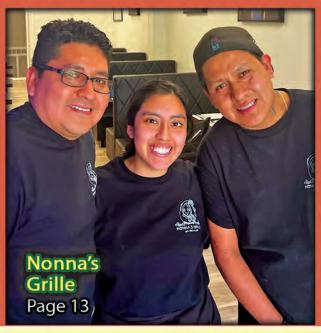
AUGUST 8, 2025 County Magazine

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~ FOOD ~

Caesar Salad \$7 Bruschetta \$7 Burrata Caprese \$10 Carciofi alla Romana \$10 Rapini & Sausage \$10

Gnocchi Sorrentino \$12 Clams Oreganata \$10

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August 7 - Absecon Lighthouse Festival

Celebrate the National Lighthouse Day Festival on Thursday, August 7, from 11:00 a.m. to 3:00 p.m. with a fun-filled day featuring a petting zoo, pony rides, games, face painting, and Mermaid Bubbles plus, kids 12 and under climb for free all day!

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Peanut Butter & Jelly (in plastic jars) Canned Tuna Fish, Salmon or Chicken Baby Food & Formula (no glass jars) Canned Meats & Meals (beef stew, ravioli, hash, etc) Canned Fruits, Vegetables & Spaghetti Sauce

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ATLANTIC COUNTY

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OUR 50TH YEAR!

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Deana M. Kozlowski	Art Director
Jacquelyn Tocci	Production & Design Manager
Bryan Baehrle	Graphic Designer
Mike, Noah & Lynn	Distribution
Todd Cohen	South Jersey Matters

Atlantic County Magazine is distributed to over 500 distribution points including Wawas, hotels, motels, restaurants, night clubs, condominiums, apartment buildings, convenience stores and supermarkets located in Atlantic City, Brigantine, Ventnor, Margate, Longport, Somers Point, Linwood, Bargaintown, Northfield, Cardiff, Egg Harbor Twp, Hamilton Twp, Pleasantville, Absecon, Pomona, Smithville & most AC casinos.

Yearly Subscriptions: \$75 • All correspondence should be addressed to: Ridgewood Plaza • 2327 New Rd, #203, Northfield, NJ 08225 609-568-5437 • atlanticcountymagazine@comcast.net AtlanticCountyMagazine.com

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2025

ENTERTAINMENT A.C.



BOARDWALK HALL

8/20 - ORGAN TRIO CONCERT 8/23 - THE WHO: THE SONG IS OVER -NORTH AMERICAN FAREWELL TOUR

GOLDEN NUGGET:

8/30 - WILL DEMPSEY 9/6 - THE MACHINE PERFORMS PINK FLOYD

TROPICANA:

8/16 - IN THIS MOMENT 8/22 - ALI SIDDIQ 8/23 - TREY KENNEDY

8/28 - THE DOO WOP PROJECT

HARD ROCK:

8/8 - DAVID LEE ROTH 8/9 - THE AVETT BROTHERS 8/15 - TRAIN

8/16 - NATHANIEL RATELIFF & THE NIGHT SWEATS

8/17 - DJ CASSIDY'S PASS THE MIC

8/23 - STELLA AND ERIC

9/6 - OLD DOMINION: HOW GOOD IS THAT - WORLD TOUR

HARRAH'S:

8/9 - STRAIGHT NO CHASER

OCEAN RESORT:

8/8 - REBELUTION 8/15 - DROPKICK MURPHYS AND BAD RELIGION 8/16 - MATT MCCUSKED LIVE

8/16 - MATT MCCUSKER LIVE 8/22 - WALKER HAYES

BORGATA:

8/9 - THE BLACK KEYS 8/22 - AZIZ ANSARI: HYPOTHETICAL TOUR

CAESARS: ONGOING - THE HOOK

ATLANTIC COUNTY

ROOTED IN TRADITION: THE ATLANTIC COUNTY 4-H FAIR RETURNS AUGUST 8-9



At the height of summer, long after the last firework fades and before school supplies start to creep onto store shelves, there's a sweet spot in Atlantic County that smells like hay, funnel cake, and freshly cut watermelon. That's the weekend the Atlantic County 4-H Fair returns to the David C. Wood 4-H Center and Fairgrounds in Mays Landing, and this year's celebration—set for Friday and Saturday, August 8 and 9—marks its 76th year with the theme "4-H'ers Are Kind to Others."

Rooted in agriculture but evolving with the times, 4-H is the nation's largest youth development organization, offering hands-on learning in everything from animal care and environmental science to engineering and the arts. In Atlantic County, the fair is where it all comes together—and where the public gets a front-row seat to the kind of personal growth and community pride that's harder to measure but impossible to miss.

The fair opens to the public at noon on Friday, though activity starts well before. By the time visitors arrive, barns are buzzing with 4-H members prepping goats and rabbits, tents are filled with baked goods and sewing displays, and the Homemakers building is stacked with jars of home-canned pickles, garden-grown vegetables, and pies awaiting judgment. At 1:00 p.m., the fair officially kicks off with opening ceremonies under the big tent.

Just an hour later, the blacktop begins to shine as the annual Car Show pulls into gear. Dozens of antique, muscle, and modern vehicles line up for public viewing and friendly competition. Whether you're a gearhead or just in it for the polished chrome, the show offers a chance to chat with local owners and vote for fan favorites.

As the afternoon rolls on, live entertainment begins at 4:00 p.m. at the main stage, starting with country-folk singer Alexis Mathis, followed by the blues-rock stylings of Devin Lyn & the Whiskey Tango Foxtrot Band. The shaded gazebo hosts additional performances and contests throughout the day.

At 6:00 p.m., the engines roar again—this time for the Tractor Parade, a rolling display of antique and modern farm equipment, complete with waving drivers, decorated trailers, and proud grandkids hitching a ride. It's a true crowd-pleaser that captures the county's deep agricultural roots. Just 30 minutes later, it's time to shift gears for the Baby Parade, a fair favorite where toddlers and infants in themed costumes toddle, roll, or are carried down the main walkway to the delight of onlookers and judges alike.

By evening, families head for the food court and ride area, where 4-H clubs serve grilled favorites, sausage sandwiches, and cold lemonade. Rides are available from 2:00 to 6:00 p.m., with wristbands sold on site. As the sun dips behind the pine trees, the barns welcome visitors for quieter strolls past softly bleating goats, crowing roosters, and hardworking 4-H'ers still tending to their animals. The fair stays open until 10:00 p.m. each night.

Saturday opens at noon, and by early afternoon, the fair hits its full stride. The Watermelon Eating Contest kicks off at 2:30 p.m. at the gazebo, where contestants of all ages race to devour oversized wedges without using their hands. It's followed by the Pie Eating Contest at 4:30 p.m., a no-holds-barred spectacle that draws loud cheers and even louder laughter. Both events are open to the public with free on-site registration.

As appetites return from the day's excitement, the unmistakable smell of grilled chicken fills the fairgrounds. That's your cue for the famous 4-H Chicken BBQ Dinner, served Saturday evening under the food tent. The meal includes a half chicken grilled to perfection, fresh Jersey corn, homemade potato salad, a roll, and dessert—often a slice of ice-cold watermelon or baked good. It's a tradition that brings longtime fairgoers back year after year, and quantities are limited, so early arrival is a must.

Horse shows, pet parades, science demos, and livestock judging continue throughout the day. At 8:15 p.m., the main stage hosts the Ambassador, Livestock, and Equine Awards Ceremony, recognizing youth who've demonstrated leadership, sportsmanship, and excellence across the board. Then at 9:15 p.m., the 4-H Talent Variety Show closes out the fair—a joyful sendoff of song, dance, and creativity from the members themselves.



Throughout both days, visitors can explore robotics demos, STEM displays, model trains, homemade crafts, and the open-air petting zoo. Local emergency responders will be on hand with trucks and equipment for kids to explore, and food vendors will continue serving from open to close. Wristbands for rides are also available on Saturday from 12:00 to 4:00 p.m.

Admission is free, and parking is \$5, with all proceeds going back into Atlantic County 4-H programming. No 4-H membership is needed to enter events like the baby parade, pie and watermelon contests, or the car show—just visit ac4hfair.org/fair-information for forms, schedules, and guidelines. Livestock entries and exhibit submissions must be received ahead of time, with details available through the Atlantic County 4-H Office at (609) 625-0056.

If you're looking for a weekend with heart, humor, and the kind of genuine connection that doesn't come with a price tag, this is it. The Atlantic County 4-H Fair is a time capsule of what community used to be—and still can be—if you know where to look. And for two days in Mays Landing, it's all right here.

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Food - Vendors - Rides - Entertainment
Friday: Car Show - Tractor Parade
Saturday: Baby Parade - Pet Parade Chicken BBQ
See website for full schedule!

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CHALLENGE

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The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

Across

- Called the shots
- 4. Plus
- __ Tuesday (Mardi Gras)
- 11. Before, of yore
- 12. Stretch
- 13. Actress Tyler
- 14. Woodstock's soundtrack and "All Things Must Pass," e.g.
- 17. Salon stuff
- 18. In shape
- 19. Tom's Polly
- 21. Hatcher of "Lois & Clark" 29. Limited
- 24. Big t-shirt size
- 25. Exists
- 26. Popular
- 27. Upon
- 28. Lip
- 30. Scapegoat
- 32. Minor player
- 34. Turning point?
- 35. Roof-of-the-mouth sticker
- 41. Young fellow
- 42. Advance
- 43. Be in the red
- 44. Tiny toiler
- 45. Liven (up)
- 46. Flair, e.g.

Down

- 1. Court do-over
- 2. Miss the mark

- 3. Vouchsafe
- 4. Stopping point
- 5. It makes one hot
- 6. Social
- 7. Better
- 8. "Peter and the Wolf" bird
- 9. Look through a scope
- 10. Sets
- 15. NFL coach Doug
- 16. A little at a time
- 19. ___ of Evil
- 20. Arm part
- 22. Hilariously funny thing
- It Romantic?"
- 31. At the highest point
- 33. Swallow
- 34. Macho man
- 35. MADD spot, e.g.
- 36. Long period
- 37. Water tester 38. Tavern
- 39. Yeanling producer
- 40. TV Chihuahua

Little Bighorn cuonnios

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HOROSCOPE

ARIES (Mar. 21- April 20)

This week stirs your ambition, but try not to confuse momentum with pressure. A career or leadership opportunity may emerge—don't hesitate, but don't bulldoze. Your energy speaks volumes, even when your words are few. Let others catch up to your pace before charging ahead. TAURUS (Apr. 21- May 21)

You're craving a change of scenery—physically or mentally. Whether it's a weekend trip or a shift in mindset, you're due for something expansive. Inspiration comes when you explore unfamiliar territory. Don't over-plan the experience; just say yes and go.

GEMINI (May 22-June 21)

You're diving into the deep end emotionally this week, and it's more empowering than scary. Conversations around intimacy, boundaries, or finances may surface. Don't avoid them—this is your chance to be clear and courageous. Vulnerability is your sharpest tool right now.

CANCER (June 22-July 22)

Relationships are in the spotlight, and you may feel pulled to clarify where you stand. Some connections deepen, others fade—but all serve a purpose. Be honest with yourself about who brings out your best. The more direct you are, the more peaceful things become. **LEO** (July 23-Aug 22)

Your season continues to shine, but now's the time to balance the spotlight with self-care. This week highlights your routines, body, and burnout thresholds. You don't have to be "on" all the time to be loved or respected. Rest is not weakness—it's a power move. VIRGO (Aug. 23 -Sept. 23)

You're feeling more playful, romantic, or expressive than usual—go with it. Creative flow returns, especially when you stop worrying about doing it "right." This week is about joy, not performance. Say yes to what lights you up. LIBRA (Sept. 24-Oct. 23)

You're in nesting mode, craving grounding and emotional warmth. Focus on home, family, or whatever brings a sense of stability. A domestic project or reconnection could bring unexpected satisfaction. Let comfort be your compass this week.

SCORPIO (Oct. 24 - Nov. 22)

Your mind is sharp, and your words hit with precision—use that power wisely. This is a great time for negotiation, writing, or finally saying what needs to be said. A sibling, neighbor, or close friend may surprise you with a truth of their own. Stay curious, not reactive. **SAGITTARIUS** (Nov. 23 -Dec. 21)

Money, value, and self-worth are all tied up this week—what are you really working for? A shift in finances may push you to realign your goals. Don't be afraid to ask for more—especially if you've earned it. Your confidence is your currency.

CAPRICORN (Dec 22.- Jan. 20)

With the Moon passing through your sign, emotions rise to the surface in ways you can't ignore. This is a powerful time to reset your personal goals. Don't underestimate how much you've grown. You're ready to lead—just do

AQUARIÚS (Jan. 21 -Feb. 19)

You're unusually introspective this week, and solitude may feel more healing than socializing. Clarity comes through stillness, not stimulation. Let your dreams and instincts speak. By week's end, you'll be ready to re-emerge with sharper vision. PISCES (Feb. 20-Mar. 20)

(3)

You're reconnecting with your people—and finding unexpected joy in shared goals. Whether it's community, friends, or collaborators, your network is lighting up. A new alliance may form naturally. Trust the momentum building behind the scenes.

Phillies Weekly Recap & What's Next

Last week brought its share of drama: the Phillies split a three-game series in Chicago before returning home to begin a pivotal homestand at Citizens Bank Park, and the defining moment came Tuesday night as Jesús Luzardo delivered a much-needed bounce-back performance. In seven smooth innings, he allowed just two hits, walked one, and struck out four, anchoring a 6–3 win over division-rival White Sox and evening the series at one game apiece.

On the offensive side, the Phillies combined power with patience. Kyle Schwarber launched his 37th homer of the season, while Brandon Marsh added a two-run shot of his own. Philadelphia built early momentum with small-ball in the second inning, then extended it with a three-run third. Despite a late rally from Chicago, the Phillies held firm - thanks to Luzardo and timely hitting from Trea Turner and Marsh.

That snapshot contrasts sharply with the series opener, where Philadelphia was stung 9-3 by the White Sox. Rookie standouts Colson Montgomery and Luis Robert Jr. combined for clutch moments, including a go-ahead three-run homer off Cristopher Sánchez, who'd been solid in previous outings but faltered when it counted.

With those results in the books, the Phillies now sit at 61-46, trailing the Mets by just half a game in the National League East. They opened their homestand over the weekend with a series against the Tigers, followed by a midweek matchup with the Orioles.

This past weekend also marked Toyota Phillies Alumni Weekend, held August 1-3 at Citizens Bank Park. The team honored franchise legends Jimmy Rollins and former GM Ed Wade with induction into the Phillies Wall of Fame during Friday's pregame ceremony. More than 50 alumni returned for the celebration, including Ryan Howard, Chase Utley, Cole Hamels, and Larry Bowa, with appearances throughout the weekend. Highlights included a tribute to the late Dick Allen on Saturday and a 75th anniversary celebration of the 1950 NL Pennant on Sunday, complete with an on-field ceremony

and the debut of a new documentary about Rollins.

Looking Ahead: Keys to This Week

Philadelphia heads into early August with momentum. Manager Rob Thomson continues to rely on Ranger Suárez, Cristopher Sánchez, and Jesús Luzardo to anchor the rotation. With David Robertson healthy again and pitchers like Sanchez and Michael Lorenzen available out of the bullpen, the Phillies believe their existing depth can weather the stretch without having made a major move at the trade deadline.

On offense, Schwarber and Harper remain the driving force. Schwarber leads the team in home runs, RBIs, and OPS - including reaching the 40-homer mark on August 5, making him the fastest Phillies player ever to do so. Harper continues to deliver consistently in the heart of the lineup. If opposing pitchers can't contain that duo, Philadelphia is poised to take command in the NL East.

Final Word

The early-week win in Chicago felt like a turning point, and the weekend sweep over Detroit only confirmed it. With the Orioles now in town and playoff positioning on the line, the Phillies have both the firepower and the fan energy to make August their most important month yet. After a weekend that celebrated legends of the past, the present roster seems more than ready to make a little history of its own. Key matchups to watch include Ranger Suárez's Wednesday start against Baltimore and a projected Friday duel between Zack Wheeler and Reds ace Hunter Greene. The bullpen - particularly Jeff Hoffman and new closer Jhoan Durán - will need to maintain consistency as the Phillies enter a 13-day stretch without a break. Bryce Harper, batting .319 since the All-Star break, is heating up at the right time, while Bryson Stott has quietly reached base in 14 of his last 15 games. As the pressure builds, Philadelphia's depth, experience, and timely power could be what separates them from the rest of the East.





SUN	MON	TUES	WED	THUR	FRI	SAT
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DET	BAL	5 BAL	BAL	7	8 TEX	9 TEX
10 TEX	11 CIN	12 CIN	13 CIN	14 WSH	15 WSH	16 WSH
WSH	18 SEA	19 SEA	20 SEA	21	22 WSH	23 WSH
24 WSH	25 NYM	26 NYM	27 NYM	28 ATL	29 ATL	30 ATL
31 ATL			AUG	ับรา	Г	

SUN	MON	TUES	WED	THUR	FRI	SAT
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14 KC	15 LAD	16 LAD	17 LAD	18	19 ARI	20 ARI
21 ARI	22	23 MIA	24 MIA	25 MIA	26 MIN	27 Mile
28 MIN	29	30	CEI	PTE	MDI	ED

RPCURRENT Property of the currents of the currents of water moving away from shore. They can sweep even the strongest swimmer away from shore. If at all possible, swim near a lifeguard.

Stay Safe in the Surf: A Guide to Water Safety at the Jersey Shore

The Jersey Shore is synonymous with summer fun—sunny beach days, refreshing ocean dips, and thrilling surf. But as inviting as the Atlantic Ocean, bays, and inlets may seem, these waters demand respect. Each year, thousands of visitors flock to Atlantic and Cape May Counties to enjoy the shore, and knowing how to stay safe can mean the difference between a great day and a dangerous one.

Respect the Ocean's Power

The ocean at the Jersey Shore can change quickly, with shifting tides, sudden drop-offs, and powerful currents. Rip currents, in particular, pose a significant hazard. Often invisible from shore, these narrow channels of fast-moving water can pull swimmers out beyond the breaking waves. If caught in one, stay calm—don't try to swim directly back to shore. Instead, swim parallel to the beach until you're free of the current, then angle back toward land.

When possible, swim only at guarded beaches. Lifeguards are trained to spot hazards, assist swimmers in distress, and respond quickly in emergencies. Many Jersey Shore towns, including Ocean City, Wildwood, Cape May, Atlantic City, and Brigantine, staff their beaches with lifeguards daily during peak season, typically from Memorial Day through Labor Day. Know the Conditions

Before heading out, check the day's surf and weather reports. Local news, beach patrol websites, and flag systems provide updates on tide times, rip current risks, jellyfish sightings, and storm advisories. Be especially cautious after storms, when surf conditions can remain rough even if skies are clear.

Additionally, always be aware of boat traffic in bays and inlets, where swimmers, kayakers, and paddleboarders share the water with motorized

vessels. Wearing a U.S. Coast Guard-approved life jacket is essential for boating and recommended for inexperienced swimmers in deeper waters.

Supervise Children Closely

Even on calm days, waves can knock over small children or carry them farther out than expected. Stay within arm's reach of young swimmers, and consider outfitting them with brightly colored swimwear or rash guards for visibility. Teach children to recognize lifeguards and seek help if they feel unsafe.

Smart Shore Habits

- Stay sober while swimming or boating. Alcohol impairs judgment, balance, and reaction times.
- Obey posted signs and lifeguard instructions. Many towns prohibit swimming after hours, when no lifeguards are present.
- Don't overestimate your abilities. The ocean is not a pool. If you're not a strong swimmer, stay in shallower water where you can touch bottom.

Enjoy the Water, Respect the Risks

The Jersey Shore's waters offer unforgettable fun but a safe beach day starts with smart choices. By understanding the ocean's power, heeding local guidance, and watching out for one another, visitors can make the most of their time at the shore keeping memories joyful and worry-free.



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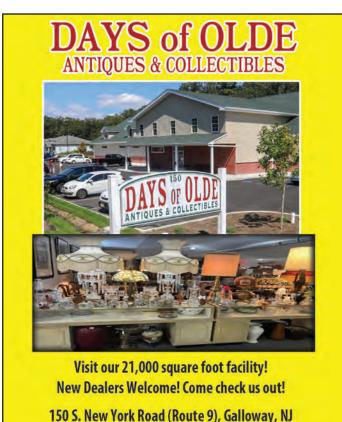










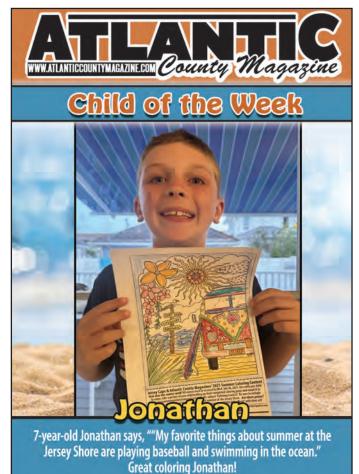


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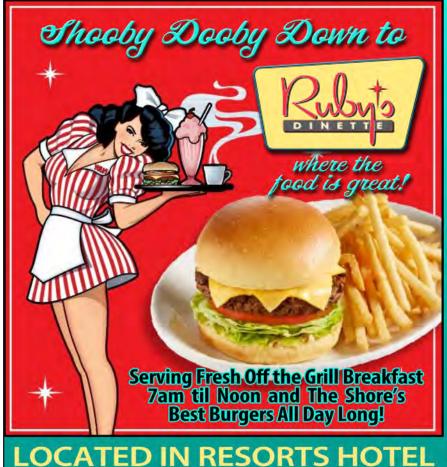














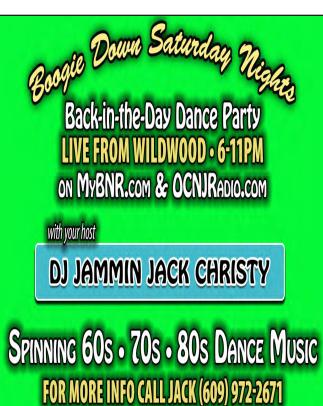












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TIDE TABLE

Tides for Atlantic City August 7 - 13, 2025

			A.L.C.		10/		27		
Day		High /Low			Sunrise	Moon	Time		% Moon Visible
		1,000	1900	1,441	370,444				15,224,5
Th	7	Low	12:51 AM	0.5	6:03 AM	Set	3:48	AM	92
	7	High	6:45 AM	3.4	8:03 PM	Rise	7:26	PM.	
	7	Low	12:31 PM	0.5					
	7	High	7:05 PM	5.0					
F	8	Low	1:32 AM	9.4	6:64 AM	Set	4:57	AM	97
	8	High	7:28 AM	3.7	8:02 PM	Rise	8:61	PM	
	8	Low	1:17 PM	0.3					
	8	High	7:46 PM	5.1					
Sa	9	Low	2:11 AM	0.1	6:05 AM	Set	6:09	AM	99
	9	High	8:10 AM	3.9	8:01 PM	Rise	8:30	PM	
	9	Low	2:02 PM						
	9	High	8:26 PM	5.2					
Su	10	Low	2:49 AM	0.0	6:06 AM	Set	7:21	AM	99
	10	High	8:51 AM	4.2	7:59 PM	Rise	8:56	PM	
	10	Low							
	10	High	9:07 PM	5.2					
M	11	Low	3:28 AM	-0.1	6:07 AM	Set	8:32	AM	97
	11	High	9:33 AM	4.4	7:58 PM	Rise	9:21	PM	
	11	Low							
	11	High	9:48 PM	5.1					
Tu	12	Low	4:08 AM	-0.2	6:08 AM	Set	9:43	AM	93
	12	High	10:16 AM		7:57 PM	Rise	9:45	PM.	
	12	Low							
	12	High	10:32 PM	4.8					
W	13	Low		1-0.5	6:09 AM		10:55		86
	13	High			7:56 PM	Rise	10:11	PM.	
	13.	Low	5:19 PM						
	13	High	11:19 PM	4.5					

THIS WEEK IN ENTERTAINMENT

MOST POPULAR SONGS (downloaded & streamed) WEEK of AUGUST 9, 2025

- 1. ORDINARY ALEX WARREN
- 2. GOLDEN HUNTR/X: EJAE, AUDREY NUNA & REI AMI
- 3. WHAT I WANT MORGAN WALLEN FT TATE MCRAE
- 4. DAISIES JUSTIN BEIBER
- 5. JUST IN CASE MORGAN WALLEN
- 6. LOVE ME NOT RAVYN LENAE
- 7. LOSE CONTROL TEDDY SWIMS
- 8. A BAR SONG (TIPSY) SHABOOZEY
- 9. YOUR IDOL SAJA BOYS
- 10. DIE WITH A SMILE LADY GAGA & BRUNO MARS

TOP GROSSING BOX OFFICE MOVIES WEEKEND of 8/1-8/3, 2025

- 1. THE FANTASTIC FOUR: FIRST STEPS
- 2. THE BAD GUYS 2
- 3. THE NAKED GUN
- 4. SUPERMAN
- 5. JURASSIC WORLD: REBIRTH
- 6. TOGETHER
- 7. F1: THE MOVIE
- 8. I KNOW WHAT YOU DID LAST SUMMER
- 9. SMURFS
- 10. HOW TO TRAIN YOUR DRAGON

This Week's Weather HIGH 77 THURSDAY, AUGUST 7 **LOW 67** HIGH 78 FRIDAY, AUGUST 8 **LOW 67** HIGH 79 SATURDAY, AUGUST 9 **LOW 69 HIGH 79** SUNDAY, AUGUST 10 **LOW 70** HIGH 81 MONDAY, AUGUST 11 **LOW 72** HIGH 84 TUESDAY, AUGUST 12 **LOW 73** WEDNESDAY, AUGUST 13 HIGH 85 **LOW 73**

HEALTHFUL LIVING

A Weekly Guide to Health Awareness

YOGA POSE OF THE WEEK -Mountain Pose (Tadasana)

Mountain pose may not be as famous as Downward Facing Dog, but it is equally important. For good alignment in Mountain pose, imagine drawing a straight line from the crown of your head to your heels, with shoulders and pelvis stacked. Every person's body is different, so focus on rooting down with your feet and lengthening your spine. Remember to slide your shoulders down your back and keep weight on your heels.



VITAMIN HIGHLIGHT -Vitamin E

it's sometning called an antioxidant, which protects your cells from damage caused by cigarette smoke, pollution, sunlight, and more. Vitamin E also helps your cells talk to each other and keeps blood moving. Sunflower seeds and nuts including almonds, hazelnuts, and peanuts are good sources. If you're allergic to those, vegetable oils (like safflower and sunflower), spinach, and broccoli have vitamin E, too.

MENTAL HEALTH CHECK-IN

What does success look like to you, and how aligned are you with that vision?

TREATMENT SERVICES

In an emergency, please dial 911,
NJ Hope Line: 855-654-6735 • njhopeline.com
ReachNJ: 844-732-2465 • reachnj.gov
IME Addictions Access Center: 844-276-2777
NJ Connect for Recovery: 855-652-3737
njconnectforrecovery.org
988 Suicide & Crisis Lifeline: 988 • 988lifeline.org
(Formerly: National Suicide Hotline: 800-273-8255)
NJ Mental Health Cares: 866-202-HELP (4357)
njmentalhealthcares.org
Council on Compulsive Gambling of NJ:

800-GAMBLER (426-2537) • 800gambler.org Veterans Counseling Hotline: 866-VETS-NJ4 (838-7654) • njvet2vet.com National Domestic Violence Hotline: 800-799-7233 • thehotline.org

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 1-609-441-2000

Hard Rock Hotel & Casino 1-609-449-1000
Harrah's Atlantic City 1-800-HARRAH
Ocean Resort Casino 1-866-506-2326
Resorts Atlantic City 1-800-322-SHOW

Showboat 1-877-387-9305 Tropicana Casino & Resort 1-800-526-2935



South Jersey Matters By Todd Cohen

Send your news to Todd Cohen, SJ Matters, P.O. Box 3351, Margate, NJ 08402-3351

Main Library Open until 8 p.m. on Thursdays

Those who visit the Atlantic City Free Public Library to find a best seller, use a computer, do research, receive assistance from a librarian or attend a program will now have more time to do so.

The library recently added Thursday evening hours at Main Library, located at 1 North Tennessee Ave. Main Library's new hours are: 9:30 a.m.-5 p.m. Monday through Wednesday, 9:30 a.m.-8 p.m. Thursday, and 9:30 a.m.-5 p.m. Friday and Saturday.

The library's hours at the Richmond Branch, located at 4115 Ventnor Ave., remain the same: 9:30 a.m.-5 p.m. Tuesday and Wednesday.

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SUDOKU

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

7		5				2		8
9			7		2		4	
					8	1	7	3
8	6			2		7	5	
			6		1			
	9	3		5			2	1
3	8	7	4					
	5		2		9			7
2		9				8		5

CHEF CHIP'S WILD GAME AND SEAFOOD RECIPE



INGREDIENTS:

- 5 TBS. Unsalted Butter
- · 1 tsp. Minced Garlic
- 1 tsp. Minced Shallots
- · 1/2 Red Bell Pepper Julienne
- · 1/2 Green Bell Pepper Julienne
- · 1/4 Cup Sherry Wine
- · 1 & 2/3 Cups Heavy Cream
- 1 Cup Fresh Grated Asiago Cheese
- · 1 tsp. Fresh Chopped Thyme

- · 1 Pinch Nutmeg
- · 1 tsp. Old Bay Seasoning
- · 1/4 tsp. Worcestershire Sauce
- · 1/4 Cup Pasta Water
- · Fresh Cracked Kosher Salt & Fresh
- **Black Pepper To Taste**
- · 1 LB. Lump Blue Claw Crab
- · 12 oz. Cooked Cavatappi Pasta

Garnish: Fresh Chopped Parsley

PREPARATION:

In a sauce pot, melt butter over medium low heat. When butter is melted, stir in garlic & shallots. Cook until translucent. Next, stir in peppers & Thyme & cook for a minute. Add Sherry Wine & cooked Pancetta. Turn heat to medium & reduce liquid by half. Add in heavy cream, Worcestershire sauce, Nutmeg & Old Bay. Allow Sauce to simmer for about 10 minutes. Whisk in cheese & reserved pasta water. Allow Sauce to come together & become smooth. Gently fold in crab meat. Drop heat to a low setting. Fold in Cavatappi Pasta to the sauce. Plate, garnish & serve. Enjoy!

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FRID/	Y EVE	NING									AUG	GUST 8	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	Big Brothe	er (N)	Fire Count	ry	NCIS "Brea	athless"	News (N)	(:35) Colbe	rt
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	Match Gar	me	20/20 (N)				News (N)	(:35) J. Kim	mel
10-NBC	NBC10Ne	NBC News	NBC10Ne	Shelters	Happy's	Happy's	Dateline N	BC (N)			NBC10Ne	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Penn & Te	eller	Animals	FunnyKids	Action Nev	ws at 10 (N)	Union	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Father	(:45) Midso	mer	(:40) Midso	mer	Cinema	NJ Spotl	One on O	Newsline
29-FOX	News (N)	Special	Extra (N)	TMZ (N)	The Fixer	(N)			News (N)	Special	News (N)	Phantastic	Extra (N)
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	hia (N)	True Crime	Crime	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PDCam	PDCam	PDCam
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DISC	Deadliest (Catch "The \	Wild West" (N)	Deadliest	Catch (N)	(:10) Berin g	g Sea Gold	"Going Dee	p" (N) (SP)	(:10) Gold l	Rush:	Catch
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ESPN2	SportCtr (N) (Live)	LL Softbal	Game 18:	Teams TBA	(N) (Live)	PLL Carolii	na Chaos vs	. Utah Arche	ers (N)	UFC 319 (1	V)	DanaWhite
FNEWS	Bret Baier	(N) (Live)	Ingraham ((N) (Live)	Jesse (N)	(Live)	Hannity (N) (Live)	Gutfeld! (N	1)			The Five
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HBO	(5:35) Yog	(:35) ਼ਿ*★★ (Opus ('25) <i>A</i>	Ayo Edebiri.	(:20) ਼ਿ*★★	Spaceballs	('87) Mel Br	ooks.	Real, Bill N	Maher (N)	The Gildeo	d Age	Real Time
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ION	Magnum P	I. "NSFW"	WNBA (N)	Basketball	New York I	Liberty at Da	llas Wings	WNBA-G	Basketball	Seattle Sto	rm at Las Ve	egas Aces	Magnum
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NICK	(5:00) ♀ Dr. \$	Seuss' the	LoudHou	Wylde Pak	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang
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USA	(5:30) 👯★★	Violent Nig	/iolent Night ('22) (P) WWE Friday Nigh				mackDown (N) (Live) Resident (N) (SF)				(:05) ** ★★ Beast ('22) Idris Elba.		

ATLANTIC COUNTY

Digital Nomad Day - August 8, 2025

Digital Nomad Day falls on August 8 every year and celebrates the merits and the lives of those who make the world their office. As more people grow disillusioned with rigid working cultures, many are looking for ways to experience the best the world has to offer while also maintaining their livelihoods. Therefore, Digital Nomad Day is a day that celebrates the remote working culture and invites those living the digital nomad lifestyle to share the multitude of benefits and experiences that come with combining travel and work.

History of Digital Nomad Day

Digital Nomad Day was created by the publishers of Rootless Living Magazine in 2020 to celebrate remote workers who travel to different locations to work and live.

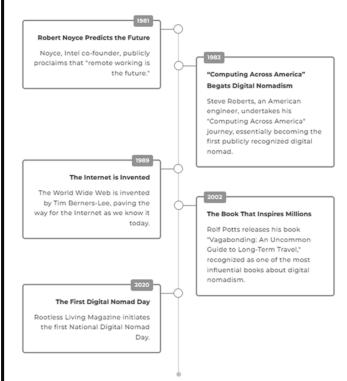
Remote working is a relatively recent lifestyle, boosted by the increasing number of online-based jobs and the prevalence of Internet use around the world. For many people, working in fixed environments, like office buildings, can stifle their comfort, inspiration, and energy enough to the point that they cannot perform at their best or grow. Most people who work in these conditions see travel as one of the main activities they would like to do on their days off. With digital nomadism, the process of travel and work are combined, giving them the best of both worlds.

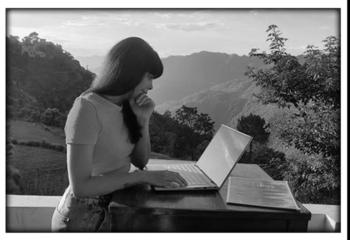
The digital nomad lifestyle has gained popularity in recent years. For example, the number of digital nomads in the United States has tripled from 4.8 million in 2018 to 15.5 million in 2021. It is also notable that 66% of digital nomads tend to be traditional employees who choose to work remotely, meaning that it is not a lifestyle reserved only for independent workers.

Because travel is such an important factor in the digital nomad lifestyle, it can also help lower daily spending rates as traditional expenses such as daily commuting and monthly rent are eliminated. This is attractive mainly for those working in cities that have high costs of living. Many digital nomads travel using planes, trains, and even vans at their own pace and typically lodge themselves in affordable accommodation.

It also helps increase exposure to new ideas and environments, while also expanding networks by being around different kinds of people. In other words, the experience helps develop the worker in a way that serves them well in both their career and human development

DIGITAL NOMAD DAY TIMELINE





Digital Nomad Day Activities

• Talk to a friend who is currently living the digital nomad life - If you know someone who is currently living as a digital nomad, talk to them about their experiences so that you can form a better perspective on their lifestyle. Who knows, maybe you might be inspired to try it out yourself!

• Work outside the office once in a while - The essence of digital nomadism is the ability to work from wherever. Whenever you have the time, try working in different environments out of the office, such as cafes or co-working spaces, to see if you are cut out for it.

 Attend digital nomad conferences - Take part, either online or in-person, in various digital nomad events happening around you. These events are attended by digital nomads who share experiences and ideas that can help you grasp a greater understanding of the way of life.

5 Best Places For Digital Nomads

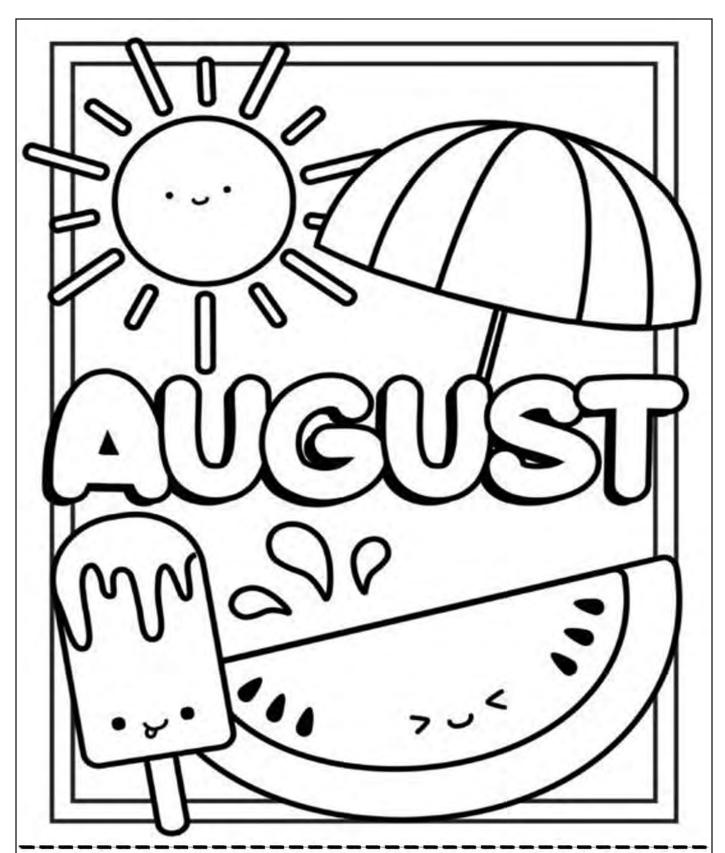
- 1 Chiang Mai, Thailand This Northern Thai city is popular with travelers and digital nomads alike due to its relaxed, friendly environment and inexpensive living costs.
- 2 Bali, Indonesia The island of Bali is a top destination for digital nomads due to its affordability, beautiful scenery, and active digital nomad culture.
- 3 Lisbon, Portugal With its pristine beaches, rich culture, and tech-savvy population, Lisbon is frequently recognized as one of the best places for digital nomads.
- 4 Buenos Aires, Argentina The vibrant nightlife and abundant co-working and co-living spaces in the city make the Argentinian capital an attractive choice.
- 5 Busan, South Korea South Korea is home to the world's fastest Internet speeds, and the picturesque city of Busan offers a more affordable living cost than the capital Seoul.

Why We Love Digital Nomad Day

• It pays tribute to those who are living and thriving in it - Digital Nomad Day pays tribute to those who have chosen to undertake this lifestyle and have reaped its benefits. Choosing to live a nomadic lifestyle is a big step to take for many, and we applied those who have taken that step in pursuit of either a better life or broadening their horizons.

• It celebrates a lifestyle that helps develop adaptational skills - While many see it as such, the digital nomad lifestyle is not a vacation. It gives the person a greater amount of independence, but it compels them to be responsible for themselves in adapting to new environments and work methods. Those living this life must form their own patterns of productivity and realize the consequences of not doing so. Thus, Digital Nomad Day celebrates a lifestyle that can help one develop their adaptational skills.

• It places the responsibility of keeping your mind sharp on you - Digital Nomad Day honors a manner of living that places the responsibility of keeping your mind fresh solely on you. The experiences and perspectives that you gain from different environments may help you become more exposed to new ideas and trends that can help develop your way of thinking. Doing so may serve you well in the future.



Atlantic County Magazine's 2025 August Coloring Contest How does the contest work? All entries must be received by Wed, August 13, 2025.

How does the contest work? All entries must be received by Wed, August 13, 2025.

One entry per child. To enter, take a picture of your child holding up their completed coloring page and email it to atlanticcountymagazine@comcast.net with the subject "Coloring Contest."

Be sure to include child's name, age and their favorite things about August. Are there prizes?

Yes! The winner will be featured in Atlantic County Magazine as "Child of the Week" with their art!

ATLANTIC COUNTY

ATLANTICARE TO HOST FREE COMMUNITY HEALTH FAIR AUGUST 8 IN ATLANTIC CITY

AtlantiCare

COMMUNITY HEALTH FAIR

As part of National Health Center Week, AtlantiCare Health Services FQHC will host a Community Health Fair on Friday, August 8, from 12 PM to 4 PM at Atlantic Cape Community College's Atlantic City campus. The event, which will take place rain or shine, is free and open to the public. Designed to connect residents with vital community resources, the fair will feature more than 50 local, regional, and state vendors offering information and support in areas such as healthcare access, housing, insurance enrollment, financial assistance, and workforce development.

In addition to resource tables, the afternoon includes wellness education, fitness demonstrations, and help setting up patient portals. AtlantiCare staff and volunteers will be on hand to guide attendees through services and offerings, and the atmosphere promises to be both informative and fun. Families can enjoy exciting giveaways, food, and music—plus back-to-school supplies and health kits for children preparing to return to class. Free health screenings and on-the-spot sign-up assistance will be available for those interested in connecting with care.

This event is more than just a fair—it reflects the year-round mission of AtlantiCare's Federally Qualified Health Centers to provide high-quality, affordable care to all, regardless of insurance status or income. Serving more than 12,000 patients annually across Atlantic County, AtlantiCare's FQHC clinics offer everything from routine medical visits and immunizations to dental, behavioral health, vision care, and substance use counseling. Their goal is to eliminate barriers to care while improving long-term community wellness.

Residents who would like to learn more about the event or services available through AtlantiCare's FQHC network can call 609-833-5339 or email vincent.kirkland@atlanticare.org for additional information. Whether you're seeking support, resources, or just a fun day out with the family, the Community Health Fair on August 8 is a chance to take charge of your health—and to connect with the people and programs working every day to make Atlantic County healthier.

What is National Health Center Week?

National Health Center Week is observed in the second week of August every year and takes place from August 3 to 9 this year. It is promoted by the National Association of Community Health Centers which seeks to celebrate the accomplishments within their communities. Moreover, they endeavor to spread awareness about the importance of community health centers. They also look to advocate for emergency and long-term funding for community health centers to ensure the smooth provision of services to everyone for years to come.

History of National Health Center Week

The community health center in the United States plays an eminent role in providing primary care and public health services to the low-income and uninsured groups of society. They are also classified as non-profit and clinical care providers operating under federal standards. As part of the country's health care safety net, the centers use federal grant funding.

A civil rights movement in the 1960s catalyzed the establishment of community health centers in the United States of America. The Office of Economic Opportunity (O.E.O.) set up "neighborhood health centers" to provide health and social services to the medically underserved and disenfranchised populace. Appropriate federal funds were also granted for the clinics and they ensured extensive community involvement for quick responsiveness to community needs. The Columbia Point Health Center funded by the O.E.O. served the poor community living in the Columbia Point Public Housing Projects and on its 25th anniversary in 1990, the center was rededicated as the Geiger-Gibson Community Health Center. This center is still in operation. Health centers across the country now serve millions of patients each year and they also provide solutions to pressing healthcare issues to make sure it is accessible for one and all.

The National Association of Community Health Centers started National Health Center Week to promote their efforts in building a healthy country by servicing the citizens for their health requirements. Each year they honor the work and services carried out by health centers within their communities on designated days during National Health Care Center Week.

How to Observe National Health Center Week

- Get a health check-up People usually come up with excuses to avoid getting a health check-up done. During National Health Center Week, head to your local health center and get a check-up done to detect any potential illness and take corrective measures if need be.
- Spread awareness about health centers You can tie up with local bodies to spread awareness on health centers. Advocate for their mission, inform others about the importance of health, and how they can get access to affordable healthcare through these centers.
- Volunteer at a healthcare center You can look for volunteering opportunities during the week. They typically have many programs running, and can provide administrative or logistical support to ensure a successful week.

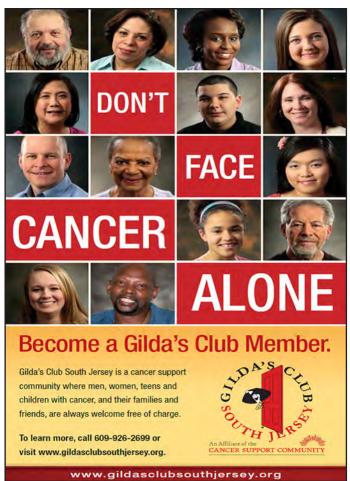
5 Important Facts About Health

- 1 The skin works hard: The skin is the body's largest organ it regulates temperature, and defends against disease and infection.
- 2 The United States' healthcare expenditure: The U.S. spends almost three times more on healthcare compared to other countries around the globe.
- 3 Vitamin D for bone health: Apart from calcium, vitamin D is equally as important to determine bone health.
- 4 Kidneys need water: As kidneys filter your blood up to 300 times a day, they need water to function properly.
- 5 Brush at the right time: It is said that brushing too soon after drinking or eating leads to the softening of the tooth enamel.













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Maria C. Shelton

Real Estate Appraiser/Consultant



Girl of the Week



7-year-old Abigail's favorite things about summer at the Jersey Shore: Swimming at the beach & pool! Great coloring Abigail!

"In My Opinion" by Nancy Adler



Nancy Adler Nutrition is the recipient of the Gold Award in The Best of the Press 2020, 2021 & 2022 Readers Choice Awards! Thank you to all who voted!

Nancy Adler is a Certified Nutrition and Fitness Instructor. She specializes in nutrition, weight loss control and sports specific nutrition for all ages.

Nancy will create a personalized nutrition plan just for you to help you reach your goals.

You may listen to Nancy every Saturday 11 am-1 pm: Nancy Adler Nutrition LIVE! NewsTalk 1400 AM and 92.3 FM WOND radio,

For more information, call Nancy at 609.653.4900 to schedule your one-on-one confidential consultation.

www.NancvAdlerNutrition.com

NUTRITION, WEIGHT LOSS & FITNESS

PEANUT BUTTER

Peanut butter is a good source of protein, healthy fats, fiber, and various vitamins and minerals. However, the type of peanut butter you choose and how much you consume matters. Peanut butter can be a healthy addition to your diet if consumed in moderation.

Eating a small amount of peanut butter before bed may improve sleep quality for some individuals. This is due to peanut butter's tryptophan content, which can promote relaxation and sleep. It also contains healthy fats and protein, which can help stabilize blood sugar levels and reduce late-night cravings. However, individual responses may vary, and it's important to consider portion control and potential allergies.

Do not eat more than 2 tablespoons, approximately 32 grams, a day. Its okay to eat peanut butter every day but in moderation if on a weight loss journey.



Nancy Adler C.F.T./S.S.N./S.S.C.
1201 New Road • Suite 131 • (609)653-4900
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ATLANTIC COUNTY

Greater Atlantic City Concierge Association's Spotlight:

Yesterday's Creekside Tavern

Submitted by: Judy Brenna, GACCA Communications Director Catering & Events Director, Blue Dog Hospitality Group

QE EKSION

Name of venue: Yesterday's Creekside Tavern

Where are you located? We are located at 316 Roosevelt Blvd in Marmora, NJ.

What are your hours of operation? We are open Sunday through Thursday from 11a-11p, Friday & Saturday from 11a-12a. The kitchen is open til 10pm nightly. Enjoy Happy Hour Monday through Friday 2-5 pm.

Parking tips: We have our own parking lot, and the parking is free!

Tell us a little about yourself: Voted #1 in the area to watch the game, and voted best Happy Hour, Yesterday's Creekside Tavern, better known as "The Y" among locals, is a sports bar and tavern, serving fresh delicious bar bites and entrees year-round, with a special focus on live music on the weekends.



Tell us a little about your history. A local icon since 1976, the beloved venue has recently been renovated and is under new leadership with Blue Dog Hospitality Group. The new Owner, Dr. Tim Fox, the Innkeeper and Owner of the historic Deauville Inn in Strathmere, has reimagined the local sports bar and given new life to Yesterday's.

An homage to the Philadelphia sports scene, Yesterday's updated decor harkens back to the glory days of our local sports teams. With a fresh vision, updated menu and new management team, Yesterday's has become the locals go-to destination for food, drinks and socializing. Our restaurant and full bar are open for lunch and dinner daily and our nightly specials/happy hour keep the menu fresh and affordable all year round.

Get in the game and come experience what you've been missing. We hope to see you soon and GO PHILS AND BIRDS!

What does your venue specialize in? We are very well known for our amazing Happy Hour specials, our Wings, and the go to place for all sports viewing and live music!

What makes your essential for Atlantic County? As a neighbor to Atlantic County, we offer a great option just outside Atlantic County. With Executive Chef TJ Ricciardi and Chef de Cuisine Israel Rodrigues at the helm, we are the go-to destination for Members of Atlantic County for great food, refreshing drinks, and a great time!



What else do you offer? Our Yard is THE go-to spot in the spring, summer and early fall, and is always humming with activity. With outdoor dining options, a corn hole field, a 30 foot fully stocked bar, multiple HD TVS, Adirondack lounging area, and a stage for bands to play everything Thursday through Sunday, there is something for everyone. The Yard is always hosting up and coming talent in the region including Going Rogue, Atley Moon &The Say Something, Megan Knight, Nolan Quinn and The Troublemakers and so many more! The Yard is also a creative option for your next event. We host everything from intimate birthday celebrations to large scale reunions, anniversaries, life celebrations and even wedding receptions! Currently we're running our \$1 Dog Promotion. Join us for every Matinee Phillies came and enjoy \$1 Hot Dogs and \$3 Miller Lite Drafts. And if you think you have what it takes to be the King of Dogs, come try out 9/9/9 challenge: 9 dogs, 9 beers, in 9 innings!

Is there any other important information we should know? Kicking off the Fall we will be hosting themed dinner specials every night of the week, Trivia on Tuesdays and Eagles Game Day Specials all season. We will also be accepting Thanksgiving Catering Orders starting at the end of September!

Contact: (609) 390-1757 • www.yesterdaystavern.com Instagram & Facebook: @yesterdaystavern









SUMMER

PORTRAIT PAINTING WORKSHOPS

*Spots are limited to 4 painters per class.

July 7, 11, 15-16, 19, and 23 August 2,9 and 16 11am-3pm

Noyes Arts Garage 2400 Fairmount Avenue **Atlantic City**

EACH SESSION

INCLUDES: PAINT BRUSHES CANVAS

\$120









RIDING WAVES, BUILDING CONFIDENCE: HEART OF SURFING SURF DAY HITS HARD ROCK ATLANTIC CITY

This Saturday, August 9, the beach in front of Hard Rock Hotel & Casino Atlantic City will become more than a summer hangout - it will become a place of empowerment. From 9 a.m. to noon, Heart of Surfing Surf Day will welcome individuals with autism and other developmental disabilities for a free, inclusive surfing experience. With soft sand, soft-top boards, and even softer landings, the morning offers more than just time in the water - it offers independence, confidence, and joy in one of the most freeing environments there is: the ocean.

Heart of Surfing began in 2014, founded by Cindy and Bob Fertsch in memory of their son Jamie. What started as a small group of five kids learning to surf has grown into a thriving nonprofit that now serves hundreds of families each week throughout the South Jersey region. In addition to surfing, the organization runs inclusive roller skating, skateboarding, and recreational programs year-round - all at no cost to the families who participate. Everything is powered by volunteers, and the mission is simple: create safe spaces where children and young adults with special needs can have fun, build confidence, and be fully themselves.

On Saturday, participants will be paired with trained instructors - many of them local surfers or volunteers from the Hard Rock team - who will help with wetsuit prep, paddling basics, and catching waves. Whether a child rides standing up, lying down, or simply wades in the surf, each effort is met with cheers from the beach. For some families, it may be their child's first time in the ocean. For others, it's become a yearly highlight they look forward to all summer. Either way, the moment is unforgettable.

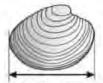
The event also includes shaded seating areas for families, snacks, water, and group photos on the sand. At the end of the session, each surfer receives a certificate of participation and a keepsake surf print. These tokens may seem

small, but they represent something much bigger: a shared experience of accomplishment, inclusion, and pride that often carries over long after the beach towels are packed away. For parents used to therapy schedules and structured programs, this casual, joy-driven setting offers something rare freedom.

Anyone interested in learning more about Heart of Surfing, volunteering, or participating in future events can visit the organization's website or connect through social media for updates and registration info. The group hosts regular surf days, seasonal fundraisers, and ongoing skating sessions throughout Atlantic County and beyond. Support is always welcome, whether it's showing up to help on the beach, donating gear, or simply spreading the word.

As the waves roll in this weekend, so will the smiles. And for the surfers hitting the Atlantic for their very first ride, the experience may last only minutes - but the confidence it builds can carry a lifetime.





Hard Clam

1.5 inches

Recreational Limit = 150 clams

No harvest on Sunday

Shellfish license required



Summer Flounder (Fluke)
All marine waters except
those noted below:
3 fish at 18 inches
Delaware Bay & Tributaries:
3 fish at 17 inches
Island Beach State Park:
2 fish at 16 inches
Open Season: May 4 – Sept 25



Weakfish 1 fish at 13 inches Open Season: Jan 1 – Dec 31



Black Sea Bass

10 fish at 12.5 inches May 17 – June 19 1 fish at 12.5 inches July 1 – Aug 31 10 fish at 12.5 inches Oct 1 – Oct 31 15 fish at 12.5 inches Nov 1 – Dec 31



Bluefish

Private/Shore Angler – 3 fish For-Hire Vessel – 5 fish Open Season: Jan 1 – Dec 31

ATTENTION ANGLERS

2025 NJ Recreational Size Limits, Possession Limits and Seasons

 Fish are measured from tip of snout to tip of tall (except Black Sea Bass and Sharks).
 Cleaning or filleting of fish with a minimum size limit while ot sea is prohibited.



Striped Bass or Hybrid Striped Bass

1 fish at 28 inches to 31 inches See Marine Digest for Striped Bass Bonus Program, circle hook requirements and gaff prohibition.

Delaware River & Tributaries Calhoun St Bridge, Trenton to Salem River & Tributaries:

Open Mar 1 – Mar 31 and June 1 – Dec 31
Atlantic Ocean:

0-3 miles from shore, no closed season Greater than 3 miles from shore, closed

All Other Marine Waters:

Open Mar 1 - Dec 31

PROHIBITED SPECIES

See the Marine Digest or nifishandwildlife.com for a complete list

2 per vessel

5 fish:

9"

15"

43

Officer Specie

American Eel

Black Drum

Cobia

Cod	Ian 1 - May 31 &	23"
	Sept 1 - Dec 31	
Haddock	No Limit	18"
King Mackerel	3	23"
Pollock	No Limit	19"
Red Drum	1	18" to less than 27
River Herring	CLOSED	N/A
Scup (Porgy)	30 fish: Jan 1 - June 30 & Sept 1 - Dec 31	10"
Shad *No more than 2 Amer *Zero American shad is		No Limit River & Tributaries
Spanish Mackerel	10	14"
American Lobster	6	3 3/8" to 5 1/4" carapace length
*LMA 4 Open Season: *LMA 5 Open Season:		
Jonah Crab	50	4 3/4" carapace



Tautog

15 inches

4 fish Jan 1 - Feb 28

4 fish Apr 1 - Apr 30

1 fish Aug 1 - Nov 15

5 fish Nov 16 - Dec 31



Winter Flounder 2 fish at 12 inches Open Season: Mar 1 – Dec 31



Shark

1 fish per vessel See NMFS for size, season and gear restrictions



Blue Crab

(measured point to point)
Peeler or Shedder – 3 inches
Soft – 3 ¼ inches
Hard – 4 ½ inches
Recreational Limit = One Bushel
Crab Pot/Trot Line Seasons

Delaware Bay & Tributaries:

Apr 6 - Dec 4

All Other Waters:

Mar 15 - Nov 30

Register before fishing in a free, easy, and required. SolowoterRegistry.nj.pov



For a full list of saltwater regulations, scan the QR code.



This publication is a summary of the New Jersey recreational fishing regulations at the time of publication. It is not the full law. Flounder, weakfish, black sea bass, bluefish, tautog and striped bass: ASMFC Fish Illustrations © https://drawnbydawn.com/March 2025

Fishing in Atlantic County

Any angler 16 and older must have a valid license to fish the fresh waters of New Jersey. This includes privately owned lakes and other waters. For more information visit the NJ DEP Division of Fish and Wildlife Fishing License Information website at dep.nj.gov/njf-w/fishing/freshwater/buy-a-license/. Remember that all saltwater anglers 16 and older must register with the state. Go to NJ Saltwater Recreational Registry Program for registration information at dep.nj.gov/saltwaterregistry/.

SALTWATER FISHING

Atlantic City - Gardner's Basin Marina, North New Hampshire Avenue and the bay, is home to charter boats, sightseeing and fishing cruises. For more information call (609) 348-2880. Fishing is permitted on the beaches, outside of guarded areas, and from the jetties. The seawall along Sunset Avenue is a popular area for crabbing or fishing from land in the back bay. A municipal boat launch (fee required) is located at Albany Avenue and Boulevard Avenue.



Ventnor/Ventnor Heights - The Ventnor City Fishing Pier is located at Cornwall Avenue and the Boardwalk. The fishing pier offers seasonal rates for fishing or sightseeing. For additional information, call the piermaster at (609) 823-7944. Along the back bay, a seawall the length of Winchester Avenue is perfect for the family to fish or crab from land. A free boat ramp is located on the bay on Dorset Avenue, where there is plenty of free parking. For more information call (609) 823-7900.

Margate - Amherst Avenue, between Decatur and Monroe avenues, is home to several marinas and bait and tackle shops, including small boat rentals. Within the marinas are dozens of charter boats available on a daily basis throughout the summer and shoulder seasons. For more information on charters call Capt. Andy's at (609) 822-0916, or for a family outing on a pontoon rental boat call Ray Scott's Dock at (609) 822-6819. Surf fishing is permitted during non-guarded hours.

Somers Point - John F. Kennedy Park, located on Broadway, offers a boat ramp (fee required) granting access to Great Egg Harbor Bay. Another ramp (fee required) is located at Smith's Marina, 910 Bay Ave. Along the Bay Front Historic District on Bay Avenue there are several marinas which are home to many party and charter boats. There is also a crabbing and fishing pier located on the bay off New Jersey Avenue. Restrooms are located nearby.

Brigantine - Surf fishing is permitted on non-guarded beaches and at the seawall, Seventh Street north to 14th Street. The old Brigantine Bridge, across Absecon Inlet from Harrah's Marina, is used as a fishing pier. A public boat ramp (fee required) is located at Sixth and Bayshore avenues on the bay. For more information, call (609) 266-1122.

Leeds Point - Seasonal fishing and crabbing are permitted in designated areas of both the Brigantine and Barnegat Divisions of the Edwin B. Forsythe National Wildlife Refuge. These areas include saltwater fishing (from land) at the following locations: Gravelling Point, Little Beach (with permit), Parkertown Dock Road, Cedar Run Dock Road, and Stafford Avenue. Boats may be launched at the Brigantine Division's Scotts Landing boat ramp, located at the end of Scotts Landing Road, off Moss Mill Road at Leeds Point. Freshwater fishing is permitted on Lily Lake in Oceanville. For more information call (609) 652-1665.

For a detailed list of saltwater fishing locations, see the Saltwater Fishing Guide at atlantic-countynj.gov/residents/recreation-leisure/fishing-in-atlantic-county.



FRESHWATER FISHING

Lake Lenape Park - Lake Lenape Park East and Lake Lenape Park West are located in Hamilton Township and together encompass nearly 2,000 acres of land. Each park offers a variety of activities and facilities for residents and visitors to enjoy with its own entrance and access points. Boating is allowed on the lake with proper permits as required. All boaters must comply with state regulations and laws. No personal watercraft are permitted. For information on obtaining a boating permit and the associated fees contact the Lake Lenape Park office at (609) 625-8219.

Lake Lenape Park East - 753 Park Road, Mays Landing. This park is located on the eastern side of Lake Lenape and offers the most scenic views of the lake. Recently completed renovations include a new fishing pier, pickle ball courts, additional pavilions, landscaping enhancements and ADA accessibility improvements. The refurbished catering hall, Lakeside Manor, is a unique and picturesque lakefront venue that is available for special events and weddings for more than 250 guests. Lake Lenape Amenities: Fishing, Softball, Pickle Ball, Playground, Picnic Tables, Pavilions, Catering Hall, Historic Lighthouse, Restrooms, Convenient Parking.

Lake Lenape Park West - This park is located on the western side of Lake Lenape (note that some land on the eastern side and the entire lake surface is controlled by the county). The park entrance is located at 6303 Harding Highway in Mays Landing and encompasses nearly two-thousand acres of land, all the way up to the Black Horse Pike (Route 322). Things to Do at Lake Lenape West: Mountain Biking, Boathouse, Boating Access, Boat Ramp, Camping, Kayak/Canoe Access, Cross-county Skiing, Fishing, Gazebo (reservations required and may be made online or in person), Hiking, Unimproved Trails, Hunting, Nature Trails, Playground, Picnic Tables, Scenic Views, Playground. Call the reservation office at 609-625-8219 for more information.



Birch Grove Park - Off Mill Road, Northfield. For more information call (609) 641-3778 or visit the City of Northfield - Birch Grove website at cityofnorthfield.org/recreation/birchgrove.asp. No boats allowed – fish from land

Heritage Pond Park - Mill Road, Absecon. No boat ramp. No outboard motors allowed

Hammonton State Park - White Horse Pike (Route 30), Hammonton. Car top launch. No outboard motors allowed

Maple Lake - Off Maple Avenue, Estell Manor. Car top launch. No boat ramp. No outboard motors allowed

Mill Pond - Off Mill Road, Port Republic. Car top launch. No boat ramp. Outboard motors allowed

Makepeace Lake - Off Weymouth Elwood Road, Hammonton. Car top launch. No boat ramp. Outboard motors allowed

ALL WARS MEMORIAL BUILDING 100th ANNIVERSARY CELEBRATION

FRIDAY, AUGUST 15, 2025 Doors Open at 5:00 PM 1510 Adriatic Avenue Atlantic City, NJ

Honoring
Veterans • Heritage • History
With Music • Food • Special Guest Speaker

FREE ADMISSION

Celebrate 100 years of service, sacrifice, and legacy.

If you require reasonable accommodations to participate in City programs, activities, and services contact ACHR.gov or (609)347-5374.



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10-NBC	Wild Child	Paid Prog.	Jacuzzi	2025 World	Aquatics (Championsl	nips	PGA Tour (Golf FedEx	St. Jude Ch	ampionship,	Third Rour	nd (N) (Live)
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6-ABC	News (N)	WorldNe	FYI Philly	Wheel	Who Want	s to Be	Who Want	s to Be	Who Want	s to Be	News (N)	News (N)	Jeopardy!
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USA	(4:30) 뜻★★	★ Wanted	¥★★ Natio	nal Treasur	re ('04) Dian	ne Kruger, Ni	icolas Cage.		₹★★ Natio	nal Treasu	re: Book of	Secrets ('0'	()

SUND	AY AF	TERNO	OON								AUG	UST 10	0, 2025
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS	Paid Prog.	PBR Bull F	Riding (N)			NWSL Bay	FC at Chica	ago Stars FC	(N) (Live)	NWSL Soc	cer		
6-ABC	Inside	News (N)	WNBA Bas	ketball			WNBAPo	LLSWS Ch	ampionship	Game: Tea	ms TBA (N)	Action Nev	ws 5PM (N)
10-NBC	Issue (N)	Gymnastic	s		PGA Tour	PGA Tour	Golf FedEx	St. Jude Ch	ampionship,	Final Roun	d (N) (Live)		
17-MNT	Paid Prog.	Paid Progr	amming	Paid Prog.	This Week	The Hill		Friends	Friends	Friends	Friends	Philler	Sheldon
23-PBS	Think Tank	State-Aff	Samantha	Lidia	Milk	Cook	Fresh	America's	Home Cook	ing: Sweet	s	Women-W	ar
29-F0X	Paid Prog.	LIV Golf Le	eague Chica	go, Round 7	Three (N) (Li	ve)		IndyCar Bi	tnile.com Gr	and Prix of I	Portland (N)	(Live)	Special
57-CW	Paid Prog.	WOW - Wo	men (N)	World Cha	se Tag	SOS: How	to Survive	Transform	EZ WELL!	Fast: Hom	e Rescue	The Grand	Tour
A&E	(11:00) Zo	Zombie Fli	р	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD
AMC	(10:30) 😤 T l	ne Bourne I	JItimatum	ቻ ★★ U.S. I	Marshals ('9	8) Wesley	Snipes, Tom	my Lee Jon	es.	ç×⋆★ Sig	ns ('02) Lea	f Phoenix, N	lel Gibson.
CNN	(11:00) Insi	State of Ur	nion	Fareed Zal	caria GPS	CNN Newsroom (N) CNN Newsroom (N) C			CNN News	room (N)	CNN Newsroom (N)		
DISC	(11:00) In t	1:00) In t In the Eye Naked and Afraid				Naked and	Afraid	Afraid "Sha	ark Attack"	Naked and	A "Starting	at the End of	of Days"
DISN	Dream	Bluey	Bluey	Win	Win/ Win	(:15) Win	Electric	Electric	Electric	Phineas	Big City	Big City	Big City
ESPN	(11:00) Sp	LLSWS Th	ird-Place Ga	me: Teams	TBA (N)	Banana Ba	all World To	ur		X Games (N)		
ESPN2	(10:00) 30 f	2025 AKC	Fastest Dog	gs USA		30 for 30 L	ong Gone S	ummer		਼ਾ±±± Cat	tching Hell	('11)	
FNEWS	(11:00) Me	Fox News	(N) (Live)	Fox News	(N) (Live)	Fox News	(N) (Live)	Fox Repor	t (N) (Live)	Fox Repor	t (N) (Live)	Life, Liber	ty & Levin
FX	뜻★★★ Doc	tor Strange	e ('16) Bene	dict Cumber	batch.	뜻★★★ The	or: Ragnaro	k ('17) Tom	Hiddleston,	Chris Hems	worth.	뚯★★★ Bla	ack Panther
HBO	(11:00) Re	뿟★★★ Pric	de & Prejud	ice ('05)		(:10) The G	ilded Age	(:05) The G	ilded Age	The Gildeo	d Age	(:55) The G	ilded Age
HIST	(11:00) Ma		nes	The Machi		The Machi	nes	The Machi		The Machi		The Machi	
ION	(11:00) NC	NCIS		NCIS "Dest	iny's Child"	NCIS		NCIS "Boo	m"	NCIS "Thire	d Wheel"	NCIS "Frag	jments"
			I in the Wo	. ,			ife of a Soro		,	~ •	pand's Baby	, , ,	,
MAX	(:35) ਼*★★ [` '			gan ('17) Hu	gh Jackmar		(:20) The K		(:20) The K		(:15) The K	nick
NBCSPA	_		Paid Prog.			Phillies			•		angers (N) (,	Phillies
NICK	, , , ,		<u> </u>		•		(:45) ♀ Spo r						
PARMT	(11:00) Bar			Bar Rescu		Bar Rescu	-	Bar Rescu	-	Bar Rescu		Bar Rescu	e
TBS			lard ('15) Ke				Hangover P	, ,			Hangover P	, ,	
TCM			Happened (*	vs. Secreta	• • •		,	Met in Bon	, ,	Movie
TNT	, ,	A	ost World:		. ,			**			t ers ('19) Ky		
USA	Pro Motoci	ross Ironma	n National		NASCAR	NASCAR (Cup Series (Go Bowling	at The Glen	(N) (Live)	NASCAR	Law & Ord	er: SVU

SUND	AY EV	ENING									AUG	UST 10	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	CBS-News	News (N)	60 Minutes	(N)	Big Brothe	er (N)	Tracker "N	oble Rot"	Tracker		News (N)	(:35) Sports	JoniTable
6-ABC	News (N)	WorldNe Videos						ndsay Lohan.		News (N)	News	FYI Philly	
10-NBC	NBC10Ne	NBC News	Gymnastic	s	America's Got Talent			"Auditions 9"		NBC10 News (N)		Bensinge	
(17-MNT)	Goldbergs	s Goldbergs Whose		ma Mia! ('08	B) Pierce Bro	snan, Meryl Streep.		Action News at 10 (N)		Mod Fam	Mod Fam	Seinfeld	
23-PBS	(5:00) Wo Engelbert Hum			Great Performances				Love Train		Rick Steves		s Poland	
29-FOX	Stories Cars.TV		The Quiz With Balls		MasterChef		Secret Service		FOX29 Your Stories		News (N) Extra (N)		
57-CW	Pocono Mountains		FamFeud FamFeud		CBS News Sunday Mo		orning (N)	LifeLock	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	WWE (SP)	WWE (N)	WWE LFG	(N)	LivePD	LivePD	LivePD
AMC	Movie			ary Elwes, Helen Hunt. Nautilus (N)			۷)	(:10) Nautilus		(:15) *** ★★ Signs ('02)	
CNN	CNN Newsroom (N) CNN Newsroom (N)			CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spec	
DISC	Naked and "No Fury Like a Woman Thorned"			Naked and A "Dropping Like 2		g Like Zomb	ke Zombies" (N) (:05) In		Eye (N) (:05) Maroc		oned	Naked and	
DISN	Big City	BigCity	뿟★★★ LigI	htyear ('22)		(:50) Kiff	(:15) Kiff	(:40) Kiff	Electric	Electric	Place	Place	Bluey
ESPN	Countdown (N) (Live) MLB Baseball Chicago			Cubs at St. Louis Cardinals (N) (Live)			SportsCenter (N) (Live)		e)	SportsCenter (N)			
ESPN2	ACC Huddle Baseball States			tatcast Editi	ition: Chicago Cubs at St. Louis Cardinals (N)				Golf			30 for 30	
FNEWS	Weekend (N) (Live)	Weekend (N) (Live)		Life, Liberty (N) (Live)		Sunday (N) (Live)		One Nation (N) (Live)				Weekend
FX	(5:00) ♥★★★ Black Panther ('18)			*** ★ Avengers: Infinity War ('18) Chris Hem				•		.,		& the Was	
HBO	(:55) Gilded (:50) The Gi		, ,		I "Ex-Communicated"		Gilded (N) (SF)		(:10) Yogurt (N)		LastWeek (:50) The G		ilded Age
HIST	Booze, Bets and Sex "Secrets & Sins"			ins"	Booze, Be	ts and Sex '	'Empires Lost"		(:05) Booze, Bets and		Sex "Sin Cities"		America
ION					,				NCIS				NCIS
(IFE	Finding Faith ('25) Paula Patton.			★ A Strang	ger's Child (, , ,		(:05) * The Bad Orpha		` , ,		Movie	
MAX	(:10) The Knick (:05) The Knick		F*★★ The Flash ('23) Sasha Calle, Ezra Miller.				(:25) ** ★ Blue Beetle		('23) Xolo N	/laridueña.			
NBCSPA	(5:30) Phill Go Racing Golf (N) NFL Footb		all Cincinnati Bengals at Philadelphia Eagles				MLB Baseball						
NICK	Movie	SpongeBo	b SquarePa	nts	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang
PARMT	Bar Rescue				Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		BarRescue
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	₩ Hangove	er Part II
TCM	(5:45) \\$\disp\disp\disp\disp\disp\disp\disp\disp				**★★★ Teacher's Pet ('58) Clark Gable.				(:15) \\ ★★★ The Misfits ('61) Clark Gable.				
TNT	(5:30) ** ★★ Godzilla vs. Kong ('21)				**★★ The Meg ('18) Jason Statham.				(:15) *** ★ Evil Dead Rise ('23) (P)	Movie
USA	Law & Order: SVU Law & Order: SVU			Law & Order: SVU Law & Order: SVU			Law & Order: SVU Law		Law & Ord	Law & Order: SVU			

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- Music & Prizes!









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See website for full schedule or vendor info: HTTPS://AC4HFAIR.ORG/fair-information

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Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.



NORTHFIELD CARDINALS TO HOST FREE YOUTH SKILLS CLINIC AUGUST 9 AT BIRCH GROVE

This Saturday, August 9, the Babe Ruth Field at Birch Grove Park in Northfield will buzz with youthful energy and crackling excitement as the Northfield Cardinals host a free baseball and softball skills clinic for kids ages 6 to 12, from 9 a.m. to noon. It's all about foundational instruction—hitting, infield and outfield drills, pitching basics, and catching mechanics—taught by local coaches and Cardinals players in a supportive, no-pressure setting.

The clinic is rooted in the community-first philosophy of the South Jersey South Shore Baseball League, a wooden-bat summer league launched in 2021. Organized by and for players in Atlantic County, the league was founded by former Cardinals coach Josiah Bunting with the goal of providing serious development opportunities—and even pathways to collegiate and professional baseball—while maintaining strong ties to youth instruction and local outreach. The Cardinals team page notes their proud affiliation with this mission and league ethos.

Participants will flow through skill stations, rotating among instructors while emphasizing technique and teamwork. Each child needs to bring a glove and water bottle; cleats and bats are welcome if available, but not required. Volunteers and Cardinals alumni will work side by side with attendees—passing on not just tips, but community pride and mentorship.

Located at 1700 Burton Avenue in Northfield, Birch Grove Park is a 271-acre public space featuring wooded trails, freshwater fishing lakes, playgrounds, covered picnic areas, and a network of baseball and softball fields, including the well-kept Babe Ruth diamond where the clinic will take place. The park also offers camping sites and a nature center, making it a year-round destination for families and outdoor enthusiasts. Open daily from 7:00 a.m. to dusk, Birch Grove is more than just a park—it's a community hub where generations of kids have learned to ride bikes, hit fastballs, and spend long summer days in the sun. Hosting the clinic here speaks to the Cardinals' focus on accessibility and hometown pride.

The South Jersey South Shore Baseball League (SJSSBL) includes teams from across Atlantic and Cape May counties—such as Somers Point, Absecon, Margate, Hammonton, and Egg Harbor Township—and offers seasonal schedules including fall ball and midweek games. All teams are volunteer-run and dedicated to player development, with league-wide all-star games, umpire training, and expanded programming throughout the year.

The Northfield Cardinals regularly participate in youth outreach and development events, with this Saturday's clinic being one of several annual efforts to promote skills, confidence, and love for the game at the community level. For questions or updates, parents can reach out directly to the Cardinals via their Facebook page or visit southjerseyssbl.com for more details about the league, schedules, and upcoming events.







Jersey Peach & Cucumber Salad with Minted Honey-Lime Dressing

- · 3 ripe Jersey white or yellow peaches, sliced or cubed
- 1 large local cucumber, thinly sliced (leave skin on if unwaxed)
- ¼ red onion, very thinly sliced
- · 2 tbsp chopped fresh mint
- 1 tbsp local honey
- Juice of 1 lime
- 1 tbsp extra virgin olive oil
- · Pinch of sea salt

In a small bowl, whisk together honey, lime juice, olive oil, and a pinch of salt. In a larger bowl, toss together peaches, cucumber, red onion, and mint. Drizzle dressing over the top and gently fold to combine. Serve chilled or at room temperature. Add crumbled feta or toasted almonds for extra flavor.

Sweet Corn & **Zucchini Fritters** with Tomato-Basil **Dipping Sauce**

- 2 ears of fresh local corn, kernels cut off
- 1 small local zucchini, grated and drained
- 1 local egg
- · 1/4 cup finely chopped scallions
- ½ cup all-purpose flour ¼ tsp baking powder
- Salt and pepper to taste · Olive oil for pan-frying 1 cup chopped fresh local tomatoes
- **Tomato-Basil Sauce:** 1 small garlic clove
- · 6 fresh basil leaves
- 1 tbsp olive oil
- · Pinch of salt

For the sauce: Blend all ingredients until smooth. Set aside. For the fritters: Combine corn, zucchini, egg, scallions, flour, baking powder, salt, and pepper in a bowl. Heat a thin layer of oil in a skillet over medium heat. Drop heaping tablespoons of batter into the pan, flatten slightly, and cook until golden brown on both sides (about 3-4 minutes per side). Drain on paper towels and serve hot with tomato-basil sauce.



ATLANTIC COUNTY FARMER'S MARKETS

New Jersey isn't known as "The Garden State" for no reason. Whether you're visiting for the day or week, or a seasonal or year-round resident, you'll want to take advantage of the locally sourced, deliciously fresh produce available at any of the local weekly markets listed below.



ATLANTIC CITY

Third Wednesdays, 10am–2pm, May - July AtlantiCare Healthplex - 1401 Atlantic Avenue (609) 441-8098

BRIGANTINE

Saturdays, 8am-12pm, May 24-August 30 Brigantine Community School Parking Lot - Roosevelt & Sheridan brigantinebeach.org/brigantine-farmers-market

EGG HARBOR TWP

Sundays, 10am-2pm, May 25-August 31 Atlantic County Library Grounds - Ocean Heights & Swift brigantinebeach.org/brigantine-farmers-market

GALLOWAY

Thursdays, 4-7pm, June 26-September 4 Historic Smithville Village Greene - 315 E. Moss Mill Rd. gogreengalloway.org

HAMMONTON

Fourth Fridays, 5-8pm, June-September Hammonton Green Market - 15 Horton St. hammontongreencommittee.com/ hammonton-green-market

MARGATE

Thursdays, 8:30–11:30am, June 12–August 28 Steve & Cookie's Parking Lot - Monroe & Amherst facebook.com/p/Margate-Community-Farmers-Market-100057846991480

SOMERS POINT

Saturdays, 8am-12pm, May 17-September 6 Somers Mansion - 1000 Shore Rd. facebook.com/p/Somers-Point-Farmers-Market-100083167370933

VENTNOR CITY

Fridays, 8:30am-12pm, May 23-August 29 St. James Church Parking Lot - 6421 Atlantic Ave. facebook.com/ventnorcityfarmersmarket



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Whatever your reason, the need is constant and your contribution is important for a healthy and reliable blood supply. And you'll feel good knowing you've helped change a life. To lean more, visit www.redcross.org

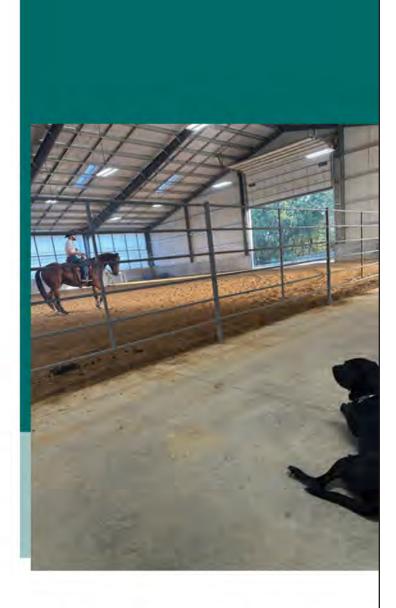
The need is constant. The gratification is instant. Give blood.

PARTNERS | TALES FROM THE SEEING EYE

Alosha & Jon

"Horses are in my blood. My people are Cossacks," said Alosha Moore, a Seeing Eye graduate who also is a horse trainer and rider... when he isn't working at his day job as an attorney for the U.S. Air Force Material Command, building and reviewing contracts for the procurement and distribution of military materiel.

Adopted by a family living in Kansas, Alosha started riding horses at age 9, and soon was competing in rodeos, then became a horse trainer. "I'm lucky that no one said, 'You're blind, you can't do this,'" Alosha said. "Instead they said, 'Let's figure out how you can."



Now he owns and operates Equine Reining Academy LLC, a horse ranch and riding school in Hiawatha, Kansas. "We do all the fun stuff you see cowboys doing," he said.

Alosha first came to The Seeing Eye in 2013 to be matched with a yellow Labrador retriever named Frosty. He returned in 2022 and was matched with Jon, a black Labrador/golden retriever cross. The photo shows Alosha riding a horse while Jon watches attentively.

SEEINGEYE.ORG





"MEET THE PACK!"

BEATING THE HEAT: FOUR TIPS TO KEEP YOUR DOG SAFE DURING THE SUMMER!

The Seeing Eye hopes you and your pups are having fun and staying cool in this warm weather.

Humane Society of Atlantic County • (609)347-2487 1401 Absecon Boulevard • Atlantic City, NJ www.HumaneSocietyAC.org

If you're looking for fun activities to beat the heat, you may consider taking your pups swimming. Some like to swim in the pool or on a leash/line in a lake or the ocean!

But please consider the following four tips when taking your dogs to any of these spots:

- Prolonged exposure to the sun can cause a dog's skin to burn (just like humans!). And hot sand can burn their pads, so avoid long walks on the beach and always provide a shady spot for them to rest.
- Salt, chlorine, and algae can irritate a pup's coat and make them sick if ingested. Please discourage them from drinking the water and monitor for signs of itchiness, Gl upset, and/or disorientation.
- Always rinse off/bathe your pup after it is done swimming. Remember to dry the fur and ears thoroughly. Use an ear cleaner with a drying agent so they don't develop an ear infection. Watch for hot spots or skin irritations that may develop under moist fur.
- Provide the pup with plenty of fresh, clean water and give them time to chill out and observe what's going on around them. It's a great exposure opportunity; think of it like TV for dogs!

Credit: Puppy Raiser Manual, 6.8: Picnics; 6.9 Summer Tips; 6.10: Beach Tips; Is It Safe for Your Furry Friend to Join You Poolside?

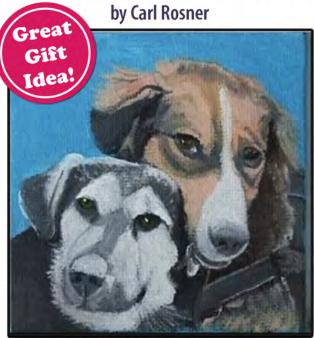


PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise these amazing puppies for The Seeing Eye. Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny. If you are interested in raising a puppy for The Seeing Eye, call Peter at (609)804-8774 or visit seeingeye.org/raise for info.

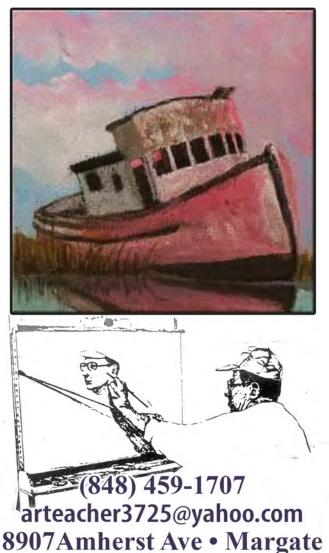




Paintings & Lessons



An artful 3" x 3" miniature on canvas



VENTNOR CULTURAL ARTS CENTER SOUTH JERSEY PLAYER'S THEATER-ARTS CAMP '25

Theater Games/Scenes&Monologues/Stage Combat/Stand-up Comedy/And More!



Saturdays: 8/9, 8/23 (NO 8/16)

9:00 AM-12:00 PM

\$40.00 per session (6-11year-olds)

Registration: (347) 920-6399

Location: Inside Ventnor Library Complex

Ventnor Cultural Arts Center

6500 Atlantic Avenue—at New Haven

Ventnor, NJ



08406

Children's Books That Spark Wonder in Big Lessons from the Tiniest Creatures

Moth Metamorphosis: A Bug Club Story by Gina Gallois Illustrated by Elisabeth Clover

The Bug Club kiddos are back! When the Bug Club kids stay up late to spot nocturnal insects, things don't go exactly as planned — until they encounter the magical moment of a moth laying her eggs. Through curiosity and teamwork, Jaylen, Hyacinth, and Sakura uncover the wonder of the promethea moth and its incredible transformation. Moth Metamorphosis blends scientific discovery with story-driven exploration, showing how a simple night outdoors can lead to big lessons about patience, change, and the hidden beauty of nature's smallest nighttime visitors.

Diary of a Bee by Stepanka Sekaninova Illustrated by Linh Dao

Through the pages of a charming diary, young readers follow Matilda, a hardworking little bee, as she buzzes through her daily life in the hive. Alongside her friend Thomas, Matilda shows us just how important bees are — from caring for their queen to pollinating plants and keeping ecosystems thriving. With vibrant illustrations, fun facts, and a playful format, Diary of a Bee offers an inside look at the hidden world of these tiny creatures who play a giant role in keeping our planet healthy. It's a sweet and smart reminder that even the smallest wings can carry big responsibility.

A Stone Sat Still by Brendan Wenzel

What looks like "just a stone" to one creature is a home, a perch, or a hiding place to another. In this quietly powerful book, Brendan Wenzel explores how a single rock becomes something different to each animal that encounters it — depending on time, place, and perspective. A Stone Sat Still invites readers to consider how even the smallest, stillest part of nature can hold deep meaning. With poetic text and rich illustrations, it gently encourages mindfulness, environmental awareness, and the understanding that every tiny part of the natural world matters — even a simple stone.

Hey, Little Ant by Phillip and Hannah Hoose Illustrated by Debbie Tilley

To squish or not to squish? That is the question! In this engaging and thought-provoking story, a little ant and a young girl engage in a heartfelt conversation about life, kindness, and respect. Hey, Little Ant challenges readers to consider the impact of their actions, no matter how small the creature. Through the ant's perspective, kids learn valuable lessons about empathy and making thoughtful choices in the natural world — showing that every life, big or small, deserves care and respect.

Worm Makes a Sandwich by Brianne Farley

Worm might be tiny and have no hands, but he's on a mission to make you a sandwich. First ingredient? Garbage! Worm Makes a Sandwich is a laugh-out-loud, surprisingly informative tale, Worm walks readers through the wonders of composting, from apple cores and mushy veggies to rich, garden-ready soil. Along the way, he and his wriggly friends show just how essential worms are to growing healthy food and keeping the planet clean. With humor, heart, and just the right amount of gross-out fun, this book proves that even the lowliest creatures can teach big lessons about sustainability and teamwork.

Jumper: A Day in the Life of a Backyard Jumping Spider by Jessican Lanan

What's it like to be no bigger than a bean, to leap five times your body length, and feel the world through your elbows? That's the everyday magic of Jumper, a tiny jumping spider with a big presence. This beautifully illustrated, scientifically grounded book offers readers an up-close look at the hidden world of one of nature's most agile and misunderstood creatures. With poetic narration and fascinating facts, Jumper invites kids to step into a spider's shoes (or eight legs) and discover how even the smallest lives are full of strength, skill, and surprising beauty

Jul

7/3 Inside Out 2

Pre-Movie Activities – TBA Food: Jace's Pizza - Pizza Night

7/10 Captain America - Brive the World

Pre-Movie Activities - TBA

7/17 Mufasa (The Lion King - 2025)
Lucy the Elephant - Crafts for Kids
Food: TacocaT- Food Truck

7/24 Wonka (2023)

Pre-Movie Activities - TBA Food: Jace's Pizza - Pizza Night

Jace's Pizza - Pizza Night

7/31 Despicable Me 4
Scotts Dock: Terrapins

Presented by





8/7 Lilo & Stitch 2: Stitch Has a Glitch

Stacey's Surf Camp - Activities Food: Jace's Pizza - Pizza Night

8/14 Transformers: Rise of the Beasts

Pre-Movie Activities - TBA Food: TacocaT- Food Truck

8/21 Dog Man

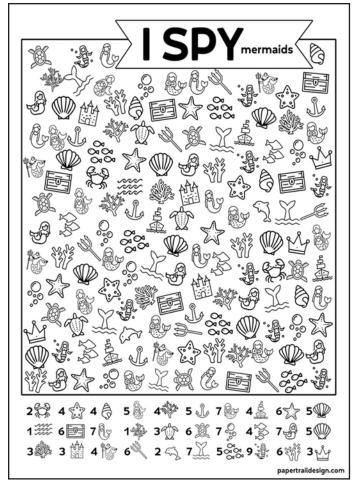
Sustainable Downbeach - Telescope night Food: Jace's Pizza - Pizza Night

8/28 Wicked

Pre-Movie Activities - TRA



PRE-MOVIE ACTIVITIES BEGIN AT 6:30PM
FREE MOVIE ON HUNTINGTON AVE. BEACH BEGINS AT 7PM





Brigantine's shoreline will come alive this Monday, August 11, as Surf Jam 2025 returns to 16th Street Beach for a day of waves, wipeouts, and hometown pride. This annual community surf contest - open to Brigantine residents only - welcomes all ages and skill levels, from first-time groms to local legends. It's a low-pressure competition with high-energy vibes, and a beloved highlight of the island's summer calendar.

The first heats begin around 9:00 a.m., with competitors grouped by age and board type. Spectators are welcome to watch from the sand as surfers rotate through timed heats, with judges tracking form, creativity, and wave usage. Winners in each division receive plaques or prizes, but most walk away with nothing more than a sandy smile and a few new friendships.

Registration must be completed in advance via liveheats.com/events/396311. Entries close at 4:00 p.m. on Sunday, August 10, and no beach-day signups will be accepted. If surf conditions don't cooperate, Tuesday, August 12, will serve as the official rain date.

SURF JAM 2025 DIVES INTO BRIGANTINE ON AUGUST 11

The event is organized by the City of Brigantine Beach Recreation Department, with support from local volunteers and the city's surfing community. Contest updates and heat schedules will be posted to LiveHeats in real time throughout the day. For full contest details - including division breakdowns, waivers, and judging info - visit the event page directly or contact the Brigantine Rec Department at (609) 264-7350 ext. 1.

Held annually since the early 2000s, Surf Jam has grown from a casual gathering into a true local tradition - where the whole island shows up to cheer on neighbors, siblings, and kids catching their first real ride. Parking is available nearby on 16th Street, but it fills fast; biking or walking is encouraged for locals.

Whether you're surfing in it or just soaking up the scene, Surf Jam 2025 is a celebration of everything Brigantine stands for: local pride, ocean life, and a summer that always ends with sand in your shoes.





PUMPKIN & PEANUT BUTTER DOG TREATS

Ingredients

- 2 cups flour
- · 1 cup canned pumpkin
- 1/2 cup peanut butter



Instructions

- · Preheat your oven to 375 F.
- · Mix the pumpkin & peanut butter in a large bowl.
- · Stir in the flour & combine the mixture into a dough.
- · Roll out your dough onto a floured surface
- · Cut out shapes with your favorite cookie cutters.
- · Place your treats onto a baking sheet, about a half an inch apart.
- · Bake for 12 minutes in the preheated oven.

This recipe yields 3 baking sheets worth of treats. If you use a large cookie cutter (3 inches) you'll get 60 individual dog treats.

These can be stored in a container at room temperature for a week. I usually keep 1/3 of them out & freeze the rest for later.



ANAL GLAND PROBLEMS

Submitted By Patsy Nelson from The Wagging Tail

So many dogs and some cats are seen by their owners scooting across the floor or carpet, or frequently licking their anal area. Sometimes it could be a dirty butt, sometimes worms, and most times an anal gland issue. Just as with humans, pets need fiber in their diets. I learned early on to feed my horse a lap of hay in the morning first thing to get the digestive juices flowing and get that fiber into her before giving her grain. And think about all the small animals that have the benefit of hav to push out the accumulation of waste. Most commercial dry foods do not have enough fiber to be of much help. Consequently, many dogs need their anal glands expressed by the vet or the groomers. It is also possible for you to learn how to do it yourself, but extreme caution and confidence is required. Also, it can be a nasty smelly experience. Some articles strongly state that no one should express the anal glands. Their opinion is that "your dog shouldn't need his anal glands expressed. All that repeated squeezing and pinching can cause more inflammation, swelling and injury. Regular expressing can make the anal glands dependent and then they won't work on their own." It is also highly recommended by some that you do not have the glands surgically removed, as it can permanently damage the anal sphincter. Do your research and get a second opinion before doing surgery.

As pets age, they develop a variety of health issues, and some chronic diseases may cause a blockage in the anal ducts. Often drugs, chemicals, vaccines (we sure use plenty of them on our pets), and poor nutrition are suspects in poor anal health. I have done my research, and truth be told, many of us are over-vaccinating our dogs and cats. I recommend to my customers, and you the reader, that unless your pet needs antibiotics, DO NOT get any vaccines except rabies; after their initial puppy or kitten shot series. There is much data out there that we are causing more harm with too many vaccines, many of which are not a guarantee that they will protect your pet - like Lyme's vaccine. Think too, of using that money to put quality food into your pet's body. Rescued dogs, in-particular, have a history of impacted anal glands mainly because of poor diet. Preventing anal gland problems really starts with a good quality food free of unnecessary fillers and questionable ingredients and sources of those ingredients. We have many free samples for you to try of family-owned, multi-generational, recall-free foods.

The Wagging Tail attempts to carry products that are as effective as the vet's but easier on your pocketbook. One of those products is called Glandex. Glandex is made in the USA of all-natural ingredients such as pumpkin seed, apple pectin, Quercetin Dihydrate, which is a flavonoid found in many fruits and vegetables and has powerful anti-oxidant, anti-inflammatory, and antihistamine properties. Glandex also has Bromelain extracted from pineapple, and like MCT oil for BD oil, it increases bioavailability. In this case, Quercetin, aids with digestion, and reduces allergies and inflammation. Glandex also contains Lactobacillus Acidophilus: a probiotic useful in improving digestion and immune function. Using Glandex regularly can help resolve the underlying issues of anal gland impaction. Glandex comes in a powder or a chewable form. Come in and check out this great product I use on my pets.

October will be 39 years. Thank you for keeping a small business in business! Visit our cat shelter (on premises) and dog shelter in Ocean View.

MONDAY EVENING AUGUST 11, 202												l, 2025	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	Neighbor	Neighbor	FBI		Watson		News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	Bachelor i	n Paradise	(N)		Match Gar	ne	News (N)	(:35) J. Kim	nmel (N)
10-NBC	NBC10Ne	NBC News	NBC10Ne	Hollywood	American	Ninja Warri	or Finals 2 (N) Survival N		ode (N)	NBC10Ne	(:35) J. Fall	on (N)	
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Penn & Te	ller	Whose	Whose	Action News at 10 (N)		Big Bang	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	America O	utdoors	NOVA "Wild Ways"		Wild Scandinavia		NJ Spotl	One on O	Newsline
29-F0X	News (N)	Kelly (N)	Extra (N)	TMZ (N)	The 1% CI	ub	The Quiz With Balls		News (N)		News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	nia (N)	True Crime	Crime	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	LivePD	LivePD	LivePD
AMC	뿟★★ Natio	nal Lampo	on's Vacation	on ('83)	뿟★★ Uncl	e Buck ('89)	John Cand	y.	(:15) ਼ਿ*★★	The Great C	38)	Movie	
CNN	Jake Tappe	ke Tapper (N) (Live) OutFront (N) (Live)		Cooper 360 (N) (Live) The Source (N) (Live)		CNN (N) (Live)		Laura (N) (Live)		Cooper36			
DISC	Contraban	d: Seized	Contraban	d: Seized	Contraban	ıd: Seized	Contraban	id (N)	Contraband: Seized		Contraband: Seized		Contraba
DISN	Bluey	Big City	Big City	Dream		S 4: Dawn of	the Vampi	Electric	Electric	Electric	Jessie	Jessie	Bluey
ESPN	SportCtr (N	N) (Live)	E60		Fantasy Fo	ootball Now	(N) (Live)				SportCtr (SportCtr (N) (Live)	
ESPN2	Football	ESPN BET	NFL Live		Wolves	ves Wolves Home Games			Wolves		Wolves		E60
FNEWS	Bret Baier	(N) (Live)	Ingraham (N) (Live)	Jesse (N) (Live) Hannity (N) (Live)			Gutfeld! (N	l)	Fox News	(N) (Live)	The Five	
FX	뿟★★ Alien	s vs. Preda	tor: Requie	m ('07)						y ('22) Amb	er Midthund	er.	왓 Village
HBO	(:20) Last V	Veek To.	Yogurt Mu	rder	The Gilded Age (:10) ** ★★ A Mine			A Minecraft	Movie	(:55) The Y	ogurt Shop	Murders	(:55) Gilde
HIST	History's-N	lysteries	History's-N	/lysteries	History's-I	Mysteries	Mysteries (N)		(:05) Life After (N)		(:05) Mysteries		Mysteries
ION	Criminal M	inds	FBI		FBI FBI			FBI "Liar's	Poker"	FBI "Crazy Love"		FBI	
Œ	NCIS "Love	& War"	NCIS "Deliv	/erance"	Dr. Pimple Popper Dr. Pimple (N)		(:05) A Sorority (N) (P)		` '		Dr. Pimpl		
-		(:25) 9 Cut	(/			nanic: Resu	rrection	(:40) ਼ਿ*★★	Dredd ('12)	Karl Urban.	(:15) 9 Hur	ntsman: Wir	nter's War
NBCSPA	MLB Basel	ball Philadel	'	at Cincinna	ti Reds (N)	(Live)	Phillies (N) (Live)	Birds (N)	Birds	Short List	Immortals	Baseball
NICK	(5:00) ₹ Des	picable Me	SpongeB	SpongeB	Friends	Friends		Friends	Friends	Friends	Friends	Friends	Big Bang
PARMT		Two Men		Two Men		adiator Leaf						♥ Django I	
	•	•	•		Big Bang		•		Big Bang	Big Bang	Jokers	Jokers	American
		(:45) ♀ Tor				issing ('33)	, , ,	- ,	. ,				
	, , ,	The Meg (, , , ,		Trench ('23	,		(:15) ♥★★ Black Adam ('22) Aldis Hodge, The Rock.				
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	er: SVU	Law & Order: SVU Resident Ali			Alien	Law-SVU

TUES	DAY E	VENIN	G								AUG	UST 12	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	-
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	NCIS		NCIS: Orig	ins	NCIS "Hea	rt Starter"	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	High Pote	"Obsessed"	Will Trent	Will Trent		Will Trent		(:35) J. Kim	mel (N)
10-NBC	NBC10Ne	NBC News	NBC10Ne	Hollywood	Got Talent	Got Talent "AGT 20th Bi		3irthday Party" (N)		Survival Mode		(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	WWE NXT	(N) (Live)			Action News at 10 (N)		Big Bang	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	My Life	(:45) Doc M	lartin	Celebrity T	rip	Soundch	NJ Spotl	Que Pasa	Newsline
29-FOX	News (N)	The Pulse	Extra (N)	TMZ (N)	The 1% Cl	ub	The Snake	(N)	News (N)		News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	ia (N)	True Crime	Crime	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Customer	Customer	Customer	Customer	RoadWar
AMC	(4:45) ♥ Uncle Buck ♥★★ Footloose ('84) L				ori Singer, I	Kevin Bacon	•	뿟★★ Sixte	en Candles ('84) Molly Ringwald			뿟★★★ Pretty in Pin	
CNN	Jake Tapper (N) (Live) OutFront (N) (Live)		Cooper 360 (N) (Live) The Source			(N) (Live)	CNN (N) (L	ive)	Laura (N) (Live)	Cooper36		
DISC	Mud "Trench Warfare" Mud "He's a Cheater"		Mud Madness (N)		Truck Dynasty (N) (P)		Red Bull Race		Caught!	Caught!	Mud		
DISN	Bluey	Big City	Big City	Big City	Kiff	Kiff	StuGo	ZOMBIES	Ladybug	Electric	Jessie	Jessie	Bluey
ESPN	SportCtr (N	l) (Live)	Countdo	Basketball	Dallas Wing	gs at Indiana	Fever (N)	Big Dream	ns (N) SportsCer		nter (N) (Live)		SportCtr
ESPN2	Football	ESPN BET	SportsCen	ter Special	Fantasy Fo	otball Draft (N) (Live)		The Ultimate		NFL Live		Football
FNEWS	Bret Baier	(N) (Live)	Ingraham (N) (Live)	Jesse (N) (Live)		Hannity (N) (Live)		` '		Fox News (N) (Live)		The Five
FX	(5:30) 뽯★★	★ Alien: Ro	mulus ('24)		Alien: Earth (N) (P) Alien: Earth (N)			Alien "Nev	erland"	Alien: Earth "Neverland		d"	
HBO	(5:40) Marc	Maron	(:55) **★★ /	Alien: Cove	nant ('17) Hard Kno			()		, ,		Hard Knocks:	
HIST	The UnXpl	ained	Skinwalker	Ranch	Skinwalker Ranch (N) Skinwalker						There	(:35) Proof	Skinwalke
ION	Chicago "N	1y Miracle"	Chicago Fi	re	Chicago Fire Chicago Fire			re	· ·			Chicago Fire	
(IFE	The Rookie	•	The Rookie	The Con"	The Rookie "Exposed" The Rookie)	(:05) The R	ookie	(:05) The Rookie		Rookie
MAX	, ,		,			er Ascendii	3 ()		, ,	Sleepwalkir	ng ('08) (:50) \\ \dagger \da		Speed
NBCSPA	Phillies	MLB Basel	oall Philadel	phia Phillies	at Cincinna	iti Reds (N) ((Live)	Phillies (N)	(Live)	Birds (N)	Birds	Shelters	Baseball
NICK	(5:00) ♀ Des	picable M	SpongeB	SpongeB	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang
PARMT	Two Men			Two Men	To Be Ann					To Be Ann			
TBS	Big Bang					ronto Blue J			MLB Close	Mod Fam	Mod Fam		Mod Fam
TCM	(:15) 👯★★	The Rebellion	on of the Ha	anged ('54)	Soledad	' s Shawl ('5	2) Arturo de	Córdova.	₹★★★ 3 G	iodfathers ('48) John W	ayne.	Movie
TNT	(5:15) 👯★★	Black Ada	n ('22) The	Rock.	ਝ਼±⋆ San A	Andreas ('15	5) Carla Gug	ino, The Ro	ock.			Xolo Maridu	ueña.
USA	Law & Ord	er: SVII	Law & Ord	er: SVU	Law & Ord	er: SVII	Law & Ord	er: SVII	Law-SVU "	Genes"	Law & Ord	er: SVII	Law-SVU

WEDN	IESDA	Y EVE	NING								AUG	UST 13	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	Big Brothe	er (N)		Hollywood	Elsbeth		News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	Who Wants	s to Be (N)	Match Gan	Game (N) Shark Tan		k News (N)		(:35) J. Kim	mel (N)
10-NBC	NBC10Ne	NBC News	NBC10Ne	Hollywood	Chicago M	ed	Chicago Fi	ire Chicago "[Demons"	NBC10Ne	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Family Lav	v (N)	Good Cop/	p/Bad Cop Action Nev		n News at 10 (N) Big		Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Drive-Hist	Table	Great Performances				NJ Spotl	Drive-Hist	Newsline
29-FOX	News (N)	ClassH	Extra (N)	TMZ (N)	MasterChe	f (N)	Secret Service		News (N)		News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	ia (N)	True Crime	Crime	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Arrest (N)	Arrest (N)	CourtCam	CourtCam	CourtCan
AMC	(4:30) 👯★★	Footloose	Cousin Vin	ny ('92) Mar	risa Tomei, c	loe Pesci.	ቻ*** G	oodfellas (90) Ray Liot	Niro.			
CNN	Jake Tapp	er (N) (Live)	OutFront (N) (Live)	Cooper 36	0 (N) (Live)	The Source	e (N) (Live)	CNN (N) (L	ive)	Laura (N) (Live)	Cooper36
DISC	Expedition	Unknown	Expedition	Unknown	Expedition	Unknown	Expedition	Unknown	Blind Frog	Ran. (N)	Mysteries	of (N) (SP)	Expedition
DISN	Bluey	Big City	Big City	Big City	Big City	Big City	StuGo	ZOMBIES	Ladybug	Electric	Jessie	Jessie	Bluey
ESPN	(5:00) Little	League	Little Leag	ue Game 4:	Teams TBA	(N) (Live)	Countdo WNBA Basketball			SportCtr (N) (Live)
ESPN2	SportCtr (N	N) (Live)	NFL Live		E60 E60				30 for 30 T	he Two Bills			
FNEWS	Bret Baier	(N) (Live)	Ingraham (N) (Live)	Jesse (N) (Live) Hannity (N) (Live) (Live)	Gutfeld! (N)		Fox News (N) (Live)		The Five	
FX	Movie	¥★★ Juma	nji: The Ne	xt Level ('19	9) The Rock	The Rock. Sunny				ext Level ('19) The Rock. Alien			
HBO	(5:30) 뜻★★	★ Furiosa:	A Mad Max	Saga ('24)	Hard Knocks: (:55) ♥ Freaky Tales (24)	(:45) ♀ On	Becoming a	wl ('24)	
HIST	American I	Pickers	American I	Pickers	American Pickers American Pickers			Pickers (N)	(:05) Forge	d (N)	(:05) Forged (N)		Pickers
ION	Blue Blood	is "Trust"	Blue Blood	ls	Blue Bloods Blue Bloods			ds Blue Bloods			Blue Bloods		Blue Blood
	NCIS "Bour		NCIS		NCIS "Knoo	ckout"	NCIS "Hide	and Seek"	nd Seek" (:05) NCIS		(:05) NCIS "Toxic"		NCIS
MAX	, , , , ,	Blue Beetle	e ('23) Xolo	Maridueña.	Cut Ban	k ('14)		(:35) 9: ★ Getaway ('13)			(:05) * Your Monster (24)
NBCSPA	(5:00) MLB	Baseball			Phillies (N)	(Live)	Birds (N)	Birds	MLS Socce	er Toronto F	C at Philade	elphia Union	
NICK	٠ , ۸	lams Family		SpongeB	Friends	Friends	Friends	Friends	Friends	Friends		Friends	Big Bang
PARMT		Two Men		Two Men	To Be Ann					₹★★★ Ro	le Models ('08)		
TBS	0 0	•	•	•	All Elite W	<u> </u>	()		Jokers	Jokers		Mod Fam	
TCM	(:15) ♥★★★	The Troub		, ,		erms of End	`	, ,	MacLaine.	*** ** ** ** ** ** ** ** ** *			
	Supernatu		Supernatu			School of	` ,			Jump Stree	` '		
USA	Chicago "F	Prove It"	뿟★★★ Har	ry Potter a	nd the Deat	hly Hallows	: Part 1 ('10))	(:10) 9 Har	ry Potter an	d the Death	nly Hallows:	Part 2

THURSDAY EVENING AUGUST 14, 2025														
111011	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM		12 AM	
3-CBS		CBS-News			Big Brothe		Georgie	Ghosts	Matlock "F		News (N)	(:35) Colbe		
	News (N)	WorldNe	Jeopardy!	` '	Celebrity F	. , . ,	Press-Luci		Press You		News (N)	(:35) J. Kim	` '	
	NBC10Ne	NBC News			The Huntir	ng Party	Law & Ord	. , . ,	Law "Inher	Law "Inherent Bias"		NBC10Ne (:35) J. Fall		
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Police 24/7	,	Police 24/7	,	Action Nev	ws at 10 (N)	Big Bang	Mod Fam	Two Men	
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Making		POV	V		Show Me	NJ Spotl	State/Arts	Newsline	
29-FOX	News (N)	Kelly (N)	Extra (N)	TMZ (N)	Burgers	The-North	The 1% Club Nev		News (N)		News (N)	Phantastic	Extra	
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	ia (N)	True Crime	Crime	FamFeud	FamFeud	Neighbor	Neighbor	Conners	
A&E	Homicide Squad New Homicide Squad New				Homicide Squad New Homicide (N)				Lie Detec.	(N)	(:05) Homic	ide	Homicide	
AMC	(4:00) ♥ Goodfellas ♥★★ The Equalizer (1				4) Marton C	4) Marton Csokas, Denzel Washington.					('18) Denzel	Washington.		
CNN	Jake Tapper (N) (Live) OutFront (N) (Live)		N) (Live)	Cooper 360 (N) (Live)		The Source (N) (Live)		CNN (N) (Live)		Laura (N) (Live)	Cooper36		
DISC	Dirty Jobs		Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	
DISN	Bluey	Big City	Big City	Big City	Big City	Big City	StuGo	ZOMBIES	Ladybug	Electric	Jessie	Jessie	Bluey	
ESPN	(5:00) Base	ball (N)	Little Leag	ue Basebal	I (N) (Live) ESPN Films						SportCtr (N) (Live)		SportCtr	
ESPN2	SportCtr (N) (Live) High School Football				Milton (Ga.) at Buford (Ga.) (N) (Live)				NFL Live		E60		Kingdom	
FNEWS	Bret Baier	(N) (Live)	Ingraham ((N) (Live)	Jesse (N) (Live) Hannity (N) (Live)			Gutfeld! (N	l)	Fox News (N) (Live)		The Five	
FX	(4:30) ♀ Ant	-Man & W	۲++ Juras	ssic World:	Fallen King	Jdom ('18) C			**	ssic World:	hris Pratt.			
HBO	(5:50) Hard	(:50) Gildeo	I "My Mind I	s Made Up"	Yogurt Murder			, , , ,		Hurt My Feelings		Movie		
HIST	To Be Ann	ounced	To Be Ann	ounced	Alone "Weak Spot" Alone (I		Alone (N)	lone (N) (:05) Alone		()		(N)	(:05) Alon	
ION	Chicago P	.D. "Mercy"	Chicago P		Chicago P.D. Chicago "I Was						Chicago P.D.		Chicago NCIS	
	NCIS		NCIS "Toxi		NCIS "Lege		NCIS "Lege		(:05) NCIS		` '	(:05) NCIS "Aliyah"		
-		(:25) ਨੇ★★ \	,		r ★★ The Flash ('23) Sasha Calle, Ezra Miller.			()		lortdecai ('15)		Movie		
NBCSPA		MLB Basel					. , . ,	` '	, , ,	Birds (N)	Birds	Golf	Baseball	
NICK	, , , , ,	v to Train Yo					Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	
PARMT			Two Men		To Be Ann					To Be Announced				
	•		Big Bang	Big Bang	Big Bang		Big Bang		Jokers Jokes (N)			` ′		
		Asphalt Ju	• • •			Killing ('56	,	· / /	Crime Wave	,	(:15) ਼ਿ*★★			
-	A	Teacher ('11	,		X	mb & Dumb	` '	,	· / / · · · · ·	X (- /)			Movie	
USA	Law-SVU "	Delinquent"	Law & Ord	er: SVU	뜻★★ Click	('06) Kate E	Beckinsale, A	Adam Sandl	er. (P)	₹★ The Wa	aterboy ('98) Adam San	dler.	

Beaches in Atlantic County

ATLANTIC CITY - Lifeguards on duty, showers, changing rooms, food permitted, free admission. Visit atlanticcitybeachpatrol.org



BRIGANTINE - Brigantine Beach Lifeguards on duty, surfing beaches, showers, changing rooms, food permitted. Seasonal tags are \$25. Seniors over 65: Come in with identification for a free tag! You are only allowed 1 Beach Tag per identification. Active Military Members: Tags are free (4 free per family). Also, for veterans, beach tags are free only for that veteran. Daily tags are \$10; Weekly tags are \$15. Purchase at the Brigantine Beach Community Center located at 265 42nd St. Call (609) 264-7350 or visit brigantinebeach.org

EGG HARBOR CITY - Lake Park, 2300 Philadelphia Ave. There are lifeguards on duty and restrooms. Seasonal badges are \$25; senior citizens \$5; military with ID \$5; daily wristbands: \$10. Boat rides: \$10, gazebo rental \$35; table rental \$25 weekdays \$50 weekends; table rental with grill \$50 weekdays \$100 weekends. Purchase at the EHC Tax and Utility Office at City Hall at 500 London Ave. Call (609) 965-0123 or visit eggharborcity.org

HAMILTON TOWNSHIP - Cove Beach at Lake Lenape. Lifeguards on duty, open Thursday-Monday 11am-6pm from June 22-September 2. Seasonal tags are \$30; family 4-pack is \$100; daily wristbands are \$10 on weekdays and \$15 on weekends/holidays; children 11 and younger are free. Seasonal tags are available at the administration office in Town Hall in Mays Landing or for purchase at the Cove. Call (609) 625-4762 or visit hamiltonatlni.gov



MARGATE - Lifeguards on duty 10am-6pm, restrooms, surfing beaches, food permitted. Seasonal tags are \$20; Free seasonal tags are available to veterans and active military members... remember to have proper military identification to receive your free tag. Tags are also accepted in Ventnor. NEW TO MARGATE! MyBeach Mobile allows users the ability to purchase Digital Beach Tags without the hassle of having to carry around a Beach Tag. Under Pass Type you must choose Digital Pass or Physical Pass. To get started download the MyBeach Mobile App or visit www.mybeachmobile.com. Badges are sold at the Martin Bloom Community Pavilion at Huntington Avenue and the beach from 10am-3pm. Order online at www.jersey-cape-tags.myshopify.com/collections/margate. Beach restrooms are located at: Huntington Avenue (Bloom Pavilion), Rumson Avenue, Benson Avenue (Greenhouse), Adams Avenue beach. Accessible beaches with mats for easier mobility are at the following Avenues: Andover, Barclay, Clermont, Douglas, Exeter, Huntington, Kenyon, Osborne, Rumson, Vendome, Decatur, Madison, Coolidge. Call (609) 822-2605 or visit margate-nj.com. Margate City Beach Patrol Headquarters is located at Decatur Avenue and the beach. Call (609) 822-2370

LONGPORT - Lifeguards on duty from 10a-6pm, surfing beaches, showers, food permitted. Seasonal tags are \$35; seniors \$15; children up to 12 free. Beach badges are available at Longport Borough Hall, 2305 Atlantic Ave and at Lifeguard Headquarters, 33rd and Atlantic Avenues, or reserve them over the phone at (609) 822-3898. Order beach badges online at jersey-cape-tags.myshopify.com/collections/longport. Restrooms are located at 33rd and Atlantic Avenues in the Community Building-Lifeguard Headquarters. Wheel Chair Reservations call 609-822-6038. For more information, visit longportnj.gov

SOMERS POINT - William Morrow Beach, Higbee and Bay Avenues. Lifeguard on duty, rates for large groups available. The free beach looks over the bay and across to Ocean City. William Morrow Beach features free live music all summer, every Friday evening at 7 p.m. until the first Friday of September. A schedule can be found at somerspointbeachconcerts.com. Bring your chairs and coolers and come down to watch the shows. Call (609) 927-9088 or visit somerspointgov.org



VENTNOR - Lifeguards on duty 10am-6pm, surfing beaches, fishing pier, food permitted. Seasonal tags are \$20. Tags also accepted in Margate. Purchase tags at Ventnor City Hall, from a beach tag checker, or online at jersey-cape-tags.myshopify.com/collections/vent-nor. Ventnor City Beach Patrol Headquarters is located at the Suffolk Avenue beach. Call (609) 823-7948 or (609) 823-7953. Restrooms are located at the Ventnor Library and Cultural Arts Center, the beach side of Newport Avenue; Ventnor City Hall, 6201 Atlantic Avenue; Ventnor Municipal Fishing Pier; Ventnor Tennis Courts, Atlantic and Somerset Avenue; Cambridge Avenue and Boardwalk. Accessible beaches are at Suffolk and Newport avenues. In addition to ADA-approved access ramps and accessible parking, the beach patrol has accessible beach chairs for additional access to the beach. Dogs are not allowed on the beach May 15 through Sept. 30. From Oct. 1 to May 15, leashed dogs may be walked in areas washed by the high tide line. Call (609) 823-7904 or visit ventnorcity.org

MALIBU BEACH WILDLIFE MANAGEMENT AREA - Malibu Beach is a free dog-friendly beach located on the Egg Harbor Township end of the Ocean City-Longport Bridge. Open daily from 5am-9pm. Dogs are welcomed year-round. Dogs must be kept on leash. Respect all posted areas in beach nesting season, April through October. Parking is available right next to the beach. Only requirement is to clean up after your pup. No permits required, you can enjoy your favorite beach activities while your dog socializes with other dogs.



HEART-HEALING SOUNDBATH ON VENTNOR BEACH SET FOR AUGUST 8

This Friday, August 8, at 6:00 p.m., Ventnor Beach at Washington Avenue will host a Heart-Healing Soundbath on the Beach, an open-air session led by Sylwia, known in wellness circles as "Trident Woman." The event is free, donation-based, and intended as an intentional expression of gratitude toward those who've supported Sylwia through prior classes, retreats, and outdoor sessions. In her own words, "This isn't just an event — it's a thank you."

Attendees are invited to settle onto the sand with a mat or towel, then immerse in the combined tones of crystal bowls, tingsha bells, and the natural rhythm of ocean waves. The date holds significance as 8/8 is traditionally associated with abundance, alignment, and the Lion's Gate Portal, which astrologers consider a high-vibration time for intention-setting, healing, and heart-centered clarity. The alignment of the Sun in Leo with the rising of the star Sirius is believed to amplify energetic awareness—making it a favored date for meditative or restorative practices.

The beach session blends elements of sound healing and Reiki, using vibrational tones to help calm the nervous system and release emotional tension. Soundbaths are known to support deep relaxation and meditative states by slowing brain waves, while Reiki practitioners often describe the experience as channeling universal energy into the body to encourage balance and healing. The effect is both physical and subtle—working on body, mind, and mood in a shared field of intention.

Ventnor Beach at Washington Avenue offers accessible parking, public restrooms, and a wide shoreline suitable for up to 50 participants, providing both space and scenic calm. It's low-key but intentional: when the session wraps around 7:00 p.m., the sunset becomes part of the closing breath.



Holding the soundbath outdoors adds a natural layer to the practice—cooling breezes, rhythmic surf, and salt-rich air all enhance the experience for both body and breath. Many practitioners believe the beach environment itself supports emotional clearing, while grounding on the sand allows the body to recalibrate in a more elemental way. Combined with the vibrational tones of the bowls and bells, the result is a multisensory reset rooted in nature's own healing toolkit.

There's no registration or fee. The invitation is simple: show up with an open heart, breathe with others, and receive. As Sylwia summarizes her intention: "Let's return to the heart."

VENTNOR CITY FREE BEACH CONCERTS

August 9: East Coast Funk Band - 70's to today
August 16: Kick It Out - Heart Tribute
August 23: RED - Rock
August 30: Party Wave Band - Top hits, Classics,
70's to Today, Party Band







MARDI GRAS ON THE BOARDWALK

TONY MART PRESENTS MARDI GRAS ON THE BOARDWALK - Atlantic City at Kennedy Plaza

AUG 13: The Celebration of the Music of Chicago

FAMOUS PHILLY FUNK STAR & TROMBONE VIRTUOSO NO VACANCY ORCHESTRA — 10-PIECE TRIBUTE TO OUINCY JONES

AUG 20: Devon Allman's Blues Summit

FEATURING: WET WILLIE'S JIMMY HALL, LARRY MCCRAY, SIERRA GREEN

AUG 27: DEAD ZEP

MELODIC TRIBUTE TO THE GRATEFUL DEAD & LED ZEPPELIN

SEPT 3: CLASSIC POP STAR FINALE CONCERT



SOMERS POINT BEACH FREE CONCERT

The William Morrow Beach/Municipal Beach Park, located between Higbee & New Jersey Aves on Bay Ave.
Free show Fridays - Start At 7PM

AUG 8: Melody trucks band featuring vaylor trucks

ALLMAN BROTHERS LEGACY FROM THE FAMILY OF BUTCH & DEREK TRUCKS; SOUTHERN ROCK, AMERICANA, LITTLE FEAT, THE BAND, TRAFFIC, ALLMAN BROTHERS

AUG 15: VANESSA COLLIER BAND

DELAWARE VALLEY'S OWN INTERNATIONAL BLUES ROCK STAR

AUG 22: SOMERS POINT LEGACY

CONWAY TWITTY'S GRANDSON TRE TWITTY
WORLD CLASS ROAD HOUSE ROCKIN' BLUES OF THE
NIGHTHAWKS; HILARIOUS BOOGIE WOOGIE PIANIST
REVEREND BILLY C. WIRTZ

AUG 29: THE BILLY WALTON BAND

Touring internationally but still our own 'Jersey Shore Rock and Soul Guitar Hero'

SEPT 5: SOUTH JERSEY ALLSTAR LEGACY SALUTE CONCERT

Patty Blee, Lew London, Dr. Bobby Fingers, Danny Eyer, The Tony Mart Allstars with Howard Isaacson, Campanell Family Tribute to Bobby Campanell DEDICATED TO HERB "BUBBA MAC" BIRCH





SPORTS STUMPERS

Multi-Sport Athletes

By Alex Hendry

Questions:

- 1) One of the most charismatic athletes of the 20th century who is the only professional athlete to play in both the Super Bowl and World Series?
- 2) Though injuries disrupted his multi-sport professional career, who is the only athlete to have been selected to the NFL Pro Bowl and MLB All-Star Game?
- 3) Before his arm helped win four Super Bowls, which former quarterback set a national high school record in javelin with a throw of 244 feet, 11 3/4 inches?
- 4) Name the San Diego sportsicon who was drafted on the same day by the MLB and NBA drafts
- 5) Which current NFL starting quarterback was the first athlete in history to be drafted in the first round of the NFL and MLB draft?
 6) Name the two-time All American Notre Dame receiver who traded the gridiron for a Major League pitching mound and had successful stints with the Cubs and Giants

7) Which Super Bowl-winning quarterback was drafted as a catcher by the Montreal Expos? 8) Who was the recent inductee into the Baseball Hall of Fame that played quarterback at the University of Tennessee, which included being replaced due to injury by Peyton Manning? 9) Which Heisman Trophy-winning quarterback would have an 11-year NBA career? 10) Who was the the Heisman Trophy-winning running back who competed for the U.S. Olympic bobsleigh team while still an active NFL player?

Answers:

- 1) Deion Sanders
- 2) Bo Jackson
- 3) Terry Bradshaw
- 4) Tony Gwynn
- 5) Kyler Murray
- 6) Jeff Samardzija
- 7) Tom Brady
- 8) Todd Helton
- 9) Charlie Ward
- 10) Herschel Walker

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