in the war effort. To the British, they were a major threat. Southern New Jersey's maze of waterways helped these vessels slip in and out, disrupting British supply lines and bringing captured goods into local ports.

Cape May became known for its sea captains and privateering activity. Despite its small colonial population, the area produced an impressive number of privateers, captains and crews. British frustration grew as ships and cargoes were taken along the coast, turning the southern Shore into a thorn in the side of the British war effort.

Turtle Gut: A Shoreline Victory

One of the earliest and most dramatic local stories happened just days before the Declaration of Independence was adopted. On June 29, 1776, the American brigantine Nancy was carrying desperately needed gunpowder from the Caribbean toward Philadelphia when British warships cornered it near Turtle Gut Inlet, off what is now Wildwood Crest. Local sailors and American vessels came to help, running the Nancy aground and unloading the valuable gunpowder under heavy fire.

The mission succeeded, but not without sacrifice. Lt. Richard Wickes was killed, becoming the first American casualty of the war in New Jersey. Before the British could claim the vessel, the Nancy was set ablaze and exploded, denying the enemy its prize. The Battle of Turtle Gut Inlet remains the only Revolutionary War battle fought on Cape May soil and an important early victory for American naval forces.



Chestnut Neck and Little Egg Harbor

Farther up the coast, Chestnut Neck became another key Revolutionary site. Located along the Mullica River near present-day Port Republic, Chestnut Neck was a haven for privateers and a place where captured British goods could be brought ashore. From there, supplies could move inland by boat and wagon, helping support American forces, including Washington's army.

That activity made Chestnut Neck a target. On October 6, 1778, British forces under Captain Patrick Ferguson raided the settlement in an effort to shut down the privateering base. Local militia and residents, outnumbered and warned of the attack, evacuated much of the town. The British stripped and burned buildings, destroyed supplies and tried to break the network that had been frustrating British shipping.

The danger did not end there. Days later, British and Loyalist forces launched a surprise night attack against troops from General Casimir Pulaski's Legion near Little Egg Harbor. The assault became known as the Little Egg Harbor Massacre. Many Patriot soldiers were killed as they slept, a brutal reminder that the Revolution in South Jersey was not just a matter of ships and supplies, but of lives lost close to home.

Supplies, Saltworks and the Pine Barrens

The waterways were only part of the story. The Pine Barrens offered cover for supplies and movement. Local farms helped feed families and troops. Saltworks along the coast produced a crucial resource used to preserve meat and support the army. Batsto Iron Works, located deep in the Pinelands, manufactured items such as munitions, cannonballs and camp equipment for the American cause. British forces wanted to destroy Batsto, but shallow waters, difficult terrain and Patriot defense made that goal nearly impossible.

These stories show how important the Shore was during the Revolution. The fight for independence was not only taking place in famous locations like Trenton, Princeton or Valley Forge. It was also unfolding along tidal rivers, hidden inlets, salt marshes, pine forests and small coastal villages where ordinary people helped keep the Patriot cause alive.

More Than Fireworks

The Fourth of July has always been about celebration, but the 250th anniversary invites families to look a little deeper. Fireworks, parades, cookouts, concerts and red-white-and-blue traditions are still part of the fun. They are also reminders of something larger: a country built over generations by people whose stories were courageous, complicated, imperfect and still unfolding.

For children, America's 250th is a chance to connect history to real places. A parade down a familiar street, a flag ceremony at a local park, a museum visit, a lighthouse climb, a historic marker or a conversation with an older relative can make the past feel less distant. History is not only something in a textbook. It is in the towns we live in, the roads we travel, the water we cross and the traditions families keep alive.

Celebrating Close to Home

Across the Shore, communities are marking America's 250th in their own ways. Some towns are planning parades, fireworks, concerts, bike parades and family festivals. Others are offering museum programs, history talks, patriotic ceremonies, exhibits, children's activities, veteran and first responder recognition, food trucks, music and community gatherings.

Rather than one single celebration, the 250th is becoming a full summer of local pride. From barrier islands to mainland towns, residents and visitors will have plenty of ways to take part. Check with your municipality, local chamber, historical society, library, museum or event calendar to see what is happening near you.

The important thing is to participate in a way that feels meaningful. Bring the kids to a local event. Visit a historical site. Read the Declaration of Independence. Ask a grandparent about the Fourth of July traditions they remember. Thank someone who serves the community. Fly the flag. Support a local celebration. Spend the day with neighbors.

Two hundred and fifty years after the Declaration of Independence, America's story is still being written. This summer, from the Mullica River to Cape May Point and every Shore town in between, the celebration is about more than one day of fireworks. It is about remembering where we started, honoring the generations who carried the country forward and enjoying the freedoms that make a summer at the Shore feel so meaningful.

America is turning 250, and here in South Jersey, there are countless ways to celebrate - with history, with family, with community and, of course, with a little sand between your toes.



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Three 8-ounce packages white mushrooms (about 32 mushrooms), wiped clean, stems removed and reserved
1 cup loosely packed fresh flat-leaf parsley leaves, chopped
6 ounces spicy or sweet Italian sausage, casings removed
2/3 cup panko breadcrumbs
1/2 cup freshly grated Parmesan, plus 4 ounces for shaving
1 clove garlic, grated
3 tablespoons olive oil, plus more for brushing and oiling the grill grates
3 tablespoons olive oil, plus more for brushing and oiling the grill grates
Kosher salt and freshly ground black pepper
1 lemon, cut into wedges

Stuffed-Mushroom Skewers

Prepare a grill for medium-high heat. Process the mushroom stems and half the parsley in a food processor until nearly pureed, about 20 seconds; transfer to a medium bowl. Add the sausage, breadcrumbs, grated Parmesan, garlic, oil, 1/2 teaspoon salt and a few grinds of pepper to the bowl, and mix until combined. Stuff each mushroom cap with 1 to 2 teaspoons of the filling, depending on the cap's size. Give a gentle push to make sure the filling adheres to the cup of the mushroom and mounds a bit over the top. Thread a skewer through the centers of 8 of the stuffed caps; the caps should be touching and relatively snug on the skewer. Repeat with the remaining skewers and mushrooms. Brush the skewered caps with oil, and sprinkle with salt and pepper. Lightly oil the grill grates. Grill the skewered caps until the meat is browned around the edges and the mushrooms are charred and beginning to soften, 7 to 9 minutes per side. Transfer the skewers to a serving platter, and garnish with the remaining parsley, Parmesan shavings and a squeeze of lemon. Serve with the lemon wedges.

Wishing you a safe and enjoyable summer!



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4 (5 oz) thick pieces of skinless white firm fish fillet, (such as grouper, flounder, bass or halibut)

1 tablespoons extra virgin olive oil

1 tablespoon salted butter

1 cup red bell pepper chopped

2 cloves garlic minced

9 ounces fresh baby spinach

2 ounces 1/3 less fat cream cheese

1/4 cup half & half cream

3 tablespoons grated Parmesan cheese

kosher salt

fresh black pepper



Fish Florentine

1. In a large skillet over medium heat add 1/2 tablespoon of olive oil and 1/2 tablespoon of butter, red bell pepper and garlic and cook for about 4 minutes.
2. Add spinach season with a pinch of salt and pepper mix until the spinach wilts down.
3. Add cream cheese, half & half and parmesan cheese mix well until cream cheese is melted and resembles creamed spinach.
4. Heat a separate skillet on medium high heat, add remaining oil and butter.
5. Season fish on both sides with salt and pepper and place on the hot pan.
6. Cook 6 minutes on first side and flip fish over and cook other side an additional 5 minutes, until cooked through and browned.
7. Divide the spinach mixture on the bottom of each plate and top with piece of fish.

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Jersey Shore Summer Safety: Be Smart in the Water

A day at the Jersey Shore often means swimming, boating, paddling, surfing or letting the kids splash along the water's edge. The ocean, bays and pools are a big part of summer fun, but water can become dangerous quickly when people underestimate currents, depth, weather or fatigue. A few simple precautions can help families enjoy the water more safely.

Swim Where Lifeguards Are Present

The safest place to swim is always near a lifeguard. Lifeguards know the local conditions, including currents, drop-offs and changing surf. Before entering the water, look for posted signs and flags, and follow instructions from beach patrol. If guards are warning swimmers to stay shallow, move away from a certain area or get out of the water, take it seriously.

Children should always be watched closely, even in shallow water. Waves can knock small children down, and crowded beaches can make it easy to lose sight of someone. Designate one adult as the "water watcher" when kids are swimming or playing near the surf.



Know the Risk of Rip Currents

Rip currents are one of the biggest dangers at the beach. They can pull swimmers away from shore quickly, even when the ocean looks manageable. A rip current is not an undertow, and it does not pull people under, but fighting against it can lead to exhaustion.

If you are caught in a rip current, do not panic. Try to stay calm, float if needed and avoid swimming directly against the current. Swim parallel to the shore until you are out of the pull, then angle back toward land. If you cannot get free, wave and call for help.

Boating, Paddling and Personal Watercraft

Life jackets matter. Anyone boating, kayaking, paddleboarding or riding a personal watercraft should wear a properly fitted U.S. Coast Guard-approved life jacket. Children should wear them at all times around boats and docks.

Before heading out, check the forecast, wind, tide and water conditions. Sudden storms, strong winds and changing tides can make bays and inlets difficult to navigate. Avoid alcohol when operating a boat or personal watercraft, and make sure someone on land knows where you are going and when you expect to return.

Watch the Weather and Your Limits

Water safety is not only about swimming ability. Even strong swimmers can get tired, chilled or caught off guard by waves and currents. Take breaks, drink water and avoid going too far from shore. Never swim alone, never dive into unknown water and avoid swimming during storms or when thunder is heard.

Summer at the Shore is meant to be enjoyed. By choosing guarded beaches, respecting the ocean, using life jackets and staying alert, families can make water safety part of every beach, bay and pool day.

★ NAUTICAL FLAG TALK ★ The Secret Language of the Sea

Before radios and marine apps, sailors used bold flags to send messages across water. Each signal flag stands for a letter, and many carry a one-flag meaning when flown alone. The bright colors are made to be read quickly from far away – even across a windy harbor.



COMMON SINGLE FLAG SIGNALS

	A – Alfa Diver Down Keep Clear		B – Bravo Dangerous Cargo
	D – Delta Keep Clear		F – Foxtrot Disabled
	L – Lima Stop Instantly		O – Oscar Man Overboard
	P – Papa About To Sail		W – Whiskey Require Medical Assistance
	V – Victor Require Assistance		Z – Zulu Require A Tug

LOOK FOR THEM AT MARINAS, RACES
AND WORKING WATERFRONTS –
★ those bright flags may be sending
out a message from the sea! ★

Summer Sunset Cocktail Recipe

Ice
2 ounces orange juice
1 ounce vodka
1/2 ounce grenadine
3 ounces cold lime-flavored seltzer water
Lime slice & maraschino cherry, for garnish

Fill a highball or Collins glass halfway with ice. Add 2 ounces orange juice and 1 ounce vodka, and stir to combine. Slowly pour 1/2 ounce grenadine into the center of the glass, letting it settle on the bottom. Do not stir. Top with 3 ounces cold lime-flavored seltzer water. Garnish with a lime slice and a maraschino cherry.



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Dog Days of Summer: Pup-Friendly Beaches to Enjoy with Man's Best Friend

Beach days are better with your best friend along for the ride, but during the summer, dog beach rules at the Jersey Shore can be tricky. Some towns welcome pups in designated areas, while others limit dogs to certain hours or save beach access for the off-season. Before heading out, bring a leash, fresh water, waste bags and check local rules for updates.

The Wildwoods - For dog owners, the Wildwoods offer some of the best summer access. Wildwood Dog Park & Beach is located between Glenwood and Maple Avenues and is easy to spot thanks to the giant red fire hydrant sculpture near the entrance. The designated dog beach is open from dawn to dusk, and dogs must be leashed while on the sand. The adjacent dog park is open daily, with separate areas for large and small dogs, plus fresh water and cleanup bags.

North Wildwood also offers limited summer beach access outside peak guarded beach hours. Dogs are permitted on the beach from 6 to 9 a.m. and again from 5:30 to 10 p.m., as long as they are leashed and under control. North Wildwood also has a fenced dog park at 24th Avenue and the beach, open from 8 a.m. until dusk, with a permit required.



Longport Dog Beach / Malibu Beach - Longport Dog Beach, also known as Malibu Beach Wildlife Management Area, is one of the most popular places for dogs to enjoy the sand and shallow water. Located near the Ocean City-Longport Bridge, it has a more natural, open feel than a traditional guarded beach.

Because it is a wildlife management area, visitors should be extra respectful of posted nesting areas and natural habitats. Dogs should be kept on a leash, and owners should bring their own water, waste bags and supplies. Parking can be limited and informal, so mornings or less crowded times are usually easier.

Ventnor Evening Beach Walks - Ventnor is not an all-day dog beach, but it does offer a helpful summer option. From May 15 through September 30, leashed dogs are allowed on the beach from 7 to 9 p.m. only, and only in areas washed by the high tide line. It is a nice choice for a calm evening walk after the heat of the day has passed. Keep dogs leashed, stay out of busy beach areas and clean up before leaving.

Lower Township Bay Beaches - Lower Township also offers a limited summer option along its bay beaches. Dogs are restricted during the busiest daytime hours from Memorial Day through Labor Day weekend, but outside those hours, leashed dogs may be allowed. This can be a good choice for early morning or evening bay walks, especially for dogs who prefer calmer water and less surf. Owners should check current township rules before going.

Save These for the Off-Season - Some popular dog-friendly Shore spots are not summer options. Brigantine, Cape May City beaches, Higbee Beach, Ocean City and Sea Isle City all have seasonal rules that generally limit dogs to the off-season. They are worth remembering for fall and spring, but not for a summer beach day.

Wherever you go, good dog beach manners matter. Avoid hot sand, bring plenty of water, follow leash rules, respect wildlife areas and always clean up after your pet. With a little planning, man's best friend can enjoy the dog days of summer right along with the rest of the family.

Blueberry Frozen Dog Treats

¾ cup blueberries
¾ cup greek yogurt
½ banana ripe

Yogurt- Use unsweetened plain Greek yogurt. If you are concerned about your dog's weight a lower fat version is fine. But use plain yogurt as flavored yogurt has artificial sweeteners that can be bad for your pup.

Blueberries- Fresh, freeze-dried, or frozen blueberries all work in this recipe. Dried blueberries typically have added sugar and should be avoided. Fresh strawberries and cranberries work in this recipe too.

Banana- Half a mashed ripe banana is all you need. This will add natural sweetness and texture to the dog treat.



Instructions:

Add all ingredients into a blender or food processor. Blend until fully incorporated, about 90 seconds.

Pour into your silicone mold or ice cube tray.

Freeze until solid, 1-2 hours.

Remove from molds and give as treats.
Happy dog!

Puppy Raisers Needed!

The Seeing Eye is looking for puppy raisers! These volunteers welcome a Seeing Eye puppy into their homes for a year or so, teaching them basic obedience and good house manners.

For more information, go to SeeingEye.org/raise or call The Seeing Eye's Puppy Raising Department at 973-539-4425 x1769.

Photo of Jerry, a male black Labrador retriever, by Seeing Eye puppy raiser (and staff member) Meghan Vander Plaats. The photo appears in the 2026 Seeing Eye Puppy Calendar - available for purchase from SeeingEye.org/store/



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| <input type="checkbox"/> SAND CASTLE | <input type="checkbox"/> FUDGY WUDGY GUY |
| <input type="checkbox"/> YOUR COLLECTION OF SEASHELLS | <input type="checkbox"/> TOES IN THE SAND |
| <input type="checkbox"/> FLIP FLOPS | <input type="checkbox"/> YOUR FAVORITE SUNNIES AND HAT |
| <input type="checkbox"/> LIFEGUARD STAND | <input type="checkbox"/> SEAGULL |
| <input type="checkbox"/> SURFER RIDING A WAVE | <input type="checkbox"/> DOLPHIN |
| <input type="checkbox"/> BEACH VOLLEYBALL GAME | <input type="checkbox"/> SAILBOAT |
| <input type="checkbox"/> TURTLE | <input type="checkbox"/> SUNSET OVER THE WATER |
| <input type="checkbox"/> KITE IN THE SKY | <input type="checkbox"/> RED, WHITE & BLUE BEACH GEAR |

..... *Take only pictures, leave only footprints, and have fun
making Jersey Shore memories.*

RED, WHITE & SHORE Summer Bucket List

Before the beach chairs get packed away, check off a few classic summer memories:

- Watch the sunrise over the ocean
- Take a barefoot walk at the water's edge
- Visit a farmers market
- Eat boardwalk pizza or fries
- Try a new ice cream spot
- Ride bikes before the crowds arrive
- Play mini golf
- Watch fireworks from the sand
- Fly a kite on the beach
- Visit a lighthouse or historic site
- Take a family beach photo
- Pack a picnic for the beach
- Support a local shop or restaurant
- Go to a free concert or outdoor movie
- Learn a little local history for America's 250th
- Stay out just a little later than planned

The best summer memories are usually the simple ones - sandy feet, salty hair, good food, favorite places and time spent together at the Shore.

Peach Bruschetta

- 1 French baguette, sliced 1/4 inch thick
- 1/4 cup olive oil
- 1 pound large peaches, cut into small dice
- 2 tbs chopped fresh basil
- 1/4 tsp kosher salt
- 1/4 cup honey
- 1 tsp apple cider vinegar
- 1 tsp hot sauce, plus more as desired
- 4 ounces goat cheese

Preheat the oven to 350 degrees F. Lay the baguette pieces in a single layer on a parchment-lined baking sheet, brush both sides with 3 tablespoons of the olive oil and bake until golden brown, 15 to 18 minutes. In a medium bowl, toss together the peaches, basil, salt and remaining 1 tablespoon olive oil. Whisk together the honey, vinegar and hot sauce in a small bowl, adding more hot sauce to taste. To build the bruschetta, start with a piece of baguette, spread with the goat cheese, spoon on some peaches and top with the hot honey.



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Beaches in Atlantic County

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BRIGANTINE - Brigantine Beach offers lifeguards on duty, surfing beaches, showers, changing rooms and food permitted. Seasonal tags are \$20 through May 31 and \$25 during regular season. Daily tags are \$10 and weekly tags are \$15. Seniors 65 and older receive a free tag with identification, and there is also a pre-season senior rate of \$10 for ages 60 to 64. Active military members receive free tags, with up to four free per family, and veterans receive a free tag for themselves. Visit brigantinebeach.org

EGG HARBOR CITY - Lake Park, 2300 Philadelphia Ave. Lifeguards and restrooms are available. Pre-season seasonal badges are \$15 for ages 5 and up through May 22. Senior citizens age 65 and older and active-duty military badges are \$5 with identification, and that rate remains in effect all season. Pre-season badges are sold at the Tax Office at City Hall, 500 London Ave., Monday through Friday from 9 a.m. to 4 p.m. Cash only. The lake opens Saturday, May 23. Visit eggharborcity.org

HAMILTON TOWNSHIP - Cove Beach at Lake Lenape. Lifeguards on duty, open Thursday through Monday from 11 a.m. to 6 p.m. from June 20 through Sept. 7. Daily wristbands are \$10 on weekdays and \$15 on weekends and holidays. Season tags are \$30 if purchased on or after May 1, and a Family Four Pack is \$100. Children 11 and younger are free. For information and reservations, call (609) 625-2700 ext. 592 or visit hamiltonatnj.gov.



MARGATE - Lifeguards on duty from 10 a.m. to 6 p.m., with restrooms, surfing beaches and food permitted. Beach tags are accepted in Ventnor. Preseason regular badges are \$10, senior badges are \$3.50, and holiday tags are \$12, with regular badges \$20 starting June 1. Free seasonal tags are available to veterans and active military members with proper identification, and active military members may also receive one free spouse tag. Badges are sold at the Martin Bloom Pavilion at Granville Avenue and the beach, and MyBeach Mobile is also available for digital or physical tag purchases. Visit margate-nj.com

LONGPORT - Lifeguards on duty from 10 a.m. to 6 p.m., with surfing beaches, showers and food permitted. Beach badges are required for ages 12 and older. Preseason seasonal tags are \$25 through June 1 and \$40 after June 1. Preseason senior tags are \$15 and \$20 after June 1. Beach badges are available at Longport Borough Hall, 2305 Atlantic Ave. For more information, call (609) 823-2731 ext. 100 or visit longportnj.gov

SOMERS POINT - William Morrow Beach, at Higbee and Bay avenues, offers a free beach experience overlooking the bay and across to Ocean City. Lifeguards are on duty. William Morrow Beach also hosts a free summer concert series. Bring your chairs and coolers, and check the current schedule at somerspointbeachconcerts.com. For more information, call (609) 927-9088 or visit somerspointgov.org.



VENTNOR - Lifeguards on duty from 10 a.m. to 6 p.m., with surfing beaches, a fishing pier and food permitted. Beach tags are required for ages 12 and older. Seasonal tags are \$10 before June 1, senior tags are \$3.50 before June 1, and regular seasonal tags are \$20 after May 31. Tags are also accepted in Margate and may be purchased at Ventnor City Hall, from a beach tag checker, or online. Ventnor City Beach Patrol Headquarters is located at the Suffolk Avenue beach. Restrooms are located at the Ventnor Library and Cultural Arts Center on the beach side of Newport Avenue, Ventnor City Hall, the Ventnor Municipal Fishing Pier, the Ventnor Tennis Courts at Atlantic and Somerset avenues, and Cambridge Avenue and the Boardwalk. Accessible beaches are at Suffolk and Newport avenues, and the beach patrol also has accessible beach chairs available. Dogs are not allowed on the beach from May 15 through Sept. 30. From Oct. 1 to May 15, leashed dogs may be walked in areas washed by the high tide line. Visit ventnortcity.org



MALIBU BEACH WILDLIFE MANAGEMENT AREA - Malibu Beach is a free dog-friendly beach located on the Egg Harbor Township end of the Ocean City-Longport Bridge. Open daily from 5am-9pm. Dogs are welcomed year-round. Dogs must be kept on leash. Respect all posted areas in beach nesting season, April through October. Parking is available right next to the beach. Only requirement is to clean up after your pup. No permits required, you can enjoy your favorite beach activities while your dog socializes with other dogs.



South Jersey Players and its cultural partner, Players and Playwrights by the Jersey Shore, are collaborating for a weekend of play-readings and a play with a buffet dinner. Stockton University's Stockton Center on Successful Aging (SCOSA) is hosting the occasion. The production will take place in the Fannie Lou Hamer Event Room at Stockton University's Atlantic City campus – John F. Scarpa Academic Center at: 3711 Atlantic Avenue, Atlantic City, NJ. There is ample parking on campus for \$5.00.

Tickets are \$40.00 and will include a buffet style artisan sandwich board including Classic Turkey & Cheddar, Black Forest Ham and Swiss and a Broccolini & Hummus Wrap along with a Mediterranean Chickpea Salad, fruit and a Chocolate Brownie Dessert. There will be a beer and wine cash bar on Friday evening and a coffee bar at the Saturday Matinee.

Following the buffet dinner, Players and Playwrights will present five lighthearted play readings, written and acted by their members. South Jersey Players will present one fully staged comedy, written by P&P playwright, Jim O'Hara and acted by SJP company members. There will be a brief post-show talk back.

Dates: Friday, July 24th-5:30 pm & Saturday, July 25th-12:30 pm. (There will be assigned seating.) Reservations: 347 920 6399.

Gina Maguire & Fionna Janson of the Stockton Center On Successful Aging (SCOSA) are the event coordinators with Chartwells Catering. Dayle Friedman is the President of Players and Playwrights by the Jersey Shore. Marlene May is the President of South Jersey Players, Inc. Scott Friedman, a local realtor, and professional stand-up comedian will be the Master of Ceremonies.

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VENTNOR CITY CULTURAL ARTS CENTER

presented by

SOUTH JERSEY PLAYER'S THEATER-ARTS CAMP '26

Theater Games/Scenes/Monologues/Stage Combat/Stand-up Comedy/And More!



Saturdays: 8/1, 8/8, 8/15 & 8/22

9:00 AM—12:00 PM

\$40.00 per session (6-11 year-olds)

Registration: (347) 920-6399

Location: Inside Ventnor Library Complex

Ventnor City Cultural Arts Center

6500 Atlantic Avenue—at New Haven

Ventnor, NJ



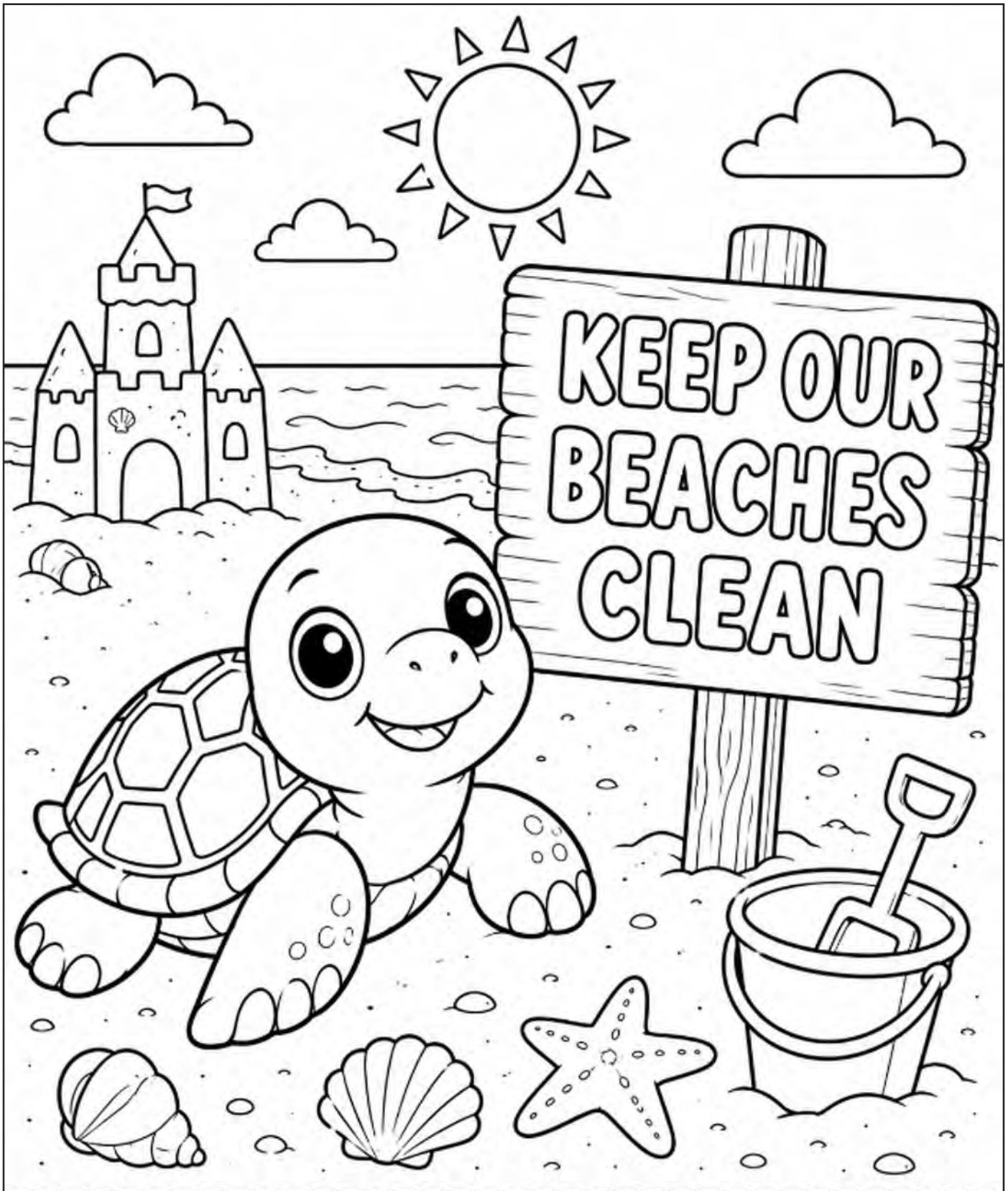
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THE VENTNOR CITY CULTURAL ARTS CENTER PRESENTS SOUTH JERSEY PLAYER'S THEATER ARTS CAMP '26

The Ventnor City Cultural Arts Center will host South Jersey Players' fourth Theater Arts Camp for 6–11-year-olds on Saturdays in August from 9 am–12 pm at the VCCAC space held in the Ventnor Library Complex. Campers may attend any or all the sessions: August 1st, August 8th and August 15th and August 22nd. The fee is \$40.00 per session. Producing Artistic Director, Marlene May, will function as the curriculum developer with Yamirah Williams as the lead teacher. Kim Halverson and Criselle Martinez will assist. Michelle Tomko returns for a stand-up comedy workshop, and Jack Parrish returns for a stage combat workshop. Sue Van Duyne, VCCAC director, is the supervisor of the camp, with Kelly Kunik assisting.

The Theater Arts Camp will focus on creative drama skills. The Saturday sessions may include warmups, movement, theater games, scene & monologue work, improvisation, and short skits. Parents/Guardians are invited to a sharing of the session's activities from 11:45 – 12 noon each Saturday. Registration is now open: Call Marlene May at: 347 920 6399.



Jersey Cape & Atlantic County Magazines' 2026 Summer Coloring Contest

How does the contest work? All entries must be received by Wed, July 29, 2026. One entry per child.

To enter, take a picture of your child holding up their completed coloring page and email it to atlanticcountymagazine@comcast.net with the subject "Coloring Contest." Be sure to include child's name, age and their favorite things about summer at the Jersey Shore. ***Are there prizes?*** Yes! The winner will be featured in Atlantic County and Jersey Cape Magazines as "Child of the Week" with their art!



ATLANTIC COUNTY FARMERS MARKETS

Atlantic City – C.R.O.P.S. Farmers Market
Fridays 4-6 PM • June 20 – September 19 (except July 4)
Fisherman's Park Community Garden, Melrose & Massachusetts Aves
cropsnj.org | Facebook: C.R.O.P.S. NJ

Brigantine Farmers Market
Saturdays 8 AM – Noon (rain or shine) • May 23 – September 5
Brigantine School parking lot (Sheridan Blvd side), 301 E. Evans Blvd
brigantinebeach.org | Facebook: Brigantine Farmers Market

Egg Harbor Township Community Farmers Market
Sundays 9 AM – 1 PM • June 7 – October 11
Atlantic County Library grounds, 1 Swift Dr
Facebook: Community Farmers Market in EHT

Galloway Green Market (Go Green Galloway)
Thursdays, 4 - 7 PM • June 25 – August 27
Historic Smithville Village Green, 615 E. Moss Mill Rd
gogreengalloway.org

Linwood – C.R.O.P.S. Farmers Market
Saturdays, 9 AM – Noon • Spring thru October
Linwood Central Square, 199 New Rd
cropsnj.org | Facebook: C.R.O.P.S. NJ

Margate Community Farmers Market
Thursdays 8:30 – 11:30 AM • June 18 – September 3
Steve & Cookie's parking lot, Corner of Monroe & Amherst Aves
Facebook: Margate Community Farmers Market

Somers Point Farmers Market
Saturdays 8 AM – Noon • May 16 – September 12
Somers Mansion, 1000 Shore Rd
Facebook/Instagram: Somers Point Farmers Market

Ventnor City Farmers Market
Fridays, 8:30 AM – Noon • May 22 – September 4
St. James Church parking lot, Corner of Atlantic & Newport Aves
vcfm.org | Facebook: Ventnorcityfarmersmarket

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Melon Sorbet Float

assorted melon balls
 (watermelon, honeydew, cantaloupe, etc)
 2 scoops lemon, raspberry, or other fruity sorbet
 fresh mint leaves
 seltzer water

Freeze the melon balls for at least three hours until frozen. To make the drink, put the sorbet into the bottom of a glass, then top with the frozen melon balls. Drop in as much fresh mint as you'd like (anywhere from a couple leaves to a handful), then top with seltzer water. Let the sorbet melt to sweeten and flavor the drink. Enjoy!



The Four Main Competitive Swim Strokes

1. Freestyle (Front Crawl) - Known as the fastest and most efficient swim stroke.

Body Position: Face down, maintaining a streamlined horizontal posture in the water.

Arm Action: Alternating arm movements where one arm reaches forward and pulls water backward underneath the body, while the other recovers above the water.

Leg Action: Flutter kick, where legs move up and down in rapid succession from the hips.

Breathing: Rhythmic, unilateral or bilateral side-breathing, where you turn your head to the side to inhale while one arm is recovering.

2. Backstroke - The only stroke swum entirely on the back, offering easy breathing and back support.

Body Position: On your back, looking up at the ceiling or sky, with ears submerged.

Arm Action: Alternating arm pulls. One arm reaches backward out of the water, enters behind the head, and pulls water down toward the hip.

Leg Action: Flutter kick originating from the hips.

Breathing: Because your face is continuously out of the water, you can breathe at any time.

3. Breaststroke - A highly technical stroke focused on timing and rhythm rather than raw speed.

Body Position: Face down with a cyclical "pull, kick, glide" sequence.

Arm Action: Both arms sweep out to the sides simultaneously and pull backward, then shoot forward into a glide.

Leg Action: Whip kick (or frog kick). Legs bend at the knees, and feet kick outward and backward in a sweeping motion.

Breathing: Swimmers lift their head to breathe during the arm pull phase before dropping it back down during the forward glide.

4. Butterfly - The most physically demanding stroke, requiring high levels of strength and wavelike body undulation.

Body Position: Face down, using a rhythmic, dolphin-like up-and-down body motion.

Arm Action: Both arms pull backward simultaneously under the body and recover above the water at the same time.

Leg Action: Dolphin kick. Both legs move up and down together in a whip-like motion.

Breathing: Swimmers take a breath at the peak of the arm pull when the forward momentum naturally lifts the chest and head out of the water.



Other Basic / Survival Strokes

Elementary Backstroke: Swum on your back using a simultaneous whip kick and an arm motion where hands sweep down to the hips and reach back up, used often for resting or saving energy.

Sidestroke: Swum entirely on your side using a scissor kick, highly efficient for distance and life-saving purposes

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Beauty Beach Hacks: From Beach to Boardwalk

A Shore day can do wonders for your mood, but sun, saltwater, humidity and sand are not exactly gentle on your hair, skin or makeup. Whether you are heading from the beach to the boardwalk, dinner or a no-shower happy hour, a few smart tricks can help you feel fresh without starting completely over.

Start with the Real Essential

Sunscreen is the most important beauty product in your beach bag. Apply a broad-spectrum SPF before you leave the house, then reapply throughout the day, especially after swimming or sweating. A tinted SPF can even out your skin without feeling like heavy makeup, and lip balm with SPF helps protect one of the easiest places to burn.

For a quick refresh, blot first, then reapply. Facial mist, blotting papers or a soft towel can help take down shine before adding more sunscreen. Piling product over sweat and sand usually makes everything feel worse, not better.



Beach Hair, but Better

Salt air can give hair great texture, but it can also leave it tangled, dry or frizzy. Before the beach, add a leave-in conditioner or detangling spray, then braid your hair, twist it into a bun or clip it up to prevent knots. A wide-tooth comb is easier on wet hair than a brush and helps after a swim.

If your scalp burns easily, pack a hat, scarf or SPF made for the hairline and part. After the beach, dry shampoo can revive roots, while a little leave-in cream or hair oil can smooth ends and bring waves back to life.

The No-Shower Happy Hour Kit

A small cleanup kit can save the day. Pack wipes, deodorant, a travel brush or comb, a claw clip, a clean tank or cover-up, and a bag for your wet bathing suit. Baby powder or cornstarch is also an old-school favorite for removing sand from feet and legs before getting in the car.

Keep makeup simple. Waterproof mascara, brow gel, tinted lip balm and a cream blush or bronzer are usually enough. Heavy foundation and powder tend to melt, crease or look cakey in the heat.

Easy Finishing Touches

The fastest way to look pulled together after the beach is to plan ahead. Oversized sunglasses, simple earrings, a breezy cover-up and a quick hair reset can take you from beach towel to boardwalk without much effort.

Beach beauty is not about looking perfect. It is about feeling fresh, protected and comfortable enough to enjoy the whole day - from the first wave to the last sunset.

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