

ATLANTIC

County Magazine

AUGUST 19, 2022

Entertainment • Attractions • Dining • TV Listings

FREE



**Seashore Gardens
Living Center**

Pages 37 & 42



**Ocean City
Fishing Center**

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**La Cucina
Ristorante**

Page 51



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2022

ENTERTAINMENT A.C.

2022

BOARDWALK HALL:

8/24 - VIP AIR SHOW
WATCH PARTY
10/7 - ALAN JACKSON

HARD ROCK:

8/19 - ROD STEWART
8/27 - TOM SEGURA
9/3&4 - BERT KREISCHER
9/9 - JOHN FOGERTY
9/24 - RINGO STARR &
HIS ALL STARR BAND
10/1 - BEN PLATT
10/7 - DARYL HALL &
JOHN OATES
10/14 - WISIN Y YANDEL

GOLDEN NUGGET:

9/17 - THE SPINNERS
10/15 - ANDREW DICE CLAY

CAESARS:

9/16 - JOHNNY GILL &
RALPH TRESVANT
10/17 - FAMOUS DUETS
10/20 - THE CAPRIS
10/22 - DROPKICK MURPHYS

TROPICANA:

9/17 - ALICE COOPER
9/22 - ASSISTED LIVING:
THE MUSICAL

OCEAN RESORT:

NOW - 9/4 - MAGICAL
MYSTERY DOORS
8/20 - RUSSELL PETERS
8/27 - SINATRA, AN EVENING OF
LAUGHTER, MUSIC & STORIES

BORGATA:

8/19 - RICK SPRINGFIELD
8/20 - ILIZA: BACK IN ACTION TOUR
9/3 - GABRIEL IGLESIAS
9/5 - SCORPIONS
9/9 - TOM JONES
9/23 - IL VOLO

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OUR 48TH YEAR!

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ATLANTIC COUNTY CALENDAR

ATLANTIC CITY

Now - Sept. 4: MASTERS OF ILLUSION - SUMMER RESIDENCY 2022

Times and Dates Vary
TICKET PRICES: \$28.50+
Harrah's Resort Atlantic City

Audience members will be amazed on June 9 - September 4 when Masters of Illusion once again comes to Harrah's Resort in Atlantic City! Don't miss out as illusionists do perplexing interactive mind magic, hilarious comedy, dangerous escapes and large scale illusions.



Now - Sept. 5 : SUPER AMERICAN CIRCUS

Thursdays - Sundays
Thur & Fri - 4:30 PM Sat & Sun - 1:30 PM & 4:30 PM
TICKET PRICES: Prices from \$15- \$65

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SMITHVILLE

August 26: Car Cruise

Cruise on down to Smithville and hang out! A car cruise at Historic Smithville is simple a great place to hang out with fellow car enthusiast. We have a car cruise every second and fourth Friday through September.

Just drive to the side parking lot of the Village Greene and near the red covered bridge, you will see orange cones set up. Move a cone and park your baby (car) between the hours of 5:00pm and 8:00pm.

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'ROUND THE REGION
with Sharon



By Sharon Harris-Zlotnick

Hello South Jersey:

**THEY COME FROM
OUT OF TOWN**

We all have our favorite restaurants that we patronize more often than others. But, what about a dining room being memorable enough that out-of-town people want to go there every time they're in town?

Norman's cousins live in Monroe Township in Middlesex County, about 85 miles away. They visit once a summer for a good beach day-and last Friday was fabulous-and then we have dinner before they return home.

For the third year in a row, after their fun time at the beach, Carol and Lew have specifically asked to return to Little Italy in Northfield. It was convenient for us and near the Parkway, so we were happy to oblige.

It's been a few months since we ate there, but the food is always good and well prepared. Little Italy's friendly staff tries to be most accommodating.

Carol claimed that she was "dreaming" about their excellent Flounder Francaise on the car ride down to the Shore. Lew once again ordered the Fettucini Alfredo with shrimp. Every platter comes with great bread and soup or salad.



I should have ordered the same flounder as Carol. My veal was tasty but a smaller portion than Norman's chicken version of the same dish. He said it was delicious. Also, a great appetizer is the huge stuffed portobello mushroom that can be easily split.

Don't worry about reservations on most nights...we walked in at 7 and had multiple inside and outdoor seating choices. The spacious outdoor tent dining area can be a bit noisy right off the street. Little Italy is a BYOB, so enjoy.

**FEELING LIKE
A REAL GOLFER**

Sometimes you must take baby steps before you take the plunge. That was my approach two weeks ago at the Ocean Municipal Golf Course & Pro Shop. It is easy to find since it is located towards the south end of Bay Avenue on the grounds of the Ocean City Airport.

You may remember a few weeks ago I mentioned I had taken numerous golf lessons at Harbor Pines in Egg Harbor Township. But, as we all know in anything we begin, the time ultimately comes to take the next step.

Coincidentally, my friend Myrna, here in Ventnor for the summer, invited me to join her at the 12-hole course. Here was my chance and I jumped at it, arriving at 9:15 a.m. to meet her. The course is great for beginners and easy practice. It is pretty flat, with few real challenges. That was perfect for my level of play.

I didn't expect the wonderful \$12 price to play, plus \$3 for a cart to wheel my clubs around? No clubs? No problem since renting a bag and clubs will cost you \$10. If you must ride, carts are \$10 per person. The course even takes credit cards.

Myrna and I had a great time, despite the 90-plus degree heat even at the early hour. Water stations are located through-



out the course. She's played longer than I, but sometimes uses this for practice without pressure.

I plan to return. You beginning golfers should definitely try this out. How can you miss with this easier format? The website has a great diagram of the course and each hole. None are too long and most are a par three, but who's counting?

Call for tee-time at 609-399-1315. Hours through September are 7 a.m.-7 p.m. and then 8 a.m.-5 p.m. in October. <https://www.ocnj.us/Golf-Course>

Reserve an earlier tee time, if possible, especially before Labor Day. At 9 a.m., I easily drove on the 9th Street bridge, turned right on Bay Ave. and made just about every light. That lovely, neighborhood is filled with beautiful homes, many on the water.

When I left at 11:30 a.m., the incoming bridge traffic was backed up almost to the Visitors Center, close to the halfway mark. If the weather is good, you are sure to experience the same delays.

**RELIABLE, GOOD
WORKMANSHIP**

A few months ago, Junior's Mechanical did a good job of repairing a shower plate leak, despite having to cut out the kitchen ceiling beneath it. I

couldn't stand the hole and needed a quick fix to seal it up and repaint.

The first guy promised to come the next day on his way to a golf tournament. I never heard from him until the day after the appointment. His voicemail apologized, saying it had been a crazy day and he wanted to come by the next day. That's two days late. That was a non-starter for me and I never returned his call.

We called Wolfgang's Home Improvement owner Wolf Zeilinger, whom we know from our gym. (609-816-2578); wzeilinger@ymail.com. He specializes in custom millwork, home repairs, home maintenance and kitchen design.

To fix, seal, spackle, sand and repaint that section of the ceiling took multiple days. Wolf came as promised on time, finishing with reasonably-priced quality work.

He'll be our first call next time we need a repair.

FEEDBACK FROM YOU
I would love to hear your ideas/suggestions. Email atlanticcountymagazine@comcast.net. In the subject line, put **FEEDBACK FOR SHARON** and it will be forwarded.

TV CHALLENGE

1	2	3 *		4	5	6	7		8	9	10
11				12					13		
14			15				*	16			
		17					18				
19	20			Which university is the oldest in the English-speaking world?				21		22	23
24									25		
26*										27	*
28		29						30	31		
		32	*	33				34			
35	36				37	38				39	40
41				42					43		
44				45					46		*

The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- Clumsy fellow
- Gospel writer
- Horned animal
- Gun rights organization
- Early garden
- Take advantage of
- Family tree member (2)
- Fort Worth university
- Explosive letters
- Pear variety
- Coloring agents
- Gold's symbol
- Clock numeral
- Cola brand
- "__ Do Anything"; song from "Oliver!"
- Asian language
- Capable
- Pasture cry
- In the past
- Family tree members
- Prohibit
- Campus bedroom
- Billy __ Williams
- Mermaid's home
- __ up; arranges
- Woodwind instrument

- __ room; spot for a pool table
- Shoelace problem
- Out of practice
- "__ __ walked out in the streets of Laredo ..."
- Fellows
- On __; once in a while
- Still a minor (2)
- One of the Simpsons
- Cry from a flu shot clinic
- Corrupt
- __ with; support
- Refrigerator brand
- Close ties
- Chances
- Weapons
- Shaw's monogram
- TV's Charlotte __
- "Annabel Lee" poet
- Gallery display
- British custom
- Gender

Solution
Oxford

X	V	S		S	E	T	S		N	V	S
E	D			R	M				D	N	N
D	E			P	A	R			D	P	A
S				E	R				A	N	D
S				O					O		M
E	L	V							I	V	H
R	D								S	C	R
I	V								A	V	V
S	E								C	O	
S				L	N				L		
N	I	S		O	O				D	N	O
S	E								E	D	E
S									N	E	A
R	A								M	A	R
A									K		
O									F		

DOWN

- Walk- __; movie extras
- "You __ what you eat"
- True statements
- Waiter's offering
- __ to; increase

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WORD SEARCH

V G A R C A L I C E N T Y C F
 A D S C N D X G D T V W I O U
 H V M E O H A Y U A Z Y G R D
 A E I S P O W E R J E S X L O
 F R T S I Y K H F S R M C Y B
 D V H F C O O E Z E D X O S H
 E C O A V K W Z D R A O N N R
 W E G I E W V I S E R Y S A T
 T E L F Y N R A H D C W I V B
 L X S V Y N Y E L A Y V D M V
 J C O T O I X R Y Y G R I A D
 A O U G E H T Z A E R C N S M
 C Z A H A R G J P V A I E C E
 D R Y A K Q O R I E T W A R B
 D O B S T O U S S A I N T N E

"House of the Dragon" on HBO
(Words in parentheses not in puzzle)

Viserys (Targaryen)	(Paddy) Considine	Westeros
Daemon (Targaryen)	(Matt) Smith	Legacy
Alicent (Hightower)	(Olivia) Cooke	Dragonriders
Rhaenyra (Targaryen)	(Emma) D'Arcy	Power
Corlys (Velaryon)	(Steve) Toussaint	Valyrian

HOROSCOPE

AUGUST 18 - 24, 2022

ARIES (Mar. 21-April 20)
 Plans to make physical improvements may lead to psychological changes, too. This is not the best time to take a risk, to gamble or spend money you really can't afford to part with. Pamper yourself for a change. You may be able to get some good advice about your personal problems.

TAURUS (Apr. 21-May 21)
 Someone you least expect could be trying to make you look bad. Get involved in activities that will be fun for the whole family. They may cost you dearly. One of your female friends may try to disrupt your day. Stand up for your rights.

GEMINI (May 22-June 21)
 You could meet an interesting individual you'll want to get to know better. You are best to be accommodating for the time being. Sudden romantic infatuations won't be lasting. You could be misinterpreted if you're not careful. Be prepared to make compensations and adjustments.

CANCER (June 22-July 22)
 Your charm will attract members of the opposite sex. Avoid lending money or belongings to friends. You can't live your life for others. Use your obvious talent to work with detail and you can come up with something great.

LEO (July 23-Aug 22)
 Changes could be overwhelming. Your personal life will be disrupted if you have been too busy with business. Make sure you concentrate if operating machinery or vehicles. Make sure any presentation you have is ready.

VIRGO (Aug. 23-Sept. 23)
 Property investments will pay off. Children may pose a problem if they don't like suggestions. You can enhance your cash flow if you pick up additional skills. Don't let the erratic behavior of someone you live with interfere with your professional performance.

LIBRA (Sept. 24-Oct. 23)
 Don't be afraid to make a move if you aren't happy with your emotional situation. Your need to be in a leadership position will help you surpass any rivals you might encounter. Changes in your domestic situation will prove to be favorable in the long run. Rest and relaxation may be required; minor health problems will prevail if you don't watch your diet.

SCORPIO (Oct. 24-Nov. 22)
 Try to stay calm, and whatever you do, don't nag. Don't neglect these problems; deal with them once and for all, then move on to more pleasurable tasks. A new image can be the result if you change your look. Social events will be favorable.

SAGITTARIUS (Nov. 23-Dec. 21)
 Be sure to get involved in self-improvement programs that will bring you in contact with interesting people. Be diplomatic but stern when it comes to giving of yourself. Advancement can be yours if you are assertive in your approach. Deception in your home is evident. Don't beat around the bush.

CAPRICORN (Dec 22-Jan. 20)
 Keep tabs on your spending. Put aside any decisions concerning your position at work. Insincere gestures of friendliness are likely to occur. You may find yourself in an opportune position if you are willing to take a bit of a risk.

AQUARIUS (Jan. 21-Feb. 19)
 Don't lend to people who have given you negative vibes. You may want to take a look at the personal papers of elders in your family. Take a look at investment opportunities. You can anger others quickly this week. Avoid overspending on items for your home.

PISCES (Feb. 20-Mar. 20)
 Look into attending seminars that can expand your perception. Alienation may be the result of a misunderstanding. Be careful when dealing with investments. You need time to think things through.

Horoscopes Provided by: astrology-online.com



Atlantic County Magazine's 2022 Back to School Coloring Contest

How does the contest work? All entries must be received by Wed, September 14, 2022. One entry per child. To enter, take a picture of your child holding up their completed coloring page and email it to atlanticcountymagazine@comcast.net with the subject "Coloring Contest." Be sure to include child's name, age and why they're excited to go back to school. **Are there prizes?** Yes! Winners will be featured in Atlantic County Magazine as "Child of the Week" with their art!

SUDOKU

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

	6			2	3			
9	5	7	1	8		2	3	
			5		7	6	8	9
2		4						
5								3
						8		7
1	3	6	8		5			
	2	5		3	4	9	1	8
			7	1				6

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ATLANTIC COUNTY FARMER'S MARKETS

New Jersey isn't known as "The Garden State" for no reason. Whether you're visiting for the day or week, or a seasonal or year-round resident, you'll want to take advantage of the locally sourced, deliciously fresh produce available at any of the local weekly markets listed below.

ATLANTIC CITY C.R.O.P.S.

Saturdays, 10am–2pm
Chelsea Market @ O'Donnell Park
3501 Atlantic Ave
cropsnj.org

This nonprofit market aims to increase accessibility to fresh local produce for everyone. Eat fresh, eat local! #FeelGoodFarmersMarket

BRIGANTINE

Saturdays, 8am–12pm, May 28–Sept. 3
Brigantine Community School Parking Lot,
Roosevelt & Sheridan
facebook.com/brigantinefarmersmarket

GALLOWAY

Thursdays, 4-7pm, June 30-Sept. 8
Historic Smithville Village Greene
315 E. Moss Mill Rd.
gogreengalloway.org

Our core vendors are farmers, flower growers, select prepared food, baked goods and artisan vendors.

LINWOOD C.R.O.P.S.

Saturdays, 9am–12pm, April - June & Sept.-Oct.
(returns for 8 weeks in the fall)
Central Square, 199 New Rd.
cropsnj.org

This nonprofit market aims to increase accessibility to fresh local produce for everyone. Eat fresh, eat local! #FeelGoodFarmersMarket

MARGATE

Thursdays, 8:30–11:30am, June 16–Sept. 1
9700 Amherst Ave.
facebook.com/margate-communityfarmers-market
The market includes more than 30 vendors offering Jersey Fresh produce, seafood, cheeses, pasta and meats, along with flowers, plants, pet food and hand-crafted food items.

PLEASANTVILLE C.R.O.P.S.

COMING SOON
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This nonprofit market aims to increase accessibility to fresh local produce for everyone. Eat fresh, eat local! #FeelGoodFarmersMarket

VENTNOR CITY

Fridays, 8:30am–12pm, May 27–Sept. 2
Atlantic & Newport Aves.
facebook.com/ventnorcitfarmersmarket
With over 60 Vendors, patrons will find the best "Jersey Fresh" produce, Fresh meat & Fish, an impressive array of Prepared foods, including Vegan, Bakery items, Cheeses, Honey, Jams, Dips, Flowers, Artisanal Hand Crafts, Health Drinks, Lemonades, Coffee by the cup or bean, Handcrafted Liquor, Pet treats and much more.

VENTNOR CITY FREE BEACH CONCERTS

CRAFTERS & FOOD VENDORS BEGIN AT 5 P.M. AND CONCERTS BEGIN AT 6 P.M. * LINEUP IS SUBJECT TO CHANGE.

Newport Avenue Beachfront Gazebo

Ski Beach at Dorset and Burk Avenues

Aug. 20 – No Pressure, party music

Aug. 27 – Package Goods, timeless classics

Sept. 3 – The Notion, 70s to today

Aug. 24 – Shot of Southern, country

Aug. 31 – Legacy Band, classics 70s to today



FROM THE HEART OF ATLANTIC COUNTY MAGAZINE

National Soft Ice Cream Day – August 19, 2022

Besides being a great excuse to consume soft-serve like there's no tomorrow, National Soft Ice Cream Day on August 19 reminds us of all our best memories involving the dessert – from the county fair we visited as children to the amusement park we went to with friends last year. Soft ice cream seems to pop up only in the happiest of places, and it has a fascinating history as well!

HISTORY OF NATIONAL SOFT ICE CREAM DAY

Though there's evidence that the first real ice cream possibility originated as early as 200 B.C., there aren't any anecdotes or notable stories from the time. Early tales of ice cream include Alexander the Great and Emperor Nero of Rome, both of whom enjoyed flavored snow and ice. After Marco Polo came back to Italy from the East with an ice-cream-like recipe, it took off in Europe by the end of the 16th century. 'Cream Ice' was featured on the table of Charles I and, in 1553, Catherine de' Medici brought it to France after marrying Henry II of France.

America, which was later the birthplace of soft-serve ice cream, wasn't introduced to the dessert until the 1740s. While it may have been at dinner tables earlier, ice cream first appeared in advertisements in the U.S. in 1777. George Washington's estate at Mount Vernon featured two ice cream pots, and he reportedly spent over \$200 on ice cream over one summer!

It wasn't until the 1800s that ice cream became accessible for the general public, thanks to newly constructed ice houses and ice cream manufacturing. By the middle of the century, ice cream manufacture and sale was a booming industry. Ice cream became part of American culture, which led to the emergence of soda fountains and sundaes. By World War II, ice cream was brought to troops to boost morale, and floating ice cream parlors were built for sailors in the Pacific.

Around the time of World War II, soft ice cream was born – though, there's a battle over who started it. Carvel claims that the father of their brand, Tom Carvel, accidentally created soft ice cream when his ice cream truck caught a flat tire and he was forced to quickly sell off his melting wares. He soon returned and set up a permanent shop selling his softened ice cream with great success. Dairy Queen also claims to have invented soft-serve in Illinois, when J.F. McCullough and his son perfected their formula and held a massively successful all-you-can-eat trial at their friend's store. There are also reports that Margaret Thatcher, former U.K. prime

minister, helped develop American soft-serve recipes while working as a chemist at a food manufacturer!

We can't know for sure how soft-serve came to be, or what involvement Margaret Thatcher had in it. Since those intrepid scientists innovated upon the centuries-old classic, soft-serve has been a staple at some of the most exciting venues – sporting events, amusement parks, and fairs! Today, most people can conjure up a great memory of soft-serve from childhood.

5 FUN FACTS ABOUT SOFT ICE CREAM

1. It's harder to make - Between the prepared liquid mix, precise machinery, and the art of dispensing, making soft-serve quickly proves more complicated than making hard ice cream!
2. It's fluffy - An average serving of soft-serve ice cream contains 35% air – this keeps it fluffier than hard ice cream!
3. It's the preferred frozen snack - According to one statistic, 70% of people will choose soft-serve over hard ice cream.
4. It's healthier than ice cream - Yet another reason to love ice cream's younger sibling, soft-serve – soft-serve has 3-6% milkfat, while ice cream has 10-18%.
5. It has different names - In parts of Europe, it isn't called 'soft-serve,' but rather 'American ice cream' and if you want a soft cone in Greece or Romania, you might order 'machine ice cream,' while, in Ireland, you'd ask for 'soft whip.'

NATIONAL SOFT ICE CREAM DAY ACTIVITIES

- Make ice cream - While soft ice cream isn't simple to make at home, today is still a great day to try your hand at making regular hard ice cream. All you need is cream, sugar, and some ice – there are many recipes online to test out today!
- Have an ice cream taste test - No two soft-serves are equal. Round up some friends and take a soft ice cream tour of the city – taste test as much as your stomach lets you! We guarantee it will be an afternoon well-spent.
- Post #NationalSoftIceCreamDay on social media - That beautiful soft-serve swirl is basically art and deserves a spot on your Instagram feed. Share your treat on social media to promote this sweet holiday!



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TREACY ZIEGLER

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 JULY 1 - OCT 2, 2022



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CHILD OF THE WEEK



BRIELLA FUN!
6-year-old Briella is going into **FIRST GRADE!**
She loves spending time at her shore house in Ventnor, bike riding on the boardwalk, the beach, swimming, and anxiously preparing for school.
Great coloring Briella!

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LIVE ENTERTAINMENT

WEDNESDAY 5P • MARC STORAGE
THURSDAY 6P • STEVE TULLI
FRIDAY 5P • ESCAPE PLAN
SATURDAY 5P • KICK THE BUCKET
SUNDAY BRUNCH 10AM • AL OLIVERIO
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SATURDAY, AUGUST 20TH - 12PM TO 11PM
SUNDAY, AUGUST 21ST - 1PM TO 10PM

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annual
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Honoring Former Katz JCC CEO

JACK FOX



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Saturday, August 20th • 8pm**

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For more info, contact Brian Adler at badler@jccatlantic.org.



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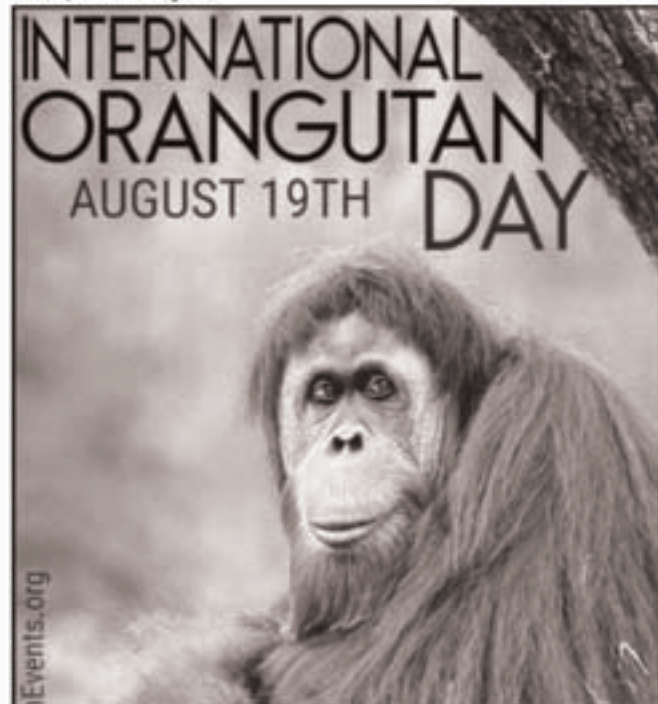
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On International Orangutan Day on August 19, we show our support for orangutans. This day is meant to inspire people to take action to safeguard this amazing animal in the wild. It's no surprise that orangutans are intellectual because they share 97% of their D.N.A. with humans. This could explain why the term 'orangutan' means 'forest person' in English.



HISTORY OF INTERNATIONAL ORANGUTAN DAY

The exact year that International Orangutan Day was established is uncertain. The day is marked, however, to save species that are on the edge of extinction. The goal of International Orangutan Day is to raise awareness about the predicament of this species, which has progressed from endangered to critically endangered. Orangutans have been around for generations and are thought to be the ancestors of gorillas. They are large apes who spend the majority of their time in trees and are only found in the jungles of Borneo and Sumatra, and the two species that live there were formerly thought to be the same.

Further research has shown that they are two distinct species that separated some 400,000 years ago. Orangutans have enormous arm lengths that reach about seven feet from tip to tip, which is impressive given that they only stand around five feet above the ground. When orangutans stand up straight, their hands are almost touching the ground. Their long arms compliment their arboreal lifestyle, letting them move from tree to tree and construct shelters from the canopy's massive leaves. Because orangutans spend 90% of their time in the treetops looking for food, deforestation is highly damaging to them. Orangutans are mostly herbivores, but omnivore orangutans will eat bark, insects, and even meat if it is available.

The tropical rainforest had been destroyed due to the farms' improper management. Furthermore, the farmers consider the orangutans to be a nuisance and either kill them or burn the forest down. There have only been 20,000 survivors since 2006, but there should be more now. As a result, deforestation is the fundamental cause of such a tiny number of orangutans' survival, and if it continues, the big apes will become extinct sooner. Raising awareness by commemorating International Orangutan Day can assist to increase the possibilities of this endangered species being rescued.

Unfortunately, humans are the greatest threat to the survival of orangutans. Deforestation, for example, encroaches on their habitat. In addition, illicit hunting claims the lives of 3,000 orangutans each year. Some wildlife specialists believe the orangutan will become extinct in the wild over the next 50 years. Though, several organizations are working to conserve orangutans. The Centre for Orangutan Protection, the Sumatran Orangutan Society, The Orangutan Project, Orangutan Outreach, and Humane Society are a few of these organizations.

HOW TO OBSERVE INTERNATIONAL ORANGUTAN DAY

- Gather more information about orangutans - You can mark International Orangutan Day by learning everything there is to know about orangutans, including their habitat, behavior, lifespan, and more. You can also go to your local zoo to see and observe orangutans.
- Donate to an orangutan rescue organization - If you care about orangutans, you'll want to do everything you can to ensure their survival. A simple donation can go a long way toward making this possible. You can help keep orangutans alive and out of extinction by generously supporting an orangutan rescue organization.
- Create awareness online - Share your ideas and the information you've gathered with your loved ones. You can even initiate online petitions in order to help protect them. The most important thing any of us can do is raise public awareness about deforestation's risks.

5 FACTS ABOUT ORANGUTANS THAT WILL BLOW YOUR MIND

1. They were first seen in Indonesia - A hairy, crimson ape swaying from branch to branch in the beautiful green Indonesian forests was seen by the natives of Borneo and Sumatra.
2. Humans of the forest - We share 97% of our D.N.A. with orangutans, making them one of humanity's closest relatives.
3. They have a long life span - These intriguing apes have relatively long lives — they can live for 50 to 60 years in captivity and 30 to 40 years in the wild.
4. Their solitary behavior - Unlike other big apes such as chimps, gorillas, and bonobos, orangutans do not prefer to live in groups — a female will typically have a baby (or two), whereas males prefer to be alone.
5. They have a huge arm span - A male can reach seven feet from fingertip to fingertip with his arms.



WHY INTERNATIONAL ORANGUTAN DAY IS IMPORTANT

- They are interesting - Orangutans exhibit some astonishing behaviors, and discoveries are being found all the time. We can learn about their natural behavior in the wild, which will eventually lead to the adoption of conservation policies targeted at conserving orangutans and allowing them to remain happily in their natural habitat.
- They are so similar to humans - Orangutans, like us, are apes. Although they are the Great Apes' closest distant relatives, there are just roughly 14 million years between us. This is a split second in evolutionary terms. When you gaze into the eyes of an orangutan, it might be even more difficult to pinpoint what it is that divides them from humans.
- They are endangered - The International Union for Conservation of Nature classed orangutans as critically endangered in 2016. They are more vulnerable than ever before and rely on us to care about their safety.

This Week's Weather

**THURSDAY,
AUGUST 18**



**HIGH 81
LOW 66**

**FRIDAY,
AUGUST 19**



**HIGH 82
LOW 70**

**SATURDAY,
AUGUST 20**



**HIGH 79
LOW 70**

**SUNDAY,
AUGUST 21**



**HIGH 81
LOW 70**

**MONDAY,
AUGUST 22**



**HIGH 81
LOW 70**

**TUESDAY,
AUGUST 23**



**HIGH 82
LOW 72**

**WEDNESDAY,
AUGUST 24**



**HIGH 82
LOW 72**

TIDE TABLE

TIDES FOR ATLANTIC CITY STARTING WITH AUGUST 18, 2022

Day	High /Low	Tide Time	Height Feet	Sunrise Sunset	Moon Time	% Moon Visible
Th 18	High	12:46 AM	4.0	6:13 AM	Set 1:24 PM	64
	Low	6:57 AM	0.6	7:49 PM	Rise 11:32 PM	
	High	1:22 PM	4.3			
	Low	7:49 PM	0.9			
F 19	High	1:42 AM	3.6	6:14 AM	Set 2:27 PM	54
	Low	7:47 AM	0.8	7:48 PM		
	High	2:18 PM	4.2			
	Low	8:52 PM	1.1			
Sa 20	High	2:42 AM	3.3	6:15 AM	Rise 12:05 AM	44
	Low	8:41 AM	1.0	7:46 PM	Set 3:27 PM	
	High	3:16 PM	4.2			
	Low	9:55 PM	1.1			
Su 21	High	3:45 AM	3.2	6:16 AM	Rise 12:43 AM	35
	Low	9:36 AM	1.1	7:45 PM	Set 4:25 PM	
	High	4:13 PM	4.2			
	Low	10:53 PM	1.0			
M 22	High	4:44 AM	3.2	6:17 AM	Rise 1:28 AM	26
	Low	10:30 AM	1.0	7:44 PM	Set 5:17 PM	
	High	5:06 PM	4.3			
	Low	11:44 PM	0.9			
Tu 23	High	5:36 AM	3.3	6:18 AM	Rise 2:20 AM	18
	Low	11:21 AM	0.9	7:42 PM	Set 6:03 PM	
	High	5:53 PM	4.5			
W 24	Low	12:29 AM	0.8	6:19 AM	Rise 3:17 AM	11
	High	6:22 AM	3.5	7:41 PM	Set 6:43 PM	
	Low	12:07 PM	0.8			
	High	6:37 PM	4.7			

THIS WEEK IN ENTERTAINMENT

**MOST POPULAR SONGS
(DOWNLOADED & STREAMED)
WEEK OF AUG 20, 2022**

- BREAK MY SOUL**
BEYONCE
- AS IT WAS**
HARRY STYLES
- ABOUT DAMN TIME**
LIZZO
- RUNNING UP THAT HILL (A DEAL WITH GOD)**
KATE BUSH
- STAYING ALIVE**
DJ KHALED FT DRAKE & LIL BABY
- BAD HABIT**
STEVE LACY
- WAIT FOR U**
FUTURE FT DRAKE & TEMS
- SUNROOF**
NICKY YOU'RE & DAZY
- FIRST CLASS**
JACK HARLOW
- BAD DECISIONS**
BENNY BLANCO, BTS & SNOOP DOGG

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WEEKEND OF 8/12/22-8/14/22**

- BULLET TRAIN**
- TOP GUN: MAVERICK**
- DC LEAGUE OF SUPER PETS**
- THOR: LOVE AND THUNDER**
- NOPE**
- MINIONS: THE RISE OF GRU**
- WHERE THE CRAWDADS SING**
- BODIES BODIES BODIES**
- ELVIS**
- FALL**

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The Wizard of Odds

The "Wizard of Odds" is a local casino maven who has firsthand and accurate inside information on the best and worst casino deals in Atlantic City. If you follow the Wizard's advice in patronizing the best and avoiding the worst casinos, your money will last longer, and you will have a better chance to win. This week's feature is about "Happy Days Are Here Again - NOT!"



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Best Entertainment Program.....Hard Rock
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If you read the headline above the fold on August 11, 2022, about our current high inflation situation you would see an article on inflation by Associated Press proclaiming:

"LOWER PRICES OFFER REPRIEVE"

Just who is kidding who? If you take a stride down the aisle at your local supermarket you will see prices going through the roof. Eggs up 32%. It still takes a co-signer to fill your gas tank. Both of these price hikes are clearly marked on the package or on the gas station sign which still use the 9/10ths figure to conceal an extra penny and make you think you are paying a cent less while they are gouging you. Big deal!

Apparently the Associated Presse and "reporter" Mr. C. Rugaber do not want you to "believe your lying eyes." The lengthy pap spewed by Rugaber went on to page 8 to claim that there was "zero increase in inflation last month." Interestingly p. 8 is the business section of the newspaper and Rugaber is really giving us the business.

Regular "Wiz" readers that he predicted the high inflation mess over a year ago in the first of his articles on the threat of inflation and hyperinflation, "Bagel-nomics Part I". That was forecasted over the following 9 month as the cost of these local culinary delights jumped \$.20 a piece a couple of times. Those awful hikes were not the fault of the bakery but the inflated cost of all the ingredients which rose because of ultra-high fuel costs. Next summer they could be \$2 bucks a piece, hole and all. Toppings extra, much extra, of course. The prices of cream cheese, lox, and white fish salad (Shop Rite still has the best white fish salad in our area) will also jump

Even more pain is coming our way with huge interest rate hikes by the Fed. Home mortgage rates are on the rise. The "Wiz" remembers 18% home mortgages under Carter. Do not miss the boat if you are considering a new home or condo. Recent opportunities of less than 3% will likely disappear, not to be seen in our lifetimes unless we get back to energy self-sufficiency again. Many middle-class Americans and their offspring will be priced out of the market if policies are not changed.

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The "Wiz" can be contacted at WizardofOdds@comcast.net
Editor's Note: The opinions of the Wiz are not opinions of this publication.

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FRIDAY EVENING

AUGUST 19, 2022

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	
3-CBS	News	CBS	Inside Ed.	ET	Celebrity Renovation	Blue Bloods	Blue Bloods	Blue Bloods	News	Late Show-Colbert				
6-ABC	News	ABC	Jeopardy!	Wheel	Shark Tank	20/20 (In Stereo) Ⓞ			News	Jimmy Kimmel Live!				
10-NBC	News	NBC	MLB Baseball New York Mets at Philadelphia Phillies. (Live)					Dateline NBC Ⓞ		News	Tonight Show			
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10	Seinfeld	Sports	Two Men		
23-PBS	NJ Spot!	Newsline	One/One	NJ Spot!	Frankie	McLeod's Daughters	Midsomer	Midsomer Murders	NJ Spot!	One/One	World			
29-FOX	The Six	Props	TMZ Ⓞ	You Bet	WWE Friday Night SmackDown			News	Special	News	Feed	Extra		
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Killer Camp	Animals	Animals	News Philly	Law & Order: SVU	Mike				
A&E	The First 48 Ⓞ		The First 48 Ⓞ		The First 48 Ⓞ		The First 48 Ⓞ		The First 48 Ⓞ		The First 48 Ⓞ		First 48	
AMC	(5:45) **½ "Uncle Buck" (1989) Ⓞ				**** "The Shawshank Redemption" (1994) Tim Robbins. Ⓞ				** "Road House" (1989) Ⓞ					
CNN	Situation Room		E. B. OutFront		Anderson Cooper		CNN Tonight Ⓞ		Don Lemon Tonight		Don Lemon Tonight		AC 360	
DISC	Gold Rush Ⓞ		Parker's Trail		Gold Rush "Baptism by Fire" Ⓞ			Opal Hunters		Opal Hunters		Gold		
DISN	Jessie	Jessie	Big City	Big City	*** "Spies in Disguise" 'PG' Ⓞ			Hamster	Hamster	Chibiv	Ultra	Ultra	Jessie	
ESPN	LLB World Series		2022 Little League Baseball World Series			SportsCenter Ⓞ		MLS Soccer: Sounders at Galaxy			SportCtr			
ESPN2	SportsCenter Ⓞ		Max	UFC Live	NBA Today			ESPN Films			SportsCenter Ⓞ		Leach	
FNEWS	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live) Ⓞ		The Ingraham Angle		Gutfeld! Ⓞ		Fox News	
FX	"Assas	***½ "Ford v Ferrari" (2019) Matt Damon, Christian Bale. (In Stereo) Ⓞ			Times Presents			Times Presents		New York				
HBO	"West	Rehearsal	The Anarchists Ⓞ		*** "The Bob's Burgers Movie" (2022)			Real, Bill Maher		Rehearsal		Real, Bill Maher		
HIST	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Aliens	
IDN	Hawaii Five-0 Ⓞ		Hawaii Five-0 Ⓞ		Hawaii Five-0 Ⓞ		Hawaii Five-0 "Pilot"		Hawaii Five-0 Ⓞ		Hawaii Five-0 Ⓞ		Hawaii	
LIFE	Castle "Deep Cover"		Castle "Limelight"		Castle Ⓞ		Castle Ⓞ		Castle "Room 147"		Castle Ⓞ		Castle	
MAX	"Next	* "The One" (2001) Jet Li. Ⓞ			**½ "I, Robot" (2004) Will Smith. Ⓞ			** "Deep Impact" (1998) Robert Duvall.			"War"			
NBCSPA	Birds	PreGame	Birds	Ninja Warrior	Golf	Birds	Immortals	Phil. Postgame	Birds	Short List	Baseball			
NICK	"SpongeBob Movie"		**½ "Sonic the Hedgehog" (2020) James Marsden.				Friends	Friends	Friends	Friends	Friends Ⓞ			
PARMT	Two Men	Two Men	Two Men	Two Men	*** "Mission: Impossible -- Ghost Protocol" (2011) (In Stereo)				**½ "Mission: Impossible"					
TBS	American	American	American	American	*** "Captain America: Civil War" (2016, Action) Chris Evans.				½ "Fantastic Four" (2015)					
TCM	** "Zatoichi Meets Yojimbo" (1970)				**** "Rashomon" (1950)			***** "Seven Samurai" (1954, Action) Toshiro Mifune.						
TNT	"Birds of Prey (Fantabulous)"			** "Suicide Squad" (2016) Will Smith. Ⓞ (DVS)			All Elite Wrestling		***½ "Wonder Woman"					
USA	"Harry Potter-Goblet of Fire"			*** "Harry Potter and the Order of the Phoenix" (2007)					"Harry Potter and the Half-Blood Prince"					

ATLANTIC CITY SUMMER CONCERTS • KENNEDY PLAZA

MON: BROADWAY ON THE BOARDWALK @8PM

**August 22 :
Six The Musical
& Juliet**

**August 29:
BROADWAY SINGS BEYONCÉ**



WED: TONY MART PRESENTS MARDI GRAS @7PM

August 24: Inca

August 31: John Cafferty & The Beaver Brown Band
plus John Papa Gros

THURS: CHICKEN BONE BEACH JAZZ ON THE BEACH @7PM

August 18: Captain Black (Big Band)

August 25: Helen Sung

September 1: Joe Chambers



FROM THE HEART OF ATLANTIC COUNTY MAGAZINE

Talking Books Aid Visually Impaired, Physically Disabled

Whether for escape, enlightenment, or pure joy, books allow us to connect to other places and times. Fortunately for the millions of Americans who have impaired vision or a physical disability, there are braille and talking books from NLS.

NLS is the National Library Service for the Blind and Physically Handicapped, part of the Library of Congress. Established in 1931, the organization's mission is to enrich the lives of its patrons by offering them books, magazines, music scores, and other materials in audio and braille at no charge. Unlike traditional audiobooks that are provided at public libraries or sold at retail bookstores, audiobooks offered by NLS are unabridged, extensive and diverse, and are designed specifically for people who are unable to read regular print.

NLS provides its services to any U.S. resident or U.S. citizen living abroad who is blind, has low vision, or has a physical disability that makes it difficult to hold a book. Thousands of bestsellers, classics, biographies, nonfiction works, and more can be downloaded from the Internet or ordered for home delivery through a nationwide network of cooperating libraries.

Those with cerebral palsy, multiple sclerosis, loss of the use of their arms or hands, or prolonged weakness can access the NLS collection. So, too, can people with temporary limitations resulting from strokes or accidents.

Now avid readers like San Francisco resident Ivana Kirola, 38, who suffers from cerebral palsy, can continue to satisfy their interests, which for Kirola range from politics, to travel, to music.

"I really appreciate the services from NLS," Kirola says. "They help me in my daily life, in understanding people and keeping up to date with the news. My favorite part of NLS is the widened horizons that reading audiobooks gives to me."

Along with her love of books, Kirola attends a yoga class at the San Francisco Library—one of NLS's regional partners.

"The thing that has helped me is to remain persistent in what I would like to experience," says Kirola. "Sometimes what you need is elusive, but it's important not to give up. There are solutions for everything, but sometimes it takes persistence to find out what they are."

Info at <https://www.loc.gov/nls/>





South Jersey Matters

By Todd Cohen

Send your news to Todd Cohen, SJ Matters,
P.O. Box 3351, Margate, NJ 08402-3351

Library Tennessee Avenue Improvement Project Has Begun

Construction work on the William K. Cheatham Building (Main Library) began Monday, June 27, as part of the Atlantic City Free Public Library Tennessee Avenue Improvement Project. The building, which opened in 1985 at 1 North Tennessee Ave., will receive extensive exterior repairs and upgrades this year as part of this project. The construction will begin with remodeling of the library's first-floor bathrooms and will later include cleaning the exterior limestone façade, demolition and replacement of the concrete stairs and sidewalk, improved lighting, signage, railings and new exterior doors. The library will remain open during construction, with the exception of a few days when demolition will require closing. The project is scheduled to be completed in fall 2022. The library's doors on Tennessee Avenue will remain closed to the public during this time. Those who want to enter the building must go to the Atlantic County Office doors on Atlantic Avenue and inform a security guard they are going to the library. Also, the library's 15-minute parking area will be unavailable, and there will be a lane closure on Tennessee Avenue until the project has been completed.

Casino Box Offices

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Bally's Atlantic City	1-800-772-7777
Borgata	1-866-MY-BORGATA
Caesars Atlantic City	1-800-677-SHOW
Golden Nugget	1-609-441-2000
Hard Rock Hotel & Casino	1-609-449-1000
Harrah's Atlantic City	1-800-HARRAH
Ocean Resort Casino	1-866-506-2326
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THE DREAM VACATION TOUR FOR BEATLEMANIACS

If you were one of the 73 million Americans who tuned in to "The Ed Sullivan Show" in 1964 as the Beatles irrevocably changed rock 'n' roll, prepare yourself for perhaps the perfect vacation idea.

Did you embrace Beatlemania and never look back? If the answer is an enthusiastic "Yes," the CIE Tours' "Icons of Britain" may knock your Paul-loving socks off. While it's not quite All Beatles, All The Time, the tour has several other must-sees in London, Scotland and Wales. One big draw is seeing where the Fab Four got their start and recapturing what's described as "the fevered feel of the early '60s in Liverpool."



Here's some of what you'll see:

- **The Beatles' Boyhood Homes.** It's easy to imagine the teenaged Paul and John writing the lyrics to "I Saw Her Standing There" in the living room of the future Sir Paul McCartney's humble 20 Forthlin Road house. As McCartney recalled: "I'd start off with 'She was just 17, she'd never been a beauty queen.' And he'd be like, 'Oh no, that's useless.'"
- **The Cavern Club.** Still a live-music venue today, the club hosted the Beatles 292 times. It's especially packed when a tribute band dons mop-tops and "yeah, yeahs" their hearts out. There was supposed to be a 293rd time—promised by manager Brian Epstein before the group ventured to America—but it never happened.
- **Jaw-Dropping Castles.** You will glimpse inside The Queen's official residence, Windsor Castle, including recent—and possibly juicy—tidbits from a local tour guide about the goings-on there. Furthermore, a boisterous evening banquet at Cardiff Castle will explain what's meant by "Welsh hospitality."
- **The Beatles Story.** Nestled in the heart of Liverpool's revitalized wharf district, this state-of-the-art attraction includes a behind-the-scenes look at Abbey Road Studios, an underwater trip on the Yellow Submarine and a "Fab 4D" extravaganza that uses the latest technology to bring the group's music to life.
- **A Taste of Scotland.** Adventurous eaters can enjoy a dinner of Scottish specialties—including the infamous haggis—and a lively show featuring songs, stories and a display of traditional step-dancing.

If You Go: The respected CIE Tours has escorted millions of Americans on motorcoach tours of Ireland, Scotland, England and Wales for more than 81 years. For more information on the fully inclusive "Icons of Britain" package, contact your travel agent, or call CIE at 1-800-243-8687 or visit www.cietours.com.

The Ventnor City fishing pier, located at Cambridge Avenue and the Boardwalk, measures 1000 feet and is the longest of the state's ocean fishing piers! We are open 24 hours/day for fishing and sightseeing. The pier is staffed from mid-April thru September from 8:00 AM to 6:00 PM. Beginning July 1, 2022, the pier will be open until 12 AM on Fridays and Saturdays only. The pier boasts benches, cleaning tables, and lighting for night time fishing. Come on out and enjoy a beautiful day of fishing or just taking in the sights. Memberships are available for sale at the pier office during business hours.

Ventnor Fishing Pier MEMBERSHIP FEES:
AGES 10-17: \$50 • AGES 18-61: \$175 • AGES 62+: \$150
SPECTATORS (no fishing): \$50

DAILY ACCESS PRICES:
AGE 10-17: \$5 • AGE 18-61: \$10 • AGE 62+: \$5
CASH OR CHECK ONLY

KEY ACCESS 24/7 FOR MEMBERS ONLY

For more info: 609-823-7944



Anglers Club of Absecon Island (in Margate) with approx 400 paid members, is a private, members only, fishing club. It features multiple fishing areas with a shed at the outer tee. The shed has a mini fridge and heater (for cold weather fishing). There are several bait tables with sinks and running water for cleaning the catch of the day. A shed stocked with frozen bait is available to members as is another refrigerator/freezer for member's bait storage. The pier is well-lit for night fishing. Other amenities include a main club room with kitchen, bait and tackle shop, tool and storage room, locker room, shed for beach chairs, and fishing huts.

Anglers Club of Absecon Island MEMBERSHIP FEES:

1 year Membership = \$400
1 year Standard Locker = \$50
1 year Premium Locker = \$100

Members allowed 3 fishing guests per day. \$5 per guest. Members allowed unlimited number of guests per day to enjoy pier and clubhouse.

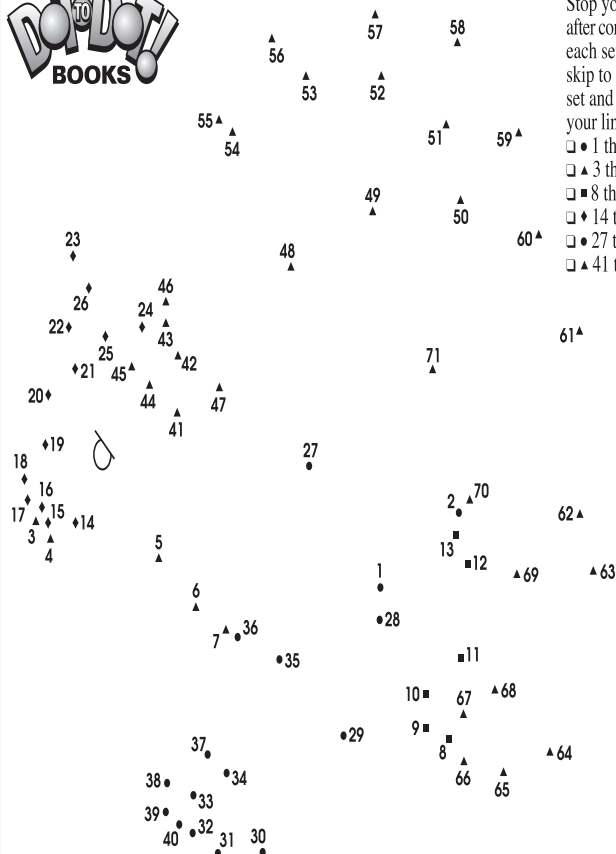
For more info: 609-823-9846



Sets

Stop your line after completing each set, then skip to the next set and start your line again.

- • 1 thru 2
- ▲ 3 thru 7
- ■ 8 thru 13
- ♦ 14 thru 26
- ● 27 thru 40
- ▲ 41 thru 71



By David Kalvitis

© 2003 Monkeying Around

CHEF CHIP'S WILD GAME AND SEAFOOD RECIPE

FRIED SOFT SHELL CRABS

INGREDIENTS:

- 4 Soft Shell Crabs
- 2 Cups Buttermilk
- 1 Large Egg
- 2 Cups All-Purpose Flour
- Old Bay Seasoning to Taste
- Peanut Oil for Frying
- Garnish:
- 4 Lemon Wedges



PREPARATION:

Preheat fryer to 350°. In a bowl, whisk egg & buttermilk together. Separate flour into two shallow-lipped dishes. Season crabs with Old Bay. Dredge crab into first flour mix. Shake off excess flour & coat with buttermilk mix. Drain off excess & dredge into second flour dish. Shake off excess, fry until golden brown & cooked through. Remove crabs to a paper towel & pat dry. Serve & Enjoy!

Hint:

I like to serve this with a nice remoulade sauce.

ABSECON LIGHTHOUSE 2022 SUMMER SCHEDULE

FREE Yoga Classes

Sponsored by The Leadership Studio
Vendors • Drum Circle • Yoga Mats Provided

Thurs, 8/18 • 6:00pm

Tues, 8/23 • 5:30pm

Thurs, 8/25 • 6:00pm

"Live Well AC" Farmer's Market

4:00pm - 7:00pm

Vendors • Drum Circle • FREE Yoga

Tues, 8/23



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(Judy begins singing "Food Glorious Foooooooood!") Often, I discuss the various and awesome venues to grab the best bites. But seldom do I reflect on the various options when it comes to sweet endings. Which is, to be quite frank, abnormal and shameful for me, considering I used to make desserts for a living. So, I've decided to dedicate this entire thing to sweets ((#fatgirlproblems)).

Now, granted, I am a food traditionalist, in that I think courses should totally complement each other. I'm a believer of experiences, as opposed to grabbing dinner and then satiating that sweet fix at the end with something that has a potential mediocre factor. Not that I don't "grab dinner", because I do often, and usual end up with something sweet after that kind of has an argument with my dinner in my stomach. But I do think we deserve to "experience" food too. My point is... Dessert should in theory complement the savory goodness you just had prior, which, in general has become "the norm". It wasn't always the case. The history of desserts is more than just a mere recounting of the first ice cream cone, or the first-time meringue was served. Sweets date back to ancient civilizations where people enjoyed fruits and nuts candied with honey. However, desserts as are commonly known today became popular through an evolution of technology and culinary experimentation ((because science!)). I'm going off topic. Apologies... below is a list of my most favorite sweet spots you might want to consider hitting whilst in town.

If you're looking for true boardwalk / carnival / high caloric goodness, then you should consider Funnel Cake House, located at 1307 Boardwalk, between Ocean and South Carolina Avenues. They offer everything from traditional funnel cakes and fried oreos to funnel cakes and fried oreos on steroids. That's right! You can order a funnel cake or fried oreo sundae! They also offer ice cream, water ice, gelato, and monster sundaes galore. Also note their milkshakes are pretty phenomenal. This straightforward sweet shop focuses on great quality staples and executes them perfectly each and every time. Check them out.



Another place you MUST check out is Ventnor No. 7311, located at, you guessed it, 7311 Ventnor Avenue. This small Coffee and Bake Shop specializes in small batch, carefully crafted sweet treats, focusing on cakes, sweet loaves and buns, scones, bars, biscotti, and ((as I clutch my pearls and bite my knuckle))pies. Their whipped cream is so delicious you can buy it by the pint! Owned by Restaurateur, Cookie till, and baker, Kim Richmond, Ventnor No. 7311 offers fresh and innovative baked items paired with fair-trade coffee and organic teas. As an added huzzah, everything is baked on site, including paleo, gluten-free and vegan options, which change daily, highlighting local seasonal ingredients. These ladies genuinely care about what they produce, and what you put in your bellies. And it's impossible after taking your first bite to not sense that. Go now.

I've mentioned this place in the past, regaling you with tales of my college days, and how my college mates and I would commandeer the dining room at Serendipity in NYC and randomly break out into song in multiple part harmony ((really sorry for everyone around us at the time dining... #theatrekidsaretheworst)), and how super stoked I was they were opening a location here in Atlantic City. Well, I can say now, it is JUST like I remembered in NY. Famous for their Frrrozen Hot Chocolate ((that was not a stammer, that's how you spell it)), their food is a New York Experience, comforting and delicious, and their desserts are the truest sweet ending to an awesome dining experience. From delicious cakes and whacky sundaes to iced and frozen beverages, and spiked dessert cocktails, they literally have it all. Go there post hence.



Lastly, I thought I'd break down my quick list of favorite singles. My favorite slice of Carrot Cake still goes to The Palm in the Tropicana. I don't know how they do it but it makes me swoon every time I have it. My favorite cannoli are at Angelo's Fairmont Tavern. If I could eat the by the fistful without drawing attention I would. My favorite red velvet anything goes to Kelsey's. My favorite Key Lime Pie is at Morton's The Steakhouse. THE best ricotta cheesecake within a 100-mile radius is at Chef Vola's ((unless you're in my kitchen... insert wink emoji here)). And this doesn't necessarily go into a category because it stands on its own, but when you get a chance go to Knife and Fork and try their Banana Chocolate Burrito. You guys! You'll thank me later.

And yes, I always name drop my job, and yes, we're celebrating our Apres Beach Happy Hour event this Sunday from 3 to 6 pm, and yes, it is totally awesome, but that's not what I'm going to talk about. I must mention our dessert. Our Deauville Doughnuts are out of this world. They're these light and fluffy puff balls of ricotta doughnut dough, fried to sheer perfection, rolled in cinnamon sugar to give that extra sweet crunch, and served with a Triple Sec Sabayan ((insert drool emoji here)). If I indulged as much as I really wanted to, I'd be 50 lbs. heavier because I would not be able to stop eating these. These are little sweet pillows sent from angels. Come and see for yourself.

That's all I got for now. Until next week, folks... #stayjersestrong!



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ATLANTIC County Magazine

GIRL OF THE WEEK



Kalla Lily

Kalla aced her driving test on her birthday this week and is super excited to start her Senior year at Mainland. Happy 17th Birthday Bean!

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LuminoCity Dino Safari is an outdoor dinosaur exhibit. It is a unique and immersive experience that combines realistic dinosaur exhibitions and stunning lighting sculptures. Featuring over 30 life-sized dinosaurs, including Tyrannosaurus Rex, velociraptors, triceratops and more, this exhibit is sure to please kids and adults alike. In addition to dinosaurs, there are animals, colorful plants, and other unique lanterns to see. Animals include a family of mammoths, a saber tooth tiger, a jaguar and a cheetah. The garden includes a tropical jungle, fantasy mushroom forest and piranha flower valley. Most of the dinosaurs move and make sounds, and there are even dinosaurs to ride for an additional fee! The LuminoCity Dino Safari is open Thursday through Monday from 5-11pm through September 5. Lights turn on around 7pm. Tickets range from \$12-\$20. Get your tickets at www.luminoCityfestival.com. Exhibit is located at 35 S. Vermont Ave. Free street parking.



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SOMERS POINT BEACH CONCERT SERIES

29th Anniversary AtlantiCare Concerts on the Beach at William Morrow Beach/Municipal Beach Park, located between Higbee & New Jersey Aves on Bay in Somers Point. All the concerts are Friday nights at 7:00pm except July 4th which is also 7:00pm. They end at 10:00pm.

AUGUST 19 - Rick Estrin & the Nightcats
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AUGUST 26 - Hawkins Road Coconutz Super Group
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SEPTEMBER 2 - John Cafferty & the Beaver Brown Band
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SEPTEMBER 9 - The Cowsills
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FROM THE HEART OF ATLANTIC COUNTY MAGAZINE

Women ages 30 and older are growing increasingly aware of new wrinkles with each passing year. Yet, evidence suggests that sun spots may have as much of an impact on age-related appearance as wrinkles.

Nearly 63 percent of women older than age 35 experience sun or age spots, discolorations and uneven skin. The dark side? The problem reflects your apparent age — or lack of youth.

"Getting a clear, even skin tone without discoloration is just as important as wrinkle-fighting to achieving a rejuvenated, youthful appearance," says Dr. Ellen Marmur, prominent New York City dermatologist and author of "Simple Skin Beauty." "To some patients, it's even more important."

Dermatologists like Marmur call it hyperpigmentation, but its various types are commonly known as age spots, sun spots, liver spots, freckles and melasma, brown patches of skin triggered by a hormone imbalance. Age spots, sun spots and liver spots are all the same ailment — pouches of melanin where the skin pigment has overproduced and dumped uneven amounts, the majority of which are a result of sun damage.

According to Marmur, the two most used topical treatments for discoloration are hydroquinone and retinoids, which both may have irritating side effects and require a prescription. However, a new alternative, StriVectin-EV Get Even Brightening Serum, is an over-the-counter solution that's clinically proven to work quickly minus the same risky side effects.

"StriVectin-EV Get Even products, both the serum and new Get Even Spot Repair, combine natural ingredients like willow bark, vitamin C

and licorice with our unique, patented form of niacin for the most even supply of pigment, skin repair and anti-aging effects," explains chief scientist and professor of Medicinal Chemistry Myron Jacobson. "Studies reveal 85 percent of women see reduced sun spots and more even skin color after eight weeks of use."

But to treat the long-term problem, sufferers of dark spots should also heed the following sun-related advice:

- Wear sunscreen year-round with an SPF of 30.
- For prolonged sun exposure, get a wide-brimmed hat to wear outdoors.
- Neutralize stubborn spots with peach-toned concealer while using StriVectin-EV Get Even products to slow down melanin production.
- Beware of products that bleach skin, as this can cause white spots, another form of discoloration.

StriVectin is available at www.strivectin.com.



ATLANTIC CITY – Lifeguards on duty, showers, changing rooms, food permitted, free admission. www.acbp.org/



BRIGANTINE – Lifeguards on duty, surfing beaches, showers, changing rooms, food permitted. Season tags are \$25; seniors 65 and over and children 12 and under free. Weekly tags are \$15, daily tags \$10. Seasonal parking permits are \$25. Purchase at the Brigantine Beach Community Center located at 265 42nd St. Call (609) 264-7350 or visit www.brigantinebeach.org

EGG HARBOR CITY - Lake Park, 2300 Philadelphia Ave. There are lifeguards on duty and restrooms. Seasonal badges are \$10; senior citizens \$4; daily wristbands sold at lake for \$5 per day. Picnic tables are \$15 daily. Children 4 years old and younger are free. Purchase at the EHC Tax and Utility Office at City Hall, 500 London Ave. Call (609) 965-0123 or visit www.eggharborcity.org

HAMILTON TOWNSHIP - Cove Beach at Lake Lenape Lifeguards on duty, open Thursday-Monday 11 a.m. to 6 p.m. June 18 - September 5. Seasonal beach tags are \$30; family 4-pack is \$100; daily wristbands are \$10 on weekdays, \$15 on weekends and holidays. Children 11 and younger are free but MUST be accompanied by an adult. Seasonal tags are available at the administration office in Town Hall in Mays Landing or for purchase at the Cove. Call (609) 625-4762 or visit www.townshipofhamilton.com

MARGATE – Lifeguards on duty from 10 a.m. to 6 p.m., restrooms, surfing beaches, food permitted. Seasonal tags are \$20; tags also accepted in Ventnor. Beach badges are required every day except Thursday. Badges are sold at the Martin Bloom Community Pavilion at Huntington Avenue and the beach from 10 a.m. to 3 p.m. Monday-Sunday, and City Hall, 1 S. Washington Ave. from 9 a.m. to 4 p.m. Monday through Friday. Beach restrooms are located at Huntington Avenue (Bloom Pavilion), Rumson Avenue, Benson Avenue (Greenhouse), and Adams Avenue beach. Accessible beaches with mats for easier mobility are at Andover, Barclay, Clermont, Douglas, Exeter, Huntington, Kenyon, Osborne, Rumson, Vendome, Decatur, Madison, and Coolidge avenues. Call (609) 822-2605 or visit www.margate-nj.com. Margate City Beach Patrol Headquarters is located at Decatur Avenue and the beach. Call (609) 822-2370.

LONGPORT – Lifeguards on duty from 10 a.m. to 6 p.m., surfing beaches, showers, food permitted. Seasonal tags are \$30; seniors \$10 children up to 12 free. Beach badges are available at Longport Borough Hall, 2305 Atlantic Ave.; and at Lifeguard Headquarters, 33rd and Atlantic avenues or reserve them over the phone. Restrooms are located at 33rd and Atlantic avenues in the Community Building-Lifeguard Headquarters. www.longport-nj.us

SOMERS POINT - William Morrow Beach, Higbee and Bay avenues – Lifeguard on duty, rates for large groups available. The free beach looks over the bay and across to Ocean City. William Morrow Beach features free live music all summer, every Friday evening at 7 p.m. until the first Friday of September. A schedule can be found at somerspointbeachconcerts.com. Bring your chairs and coolers and come down to watch the shows. Call (609) 927-9088 or visit www.somerspointgov.org

VENTNOR – Lifeguards on duty, 10 a.m. to 6 p.m. surfing beaches, fishing pier, food permitted. Seasonal tags are \$20. Tags also accepted in Margate. Purchase tags at Ventnor City Hall or from a beach tag checker. Ventnor City Beach Patrol Headquarters is located at the Suffolk Avenue beach. Call (609) 823-7948 or (609) 823-7953. Restrooms are located at the Ventnor Library and Cultural Arts Center, the beach side of Newport Avenue; Ventnor City Hall, 6201 Atlantic Avenue; Ventnor Municipal Fishing Pier; Ventnor Tennis Courts, Atlantic and Somerset Avenue; Cambridge Avenue and Boardwalk. Accessible beaches are at Suffolk and Newport avenues. In addition to ADA-approved access ramps and accessible parking, the beach patrol has accessible beach chairs for additional access to the beach. No dogs are allowed on the boardwalk at any time. Dogs are not allowed on the beach May 15 through Sept. 30. From Oct. 1 to May 15, leashed dogs may be walked in areas washed by the high tide line. www.ventnorcity.org

MALIBU BEACH WILDLIFE MANAGEMENT AREA - Malibu Beach is a free dog friendly beach located on the Egg Harbor Township end of the Ocean City-Longport Bridge. Dogs are welcomed year round, un-leashed and all. Parking is available right next to the beach. Only requirement is to clean up after your pup. No permits required, you can lie down and tan while your dog runs around and socializes with other dogs.



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1/2 mile South of the Granddaddy

www.waggingtailcapemay.com

HOMEMADE DOG TREAT RECIPE

DIY HOMEMADE DOG FOOD

INGREDIENTS:

- 1 1/2 cups brown rice
- 1 tablespoon olive oil
- 3 pounds ground turkey
- 3 cups baby spinach, chopped
- 2 carrots, shredded
- 1 zucchini, shredded
- 1/2 cup peas, canned or frozen



INSTRUCTIONS:

1. In a large saucepan of 3 cups water, cook rice according to package instructions; set aside.
2. Heat olive oil in a large stockpot or Dutch oven over medium heat. Add ground turkey and cook until browned, about 3-5 minutes, making sure to crumble the turkey as it cooks.
3. Stir in spinach, carrots, zucchini, peas and brown rice until the spinach has wilted and the mixture is heated through, about 3-5 minutes.
4. Let cool completely.



A MICROSCOPIC BITING PEST-CHIGGERS

Submitted By
Patsy Nelson
from The Wagging Tail

Recently I had a couple come into the store who were staying at a campground south of the The Wagging Tail on Route 9. They were being bitten and so was their dog, but they saw no evidence of fleas. A few days later a woman came in with a similar problem. I suggested to both that the cause of their discomfort and confusion could be the result of chiggers. Chiggers have nicknames such as scrub-itch mites, harvest mites, mower's mites, red bugs or berry bugs.

Chiggers cannot be seen with the naked eye. They are six-legged wingless organisms that are considered similar to a mite. They are also related to the tick and spider. They are found in moist areas like tall grasses, weeds, fields, forests, lawns, gardens and near water. Chiggers are most prevalent when it is hot and humid (like much of this summer has been) but are around spring through fall. They thrive in temperatures between 77 and 86 degrees F, dying in temperatures below 42. My husband has been taking his one-two mile walks behind our development where there are many fields, or at the trails by the lighthouse in Cape May Point. He has been complaining of tick bites and I told him that they were not because a tick latches on and must normally be pulled out of the skin. Ticks you can see, but chiggers are only .3 millimeters. The chigger larvae (hatched from eggs) don't fly or travel far, mainly converging on nearby leaves or grass usually a foot off the ground, waiting for prey. They use their sharp, aw-like claws to poke the skin. As the babies feed on human or animal tissue, they're releasing a liquid chemical into the skin. This dead skin forms a "straw" by which the larvae drink your skin tissue. As you scratch, the chigger, now an adult, falls off. You may not start itching immediately- it may take a few hours. Intense itching will occur in the first 24 to 48 hours.

I told Bob to spray himself for protection when walking on trails. I advised him to take an antihistamine to calm the itching. If your "skin turns red and has bumps, blisters or a hive-like rash" healing may take a week or two. What I learned with this research is that these bites can become infected from vigorous scratching, and it is recommended to see a doctor if the itching and swelling continue for more than a couple of days. A steroid, or antibiotics may be needed. In retrospect, I think Bob should have gone to Urgent Care. Be advised that if you travel to northern Australia, or to Southeast Asia, Japan, China, India or Indonesia, you may contract scrub typhus (bacteria Orientia tsutsugamushi) from infected chiggers.

The spray that will protect you the most will have DEET, or a permethrin spray (like one used on dogs) and it can be sprayed all over your clothing. Wear long sleeves and tuck your socks into your pant legs. (Bob wears shorts year around!) Chiggers will go to areas like your ankles, thighs, neckline, waist, and cuffs, bra line, behind knees, and groin; any areas where clothing is tight. So, spray those areas fully. One article suggests spraying certain natural oils like tea tree, citronella, jojoba, geranium, eucalyptus, or lemon grass. When you return from an area where you could have been bitten, take a hot shower. Wash your clothing in hot water using a pyrethroid insecticide. Wash the bites with soap and water regularly, using a corticosteroid cream or lotion or calamine lotion may help, take an antihistamine and an anti-parasitic medication, and cold compresses to alleviate some discomfort.

The same pretty much applies to your dog. Bathe your dog in a pyrethrin based shampoo or add a small amount of dish soap to bath or use a rinse of diluted steeped green tea. Calamine lotion or topical steroid, hydrocortisone cream or spray can be used on the affected area (usually reddish rashes or bumps) generally on the stomach and inside of the legs, anywhere where there is less hair. See your vet if itching continues or gets worse.

Thank you to all who comment that they enjoy my articles, and for supporting The Wagging Tail. Thanks for voting us BEST PET STORE OF THE JERSEY SHORE, and for helping to keep a local small business in business. At The Wagging Tail, our mission is healthy, happy pets.

SATURDAY AFTERNOON													AUGUST 20, 2022			
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30			
3-CBS	Hope-	Paid Prg.	Paid Prg.	Nick	One Shot	Golf Journeys	We Need to Talk	Hockey 3ICE Championship Tournament.								
6-ABC	oh baby!	Hearts of	Free Ent.	2022 Little League Baseball World Series				2022 Little League Baseball World Series				News				
10-NBC	One	Paid Prg.	Premier League Soccer				Goal	PGA Tour Golf BMW Championship, Third Round. Ⓞ								
17-MNT	Paid Prg.	Paid Prg.	Paid Prg.	House	MyDest.	Raw Trav.	Greatest	S.W.A.T. "Immunity"	Sheldon	Sheldon	black-ish	black-ish				
23-PBS	Suze Orman's		You, Happier With			Burt Bacharach's Best			The Doo Wop Project Ⓞ		Eat-Argue	State-Aff				
29-FOX	DraftK	Theft	DraftK	Theft	Paid Prg.	Paid Prg.	PowerXL	Special	Special	Comedy.TV Ⓞ	Extra Ⓞ					
57-CW	Gone Vi	Ideal	Lifestyle	Ninja Warrior		The First 48 Ⓞ		Transform	DraftK	Major Crimes Ⓞ	MacGyver Ⓞ					
A&E	Zombie	Move or	Move or	Inmate to Roommate		60 Days In Ⓞ		The First 48 Ⓞ		The First 48 Ⓞ						
AMC	Two Men	Two Men	Two Men	Two Men	** "Road House" (1989) Patrick Swayze. Ⓞ				**** "The Shawshank Redemption"							
CNN	News	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom				
DISC	Expedi	Expedition Unknown		Mecum Auto Auctions Monterey 2022 Ⓞ		Lone Star Law Ⓞ		Lone Star Law Ⓞ		Lone Star Law Ⓞ						
DISN	Big City	Ladybug	Ladybug	Ladybug	Ladybug	Ultra	Ultra	Villains	Villains	Big City	*** "Spies in Disguise" 'PG'					
ESPN	SportCtr	WNBA Basketball: Sky at Liberty				Pro Fighters League				LLWS						
ESPN2	UFC Live	To Be Announced				Athletes Unlimited Softball				UFC Live	Athletes Unlimited Softball					
FNEWS	Cavuto	Fox News Live (Live) Ⓞ				Fox News Live Ⓞ		Journal Editorial Rpt.		Fox News Live Ⓞ	Saturday Show					
FX	"Spider-Man: Spider-Verse"			** "Assassin's Creed" (2016) Michael Fassbender.				**½ "Neighbors 2: Sorority Rising" Ⓞ			"Blended					
HBO	(11:00)	** "Delivery Man" Ⓞ		** "Daredevil" (2003) 'PG-13'		Hard Knocks		Real, Bill Maher		"Barely Lethal" (2015) 'PG-13'						
HIST	Alone:	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers				
ION	Law-SVU	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU				
LIFE	(11:00)	** "Fifty Shades of Grey" (2015)		** "Fifty Shades Darker" (2017) Dakota Johnson.				*½ "Fifty Shades Freed" (2018) Ⓞ								
MAX	**½ "The Jacket" (2005)			*½ "The Prince" (2014) Ⓞ		*** "The Bourne Supremacy" (2004)			** "Fighting" (2009) Ⓞ							
NBCSPA	Paid Prg.	Phillies	PreGame	MLB Baseball New York Mets at Philadelphia Phillies. (Live) Ⓞ				Phil. Postgame		Birds	Golf					
NICK	Sponge.	**½ "Sonic the Hedgehog" (2020) James Marsden.				Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.			
PARMT	NCIS	NCIS Ⓞ (DVS)		NCIS "The Tell"		NCIS Ⓞ (DVS)		NCIS Ⓞ (DVS)		NCIS "Rekindled"		"Mission-Ghost"				
TBS	"Star	***½ "Star Wars: The Force Awakens" (2015)				***½ "Star Wars: The Last Jedi" (2017) Mark Hamill. Ⓞ (DVS)										
TCM	(11:15)	*** "Possessed" Ⓞ		*** "Queen Bee" (1955) Joan Crawford.			***½ "The Women" (1939) Norma Shearer.				"What					
TNT	Lucifer	***½ "Wonder Woman" (2017, Action) Gal Gadot. Ⓞ (DVS)				** "Suicide Squad" (2016) Will Smith. Ⓞ (DVS)							"Justice"			
USA	Soccer	Premier	NASCAR Cup Series			Fast Lane	Count	NASCAR Xfinity				Post				

SATURDAY EVENING													AUGUST 20, 2022			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00			
3-CBS	News	News	Ent. Tonight		FBI: Most Wanted		NCIS: Los Angeles		48 Hours Ⓞ		News	SEAL Team Ⓞ				
6-ABC	News	ABC	FYI Philly	Wheel	UFC 278: Usman vs. Edwards 2 - Prelims			\$100,000 Pyramid		News	News	Jeopardy!				
10-NBC	News	NBC	Paid Prg.	1st Look	America's Got Talent "Qualifiers 1" Ⓞ				Dateline NBC Ⓞ		News	Saturday Night Live				
17-MNT	Big Bang	Big Bang	Big Bang	MLS Soccer				Philadel	Action News at 10		Philler	Delco	Mom			
23-PBS	HerStory Ⓞ	On Displ		The Arts	Old	House	The Goes	Mary	The Woman in White		Line of Separation		Mansfield			
29-FOX	News	On Deck	MLB Baseball New York Mets at Philadelphia Phillies. Ⓞ				News		Name That Tune		Feed					
57-CW	SEAL Team Ⓞ	FamFeud	FamFeud	Great Chocolate		Masters	Masters	News Philly		Law & Order: SVU		Chi. Fire				
A&E	The First 48 Ⓞ		The First 48 Ⓞ		The First 48 Ⓞ		Cold Case Files Ⓞ		American Justice		American Justice		First 48			
AMC	"Shawshank"		**** "Jaws" (1975) Roy Scheider, Robert Shaw. Ⓞ				**½ "Jaws 2" (1978, Suspense) Roy Scheider. Ⓞ									
CNN	CNN Newsroom		CNN Newsroom		CNN Newsroom		Extraordinary		Extraordinary		The Movies (Part 4 of 6) Ⓞ					
DISC	Lone Star Law Ⓞ		Lone Star Law Ⓞ		Lone Star Law Ⓞ		Lone Star Law		Lone Star Law Ⓞ		Lone Star Law Ⓞ		Lone Star			
DISN	"Spies"	"Zombies 3" (2022) 'NR' Ⓞ			Big City	Big City	Big City	Hamster	Hamster	Big City	Big City	Big City	Ladybug			
ESPN	LLWS		UFC 278		UFC 278: Usman vs. Edwards 2 - Prelims			Boxing Top Rank: Navarrete vs. Baez. (Live)								
ESPN2	Softball	Home	2022 Little League Baseball World Series				WNBA Basketball: Aces at Mercury				Women's ICC Soccer					
FNEWS	Fox Report		Gutfeld! Ⓞ		One Nation		Dan Bongino		Lawrence Jones		One Nation		Unfiltered			
FX	(5:30)	*½ "Blended" (2014) (In Stereo)			**½ "Pitch Perfect 2" (2015) Anna Kendrick. Ⓞ			** "Pitch Perfect 3" (2017) (In Stereo)								
HBO	** "Ride Along" (2014) Ice Cube. 'PG-13'			"Dodgeball: Underdog"				Westworld Ⓞ	Rehearsal	*** "The Suicide Squad" 'R'						
HIST	American Pickers		American Pickers		American Pickers		American Pickers Ⓞ				American Pickers		Pickers			
ION	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU			
LIFE	"In Love With My Partner's Wife" (2022)				"Temptation Under the Sun" (2022) Ⓞ			"In Bed With a Killer" (2019) Ⓞ				"Tempt"				
MAX	"Fight	** "After the Sunset" (2004)			**½ "Dark Blue" (2002) Kurt Russell.			*½ "Waist Deep" (2006) Ⓞ		* "Santa's Slay"						
NBCSPA	World Poker		World Poker		The National Dog Show (In Stereo) Ⓞ				NASCAR Cup Series Federated Auto Parts 400. Ⓞ							
NICK	Sponge.	Sponge.	**½ "Sonic the Hedgehog" (2020) James Marsden.				Friends	Friends	Friends	Friends	Friends	Friends	Friends Ⓞ			
PARMT	"Mission: Impossible -- Ghost Protocol"				*** "John Wick" (2014) Keanu Reeves.				*** "John Wick: Chapter 2" (2017) Keanu Reeves.							
TBS	(5:56)	**½ "Star Wars: The Rise of Skywalker" (2019)				Big Bang	Big Bang	Big Bang	Big Bang	**½ "Bad Boys" (1995)						
TCM	"What Ever Happened to Baby Jane?"				***½ "Mildred Pierce" (1945, Drama)			**** "Grand Hotel" (1932) Greta Garbo.				"Flam				
TNT	(5:30)	** "Justice League" (2017, Action)			**½ "Aquaman" (2018, Action) Jason Momoa. Ⓞ (DVS)				***½ "Joker" (2019)							
USA	IndyCar	IndyCar			IndyCar	*** "Harry Potter and the Goblet of Fire" (2005, Fantasy) Daniel Radcliffe.										

SUNDAY AFTERNOON													AUGUST 21, 2022			
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30			
3-CBS	Paid Prg.	Paid Prg.	Cornhole		PBR Team Series Stampede Days.				BIG3	BIG3 Basketball Championship.						
6-ABC	Inside	WNBA Basketball: Wings at Sun			2022 Little League Baseball World Series				Carpet	Action News 5PM						
10-NBC	Issue	Paid Prg.	Eagles	NFL Preseason Football Philadelphia Eagles at Cleveland Browns.				PGA Golf								
17-MNT	In Touch	Paid Prg.	Paid Prg.	In Focus	This	Pawn	Pawn	Friends	Friends	Friends	Friends	Philler	Gold			
23-PBS	Think Tk	State-Aff	Suze Orman's Ultimate Retirement Guide				Ancient Remedies With Dr. Josh Axe			'60s Pop, Rock & Soul						
29-FOX	Paid Prg.	DraftK	Paid Prg.	WalkFit!	PowerXL	Paid Prg.	PBC Countdown		NHRA Drag Racing Lucas Oil Nationals.							
57-CW	Golf Res.	Blade	DraftK	Storm of Suspicion		The First 48		WalkFit!	Blair	Major Crimes		Monk				
A&E	Living	Zombie Flip		** "A Good Day to Die Hard" (2013)				** "White House Down" (2013) Channing Tatum. (In Stereo)								
AMC	(10:30) *** "American Gangster" (2007)					*** 1/2 "Casino" (1995, Crime Drama) Robert De Niro, Sharon Stone.										
CNN	Reliable	State of Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom				
DISC	Afraid	Naked and Afraid "The Death Ledge"			Naked and Afraid "The Devil's Woods"			Naked and Afraid		Naked and Afraid						
DISN	Big City	Ladybug	Ladybug	Ladybug	Jessie	Jessie	Jessie	Ultra	Ultra	Ultra	Big City	Big City	Big City			
ESPN	LLB World Series			2022 Little League Baseball World Series				WNBA Preview Show		WNBA Basketball: Mystics at Storm						
ESPN2	SportCtr	Baseball Junior League Final: Teams TBA.			Athletes Unlimited Softball				W. Stu	Athletes Unlimited Softball						
FNEWS	Medi	Fox News Live		Fox News Live		FOX News Sunday		Maria Bartiromo		Fox News Live		Sunday Show				
FX	(10:30) ** 1/2 "Pitch Perfect 2"			** "Pitch Perfect 3" (2017) (In Stereo)				* 1/2 "Blended" (2014) Adam Sandler. (In Stereo)				"Bay				
HBO	Hard	"The Princess" (2021) (In Stereo) 'NR'			*** "The Suicide Squad" (2021) Margot Robbie. 'R'				Real, Bill Maher		Rehearsal					
HIST	Cnt. Cars	Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars				
ION	NCIS	NCIS "Neverland"		NCIS (DVS)		NCIS "Personal Day"		NCIS "Incognito"		NCIS (DVS)		NCIS "Lockdown"				
LIFE	"Perfect"	"The Husband She Met Online" (2013)			"Newlywed and Dead" (2016, Drama)				"You May Now Kill the Bride" (2016)							
MAX	"Greek Wedding"		** 1/2 "Cymbeline" (2014)			*** 1/2 "J. Edgar" (2011, Biography)			*** "Red Dragon" (2002, Suspense)							
NBCSPA	Paid Prg.	Smile	Eagles	PreGame	MLB Baseball New York Mets at Philadelphia Phillies. (Live)				Phil. Postgame		Ninja					
NICK	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	"Sonic"			
PARMT	NCIS	NCIS "Recovery"		NCIS "Phoenix"		NCIS "Lost at Sea"		NCIS (DVS)		NCIS "Gone"		"John Wick 2"				
TBS	Friends	Friends	** 1/2 "Click" (2006) Adam Sandler.				** "The Change-Up" (2011) Ryan Reynolds.				"Role Models"					
TCM	"Every Which Way But Loose"			** 1/2 "Hang 'Em High" (1968) Clint Eastwood.				*** "Coogan's Bluff" (1968)				"Kelly's"				
TNT	NCIS: LA	NCIS: New Orleans		*** 1/2 "Shazam!" (2019) Zachary Levi. (DVS)				** "Justice League" (2017) Ben Affleck. (DVS)								
USA	Premier League Soccer			Goal	NASCAR-Countdown		NASCAR Cup Series		Go Bowling at The Glen.			NASCAR				

SUNDAY EVENING													AUGUST 21, 2022			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00			
3-CBS	News	News	60 Minutes		Big Brother		The Equalizer		NCIS: Los Angeles		News	Sports	J. Osteen			
6-ABC	News	ABC	Funny Home Videos		Celebrity Fam		\$100,000 Pyramid		The Final Straw		News	News	FYI Philly			
10-NBC	News	NBC	Gymnastics				America's Got Talent "Qualifiers 2"				News	Eagles	Bensinger			
17-MNT	Two Men	Two Men	Big Bang	Gold	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Action News at 10		Mom	Seinfeld	Seinfeld			
23-PBS	60s Pop	The Hidden Map			Prince and The Revolution			Suze Orman's Ultimate Retirement Guide		Show Me	The Goes					
29-FOX	NHRA	News	Kat	The-North	NFL Preseason Football Baltimore Ravens at Arizona Cardinals.				News	Sports	Paid Prg.					
57-CW	Bull (In Stereo)		FamFeud	FamFeud	Animals	Animals	Penn & Teller		News Philly		Law & Order: SVU		Chi. Fire			
A&E	Biography: WWE Legends "Undertaker"				Biography: WWE Legends "Edge"				WWE Rivals		WWE	WWE's	Biography			
AMC	** 1/2 "Shooter" (2007) Mark Wahlberg, Michael Peña.					Tales of-Dead		Tales of the Walking Dead		** 1/2 "Shooter"						
CNN	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Special Report		United Shades		United Shades		Report			
DISC	Naked and Afraid		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid		Naked and Afraid		Naked and Afraid		Afraid XL			
DISN	Ladybug	Ladybug	** "Teen Beach 2" (2015) Ross Lynch.				Villains	Villains	Jessie	Jessie	Hamster	Hamster	Big City			
ESPN	Baseball Tonight		MLB Baseball Boston Red Sox vs Baltimore Orioles. (Live)				SportsCenter		SportsCenter (Live)							
ESPN2	Softball	Baseball	MLB Baseball: Red Sox vs Orioles				X Games		Jackie to Me		X Games					
FNEWS	Fox Report		Sunday Night		Life, Liberty & Levin		The Next Revolution		Sunday Night		Life, Liberty & Levin		Revolu			
FX	(5:30) * 1/2 "Baywatch" (2017) (In Stereo)			** 1/2 "Jumanji: The Next Level" (2019) (In Stereo)				** 1/2 "Jumanji: The Next Level" (2019)								
HBO	(5:55) *** 1/2 "The Batman" (2022) Robert Pattinson. 'PG-13'						House of the Dragon		House of the Dragon		Last	House				
HIST	Pawn Stars		Pawn Stars		Colosseum		Colosseum		History's	History's	Colosseum	Colos				
ION	NCIS "Viral"		NCIS "16 Years"		NCIS "Saviors"		NCIS "Day in Court"		NCIS (DVS)		NCIS (DVS)		NCIS			
LIFE	"Here Kills the Bride" (2022) Ashlee Fuss.				"Big Lies in a Small Town" (2022)			"Temptation Under the Sun" (2022)			"Big					
MAX	Red	* 1/2 "Collide" (2016)		** "Marked for Death" (1990)			*** "The Bourne Identity" (2002)			"Unlocked" (2017)						
NBCSPA	Ninja	Harness	Golf	Saturday	Ninja Warrior		Ninja Warrior		MLB Baseball: Mets at Phillies			Poker				
NICK	(5:30) ** 1/2 "Sonic the Hedgehog" (2020)				** 1/2 "Shrek Forever After" (2010)			Friends	Friends	Friends	Friends	Friends				
PARMT	(5:00) "John Wick: Chapter 2"			*** 1/2 "John Wick: Chapter 3 -- Parabellum"				*** 1/2 "John Wick: Chapter 3 -- Parabellum"								
TBS	(5:00) "Role Models"		Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Love Life	*** "Friends With Benefits" (2011)						
TCM	(5:30) *** "Kelly's Heroes" (1970, War)				*** "The Outlaw Josey Wales" (1976)			** 1/2 "The Gauntlet" (1977) Premiere.								
TNT	** 1/2 "Aquaman" (2018, Action) Jason Momoa. (DVS)						Animal Kingdom		Animal Kingdom		*** 1/2 "Shazam!" (2019)					
USA	*** "Harry Potter and the Deathly Hallows: Part 1" (2010)						*** 1/2 "Harry Potter and the Deathly Hallows: Part 2" (2011)		Law-SVU							

2022 Black & White Ball Sponsorship

Resorts Hotel and Casino
October 29, 2022

We are incredibly excited to plan our first Black & White Ball in four years. This extraordinary evening will be cochaired by Jason and Jessica Goldstein and Brian K. Jackson and Michael Baker. We have so much to celebrate!

The COVID pandemic prevented us from honoring Martin H. Klein for his 50 years of service in 2020. This year, we will be able to offer an in-person tribute for his extraordinary service to Seashore Gardens Living Center. We also are celebrating 20 years on our beautiful campus in Galloway, 18 years of the Seashore Gardens Foundation under the Board Leadership of Richard Cohen, and 10 years of our therapeutic music and computer programs. We are excited to return to Resorts where the inaugural Ball was held, 10 years ago, and invite you to support and celebrate with us!

Underwriting Sponsorships

Please help underwrite the cost of the Black and White Ball in order to support our mission to enrich elders lives.

All underwriters will receive recognition the night of the Ball, along with Seashore Gardens Living Center website, Facebook Page, Boardwalk Times and event ad book.

Benefactor Underwriter \$7,500

Back cover or center spread of ad book, special recognition online and at the Ball. Recognition on screens at Ball.

Pre-cocktail hour, from 5:30-6pm. Table of twelve at the Ball. (Limit 2)

Black & White Ball Underwriter \$5,500

Full page ad, recognition on screens at the Black & White ball. Four tickets for the ball. (Limit 2)

Music Underwriter \$2,500

Two tickets to the Ball and half page ad. Signage at the Ball. (Limit 8)

Decor Underwriter \$2,500

Two tickets to the Ball and half page ad. Signage at the Ball. (Limit 5)

Place Card Table Underwriter \$2,500

Two tickets to the Ball and half page ad. Signage at the Ball. (Limit 1)

Auction Underwriter \$1,500

Half page ad. Signage at the Ball. (Limit 4)

Cocktail Hour Underwriter \$1,500

Half page ad. Signage at the cocktail hour (Limit 6)

Wine Underwriter \$2,500

Half page ad, two tickets to the Ball, recognition at ball. (Limit 5)

Ad Book Underwriter - \$1000

Two tickets to the Ball and quarter page ad. (Limit 10)

SAVE THE DATE

SAVE THE DATE

SAVE THE DATE

SAVE THE DATE

SAVE THE DATE

SAVE THE DATE

Tickets to the Black & White Ball

Deluxe Table Sponsor \$5,000

Table of twelve to the Ball and full-page ad, with premium location, Pre-Cocktail Hour from 5:30pm-6:00pm and table signage (Limit 5)

Black & White Ball Table Sponsor \$3,500

Table of ten to the ball and full page and table signage (Limit 3)

Ball Ticket \$275 each

Number of Tickets _____

Sponsor a staff Ball Ticket \$275 each

Number of Tickets _____

To Place an Ad

Full Page ad \$1000

6"W x 9" H

Half Page ad \$600

6"W x 4.5"H

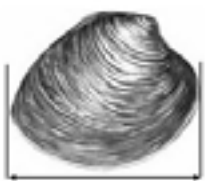
Quarter Page ad \$350

3"W x 4.5"H

Seashore Gardens Foundation benefits the residents of Seashore Gardens Living Center and is a 501 (c) (3) Organization Tax ID # 56-2424727

ATTENTION ANGLERS

2022 NJ Recreational Size Limits, Possession Limits & Seasons



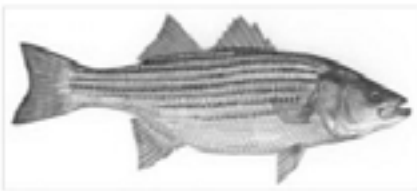
Hard Clam 1.5 inches

Recreational Limit – 150 clams
No harvest on Sunday
Shellfish license required

- Fish are measured from the tip of the snout to tip of the tail (except Black Sea Bass and Sharks).
- Filleting of fish with a minimum size limit at sea is prohibited. See the Marine Digest or the Fish & Wildlife website for exceptions.

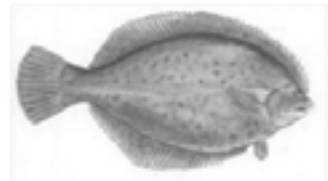


Tautog 15 inches
4 fish Jan. 1 – Feb. 28
4 fish Apr. 1 – Apr. 30
1 fish Aug. 1 – Nov. 15
5 fish Nov. 16 – Dec. 31



Striped Bass or Hybrid Striped Bass
1 fish at 28 inches to less than 38 inches
See Digest for Striped Bass Bonus Program and Circle Hook Requirements

Del. River and tributaries Calhoun St. Bridge, Trenton to Salem River and tributaries
 Open Mar. 1 – Mar. 31 & June 1 – Dec. 31



Winter Flounder
2 fish at 12 inches
Open Season: Mar. 1 – Dec. 31



Summer Flounder (Fluke)

Delaware Bay and Tributaries: 3 fish at 17 inches
Island Beach State Park: 2 fish at 16 inches
All Other Marine Waters: 2 fish at 17 inches to less than 18 inches, and 1 fish at 18 inches or greater
Open Season: May 2 – Sept. 27

Atlantic Ocean

0-3 miles from shore, no closed season
 Greater than 3 miles from shore, closed

All other marine waters, open Mar. 1 – Dec. 31

PROHIBITED SPECIES
 See the Marine edition of the NJ Fish & Wildlife Digest or Fish & Wildlife's website for a complete list.



Weakfish

1 fish at 13 inches

Open Season: Jan. 1 – Dec. 31



Shark

1 fish per vessel

See NMFS for size, season, and gear restrictions



Black Sea Bass

10 fish at 13 inches May 17 – June 19
2 fish at 13 inches July 1 – August 31
10 fish at 13 inches Oct. 7—Oct. 26
15 fish at 13 inches Nov. 1—Dec. 31

Other Species	Possession Limit	Total Length
American Eel	25	9"
Black Drum	3	16"
Cobia	1 per vessel	37"
Cod	NO LIMIT	21"
Haddock	NO LIMIT	18"
King Mackerel	3	23"
Pollock	NO LIMIT	19"
Red Drum	1	18 to less than 27"
River Herring	CLOSED	N/A
Scup (Porgy)	50	10"
Shad	6	NO LIMIT
Spanish Mackerel	10	14"
American Lobster	6	3 3/8" to 5 1/4" Carapace Length
Jonah Crab	50	4 3/4" Carapace Width

- No more than 3 American shad in Del. Bay, River & tributaries
- No American shad in all other waters

- LMA 4 Open Season: Jan. 1 - Apr. 29 & June 1 - Dec. 31
- LMA 5 Open Season: Jan. 1 - Jan. 31 & Apr. 1 - Dec. 31



Blue Crab

(measured point to point)
Peeler or Shedder — 3 inches
Soft — 3½ inches
Hard — 4½ inches

Recreation Limit — One Bushel

Crab pot/Trot line Seasons:
Delaware Bay & tributaries
Apr. 6 — Dec. 4
All other waters
Mar. 15 — Nov. 30



Bluefish

Private/Shore Angler - 3 fish
For-Hire Vessel - 5 fish
Open Season: Jan. 1 – Dec. 31

Register before fishing! It's free, easy, and required.
SaltwaterRegistry.nj.gov

New Jersey Department of Environmental Protection
 Fish and Wildlife
www.njfishandwildlife.com



Updated 5/13/2022

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LATE NIGHT STORE HOURS • DOCK SIDE SERVICE • RESERVATIONS NOT REQUIRED BUT STRONGLY SUGGESTED
 Fishing lessons available reservation only. Rod rentals also available daily! Take advantage of the local piers & surf access

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24' Bentley Pontoons - Up to 12 People
 Includes Map of Waters, Bucket, Net Bait Board, Knife,
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Cruising - Easy to Operate... We Show You How

CRUISING ONLY PONTOON

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 Max of 12 people! Dog friendly!

\$5 OFF
ANY BOAT RENTAL

Cannot be combined with any other offers.

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24' Pontoon Boat Rental (40hp / Max 12ppl) • Cruising Pontoon: 2hr \$450, 4hr \$650, Additional hr \$125
Fishing Pontoon: 2hr \$300, 4hr \$500, 6hr \$750, 8hr \$1050, Additional hr \$150
 Reservations required • Call 609-391-8300 • Please check out the website for FINfo!



Mate Jake doing a fishing lesson with lil Preston from Media PA

Seahorse found in the mud stuck to the anchor line on a pontoon boat... returned safely to sea!



Jason and his daughter Scarlett on her first fishing trip caught two keeper flukes!!

Mark & Jacob from Doylestown got themselves a keeper out on a pontoon!



The Boyle Family headed out for some fluke!



Vito bought some bait and headed to 2nd St Pier and got a keeper striper!



The Benner's from Philly were looking for crabs!



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- Some believe it is the right thing we do.

Whatever your reason, the need is constant and your contribution is important for a healthy and reliable blood supply. And you'll feel good knowing you've helped change a life. To learn more, visit www.redcross.org

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ATLANTIC

County Magazine

Pet of the Week



CAMDON

Camdon is a adult male beagle mix that is a happy go lucky boy. He came to us after the massive flooding in Kentucky that left many people homeless. He is part of two urgent rescue transports this week from Hazard Kentucky. Camdon is about 2 years old & 32 pounds and will probably be about 35 lbs once filled out.

Humane Society of Atlantic County • (609)347-2487
1401 Absecon Boulevard • Atlantic City, NJ
www.HumaneSocietyAC.org

1 Lucy Plaza (9200 Atlantic Ave.)
Margate, NJ 08402
(609)823-6473
www.LucyTheElephant.org

OPEN 10AM TO 5PM SUNDAY-THURSDAY
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INTERIOR OF LUCY EVERY
45 MINUTES BEGINNING AT 10:15AM.



Lucy the Elephant

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*Coupon must be surrendered at the time of purchase and may not be combined with any other offer. No cash value. Discount is limited to four (4) admission tickets. Gift Shop discount excludes the purchase of selected jewelry as well as Steven Weintraub (a.k.a. "The Winkler") and Aunt Evelyn books. Coupon expires December 31, 2022. Valid in-store only. Coupon Code: TVA
The Save Lucy Committee, Inc. received an operating support grant from the New Jersey Historical Commission, a division of the Department of State.

PPAWS - People & Puppies at Work for Sight "MEET THE PACK!"

Family Day at The Seeing Eye

Last Saturday was Family Day at The Seeing Eye! After two years of virtual events due to COVID-19, The Seeing Eye was so excited to welcome their puppy raisers back for the annual celebration of all our puppy raisers do for their mission. Training demonstrations, lectures, seminars, tours of The Seeing Eye campus, lunch and ice cream made it an inspiring and educational day. It also happens to be the 80th anniversary of The Seeing Eye Puppy Raising Program. Happy Anniversary!

The Seeing Eye breeds puppies specifically to be guide dogs for the blind. Only dogs that are bred, raised and trained by The Seeing Eye have the right and privilege to be called "Seeing Eye Dogs."

Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny. Their foster families teach basic obedience and expose them to a variety of social situations they will later encounter as working dogs. PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise these amazing puppies for The Seeing Eye.

If you are interested in raising a puppy for The Seeing Eye, contact Peter at (609)804-8774 for more information.





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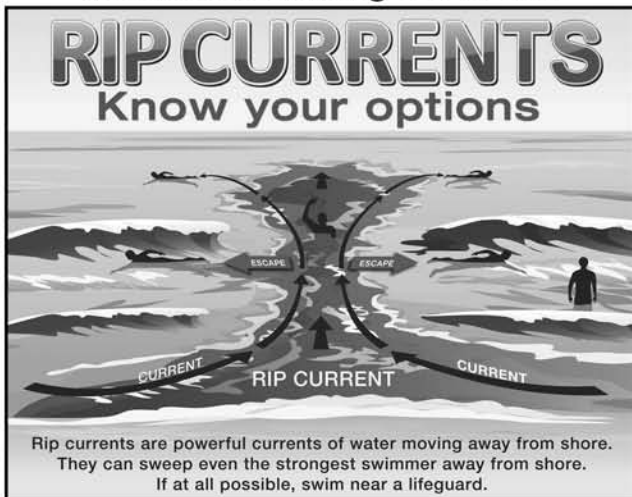
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RIP CURRENTS

HOW TO AVOID & SURVIVE

A rip current is a specific kind of water current that can occur near beaches with breaking waves. A rip current is a strong, localized, and narrow current of water which moves directly away from the shore, cutting through the lines of breaking waves like a river running out to sea.



- Check water conditions before going in by looking at the local beach forecast before you leave for the beach and talking to the lifeguard at the beach.
- Only swim at a beach with lifeguards. The chances of drowning at a beach with lifeguards are 1 in 18 million (U.S. Lifesaving Association).
- Don't assume! Great weather for the beach does not always mean it's safe to swim or even play in the shallows. Rip currents often form on calm, sunny days.
- Moving at speeds of up to eight feet per second, rip currents can move faster than an Olympic swimmer.
- Panicked swimmers often try to counter a rip current by swimming straight back to shore—putting themselves at risk of drowning because of fatigue.
- Lifeguards rescue tens of thousands of people from rip currents in the U.S. every year, but it is estimated that 100 people are killed by rip currents annually.
- If caught in a rip current, don't fight it! Swim parallel to the shore and swim back to land at an angle.



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Canned Tuna Fish, Salmon or Chicken
Baby Food & Formula (no glass jars)
Canned Meats & Meals (beef stew, ravioli, hash, etc)
Canned Fruits, Vegetables & Spaghetti Sauce

Non-Food Needs

Toothpaste, Shampoo, Soap & Deodorant
Dish & Laundry Detergents
Toilet Paper & Feminine Hygiene Products
Diapers (child & adult)

Donations can be dropped off
Mon-Fri, 9am-4pm & Sat, 9am-noon

6735 Black Horse Pike, Egg Harbor Township, NJ
Call 609-383-8843 for more information

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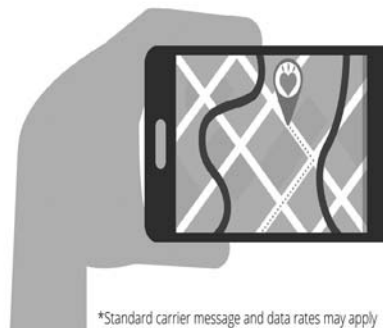
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MONDAY EVENING											AUGUST 22, 2022		
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Neighbor	Bob Heart	NCIS (DVS)	NCIS: Hawai'i	News	Late Show-Colbert			
6-ABC	News	ABC	Jeopardy!	Wheel	The Bachelorette (In Stereo) (DVS)		Claim to Fame	News	Jimmy Kimmel Live!				
10-NBC	News	NBC	News	Holly	American Ninja Warrior "National Finals 2"		Weakest Link	News	Tonight Show				
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10	Seinfeld	Two Men	Two Men	
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	America Outdoors		Memory Rescue With Daniel Amen, MD	NJ Spotl	One/One	World			
29-FOX	The Six	The Pulse	TMZ (C)	You Bet	Don't Forget		Beat Shazam	News	News	Feed	Extra		
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Roswell, NM		In the Dark (C)	News Philly	Law & Order: SVU	Mike			
A&E	(5:00) **½ "The Magnificent Seven"				**½ "The Accountant" (2016) Ben Affleck. (In Stereo) (C)				60 Days In (C)		"Ac		
AMC	"Beetle	**½ "Uncle Buck" (1989) John Candy. (C)				Kevin Can F...		*** "Beetlejuice" (1988) Michael Keaton.		Kevin Can			
CNN	Situation Room		E. B. OutFront		Anderson Cooper		CNN Tonight (C)		Don Lemon Tonight		Don Lemon Tonight		AC 360
DISC	Street Outlaws		Street Outlaws		Street Outlaws: Endgame "Get in the Game" (In Stereo) (C)				Street Outlaws (C)		Street		
DISN	Tangled	Tangled	Disney's Magi		***½ "Frozen" (2013) 'PG'		Hamster	Big City	Big City	Ladybug	Ladybug	Jessie	
ESPN	LLWS		Monday Night		NFL Preseason Football Atlanta Falcons at New York Jets. (Live)				SportsCenter		SportCtr		
ESPN2	SportsCenter (C)		2022 Little League Baseball World Series			X Games 2022 An		X Games 2022 An		Spikeball		30 for 30	
FNEWS	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live) (C)		The Ingraham Angle		Gutfeld! (C)		Fox News
FX	** "Skyscraper" (2018) Dwayne Johnson.				**½ "The A-Team" (2010) Liam Neeson. (In Stereo)				*** "Ted" (2012) Mark Wahlberg. (C)				
HBO	House	"Fantastic Beasts: The Secrets of Dumbledore" (C)				Industry (C)		House of the Dragon		Industry (C)		"We Will	
HIST	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Aliens
ION	MacGyver (C)		MacGyver (C)		MacGyver (C)		Leverage: Rdpt.		Leverage: Rdpt.		Leverage: Rdpt.		Leverage
LIFE	The First 48 (C)		The First 48 (C)		The First 48		Sleeping With		Phrogging: Hider		Phrogging: Hider		The First
MAX	"Hotel	"Escape Plan 2: Hades" (2018)			*** "Adventureland" (2009) (C)			**½ "Extract" (2009) (C)			**½ "Real Steel"		
NBCSPA	Birds	PreGame	MLB Baseball New York Mets at New York Yankees. (Live) (C)				Phil. Postgame		Birds	Short List	Baseball		
NICK	"Madagascar 3"		"SpongeBob Movie"			Friends	Friends	Friends	Friends	Friends	Friends	Friends	
PARMT	Two Men	Two Men	Two Men	Two Men	** "Tommy Boy" (1995) Chris Farley. (In Stereo) (C)				**½ "Major League" (1989) (In Stereo)				
TBS	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American
TCM	*** "Topper" (1937) Cary Grant. (C)				*** "Merrily We Live" (1938)			*** "What Price Hollywood?" (1932)			"Bed of Roses" (C)		
TNT	(5:30) **½ "The Intern" (2015)				*** "The Blind Side" (2009, Drama) Sandra Bullock.				*** "The Blind Side" (2009) (DVS)				
USA	Chicago P.D.		Chicago P.D.		WWE Monday Night RAW (In Stereo Live) (C)					Snake in the Grass		Chicago	

TUESDAY EVENING											AUGUST 23, 2022		
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	FBI "Fostered" (C)		FBI: International	FBI: Most Wanted	News	Late Show-Colbert			
6-ABC	News	ABC	Jeopardy!	Wheel	Cinderella: The		"Rodgers & Hammerstein's Cinderella"	News	Jimmy Kimmel Live!				
10-NBC	News	NBC	News	Race in	America's Got Talent "Qualifiers 3" (C)		Password (C)	News	Tonight Show				
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10	Seinfeld	Two Men	Two Men	
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Agatha Christie's Poirot (C)		The Goes	Great Performances	NJ Spotl	Here's	World		
29-FOX	The Six	The 215	TMZ (C)	You Bet	So You Think		Fantasy Island	News	News	Feed	Extra		
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Leonardo (In Stereo)		Devils "Episode 2"	News Philly	Law & Order: SVU	Mike			
A&E	The First 48 (C)		The First 48 (C)		The First 48 (C)		The First 48 (C)		The First 48 (C)		The First 48 (C)		First 48
AMC	(5:30) ** "Road House" (1989) (C)				*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer. (C)				**½ "Armageddon" (1998)				
CNN	Situation Room		E. B. OutFront		Anderson Cooper		CNN Tonight (C)		Don Lemon Tonight		Don Lemon Tonight		AC 360
DISC	Deadliest Catch (C)		Deadliest Catch		Deadliest Catch		Deadliest Catch (C)		Deadliest Catch "The Aftermath" (C)		Catch		
DISN	"Descendants 3" (2019) Dove Cameron.				*** "Mulan" (1998) 'G' (C)		Ladybug	Big City	Big City	Ladybug	Ladybug	Jessie	
ESPN	LLB World Series		2022 Little League Baseball World Series			ESPN Films				SportsCenter		SportCtr	
ESPN2	SportsCenter (C)		WNBA Basketball Playoffs: Teams TBA.			WNBA Basketball Playoffs: Teams TBA.				NFL Films		NFL Live (C)	
FNEWS	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live) (C)		The Ingraham Angle		Gutfeld! (C)		Fox News
FX	"A Team"	*** "Avengers: Infinity War" (2018) Robert Downey Jr. (In Stereo) (C)					Shadows	Shadows	Shadows	"Independence Day"			
HBO	"Death on the Nile"		Real, Bill Maher		**½ "Non-Stop" (2014) Liam Neeson.			Hard Knocks		REAL Sports		Industry	
HIST	Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn
ION	Chicago Fire (C)		Chicago Fire (C)		Chicago Fire (C)		Chicago Fire (C)		Chicago Fire (C)		Chicago Fire (C)		Chi. Fire
LIFE	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Anatomy
MAX	(5:45) *** "12 Years a Slave" (2013)				**½ "The Jacket" (2005)			*** "Red Eye" (2005) (C)		½ "R.I.P.D." (2013) (C)			
NBCSPA	Birds	PreGame	MLB Baseball Cincinnati Reds at Philadelphia Phillies. (Live) (C)				Phil. Postgame		Birds	Golf	Baseball		
NICK	"SpongeBob Movie"		"SpongeBob SquarePants"			Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	
PARMT	Two Men	Two Men	Two Men	Two Men	**½ "Major League" (1989) Tom Berenger. (C)				Movie (In Stereo) (C)				
TBS	Sheldon	Leadoff	MLB Baseball New York Mets at New York Yankees. (Live) (C)				MLB	Sheldon	Sheldon	Sheldon			
TCM	**½ "The Strip" (1951) Mickey Rooney.				*** "Strike Up the Band" (1940) (C)			**½ "Andy Hardy Gets Spring Fever"			"Boys		
TNT	(5:00) **½ "Armageddon" (1998)				*** "Ready Player One" (2018) Tye Sheridan. (C) (DVS)				Titans "Jericho"		"Ready"		
USA	Law & Order: SVU		Law & Order: SVU		WWE NXT (In Stereo Live) (C)				½ "Tyler Perry's A Madea Family Funeral" (2019)				

WEDNESDAY EVENING											AUGUST 24, 2022		
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Big Brother		The Challenge: USA		S.W.A.T.		News	Late Show-Colbert	
6-ABC	News	ABC	Jeopardy!	Wheel	Conners		Gold	Abbott	Home E.	Press Your Luck		News	Jimmy Kimmel Live!
10-NBC	News	NBC	News	Holly	America's Got Talent		Chicago Fire		Chicago P.D.		News	Tonight Show	
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Destinatio	Friends	Action News at 10		Seinfeld	Two Men	Two Men
23-PBS	NJ Spot!	Newsline	One/One	NJ Spot!	Price-Sil	Price-Sil	Mansfield Park		Grantchester		NJ Spot!	Drive	World
29-FOX	The Six	ClassH	TMZ	You Bet	MasterChef (In Stereo)			News		News	Feed	Extra	
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Mysteries Decoded		Welling	Welling	News Philly		Law & Order: SVU		Mike
A&E	Court	Court	Court	Court	Court	Court	Court Night Live (In Stereo Live)				Court	Court	Court
AMC	(5:00) *** "Tombstone" (1993)				***½ "The Fugitive" (1993, Action) Harrison Ford.				***½ "Gladiator" (2000)				
CNN	Situation Room		E. B. OutFront		Anderson Cooper		CNN Tonight		Don Lemon Tonight		Don Lemon Tonight		AC 360
DISC	Expedition Unknown		Expedition Unknown		Expedition Unknown		Mysteries of Deep		Mysteries of Deep		Expedition Unknown		Expedi
DISN	Rapunzel	Rapunzel's Tangled		Descen	"Beauty and the Beast" (1991)		Hamster	Big City	Big City	Ladybug	Ladybug	Jessie	
ESPN	LLB World Series		2022 Little League Baseball World Series				ESPN Films				SportsCenter		SportCtr
ESPN2	SportsCenter		WNBA Basketball Playoffs: Teams TBA.				WNBA Basketball Playoffs: Teams TBA.				NFL Live		30 for 30
FNEWS	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live)		The Ingraham Angle		Gutfeld!		Fox News
FX	(4:00) "Avengers: Infinity War"			*** "Deadpool" (2016) Ryan Reynolds. (In Stereo)				Welcome	Welcome	Welcome	Welcome	Welcome	
HBO	Hard	Rehearsal	*** "The Many Saints of Newark" (2021)			"Katrina Babies" (2022) 'NR'			Hard Knocks		House of the Dragon		
HIST	Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged
ION	Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue
LIFE	Castle		Castle "Kill Switch"		Married at First Sight		"Party Ways"		5 Guys a Week		Married at First Sight		Married
MAX	"Fight	"The Haunting in Connecticut"			** "War" (2007) Jet Li.		** "Disturbing Behavior"		*** "The Bourne Identity"				
NBCSPA	Birds	PreGame	MLB Baseball Cincinnati Reds at Philadelphia Phillies. (Live)				Phil. Postgame		Birds	In. Golf	Baseball		
NICK	"Spnge	**½ "Sonic the Hedgehog" (2020)			James Marsden.		Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	Movie (In Stereo)						Movie (In Stereo)		
TBS	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (Live)				BattleBots (In Stereo)			Sheldon	
TCM	***½ "Bullitt" (1968) Steve McQueen.				***½ "Day for Night" (1973)			*** "La cérémonie" (1995, Drama)			"Under		
TNT	Lucifer "Wingman"		Lucifer (DVS)		**½ "Terminator: Dark Fate" (2019) (DVS)				**½ "Total Recall" (2012) Colin Farrell.				
USA	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU

THURSDAY EVENING											AUGUST 25, 2022			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	
3-CBS	News	CBS	Inside Ed.	ET	Sheldon	Ghosts	Big Brother		CSI: Vegas		News	Late Show-Colbert		
6-ABC	News	ABC	Jeopardy!	Wheel	Press Your Luck			Generation Gap		The Con		News	Jimmy Kimmel Live!	
10-NBC	News	NBC	News	Eagles	Law & Order			Law & Order: SVU		Law & Order		News	Tonight Show	
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10		Seinfeld	Two Men	Two Men	
23-PBS	NJ Spot!	Newsline	One/One	NJ Spot!	Show Me	Show Me	True Colors: LGBTQ& Our Stories, Our			NJ Spot!	The Arts	World		
29-FOX	The Six	Kelly	TMZ	You Bet	MasterChef		Welcome to Flatch		News		News	Feed	Extra	
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Bump	Whose?	Great Chocolate		News Philly		Law & Order: SVU		Mike	
A&E	The First 48		The First 48		The First 48		60 Days In		Inmate to Roommate		The First 48		First 48	
AMC	(5:00) ***½ "The Fugitive" (1993)				*** "Star Trek Beyond" (2016) Chris Pine.				*** "Star Trek" (2009) Chris Pine.					
CNN	Situation Room		E. B. OutFront		Anderson Cooper		CNN Tonight		Don Lemon Tonight		Don Lemon Tonight		AC 360	
DISC	BattleBots		BattleBots		BattleBots (In Stereo)				BattleBots "Turning Up the Heat"				Battle	
DISN	Rapunzel	Rapunzel		Disney's Magi		"The Princess and the Frog"		Ladybug	Big City	Big City	Ladybug	Ladybug	Jessie	
ESPN	SportsCenter		2022 Little League Baseball World Series				Heisman	The Herbies Special		SportsCenter (Live)		SportCtr		
ESPN2	Daily Wager (Live)		Coll. Football		30 for 30		30 for 30		30 for 30		30 for 30		Herbies	
FNEWS	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live)		The Ingraham Angle		Gutfeld!		Fox News	
FX	(5:30) *** "Deadpool" (2016) (In Stereo)				**½ "The Fate of the Furious" (2017) Vin Diesel. (In Stereo)				"The Fate of the Furious"					
HBO	(5:50) ***½ "Jurassic Park" (1993)				House of the Dragon		***½ "King Richard" (2021) Will Smith. 'PG-13'						REAL Sports	
HIST	Mountain Men		Mountain Men		Alone: Frozen		Alone: Frozen		Alone	Alone	Alone: Frozen		Alone:	
ION	Chicago P.D.		Chicago P.D. "Safe"		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago	
LIFE	Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli	
MAX	"Un	** "After the Sunset" (2004)			** "Casa de mi padre" (2012)		"Borat: Cultural Learnings"			* "Just Married" (2003)				
NBCSPA	Birds	PreGame	MLB Baseball Cincinnati Reds at Philadelphia Phillies. (Live)				Phil. Postgame		Birds	Poker	Baseball			
NICK	"Sonic-Hedge"		**½ "Trolls World Tour" (2020)			Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
PARMT	Two Men	Two Men	Two Men	Two Men	**½ "The Hitman's Bodyguard" (2017) Ryan Reynolds.						To Be Announced			
TBS	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	
TCM	***½ "The Bad and the Beautiful"				** "Beauty and the Bandit"		"Robin Hood"		½ "Apache War Smoke" (1952)					
TNT	(5:30) **½ "Terminator: Dark Fate"				*** "Rampage" (2018, Action) Dwayne Johnson.				*** "Kong: Skull Island" (2017)					
USA	Law & Order: SVU		Law & Order: SVU		Chrisley	Chrisley	Chrisley	Fast Lane	Snake in the Grass		Chrisley	Chrisley	Fast Lane	

Fit Tip:

Do NOT skip meals!

When you skip meals your metabolism slows down and you're not burning calories like you should.

Your body thinks that you're starving so when you eat again, your body stores away more than usual resulting in more fat!

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Farro Caprese Salad

Ingredients:

- 2 cups farro
- 4 cups water
- 12 ounces cherry tomatoes quartered
- 10 ounces small fresh mozzarella balls quartered
- 1 clove garlic
- 1 cup basil leaves packed
- ¼ cup olive oil
- 2 tablespoons grated parmesan cheese
- 1 ½ tablespoons champagne vinegar
- Pinch crushed red pepper flakes
- Salt to taste
- ¼ cup pine nuts toasted

Instructions:

In a medium pot, combine the farro and the water with a large pinch of salt. Bring to a boil and then lower heat and simmer, covered, for 13-15 minutes or until the water has evaporated and the farro is tender. Remove from heat and let rest, covered, for 5 minutes. In a large bowl, toss together the cooked farro with the cherry tomatoes and mozzarella. To make the dressing, in the bowl of a food processor, combine the garlic and basil. Pulse until minced, scraping the sides of the bowl as needed. Add in the olive oil, parmesan cheese, champagne vinegar, and red pepper flakes. Pulse again until combined and smooth. Season to taste with salt. Toss the dressing with the farro salad. Serve topped with toasted pine nuts.



HEALTHFUL LIVING

A Weekly Guide to Health Awareness

YOGA POSE OF THE WEEK - Warrior I (Virabhadrasana I)

Warrior I strengthens the legs and upper arms, improves balance and core strength, stretches the muscles around the hips. You get a good stretch of both the front and rear thigh (quadriceps and hamstrings), hips, and chest, as well as a back extension of the erector spinae muscle. It is a hip opener, which is a good antidote for sitting all day. This pose can be therapeutic if you have sciatica. It is also an energizing pose, allowing better breathing and circulation. The critical thing to remember in Warrior I is that the hips face forward. Think of your hip points as headlights—they should be roughly parallel with the front of your mat. This may require you to take a wider stance.



VITAMIN HIGHLIGHT - Niacin (Vitamin B3)

Vitamin B3 helps maintain healthy skin and is also important for nerve function. It also has cholesterol-lowering properties, reducing the risk of cardiovascular disease. The active forms of vitamin B3 are known as nicotinic acid and niacinamide.

Vitamin B3 can be found in meat, fish, eggs, avocado, nuts, legumes, and potatoes.

MENTAL HEALTH CHECK-IN

What were the most important things you have made happen in your life?

TREATMENT SERVICES

In an emergency, please dial 911.

NJ Hope Line: 855-654-6735 • njhopeline.com

ReachNJ: 844-732-2465 • reachnj.gov

IME Addictions Access Center: 844-276-2777

NJ Connect for Recovery: 855-652-3737
njconnectforrecovery.org

988 Suicide & Crisis Lifeline: 988 • 988lifeline.org
(Formerly: National Suicide Hotline: 800-273-8255)

NJ Mental Health Cares: 866-202-HELP (4357)
njmentalhealthcares.org

Council on Compulsive Gambling of NJ:
800-GAMBLER (426-2537) • 800gambler.org

Veterans Counseling Hotline: 866-VETS-NJ4
(838-7654) • njvet2vet.com

National Domestic Violence Hotline:
800-799-7233 • thehotline.org

HEALTHFUL LIVING

A Weekly Guide to Health Awareness

Pan-Seared Salmon with Kale and Apple Salad

The star of this dish is the kale salad. It's crunchy, tangy and sweet!

Level: Easy Prep: 20 min. Cook: 10 min. Yield: 4 servings

Ingredients

- Four 5-ounce center-cut salmon fillets (about 1-inch thick)
- 3 tablespoons fresh lemon juice
- 3 tablespoons olive oil
- Kosher salt
- 1 bunch kale, ribs removed, leaves very thinly sliced (about 6 cups)
- 1/4 cup dates
- 1 Honeycrisp apple
- 1/4 cup finely grated pecorino
- 3 tablespoons toasted slivered almonds
- Freshly ground black pepper
- 4 whole wheat dinner rolls

Nutritional Analysis	Per Serving
Calories	620 calories
Total Fat	36 grams
Saturated Fat	8 grams
Cholesterol	85 milligrams
Sodium	730 milligrams
Carbohydrates	40 grams
Dietary Fiber	7 grams
Protein	30 grams

Directions:

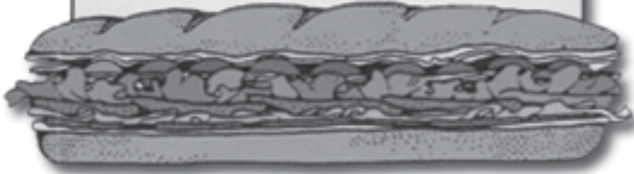
1. Bring the salmon to room temperature 10 minutes before cooking.
2. Meanwhile, whisk together the lemon juice, 2 tablespoons of the olive oil and 1/4 teaspoon salt in a large bowl. Add the kale, toss to coat and let stand 10 minutes.
3. While the kale stands, cut the dates into thin slivers and the apple into matchsticks. Add the dates, apples, cheese and almonds to the kale. Season with pepper, toss well and set aside.
4. Sprinkle the salmon all over with 1/2 teaspoon salt and some pepper. Heat the remaining 1 tablespoon oil in a large nonstick skillet over medium-low heat. Raise the heat to medium-high. Place the salmon, skin-side up in the pan. Cook until golden brown on one side, about 4 minutes. Turn the fish over with a spatula, and cook until it feels firm to the touch, about 3 minutes more.
5. Divide the salmon, salad and rolls evenly among four plates.



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SPORTS STUMPERS

Athlete politicians

By George Dickie

Questions:

- 1) What longtime forward for the New York Knicks went on to represent New Jersey in the U.S. Senate?
- 2) This one-time vice presidential candidate quarterbacked four NFL teams. Name him.
- 3) This former Kentucky senator is a member of the Baseball Hall of Fame. Who was he?
- 4) What former California congressman won an Olympic gold medal in the decathlon?
- 5) What crafty lefty pitched for three Major League teams and represented North Carolina in the House?
- 6) This former Oklahoma congressman is a two-time MVP of the Orange Bowl. Can you name him?
- 7) This retired Minnesota Supreme Court judge was once a defensive lineman for the Vikings. Who is he?
- 8) He's from Nebraska, coached the Cornhuskers and had seat in the House. What's his name?
- 9) He caught passes in Seattle, and represented Oklahoma in the House. Who is he?
- 10) What former NBA big man was a congressman from Maryland?

Answers:

- 1) Bill Bradley
- 2) Jack Kemp
- 3) Jim Bunning
- 4) Bob Mathias
- 5) Wilmer "Vinegar Bend" Mizell
- 6) J.C. Watts
- 7) Alan Page
- 8) Tom Osborne
- 9) Steve Largent
- 10) Tom McMillen



FRI, AUG 19	@ NY METS	7:05PM
SAT, AUG 20	@ NY METS	7:15PM
SUN, AUG 21	@ NY METS	1:05PM
MON, AUG 22	VS CINCINNATI	7:05PM
TUES, AUG 23	VS CINCINNATI	7:05PM
WED, AUG 24	VS CINCINNATI	7:05PM

THU, AUG 25	VS CINCINNATI	7:05PM
FRI, AUG 26	VS PITTSBURGH	7:05PM
SAT, AUG 27	VS PITTSBURGH	6:05PM
SUN, AUG 28	VS PITTSBURGH	1:35PM
MON, AUG 29	@ ARIZONA	9:40PM
TUES, AUG 30	@ ARIZONA	9:40PM
WED, AUG 31	@ ARIZONA	9:40PM
FRI, SEPT 2	@ SAN FRANCISCO	10:15PM
SAT, SEPT 3	@ SAN FRANCISCO	4:05PM
SUN, SEPT 4	@ SAN FRANCISCO	4:05PM
TUES, SEPT 6	VS MIAMI	6:45PM
WED, SEPT 7	VS MIAMI	6:45PM
THU, SEPT 8	VS MIAMI	6:45PM
FRI, SEPT 9	VS WASHINGTON	7:05PM

SAT, SEPT 10	VS WASHINGTON	6:05PM
SUN, SEPT 11	VS WASHINGTON	1:05PM
TUES, SEPT 13	@ MIAMI	6:40PM
WED, SEPT 14	@ MIAMI	6:40PM
THU, SEPT 15	@ MIAMI	6:40PM
FRI, SEPT 16	@ ATLANTA	7:20PM
SAT, SEPT 17	@ ATLANTA	7:20PM
SUN, SEPT 18	@ ATLANTA	1:05PM
TUES, SEPT 20	VS TORONTO	6:45PM
WED, SEPT 21	VS TORONTO	6:45PM
THU, SEPT 22	VS ATLANTA	7:15PM
FRI, SEPT 23	VS ATLANTA	7:05PM
SAT, SEPT 24	VS ATLANTA	4:05PM
SUN, SEPT 25	VS ATLANTA	1:05PM

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