

ATLANTIC

County Magazine

AUGUST 28, 2026

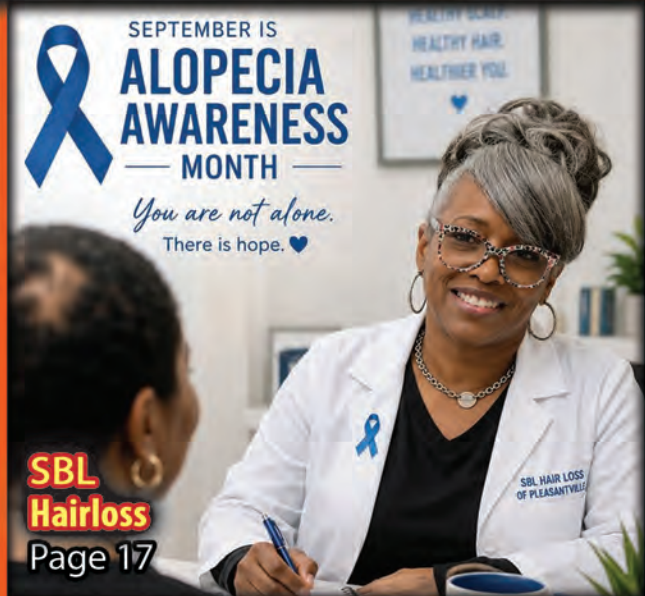
Entertainment • Attractions • Dining • TV Listings

FREE



**Vic's
Subs**

Page 51



**SBL
Hairloss**

Page 17



**B.F. Mazzeo
Fruit & Produce**

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ATLANTIC COUNTY MAGAZINE

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OUR 50TH YEAR!

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2026

ENTERTAINMENT A.C.

2026

BOARDWALK HALL

9/2 - RICARDO MONTANER
10/9&10 - ATLANTIC CITY COMEDY
FESTIVAL 2026

HARRAH'S:

8/28 - WHO'S BAD
10/10 - NURSE BLAKE

GOLDEN NUGGET:

9/15 - THE ROCKET MAN SHOW
10 /3 - TRAVIS CLOER SINGS THE
FRANKIE VALLI SONGBOOK
11/7 - WILL DEMPSEY
11/14 - MJ LIVE

BORGATA:

8/28 - COOPER ALAN
8/28 - SQUEEZE - T
RIED, TESTED AND TRIXIES
8/30 - ALABAMA
9/4 - BEATLES VS. STONES -
A MUSICAL SHOWDOWN

HARD ROCK:

8/28 - WU-TANG FOREVER:
THE FINAL CHAMBER
8/29 - AIR SUPPLY -
A MATTER OF TIME TOUR
9/11 - SONU NIGAM
9/18 - JON PARDI: GAMBLIN' MAN
TOUR 2026

OCEAN RESORT

8/27 - MAGICAL MYSTERY DOORS
8/28 - DEMI LOVATO
8/29 - COLLECTIVE SOUL
9/11 - JOHN FOGERTY AND STEVE
WINWOOD

CAESARS:

ONGOING - THE HOOK &
ATLANTIC CITY BALLET:
SLEEPING BEAUTY

TROPICANA:

9/24 - ALOHA FROM VEGAS - THE
ULTIMATE ELVIS TRIBUTE

ATLANTIC COUNTY CALENDAR

ATLANTIC CITY

Now - October 1: Free Yoga Classes in the Park

Time: 5:30 PM to 6:30 PM

Recurring weekly on Monday, Tuesday, Wednesday, Thursday

Find your balance with Free Yoga classes at O'Donnell Memorial Park, Monday through Thursday from June through October. Whether you're new to yoga or an experienced practitioner, these relaxing outdoor sessions provide the perfect way to unwind, improve flexibility, and recharge in a welcoming community setting steps from the beach and Boardwalk in the Chelsea Neighborhood. Yoga mats will be provided, and classes will move indoors to the Chelsea EDC office during inclement weather, making it easy to enjoy wellness all season long.



Wednesdays through September 2: Mardi Gras on the Boardwalk

Celebrate the spirit of New Orleans all summer long at Mardi Gras on the Boardwalk, a free weekly concert series taking over Kennedy Plaza in front of Jim Whelan Boardwalk Hall. Presented by Tony Mart, these Wednesday night performances bring the sounds of blues, rock, funk, soul, zydeco, and the unmistakable rhythms of Louisiana to the Atlantic City Boardwalk. From Grammy-winning artists and Rock and Roll Hall of Fame legends to tributes and local favorites, each evening offers a lively soundtrack to summer at the shore. Concerts begin at 7:00 p.m. and admission is free.

*In case of inclement weather the concerts will be moved indoors to the Claridge Hotel.



Select Saturdays through September 5: Tropicana Fireworks Series

Light up your summer nights with the Tropicana Fireworks Series, lighting up the beach and Boardwalk at 10:00 p.m. on select Saturdays throughout the season. Celebrate holiday weekends like Labor Day, along with additional summer dates, as dazzling displays burst over the Atlantic Ocean. Perfect for families, couples, and groups, these free shows offer a classic Atlantic City experience under the stars. Grab a spot along the shore or Boardwalk and enjoy a spectacular seaside celebration all summer long.

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TV CHALLENGE



The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

Across

1. Word on a Ouija board
4. Shape-shifting Norse trickster
8. Racket
11. Outback runner
12. Triumphant shout
13. Actress Thurman
14. Exactly that
17. Gardner of "Mogambo" (1953)
18. "As if!"
19. Ocean danger
21. Black shade
24. Ma's partner
25. You and I
26. "___ phone home!"
27. While
28. Jules Verne captain
30. Beams
32. Plus
34. Driver's need
35. Biological function scientist
41. Decline
42. Hunk
43. Fall flat
44. "The Bells" poet
45. Port in many an LCD TV
46. Time in history

Down

1. Long
2. Music genre
3. Poison plant
4. Turkish dough

5. Be shy
6. They're related
7. ___ a secret
8. Because of
9. Some online convos
10. ___ Pensacola (mil. center)
15. They may be standing
16. Small-town paper, informally
19. Welcoming
20. Put on a scale
22. On the road
23. Discounted by
29. Noncommittal response
31. Parenthetical comment
33. Good-looker
34. Mongolian expanse
35. Dash
36. Big inits. in movies
37. Dated
38. On the ___ (fleeing)
39. Round Table title
40. Leaves in a bag



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THURSDAY, AUGUST 27TH • 6:30-9:30PM
OPEN MIC W/ VINNY & THE MAYOR
FRIDAY, AUGUST 28TH • 4PM
SHUFFLEBOARD X's
6:30PM • TOE IN THE SAND
SATURDAY, AUGUST 29TH • 6:30PM
MUSIC BY SHAKEY JAKE
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HOROSCOPE

AUGUST 27 - SEPTEMBER 2, 2026

ARIES (March 21 – April 20)

This week brings a chance to turn a good idea into real progress. Don't wait for everything to feel perfect before getting started. A little confidence and quick action could put you ahead of the game by the weekend.

TAURUS (April 21 – May 21)

Slow down and pay attention to what is working rather than focusing on what isn't. A small change in your routine could make the week feel much easier. The weekend brings a good excuse to relax, reconnect and enjoy yourself.

GEMINI (May 22 – June 21)

Your social side is in full swing, and an unexpected conversation could lead to something exciting. Be open to changing your plans if a better opportunity comes along. A little spontaneity may be exactly what this week needs.

CANCER (June 22 – July 22)

Trust your instincts when it comes to a decision you've been thinking about for a while. You already know more than you think you do. Once you stop overanalyzing the situation, the next step should become much clearer.

LEO (July 23 – August 22)

A new month brings fresh energy and a chance to refocus on something important to you. Don't be afraid to take the lead or speak up about what you want. Someone is paying closer attention to your ideas than you realize.

VIRGO (August 23 – September 23)

Your attention to detail comes in handy this week, especially when something needs a second look. Take care of the little things now and you'll have more freedom later. A productive day could leave you feeling especially accomplished.

LIBRA (September 24 – October 23)

This week is all about finding a better balance between what you have to do and what you actually want to do. Make room for a little fun without feeling guilty about it. An invitation or chance encounter could brighten your mood.

SCORPIO (October 24 – November 22)

Something you've been quietly working toward may finally start showing signs of progress. Keep your plans moving forward, even if others don't see the full picture yet. Patience pays off, and a small breakthrough could arrive sooner than expected.

SAGITTARIUS (November 23 – December 21)

You're ready for something different, and this week offers plenty of opportunities to shake things up. Try a new place, accept an invitation or take a different approach to an old routine. The best moments may be the ones you didn't plan.

CAPRICORN (December 22 – January 20)

A practical decision could make your life much easier this week. Don't put off something simply because it feels like a big task—getting started is often the hardest part. By the weekend, you'll be glad you took care of it.

AQUARIUS (January 21 – February 19)

Your imagination is working overtime, and one unusual idea deserves more attention. Share it with someone you trust or start exploring where it could lead. A surprise this week may encourage you to look at something in a whole new way.

PISCES (February 20 – March 20)

This week brings a welcome reminder to trust your own timing. You don't have to keep up with everyone else's pace to make progress. Focus on what feels meaningful, and leave a little room for creativity, relaxation and a pleasant surprise.

ATLANTIC CITY SUMMER CONCERTS • KENNEDY PLAZA

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SEPT 2: "LOVE TKO" : THE OFFICIAL TEDDY PENDERGRASS TRIBUTE

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SUNSET AT SKI BEACH
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FOOD & CRAFTERS 5:30
MUSIC 6:30PM

September 5
THE USUAL SUSPECTS
Cover Band

SUMMER BEACH JAM
(NEWPORT AVE & THE BEACH)
FOOD & CRAFTERS 5:30
MUSIC 6:30PM

August 29
PLAID SALMON
Party Band



Atlantic County Magazine's 2026 Back to School Coloring Contest

How does the contest work? All entries must be received by Wed, September 1, 2026. One entry per child. To enter, take a picture of your child holding up their completed coloring page and email it to atlanticcountymagazine@comcast.net with the subject "Coloring Contest." Be sure to include child's name, age and what's their favorite about going back to school. **Are there prizes?** Yes! The winner will be featured in Atlantic County Magazine as "Child of the Week" with their art!

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7PM

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DJs B.LEE & DAHVE

6PM - CLOSE

\$1 BUSCH LIGHT CANS
\$5 NUTRL
\$3 FIREBALL
\$5 SUN CRUISER



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MARGATE MONDAYS

\$6 Shades Vodka
Lemonade
\$6 Corona &
Corona Light



CLAWS OUT TUESDAYS

\$5 White Claw
Black Cherry
\$8 Tito's



BUSCH-WACKED WEDNESDAYS

6pm - Close

\$1 Busch Light
Cans
\$5 NUTRL
\$3 Fireball
\$5 Sun Cruiser



TAP THAT THURSDAYS

\$5 SELECT
DRAFTS

Beach Bum
Big Wave
Mango Cart



LIVE MUSIC

THURSDAY - JOEY DeNOBLE 6PM
FRIDAY - STEVE DEE DUO 6PM
SATURDAY - BUCKET BAND 6PM
SUNDAY - JACK MANGENE 10AM
LENAHAN DUO 5PM

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DJs WEDNESDAY thru SUNDAY

SUNDAY BRUNCH



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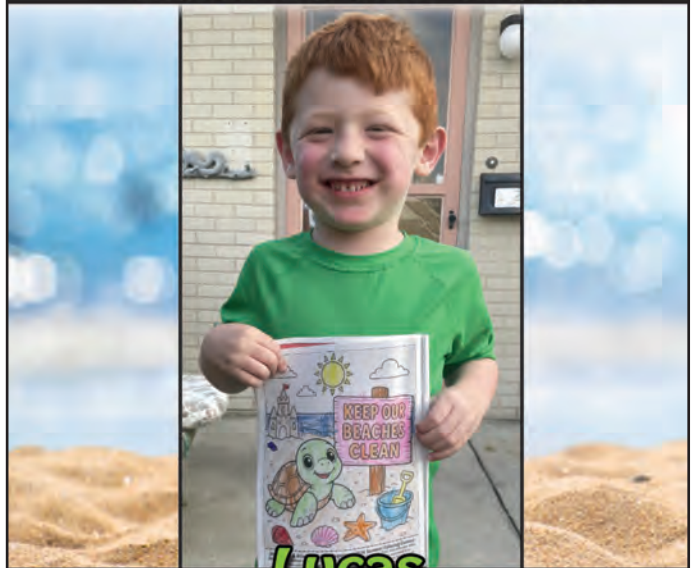
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ATLANTIC

www.atlanticcountymagazine.com *County Magazine*

Child of the Week



Lucas

4-year-old Lucas's favorite thing about the Jersey Shore is playing with his little sister and their toys on the Margate beach. Great coloring Lucas!

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Saturday & Sunday 4:30-9:30pm**

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	(2) GRILLED/FRIED CHICKEN SLIDERS
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\$6.00	BASKET OF FRIES
\$5.00	(5) MOZZARELLA STICKS
\$7.00	(6) PORK POT STICKERS

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Events Schedule 2026

MON **QUIZZO @ 7:00**

TUE **KARAOKE WITH LORIKELLEY @ 7**

WED **KARAOKE @ 9:00 WITH DJ DRUMATIC**

THU **OPEN MIC @ 7PM MUSIC BINGO @ 7PM**
AUG 6TH & 20TH AUG 13TH & 27TH

FRI **POKER @ 7**
DJ DRUMATIC @ 10

SAT **BRUNCH @ 11-3**
DJ PRODIGY AUG 8TH - 22ND @ 10
DJ JOHNNY AUG 29TH @ 10

SUN **BRUNCH 11AM - 3PM**
BINGO WITH STEVE @ 1PM

SUNDAY FUNDAY BINGO BASH

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STARTS SUNDAY JULY 19TH

19 BINGO

12	27	31	48	63
7	19	36	51	64
2	24	3	58	68
3	17	33	54	77

14 25 32 47
9 18 44 50
5 29 57 60
11 22 34 53 4

MUSIC BINGO!

HOSTED BY DJ WILL

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START 7PM END 11:30 PM

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Wednesday

9:00 PM

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FREE 30-MINUTE SCALP ANALYSES

Throughout September, SBLHairloss will offer **FREE 30-minute scalp analyses every Thursday** from 3:00–5:00 p.m. to individuals experiencing thinning hair, hair loss, or troublesome scalp concerns.

- ♥ Appointments required in advance
- ♥ No walk-ins



FOR MEN, WOMEN & CHILDREN

For those who want answers and root cause information about their hair and scalp health.

Knowledge is the first step. We're here to help. ♥

“Ten years in Pleasantville represents ten years of trust, relationships, and community support. We wanted to celebrate by giving something meaningful” back to the people who have supported us throughout the years.”

— LaRonne Quarles Wright
Owner, SBLHairloss

EVENT DETAILS



SBLHairloss
1420 South New Road
Pleasantville, NJ



3:00–5:00 p.m.



Every Thursday in September



FREE 30-minute
scalp analysis



Advance scheduling
required — no walk-ins



SCAN TO SCHEDULE

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10
YEARS
IN PLEASANTVILLE



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Nancy Adler Nutrition is the recipient of the Gold Award in The Best of the Press 2020, 2021 & 2022 Readers Choice Awards! Thank you to all who voted!

Nancy Adler is a Certified Nutrition and Fitness Instructor. She specializes in nutrition, weight loss control and sports specific nutrition for all ages.

Nancy will create a personalized nutrition plan just for you to help you reach your goals.

You may listen to Nancy every Saturday 11 am-1 pm: Nancy Adler Nutrition LIVE! NewsTalk 1400 AM and 92.3 FM WOND radio.

For more information, call Nancy at 609.653.4900 to schedule your one-on-one confidential consultation.
www.NancyAdlerNutrition.com

NUTRITION, WEIGHT LOSS & FITNESS

SUNFLOWER SEED GRANOLA

1/4 cup unsalted sunflower seeds
1 1/2 cup oatmeal
1/4 cup ground flaxseeds
1/2 cup raisins
1/2 cup slivered almonds
1/2 cup shredded coconut (unsweetened)
3 tbsp. Natural peanut butter
1/2 tsp sea salt
1/3 cup agave nectar
1/2 tsp vanilla

Preheat oven to 300F. Combine all ingredients in a bowl and mix until evenly blended. Press mixture into a 9x9 inch baking pan and bake for 30 minutes. Crumble and store in airtight container.

Serves 10 1/2 cup servings

YOU MAY FIND THIS RECIPE AND 122 HEALTHY RECIPES IN NANCY'S COOKBOOK, "NANCY'S RECIPES FOR LIFE" AVAILABLE AT HER LINWOOD OFFICE LOCATION.

Nancy Adler C.F.T./S.S.N./S.S.C.
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Beaches in Atlantic County

ATLANTIC CITY - Lifeguards on duty, showers, changing rooms, food permitted, free admission. Visit atlanticcitybeachpatrol.org



BRIGANTINE - Brigantine Beach offers lifeguards on duty, surfing beaches, showers, changing rooms and food permitted. Seasonal tags are \$20 through May 31 and \$25 during regular season. Daily tags are \$10 and weekly tags are \$15. Seniors 65 and older receive a free tag with identification, and there is also a preseason senior rate of \$10 for ages 60 to 64. Active military members receive free tags, with up to four free per family, and veterans receive a free tag for themselves. Visit brigantinebeach.org

EGG HARBOR CITY - Lake Park, 2300 Philadelphia Ave. Lifeguards and restrooms are available. Pre-season seasonal badges are \$15 for ages 5 and up through May 22. Senior citizens age 65 and older and active-duty military badges are \$5 with identification, and that rate remains in effect all season. Pre-season badges are sold at the Tax Office at City Hall, 500 London Ave., Monday through Friday from 9 a.m. to 4 p.m. Cash only. The lake opens Saturday, May 23. Visit eggharborcity.org

HAMILTON TOWNSHIP - Cove Beach at Lake Lenape. Lifeguards on duty, open Thursday through Monday from 11 a.m. to 6 p.m. from June 20 through Sept. 7. Daily wristbands are \$10 on weekdays and \$15 on weekends and holidays. Season tags are \$30 if purchased on or after May 1, and a Family Four Pack is \$100. Children 11 and younger are free. For information and reservations, call (609) 625-2700 ext. 592 or visit hamiltonatnj.gov.



MARGATE - Lifeguards on duty from 10 a.m. to 6 p.m., with restrooms, surfing beaches and food permitted. Beach tags are accepted in Ventnor. Preseason regular badges are \$10, senior badges are \$3.50, and holiday tags are \$12, with regular badges \$20 starting June 1. Free seasonal tags are available to veterans and active military members with proper identification, and active military members may also receive one free spouse tag. Badges are sold at the Martin Bloom Pavilion at Granville Avenue and the beach, and MyBeach Mobile is also available for digital or physical tag purchases. Visit margate-nj.com

LONGPORT - Lifeguards on duty from 10 a.m. to 6 p.m., with surfing beaches, showers and food permitted. Beach badges are required for ages 12 and older. Preseason seasonal tags are \$25 through June 1 and \$40 after June 1. Preseason senior tags are \$15 and \$20 after June 1. Beach badges are available at Longport Borough Hall, 2305 Atlantic Ave. For more information, call (609) 823-2731 ext. 100 or visit longportnj.gov

SOMERS POINT - William Morrow Beach, at Higbee and Bay avenues, offers a free beach experience overlooking the bay and across to Ocean City. Lifeguards are on duty. William Morrow Beach also hosts a free summer concert series. Bring your chairs and coolers, and check the current schedule at somerspointbeachconcerts.com. For more information, call (609) 927-9088 or visit somerspointgov.org.



VENTNOR - Lifeguards on duty from 10 a.m. to 6 p.m., with surfing beaches, a fishing pier and food permitted. Beach tags are required for ages 12 and older. Seasonal tags are \$10 before June 1, senior tags are \$3.50 before June 1, and regular seasonal tags are \$20 after May 31. Tags are also accepted in Margate and may be purchased at Ventnor City Hall, from a beach tag checker, or online. Ventnor City Beach Patrol Headquarters is located at the Suffolk Avenue beach. Restrooms are located at the Ventnor Library and Cultural Arts Center on the beach side of Newport Avenue, Ventnor City Hall, the Ventnor Municipal Fishing Pier, the Ventnor Tennis Courts at Atlantic and Somerset avenues, and Cambridge Avenue and the Boardwalk. Accessible beaches are at Suffolk and Newport avenues, and the beach patrol also has accessible beach chairs available. Dogs are not allowed on the beach from May 15 through Sept. 30. From Oct. 1 to May 15, leashed dogs may be walked in areas washed by the high tide line. Visit ventnornj.org



MALIBU BEACH WILDLIFE MANAGEMENT AREA - Malibu Beach is a free dog-friendly beach located on the Egg Harbor Township end of the Ocean City-Longport Bridge. Open daily from 5am-9pm. Dogs are welcomed year-round. Dogs must be kept on leash. Respect all posted areas in beach nesting season, April through October. Parking is available right next to the beach. Only requirement is to clean up after your pup. No permits required, you can enjoy your favorite beach activities while your dog socializes with other dogs.



International Whale Shark Day on August 30 celebrates the majestic whale shark and advocates for its protection. This gentle giant, the largest fish on Earth, faces significant threats to its survival. Join conservation efforts, learn about marine ecosystems, and support initiatives that safeguard these incredible creatures.

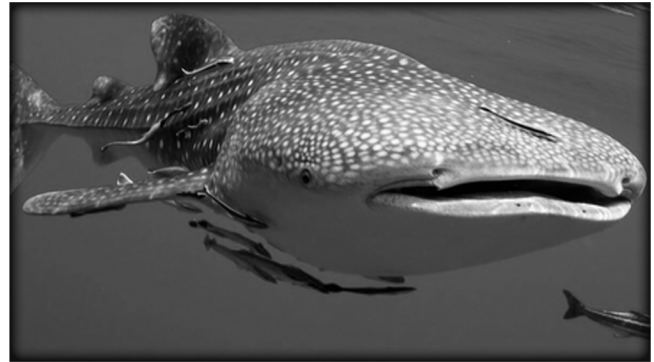
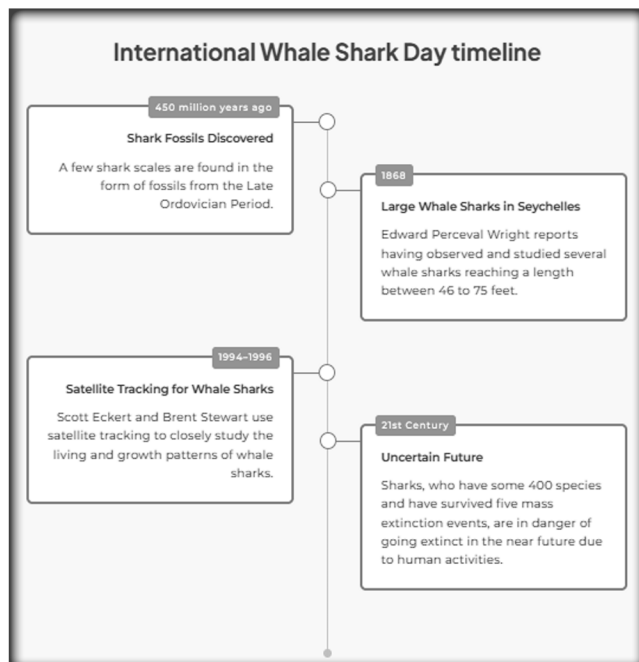
International Whale Shark Day Hero - Dr. Eugenie Clark

Known as 'The Shark Lady', Dr. Eugenie Clark (1922–2004) was a pioneering American ichthyologist who conducted groundbreaking research on sharks and other marine life. Her work helped dispel myths about sharks, revealing their complex behaviors and ecological importance. She founded the Cape Haze Marine Laboratory (now Mote Marine Laboratory) and dedicated her life to ocean conservation and education, inspiring generations of marine biologists.

History of International Whale Shark Day

The International Whale Shark Day was first commemorated in 2008 at the International Whale Shark Conference in Isla Holbox. The conference hosted 40 ocean experts, activists, and scientists who had a concern for the whale shark's declining population. While said sharks have been around for more than 240 to 260 million years, it wasn't until the 1820s that the whale shark was first discovered off the coast of South Africa. Dr. Andrew Smith rightfully described the fish as the largest shark to exist on earth. Despite their enormous size and the fact that their smaller cousins can prove to be more hostile, the whale sharks are known to have gentle demeanors. At birth, they are no bigger than 16 to 24 inches, but as they continue to grow, reaching their peak at 25, they can be as long as 46 to 60 feet. They have 300 rows of 3,000 teeth, which are only 0.2 inches long! Weighing in at some 12 tons, whale sharks are filter-feeders, mostly consuming planktons, squids, and fish. Like their size, they also tend to have enormous appetites that can lead them to eat 44 lbs of food every day.

The beautiful giant creatures, who also have unique patterns of dots and lines on their skin, are hard to locate. They have been around since the Jurassic and Cretaceous periods, but it is reported that before the 1980s, there were less than 350 sightings recorded. This fact comes after more than 100 years since the whale shark's discovery by the scientific community. These sharks swim in warm waters that are not too deep. Every spring, the whale sharks migrate to the Western continental shelf of Australia. The coral in the area's Ningaloo Reef provides the fish with an ample amount of plankton. However, in recent decades, the whale shark has been placed on the endangered list of the world's species. They are continuously hunted for meat, fins, and just pure fun. Parts of Asia like the Philippines continue the whale shark trade. If the whale sharks are not saved, it will affect our oceans too. Too many planktons will promote algal growth that in turn will lead to negative impacts on other fish species, the environment, and humans.



How To Observe International Whale Shark Day

- **Reduce plastic usage** - One of the biggest enemies of whale sharks (or any marine creature for that matter) is plastic pollution. If a whale shark ingests plastic and it reaches its intestines, then the poor fish is as good as dead. The plastic will make it sick, not allowing it to eat anything else. So, for the sake of whale sharks, reduce or eliminate your plastic usage.
- **Learn about whale sharks** - Sharks are interesting sea creatures, and their species, whale sharks, are quite amazing fish to learn about. Unlike their smaller cousins, whale sharks are slower, gentler, and unique in all that they do. These generally docile creatures are also known for carrying human beings on their backs and taking them for a ride.
- **Have a whale shark day** - Buy whale shark merchandise, eat/drink whale shark-themed food, and change your social media display pictures to a whale shark. All these celebratory methods will help spread awareness about the endangered species.

5 Facts About Whale Sharks That Will Blow Your Mind

- 1 - **Not relatives of whales** - Even though they have the word "whale" in their names, the only reason they are known as whale sharks is because of their gigantic size.
- 2 - **Feeding is hard** - Whale sharks do not have sharp and long teeth, and this is why it is only possible for them to swallow their food (shrimps, fish, and planktons) whole.
- 3 - **Extremely long lives** - Whale sharks can live up to 150 years provided they survive to that age as more than 90% of all whale sharks are killed before they reach the 150-year mark.
- 4 - **Slow swimmers** - Whale sharks are slow swimmers, and the highest speed they can reach is 3.1 miles per hour.
- 5 - **Do not stay with their young** - Unlike whales, whale sharks do not stay with their younglings after giving birth.

Why We Love International Whale Shark Day

- It's a celebration of whale sharks - Whale sharks are some of the gentlest creatures in nature out there. From their swimming and feeding habits to their beautiful patterns, whale sharks truly epitomize the phrase, "gentle giants". This is one shark that we wouldn't mind swimming with.
- It's a celebration of a long history - Our planet has gone through several extinction events, and during these times, it has also witnessed the birth and evolution of countless beings. Whale sharks are just one such creature. We can learn a lot about the planet's history if we take a deep dive into the evolution of whale sharks.
- It's a celebration of ecosystem - Like many other living beings on earth, whale sharks contribute their share in order to keep the globe going round. Without whale sharks, our oceans would swell with plankton populations. This would lead to algal growth that is extremely harmful to all sea creatures. Human beings will also be impacted by this in both the short and long runs.

D.A.V. CHAPTER 44

MEMBERS, GUESTS & ALL VETERANS WELCOME
HOURS: See new hours on our Facebook page

QUIZZO
MONDAYS: 6PM WITH DR. NICK

SHUFFLEBOARD
TUESDAYS: 6PM

BINGO WITH CELESTE
FRIDAYS: 1-3PM • KITCHEN OPEN

KARAOKE WITH MARION
SATURDAY, AUGUST 29 • 3-7PM
UNDER THE PAVILLION (WEATHER PERMITTING)

BEACHCOMBER BILL
SUNDAY, AUGUST 30 • 3-6PM

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The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

8								3
	5	7			4	3		
6	9		7					
5	7			1			2	4
		2	6	7	9		5	
	1	9		5			8	7
					7		3	6
			5	3			7	9
		4						5

WORD SEARCH

S A T I R E I I D E N T I T Y
H F I P L A U D I T I O N F N
A R I H A T A Y N A L I A S I
H E D N O B S E M A J M T E T
L T V O D E M H A Z I R S V U
A R I D O R H I F L U Z I E R
T A R I M W U H Y G E H K R C
I W A P W O Y M G N S N A I S
F E L I C I A L O A P I P N U
A T N G L D I D L R N G T E B
I S I T E N N K I O D E X U T
L E M R G O C M W G B L H K I
U M S I L A E R R U S T E H W
R A A C B O U L D Z E V R A P
E F Y K H E R O T C A G E N T

Bait

ACTOR	FAMILY	NALIA	SATIRE	SURREAL-
AGENT	FELICIA	NIGEL	SCRUTINY	ISM
AUDITION	GUZ	PAKISTANI	SEVERINE	TAHIRA
BACKLASH	IDENTITY	PARVEZ	SHAH	TUXEDO
BOLLY-	JAMES	PIGTRICK	LATIF	VIRAL
WOOD	BOND	PRIME	STEWART	YASMIN
FAILURE	KHAN	RIZ AHMED	STRUG-	ZULFI
FAME	LONDON	RUMOR	GLING	

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FRIDAY EVENING

AUGUST 28, 2026

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
3-CBS	News (N)	CBS-News	Inside (N)	ET (N)	NFL Football Cincinnati Bengals at Philadelphia Eagles (N) (Live)						News (N)	Comics	Comics	
6-ABC	News (N)	WorldNe..	Jeopardy!	Wheel	Jeopardy! (N)		20/20 (N)			News (N)	(:35) J. Kimmel			
10-NBC	NBC10Ne..	NBC News	NBC10Ne..	Hollywood	America's Got Talent			"Quarterfinals 2"		Dateline NBC (N)	NBC10Ne..	(:35) Tonight Show		
17-MNT	Goldbergs	Big Bang	NASCAR	NASCAR O'Reilly Winn-Dixie 250 (N) (Live)					Action News at 10 (N)		Union	Mod Fam	Two Men	
23-PBS	BBC World	NJ Spot!	One on O..	NJ Spot!	MaryLand-Mast		The Puzzle Lady		Astrid		NJ Spot!	BBC News	MaryLand	
29-FOX	EaglesNFL	Phantastic	Volleyball	Purdue vs. Creighton (N) (Live)			Volleyball Minnesota vs. Arizona State (N)			News (N)	Mike	Kelly (N)		
57-CW	Family	Family	Family	Family	Philadelphia (N)		Perfect	Perfect	Family	Family	Neighbor	Neighbor	Conners	
A&E	Scott Peterson: The New Evidence "Part 1"				Scott Peterson: The New Evidence "Part 2"				Scott Peterson (N)		(:05) Scott Peterson		ScottPet.	
AMC	(5:00) ⚡★★ Bad Boys II ('03)				⚡★★★ Casino ('95) Sharon Stone, Joe Pesci, Robert De Niro.				Movie					
CNN	Jake Tapper (N) (Live)		OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN News. (N) (Live)		Laura (N) (Live)		Story Is	
DISC	Deadliest Catch		Deadliest Catch		Deadliest Catch (N)		In the Eye		In the Eye		In the Eye		Deadliest	
DISN	Bluey	(:25) Bluey		(:50) Bluey		⚡ Alvin & the Chipmunks: Chipwr...		ZOMBIES		ZOMBIES	Kiff	Ladybug	Ladybug	
ESPN	SportCtr (N) (Live)		High School Football (N) (Live)						Football Idaho at Cal Poly-San Luis Obispo (N) (Live)					
ESPN2	Hoop (N)	Volleyball	Kansas at Pittsburgh (N) (Live)			Volleyball	Volleyball Wisconsin at Stanford (N) (Live)				SportCtr (N) (Live)		Schrager	
FNEWS	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five	
FX	(5:00) ⚡★★ Venom		⚡★★ Venom: The Last Dance ('24)				⚡★★ Thor: The Dark World ('13) Chris Hemsworth.				⚡★★ Invincible ('06)			
HBO	(:20) Monsters of God		(:10) ⚡★★★ The Drama ('26) Zendaya.				Conan O'Brien (N)		Real Time With (N)		Conan O'	(:50) Real Time With		
HIST	The UnXplained		The UnXplained		The UnXplained		UnXplained (N) (SF)		(:05) The UnXplained		(:05) The UnXplained		UnXplain..	
ION	S.W.A.T. "Patrol"		WNBA (N)	Basketball	Connecticut Sun at Indiana Fever			WNBA-G..	Basketball Toronto Tempo at Las Vegas Aces			WNBA		
LIFE	NCIS "Boxed In"		NCIS "Deception"		NCIS "Light Sleeper"		NCIS "Head Case"		(:05) NCIS		(:05) NCIS "Ravenous"		NCIS	
MAX	(:15) ⚡★★★★ It ('17) Jeremy Ray Taylor, Jaeden Martell.				⚡★★ Y2K ('24) Rachel Zegler.		(:05) ⚡★ Stonewall ('15) Jeremy Irvine.		Movie					
NBCSPA	Birds (N)	The SZN	Birds	The SZN	Greatest	Baseball	Phillies	MLB Baseball Philadelphia Phillies at Los Angeles Angels (N) (Live)						
NICK	Patrick	SpongeB..	⚡★★ The Boss Baby 2: Family Business				Friends	Friends	Big Bang	BigBang	BigBang	BigBang	BigBang	
PARMT	⚡★★★★ Raiders of the Lost Ark ('81) Harrison Ford.					(:35) ⚡★★★★ Ghostbusters ('84) Dan Aykroyd, Bill Murray.			(:05) ⚡★★ Ghostbusters II ('89)					
TBS	Big Bang	Big Bang	Big Bang	Big Bang	⚡★★★★ Ocean's Eleven ('01) George Clooney.				(:20) ⚡★★★★ Ocean's Twelve ('04) George Clooney.					
TCM	(:15) ⚡★★★★ The Incident ('67) Tony Musante.				⚡★★★★ To Kill a Mockingbird ('62)				(:15) ⚡★★★★ Black Girl ('72) Brock Peters.				Movie	
TNT	(:15) ⚡★★ Man of Steel ('13) Amy Adams, Henry Cavill.						⚡★★★★ Wonder Woman ('17) Chris Pine, Connie Nielsen, Gal Gadot.							FBI
USA	Pigeon "Hide + Seek"		Anna Pigeon		WWE Friday Night SmackDown (N) (Live)				Anna Pigeon (N)		(:05) Law-SVU		Law-SVU	

This Week's Weather

**THURSDAY,
AUGUST 27**



HIGH 81

LOW 71

**FRIDAY,
AUGUST 28**



HIGH 82

LOW 69

**SATURDAY,
AUGUST 29**



HIGH 80

LOW 70

**SUNDAY,
AUGUST 30**



HIGH 81

LOW 71

**MONDAY,
AUGUST 31**



HIGH 87

LOW 73

**TUESDAY,
SEPTEMBER 1**



HIGH 87

LOW 73

**WEDNESDAY,
SEPTEMBER 2**



HIGH 85

LOW 73

TIDE TABLE

**Tides for Atlantic City
August 27 - September 4, 2026**

Day	High / Low	Tide Time	Height Feet	Sunrise Sunset	Moon Time	% Moon Visible
Th 27	Low	1:40 AM	0.4	6:22 AM	Set 5:38 AM	97
27	High	7:40 AM	4.0	7:36 PM	Rise 7:25 PM	
27	Low	1:35 PM	0.5			
27	High	7:54 PM	4.9			
F 28	Low	2:13 AM	0.3	6:23 AM	Set 6:43 AM	99
28	High	8:18 AM	4.2	7:35 PM	Rise 7:48 PM	
28	Low	2:15 PM	0.4			
28	High	8:31 PM	4.9			
Sa 29	Low	2:45 AM	0.2	6:24 AM	Set 7:49 AM	99
29	High	8:53 AM	4.4	7:33 PM	Rise 8:11 PM	
29	Low	2:53 PM	0.3			
29	High	9:07 PM	4.8			
Su 30	Low	3:17 AM	0.1	6:25 AM	Set 8:55 AM	97
30	High	9:28 AM	4.6	7:32 PM	Rise 8:34 PM	
30	Low	3:34 PM	0.4			
30	High	9:43 PM	4.6			
M 31	Low	3:51 AM	0.2	6:25 AM	Set 10:03 AM	92
31	High	10:06 AM	4.7	7:30 PM	Rise 9:00 PM	
31	Low	4:18 PM	0.4			
31	High	10:23 PM	4.4			
Tu 1	Low	4:29 AM	0.3	6:26 AM	Set 11:14 AM	86
1	High	10:48 AM	4.8	7:29 PM	Rise 9:30 PM	
1	Low	5:11 PM	0.6			
1	High	11:10 PM	4.1			
W 2	Low	5:15 AM	0.4	6:27 AM	Set 12:28 PM	78
2	High	11:38 AM	4.8	7:27 PM	Rise 10:07 PM	
2	Low	6:12 PM	0.7			

THIS WEEK IN ENTERTAINMENT

MOST POPULAR SONGS
(downloaded & streamed)
WEEK of AUGUST 29, 2026

1. **CHOOSIN' TEXAS**
ELLA LANGLEY
2. **BOSTON**
STELLA LEFTY
3. **I KNEW IT, I KNEW YOU**
TAYLOR SWIFT
4. **BEEN BY NOW**
MORGAN WALLEN
5. **HATE THAT I MADE YOU LOVE ME**
ARIANA GRANDE
6. **I CAN'T LOVE YOU ANYMORE**
ELLA LANGLEY & MORGAN WALLEN
7. **SO EASY (TO FALL IN LOVE)**
OLIVIA RODRIGO
8. **DRACULA**
TAME IMPALA & JENNIE
9. **MAN I NEED**
OLIVIA RODRIGO
10. **BE HER**
ELLA LANGLEY

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South Jersey Matters

By Todd Cohen

Send your news to Todd Cohen, SJ Matters,
P.O. Box 3351, Margate, NJ 08402-3351

Main Library Open until 8 p.m. on Thursdays

Those who visit the Atlantic City Free Public Library to find a best seller, use a computer, do research, receive assistance from a librarian or attend a program will now have more time to do so.

The library recently added Thursday evening hours at Main Library, located at 1 North Tennessee Ave. Main Library's new hours are: 9:30 a.m.-5 p.m. Monday through Wednesday, 9:30 a.m.-8 p.m. Thursday, and 9:30 a.m.-5 p.m. Friday and Saturday.

The library's hours at the Richmond Branch, located at 4115 Ventnor Ave., remain the same: 9:30 a.m.-5 p.m. Tuesday and Wednesday.

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2026 SEASON SCHEDULE

Citizens Bank Park

	SUN	MON	TUES	WED	THURS	FRI	SAT
AUGUST/SEPTEMBER							SP 1 BAL 7:05
	SP 2 BAL 1:35	SP 3 WSH 6:40	SP 4 WSH 6:40	SP 5 WSH 6:40	SP 6 WSH 6:05	SP 7 TOR 6:40	SP 8 TOR 6:05
	SP 9 TOR 1:35	SP 10 STL 7:45	SP 11 STL 7:45	SP 12 STL 2:15	N 13 MIN 7:30	14	SP 15 MIN 7:10
	SP 16 MIN 2:10	SP 17 MIA 6:40	SP 18 MIA 6:40	SP 19 MIA 6:05	20	SP 21 STL 6:40	SP 22 STL 6:05
	SP 23 STL 1:35	SP 24 SEA 9:40	SP 25 SEA 9:40	SP 26 SEA 4:10	27	SP 28 LAA 9:38	SP 29 LAA 10:07
	SP 30 LAA 4:07	SP 31 AZ 9:40	1 AZ 9:40	2 AZ 3:40	3	4 ATL 6:40	5 ATL 6:05

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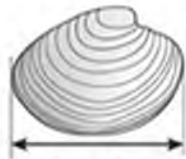


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Hard Clam

1.5 inches

Recreational Limit = 150 clams

No harvest on Sunday

Shellfish license required



Summer Flounder (Fluke)

All marine waters except those noted below:

3 fish at 18 inches

Delaware Bay & Tributaries:

3 fish at 17 inches

Island Beach State Park:

2 fish at 16 inches

Open Season: May 4 – Sept 25



Weakfish

1 fish at 13 inches

Open Season: Jan 1 – Dec 31



Black Sea Bass

10 fish at 12.5 inches May 15 – June 21

1 fish at 12.5 inches June 22 – Sept 22

10 fish at 12.5 inches Sept 23 – Oct 31

15 fish at 12.5 inches Nov 1 – Dec 31



Bluefish

Private/Shore Angler – 5 fish

For-Hire Vessel – 7 fish

Open Season: Jan 1 – Dec 31

ATTENTION ANGLERS

2026 NJ Recreational Size Limits, Possession Limits and Seasons

*Fish are measured from tip of snout to tip of tail (except Black Sea Bass and Sharks).

*Cleaning or filleting of fish with a minimum size limit while at sea is prohibited.



Striped Bass or Hybrid Striped Bass

1 fish at 28 inches to 31 inches

See Marine Digest for Striped Bass Bonus Program, circle hook requirements and gaff prohibition.

Delaware River & Tributaries Calhoun St Bridge, Trenton to Salem River & Tributaries:

Open Mar 1 – Mar 31 and June 1 – Dec 31

Atlantic Ocean:

0-3 miles from shore, no closed season

Greater than 3 miles from shore, closed

All Other Marine Waters:

Open Mar 1 – Dec 31

PROHIBITED SPECIES

See the Marine Digest or njfishandwildlife.com for a complete list!

Other Species	Possession Limit/Season	Total Length
American Eel	25	9"
Black Drum	3	16"
Cobia	1 per person, 2 per vessel	43"
Cod	5 fish: Jan 1 - May 31 & Sept 1 - Dec 31	23"
Haddock	No Limit	18"
King Mackerel	3	23"
Pollock	No Limit	19"
Red Drum	1	18" to less than 27"
River Herring	CLOSED	N/A
Scup (Porgy)	30 fish: Jan 1 - June 30 & Sept 1 - Dec 31	10"
Shad	6 combined	No Limit
*No more than 2 American shad in Del Bay, River & Tributaries		
*Zero American shad in all other waters		
Spanish Mackerel	10	14"
American Lobster	6	3 3/8" to 5 1/4" carapace length
*LMA 4 Open Season: Jan 1 - Apr 29 & June 1 - Dec 31		
*LMA 5 Open Season: Jan 1 - Jan 31 & Apr 1 - Dec 31		
Jonah Crab	50	4 3/4" carapace width



Tautog

15 inches

4 fish Jan 1 – Feb 28

4 fish Apr 1 – Apr 30

1 fish Aug 1 – Nov 15

5 fish Nov 16 – Dec 31



Winter Flounder

2 fish at 12 inches

Open Season: Mar 1 – Dec 31



Shark

1 fish per vessel

See NMFS for size, season and gear restrictions



Blue Crab

(measured point to point)

Peeler or Shedder – 3 inches

Soft – 3 1/2 inches

Hard – 4 1/2 inches

Recreational Limit = One Bushel

Crab Pot/Trot Line Seasons

Delaware Bay & Tributaries:

Apr 6 – Dec 4

All Other Waters:

Mar 15 – Nov 30

Register before fishing! It's free, easy, and required. SaltwaterRegistry.nj.gov



For a full list of saltwater regulations, scan the QR code.



This publication is a summary of the New Jersey recreational fishing regulations at the time of publication. It is not the full law.

Flounder, weakfish, black sea bass, bluefish, tautog and striped bass: ASMFC Fish Illustrations © <https://drawnbydrawn.com/>

March 2026



Fishing in Atlantic County

Any angler 16 and older must have a valid license to fish the fresh waters of New Jersey. This includes privately owned lakes and other waters. For more information visit the NJ DEP Division of Fish and Wildlife Fishing License Information website at dep.nj.gov/nj-f-w/fishing/freshwater/buy-a-license/. Remember that all saltwater anglers 16 and older must register with the state. Go to NJ Saltwater Recreational Registry Program for registration information at dep.nj.gov/saltwaterregistry/.

SALTWATER FISHING

Atlantic City - Gardner's Basin Marina, North New Hampshire Avenue and the bay, is home to charter boats, sightseeing and fishing cruises. For more information call (609) 348-2880. Fishing is permitted on the beaches, outside of guarded areas, and from the jetties. The seawall along Sunset Avenue is a popular area for crabbing or fishing from land in the back bay. A municipal boat launch (fee required) is located at Albany Avenue and Boulevard Avenue.



Ventnor/Ventnor Heights - The Ventnor City Fishing Pier is located at Cornwall Avenue and the Boardwalk. The fishing pier offers seasonal rates for fishing or sightseeing. For additional information, call the piermaster at (609) 823-7944. Along the back bay, a seawall the length of Winchester Avenue is perfect for the family to fish or crab from land. A free boat ramp is located on the bay on Dorset Avenue, where there is plenty of free parking. For more information call (609) 823-7900.

Margate - Amherst Avenue, between Decatur and Monroe avenues, is home to several marinas and bait and tackle shops, including small boat rentals. Within the marinas are dozens of charter boats available on a daily basis throughout the summer and shoulder seasons. For more information on charters call Capt. Andy's at (609) 822-0916, or for a family outing on a pontoon rental boat call Ray Scott's Dock at (609) 822-6819. Surf fishing is permitted during non-guarded hours.

Somers Point - John F. Kennedy Park, located on Broadway, offers a boat ramp (fee required) granting access to Great Egg Harbor Bay. Another ramp (fee required) is located at Smith's Marina, 910 Bay Ave. Along the Bay Front Historic District on Bay Avenue there are several marinas which are home to many party and charter boats. There is also a crabbing and fishing pier located on the bay off New Jersey Avenue. Restrooms are located nearby.

Brigantine - Surf fishing is permitted on non-guarded beaches and at the seawall, Seventh Street north to 14th Street. The old Brigantine Bridge, across Absecon Inlet from Harrah's Marina, is used as a fishing pier. A public boat ramp (fee required) is located at Sixth and Bayshore avenues on the bay. For more information, call (609) 266-1122.

Leeds Point - Seasonal fishing and crabbing are permitted in designated areas of both the Brigantine and Barnegat Divisions of the Edwin B. Forsythe National Wildlife Refuge. These areas include saltwater fishing (from land) at the following locations: Gravelling Point, Little Beach (with permit), Parkertown Dock Road, Cedar Run Dock Road, and Stafford Avenue. Boats may be launched at the Brigantine Division's Scotts Landing boat ramp, located at the end of Scotts Landing Road, off Moss Mill Road at Leeds Point. Freshwater fishing is permitted on Lily Lake in Oceanville. For more information call (609) 652-1665.

For a detailed list of saltwater fishing locations, see the Saltwater Fishing Guide at atlantic-countynj.gov/residents/recreation-leisure/fishing-in-atlantic-county.



FRESHWATER FISHING

Lake Lenape Park - Lake Lenape Park East and Lake Lenape Park West are located in Hamilton Township and together encompass nearly 2,000 acres of land. Each park offers a variety of activities and facilities for residents and visitors to enjoy with its own entrance and access points. Boating is allowed on the lake with proper permits as required. All boaters must comply with state regulations and laws. No personal watercraft are permitted. For information on obtaining a boating permit and the associated fees contact the Lake Lenape Park office at (609) 625-8219.

Lake Lenape Park East - 753 Park Road, Mays Landing. This park is located on the eastern side of Lake Lenape and offers the most scenic views of the lake. Recently completed renovations include a new fishing pier, pickle ball courts, additional pavilions, landscaping enhancements and ADA accessibility improvements. The refurbished catering hall, Lakeside Manor, is a unique and picturesque lakefront venue that is available for special events and weddings for more than 250 guests. Lake Lenape Amenities: Fishing, Softball, Pickle Ball, Playground, Picnic Tables, Pavilions, Catering Hall, Historic Lighthouse, Restrooms, Convenient Parking.

Lake Lenape Park West - This park is located on the western side of Lake Lenape (note that some land on the eastern side and the entire lake surface is controlled by the county). The park entrance is located at 6303 Harding Highway in Mays Landing and encompasses nearly two-thousand acres of land, all the way up to the Black Horse Pike (Route 322). Things to Do at Lake Lenape West: Mountain Biking, Boathouse, Boating Access, Boat Ramp, Camping, Kayak/Canoe Access, Cross-country Skiing, Fishing, Gazebo (reservations required and may be made online or in person), Hiking, Unimproved Trails, Hunting, Nature Trails, Playground, Picnic Tables, Scenic Views, Playground. Call the reservation office at 609-625-8219 for more information.



Birch Grove Park - Off Mill Road, Northfield. For more information call (609) 641-3778 or visit the City of Northfield - Birch Grove website at cityofnorthfield.org/recreation/birch-grove.asp. No boats allowed - fish from land

Heritage Pond Park - Mill Road, Absecon. No boat ramp. No outboard motors allowed

Hammonton State Park - White Horse Pike (Route 30), Hammonton. Car top launch. No outboard motors allowed

Maple Lake - Off Maple Avenue, Estell Manor. Car top launch. No boat ramp. No outboard motors allowed

Mill Pond - Off Mill Road, Port Republic. Car top launch. No boat ramp. Outboard motors allowed

Makepeace Lake - Off Weymouth Elwood Road, Hammonton. Car top launch. No boat ramp. Outboard motors allowed



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National Beach Day - August 30, 2026

National Beach Day arrives every August 30, inviting us to celebrate the beauty of our coastlines and commit to their preservation. This day, initiated in 2014, highlights the joy beaches bring while urging us to keep them clean and safe for all. Dive into the waves, relax on the sand, and remember to leave no trace behind to protect these cherished natural resources.

National Beach Day Hero - Jean-Michel Cousteau

Jean-Michel Cousteau, son of the legendary Jacques Cousteau, is an acclaimed oceanographer, environmentalist, and film producer. Through his organization, Ocean Futures Society, founded in 1999, he continues his family's legacy of exploring and advocating for the protection of marine life and ecosystems. His work inspires millions to appreciate and safeguard our oceans and beaches.



National Beach Day Activities

- **Keep the SPF handy** - The light rays of the sun reflect off the ocean water, making it even more intense for your skin. As you spend the day outside, you're exposing yourself to lots of UV (ultraviolet) rays. Protect your skin by applying some sunscreen. Not only will you ward off sunburns and stings, but you'll help shield your skin from premature aging.
- **Host a beach bbq and clean-up party** - Invite your friends out to take part in an environmentally-friendly shindig on the beach. Have enough hot dogs and other favorite beach snacks on hand for your guests. Bring a volleyball or a football to throw around, or a guitar to sing some fun summertime favorites. When you're done, make sure to clean up, and take some time to comb the beach for additional trash.
- **Throw a beach-themed party** - Even if you don't live near the water, you can still have fun at the "beach." Go all out and turn your backyard into a seashore soiree. Serve up fruity cocktails with funky paper umbrellas. Grill up kebabs and cut up some watermelon. Keep seating simple by making the meal picnic-style on beach blankets and towels. Break out the limbo stick and cornhole boards for your guests to have the full beach experience!

Why We Love National Beach Day

- **It's important to be environmentally-conscious** - Little, simple acts can make a huge impact on the health of beaches and oceans. Walking more and switching to fluorescent light bulbs can help reduce your carbon footprint. Forego using so many plastic products, as many end up in the water. They can wreak havoc on the coastal habitat.
- **It's a chance to be active outdoors** - The beach offers countless opportunities to enjoy the outdoors and sunshine. Take a swim in the ocean and get some fresh saltwater on your skin. Lay out on a towel and give your skin some vitamin D. Put up a net to play a game or two of beach volleyball. Pack a picnic so you don't have to leave, and make sure you stay to catch the sun set over the water!
- **It promotes giving back to beach organizations** - There are many organizations that help to keep beaches clean and fun all year long. Save Our Beach works to "educate individuals, companies, schools and organizations on how their environmental footprint impacts their community and the world." Many beach communities have groups that advocate for environmentally-friendly behavior. If you live near a beach, check out your local organization to volunteer.



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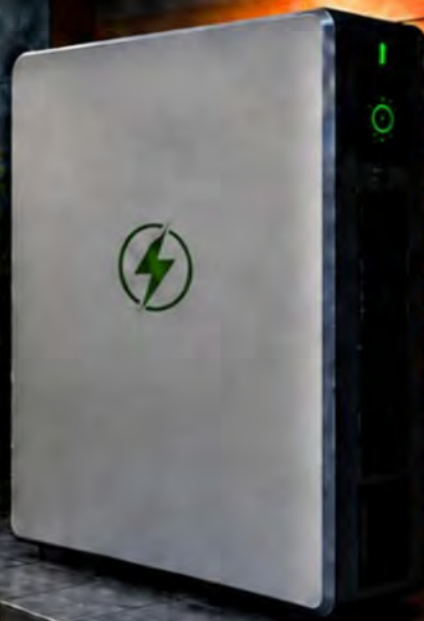


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HAMMONTON COMEDY MAGIC & MENTALISM

An evening of laughter, mystery and mind-bending illusion is coming to downtown Hammonton when magician Eric Jones brings his unique blend of comedy, close-up magic and mentalism to the Eagle Theatre on Friday, August 28 at 8 p.m.

Known for his remarkably smooth sleight-of-hand performances, Jones has appeared on America's Got Talent and Penn & Teller: Fool Us and has performed at the famed Magic Castle. His specialty is transforming ordinary objects—including coins and playing cards—into seemingly impossible moments, often with the action happening just inches away from the audience.

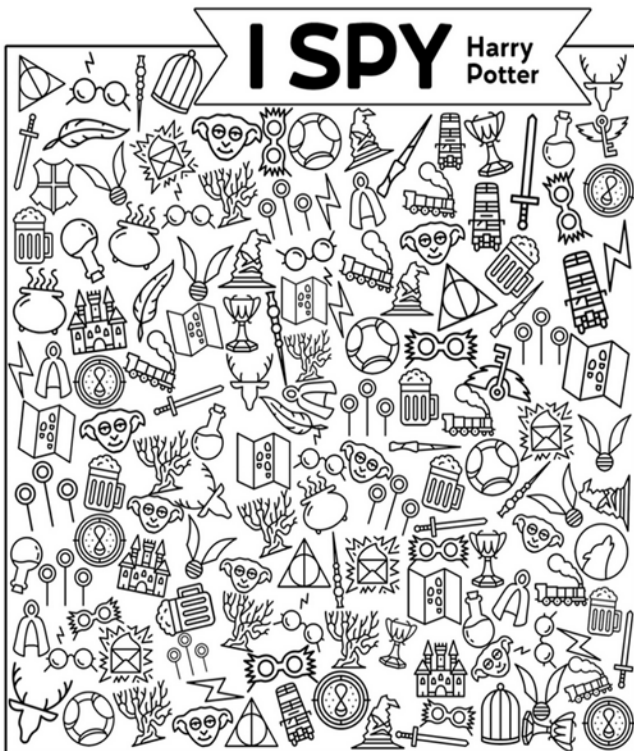
The Hammonton performance promises a more intimate experience than a traditional large-scale magic production. With limited seating, audience members will have the opportunity to experience Jones' quick hands, polished technique and interactive style up close while enjoying an evening that blends illusion with humor and mystery.

Unlike large-scale magic shows built around elaborate props and spectacle, Jones is known for making the impossible happen with familiar, everyday objects. His style puts the focus on precision, timing and audience interaction, turning a simple deck of cards or a handful of coins into something unexpected. That intimate approach makes the Eagle Theatre an especially fitting setting, giving audiences the opportunity to experience the kind of close-up magic that can be even more impressive when seen from just a few feet away.

The show will be held at the Eagle Theatre, 208 Vine Street in Hammonton, and is open to guests 18 and older. Seating begins 30 minutes before showtime, and free nearby street and lot parking is available. Outside food and beverages are not permitted. Tickets are available through Eventbrite or by calling or texting 786-564-2291; prices increase by \$10 on the day of the show.



I think this order works much better: it introduces the event, explains who Jones is, describes the experience, gives you that stronger closing paragraph about his particular style, then ends with all the practical information readers need. For the printed magazine, I would print the full Eventbrite URL exactly as you provided rather than trying to list the different ticket tiers,

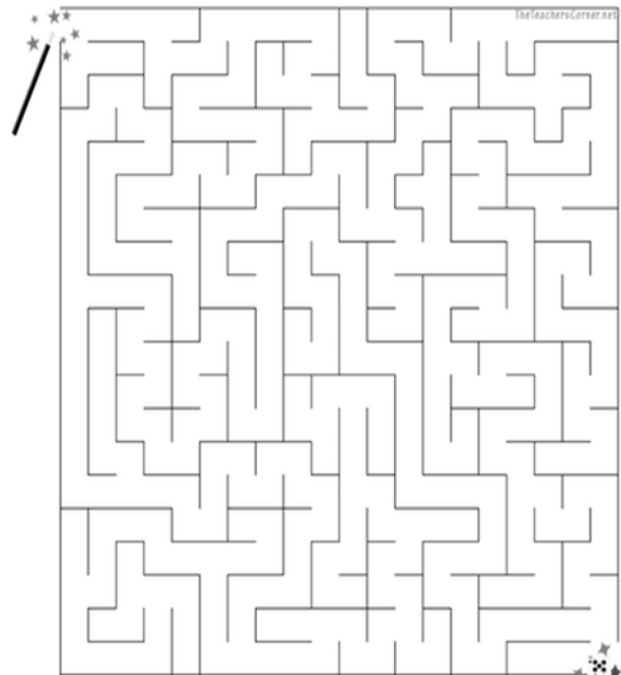


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| 2 | 4 | 4 | 5 | 4 | 5 | 7 | 4 | 6 | 5 |
| 1 | 6 | 7 | 1 | 3 | 6 | 7 | 4 | 7 | 5 |
| 3 | 3 | 4 | 6 | 2 | 7 | 5 | 9 | 6 | 3 |

papertraildesign.com

It's Magic!

Help the spell flow from the wand to the top hat to make the magic work!



HEALTHFUL LIVING

A Weekly Guide to Health Awareness

YOGA POSE OF THE WEEK - Seated Forward Bend (Paschimottanasana)

There are many hamstring stretches in beginning yoga for a good reason. The hamstrings tend to get short and tight in people who sit a lot, which can contribute to lower back pain. Stretching them as you do in the Seated Forward Bend is helpful.

This yoga pose offers a stretch to the entire back of the body. Bend at your hips, not your waist, and keep your neck aligned with your spine.

SEATED FORWARD BEND

TIP

Keep your shoulders down and away from your ears as you bend from your waist.



VITAMIN HIGHLIGHT - Vitamin B1 (Thiamin)

It helps your body turn food into energy. It's also key for the structure of brain cells. Legumes, like black beans and lentils, and seeds are go-to sources. Pork and whole grains are also good. Most people get enough thiamin from the foods they eat. People with diabetes can have low levels of it.

MENTAL HEALTH CHECK-IN

What makes life meaningful for me?

TREATMENT SERVICES

In an emergency, please dial 911.

NJ Hope Line: 855-654-6735 • njhopeline.com

ReachNJ: 844-732-2465 • reachnj.gov

IME Addictions Access Center: 844-276-2777

NJ Connect for Recovery: 855-652-3737
njconnectforrecovery.org

988 Suicide & Crisis Lifeline: 988 • 988lifeline.org
(Formerly: National Suicide Hotline: 800-273-8255)

NJ Mental Health Cares: 866-202-HELP (4357)
njmentalhealthcares.org

Council on Compulsive Gambling of NJ:
800-GAMBLER (426-2537) • 800gambler.org

Veterans Counseling Hotline: 866-VETS-NJ4
(838-7654) • njvet2vet.com

National Domestic Violence Hotline:
800-799-7233 • thehotline.org

SATURDAY AFTERNOON AUGUST 29, 2026

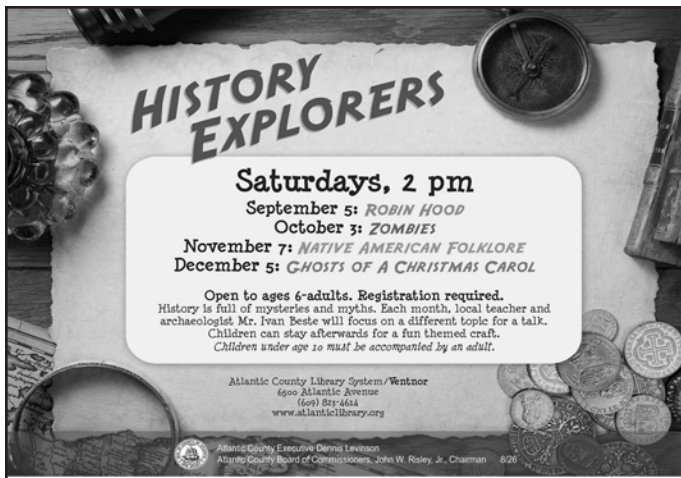
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
3-CBS	Visioneers	Paid Prog.	Paid Prog.	Basketball Chicago Sky at New York Liberty				2026 TOUR Championship Third Round (N) (Live)						
6-ABC	JackHanna	TBA	Little League International Championship: Teams TBA (N) (Live)					LLBWS United States Championship: Teams TBA (N)						
10-NBC	Forever	Earth Ody.	Premier League Soccer					Big Ten	College Football San Jose State at USC (N) (Live)					
17-MNT	(11:00) Lif..	Draft	RateEsca..	Deep Water Salvage		To Be Announced					To Be Announced			
23-PBS	Quilting	Fit Stitch	Start Up	View	Museum	Kitchen	Kitchen	Sherlock "The Abominable Bride"		(:35) Challenger Ex		Darley		
29-FOX	Paid Prog.	Paid Prog.	Paid Prog.	Eagles (N)	Taste Buds	Cars.TV	IndyCar Snap-On Makers and Fixers 250 (N) (Live)				Horse Racing			
57-CW	Paid Prog.	CBS Saturday Morning (N)					Raw Travel	World's	Paid Prog.	Paid Prog.	Law-SVU "Greed"	Suits "Shame"		
A&E	Property	Property	Property	Parent	Parent	Parent	Parent	Parent	Parent	Storage	Storage	Storage	Storage	
AMC	Movie	★★★ Uncle Buck ('89) John Candy.				(:15) ★★★ Footloose ('84) Lori Singer, Kevin Bacon.					(:45) ★★★ The Breakfast Club			
CNN	(11:00) Ho..	Arena: Sa. (N)		Smerconish		CNN Newsroom (N)		CNN Newsroom (N)		The Arena: Saturday		CNN Newsroom (N)		
DISC	(11:00) Ex..	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition X		
DISN	Movie	(:55) ★★★ Elemental ('23)			(:40) Bluey	(:05) Bluey	Bluey	Big City	Big City	Big City	Big City	Big City	Big City	
ESPN	(10:00) Co..	College Football North Carolina vs. TCU (N) (Live)						Scoreboa..	College Football NC State at Virginia (N) (Live)					
ESPN2	(11:00) MVPW-06:	Mayer vs. Cameron (N) (Live)				Football Bishop Gorman (NV) at Christopher Columbus (FL) (N) (Live)					ESPN Films			
FNEWS	(11:00) Sat..	Fox News (N) (Live)		Fox News (N) (Live)		Journal (N) (Live)		Fox Report (N) (Live)		Fox Report (N) (Live)		Weekend (N) (Live)		
FX	(9:30) ♣ Mrs. Doubtfire	★★★★ Dodgeball: A True Underdog Story				★★★ Venom: The Last Dance ('24)				★★★★ Black Panther ('18)				
HBO	(11:20) Mo..	(:15) Lanterns		ConanO'	(:55) Conan O'Brien	(:40) ★★★ The Meg ('18) Jason Statham.				(:40) Lanterns "Pilot"		Lanterns		
HIST	(11:00) His..	American Pickers		American Pickers		American Pickers		American Pickers		History's Gr		History's Gr		
ION	(11:00) La..	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
LIFE	(10:30)	Paid Programming					♣ Searching for a Serial Killer: Regina Smith S...			♣ The Killer Inside: The Ruth Finley Story				
MAX	(10:55) ★★★ Batman ('89)			(:05) ★★★ Batman Returns ('92)						(:10) ♣ Batman & Robin ('97)			(:15) ♣ Batman Forever	
NBCSPA	(10:30) Pai..	MLB Baseball					3ICE					Poker Night (N)		
NICK	(11:00)	SpongeBob SquarePants		SpongeBob "The Best of Mr. Krabs!"				★★★ The Boss Baby 2: Family Business			♣ SpongeBob Squar...			
PARMT	Raymond	★★★★★ Forrest Gump ('94) Robin Wright, Gary Sinise, Tom Hanks.							★★★★ Cast Away Helen Hunt, Nick Searcy, Tom Hanks.					
TBS	Friends	Friends	Friends	Friends	Friends	Friends	Friends	★★★★ Ocean's Twelve ('04) Brad Pitt, George Clooney.				Movie		
TCM	Movie	★★★ The Happy Thieves ('62) Rex Harrison.				★★★★ Separate Tables ('58) David Niven.			★★★★ Pal Joey ('57) Rita Hayworth.					
TNT	(11:00) FBI	FBI "Crossfire"		FBI "Doomsday"		★★★ Man of Steel ('13) Amy Adams, Michael Shannon, Henry Cavill.				♣ Wonder Woman				
USA	(10:00) So..	Premier	Soccer Borussia Dortmund vs. Hamburger SV			Everything	Chicago Fire		Chicago "Badlands"			Chicago Fire		

SATURDAY EVENING AUGUST 29, 2026

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
3-CBS	(3:00) TOUR Champ.	Edition	WNBA Tip	Big Brother				Georgie	48 Hours		News (N)	(:35) Ent. Tonight (N)		
6-ABC	News (N)	WorldNe..	FYI Philly	College Football Alabama A&M vs. Howard (N) (Live)							News	News (N)	Jeopardy!	
10-NBC	(3:00) Foot..	NBC10Ne..	NASCAR Cup Series Coke Zero Sugar 400 (N) (Live)							NBC10Ne..	SNL Harry Styles			
17-MNT	(4:30) TBA	Countdo..	College Football New Mexico State at Florida State (N) (Live)							Action News at 10 (N)		Delco Duo	Two Men	
23-PBS	NJ Spotl	Here's	On Story	Arts	Old House	Old House	The Art of Music		Stage		Willie Nelson		Old House	
29-FOX	(5:00) Horse Racing		MLB Baseball Boston Red Sox at New York Yankees (N) (Live)					College Football Memphis at UNLV (N) (Live)						
57-CW	Family	Family	College Football North Carolina Central at Texas Southern (N)							Family	WOW - Women		Crime Beat	
A&E	Storage Wars		Storage Wars		Storage Wars		Storage Wars		Storage Wars		(:05) Storage Wars		Storage	
AMC	(4:45) ♣ Breakfast Club		★★★★★ Jaws ('75) Robert Shaw, Richard Dreyfuss, Roy Scheider.					★★★ Jaws 2 ('78) Lorraine Gary, Roy Scheider.						
CNN	CNN Newsroom (N)		CNN Newsroom (N)		Real Time With (N)		CNN		CNN		Real Time With		CNN	
DISC	Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition	
DISN	Big City	Big City	♣ Camp Rock 3 ('26)			(:45) Kiff	(:10) Kiff	(:35) Kiff	Phineas	Phineas	Ladybug	Ladybug	Big City	
ESPN	(3:30) Foot..	Scoreboa..	College Football East Texas A&M at Mercer (N) (Live)						Scoreboa..	High School Football (N) (Live)				
ESPN2	Football DeSoto (TX) at St. Thomas Aquinas (FL) (N) (Live)						College Football Prairie View A&M at Tarleton State (N) (Live)						Storied	
FNEWS	Weekend (N) (Live)		Weekend (N) (Live)		Life, Liberty (N) (Live)		My View (N) (Live)		Saturday (N) (Live)		Gutfield!		Life	
FX	(4:30) ♣★★★ Black Panther ('18)		★★★★★ Black Panther: Wakanda Forever ('22) Angela Bassett, Letitia Wright.										★★★★★ The Avengers ('12)	
HBO	(5:35) Lant..		★★★★★ Stand by Me ('86)			★★★★★ Sicario ('15) Emily Blunt.			(:05) Lanterns		Conan O'	(:50) ♣★★★ Blockers		
HIST	History's Gr		History's Gr		History's Gr		Modern		(:05) Modern		History			
ION	NWSL- Pre NWSL Soccer				NWSL-Sh.. /(:45) NWSL				NWSL-Po..		Law & Order: SVU			Law-SVU
LIFE	♣ Girl Who Survived: Alina Thompson Story				♣ The Copycat Killer ('26) Melissa O'Neil. (P)			(:05) ♣ Dating App Killer: Monica White Story		Movie				
MAX	(5:15) ♣ Batman Fore...		(:20) ♣★★ Road House ('89) Patrick Swayze.		(:15) ♣★ The Apparition ('12)			(:35) ♣★ King's Ransom ('05)		Movie				
NBCSPA	Baloncesto Superior Nacional				Baseball	Life	Fair (N)	Phillies	Baseball Philadelphia Phillies at Los Angeles Angels (N)					
NICK	(5:15) ♣ SpongeBob S...		♣ SpongeBob Movie: Sponge Out of Water				Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	
PARMT	(3:30) ♣ Cast Away		★★★★★ Forrest Gump ('94) Robin Wright, Gary Sinise, Tom Hanks.							★★★★ Cast Away Helen Hunt, Tom Hanks.				
TBS	(5:45) ♣★★ Central Intelligence ('16)				★★★★ Jumanji: Welcome to the Jungle				(:20) ♣★★★★ Jumanji: Welcome to the Jungle ('17)					
TCM	★★★★ Affair in Trinidad ('52) Rita Hayworth.				★★★★ Gilda ('46) Glenn Ford, Rita Hayworth.			★★★★ Cover Girl ('44) Rita Hayworth.				Movie		
TNT	(5:00) ♣★★★★ Wonder Woman ('17)				All Elite Wrestling: Collision (N)				Collision	♣★★ San Andreas ('15) Dwayne Johnson.				
USA	Chicago "Buckle Up"		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Anna Pigeon		Law-SVU	

SUNDAY AFTERNOON													AUGUST 30, 2026			
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30			
3-CBS	Paid Prog.	MLP Pickleball		PGA Tour	2026 TOUR Championship Final Round From East Lake Golf Club in Atlanta. (N) (Live)											
6-ABC	Inside	2026 US Open Tennis		Men's & Women's First Round (N) (Live)				Little League World Championship: Teams TBA (N) (Live)				TBA				
10-NBC	AT ISSUE	RateEsca..	Jacuzzi	Incredible Dog		2026 IFAF Highlights			MLB Baseball Houston Astros at New York Mets (N) (Live)							
17-MNT	Paid Prog.	Life Surge	Draft	Paid Prog. This Week		Hill (N)			To Be Announced				To Be Announced			
23-PBS	Think Tank	Affairs	Samantha	Lidia	Milk	Cook	DookCha..	Taboulie	Christina	Chefs Life	Sara's	Food	Outside			
29-FOX	Paid Prog.	Transform	Voices (N)	IndyCar Racing Milwaukee Mile 250 (N) (Live)					Wm. Volleyball Texas vs. Nebraska (N) (Live)				TBA			
57-CW	Paid Prog.	Heroes	She's	Fast: Home Rescue		SOS: How to Survive		Emma	Paid Prog.	Law & Order: SVU		NCIS "Curtain Call"				
A&E	(11:00) Oz..	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD			
AMC	(10:45) ⚡★ Gone in 60 Seconds			(:15) ⚡★★ Jason Bourne ('16) Tommy Lee Jones, Matt Damon.						⚡★★ Man on Fire ('04) Denzel Washington.						
CNN	(11:00) Insi..	State of Union		Fareed Zakaria GPS		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)				
DISC	(11:00) Co..	In the Eye		In the Eye		In the Eye		In the Eye		Naked and Afraid "Snake Island Bites Back"						
DISN	(:35) ⚡★★★★ Toy Story 3 ('10) Tom Hanks.				Bluey	(:15) Bluey	(:40) Bluey	(:05) Kiff	Kiff	Kiff	Kiff	Big City	Big City			
ESPN	(10:00) LL..	Women's College Volleyball (N) (Live)				Volleyball	Women's College Volleyball (N) (Live)				2026 US Open Tennis					
ESPN2	(11:00) US..	ESPNFilms	NWSL Bay FC at Washington Spirit (N) (Live)				ESPNFilms	2026 US Open Tennis			ESPNFilms	Billiards				
FNEWS	(11:00) Su..	Fox News (N) (Live)		Fox News (N) (Live)		Fox News (N) (Live)		Fox Report (N) (Live)		Fox Report (N) (Live)		Weekend (N) (Live)				
FX	(10:00) ⚡★★ The Wolverine ('13)	⚡★★ Captain Marvel ('19) Brie Larson.								⚡★★★★ Avengers: Infinity War ('18) Robert Downey Jr..						
HBO	(11:10) Co..	⚡★★★★ Ready Player One ('18) Tye Sheridan.				(:20) Whitmer Thomas	(:20) Lanterns		(:15) Conan O'Brien		⚡ Murder on the Orie...					
HIST	(11:00) Am..	Mega-Brands		Mega-Brands		Mega-Brands		Mega-Brands		Hazardous History		Hazardous History				
ION	(11:00) NC..	NCIS "Algun Día"		NCIS		NCIS "Lifeline"		NCIS "Left Unsaid"		NCIS "The Plan"		NCIS				
LIFE	Movie	⚡ Death at the Dinner Party ('26) (P)				⚡ The Copycat Killer ('26) Melissa O'Neil.			⚡ My Daughter Was Taken ('26) (P)							
MAX	(10:55) ⚡ DC League ...	(:45) ⚡★★★★ Sunshine Cleaning				(:15) ⚡★★ The Mountain Between Us ('17)		(:05) ⚡ Adult Best Friends ('24)		⚡ Queer						
NBCSPA	(10:30)	Paid Programming				Road Trip	Road Trip	Road Trip	Phillies	MLB Baseball						
NICK	(11:00) ⚡ SpongeBob ...	(:45) Spon..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..			
PARMT	(11:00) Bar..	⚡★★★★ The Hangover ('09) Ed Helms, Bradley Cooper.					⚡★★ The Hangover Part II ('11) Bradley Cooper.					⚡ Hangover Part III				
TBS	Friends	Friends	Friends	Friends	Friends	Friends	Friends	⚡★★ Central Intelligence ('16)				⚡★★ Man of Steel				
TCM	Movie	⚡★★★★ Sullivan's Travels ('41)				⚡★★★★ The Palm Beach Story			(:45) ⚡★★★★ Foreign Correspondent ('40) Joel McCrea.							
TNT	(11:00) ⚡★★ San Andreas ('15)				⚡★★★★ Jumanji: Welcome to the Jungle ('17)					⚡ Road House ('24) Jake Gyllenhaal.						
USA	Soccer Manchester United vs. Ipswich Town			Goal Zone	Law-SVU "Privilege"			Law-SVU "Perfect"		Law & Order: SVU		Law-SVU "Mean"				

SUNDAY EVENING										AUGUST 30, 2026				
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
3-CBS	CBS-News	CBS News	60 Minutes (N)		Big Brother (N)		Tracker		Marshals		CBS News	(:35) Sports	JoniTable	
6-ABC	News (N)	WorldNe..	Videos (N)		Videos	(:35) 🌟🌟🌟 Sister Act 2: Back in the Habit ('93)					News (N)	News	FYI Philly	
10-NBC	NBC10 (N)	NBC News	MLB Baseball Cincinnati Reds at Chicago Cubs (N) (Live)						Password		NBC10 (N)	GameTime	Rescue	
17-MNT	Goldbergs	Goldbergs	WWE NXT: Heatwave						Action News at 10 (N)		Mod Fam	Mod Fam	Seinfeld	
23-PBS	Rick Steves		Classical Tahoe		Nature		NOVA		To the Ends		Her Voice Carries		Nature	
29-FOX	(5:30) TBA		Kitchen Nightmares		Simpsons	Animal	Universal	Grimsburg	News (N)		News (N)	Bensinger	Bensinger	
57-CW	NCIS: Hawai'i		Family	Family	CBS News Sunday Morning (N)			Paid Prog.	Family	Family	Neighbor	Neighbor	Conners	
A&E	Live PD	Live PD	WWE Rivals		WWE Rivals		WWE LFG (N)		WWE LFG (N)		(:05) WWE Rivals		WWE Riva..	
AMC	(4:00) 🌟 Man on Fire		🌟🌟🌟🌟 Unstoppable ('10)				Walking "Genesis" (N)		(:10) Walking Dead		(:20) 🌟🌟🌟🌟 The Departed ('06)			
CNN	CNN Newsroom (N)		CNN Newsroom (N)		CNN		Decades In 2010s (N)		CNN		CNN		Decades In	
DISC	Naked and Afraid "Typhoon Warning" (N)				Naked "Smoke Signals and Fire Fights" (N)				In the Eye (N)		In the Eye		Naked	
DISN	Big City	Big City	🌟 Descendants: Wicked Wonderl...			Phineas	Phineas	Phineas	Vampirina	Place	Ladybug	Ladybug	Bluey	
ESPN	Match (N) (Live)		2026 US Open Tennis Men's & Women's First Round (N) (Live)									SportCtr (N) (Live)		SportCtr
ESPN2	(5:00) Billiards				College Football Tuskegee vs. West Alabama (N) (Live)						30 for 30 Pony Excess			
FNEWS	Weekend (N) (Live)		Weekend (N) (Live)		Life, Liberty (N) (Live)		Sunday (N) (Live)		One Nation (N) (Live)		Life, Liberty & Levin		Sunday	
FX	(3:30) 🌟 Avengers: Inf...		🌟🌟🌟🌟 Avengers: Endgame ('19) Chris Evans, Mark Ruffalo, Robert Downey Jr..									🌟🌟🌟 Armageddon ('98)		
HBO	(5:05) 🌟 Murder on the...		(:05) Lanterns "Pilot"		Lanterns		Lanterns (N)		Lanterns		Lanterns		(:55) Lanterns	
HIST	Hazardous History		Hazardous History		Hazardous History		Hazardous (N)		(:05) Mega-Brands (N)		(:05) Hazardous		Hazardous	
ION	NCIS		NCIS "Heartless"		NCIS "Prime Cut"		NCIS "Reef Madness"		NCIS "Empty Nest"		NCIS "Foreign Bodies"		NCIS	
LIFE	🌟 Where Pretty Girls Die ('25) (P)				🌟 The Past Is Never Buried ('26)				(:05) 🌟 The Copycat Killer ('26)				Movie	
MAX	(5:30) 🌟🌟🌟 Queer ('24)			(:50) 🌟🌟 The Watch ('12) Ben Stiller.			🌟🌟🌟🌟 War for the Planet of the Apes ('17)			(:50) 🌟 Alto Knights				
NBCSPA	(4:00) MLB Baseball		Phillies (N) (Live)		Golf (N)	In. Golf	Go Racing	Harness	MLB Baseball Philadelphia Phillies at Los Angeles Angels					
NICK	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	
PARMT	(5:00) 🌟🌟🌟 The Hangover Part III		🌟🌟🌟🌟 The Hangover ('09) Ed Helms, Bradley Cooper.					🌟🌟🌟 The Hangover Part II ('11) Bradley Cooper.						
TBS	(5:00) 🌟🌟🌟 Man of Steel ('13)			(:45) 🌟🌟🌟🌟 Kong: Skull Island ('17) Tom Hiddleston.				Big Bang		Big Bang	Big Bang	Big Bang	The Office	
TCM	🌟🌟🌟🌟 The More the Merrier ('43)				🌟🌟🌟🌟 Ride the High Country ('62)				🌟🌟🌟🌟 Colorado Territory ('49) Joel McCrea.				Movie	
TNT	Movie	🌟🌟🌟🌟 Jumanji: Welcome to the Jungle ('17)					The Librarians (N)		The Librarians		🌟🌟🌟🌟🌟 The Dark Knight ('08)			
USA	Law-SVU "Doubt"		Law-SVU "Outcry"		Law-SVU "Alien"		Law-SVU "Blast"		Law-SVU "Taboo"		Law & Order: SVU		Law-SVU	



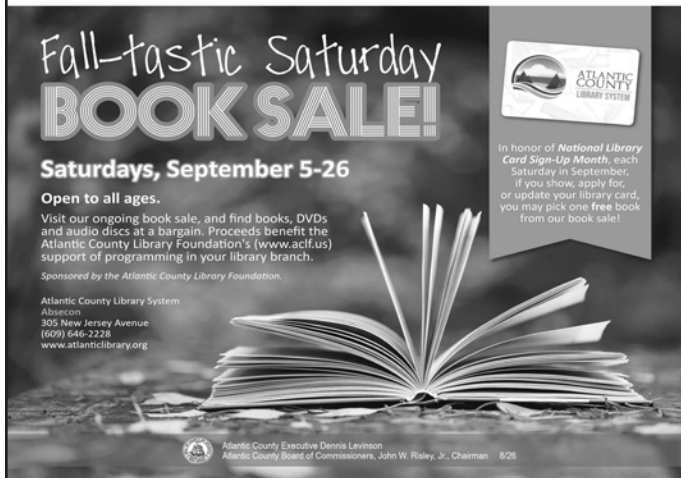
HISTORY EXPLORERS

Saturdays, 2 pm
 September 5: *ROBIN HOOD*
 October 3: *ZOMBIES*
 November 7: *NATIVE AMERICAN FOLKLORE*
 December 5: *GHOSTS OF A CHRISTMAS CAROL*

Open to ages 6-adults. Registration required.
 History is full of mysteries and myths. Each month, local teacher and archaeologist Mr. Ivan Beste will focus on a different topic for a talk. Children can stay afterwards for a fun themed craft.
 Children under age 10 must be accompanied by an adult.

Atlantic County Library System/Ventnor
 6600 Atlantic Avenue
 (609) 874-4444
www.atlanticlibrary.org

Atlantic County Executive Dennis Levinson
 Atlantic County Board of Commissioners, John W. Risley, Jr., Chairman 8/26



Fall-tastic Saturday BOOK SALE!

Saturdays, September 5-26
 Open to all ages.

Visit our ongoing book sale, and find books, DVDs and audio discs at a bargain. Proceeds benefit the Atlantic County Library Foundation's (www.acclf.us) support of programming in your library branch.
 Sponsored by the Atlantic County Library Foundation.

Atlantic County Library System
 Absecon
 305 New Jersey Avenue
 (609) 646-2228
www.atlanticlibrary.org

In honor of National Library Card Sign-Up Month, each Saturday in September, if you show, apply for, or update your library card, you may pick one free book from our book sale!

Atlantic County Executive Dennis Levinson
 Atlantic County Board of Commissioners, John W. Risley, Jr., Chairman 8/26



MORNING RISE AND SHINE YOGA

Mondays, June 22 & June 29, 11 am-12 pm
Saturdays, July 18 & 25, August 1, 15 & 29, 11 am-12 pm

Open to adults.
 Registration required.

Wake up and shine with Yogini Samuel during this fun morning yoga class. Wear loose, comfortable clothing, and bring a mat or towel for class.
 Sponsored by the Atlantic County Library Foundation.

Atlantic County Library System/Mays Landing
 40 Farragut Avenue
 (609) 625-2776, extension 6304
www.atlanticlibrary.org

Atlantic County Executive Dennis Levinson
 Atlantic County Board of Commissioners, John W. Risley, Jr., Chairman 8/26



FURRY BUDDIES

Tuesdays, September 1 & 15, October 6 & 20, November 17, December 1 & 15, 6-7 pm

Open to children of all ages.
 Registration required.

Read a story to therapy dogs Fritz and Frieda, who love sharing stories with children.
 Children under age 10 must be accompanied by an adult.

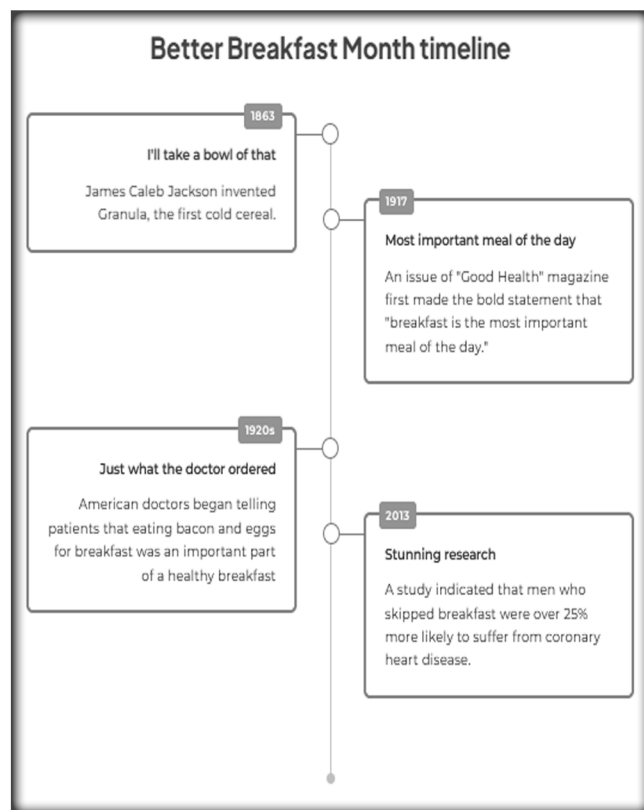
Atlantic County Library System/Mays Landing
 40 Farragut Avenue, (609) 625-2776, extension 6304
www.atlanticlibrary.org

Atlantic County Executive Dennis Levinson
 Atlantic County Board of Commissioners, John W. Risley, Jr., Chairman 8/26

Better Breakfast Month inspires Americans to embrace a nutritious start throughout September. Prioritize your well-being with balanced meals that boost energy and focus. Discover quick, healthy recipes, explore nutrient-rich ingredients, and make mindful choices to fuel your day.

Better Breakfast Month Hero - Dr. John Harvey Kellogg

Dr. John Harvey Kellogg (1852-1943) was an American physician, nutritionist, and health activist who advocated for vegetarianism and healthy living. As the superintendent of the Battle Creek Sanitarium, he was a pioneer in promoting the importance of breakfast cereals and wholesome morning meals as part of a healthy lifestyle.



How to Observe Better Breakfast Month

- Take a food nutrition course - Whether you prefer online learning or attending classes in person, there's a strong chance you'll be able to find an interesting course that will teach you how to prepare healthy and delicious breakfast dishes. What a perfect way to kick off Better Breakfast Month!
- Treat yourself to breakfast out - Many restaurants offer light, nutritious breakfast options. So, while passing on the chocolate chip pancakes and cream cheese stuffed French toast may require a little willpower, we're confident you'll still be able to find an option that will satisfy nearly any craving — and will get your day off to a great start.
- Create a meal plan - Eating a nutritious breakfast doesn't just happen on accident. For at least one week during Better Breakfast Month, make it a point to plan them out in advance. Knowing what nutritious foods you will be eating throughout the week will help to eliminate any secret sugar-packed breakfast splurges.

Better Breakfast Month - Survey Results

BETTER BREAKFAST DAY

Food Prep Trends

Nearly 3/4 of people are "never" "rarely" or only "sometimes" satisfied with their breakfast options.



54%



If time wasn't a factor in preparing breakfast, 54% of people would choose eggs.

43% of people say that the largest driving factor in choosing a breakfast choice is convenience.



43%

41%



Having a breakfast option that's high in protein is the top priority influencing people's breakfast choices.

THREE BRIDGES

4 Healthy Breakfast Secrets

- 1 - Healthy breakfast, healthy kids - Research shows that kids who eat breakfast generally have healthier weights and perform better on memory tests than those who don't.
- 2 - Germany wins - The largest breakfast ever recorded took place in Germany in 2005. Nearly 28,000 people took part.
- 3 - Patience, please - The first breakfast cereal needed to be soaked overnight before it could be enjoyed.
- 4 - Don't forget - Americans tend to skip breakfast more often than other meals. Better Breakfast Month reminds us to make time for what just might be the most important meal of the day.

Why Better Breakfast Month is Important

- Eating a healthy breakfast helps control your weight - September's the perfect time to adopt healthy eating habits in order to avoid adding pounds during the upcoming winter months. Many studies have linked eating a nutritious breakfast to having an easier time maintaining a healthy weight. Eating delicious food to stay slim? Count us in!
- It helps you fit in all of your daily nutrients - Dietary guidelines can be intimidating, especially when you're just relying on lunch and dinner to supply the bulk of your nutritional benefits. Eating a healthy breakfast can help you squeeze in some of those necessary vitamins and minerals which are needed to keep your body functioning at its highest possible level.
- Breakfast is delicious - Not only does a well-rounded breakfast supply a ton of physical benefits, but it also tastes good.



ATLANTIC COUNTY FARMERS MARKETS

Atlantic City – C.R.O.P.S. Farmers Market
Fridays 4-6 PM • June 20 – September 19 (except July 4)
Fisherman's Park Community Garden, Melrose & Massachusetts Aves
cropsnj.org | Facebook: C.R.O.P.S. NJ

Brigantine Farmers Market
Saturdays 8 AM – Noon (rain or shine) • May 23 – September 5
Brigantine School parking lot (Sheridan Blvd side), 301 E. Evans Blvd
brigantinebeach.org | Facebook: Brigantine Farmers Market

Egg Harbor Township Community Farmers Market
Sundays 9 AM – 1 PM • June 7 – October 11
Atlantic County Library grounds, 1 Swift Dr
Facebook: Community Farmers Market in EHT

Galloway Green Market (Go Green Galloway)
Thursdays, 4 - 7 PM • June 25 – August 27
Historic Smithville Village Green, 615 E. Moss Mill Rd
gogreengalloway.org

Linwood – C.R.O.P.S. Farmers Market
Saturdays, 9 AM – Noon • Spring thru October
Linwood Central Square, 199 New Rd
cropsnj.org | Facebook: C.R.O.P.S. NJ

Margate Community Farmers Market
Thursdays 8:30 – 11:30 AM • June 18 – September 3
Steve & Cookie's parking lot, Corner of Monroe & Amherst Aves
Facebook: Margate Community Farmers Market

Somers Point Farmers Market
Saturdays 8 AM – Noon • May 16 – September 12
Somers Mansion, 1000 Shore Rd
Facebook/Instagram: Somers Point Farmers Market

Ventnor City Farmers Market
Fridays, 8:30 AM – Noon • May 22 – September 4
St. James Church parking lot, Corner of Atlantic & Newport Aves
vcfm.org | Facebook: Ventnorcifyfarmersmarket

PEACH + BLUEBERRY ➤ BREAKFAST SMOOTHIE ➤ — Fresh, fruity & ready in minutes! —

INGREDIENTS

- 1 ripe peach, sliced
- ¼ cup fresh blueberries
- 1 banana
- ¾ cup Greek yogurt
- ½ cup milk
- 1 tsp honey (optional)
- ½ tsp vanilla extract
- ¼ cup rolled oats
- Ice cubes (optional)

DIRECTIONS

1. Add all ingredients to a blender.
2. Blend until smooth and creamy.
3. Taste and add more honey if desired.
4. Pour into a glass and enjoy immediately!

A delicious way to start your day with fresh, market-fresh goodness!



Naturally sweet & packed with vitamins!

THE FARMERS MARKET BREAKFAST SANDWICH

Fresh eggs, ripe tomatoes, greens & avocado

INGREDIENTS

- 1 English muffin or sourdough roll
- 1 large egg
- 1 tsp olive oil or butter
- 1 slice cheese (cheddar, provolone or your choice)
- 2 slices ripe tomato
- Handful of fresh spinach
- ¼ avocado, sliced
- Salt & pepper to taste
- Hot sauce or aioli (optional)

DIRECTIONS

1. Toast the English muffin or roll.
2. In a small skillet, heat olive oil or butter over medium heat. Crack the egg and cook to your liking. Season with salt and pepper.
3. Add the cheese to the egg during the last minute of cooking to melt.
4. Layer the bottom half of the muffin with spinach, tomato slices, and avocado.
5. Top with the cheesy egg, add your favorite sauce if using, and place the top half of the muffin on.

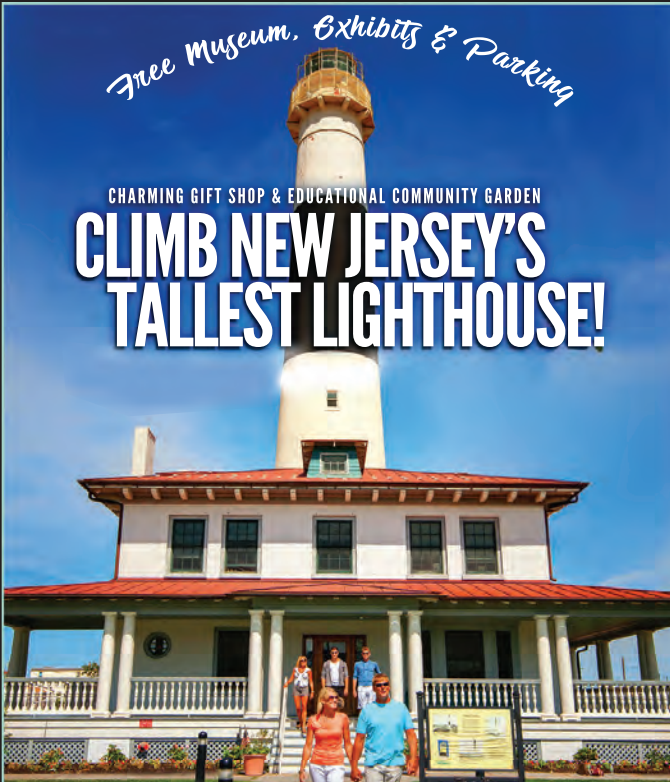


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REAL ESTATE & RENT	WEB DESIGN	BEAUTY SALON	RESTAURANT	EVENT PLANNING	SECURITY	LANDSCAPE
HAIR SALON	PLUMBING	COFFEE SHOP	BAR	TRUCKING	CONCRETE	PAINTING
CLEANING	PIZZA	EVENTS	TRUCKING	TRUCKING	TRUCKING	TRUCKING
TRUCKING	TRUCKING	TRUCKING	TRUCKING	TRUCKING	TRUCKING	TRUCKING

Reserve
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Puppy Raisers Needed!



Photo of Jerry, a male black Labrador retriever, by Seeing Eye puppy raiser (and staff member) Meghan Vander Plaats. The photo appears in the 2026 Seeing Eye Puppy Calendar - available for purchase from SeeingEye.org/store!

The Seeing Eye is looking for puppy raisers! These volunteers welcome a Seeing Eye puppy into their homes for a year or so, teaching them basic obedience and good house manners.

For more information, go to SeeingEye.org/raise or call The Seeing Eye's Puppy Raising Department at 973-539-4425 x1769.

ATLANTIC County Magazine
www.atlanticcountymagazine.com

Pet of the Week



CHIP & DALE

Meet Chip & Dale! These two boys are now ready to find their forever families. Chip and Dale are 4 month old pups who we believe are some sort of mastiff mix. They are going to be big boys! They would fit in well in any home ready for a puppy their size. Please fill out an application on our website if you are interested!

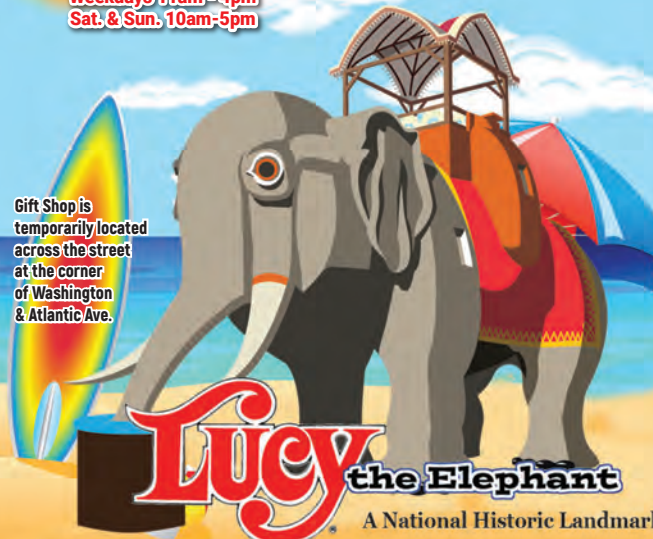
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www.HumaneSocietyAC.org

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*Coupon must be surrendered at the time of purchase and may not be combined with any other offer. No cash value. Discount is limited to four (4) admission tickets. Gift Shop discount excludes the purchase of selected jewelry as well as Steven Winkelshein (a.k.a. "The Winkler") and Aunt Evelyn's books. Coupon expires December 31, 2026. Valid in-store only. Coupon Code: SL The Save Lucy Committee, Inc. received an operating support grant from the New Jersey Historical Commission, a division of the Department of State.

PPAWS - People & Puppies at Work for Sight "MEET THE PACK!"

56 DAYS AND 3,975 MILES LATER

Jim Freiss, Victor Fassano, and Glenn Morse are officially back home after their summer spent riding in support of our mission and in honor of Jim's late brother, John, and his Seeing Eye dog, Hero.

With over \$100,000 raised, we are truly astounded by the collective generosity and dedication of the Pedal for Puppies riders and supporters. Thank you all so much!

P.S. Puppy Ride Long Island's summer of riding isn't over just yet! Jim and his team of dedicated riders are heading off to Vermont the week of August 24th. Learn more at puppyridelongisland.com

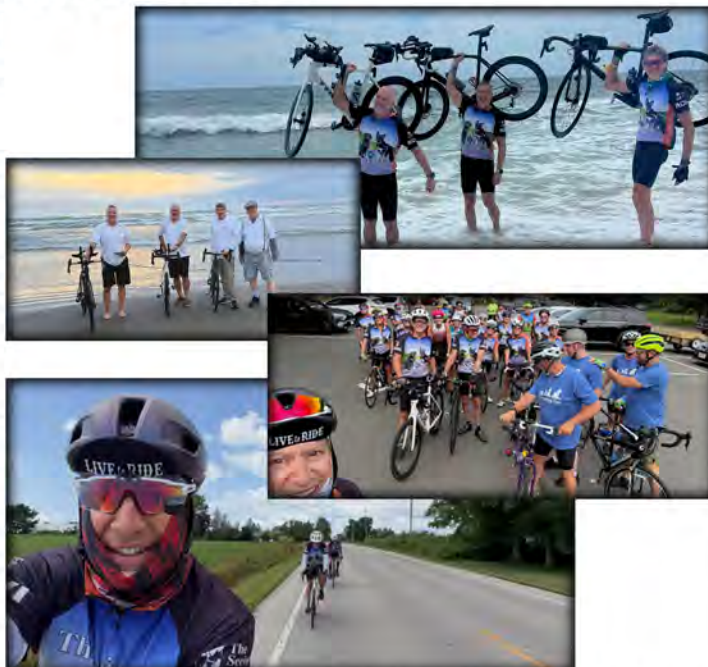
Photo Descriptions:

1 - Jim Freiss, Victor Fassano, and Glenn Morse stand in the Atlantic Ocean at Smith's Point Beach in New York and hold up their bikes at the end of their 56-day journey.

2 - Victor Fassano, Jim Freiss, Glenn Morse, and Kevin Green stand together before the Pacific Ocean at Seaside Beach in Oregon at the very beginning of the ride.

3 - Victor Fassano takes a selfie that captures Jim Freiss, Glenn Morse, along with the over 25 riders who joined in on the last leg of their journey, including Kyle Street, Gift Officer and Seeing Eye graduate, and Melissa Allman, Sr. Specialist, Advocacy & Government Relations and Seeing Eye graduate.

4 - Victor Fassano takes a selfie while riding that captures Jim Freiss and Glenn Morse riding behind him.



PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise these amazing puppies for The Seeing Eye. Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny. If you are interested in raising a puppy for The Seeing Eye, call Peter at (609)804-8774 or visit seeingeye.org/raise for info.

READY, VET, GO!

**SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF)
SERVING ATLANTIC, CAPE MAY, CAMDEN,
CUMBERLAND, GLOUCESTER, AND SALEM COUNTIES**

The goal of Ready, Vet, Go! is to promote housing stability among veterans and their families who are homeless or at risk of homelessness.

DIRECT SERVICES PROVIDED:

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TRANSPORTATION - UTILITY DEPOSIT - UTILITY BILLS
FOR MORE INFORMATION, PLEASE CONTACT:**

CAMDEN AND GLOUCESTER COUNTIES

Marcus Biddle (856) 214-1277 Ashli McLean (856) 203-0375
Marcus.Biddle@camdendiocese.org Ashli.McLean@camdendiocese.org

CUMBERLAND AND SALEM COUNTIES

Rosemary DeQuinzio (856) 213-3426
Rosemary.DeQuinzio@camdendiocese.org

ATLANTIC AND CAPE MAY COUNTIES

Nelson Gonzalez (856) 701-5428
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The 12th Annual Jewish Family Service Card Party welcomed 140 players on August 20th at Harbor Pines Golf Club. In addition to playing Canasta and Mahjong, attendees enjoyed a delicious buffet lunch and dessert. The event raised \$30,000 for The Lynn Kramer Village by the Shore, a program that provides a variety of concierge, volunteer, professional services, and socialization activities for people age 50+ in the community.

Thank you to our generous sponsors for their support – The Gurwicz Family, Harbor Pines Golf Club, The Kiejdan Family, Renee Kiejdan & Fran Kiejdan-Lott, AtlantiCare, Margaret & Howard Goldberg, Right at Home, Susan & Robert Lang, Visiting Angels, Adam & Franci Steinberg, and Hope & Keith Morgan.

With more than 25 baskets, guests went home with fabulous prizes including an Atlantic City Adventure, Downbeach Express Pass, Getaway at Resorts Casino Hotel, JCC Membership, Latke Love, Luxury Shopping at Dune, Night Out at LB One Steakhouse, Paws-itively Pampered, Pickleball Power Play, Table at Tomatoes, The Caudalie Collection Skincare and more.

For information on The Lynn Kramer Village by the Shore, contact Tina Serota at tserota@jfsatlantic.org

About Jewish Family Service

Jewish Family Service of Atlantic & Cape May Counties (JFS) encourages strong families, thriving children, healthy adults, energized seniors and vital communities. With dozens of program areas, JFS specializes in counseling, mental health services, homeless programs, vocational services, adult and older adult services and also hosts an on-site food pantry. The agency impacts 15,000 lives throughout Atlantic and Cape May Counties each year.

JFS' mission is to motivate and empower people to realize their potential and enhance their quality of life. In keeping with Jewish values and the spirit of tikkun olam (healing the world), JFS provides services with integrity, compassion, respect and professionalism regardless of their religion, race, gender, sexual orientation, ethnicity, age or background.

For more information or to keep up-to-date with events and programs, visit JFS at jfsatlantic.org or follow us on Facebook, Instagram and LinkedIn.



Debra Greenwald, Bonnie Steiner, Norma Augustine, and Arlene Singer spent the afternoon playing Canasta at the annual Jewish Family Service Card Party on August 20th. The event raised \$30,000 to support The Lynn Kramer Village by the Shore program. (Photo provided by Jewish Family Service of Atlantic & Cape May Counties)

BOOK Club

with Meryl Rodgers

Monday, August 31 | 10:30am - 12:00pm

Educator **Meryl Rodgers** returns to discuss former Wall Street Journal reporter Lucette Lagnado's award-winning memoir, *The Man in the White Sharkskin Suit*. In the book, Lagnado portrays her Egyptian Jewish family's remarkable journey from great wealth and a luxurious lifestyle in old Cairo to a new world filled with hope, hardship, faith, and the pursuit of a better life in Brooklyn.

Katz JCC Boardroom
501 North Jerome Ave
RSVP BY AUGUST 24



THE MAN IN THE WHITE SHARKSKIN SUIT

My Family's Exodus from Old Cairo to the New World

LUCETTE LAGNADO

JFS The Lynn Kramer Village by the Shore



Palm Beach Confidential by Susannah Marren

In the latest entry in her Palm Beach novel series, Susannah Warren returns to the glittering, watchful world of Palm Beach, where appearances matter, and family secrets have a way of surfacing at the worst possible time. Lucinda Barrows has spent decades building a dazzling life of wealth, status and social influence, but her carefully controlled world begins to crack when mysterious letters arrive from Kesgrave, the Florida Panhandle town she thought she had left behind.

Her three daughters are already caught in their own storms: Maribelle is estranged from Raleigh after a devastating betrayal, Caroline is trying to hold the family business together, and Raleigh is facing a brutal divorce while being drawn into a risky new romance. Part family drama, part slow-burn mystery, *Palm Beach Confidential* explores what women hide, what they protect and what it costs to keep a polished life intact. Purchase at <https://tinyurl.com/palm-beach-confidential>.

Son of Hades by Caleb Lewis

Alexandros Nyktos is grieving, furious and very dangerous. After his undercover detective wife is murdered by the Moretti Mafia, Alex - the demigod son of Hades - tears through the criminal empire seeking revenge. But when he reaches mob boss Victor Moretti, someone has beaten him to the kill. The twist? Moretti was actually Dionysus, the ancient Greek god of wine, and someone has discovered how to murder immortals.

Now Alex is both suspect and reluctant guide for FBI Special Agent Morgan Hale, whose investigation pulls her into a hidden America populated by gods, vampires, demons and other legendary beings living behind modern identities. When another god turns up dead, the uneasy partners must uncover what connects the victims before the killer strikes again. Blending urban fantasy, police procedural and slow-burn romance, *Son of Hades* brings ancient rivalries and divine grudges into a dark, dangerous modern underworld. Purchase at <https://a.co/d/00T5kpWi>.

In Search of the Optimal Human Diet: A Layperson's Guide to Nutritional Science
by Jonathan Spitz

In a world of competing diet plans, contradictory headlines and nutritional quick fixes, Jonathan Spitz goes back to a more fundamental question: What does the science actually tell us? In *Search of the Optimal Human Diet* traces more than two centuries of nutritional research, from an eighteenth-century experiment on scurvy through the discovery of proteins, carbohydrates, vitamins and minerals to today's understanding of metabolism, fiber and the gut microbiome. Along the way, Spitz brings the history to life through the scientists, experiments and occasional wrong turns that shaped what we know about food and health.

The evidence ultimately leads Spitz to advocate a whole-food, plant-based diet, with Dr. Michael Greger's "Daily Dozen" providing a practical food guide. Extensively documented and supplemented with nine appendices, the book is both an accessible scientific history and a useful reference for readers who want to make evidence-based dietary choices rather than follow trends. Purchase at man-eating-plants.com

When Waiting Becomes Life by Jeff Deaton, MD

When *Waiting Becomes Life* gently illuminates the often-unseen emotional landscape of infertility - a journey many walk in silence. Drawing on heartfelt, real-life stories from women and couples who have faced failed cycles, loss and years of uncertainty, Dr. Jeff Deaton blends compassionate medical insight with deeply human narrative. Each chapter offers not only the raw honesty of lived experience but also practical, encouraging advice that helps readers process grief, confront shame and navigate complex treatment decisions with greater clarity and confidence.

Readers praise the book for its warmth and wisdom, noting how Deaton's balanced mix of hope, science and empathy makes even the most difficult moments feel shared rather than endured alone. Whether you're living the struggle or supporting someone who is, this book offers solace, strength and a reminder: waiting isn't the whole story - growth and resilience can be part of the journey too. Purchase at <https://tinurl.com/when-waiting-becomes-life>.

BACK TO SCHOOL I SPY



How many do you see?



☆ BONUS! HOW MANY STARS DO YOU SEE? _____

Back to School Scramble



Everything was almost ready to start the new school year but the labels for the classroom got jumbled. Can you unscramble the letters to form the names of 24 things you might find in your classroom? Watch out, one of the objects is formed from two words.

IRCAH	_____	CRTOLUALCA	_____
FGAL	_____	RRAMEK	_____
BKOENOTO	_____	KACKCBAP	_____
CDLNARAE	_____	ROSSSICS	_____
REEARS	_____	CKALH	_____
LSARTPE	_____	OLCKC	_____
EGLU	_____	CATEEHR	_____
IRFLEAAMR	_____	MSOACPS	_____
CNLEPI	_____	ENDUSTT	_____
KSED	_____	GLEBO	_____
OASOCBEK	_____	NIBDRE	_____
TXOKBTOE	_____	APPRE	_____

MONDAY EVENING

AUGUST 31, 2026

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside (N)	ET (N)	Neighbor	Neighbor	FBI "Lone Wolf"		CIA "Orbital"		News (N)	Comics	Comics
6-ABC	News (N)	WorldNe..	Jeopardy!	Wheel	Dancing (N) (SF)		Who Wants to Be		Celebrity Fam.		News (N)	(:35) J. Kimmel (N)	
10-NBC	NBC10Ne..	NBC News	NBC10Ne..	Hollywood	American Ninja Warrior	National Finals 4 (N)			The Wall (N)		NBC10Ne..	(:35) Tonight Show	
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	All Amer "Feel" (N)		Penn & Teller		Action News at 10 (N)		Big Bang	Mod Fam	Two Men
23-PBS	BBC World	NJ Spot!	One on O..	NJ Spot!	✖ The Five Demands		The Class "The Prize"		The Class		NJ Spot!	BBC News	Movie
29-FOX	News (N)	Phantastic	Kelly (N)	TMZ (N)	Beat Shazam (N)				News (N)		News (N)	Mike	Kelly (N)
57-CW	Family	Family	Family	Family	Philadelphia (N)		Perfect	Perfect	Family	Family	Neighbor	Neighbor	Conners
A&E	Live PD "Episode 16"		Live PD "Episode 33"		Live PD "Episode 29"		Live PD: Great. (N)		Live PD: Great. (N)		(:05) Live PD: Great.		LivePD
AMC	✖★★ Bad Boys ('95) Will Smith, Martin Lawrence.					✖★★ Bad Boys II ('03) Will Smith, Jordi Mollà, Martin Lawrence.					✖★★★ True Lies ('94)		
CNN	Jake Tapper (N) (Live)		OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN News. (N) (Live)		Laura (N) (Live)		Story Is
DISC	Contraband: Seized		Contraband: Seized		Contraband (N)		120 Hours Be. (N)		120 Hours Be.		120 Hours Be.		Contraba.
DISN	Bluey	Big City	Big City	Big City	Phineas	Phineas	Vampirina	Phineas	Phineas	Kiff	Ladybug	Ladybug	Bluey
ESPN	Match (N) (Live)		2026 US Open Tennis Men's & Women's First Round (N) (Live)								SportCtr (N) (Live)		
ESPN2	SportCtr (N) (Live)		2026 US Open Tennis Men's & Women's First Round (N) (Live)								NFL Live		30 for 30
FNEWS	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five
FX	Movie	✖★★★ Captain America: The First Avenger ('11)					Sunny	Adults	✖★★★ Captain America: The Winter Soldier ('14)				
HBO	✖★ The Strangers: Chapter 1 (P) (:35) Lanterns				Conan O'		(:20) ✖ Knock Knock ('15) Keanu Reeves.		Monsters		(:55) Lanterns		
HIST	History's-Mysteries		History's-Mysteries		History's-Mysteries		Mysteries (N)		(:05) Mysteries		(:05) Mysteries		Mysteries
ION	(:55) Chicago Fire		(:55) Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago "Informant"		Chicago
LIFE	NCIS "Bloodbath"		NCIS "Jeopardy"		NCIS "Hiatus"		NCIS "Hiatus"		(:05) NCIS "Shalom"		(:05) NCIS "Escaped"		NCIS
MAX	(5:10) ✖ Contagion		✖★★★ Atomic Blonde ('17)			(:55) ✖★★★ The Terminator ('84)		(:40) ✖★★★ Room ('15) Brie Larson.					
NBCSPA	Birds (N)	The Stanley Pup			Shelters	Birds	Phillies	Baseball Philadelphia Phillies at Arizona Diamondbacks (N) (Live)					
NICK	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
PARMT	✖★★ Vacation ('15) Christina Applegate, Ed Helms. (P)					✖★★ Couples Retreat ('09) Jason Bateman, Vince Vaughn.					✖★★ Vacation ('15)		
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	The Office	The Office	The Office
TCM	(5:45) ✖ Life & Times of Judge Roy Bean		✖★★★ Mogambo ('53) Clark Gable.			(:15) ✖★★★ The Night of the Iguana ('64) Richard Burtor							
TNT	(5:30) ✖★★★ The Dark Knight Rises ('12) Christian Bale.						The Librarians (N)		The Librarians		✖★★★ The Dark Knight Rises		
USA	Law-SVU "Cage"		Law & Order: SVU		Law & Order: SVU		Law-SVU "Burned"		Law-SVU "Outsider"		Law-SVU "Loophole"		Law-SVU

TUESDAY EVENING

SEPTEMBER 1, 2026

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside (N)	ET (N)	Survivor "A Side Dish of Chaos"				NCIS "Reboot"		News (N)	Comics	Comics
6-ABC	News (N)	WorldNe..	Jeopardy!	Wheel	Jeopardy! (N)		9/11: United We Stand -- 25 Years Later (N)		News (N)		(:35) J. Kimmel (N)		
10-NBC	NBC10Ne..	NBC News	NBC10Ne..	Hollywood	Got Talent "Quarterfinals 3" (N) (Live)				Password	Password	NBC10Ne..	(:35) Tonight Show	
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	WWE NXT (N) (Live)				Action News at 10 (N)		Big Bang	Mod Fam	Two Men
23-PBS	BBC World	NJ Spot!	One on O..	NJ Spot!	The First Lady		Great Performances				NJ Spot!	BBC News	The First
29-FOX	News (N)	Phantastic	The Pulse	TMZ (N)	Nightmares (N)		Beat Shazam (N)		News (N)		News (N)	Mike	Kelly (N)
57-CW	Family	Family	Family	Family	Philadelphia (N)		Perfect	Perfect	Family	Family	Neighbor	Neighbor	Conners
A&E	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer
AMC	(4:00) ✖ True Lies		✖★★ Shooter ('07) Michael Peña, Danny Glover, Mark Wahlberg.					✖★★ Jack Reacher ('12) Rosamund Pike, Tom Cruise.					
CNN	Jake Tapper (N) (Live)		OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN News. (N) (Live)		Laura (N) (Live)		Story Is
DISC	Homestead "North Carolina DIY or Die" (N)				Homestead Rescue "A Homestead Divided"				Homestead "Wylde Mountain Reckoning"				Homestea
DISN	Bluey	Big City	Big City	Big City	Phineas	Phineas	Vampirina	Phineas	Phineas	Kiff	Ladybug	Ladybug	Bluey
ESPN	Match (N) (Live)		2026 US Open Tennis Men's & Women's First Round (N) (Live)								SportCtr (N) (Live)		
ESPN2	SportCtr (N) (Live)		2026 US Open Tennis Men's & Women's First Round (N) (Live)								NFL Live		Football
FNEWS	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five
FX	(5:00) ✖★★★ Thor ('11)		✖★★★ Thor: Ragnarok ('17) Tom Hiddleston, Chris Hemsworth.					✖★★ Knight and Day ('10) Tom Cruise.					
HBO	(:25) Lanterns		(:20) ✖★★ Taken 2 ('12) Liam Neeson.				Seahawks (N) (SF)		Lanterns		(:55) Train Seahawks		ConanO'
HIST	Proof-There		Proof-There		Proof-There		Proof-There (N)		(:05) Proof-There (N)		(:05) Proof-There		(:05) Proo
ION	(:55) Chicago Fire		(:55) Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago
LIFE	Castle		Castle "Knockdown"		Castle "Lucky Stiff"		Castle "The Final Nail"		(:05) Castle "Setup"		(:05) Castle		Castle
MAX	(4:50) ✖ Rain Man		(:05) ✖★★★ Magnolia ('99) Julianne Moore, Jason Robards. (P)				(:15) ✖★★ Meg 2: The Trench ('23) (P)						Movie
NBCSPA	Birds (N)	World Poker Tour		World Poker Tour	Birds	Phillies	Baseball Philadelphia Phillies at Arizona Diamondbacks (N) (Live)						
NICK	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
PARMT	✖★★★ The Wedding Singer ('98) Adam Sandler.					✖★★★ The School of Rock ('03) Jack Black.					✖★★★ The Wedding Singer ('98)		
TBS	Big Bang	Big Bang	Leadoff		MLB Baseball (N) (Live)				MLB Close		The Office	The Office	The Office
TCM	✖★★★★ The Philadelphia Story ('40)				✖★★★★ The Adventures of Robin Hood				✖★★★ Captain Blood ('35) Errol Flynn.				Movie
TNT	(5:15) ✖★★ Black Adam ('22)				✖★★★ Jumanji: Welcome to the Jungle ('17)					✖★★ Black Adam ('22) Dwayne Johnson.			
USA	Law-SVU "Harm"		Law-SVU "Svengali"		Law-SVU "Blinded"		Law-SVU "Fight"		Law-SVU "Snitch"		Law-SVU "Streetwise"		Law-SVU

WEDNESDAY EVENING

SEPTEMBER 2, 2026

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
3-CBS	News (N)	CBS-News	Sports (N)	ET (N)	Big Brother "Episode 27" (N)			Survivor			News (N)	Comics	Comics	
6-ABC	News (N)	WorldNe..	Jeopardy!	Wheel	Jeopardy! (N)		Shark Tank		Shark Tank		News (N)	(:35) J. Kimmel (N)		
10-NBC	NBC10Ne..	NBC News	NBC10Ne..	Hollywood	Got Talent (N)		Chicago Fire		Chicago P.D.		NBC10Ne..	(:35) Tonight Show		
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Police "Side Swiped"		Lindsay Clancy (N)		Action News at 10 (N)		Big Bang	Mod Fam	Two Men	
23-PBS	BBC World	NJ Spot!	One on O..	NJ Spot!	Drive-Hist	Price	A Hot Dog Program		Trolley	Trolley	NJ Spot!	BBC News	Drive-Hist	
29-FOX	News (N)	Phantastic	ClassH	TMZ (N)	MasterChef (N)		Nation's Dumbest (N)		News (N)		News (N)	Mike	Kelly (N)	
57-CW	Family	Family	Family	Family	Philadelphia (N)		Perfect	Perfect	Family	Family	Neighbor	Neighbor	Connors	
A&E	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Booked (N)		Booked (N)		LivePD	LivePD	LivePD	
AMC	(5:00) 🌟🌟🌟 Jack Reacher ('12) Tom Cruise.				🌟🌟🌟 Unstoppable ('10)				🌟🌟 White House Down ('13) Channing Tatum.					
CNN	Jake Tapper (N) (Live)		OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN News. (N) (Live)		Laura (N) (Live)		Story Is	
DISC	How to Catch		Expedition X		Expedition X		Expedition X (N)		How to Catch (N)		How to Catch		Expedition	
DISN	Bluey	Big City	Big City	Big City	Phineas	Phineas	Place	Phineas	Phineas	Kiff	Ladybug	Ladybug	Bluey	
ESPN	Match (N) (Live)		2026 US Open Tennis Men's & Women's Second Round (N) (Live)							SportsC. (N) (Live)		SportCtr		
ESPN2	SportCtr (N) (Live)		Women's College Volleyball				Wm. Volleyball USC at Texas (N) (Live)				NFL Live		Football	
FNEWS	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five	
FX	Movie	🌟🌟🌟 Speed ('94) Dennis Hopper, Keanu Reeves.					The Shards		🌟🌟 The Day After Tomorrow ('04) Dennis Quaid.					
HBO	(5:00) 🌟🌟🌟 Saltburn		(:15) Lanterns "Pilot"		(:10) Lanterns		(:05) Lanterns		🌟🌟🌟 Les Misérables ('12) Hugh Jackman.					
HIST	Alone "Icebound"		Alone		Alone		Alone "Subzero" (N)		(:35) Pawn Stars (N)		PawnStars	(:05) Alone		
ION	(:55) Blue Bloods		(:55) Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods "Firewall"		Blue Bloods		Blue Blood	
LIFE	Rizzoli & Isles		Rizzoli & Isles		Rizzoli "All for One"		Rizzoli "Cold as Ice"		(:05) Rizzoli & Isles		(:05) Rizzoli & Isles		Rizzoli	
MAX	(5:35) 🌟 Monster-in-Law		(:15) 🌟🌟🌟 Bad Santa ('03)			(:50) 🌟🌟🌟 Bad Santa 2 ('16)			(:20) 🌟🌟 Our Kind of Traitor ('16)			Movie		
NBCSPA	(3:30) Bas..	Phillies (N) (Live)		Birds (N)	Baseball Philadelphia Phillies at Arizona Diamondbacks				Birds	In. Golf	Greatest	Fair (N)		
NICK	SpongeB..	SpongeB..	🌟🌟🌟 Harry Potter and the Sorcerer's Stone ('01) Daniel Radcliffe.						Big Bang		Big Bang	Big Bang	Big Bang	
PARMT	🌟🌟🌟 Gladiator Joaquin Phoenix, Connie Nielsen, Russell Crowe.							🌟🌟🌟 Top Gun: Maverick ('22) Miles Teller, Tom Cruise.						
TBS	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (N) (Live)				Jokers	Jokers	The Office	The Office	The Office	
TCM	🌟🌟🌟 Bachelor in Paradise ('61) Bob Hope.				🌟🌟🌟 Atlantic City ('80) Burt Lancaster.				🌟🌟🌟 Bull Durham ('88) Kevin Costner.				Movie	
TNT	🌟🌟🌟 Jumanji: Welcome to the Jungle ('17)					🌟🌟 Practical Magic ('98) (P)				(:45) 🌟 Blended ('14) Adam Sandler.				
USA	9-1-1 "Tomorrow"		9-1-1 "Cursed"		9-1-1		9-1-1 "Red Flag"		9-1-1 "In a Flash"		9-1-1 "In Another Life"		9-1-1	

THURSDAY EVENING

SEPTEMBER 3, 2026

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside (N)	ET (N)	Big Brother (N)		Georgie	Ghosts	Elsbeth "Yes, And..."		News (N)	Comics	Comics
6-ABC	News (N)	WorldNe..	Jeopardy!	Wheel	Jeopardy! (N)		9-1-1: Nashville		9-1-1: Nashville		News (N)	(:35) J. Kimmel (N)	
10-NBC	NBC10Ne..	NBC News	NBC10Ne..	Hollywood	Law "Once Burned"		Law-SVU "Monster"		Law & Order "Liberty"		NBC10Ne..	(:35) Tonight Show	
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Trivial "House Rules"		Scrabble		Action News at 10 (N)		Big Bang	Mod Fam	Two Men
23-PBS	BBC World	NJ Spot!	One on O..	NJ Spot!	Black Sox Scandal		POV "Arrest the Midwife"			Songs	NJ Spot!	BBC News	Pacific
29-FOX	News (N)	Phantastic	MLB Baseball (N) (Live)						News (N)		News (N)	Mike	Kelly (N)
57-CW	Family	Family	Family	Family	Philadelphia (N)		Perfect	Perfect	Family	Family	Neighbor	Neighbor	Connors
A&E	The First 48		The First 48		The First 48 (N)		Ted Bundy (N) (P)		Ted Bundy: the (N)		(:05) The First 48		(:05) First48
AMC	🌟🌟🌟 Man on Fire ('04) Dakota Fanning, Denzel Washington.				TNA iMPACT! (N) (Live)				🌟🌟🌟 Man on Fire ('04)				
CNN	Jake Tapper (N) (Live)		OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN News. (N) (Live)		Laura (N) (Live)		Story Is
DISC	Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs
DISN	Bluey	🌟🌟🌟 Big Hero 6 ('14)			Phineas	Phineas	(:10) Place	Phineas	Phineas	Kiff	Ladybug	Ladybug	Bluey
ESPN	SportCtr (N) (Live)		Countdown (N) (Live)		College Football Colorado at Georgia Tech (N) (Live)						SportsC. (N) (Live)		SportCtr
ESPN2	Match (N) (Live)		2026 US Open Tennis		Men's & Women's Second Round (N) (Live)						NFL Live		Storied
FNEWS	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five
FX	Movie	🌟🌟🌟 Deadpool ('16) Morena Baccarin, Ryan Reynolds.					Adults	Adults	🌟🌟🌟 Jurassic World ('15) Chris Pratt.				
HBO	Lanterns		🌟 Birdman or (Unexpected Virtue of Ignorance)				Monsters (N) (SF)		Monsters of God		Lanterns		Monsters
HIST	Mysteries		Engineering from		Engineering from		Engineering from		(:05) Engineerin (N)		(:05) Engineerin		Engineerin
ION	FBI "Crossfire"		FBI "Doomsday"		FBI "Family Man"		(:05) FBI		(:05) FBI		(:05) FBI		(:05) FBI
LIFE	NCIS "Smoked"		NCIS "Driven"		NCIS "Suspicion"		NCIS "Sharif Returns"		(:05) NCIS "Blowback"		(:05) NCIS		NCIS
MAX	(:15) 🌟🌟🌟🌟 The Shape of Water ('17)				(:20) 🌟🌟🌟🌟 Companion ('25)				🌟🌟🌟🌟 Joker ('19) Joaquin Phoenix.				Movie
NBCSPA	Birds (N)	Golf	MLS Soccer Philadelphia Union at New York Red Bulls					Birds	Unfiltered with Ricky Bo and Bill Colarulo				Birds
NICK	(4:00) 🌟 Harry Potter ...		🌟 Clash Of The Thundermans			Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
PARMT	🌟🌟🌟🌟 Top Gun: Maverick ('22) Miles Teller, Tom Cruise.						🌟🌟🌟🌟 Top Gun ('86) Kelly McGillis, Tom Cruise.				🌟🌟🌟🌟 Top Gun ('86)		
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Jokers (N)	Jokers	Jokes (N)	Jokers	Jokers
TCM	(:15) 🌟🌟🌟 The Whistle at Eaton Falls ('51)				🌟🌟🌟 Killer's Kiss		Movie	(:45) 🌟🌟🌟🌟 The Killing ('56)		Movie	🌟 Paths of Glory		
TNT	(5:15) 🌟🌟🌟 Practical Magic ('98)			🌟🌟🌟🌟 Twister ('96) Bill Paxton, Helen Hunt.				(:45) 🌟🌟🌟 Skyscraper ('18) Dwayne Johnson.				FBI	
USA	Law-SVU "Snatched"		Law-SVU "Trade"		🌟🌟 The Waterboy ('98) Adam Sandler.				🌟🌟 The Waterboy ('98) Adam Sandler.				Two Men



MORE INFORMATION ABOUT THE LONE STAR TICK

Submitted By
Patsy Nelson
formerly of The Wagging Tail

Last week I wrote an article entitled Alpha-Gal Syndrome. I received notification on Tuesday the 18th from the Cape May County Health Department that my recent blood test confirmed this illness. I had never heard of it before. Around the same time an article appeared in The New York Times, as my niece informed me, about The Lone Star Tick and Alpha gal syndrome, because this tick is spreading rapidly in the Northeast. About two months previously I had removed the partial head of a tick from my waistband leaving an extremely itchy red bump. Finally, with encouragement from others, I went for a Lyme test and found out why I was getting weird hives and rashes and feeling generally unwell and in pain (especially my knees.) I am already lactose intolerant, so I need not worry about ingesting cow milk, but now I can have NO RED MEAT. (I prefer chicken and fish anyway.) Leaving Thursday for a cruise. My 80th! Eating will be a challenge since I am off gluten too- making and taking my own birthday cake. Really.

The lone star tick aggressively stalks for prey. Other ticks are more passive hunters. Adult females have a noticeable white mark "lone star" on its back. See picture. Males have scattered white flecks. These ticks are getting more prevalent in New York (especially Long Island), Pennsylvania, New Jersey, Delaware, Maryland, and high numbers are seen in Virginia, Tennessee, North Carolina, Georgia, and Oklahoma, among others. There is a lone star map on google. They prefer heavily wooded areas, dense brush, and dense undergrowth and areas near water and tall grass. The early colonists unknowingly controlled ticks by removing so many trees and brush to build new settlements. Now, with more trees, etc., ticks are increasing. The busiest times for activity are during the spring and early summer months, like when I got bitten. There are five known health risks from the lone star tick. *Alpha-gal syndrome which causes minor to severe (even fatal) reaction to red meats and dairy triggered by sugar molecules in the tick's saliva. *Ehrlichiosis: A bacterial infection resulting in fever, fatigue, and muscle aches. *Tularemia: A rare, serious bacterial disease. *STARI: A rash illness that creates a bullseye pattern like Lyme disease, though the lone star tick does not carry Lyme disease itself. *Heartland and Bourbon viruses: Emerging viral illnesses. These are potentially deadly viruses mostly attributed to the lone star tick. The Heartland Virus was first discovered in Missouri in 2009. Mostly seen in the Midwest and the South but spreading. The Bourbon Virus was first discovered in Bourbon County, Kansas, in 2014. It is extremely rare but recently found in N.Y.

Dogs: can contract Ehrlichiosis from lone star ticks; fever, low energy, and joint pain. Cats: Can contract cytauxzoonosis (bobcat fever) fast moving frequently fatal parasitic disease. Both can suffer from tick paralysis due to neurotoxins in the tick's saliva.



Articles are also on my Facebook page, Patricia Robinson Nelson. I would love your comments. Email me at patsyrob1@gmail.com with concerns. **THANK YOU!**

Back-to-School Pet Safety



Ease Into a New Schedule

Abrupt changes in routine can be stressful for pets. A week or two before the school year starts, gradually adjust feeding, play, and walk times to match the new schedule. Add extra exercise and playtime before you leave to help tire out your pet and keep them relaxed.



Create a Calm, Cozy Space

Set up a comfortable spot where your pet can rest while your children are at school. Playing soft music or using a white noise machine can block outside sounds and help them feel more secure.



Keep Departures & Arrivals Low-Key

Emotional goodbyes or dramatic greetings can make pets anxious. When leaving for the day or returning home, stay calm — and encourage children to do the same — so your pet learns that comings and goings are no big deal.



Watch Out for Lunchbox Leftovers

Forgotten food can be dangerous for pets. Grapes, raisins, chocolate, macadamia nuts, and foods with xylitol are toxic. Keep lunchboxes out of paws' reach and toss any leftovers before they spoil.

Pumpkin Peanut Butter Dog Treats

2 1/2 cups of oat flour
1/2 cup unsweetened applesauce
3/4 cup of pumpkin puree
3 tbsp peanut butter



Preheat oven to 350°. Combine ingredients well. Roll out 1/2 inch thick and cut individual biscuits with cookie cutter. Lay out on greased cookie sheet and bake for 40 minutes or until crunchy. Allow to cool completely before letting your pup enjoy! Keep for up to one week in a sealed container.



HOSTED BY ACFD LOCAL 8

AUGUST 29, 2026
9:30am

20TH ANNUAL SEEDORF
McMEEKIN 5K RUN

RACE WILL BEGIN AT
HARD ROCK HOTEL & CASINO
 ON THE BOARDWALK

The Atlantic City Fire Fighters Local 8 will host this year's
20TH Annual Memorial 5K Run in memory of Fire
 Fighters John Seedorf and Police Officer McMeekin Jr.

ONLINE REGISTRATION PRICING FEE
Individual: \$40 (Online registration closes on 8/28/26 at 5:00pm)

RACE DAY PRICE FEE
Individual: \$50 • 8:30am - 9:15am • Under a tent on the Atlantic City

- Complimentary food & discounted drinks for all registered participants
- Discounted parking by Hard Rock Hotel & Casino
- Event T-shirts to the first 100 pre-registered entrants

Please indicate: **S, M, L, XL, XXL**

www.runsignup.com/SeedorfMcMeekin5kRun



RACE DAY TIPS

- 1 Prepare your race outfit and everything you need.**
 Actually, you need to do this the night before, so you won't have to hassle yourself on the race day itself. This is not the day to wear your brand new running shoes or try out your new running outfit.


- 2 Get a good night sleep the night before the big day.**
 Not getting enough sleep will greatly affect your performance on race day. So, to help you get a good night's sleep, try not to overthink it. Just go about with your regular nightly routine so your body is getting the signal that it is time for bed.

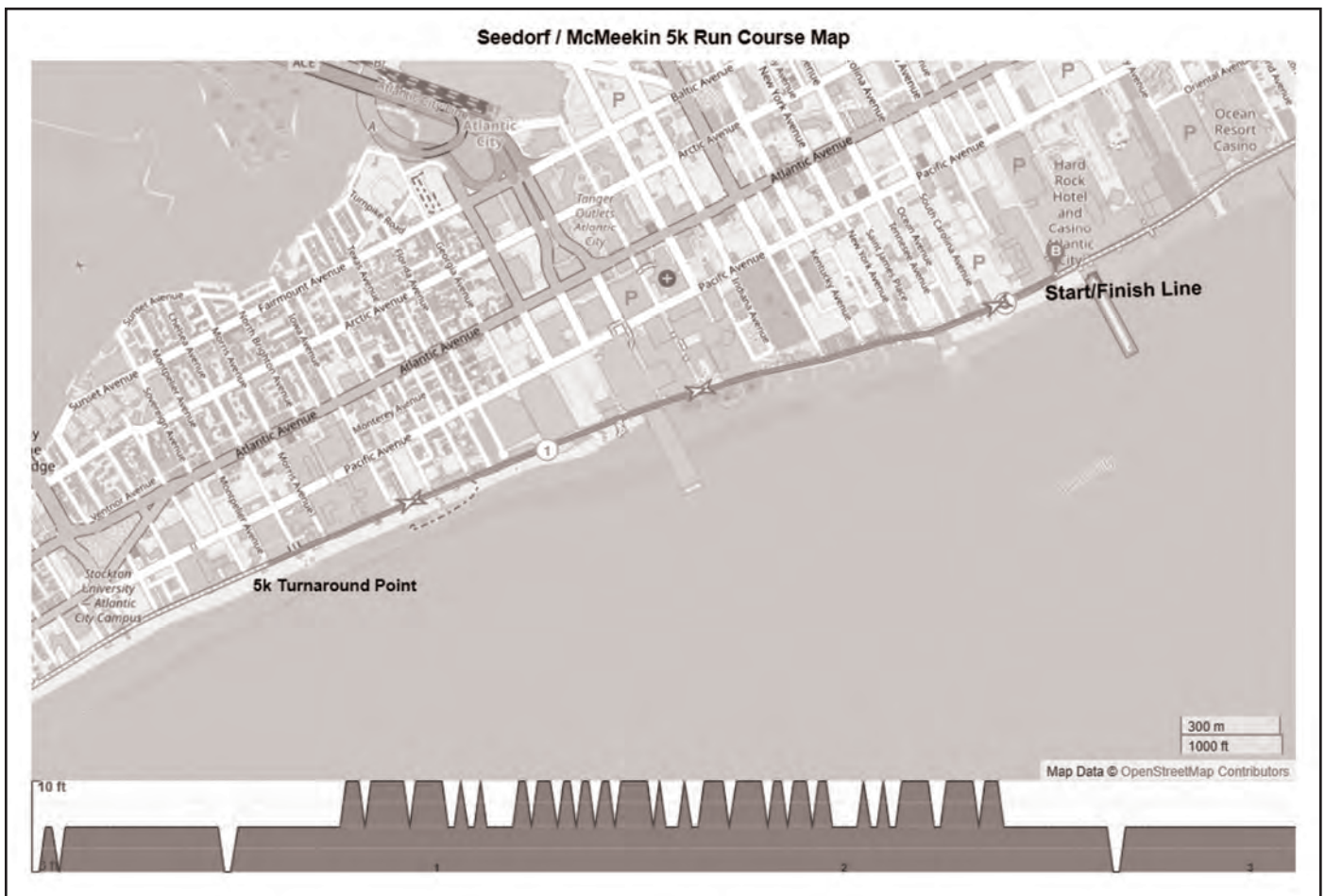

- 3 Sleep early so you can get up early.**
 Make sure you have plenty of time to prepare, hours before the race actually starts. You don't want to be rushing around at the last minute.


- 4 Eat a healthy breakfast and drink enough water.**
 Don't overeat carbohydrates, even though carbs are good to give you enough energy. Instead, eat something light an hour before the race starts, and drink plenty of water to keep you hydrated.


- 5 Warm your body up before the race.**
 Warming up conditions your body for heavier activity. It increases your blood circulation and primes your muscles for long periods of intense exercises.


- 6 Line up in the right spot before the race.**
 If you're an expert, then you may be near the starting line. If you're a beginner, you might want to line up in the middle or near the back, with people who have the same pace as you.





For two decades, the Seedorf/McMeekin Memorial 5K has brought Atlantic City's public-safety community, runners, families and supporters together on the Boardwalk to remember two local heroes who made the ultimate sacrifice in the line of duty.

On Saturday, August 29, the tradition reaches a milestone as the 20th Annual Seedorf/McMeekin 5K Run gets underway at 9:30 a.m. in front of the Hard Rock Hotel & Casino at Pennsylvania Avenue on the Atlantic City Boardwalk. Hosted by the Atlantic City Fire Fighters, the annual race honors Fire Fighter John Seedorf and Atlantic City Police Officer Thomas McMeekin Jr. while continuing a tradition that has endured for 20 years.

Honoring Two Atlantic City Heroes

John A. Seedorf was just 30 years old when he was killed in the line of duty on April 9, 1979. A Vietnam veteran who had served in the Air Force, Seedorf joined the Atlantic City Fire Department in 1973 and served for five years. He died after entering a burning vacant building on Elberon Avenue to make sure no one was trapped inside. His death led to improvements in firefighter safety equipment and reviews of policies concerning entry into vacant buildings.

Seedorf's legacy remains visible throughout Atlantic City. Fire Station No. 4 was renamed the Fire Fighter John A. Seedorf Memorial Fire Station, while the beach block of Elberon Avenue was later renamed John A. Seedorf Lane in his honor.

Officer Thomas J. McMeekin Jr. joined the Atlantic City Police Department in October 2000 and graduated first in his Police Academy class academically. During his five years with the department, he received several commendations for his police work. On March 4, 2005, McMeekin died from injuries sustained the previous day after being struck by a bus while directing traffic in Atlantic City. He was 28 years old.

McMeekin was a lifelong Atlantic City resident, husband, father, son and brother. Following his death, New Jersey ordered flags at state facilities flown at half-staff in his memory. The Atlantic City Police Department continues to honor McMeekin among its fallen officers, and 2026 marks 21 years since his death.



A 20-Year Boardwalk Tradition

The Memorial 5K has changed locations and formats over the years, but its purpose has remained the same: bringing the community together to honor Seedorf and McMeekin. Earlier races included additional events such as a one-mile fun walk and even a two-mile ride, while the current event is centered around the 5K and post-race celebration. The race was held at locations including California Avenue and the Boardwalk and the Stockton University Atlantic City campus before returning to its current Hard Rock Boardwalk setting.

Last year's 19th annual event included a reception at The Terrace at Hard Rock, where participants gathered for medals, scholarships, lunch and music. This year's 20th anniversary continues that tradition of combining competition with remembrance and fellowship.

The Race and Course

This year's 5K will begin and end in front of Hard Rock at Pennsylvania Avenue. Participants will head south on the Atlantic City Boardwalk toward Ventnor before turning around at Montpelier Avenue and returning to the finish in an out-and-back course.

Registration is \$40 in advance and increases to \$50 on race day. Race-day registration will be available under a tent on the Boardwalk from 8:30 to 9:15 a.m. The first 100 pre-registered entrants will receive an event T-shirt.

Celebration After the Finish Line

Every registered participant is invited to a complimentary post-race celebration featuring food, discounted drinks and music from a live DJ. The planned menu includes fresh fruit, breakfast English muffins with egg, ham and white American cheese, fried white corn tortillas with fire-roasted salsa, and crispy chicken wings with ranch and barbecue sauces. Menu selections are subject to availability.

Spine One Chiropractic will also return this year, offering athlete stretching and giveaways for participants.

The awards ceremony will follow at The Terrace at Hard Rock. Awards will go to the top three overall male and female finishers, followed by first-place male and female medals in age groups ranging from 14 and under through 70 and over.

How to Register

The 20th Annual Seedorf/McMeekin Memorial 5K Run takes place Saturday, August 29, 2026, at 9:30 a.m. at the Hard Rock Hotel & Casino, 1000 Boardwalk, Atlantic City. Register and find complete race information at runsignup.com/Race/Info/NJ/AtlanticCity/SeedorfMcMeekin5kRun. The RunSignup page also includes the course map, parking coupon information and a contact form for race questions. Hard Rock is offering \$5 self-parking for participants using the event parking coupon, valid August 29.

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Reservations

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SPORTS STUMPERS

US Open Tennis Championship

By Alex Hendry

Questions:

- 1) Since Andy Roddick won in 2003, who are the only Americans to have won a US Open singles title?
- 2) Who was the first unseeded player in the Open Era to win the US Open men's singles title?
- 3) Going for the hat trick! Which member of the WTA Tour looks to win a third consecutive singles title at the US Open in 2026?
- 4) Prior to converting to hard court, what type of surface was the US Open played between 1975 to 1977?
- 5) She won all Grand Slam events in her career except the US Open. Name the player who made four consecutive finals without a championship.
- 6) Who is the youngest player to have won a singles title at the US Open?

- 7) The 1975 US Open was the first Grand Slam tournament to debut which type of tennis match?
- 8) Who is the only person to have won a US Open on all forms of court surfaces?
- 9) Which pair of tennis playing siblings met in the finals of the 2001 US Open?
- 10) The stadium that hosts the finals of the US Open is named in honor of which American tennis player?

Answers:

- 1) Sloane Stephens (2017) and Coco Gauff (2023)
- 2) Andre Agassi (1994)
- 3) Aryna Sabalenka
- 4) Clay
- 5) Evonne Goolagong Cawley (1973-76)
- 6) Tracy Austin (1979)
- 7) Night matches
- 8) Jimmy Connors (grass 1974, clay 1976, hard court 1978)
- 9) Venus and Serena Williams
- 10) Arthur Ashe

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