

# ATLANTIC

## County Magazine

MARCH 20, 2026

Entertainment • Attractions • Dining • TV Listings

FREE



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 Feta al Forno • Carciofi alla Romana • Rappi & Salsiccia

~ MAIN DISHES ~  
 Gnocchi alla Sorrentina - fluffy potato pillows in a creamy blush sauce with parm cheese  
 Salsiccia e Rappi - homemade penne pasta, broccoli rabe, italian sausage, garlic & oil  
 Pollo alla Parmigiana - breaded chicken cutlet under tomato sauce and melty mozzarella  
 Rigatoni alla Bolognese - handmade rigatoni pasta in a slow simmered meat ragu  
 Cacio e Pepe - linguine tossed in pecorino romano cheese and black pepper sauce  
 Risotto al Funghi - creamy alborio rice, porcini mushrooms finished with parmigiano cheese  
 Linguine alla Vongole - little neck clams, linguine pasta in a garlic white wine sauce  
 Saltimbocca di Pollo - sauteed chicken breast, prosciutto, sage, white wine sauce  
 Salmon Piccata - sauteed salmon fillet, in a tangy lemon caper sauce over spinach

~ DRINKS ~  
 Cabernet Sauvignon \$9 | Chianti \$9  
 Prosecco \$8 | Pinot Grigio \$8 | Sauvignon Blanc \$8 | Chardonnay \$8  
 Dirty Martini \$9 | Old Fashioned \$9 | Negroni \$9

**Happy Hour**

~ SMALL PLATES ~  
 Bruschetta \$6 - fresh tomatoes, basil, garlic, crostini, parm  
 Classic Caesar Salad \$6 - romaine, romano, croutons, caesar  
 Feta al Forno \$7 - baked feta, roasted red peppers, olives, tomato, oregano, pita bread  
 Gnocchi alla Sorrentina \$12 - fluffy potato pillows in a creamy blush sauce with parmigiano reggiano  
 Burrata \$9 - warm burrata, roasted peppers, pistachio, balsamic  
 Calamari Fritti \$9 - tender rings of calamari with zesty aioli  
 Carciofi alla Romana \$8 - grilled roman artichoke, anagula, lemon-infused olive oil, pecorino romano  
 Truffle Parm Fries \$7 - crispy fries with truffle oil & shaved parm  
 Lobster Formaggio \$16 - penne baked in lobster cream sauce  
 Rigatoni alla Gricia \$14 - rigatoni, guanciale, pepper, romano

~ DRINKS ~  
 Cabernet Sauvignon \$8 | Chianti \$9  
 Prosecco \$8 | Pinot Grigio \$8 | Sauvignon Blanc \$8  
 Allagash \$6 | Surfside \$6 | White Claw \$6 | Chardonnay \$8  
 Espresso Martini \$9 | Dirty Martini \$9

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# ATLANTIC COUNTY CALENDAR

## ATLANTIC CITY

### March 20 - 21: Miles Chamley-Watson Cup

Atlantic City Convention Center

Premier youth fencing event created by Olympic champion Miles Chamley-Watson, bringing young athletes together for a high-energy, competitive showcase in Atlantic City. The tournament highlights emerging talent, promotes access to the sport, and supports the next generation of fencers through a dynamic and inspiring competition environment. Proceeds go to the Fencers Club Scholarship Fund to support young athletes in their fencing development. Sanctioned by USA Fencing and held at the Atlantic City Convention Center, giving it high visibility and prestige. Features multiple divisions (e.g., Youth 10, Youth 14, Division II), making it accessible for a wide age range of fencers.

### Saturdays, Now - April 11: SatARTdays- Free Kids' Art Classes

The Noyes Arts Garage of Stockton University

A series of six free children's art classes will take place every Saturday from 12:00 p.m. - 1:00 pm at the Noyes Arts Garage of Stockton University, led by a professional artist. Classes run for six weeks, beginning March 7 and ending April 11, and are open to children ages 5-12. Registration is required and space is limited; ticket reservations open Friday, February 20 at 12:00 p.m. A parent or guardian must remain in the building during class. If you need to cancel, please email [jenavieve@noyesmuseum.org](mailto:jenavieve@noyesmuseum.org) so another child may attend. See you SatARTday!

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Peanut Butter & Jelly (in plastic jars)  
Canned Tuna Fish, Salmon or Chicken  
Baby Food & Formula (no glass jars)  
Canned Meats & Meals (beef stew, ravioli, hash, etc)  
Canned Fruits, Vegetables & Spaghetti Sauce

### Non-Food Needs

Toothpaste, Shampoo, Soap & Deodorant  
Dish & Laundry Detergents  
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# ATLANTIC COUNTY MAGAZINE

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2026

# ENTERTAINMENT A.C.

2026

## BOARDWALK HALL

3/28 - FANTASIA & ANTHONY HAMILTON  
4/11 - SAMPSON BOXING: MIELNICKI VS. HUERTA

## HARRAH'S:

3/26&27 - MISS INTERNATIONAL  
QUEEN USA PAGEANT

## BORGATA:

3/21 - CHYI CHIN  
3/28 - SWITCHFOOT  
4/3 - ANDREW SANTINO  
4/4 - DEON COLE  
4/10 - JUMP - AMERICA'S VAN HALEN EXPERIENCE

## HARD ROCK:

3/21 - BRIT FLOYD THE MOON,  
THE WALL AND BEYOND  
3/28 - YACHT ROCK REVUE  
4/3 - DIERKS BENTLEY  
4/4 - JANE ZHANG  
4/10 - BAILEY ZIMMERMAN  
4/17 - RICARDO ARJONA  
4/18 - KAL HO NA HO  
4/24 - KANE BROWN

## TROPICANA:

4/3 - TOWER OF POWER & WAR  
4/20 - FAMOUS DUETS  
4/25 - BEST OF THE EAGLES

## OCEAN RESORT

3/28 - SMOKEY ROBINSON  
4/3&4 - BERT KREISCHER  
4/11 - PUSCIFER  
4/17 - AARON LEWIS AND THE  
STATELINERS  
4/24 - TONY HINCHCLIFFE

## CAESARS:

ONGOING - THE HOOK

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# HOROSCOPE

MARCH 19 - 25, 2025

**ARIES (Mar. 21-April 20)**

Daily routines begin showing stronger results as recent efforts take hold. Small wins reinforce larger goals. Stay focused on efficiency rather than adding more to your plate. Structure supports long-term momentum.

**TAURUS (Apr. 21-May 21)**

Shifts behind the scenes begin influencing your next steps. Something that once felt stalled now shows signs of progress. Keep your focus on what's within your control. Quiet persistence delivers results.

**GEMINI (May 22-June 21)**

A change in perspective helps untangle recent confusion. Conversations bring clarity, especially around shared expectations. Take the time to confirm details before moving forward. Understanding replaces uncertainty.

**CANCER (June 22-July 22)**

Outside demands increase, requiring a stronger sense of balance. Prioritize what truly matters instead of reacting to everything at once. Emotional steadiness keeps situations manageable. Focus brings relief.

**LEO (July 23-Aug 22)**

Opportunities to expand your reach begin to surface. Whether personal or professional, growth comes through stepping slightly outside your comfort zone. Stay open without overcommitting. Confidence guides your next move.

**VIRGO (Aug. 23-Sept. 23)**

A deeper level of awareness reshapes how you approach current goals. What once felt uncertain now feels more manageable. Take things one step at a time. Progress builds through thoughtful effort.

**LIBRA (Sept. 24-Oct. 23)**

Energy shifts toward strengthening important connections. Someone may look to you for clarity or support. Keep communication direct and balanced. Cooperation creates forward movement.

**SCORPIO (Oct. 24 - Nov. 22)**

Details demand closer attention as plans take shape. Small adjustments now prevent larger issues later. Stay focused on accuracy rather than speed. Precision works in your favor.

**SAGITTARIUS (Nov. 23-Dec. 21)**

A lighter energy surrounds creative or personal pursuits. Something enjoyable may turn into something more meaningful. Allow yourself to follow what feels natural. Enthusiasm fuels progress.

**CAPRICORN (Dec 22.- Jan. 20)**

Attention turns toward responsibilities that require your steady hand. A situation may call for leadership without overexertion. Stay grounded in your approach. Reliability strengthens your position.

**AQUARIUS (Jan. 21-Feb. 19)**

New information changes how you view a recent situation. A conversation or insight opens the door to a different direction. Stay flexible as plans evolve. Adaptability leads to better outcomes.

**PISCES (Feb. 20-Mar. 20)**

Focus shifts toward practical matters that need attention. Financial or resource-based decisions benefit from a clear plan. Take a steady approach rather than rushing. Stability grows through careful choices.



# TV CHALLENGE



The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

**Across**

1. Camera lens cover
4. Money holder
8. Freon, for one
11. \_\_\_ carte
12. Unknown author: Abbr.
13. 2011 Blu movie
14. Where trolls may lurk
17. Ducky place to be?
18. "Right-o!"
19. Birch's son
21. Old you
24. Pa's spouse
25. "\_\_\_ It Was" (2022 #1 hit)
26. "\_\_\_ this thing on?"
27. Male pronoun
28. Type of pilot
30. Repayment reminders
32. Sentence starter
34. NBC comedy series
35. Decorative wall covering
41. Grocery chain
42. "And what's he then that says I play the villain?" speaker of a Shakespeare play
43. Brass hat
44. "Tricked you!"
45. Mouthful, as of tobacco
46. Abbreviation at an airport

5. Lee in Hollywood
6. Combatant
7. Person who doesn't identify as male or female, for short
8. Plotter's output
9. Demeanor
10. Green piece?
15. Catch some rays
16. Suburban
19. Beam
20. Urn, for instance
22. Aloha Tower locale
23. Consumes completely, with "up"
29. Mar. 17 honoree
31. Martini insert
33. Heiden or Hoffer
34. Symbol of whiteness
35. Olympics souvenir
36. Back
37. Sarcastic snort
38. What candles may represent
39. Louse-to-be
40. Student's stat.

**Down**

1. Rotating piece
2. Kind of brew
3. Tortellini or bucatini
4. Former Swedish automaker



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**FRIDAY, MARCH 20TH • 4PM  
SHUFFLEBOARD X's**

**SATURDAY, MARCH 21ST • 6PM  
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LET'S HOP INTO  
SPRING!



---

**Atlantic County Magazine's 2026 Spring Coloring Contest**

**How does the contest work?** All entries must be received by Wed, March 25, 2026.

One entry per child. To enter, take a picture of your child holding up their completed coloring page and email it to [atlanticcountymagazine@comcast.net](mailto:atlanticcountymagazine@comcast.net) with the subject "Coloring Contest." Be sure to include child's name, age and what's their favorite about Spring. **Are there prizes?**

Yes! The winner will be featured in Atlantic County Magazine as "Child of the Week" with their art!

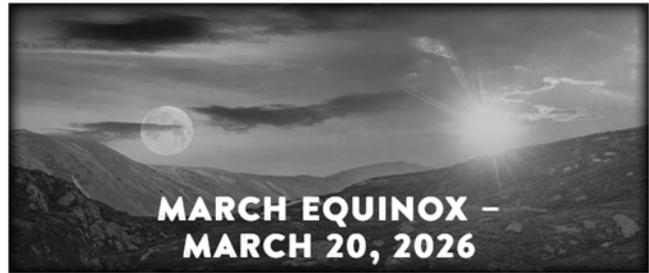
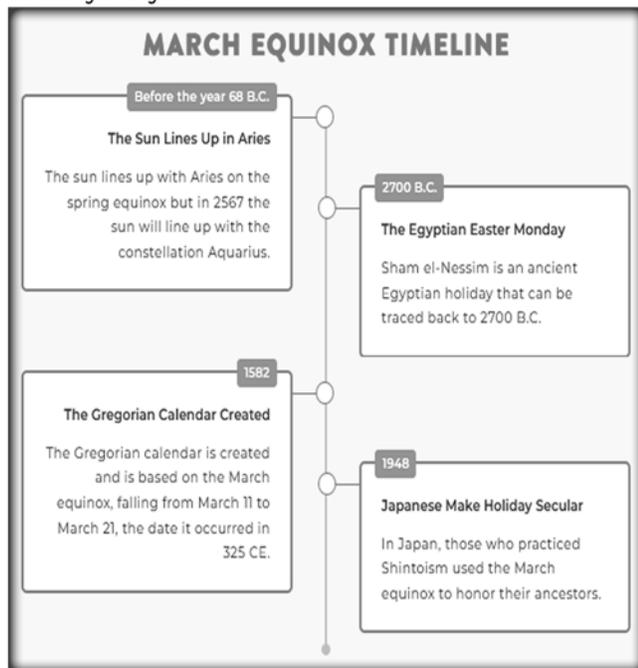
The March Equinox is an annual celebration that occurs on March 20. In the Northern Hemisphere, the March Equinox is referred to as the vernal equinox. It marks the start of Spring in the Northern Hemisphere and the autumn season in the Southern Hemisphere. It marks the Sun's crossing above the Earth's equator, moving from south to north. Like all equinoxes, the March equinox is distinctive in that it has almost exactly the equal amount of daylight and nights across many latitudes of Earth.

**History of March Equinox**

Wherever you may be on Earth, the equinox brings us several seasonal effects which have been noticeable to nature lovers around the globe for years. The word 'equinox' originates from two Latin words: 'aequus' meaning equal and 'nox' meaning night. The literal meaning is 'equal night'. Our ancestors, who had far less precise timekeeping than we do, believed that night and day were equal. But today we know this is not true.

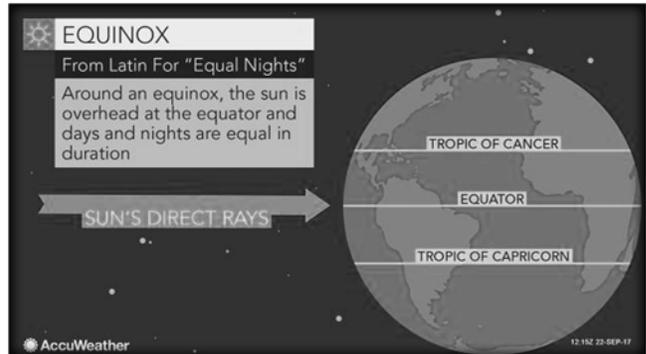
People have been celebrating the March Equinox for centuries and since it is associated with spring the festivals tend to celebrate fertility and agriculture. The Romans used this day to celebrate their goddess Cybele who has driven around in a chariot drawn by lions. Ancient Persia in roughly 550 B.C., celebrated the vernal equinox as Nowruz, their New Year. Modern Iranians still celebrate this time as their New Year. During the era of the Shang Dynasty, which ruled China from 1600 to 1046 B.C., it was believed that the spring equinox marked a mythic beginning, a type of 'start of their line'. Jews in the 12th Century believed that the spring equinox marked the day in the year in which the Biblical plague that turned Egypt's water into blood occurred.

The festival of 'Holi' is the March equinox festival in India. This is celebrated in honor of various Hindu deities and legends. It signals the triumph of Good vs Evil, the most notable being the legend of Krishna and Rhada. Ancient cultures had great awareness of nature, the seasons, and the movement of the celestial bodies. Many built sites that had a glaringly obvious use: that of a calendar. These were often aligned to display shafts of sunlight during solstices and equinoxes. Examples of these are Chichen Itza in Mexico, Mnajdra Temples in Malta, and Stonehenge in England.



**March Equinox Activities**

- Spring Clean - The March equinox is the perfect time to give your house an overhaul. Start by decluttering your house.
- Do some gardening - Growth symbolizes triumph over death and being reborn therefore it has become a tradition to plant seeds at this time of the year. Add some colorful flowers to your garden to celebrate spring.
- Visit ancient sites - Various ancient sites are linked to March equinox celebrations and traditions. Pack a bag, call a friend or two and set out on an adventure.



**5 Facts About The March Equinox**

- 1 - The sun rises and sets the fastest - The fastest sunsets and sunrises occur during this time of the year.
- 2 - Spring occurs on two different days - There are two different calendars: the astronomical and the meteorological calendar. If we go by the astronomical calendar, spring will fall on March 20 but if we go by the other, spring will occur on March 1.
- 3 - It's Mother's day - In Arab countries, Mother's Day is often observed on the March equinox.
- 4 - It marks the middle of Spring - In East Asian countries the March equinox marks the halfway point of spring.
- 5 - It signals the start of a festival - Boatyard employees and sailboat owners in the U.S hold the Burning of the Socks festival where socks are burnt to celebrate the warmer weather.

**Why We Love March Equinox**

- It is celebrated around the world - The March equinox is celebrated by many cultures around the world. We love that it has a unifying factor.
- It signals new beginnings - The March equinox symbolizes growth and new beginnings. It is a clear marker of the change from winter to spring.
- Days are longer - Along with longer days, the weather starts to warm up as well. Nature reflects this change with the blooming of new flowers and plants.

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**Aryiane H.**  
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Schedule  
2026

Happy Hour  
Mon-Fri  
2-6PM

MON **QUIZZO @ 7:00**

TUE **KARAOKE WITH LORI KELLEY @ 7**

WED **OPEN MIC @ 7**  
**KARAOKE @ 8:30 WITH DJ DRUMATIC**  
**(ROTATES EVERY WEEK)**

THU **BINGO @ 6:30 WITH DJ WILL**  
**FREE POKER @ 7**

FRI **FRIDAY NIGHT VIBES**  
**DJ DRUMATIC @ 9**

SAT **BRUNCH @ 11-3**

SUN **FREE BINGO WITH TROY**  
**@ 1PM**

**HAPPY HOUR** **MONDAY-FRIDAY**  
**2PM-6PM**

**DRINKS**

- \$3.00 DOMESTIC DRAFTS
- \$3.50 DOMESTIC BOTTLES
- \$5.00 IMPORT BOTTLES
- \$5.00 WHITE CLAWS
- \$7.00 TITO DRINKS
- \$6.00 HOUSE WINE

**FOOD**

SANDWICHES (SERVED WITH CHIPS)

- \$6.00 6" MEATBALL SUB
- 6" SAUSAGE PEPPERS/ONIONS SUB
- 6" CHICKEN PARM SUB
- (2) PULLED PORK SLIDERS
- \$7.00 (2) CHEESE STEAK EGG ROLLS
- \$5.00 BASKET OF FRIES
- \$5.00 (5) MOZZARELLA STICKS
- \$7.00 (6) PORK POT STICKERS

# HEALTHFUL LIVING

A Weekly Guide to Health Awareness

## YOGA POSE OF THE WEEK - Warrior I (Virabhadrasana I)

The critical thing to remember in Warrior I is that the hips face forward. Think of your hip points as headlights; they should be roughly parallel to the front of your mat. This yoga pose may require you to take a wider stance.



## VITAMIN HIGHLIGHT - Calcium

Its strength makes it the building block for your bones and teeth. It's also key to make muscles move, including your heart. Get calcium from milk, cheese, yogurt, and other dairy foods, and from green vegetables like kale and broccoli. How much you need depends on your age and gender. Check with your doctor about whether you should take a supplement.

## MENTAL HEALTH CHECK-IN

Did my actions align  
with my values and goals today?

## TREATMENT SERVICES

In an emergency, please dial 911.

**NJ Hope Line:** 855-654-6735 • [njhopeline.com](http://njhopeline.com)

**ReachNJ:** 844-732-2465 • [reachnj.gov](http://reachnj.gov)

**IME Addictions Access Center:** 844-276-2777

**NJ Connect for Recovery:** 855-652-3737  
[njconnectforrecovery.org](http://njconnectforrecovery.org)

**988 Suicide & Crisis Lifeline:** 988 • [988lifeline.org](http://988lifeline.org)  
(Formerly: National Suicide Hotline: 800-273-8255)

**NJ Mental Health Cares:** 866-202-HELP (4357)  
[njmentalhealthcares.org](http://njmentalhealthcares.org)

**Council on Compulsive Gambling of NJ:**  
800-GAMBLER (426-2537) • [800gambler.org](http://800gambler.org)

**Veterans Counseling Hotline:** 866-VETS-NJ4  
(838-7654) • [njvet2vet.com](http://njvet2vet.com)

**National Domestic Violence Hotline:**  
800-799-7233 • [thehotline.org](http://thehotline.org)



A special public program on Friday, March 20, 2026, will give area residents the chance to take a closer look at one of Atlantic City's most fascinating and often overlooked chapters of history. Hosted at the Noyes Arts Garage of Stockton University, the event will feature a private tour and presentation of Camp Boardwalk: Atlantic City During World War II, led by historian Dr. Patricia Chappine.

The free off-site program begins at 11 a.m. at the Noyes Arts Garage, located at 2200 Fairmount Avenue in Atlantic City. While admission is free, RSVPs are required.

The exhibition explores how Atlantic City was dramatically transformed during World War II, when the shore resort became a major center for military training, medical care, and wartime service. During those years, many of the city's grand hotels were repurposed as training and redistribution centers, while the Thomas M. England General Hospital was established to care for wounded and

recovering soldiers returning from overseas. The wartime role was so significant that the city earned the nickname "Camp Boardwalk."

Dr. Chappine, the exhibit's curator, will guide attendees through the story and offer behind-the-scenes insight into the research and themes behind the presentation. She is also currently working with the Historical Society of Hammonton as part of its community history project, adding another local connection to the program.

In addition to military operations and medical care, the exhibit highlights the essential contributions of local residents on the home front - especially women and African American men and women, whose work as nurses, Red Cross volunteers, USO hostesses, members of the Women's Army Corps and Navy WAVES, and in both civilian and military defense roles helped shape the wartime experience in South Jersey. By centering those voices, the exhibition broadens the traditional narrative of World War II and brings greater attention to people whose stories are too often left out.

After the presentation, attendees are encouraged to spend time exploring the Noyes Arts Garage itself, which includes working artist studios, shops, and the African American Heritage Museum of Southern New Jersey. Free parking will be provided for guests courtesy of the Noyes Museum.

To RSVP, visit [historicalsocietyofhammonton.org](http://historicalsocietyofhammonton.org). The program offers a timely opportunity to connect with local history and gain a deeper understanding of Atlantic City's wartime past.

The Greater Atlantic Partnership Coalition  
& the Noyes Arts Garage of Stockton  
University Present:

## Choose Adventure, Not Alcohol

### Public Service Announcement- Art Contest

Choosing adventure over alcohol empowers middle school students to explore their potential, make safe choices, and create lasting memories- all while having fun and staying healthy.

#### What to Submit:

Create an original piece of art (2-D up to 11x14) that captures curiosity, courage and the joy of discovering new things, reminding students that the "adventure" in life is far more exciting than taking risks with alcohol.  
**Submission deadline April 6th.**

**Reception & Awards:**  
Noyes Arts Garage of  
Stockton University  
2200 Fairmount Ave.  
Atlantic City  
Saturday, May 9th  
1pm - 2pm

#### Art Exhibit:

Student artwork will be displayed at the **Noyes Arts Garage of Stockton University** from April 15th - May 10th. Artwork will be voted on by GAP Coalition members and top (3) winners will receive gift cards and be acknowledged at the reception in May. The winning student will also have their artwork displayed on a billboard in their community.

*Open to all Atlantic  
County students,  
grades 6-8*

For questions or to submit artwork, contact Jennifer at [jtacnj@atprev.org](mailto:jtacnj@atprev.org)



arts garage  
STOCKTON UNIVERSITY

## Open Call

### DIGITAL PLANT & FLORAL DRAWINGS Growth - Pop Up Exhibition

Submission is open till April 19th, 2026

**See profile link for more details**  
Studio #16 The Contemporary Art & Technology Gallery  
in Noyes Arts Garage of Stockton University

# BOATING CLASSES

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# SUDOKU

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

	6	7		9	1			
	1			5	2		4	3
4					7			
6	9	1		3		4		2
5		4		2		3	6	1
				2				5
2	3		5	7				9
			9	4		2	7	

# WORD SEARCH

I I R E N I D A N E S I R A P  
A R E T S E R O F D O O N B D  
L T L T I K A E M O O R O R Y  
E N R E T H G U A D K S A A D  
R A K B Y S O S N N I R S C S  
O U B A H U N T Z B E R G E R  
L U T B U O F A N G F R M B J  
Y N O N S Y L R R T E A I R U  
A O N A A A Y S T H J E S I L  
T T E L Y G T H T T R E S D H  
E L E Y C D O O S E L L P G O  
G I M E A R M L L D O N A E D  
U H M I C H E L O K N D T N E  
V C O F F E E O K I R K T E E  
N T U A L G P W E M I L Y L Y

## Gilmore Girls

BABETTE	DRAGONFLY	KIM	PARIS
BRACEBRIDGE	EMILY	KIRK	POODLES
CHILTON	FORESTER	LANE	RORY
COFFEE	GELLER	LOGAN	SOOKIE
DANES	GERARD	LORELAI	ST. JAMES
DAUGHTER	GLEASON	LUKE	STARS
DEAN	HUNTZBERGER	MICHEL	HOLLOW
DINER	INN	MISS PATTY	TAYLOR
DOOSE	JESS	MOTHER	YALE

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**FRIDAY EVENING**

**MARCH 20, 2026**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
<b>3-CBS</b>	News (N)	CBS-News	NCAA M. Basketball First Round: Teams TBA (N) (Live)				NCAA M. Basketball First Round: Teams TBA (N) (Live)				News (N)		
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel (N)	Jeopardy! (N)		20/20 (N)			News (N)	(:35) J. Kimmel		
<b>10-NBC</b>	NBC10Ne..	NBC News	NBC10Ne..	Hollywood	Happy's	Stumble	Dateline NBC (N)			NBC10Ne..	(:35) Tonight Show		
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Fightin'	Penn & Teller		Remarkable Women	Action News at 10 (N)		Union	Mod Fam	Two Men	
<b>23-PBS</b>	America	NJ Spot!	One on O..	NJ Spot!	Father	(:50) Midsomer "Who Killed Cock Robin?"		Women	NJ Spot!	One on O..	Newsline		
<b>29-FOX</b>	News (N)	Phantastic	Special	TMZ (N)	Doc "Good Hands"		Best Medicine		News (N)	Special	News (N)	Mike	Kelly (N)
<b>57-CW</b>	Family	Family	Family	Family	Philadelphia (N)		Perfect	Perfect	Family	Family	Ghosts	Neighbor	Connors
<b>A&amp;E</b>	Alaska-Trooper		Alaska-Trooper		Alaska-Trooper		Alaska-Trooper		Alaska-Trooper		(:05) Alaska-Trooper		
<b>AMC</b>	(:5:45) **** Police Academy ('84)				**** Trading Places ('83) Eddie Murphy, Dan Aykroyd.				**** Coming to America ('88)				
<b>CNN</b>	Jake Tapper (N) (Live)		OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN (N) (Live)		Laura (N) (Live)		Story Is
<b>DISC</b>	Gold Rush		Gold Rush		Gold Rush (N)		Gold Rush: (N)		Gold Rush:		Gold Rush:		Gold Rush
<b>DISN</b>	Bluey	Big City	Big City	Big City	* Alvin & the Chipmunks: Squea... (:40) Kiff		(:05) Kiff		Kiff	Ladybug	Ladybug	Big City	
<b>ESPN</b>	NCAA Bsk. First Round: Teams TBA				NCAA Bsk. First Round: Teams TBA (N)				NCAA Bsk. First Round: Teams TBA (N)				SportCtr
<b>ESPN2</b>	(:5:30) NCAA W. Basketball		NCAA		Men's College Wrestling NCAA Championships: Finals (N) (Live)				30 for 30 Phi Slama Jama				
<b>FNEWS</b>	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five
<b>FX</b>	(:5:30) *** Ghostbusters: Afterlife ('21)				*** Ghostbusters: Frozen Empire ('24) Paul Rudd.				*** Ghostbusters: Frozen Empire ('24)				
<b>HBO</b>	Rooster	(:45) **** V for Vendetta ('06) Natalie Portman.				Neighbors (:40) It'		Real Time With (N)		Neighbors (:40) Real Time With			
<b>HIST</b>	UnBelievable		UnBelievable		UnBelievable		UnBelievable (N)		(:05) Proof-There (N)		(:05) UnBelievable		UnBelievb!
<b>ION</b>	Magnum P.I.		Magnum P.I.		Magnum P.I.		Magnum P.I.		Magnum P.I.		Magnum P.I.		Magnum
<b>LIFE</b>	NCIS		NCIS		NCIS "False Witness"		NCIS		(:05) NCIS "Recruited"		(:05) NCIS "Freedom"		NCIS
<b>MAX</b>	(:5:35) **** Furiosa: A Mad Max Saga ('24)				* Valerian & the City of a Thousand Planets				(:20) *** Sucker Punch ('11)				Movie
<b>NBCSPA</b>	Birds (N)	Eagle Eye	MLB Baseball Detroit Tigers at Philadelphia Phillies				Eagle Eye	Birds	Olympian	MLB Baseball			
<b>NICK</b>	Wyld Pak	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	BigBang	BigBang	BigBang	BigBang
<b>PARMT</b>	**** Erin Brockovich Albert Finney, Aaron Eckhart, Julia Roberts.						**** Forrest Gump ('94) Robin Wright, Gary Sinise, Tom Hanks.						
<b>TBS</b>	(:4:30) NCAA		(:15) NCAA First Round: Teams TBA (N) (Live)				(:45) NCAA M. Basketball First Round: Teams TBA (N) (Live)						
<b>TCM</b>	(:15) *** Three Sailors and a Girl ('53)				**** Eat Drink Man Woman ('94)				(:15) ***** Knife in the Water ('62)				* Cronos
<b>TNT</b>	(4:00) NC..		(:45) NCAA First Round: Teams TBA (N) (Live)				(:15) NCAA First Round: Teams TBA (N) (Live)				FlavorTown (N)		
<b>USA</b>	Goal Zone	Forensic	Chicago Fire		WWE Friday Night SmackDown (N) (Live)				Chicago "Fireworks"		Chicago		

Philadelphia's sports calendar is doing what it always does in late March: shifting in two directions at once. The Sixers and Flyers are grinding through meaningful games with playoff math hovering in the background, the Union are already in early-season repair mode, and the Phillies are using the final days of spring training to sharpen a roster that opens the regular season next Thursday at Citizens Bank Park.

**76ers**

The Sixers opened this stretch Thursday in Detroit and never really recovered after falling behind early in a 131-109 loss to the Pistons. MarJon Beauchamp led Philadelphia with 17 points, Justin Edwards grabbed nine rebounds, and Quentin Grimes handed out five assists, but the bigger story was the lack of star power available: Joel Embiid was out with a right oblique strain, and the short-handed Sixers were overrun by a Detroit team that got 19 points from Duncan Robinson.

They answered Saturday at home against Brooklyn with one of their better efforts of the month, even if the finish got nery. Philadelphia beat the Nets 104-97 behind a season-high 28 points from Quentin Grimes, 19 from Justin Edwards, and a productive all-around night from V.J. Edgecombe, who had 16 points and seven assists. The Sixers led by as many as 28 before watching Brooklyn roar all the way back, but late jumpers from Grimes and clutch free throws from Edgecombe closed it out.



Sunday brought another win, this time a 109-103 decision over Portland. Grimes somehow topped himself, pouring in a new season high of 31 points, including 14 in the fourth quarter, while Andre Drummond controlled the glass with 17 rebounds. For a roster missing Embiid, Tyrese Maxey and Kelly Oubre Jr., it was the kind of scrappy home victory that has kept Philadelphia afloat when the lineup has looked more like a patchwork than a rotation.

The momentum ended Tuesday night in Denver, where the Nuggets rolled to a 124-96 win and snapped the Sixers' two-game streak. Beauchamp again led Philadelphia, this time with 16 points, and Drummond finished with a game-high 10 rebounds, but Denver put up 72 first-half points and left the Sixers chasing from the start. The road does not get easier from here: Philadelphia heads to Sacramento on Thursday, visits Utah on Saturday, comes home to face Oklahoma City on Monday, and hosts Chicago next Wednesday.

**Flyers**

On the ice, the Flyers gave themselves a genuine boost Thursday night in Minnesota, beating the Wild 3-2 in a shootout. Owen Tippett tied the game with a short-handed goal in the third period. Emil Andrae also scored, and Travis Konecny delivered the deciding shootout finish. Dan Vladar stopped 21 of 23 shots and the win pulled Philadelphia within five points of an Eastern Conference wild-card spot at the time.

The follow-up Saturday against Columbus had a very different feel. The Flyers fell 2-1 in a shootout after rookie Alex Bump scored his second career goal in the first period. Vladar was sharp again, but Kirill Marchenko's 25th goal and then his shootout winner sent Philadelphia to a frustrating loss in a game that never opened up offensively. Through those two games, the Flyers looked exactly like a team still hanging around the race but with very little margin for error.

Now comes a demanding West Coast swing. Philadelphia was scheduled to be in Anaheim on Wednesday night before moving to Los Angeles on Thursday, San Jose on Saturday, and then back home for Columbus on Tuesday. The schedule matters because the Flyers entered Wednesday at 31-23-12, fifth in the Metropolitan Division - close enough to stay relevant, but not comfortable enough to let points slip away.



**Phillies**

The Phillies, meanwhile, are in that annual spring rhythm where results matter less than signs of shape, timing, and readiness - though a few of the results have been worth noticing. They beat Toronto 8-5 last Thursday behind Jesús Luzardo, then followed with an 11-8 win over Baltimore on Friday and a 6-4 win over the Yankees on Saturday. The offense cooled immediately after that, with a 1-0 loss to Atlanta on Sunday and a rough 13-6 defeat at Detroit on Monday, before bouncing back Tuesday with a 2-0 win over Minnesota.

Luzardo has probably been the most compelling spring-development story on the pitching side. He was credited with the win in the March 12 victory over Toronto, then came back Tuesday and threw five scoreless innings against the Twins with five strikeouts. That recent run matters even more because the Phillies locked him up earlier this month, agreeing to a five-year, \$135 million extension. Between the extension and the sharp March outings, he has quickly gone from "important addition" to one of the central reasons this rotation still looks like a strength.

Andrew Painter remains another storyline to watch. The club's top pitching prospect struck out four Orioles over 2 2/3 innings last Friday, and his spring usage has continued to feed the conversation that he could factor into the Opening Day picture. The remaining spring schedule is short now - Tampa Bay on Thursday, Detroit on Friday, Baltimore on Saturday, the Yankees on Sunday, and Tampa Bay again on Monday — before the real thing arrives on Thursday, March 26, when the Phillies host the Rangers at 4:15 p.m. in the home opener at Citizens Bank Park. Opening Day is presented by Nemours Children's Health, and all fans will receive a 2025 NL East Champions pennant. The first weekend of the season also includes a 2026 schedule magnet giveaway for all fans on Sunday, March 29.

**Union**

The Union still haven't found steady ground. Saturday's 3-1 loss at Atlanta United dropped them to 0-4 in MLS play, with Atlanta scoring through Emmanuel Latte Lath, Tomás Jacob and Alexey Miranchuk before Agustin Anello finally got Philadelphia on the board in the 87th minute. It was another afternoon where the Union were chasing the game more than controlling it, and it continued a rough opening stretch for a team that entered the year with much higher expectations.

There is no time to ease into a reset. The Union were set to face Club América on Wednesday night in Mexico City in the second leg of their Concacaf Champions Cup round-of-16 tie after losing the first leg 1-0 at Subaru Park, and then they return home Saturday to face the Chicago Fire in league play. At the moment, their season feels less like a climb and more like a search for traction.

# This Week's Weather

THURSDAY,  
MARCH 19



HIGH 47  
LOW 35

FRIDAY,  
MARCH 20



HIGH 53  
LOW 44

SATURDAY,  
MARCH 21



HIGH 63  
LOW 43

SUNDAY,  
MARCH 22



HIGH 60  
LOW 48

MONDAY,  
MARCH 23



HIGH 50  
LOW 30

TUESDAY,  
MARCH 24



HIGH 44  
LOW 35

WEDNESDAY,  
MARCH 25



HIGH 51  
LOW 39

# TIDE TABLE

Tides for Atlantic City  
March 19 - 25, 2026

Day	High /Low	Tide Time	Height Feet	Sunrise /Sunset	Moon	Time	% Moon Visible
Th 19	Low	2:13 AM	-0.5	7:02 AM	Rise	7:10 AM	0
	High	8:24 AM	4.4	7:09 PM	Set	8:11 PM	
	Low	2:31 PM	-0.6				
	High	8:43 PM	4.6				
F 20	Low	2:57 AM	-0.6	7:01 AM	Rise	7:36 AM	0
	High	9:06 AM	4.3	7:10 PM	Set	9:25 PM	
	Low	3:08 PM	-0.6				
	High	9:23 PM	4.7				
Sa 21	Low	3:42 AM	-0.6	6:59 AM	Rise	8:04 AM	3
	High	9:49 AM	4.1	7:11 PM	Set	10:41 PM	
	Low	3:48 PM	-0.5				
	High	10:07 PM	4.8				
Su 22	Low	4:33 AM	-0.4	6:58 AM	Rise	8:39 AM	9
	High	10:36 AM	3.8	7:12 PM	Set	11:58 PM	
	Low	4:34 PM	-0.4				
	High	10:57 PM	4.7				
M 23	Low	5:32 AM	-0.2	6:56 AM	Rise	9:20 AM	17
	High	11:30 AM	3.5	7:13 PM			
	Low	5:27 PM	-0.1				
	High	11:54 PM	4.6				
Tu 24	Low	6:36 AM	0.0	6:54 AM	Set	1:13 AM	26
	High	12:31 PM	3.3	7:14 PM	Rise	10:12 AM	
	Low	6:28 PM	0.1				
	High						
W 25	High	12:56 AM	4.4	6:53 AM	Set	2:20 AM	37
	Low	7:42 AM	0.2	7:15 PM	Rise	11:14 AM	
	High	1:37 PM	3.1				
	Low	7:33 PM	0.3				

# THIS WEEK IN ENTERTAINMENT

**MOST POPULAR SONGS**  
(downloaded & streamed)  
WEEK of MARCH 21, 2026

- CHOOSIN' TEXAS**  
ELLA LANGLEY
- MAN I NEED**  
OLIVIA DEAN
- I JUST MIGHT**  
BRUNO MARS
- AMERICAN GIRLS**  
HARRY STYLES
- ORDINARY**  
ALEX WARREN
- STATESIDE**  
PINKPANTHERESS W/ ZARA LARSSON
- GOLDEN**  
HUNTR/X: EJAE, AUDREY NUNA & REI/AMI
- THE FATE OF OPHELIA**  
TAYLOR SWIFT
- APERATURE**  
HARRY STYLES
- OPALITE**  
TAYLOR SWIFT

**TOP GROSSING BOX OFFICE MOVIES**  
WEEKEND of 3/13-3/15, 2026

- HOPPERS**
- REMINDERS OF HIM**
- UNDERTONE**
- SCREAM 7**
- GOAT**
- THE BRIDE!**
- KIKI'S DELIVERY SERVICE**
- WUTHERING HEIGHTS**
- TEENAGE MUTANT NINJA TURTLES II: THE SECRET OF THE OOZE**
- CRIME 101**



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www.atlanticcountymagazine.com *County Magazine*

## Girl of the Week



**Celeste**

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## "In My Opinion" by Nancy Adler



Nancy Adler Nutrition is the recipient of the Gold Award in The Best of the Press 2020, 2021 & 2022 Readers Choice Awards! Thank you to all who voted!

Nancy Adler is a Certified Nutrition and Fitness Instructor. She specializes in nutrition, weight loss control and sports specific nutrition for all ages.

Nancy will create a personalized nutrition plan just for you to help you reach your goals.

You may listen to Nancy every Saturday 11 am-1 pm: Nancy Adler Nutrition LIVE! NewsTalk 1400 AM and 92.3 FM WOND radio.

For more information, call Nancy at 609.653.4900 to schedule your one-on-one confidential consultation.  
[www.NancyAdlerNutrition.com](http://www.NancyAdlerNutrition.com)

## NUTRITION, WEIGHT LOSS & FITNESS

### BALANCING COMFORT FOODS

With the constant cold temperatures we experienced this winter, we are being pushed psychologically, as we crave foods that connect us with special times in our life — perhaps a childhood memory, trip or holiday. When food is connected to nostalgia, it provides contentment.

Biologically, we crave foods that activate the brain's reward system and make us feel good. When you're stressed, your body releases cortisol (a stress hormone), which breaks down fat and carbohydrates for a quick boost of energy. That leaves you feeling hungry and craving sweet or high-fat foods.

It's important to know that cravings aren't "bad" and don't make you "weak" — you are more than the food you choose! And deprivation just makes you want those foods more. This lands you in a vicious cycle that's not good for body or mind. Remember, it's normal, healthy and desirable to eat a wide variety of foods that satisfy your needs.

Many comfort foods also contain lots of beneficial nutrients, such as protein, vitamins, minerals and fiber. Childhood favorites such as chicken soup or baked macaroni and cheese are examples of comfort foods that provides pleasure, enjoyment and nutritional value. Ah yes, let's keep the pleasure in eating!

Not sure if your comfort food has nutritional benefits? Ask yourself if it contains any of the ingredients that make up a balanced meal: vegetables, fruit, whole grains, protein-rich foods such as chicken, fish, eggs, cheese, tofu, nuts and beans.

**Nancy Adler C.F.T./S.S.N./S.S.C.**  
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Greater Atlantic City Concierge Association's Spotlight:  
**The Claridge Hotel**

Submitted by: Judy Brenna, GACCA Communications Director  
Catering & Events Director, Blue Dog Hospitality Group

The  
**CLARIDGE**  
*More than a hotel*

The Claridge Hotel, a historic landmark in Atlantic City's iconic Boardwalk, has welcomed guests since 1930. Known as the "Skyscraper by the Sea," it offers a unique blend of timeless charm and modern comfort, just steps from the beach, casinos, shopping, and entertainment. With guest rooms, an indoor pool, fitness center, and versatile event spaces, The Claridge is ideal for weekend getaways, weddings, business travel, and special events. Guests can dine at their on-site Twenties Italian Restaurant, unwind at The VUE Rooftop Bar & Lounge with panoramic ocean views, or simply relax and take in the rich history. At The Claridge, they pride themselves on warm hospitality, unforgettable experiences, and continuing a legacy that has made them a landmark in Atlantic City for nearly a century.



TJM Properties took ownership, bringing renewed vision and investment to The Claridge. Under their leadership, thoughtful renovations and revitalization efforts honored its storied past while enhancing the guest experience. Modern updates to guest rooms, event spaces, dining venues, and amenities have kept The Claridge a vibrant destination on the Boardwalk. Today, it stands as a blend of history and hospitality, offering guests nearly a century of Atlantic City tradition with comfort, service, and energy.

The Claridge Hotel's strengths lie in its variety and flexibility of spaces. It's a full-service venue capable of hosting weddings, conferences, corporate meetings, social celebrations, live entertainment, and private dining experiences all in one location. The elegant ballroom and event spaces are perfect for weddings, galas, and large-scale celebrations, while the conference and meeting rooms accommodate executive board meetings and multi-day conventions. Each space can be customized for formal, intimate, or high-energy events. Unique entertainment and dining venues include The VUE Rooftop Bar & Lounge, ideal for receptions and nightlife, and Twenties Italian Restaurant, perfect for rehearsal dinners and private gatherings.



What sets The Claridge apart is its ability to host an entire experience under one roof. Guests can celebrate, dine, stay overnight, and enjoy Atlantic City's Boardwalk location all within a historic landmark that blends timeless character with modern versatility.

The Claridge Hotel stands out with its exceptional rooftop bar, The VUE Rooftop Bar & Lounge, offering breathtaking views of the Atlantic Ocean and skyline. Whether you're seeking a night out, live entertainment, or cocktails with friends, the panoramic views create an unparalleled atmosphere. Twenties Italian Restaurant serves exceptional Italian cuisine in a stylish setting, impressing both locals and visitors. The combination of incredible rooftop views and standout dining makes The Claridge a must-visit destination for experiencing Atlantic City at its best.



As a full-service venue, The Claridge Hotel supports tourism, local business growth, and community engagement in one of the region's most historic landmarks. We provide essential space for weddings, conferences, nonprofit fundraisers, corporate meetings, entertainment events, and community celebrations, ensuring a steady flow of business, tourism, and foot traffic throughout Atlantic City and the greater county.

Their on-site dining destination, Twenties Italian Restaurant, participates in Taste Atlantic City, offering guests a chance to experience our prix fixe menu. They host special Easter and Mother's Day experiences. As the warmer months approach, their rooftop experience at VUE Rooftop Bar & Lounge during the Atlantic City Airshow will be a highlight. Guests can enjoy panoramic ocean views, specialty cocktails, and an electric atmosphere. More information will be available on our website and social media soon.



Contact:

- Address: 123 S Indiana Ave, Atlantic City, NJ 08401
- Website: <https://www.claridge.com/>
- Facebook: <https://www.facebook.com/ClaridgeAC>
- Instagram: <https://www.instagram.com/claridgeac/>
- Phone: (844) 224-7386
- Email: [sales@claridge.com](mailto:sales@claridge.com) [reservations@claridge.com](mailto:reservations@claridge.com)

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**2026 SEASON SCHEDULE**

Citizens Bank Park

	SUN	MON	TUES	WED	THURS	FRI	SAT
					26 <b>TEX</b> 4:15	27	28 <b>TEX</b> 4:05
	29 <b>TEX</b> 1:35	30 <b>WSH</b> 6:40	31 <b>WSH</b> 6:40	1 <b>WSH</b> 1:05	2	3 <b>COL</b> 4:10	4 <b>COL</b> 8:10
	5 <b>COL</b> 3:10	6 <b>SF</b> 9:45	7 <b>SF</b> 9:45	8 <b>SF</b> 3:45	9	10 <b>AZ</b> 6:40	11 <b>AZ</b> 1:05
	12 <b>AZ</b> 1:35	13 <b>CHC</b> 6:40	14 <b>CHC</b> 6:40	15 <b>CHC</b> 6:40	16	17 <b>ATL</b> 6:40	18 <b>ATL</b> 7:15
	19 <b>ATL</b> 7:20	20 <b>CHC</b> 7:40	21 <b>CHC</b> 7:40	22 <b>CHC</b> 7:40	23 <b>CHC</b> 2:20	24 <b>ATL</b> 7:15	25 <b>ATL</b> 7:15
	26 <b>ATL</b> 1:35	27	28 <b>SF</b> 6:40	29 <b>SF</b> 6:40	30 <b>SF</b> 1:05		

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**MARCH/APRIL**

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Harrah's Atlantic City	1-800-HARRAH
Ocean Resort Casino	1-866-506-2326
Resorts Atlantic City	1-800-322-SHOW
Showboat	1-877-387-9305
Tropicana Casino & Resort	1-800-526-2935



## South Jersey Matters

By Todd Cohen

Send your news to Todd Cohen, SJ Matters,  
P.O. Box 3351, Margate, NJ 08402-3351

### Main Library Open until 8 p.m. on Thursdays

Those who visit the Atlantic City Free Public Library to find a best seller, use a computer, do research, receive assistance from a librarian or attend a program will now have more time to do so.

The library recently added Thursday evening hours at Main Library, located at 1 North Tennessee Ave. Main Library's new hours are: 9:30 a.m.-5 p.m. Monday through Wednesday, 9:30 a.m.-8 p.m. Thursday, and 9:30 a.m.-5 p.m. Friday and Saturday.

The library's hours at the Richmond Branch, located at 4115 Ventnor Ave., remain the same: 9:30 a.m.-5 p.m. Tuesday and Wednesday.

## FROM THE HEART OF ATLANTIC COUNTY MAGAZINE

### From Trauma to Healing

**Strong Roots, Safe Wings** by Kalyani Gopal, PhD, HSPP - Parenting often begins with the best intentions - yet in moments of stress, many parents find themselves reacting in ways that feel painfully familiar from their own past. In *Strong Roots, Safe Wings*, clinical psychologist Dr. Kalyani Gopal offers a compassionate, evidence-based program designed to help parents understand and heal the deeper patterns that shape their responses to their children. Grounded in neuroscience, attachment theory and trauma research, this illustrated workbook focuses not on fixing children's behavior but on helping caregivers regulate their own emotional responses. Through a structured six-week program of reflections, guided exercises and practical tools, readers learn how to stay grounded during difficult moments, set healthy boundaries without shame or punishment, and repair missteps with honesty and connection. By addressing the lingering effects of adverse childhood experiences (ACEs), Dr. Gopal empowers parents and helping professionals to break harmful cycles - nurturing emotionally secure, resilient children who feel safe enough to grow and thrive. [amzn.to/4cLPND0](http://amzn.to/4cLPND0)

**Evil, Goodness, and Creating Active Bystandership** by Ervin Staub - In *Evil, Goodness, and Creating Active Bystandership*, renowned psychologist Ervin Staub reflects on a life shaped by both unimaginable cruelty and extraordinary human courage. A survivor of the Holocaust in Hungary who later escaped communist rule and built an academic career in the United States, Staub has devoted his life to understanding why people harm others - and why some choose to help instead. Blending memoir, psychology and social insight, Staub traces how his personal experiences led to groundbreaking research on the roots of violence, genocide and altruism. From studying "altruism born of suffering" to promoting reconciliation in post-genocide Rwanda and helping train police officers to intervene when colleagues misuse force, his work explores how ordinary people can become agents of change. Through powerful stories and decades of research, Staub offers a hopeful

message: when individuals step forward as "active bystanders," they can interrupt harm and help build a more compassionate world. [amzn.to/4sOXZaR](http://amzn.to/4sOXZaR)

**Lost in the Holler** by Michael West - When RJ Burnette leaves behind his high-pressure finance career in New York and returns to the Tennessee mountains, he hopes to reset his life in the quiet rhythms of home. But Gizzard's Holler has not been waiting patiently for him. Beneath its familiar routines lies a secret the town has kept for decades. Years earlier, RJ's sister Sue Ann died under circumstances everyone accepted as tragic misfortune. Now RJ begins to learn that the story he grew up believing may not be the whole truth. As old memories surface and long-held silences begin to crack, he finds himself confronting a past that many in the community would rather leave buried. *Lost in the Holler* blends Southern Gothic atmosphere with a character-driven mystery, exploring family loyalty, grief and the uneasy balance between protecting those we love and facing the truth. [amzn.to/40vFRqf](http://amzn.to/40vFRqf)

**Weight Class: A Fighter's Life-or-Death Battle with an Eating Disorder** by Danny O'Connor - What if the most dangerous opponent an elite fighter faces isn't in the ring - but on the scale? In *Weight Class*, former Olympian and professional boxer Danny O'Connor delivers a powerful memoir exposing the hidden toll of eating disorders in weight-class sports. From high school wrestling to a world title fight on national television, O'Connor chronicles a decades-long battle with starvation, dehydration and binge cycles that nearly cost him his life. What looked like discipline from the outside was, in reality, a silent and escalating illness. With raw honesty, he reveals how a culture that rewards extreme weight-cutting can mask serious mental health struggles - especially in men, who are often overlooked in conversations about eating disorders. More than a sports memoir, *Weight Class* is a story of survival, self-reckoning and recovery - and a necessary wake-up call for athletes, coaches and anyone who thinks they know what an eating disorder looks like. [bitelikeaman.com](http://bitelikeaman.com) or [amzn.to/4bL0zqK](http://amzn.to/4bL0zqK)

Saturday, March 21st at Noon  
**\*\*ALWAYS ON THE THIRD SATURDAY @ NOON\*\***

Location: Gateway building 1433 Bacharach Blvd, Atlantic City, NJ 08401

Details: We will bring the pizza and plates for our homeless friends. We are asking you to please bring 5-10 bags of food (brown paper bag lunches) and toiletries to hand out to homeless people. Most people make turkey sandwiches or peanut butter jelly sandwiches and a bag of chips. Travel size toiletries are always very popular. If you can bring soap, deodorant, toothbrushes, and toothpaste that would be a huge help.

If you don't want to hand out food, clothing, and toiletries with us but would like to donate food, clothing, and toiletries we'll be there from 12:00 pm to 1:00pm so you can drop your items off. Your donation would mean a lot to someone in need.

We accept adult clothing donations at this event.

We'll be at this location handing out food, clothing, and toiletries. Kids are always welcome to come out with us.

We encourage you to tell your neighbors, family, and friends about the event. This is a free public event, come out with us and do one kind act a month. If we all come together we can have a huge impact on a homeless community.



One Kind Act A Month  
[www.onekindactamonth.com](http://www.onekindactamonth.com)  
 Any questions please call  
 Tim 267-881-3763

YOU'RE INVITED TO THE  
**Won't You Be My Neighbor Potluck**

Friday, March 20th 5:30pm  
 Ocean Heights  
 Presbyterian Church

Live Guitar Vocals  
 David Smitley

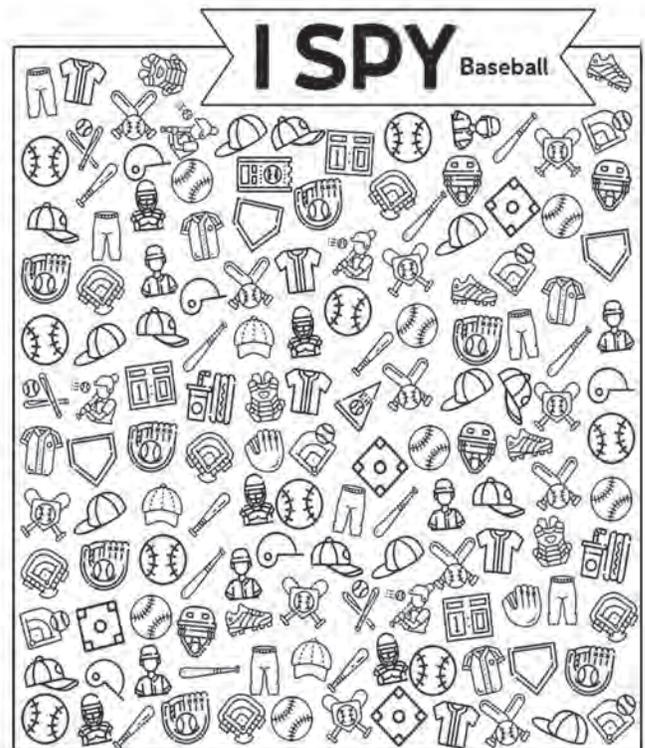
No Charge- Donations for  
 musicians are appreciated!

Wear Your Favorite Cardigan & Sneakers!

In honor of Mr. Rogers' birthday, come celebrate the heart of a neighborhood - good food, friendly faces, and community that cares.



This is a potluck, which means you are invited to bring a dish to share, though it is not a requirement to attend, especially as a guest of the church.



- |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| 2 | 4 | 4 | 5 | 4 | 5 | 7 | 4 | 6 | 5 |
| 1 | 6 | 7 | 1 | 3 | 6 | 7 | 4 | 7 | 5 |
| 3 | 3 | 4 | 6 | 2 | 7 | 5 | 9 | 6 | 3 |

# SATURDAY AFTERNOON MARCH 21, 2026

	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
<b>3-CBS</b>	She's	NCAA Second Round: Teams TBA (N) (Live)				NCAA Second Round: Teams TBA (N) (Live)				NCAA M. Basketball				
<b>6-ABC</b>	JackHanna	Hearts of	oh baby!	NCAA Bsk. First Round: Teams TBA (N)			NCAA Bsk. First Round: Teams TBA (N)			To Be Announced				
<b>10-NBC</b>	Forever	RateEsca..	Protect	RateEsca..	Philly (N)	FIS Cross-Country			PGA Tour Golf Valspar Championship, Third Round (N) (Live)					
<b>17-MNT</b>	Paid Prog.	Aetna	Paid Prog.	Deep Water Salvage		Chicago "Long Lost"		Fightin'	Pawn Stars	Big Bang	NASCAR (N) (Live)		NASCAR	
<b>23-PBS</b>	(9:00) 60s..	Mister Rogers: It's You I Like		André Rieu: Power of Love				Change Your Brain, Change Your Pain			State-Aff			
<b>29-FOX</b>	TMZ (N)	Cars.TV	To Be Announced				2026 Flag Football Classic (N) (Live)							
<b>57-CW</b>	Paid Prog.	CBS Saturday Morning (N)				Raw Travel	Golf	Gold Coins	Ideal	Law & Order: SVU	Family	Family		
<b>A&amp;E</b>	Lakefront	Oceanfront	Oceanfront	Duck Dynasty			Duck Dynasty		Storage	Storage	Storage	Storage	Storage	Storage
<b>AMC</b>	(10:00) ♣ Trading Plac...	♣♣♣ Hancock ('08) Will Smith.				♣♣♣ Bad Boys ('95) Will Smith, Martin Lawrence.				♣♣♣ Bad Boys II				
<b>CNN</b>	(11:00) Ho..	Arena: Sa. (N)		Smerconish		CNN Newsroom (N)		CNN Newsroom (N)		The Arena: Saturday		CNN Newsroom (N)		
<b>DISC</b>	(11:00) In t..	In the Eye		In the Eye		In the Eye		In the Eye		Expedition "Vanished"		Expedition Files		
<b>DISN</b>	Ladybug	♣♣♣♣ Ralph Breaks the Internet ('18)			(:55) ♣♣♣♣ Hotel Transylvania 2		Big City	Big City	Big City	Big City	Big City	Big City	Big City	
<b>ESPN</b>	(11:00) Ga..	NCAA Bsk. First Round: Teams TBA (N)				NCAA Bsk. First Round: Teams TBA (N)			NCAA Bsk. First Round: Teams TBA (N)					
<b>ESPN2</b>	NCAA Bsk. First Round: Teams TBA (N)			NCAA Bsk. First Round: Teams TBA (N)			NCAA Bsk. First Round: Teams TBA (N)			NCAA Bsk.				
<b>FNEWS</b>	(11:00) Sat..	Fox News (N) (Live)		Fox News (N) (Live)		Journal (N) (Live)		Fox Report (N) (Live)		Fox Report (N) (Live)		Weekend (N) (Live)		
<b>FX</b>	(11:00) ♣♣♣♣	The Matrix Reloaded ('03) Keanu Reeves.				♣♣♣ The Matrix Revolutions ('03) Keanu Reeves.				♣♣♣ Venom ('18)				
<b>HBO</b>	♣ Fukushima: A Nuclear Nightmare			Real Time With		St. Louis	(:50) ♣♣♣♣ Sinners ('25) Michael B. Jordan.				Rooster	Rooster		
<b>HIST</b>	(11:00) Oa..	Secrets Declassified		The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		
<b>ION</b>	(11:00) NC..	NCIS: Los Angeles		NCIS: Los Angeles		NCIS: LA "Unspoken"		NCIS: Los Angeles		NWSL Boston Legacy at Houston Dash (N)				
<b>LIFE</b>	(10:30)	Paid Programming				♣ Dating App Killer: Monica White Story				♣ Accused: The Karen Read Story ('26)				
<b>MAX</b>	(10:50) ♣ Patti Cake\$	(:40) ♣♣♣ Parental Guidance ('12)			(:25) ♣♣♣ We Bought a Zoo ('11)				♣♣♣ Valentine's Day ('10)					
<b>NBCSPA</b>	(10:00) Pai..	Fair (N)	World Poker Tour		SuperGirlSurf		SuperGirlSurf		Pregame	NHL Hockey				
<b>NICK</b>	(11:00) ♣	PAW Patrol: The Movie				♣♣♣ Sing 2 ('21) Matthew McConaughey.			♣ SpongeBob SquarePants Movie		SpongeB..	SpongeB..		
<b>PARMT</b>	(11:00) NC..	♣♣♣♣ Forrest Gump ('94) Robin Wright, Gary Sinise, Tom Hanks.						♣♣♣♣ Twister ('96) Bill Paxton, Cary Elwes, Helen Hunt.						
<b>TBS</b>	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	♣♣♣ Meg 2: The Trench ('23)			
<b>TCM</b>	Movie	♣♣♣♣ It's Always Fair Weather ('55)				♣♣♣ A Canterbury Tale ('44) Eric Portman.			(:15) ♣♣♣♣ Tribute to a Bad Man ('56)					
<b>TNT</b>	(11:00) FBI	FBI "Ambition"		FBI "Scar Tissue"		FBI		♣♣♣ Skyscraper ('18) Dwayne Johnson.			Tip Off (N) (Live)			
<b>USA</b>	(11:00)	Soccer Fulham vs. Burnley		Premier	Soccer Everton vs. Chelsea (N) (Live)			Premier	Soccer Leeds United vs. Brentford (N) (Live)					

# SATURDAY EVENING MARCH 21, 2026

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
<b>3-CBS</b>	(5:00) NCAA M. Basketball	NCAA Second Round: Teams TBA (N) (Live)				48 Hours (N)				News (N)	InsideEd.	(:05) Fire		
<b>6-ABC</b>	News (N)	WorldNe..	FYI Philly	Wheel	NHL Hockey Boston Bruins at Detroit Red Wings (N) (Live)				News (N)	News (N)	Jeopardy!			
<b>10-NBC</b>	NBC10Ne..	NBC News	Philly (N)	Paid Prog.	♣♣♣ The Super Mario Bros. Movie ('23) (P)				Saturday Night Live		NBC10Ne..	Saturday Night Live		
<b>17-MNT</b>	(5:30)	NASCAR O'Reilly Auto Parts Series			I Am Raquel Welch				Action News at 10 (N)		Philler	Delco Duo	Two Men	
<b>23-PBS</b>	NJ Spot!	Treasures of		State/Arts	Old House	Old House	All Creatures Great		Murder in the		Death in Paradise		Under	
<b>29-FOX</b>	(4:00)	2026 Flag Football Classic (N) (Live)				MLS Soccer LAFC at Austin FC (N) (Live)				News (N)	99 to Beat			
<b>57-CW</b>	Family	Family	Family	Family	Law & Order: SVU		Suits "Stalking Horse"		NCIS "Spies, Part 2"		WOW - Women (N)		Crime Beat	
<b>A&amp;E</b>	Storage	Storage	Storage	Storage	Storage Wars (N)		Storage Wars (N)		Duck Dynasty (N)		(:05) Duck Dynasty		Storage	
<b>AMC</b>	(5:00) ♣♣♣	Bad Boys II ('03)			♣♣♣♣ Independence Day ('96) Bill Pullman, Will Smith.				♣♣♣ I, Robot ('04) Will Smith.					
<b>CNN</b>	CNN Newsroom (N)		CNN Newsroom (N)		Real Time With (N)		Have I Got (N)		CNN		Real Time With		Have I Got	
<b>DISC</b>	Expedition Files		Expedition Files		Expedition Files		Expedition Files		Expedition Files		Expedition Files		Expedition	
<b>DISN</b>	Big City	Big City	♣♣♣♣ Lilo & Stitch ('02)			Phineas	Phineas	Phineas	Phineas	Phineas	Ladybug	Ladybug	Big City	
<b>ESPN</b>	NCAA (N)	NCAA W. Basketball First Round: Teams TBA (N) (Live)						NCAA Bsk. First Round: Teams TBA (N)				SportCtr		
<b>ESPN2</b>	(5:30)	NCAA W. Basketball			NCAA Bsk. First Round: Teams TBA (N)			NCAA Bsk. First Round: Teams TBA (N)			30 for 30			
<b>FNEWS</b>	Weekend (N) (Live)		Weekend (N) (Live)		Life, Liberty (N) (Live)		View- Lara (N) (Live)		Saturday (N) (Live)		Gutfeld!		Life	
<b>FX</b>	(5:00) ♣♣♣♣	Venom				♣♣♣♣ Venom: Let There Be Carnage ('21)		♣♣♣♣ Venom: Let There Be Carnage ('21)		♣♣♣♣ The Matrix Reloaded ('03)				
<b>HBO</b>	(:20) ♣♣♣♣	Swiss Army Man ('16) Paul Dano.		♣♣♣♣ Everything Everywhere All at Once				(:25) Neighbors		(:05) ♣♣♣♣ The Terminator				
<b>HIST</b>	History's Deadliest		History's "Tyrants"		History's "Missions"		History's "Weapons"		(:05) History's		(:05) History's		History's	
<b>ION</b>	NWSL-Sh..	NWSL North Carolina Courage at Gotham FC				NWSL-Sh.. /(:45) NWSL		NWSL-Po..		NCIS		NCIS		
<b>LIFE</b>	♣ I Am Mary Jo Buttafuoco ('26)				♣ I Killed Him in My Sleep ('26) (P)				(:05) ♣ The Boy With My Son's Face ('26)				Movie	
<b>MAX</b>	Movie	(:35) ♣♣ This Means War ('12)			(:10) ♣♣♣♣ Funny People ('09) Adam Sandler.				(:40) ♣♣♣♣ A Different Man ('24)					
<b>NBCSPA</b>	(4:00) NHL..	Postgame (N) (Live)		Birds	Eagle Eye	FIBA (N)	Sixers (N)	NBA Basketball Philadelphia 76ers at Utah Jazz (N) (Live)		Sixers (N)		Sixers (N)		
<b>NICK</b>	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	BigBang	BigBang	BigBang	BigBang	
<b>PARMT</b>	♣♣♣♣ Top Gun ('86) Kelly McGillis, Tom Cruise.				♣♣♣♣ Twister ('96) Bill Paxton, Cary Elwes, Helen Hunt.				(:05) ♣♣♣♣ Top Gun ('86)					
<b>TBS</b>	(4:30) ♣	Meg 2: Trench				NCAA Second Round: Teams TBA (N) (Live)				NCAA Second Round: Teams TBA (N) (Live)				Madness
<b>TCM</b>	♣♣♣♣ I Accuse! ('58) José Ferrer.				♣♣♣♣ Goodbye Again ('61)				(:15) ♣♣♣♣ Bonjour Tristesse ('58)		Movie			
<b>TNT</b>	NCAA Second Round: Teams TBA (N) (Live)				NCAA Second Round: Teams TBA (N) (Live)				Wrestling: Collision		Movie			
<b>USA</b>	Goal Zone	Forensic	9-1-1		9-1-1 "Karma's a Bitch"		9-1-1 "Trapped"		9-1-1		9-1-1		9-1-1	

## SUNDAY AFTERNOON MARCH 22, 2026

	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
<b>3-CBS</b>	<b>Paired Prog.</b>	NCAA Second Round: Teams TBA (N) (Live)					NCAA Second Round: Teams TBA (N) (Live)					NCAA M. Basketball	
<b>6-ABC</b>	<b>Inside</b>	Action (N)	NCAA (N)	NCAA Bsk. Second Round: Teams TBA (N)			NCAA Bsk. Second Round: Teams TBA (N)			To Be Announced			
<b>10-NBC</b>	<b>AT ISSUE</b>	Draft	<b>Paired Prog.</b>	AMA Supercr. Round 10: Birmingham				PGA Tour Golf Valspar Championship, Final Round (N) (Live)					
<b>17-MNT</b>	<b>Draft</b>	The Rate Escape		<b>Paired Prog.</b>	This Week	Hill (N)		Broadway	Sheldon	PBA Bowling Indiana Classic (N) (Live)			
<b>23-PBS</b>	<b>Think Tank</b>	State-Aff	Samantha	Lidia	Milk	Cook	Spatchco..	Rick Steves Fascism in Europe		Brain-Gut Connection			
<b>29-FOX</b>	<b>RateEsca..</b>	<b>Paired Prog.</b>	<b>Paired Prog.</b>	Rescue	Super Ani	Pets	MLS Soccer			MLS Soccer			
<b>57-CW</b>	<b>Paired Prog.</b>	Heroes	She's	Fast: Home Rescue		SOS "Storm Surge"		<b>Paired Prog.</b>	RateEsca..	Law & Order: SVU		Suits "Harvey"	
<b>A&amp;E</b>	(11:00) Tro..	Alaska-Trooper		Lie Detec.	Lie Detec.	Lie Detec.	Lie Detec.	Ozark Law		Ozark Law		Ozark Law	
<b>AMC</b>	(10:00) <b>Bad Boys</b>	<b>Bad Boys II</b> ('03) Will Smith, Jordi Mollà, Martin Lawrence.					<b>Die Hard 2</b> ('90) Bonnie Bedelia, Bruce Willis.						
<b>CNN</b>	(11:00) Insi..	State of Union		Fareed Zakaria	GPS	CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)	
<b>DISC</b>	(11:00) Sur..	Dual Survival		Survival "Out Of Air"		Naked and Afraid "Welcome to America!"			Naked and Afraid "No Holds Barred"				
<b>DISN</b>	(:40) <b>Hotel Transylvania 2</b>	(:15) <b>Ice Age</b> ('02)			(:45) <b>Bluey</b>	(:15) <b>Bluey</b>	(:40) <b>Bluey</b>	(:05) <b>Bluey</b>	Big City	Big City	Big City		
<b>ESPN</b>	(11:00) Ga..	NCAA Bsk. Second Round: Teams TBA (N)				NCAA Bsk. Second Round: Teams TBA (N)			NCAA Bsk. Second Round: Teams TBA (N)				
<b>ESPN2</b>	(11:00) Co..	Softball Tennessee at Florida (N) (Live)				NWSL Kansas City Current at Chicago Stars FC (N) (Live)				2026 NIT Basketball Tournament			
<b>FNEWS</b>	(11:00) Su..	Fox News (N) (Live)		Fox News (N) (Live)		Fox News (N) (Live)		Fox Report (N) (Live)		Fox Report (N) (Live)		Weekend (N) (Live)	
<b>FX</b>	(10:30) <b>Ant-Man &amp; the Wasp: Quantum...</b>	<b>The Menu</b> ('22)			<b>Black Panther: Wakanda Forever</b> ('22) Angela Bassett, Letitia Wright.								
<b>HBO</b>	(:35) <b>Real Time With</b>	Rooster	Rooster	(:40) <b>DTF St. Louis</b>	(:35) <b>Barbie</b> ('23) Margot Robbie.	<b>Little Miss Sunshine</b> ('06)							
<b>HIST</b>	(11:00) Pic..	American Pickers		Pickers "Junk Punks"		American Pickers		American Pickers		American Pickers		American Pickers	
<b>ION</b>	(11:00) NC..	NCIS "Kompromat"		NCIS "Black Sky"		NCIS "Algún Día"		NCIS		NCIS "Lifeline"		NCIS "Left Unsaid"	
<b>LIFE</b>	<b>Movie</b>	<b>Our Dead Husband</b> ('26) Brittney Q. Hill.				<b>Deranged Granny</b> ('20) Wendie Malick.			<b>The Widow's Payback</b> ('25)				
<b>MAX</b>	(11:15) <b>Hitman's Wif..</b>	(:55) <b>Chronicle</b> ('12)	(:15) <b>Green Lantern</b> ('11)			(:10) <b>Man of Steel</b> ('13) Henry Cavill.							
<b>NBCSPA</b>	(10:30) Pai..	Hobby	Fair	MLB Baseball Philadelphia Phillies at New York Yankees (N) (Live)					In. Golf	Greatest	NBA Basketball		
<b>NICK</b>	(11:00) <b>Trolls World Tour</b>	<b>SpongeBob SquarePants Movie</b>		(:45) <b>The Secret Life of Pets 2</b> ('19)			SpongeB..		SpongeB..	SpongeB..			
<b>PARMT</b>	(11:00) Bar..	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
<b>TBS</b>	<b>Friends</b>	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	<b>Suicide Squad</b> ('16)			
<b>TCM</b>	<b>Movie</b>	<b>Sapphire</b> ('59)			(:45) <b>Cabaret</b> ('72) Joel Grey, Liza Minnelli.			<b>An American in Paris</b> ('51)					
<b>TNT</b>	(11:00) <b>FBI</b>	FBI "Love Is Blind"		FBI "Prodigal Son"		<b>The Tomorrow War</b> ('21) Yvonne Strahovski, Chris Pratt.				Tip Off (N) (Live)			
<b>USA</b>	(10:15) So..	(:15) <b>Goal..</b>	Forensic	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	

## SUNDAY EVENING MARCH 22, 2026

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
<b>3-CBS</b>	(5:00) <b>NCAA</b>	60 Minutes (N)			Marshals (N)		Tracker (N)		Watson (N)		CBS News	(:35) Sports	JoniTable	
<b>6-ABC</b>	<b>News (N)</b>	WorldNe..	Videos (N)		The Bachelorette "Arrivals" (N) (SP)				Love Overboard (N)		News (N)	News	FYI Philly	
<b>10-NBC</b>	<b>NBC10Ne..</b>	NBC News	Showtime (N) (Live)		NBA Basketball Minnesota Timberwolves at Boston Celtics (N) (Live)				NBC10Ne..		GameTime	Rescue		
<b>17-MNT</b>	<b>Goldbergs</b>	Goldbergs	Penn "Chicken Trickin"		<b>Men in Black II</b> ('02) Tommy Lee Jones.			Action News at 10 (N)		Mod Fam	Mod Fam	Seinfeld		
<b>23-PBS</b>	<b>Great Performances</b>							Magic Moments -- The Best of '50s Pop (My Music)			<b>Movie</b>			
<b>29-FOX</b>	(4:30) <b>MLS Soccer</b>	The Saints "Patrick"		The Faithful (N) (P)				News (N)		News (N)	Bensinger	Bensinger		
<b>57-CW</b>	NCIS "Spies, Part 2"	Family	Family	CBS News Sunday Morning (N)				<b>Paired Prog.</b>	Family	Family	Neighbor	Neighbor	Connors	
<b>A&amp;E</b>	Ozark Law	Ozark Law		Ozark Law		Ozark Law		Ozark Law		(:05) Ozark Law		OzarkLaw		
<b>AMC</b>	<b>Die Hard</b> ('88)	Alan Rickman, Bonnie Bedelia, Bruce Willis.				Dark Winds (N)		(:05) Dark Winds		(:10) <b>Tombstone</b> ('93)				
<b>CNN</b>	CNN Newsroom (N)	CNN Newsroom (N)			CNN		CNN		CNN		CNN		CNN	
<b>DISC</b>	Afraid "This Is Gonna Suck So Bad" (N)			Afraid "Everglades Thirst Trap" (N)				Filthy Fortunes		Filthy Fortunes		Afraid		
<b>DISN</b>	Phineas	Phineas	<b>Alvin &amp; the Chipmunks: Squea...</b>		(:40) <b>Kiff</b>	(:05) <b>Kiff</b>	Kiff	Place	Vampirina	Ladybug	Ladybug	Bluey		
<b>ESPN</b>	NCAA Bsk. First Round: Teams TBA			NCAA Bsk. Second Round: Teams TBA (N)				NCAA Bsk. Second Round: Teams TBA (N)			SportCtr			
<b>ESPN2</b>	(4:30) <b>NIT..</b>	NIT Tourn. Second Round: Teams TBA (N)			NIT Tourn. Second Round: Teams TBA (N)				X Games		X Games		X Games	
<b>FNEWS</b>	Weekend (N) (Live)		Weekend (N) (Live)		Life, Liberty (N) (Live)		Sunday (N) (Live)		One Nation (N) (Live)		Life, Liberty & Levin		Sunday	
<b>FX</b>	(4:30) <b>Ant-Man &amp; the...</b>	<b>Guardians of the Galaxy Vol. 3</b> ('23) Zoe Saldana, Chris Pratt.							<b>Deadpool</b> ('16) Ryan Reynolds.					
<b>HBO</b>	(:15) <b>DTF St. Louis</b>	(:05) <b>DTF St. Louis</b>	(:05) <b>DTF St. Louis</b>	DTF St. Louis (N)		Rooster		Comeback	LastWeek	Comeback	St.Louis			
<b>HIST</b>	American Pickers		History's Gr		History's Gr		History's Gr (N)		(:05) History's Gr	(:05) History's Gr	History			
<b>ION</b>	NCIS "The Plan"		NCIS		NCIS		NCIS "Heartless"		NCIS "Prime Cut"		NCIS "Reef Madness" NCIS			
<b>LIFE</b>	<b>The Bad Guardian</b> (24) Melissa Joan Hart.			<b>Who Could Kill a Sweet Old Lady?</b> (P)				(:05) <b>A Husband to Die For: Lisa Aguilar Story</b> Movie						
<b>MAX</b>	<b>Movie</b>	(:35) <b>The Watchers</b> ('24)	(:15) <b>Final Destination</b>			(:55) <b>Final Destination 2</b> ('03) Ali Larter.		<b>Final Destination 3</b>						
<b>NBCSPA</b>	(5:00) <b>NBA Basketball</b>	MLB Baseball Philadelphia Phillies at New York Yankees					On Water's	In. Golf	Between Gates (N)		Poker Night			
<b>NICK</b>	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	BigBang	BigBang	BigBang	BigBang	
<b>PARMT</b>	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue (N)		Bar Rescue		BarRescue	
<b>TBS</b>	(4:30) <b>Suicide Squad</b>	NCAA Second Round: Teams TBA (N) (Live)					NCAA Second Round: Teams TBA (N) (Live)					Madness		
<b>TCM</b>	<b>Waterloo Bridge</b> ('40) Vivien Leigh.			<b>Love Before Breakfast</b> ('36)		<b>Hands Across the Table</b>		<b>Virtue</b> ('32) Carole Lombard.						
<b>TNT</b>	NCAA Second Round: Teams TBA (N) (Live)				NCAA Second Round: Teams TBA (N) (Live)				Wrestling: Collision		Movie			
<b>USA</b>	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU	

# Higgins

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Martha Hoover of Lancaster County, Pennsylvania, first came to The Seeing Eye in 2003 to be matched with a golden retriever named Tessie. She is now working with a golden retriever named Higgins.

Martha works for VisionCorps, a non-profit organization that provides resources to people with vision loss, including employment. Martha is a seamstress making products for use by the U.S. military. When she isn't at work, she's frequently spotted around the county walking with Higgins... she's quite distinctive in her Mennonite dress!

"In my area we have a lot of horses and buggies, so my dogs have to know if there's a horse going past to concentrate on his work," Martha said. "And they all love to go for rides with me in the buggy and watch the horse!"



This photo shows Martha in a beautiful blue dress and a white bonnet with Higgins, in harness, at a VisionCorps event. Next to them is a sign asking the public not to pet or interfere with a working service dog, which can cause a dangerous distraction.

**"You distracting my dog when he's working is like me taking the wheel from you when you're driving. And we both know how that would turn out!"**  
Martha said with a laugh.

# ATLANTIC

County Magazine

## Pet of the Week



**YETI**

Meet Yeti! He is a 4 month old neutered male Lab/ chow mix

Humane Society of Atlantic County • (609)347-2487  
 1401 Absecon Boulevard • Atlantic City, NJ  
[www.HumaneSocietyAC.org](http://www.HumaneSocietyAC.org)

## VISIT LUCY THIS SPRING

1 Lucy Plaza (9200 Atlantic Ave.)  
 Margate, NJ 08402  
 (609)823-6473

[www.LucyTheElephant.org](http://www.LucyTheElephant.org)

**OPEN WEEKENDS**  
 in March 11am-4pm

Lucy's Gift Shop  
 is temporarily located  
 across the street from  
 Lucy at the corner of  
 Washington & Atlantic Ave.



VISIT AMERICA'S OLDEST ROADSIDE ATTRACTION • FREE LIMITED PARKING

**TAKE \$1 OFF ADMISSION OR RECEIVE  
 10% OFF YOUR GIFT SHOP PURCHASE**

\*Coupon must be surrendered at the time of purchase and may not be combined with any other offer. No cash value. Discount is limited to four (4) admission tickets. Gift Shop discount excludes the purchase of selected jewelry as well as Steven Winkelstein (a.k.a. "The Winkie") and Aunt Evelyn books. Coupon expires December 31, 2026. Valid in-store only. Coupon Code: SL The Save Lucy Committee, Inc. received an operating support grant from the New Jersey Historical Commission, a division of the Department of State.

## PPAWS - People & Puppies at Work for Sight "MEET THE PACK!"

### Allyship at Its Finest

Want to keep guide dog teams safe? Follow these four simple tips!

- Please do not distract guide dogs. This includes calling the dog, making eye contact, feeding or petting the dog.
- Never let your pet be near a guide dog, even if leashed.
- It is helpful to greet a person who is blind and let them know you have a dog with you.
- Always speak to the handler directly and never touch the handler or the dog without the handler's permission.

Photo Description: 1 - A young man bends down to restrain his large pet dog as a guide dog team exits a local shop.

2 - A pet owner sits on a bench and keeps her pet poodle close to her to allow a guide dog team to pass on the trail without interference.

3 - A pet owner steps up on her lawn to put distance between her two small dogs and the guide dog team.

PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise these amazing puppies for The Seeing Eye. Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny. If you are interested in raising a puppy for The Seeing Eye, call Peter at (609)804-8774 or visit [seeingeye.org/raise](http://seeingeye.org/raise) for info.



Catholic Charities  
Diocese of Camden

## READY, VET, GO!

SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF)  
SERVING ATLANTIC, CAPE MAY, CAMDEN,  
CUMBERLAND, GLOUCESTER, AND SALEM COUNTIES

The goal of Ready, Vet, Go! is to promote housing stability among veterans and their families who are homeless or at risk of homelessness.

### DIRECT SERVICES PROVIDED:

RENTAL ASSISTANCE - SECURITY DEPOSIT  
TRANSPORTATION - UTILITY DEPOSIT - UTILITY BILLS

FOR MORE INFORMATION, PLEASE CONTACT:

#### CAMDEN AND GLOUCESTER COUNTIES

Marcus Biddle (856) 214-1277      Ashli McLean (856) 203-0375  
Marcus.Biddle@camdendiocese.org      Ashli.McLean@camdendiocese.org

#### CUMBERLAND AND SALEM COUNTIES

Rosemary DeQuinzio (856) 213-3426  
Rosemary.DeQuinzio@camdendiocese.org

#### ATLANTIC AND CAPE MAY COUNTIES

Nelson Gonzalez (856) 701-5428  
Nelson.Gonzalez@camdendiocese.org

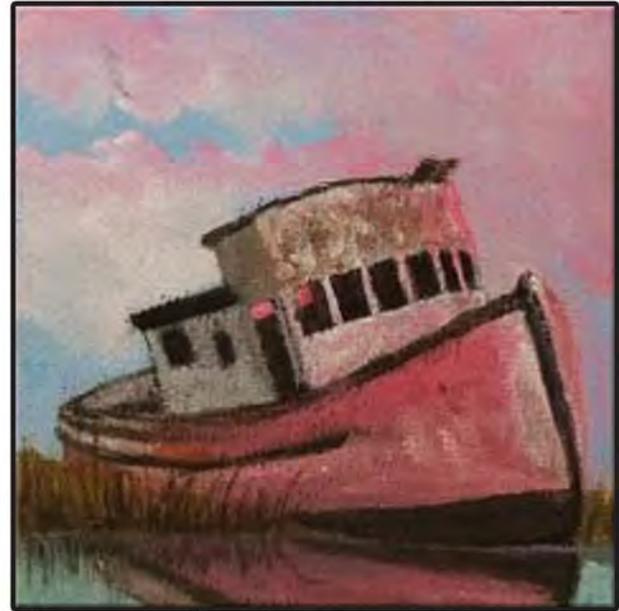
## Paintings & Lessons

by Carl Rosner

Great  
Gift  
Idea!



An artful 3" x 3" miniature on canvas



(848) 459-1707

arteacher3725@yahoo.com

8907 Amherst Ave • Margate



**FREE**   
**CLOTHING  
CLOSET  
GIVE-A-WAY**

SALEM UNITED  
METHODIST CHURCH

**SATURDAYS**

9:00 AM – 12:00 PM

 815 S MAIN STREET,  
PLEASANTVILLE, NJ08232

CONTACT US!  
 (609) 646-2220





# MOSAIC

MEANINGFUL OUTREACH & SUPPORT FOR AGING INDIVIDUALS & CAREGIVERS

## 16TH ANNUAL 5K RUN WALK & FAMILY FUN RUN

# RUN THE BOARDS

for dementia and go the extra mile for Alzheimer's

SUNDAY, APRIL 19, 2026

Preregistration: \$35

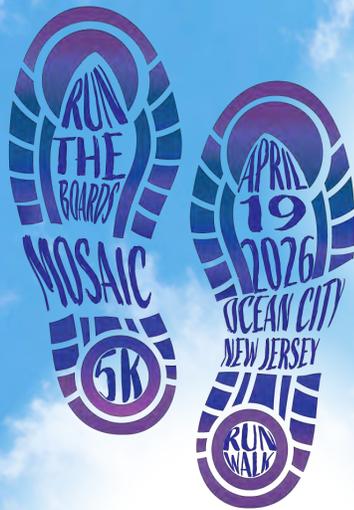
22 and under : \$30      Family Fun Run : \$25

Day of Registration: \$45

OCEAN CITY BOARDWALK

Starting on 6th Street

Free parking at municipal lot



SCAN TO REGISTER



[WWW.MOSAICGIVING.ORG/5K](http://WWW.MOSAICGIVING.ORG/5K)



Women's Self-Defense Class Focuses on  
Confidence, Awareness, and Real-World Safety

A unique approach to women's safety and empowerment is coming to Hammonton with an upcoming Soul Punch Women's Safety & Self-Defense Class, led by certified trainer Jamie Stephan, founder of Rooted In Strength & Empowerment, an organization focused on building confidence, resilience, and personal safety skills for women.

The two-hour class will take place on Saturday, March 21 from 12-2 p.m. at the Elm Volunteer Fire Hall in Hammonton. Designed specifically for women, the training focuses on building confidence and awareness alongside practical self-defense techniques, offering a more comprehensive approach than traditional classes.

Rather than centering only on physical defense, the Soul Punch method emphasizes awareness, boundaries, and command presence - teaching participants how to recognize potential danger, trust their instincts, and carry themselves with confidence. The training also incorporates emotional regulation and real-world safety strategies, along with physical techniques and device-based safety tools, to help women navigate situations they may encounter in everyday life.

Participants will work through scenarios that reflect real-life experiences, with a focus on staying calm under pressure and responding with intention. The goal is not just to react in a moment of danger, but to develop the mindset and presence that can help prevent situations from escalating in the first place.

The class is part of a broader effort to empower women through education and preparation, reinforcing that personal safety begins with awareness and confidence. With limited space available, early registration is encouraged for those interested in taking part in this hands-on training experience.



**Certified Soul Punch™ Trainer**  
\*Self-Defense Training For Women by Women\*

**HERE TO HELP  
#1MILLIONWOMEN  
COMMAND YOUR  
POWER AND SAFETY**



Soul Punch Self-Defense: Best Women's Self-Defense Program in the U.S. of 2025

**Join us for a fun and empowering  
2-Hour Core Self-Defense class**  
on  
**March 21<sup>st</sup>, 2026 @ 12pm**  
at  
**Elm Fire Hall**  
589 White Horse Pike  
Hammonton, NJ 08037

**Scan the QR Code to Register  
for the Class**



**For more information, contact:  
Jamie Stephan  
856-466-7093**




**WE TAKE YOU FROM "THINKING"  
TO ABSOLUTELY KNOWING YOUR SAFETY SKILL LEVEL**

**How our training is different**  
We don't teach you how to fight. We teach you how to break down the body and disable the attacker.

**Why it works**

- We focus on layering levels of safety
- We provide tactics & movements utilizing natural leverage
- We teach how to manipulate & break down the body
- We incorporate techniques that offset size- and strength disparities

**Women's Self-Defense and Empowerment Training**

**Training includes:**

- Foundational Safety
- Self-Defense Skills
- Soul DefendHER 2.0™
- Device Training
- Empowerment

**Who is this for?**  
Any woman or adolescent girl looking to feel:

- Stronger
- Safer
- More Confident

If we don't reach at least 10 participants, the class may be canceled. So invite a friend and help us spread the word! This site is independently operated by a Certified Soul Punch™ Trainer. Not an official franchise or location of Soul Punch™



**DESIGNER HANDBAG**

**B I N G O**

**FRIDAY, MARCH 20**

VFW HALL · 500 BETHEL ROAD, SOMERS POINT  
DOORS OPEN AT 5PM · FIRST GAME AT 6:30PM

**\$35**  
PER  
PERSON

PURCHASE  
TICKETS



**SHORE** MEDICAL CENTER™  
*Healthcare At Its Best*

PROCEEDS FROM THE EVENT WILL BENEFIT PATIENT CARE AT SHORE MEDICAL CENTER  
Limited Seating · Must be at least 21 to participate · BYO Snacks & Beverages · VFW Bar Open!

Join EHT Mayors Wellness Campaign  
and  
Andy's Glow Foundation



# Blessing Bag Party

Join us for an evening of community, compassion, and giving back as we come together to assemble Blessing Bags for those in need.

📍 EHT Community Center  
5045 English Creek Ave  
EHT, NJ 08234

📅 Friday, March 20, 2026

🕒 6:00pm-8:00pm

## All are Welcome

Bring a friend, bring your heart and help us spread kindness

For more information call  
Kathy 609-453-7114

or

EHT Recreation 609-272-8120

## Donations Needed

- Pop Tarts
- Snack Size Crackers
- Goldfish
- Chips or Cookies
- Capri Sun
- Small Bottles of Water
- Gallon Size Storage Bags
- Travel Size Toiletries
- Any individually wrapped snack you think would be helpful



Can't come, drop off box will be located in the lobby for supplies. Drop off anytime during normal business hours



# PARTY 4 A CAUSE

Saturday, March 21, 2026 | 7:00 PM - 10:00 PM

VFW Post 3029

3029 Spruce Ave., Egg Harbor Township, NJ  
Ages 21+ Only • Dress Code: Casual

## FEATURING SPECIAL GUESTS:



Boxing Legend:  
Ray "Merciless"  
Mercer



Musical Guest:  
TrumpTight315



Boxing Legend:  
AI "Ice" Cole

GENERAL ADMISSION: \$30

VIP PACKAGE: \$250

- Dinner for two with boxing legends (Friday, March 20th)
- Gift bag • Party tickets included

GET TICKETS:

Call: 609-415-8253 • CashApp: \$pl2gether • Zelle: 609-415-8253

Press Forward is a 501(c)(3) Non-Profit providing resources for Military Veterans and their families to live a healthy, safe and productive lifestyle.  
All proceeds benefit Military Veterans and families in Atlantic County, NJ

Party With Purpose - Honor Our Heroes!

FROM THE HEART OF  
**ATLANTIC COUNTY**  
MAGAZINE

PAL STEM/Trades Expo Brings Hands-On Learning to EHT

## POLICE ACTIVITIES LEAGUE

# STEM / TRADES EXPO

SATURDAY, MARCH 21ST

10AM TO 2PM

BUDDY'S FUTURE FORCE  
STEM & TRADES DISCOVERY CENTER

2542 RIDGE AVE, EGG HARBOR TWP

FREE interactive event designed to inspire kids through science, technology, engineering and math activities.



A free day of hands-on learning and family-friendly fun is coming to Egg Harbor Township with the upcoming PAL STEM & Trades Expo, hosted by the Police Activities League of Egg Harbor Township & Atlantic County at 2542 Ridge Avenue. The four-hour event will focus on science, technology, engineering, math, and skilled trades through interactive activities, live demonstrations, and educational exhibits designed to get kids involved rather than simply watching from the sidelines.

Organizers say participants will have the chance to explore STEM-based challenges, visit interactive stations, and meet local organizations, educators, and community partners taking part in the event. With an emphasis on creativity, discovery, and hands-on participation, the expo is designed to give families an engaging way to explore STEM and trades in a fun, accessible setting. With interactive learning at the center of the day, this promises a mix of exploration, problem-solving, and community connection.

MONDAY EVENING													MARCH 23, 2026	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
<b>3-CBS</b>	News (N)	CBS-News	Inside Ed.	ET (N)	Neighbor	DMV (N)	FBI "Crusader" (N)	CIA (N)	News (N)	(:35) Colbert (N)				
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel (N)	American Idol (N)			The Rookie (N)	News (N)	(:35) J. Kimmel (N)				
<b>10-NBC</b>	NBC10Ne..	NBC News	NBC10Ne..	Hollywood	St. Denis	The Fall	The Voice "The Battles Part 2" (N)		NBC10Ne..	(:35) J. Fallon (N)				
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Mod Fam	Wild Cards		Penn & Teller	Action News at 10 (N)	Big Bang	Mod Fam	Two Men			
<b>23-PBS</b>	America	NJ Spot!	One on O..	NJ Spot!	Nature		NOVA	Secrets of the Dead	NJ Spot!	One on O..	Newsline			
<b>29-FOX</b>	News (N)	Phantastic	Kelly (N)	TMZ (N)	Extracted (N)		Memory (N)	News (N)	News (N)	Mike	Kelly (N)			
<b>57-CW</b>	Family	Family	Family	Family	Philadelphia (N)	Perfect	Perfect	Family	Family	Ghosts	Neighbor	Connors		
<b>A&amp;E</b>	Live PD "Episode 34"	Live PD "Episode 1"	Live PD "Episode 41"	Live PD: Great. (N)	Live PD: Great. (N)			(:05) Live PD: Great.	LivePD					
<b>AMC</b>	(5:45) 🌟🌟🌟 London Has Fallen ('16)	🌟🌟🌟 The Italian Job ('03) Mark Wahlberg.				🌟🌟🌟 Olympus Has Fallen ('13)								
<b>CNN</b>	Jake Tapper (N) (Live)	OutFront (N) (Live)	Cooper 360 (N) (Live)	The Source (N) (Live)	CNN (N) (Live)	Laura (N) (Live)	Story Is							
<b>DISC</b>	Contraband: Seized	Contraband: Seized	Contraband (N)	Body Cam (N)	120 Hours Be	Contraband: Seized	Contraba..							
<b>DISN</b>	Bluey	Big City	Big City	Big City	Phineas	Phineas	Place	Vampirina	Kiff	Kiff	Ladybug	Ladybug	Bluey	
<b>ESPN</b>	NCAA Bsk. First Round: Teams TBA				NCAA Bsk. Second Round: Teams TBA (N)				NCAA Bsk. Second Round: Teams TBA (N)				SportsC.	
<b>ESPN2</b>	(5:00) NCAA Bsk.	NCAA Bsk. Second Round: Teams TBA (N)				TGL Golf Finals, Match 1: Teams TBA (N)				SportCtr (N) (Live)	Domoniq..			
<b>FNEWS</b>	Bret Baier (N) (Live)	Ingraham (N) (Live)	Jesse (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)	Fox News (N) (Live)	The Five							
<b>FX</b>	(5:30) 🌟🌟🌟 Iron Man 2 ('10) Robert Downey.	🌟🌟🌟 Iron Man 3 ('13) Gwyneth Paltrow, Robert Downey.				🌟🌟🌟 Fantastic Four ('05)								
<b>HBO</b>	(:10) DTF St. Louis	🌟 Three Billboards Outside Ebbing, Missouri				Born (N)	Born	St. Louis (:50) Born	Comeback (:55) Born	Neighbor				
<b>HIST</b>	Mysteries "Area 51"	History's-Mysteries	History's-Mysteries	Mysteries (N)	(:05) History's (N)	(:05) History's	Mysteries							
<b>ION</b>	Blue Bloods	Chicago P.D.	Chicago P.D.	Chicago P.D. "Fight"	Chicago "New Life"	Chicago P.D.	Chicago							
<b>LIFE</b>	NCIS "Defiance"	NCIS "Kill Screen"	NCIS	NCIS	(:05) NCIS "Tell-All"	(:05) NCIS	NCIS							
<b>MAX</b>	(5:45) 🌟🌟🌟 Split ('17)	(:45) 🌟🌟🌟 Snatched ('17)				(:15) 🌟🌟🌟 Aquaman and the Lost Kingdom			(:20) 🌟🌟🌟 Suicide Squad ('16)					
<b>NBCSPA</b>	Birds (N)	Sixers (N)	Basketball Oklahoma City Thunder at Philadelphia 76ers				Sixers (N) (Live)	Birds	Contende..	Contende..	Basketba			
<b>NICK</b>	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	
<b>PARMT</b>	🌟🌟🌟 The Hangover ('09) Ed Helms, Bradley Cooper.				🌟🌟🌟 The Hangover Part II ('11) Bradley Cooper.				🌟🌟🌟 The Hangover ('09)					
<b>TBS</b>	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Mod Fam	
<b>TCM</b>	Movie	🌟🌟🌟 Act of Violence ('49)				🌟🌟🌟 Tommy ('75) Roger Daltrey.			🌟🌟🌟 Chicago ('02) Catherine Zeta-Jones. Movie					
<b>TNT</b>	🌟🌟 Big Daddy ('99) Adam Sandler.				🌟🌟 Central Intelligence ('16)				🌟🌟 Big Daddy ('99) Adam Sandler. 🌟🌟 Tag					
<b>USA</b>	Law-SVU "Ghost"	Law-SVU "Pure"	Law-SVU "Demons"	Law-SVU "Raw"	Law-SVU "Name"	Law-SVU "Starved"	Law-SVU							

TUESDAY EVENING													MARCH 24, 2026	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
<b>3-CBS</b>	News (N)	CBS-News	Inside Ed.	ET (N)	NCIS (N)	NCIS: Origins (N)	NCIS: Sydney (N)	News (N)	(:35) Colbert (N)					
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel (N)	Will Trent (N)	High Potential (N)	R.J. Decker (N)	News (N)	(:35) J. Kimmel (N)					
<b>10-NBC</b>	NBC10Ne..	NBC News	NBC10Ne..	Hollywood	NBA Basketball Orlando Magic at Cleveland Cavaliers (N) (Live)				NBC10Ne..	(:35) J. Fallon (N)				
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Mod Fam	WWE NXT (N) (Live)				Action News at 10 (N)	Big Bang	Mod Fam	Two Men		
<b>23-PBS</b>	America	NJ Spot!	One on O..	NJ Spot!	Under the Vines	Death in Paradise	The Porter	NJ Spot!	Pathway	Newsline				
<b>29-FOX</b>	News (N)	Phantastic	The Pulse	TMZ (N)	Best Medicine (N)	Doc "Orientation" (N)	News (N)	News (N)	Mike	Kelly (N)				
<b>57-CW</b>	Family	Family	Family	Family	Philadelphia (N)	Perfect	Perfect	Family	Family	Ghosts	Neighbor	Connors		
<b>A&amp;E</b>	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Customer	Customer	Customer	Customer	RoadWar		
<b>AMC</b>	(5:30) 🌟🌟🌟 The Italian Job ('03)	🌟🌟🌟 The Fifth Element ('97) Gary Oldman, Ian Holm, Bruce Willis.				🌟🌟🌟 Enemy of the State ('98)								
<b>CNN</b>	Jake Tapper (N) (Live)	OutFront (N) (Live)	Cooper 360 (N) (Live)	The Source (N) (Live)	CNN (N) (Live)	Laura (N) (Live)	Story Is							
<b>DISC</b>	Moonshiners	Moonshiners	Moonshiners (N)	Moonshiners (N)	Moonshiners	Moonshiners	Moonshiners							
<b>DISN</b>	Hannah Montana	🌟 Hannah Montana: The Movie (:50) Hannah Montana				Hannah	Hannah	(:15) Hannah Forever	(:05) Bluey					
<b>ESPN</b>	SportCtr (N) (Live)	TGL Golf Finals, Match 2: Teams TBA (N)				TGL Golf Finals, Match 3: Teams TBA (N)				SportsC. (N) (Live)	SportCtr			
<b>ESPN2</b>	NFL Draft Daily (N)	NIT Tourn. First Quarterfinal: Teams TBA (N)				NIT Tourn. Second Quarterfinal: Teams TBA				NFL Live	NFL Draft			
<b>FNEWS</b>	Bret Baier (N) (Live)	Ingraham (N) (Live)	Jesse (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)	Fox News (N) (Live)	The Five							
<b>FX</b>	(4:30) 🌟 Alien: Romulus	🌟🌟🌟 Shang-Chi and the Legend of the Ten Rings ('21) Simu Liu.				🌟🌟🌟 Shang-Chi and the Legend of the Ten Rings								
<b>HBO</b>	🌟🌟🌟 Judy ('19) Renée Zellweger.				Comeback	St.Louis	(:25) 🌟🌟🌟 The Smashing Machine ('25)	Rooster	Comeback					
<b>HIST</b>	Curse of Oak Island	Curse of Oak Island	Curse of Oak Island	Oak Island (N)	(:05) Secrets (N)	(:05) Oak Island	Oak Island							
<b>ION</b>	Chicago Fire	Chicago Fire	Chicago Fire "2112"	Chicago Fire	Chicago Fire	Chicago Fire	Chicago							
<b>LIFE</b>	Castle	Castle "Pretty Dead"	Castle "Knockout"	Castle "Rise"	(:05) Castle	(:05) Castle	Castle							
<b>MAX</b>	(5:05) 🌟 Superman: The Movie	(:25) 🌟🌟🌟 Superman II ('80)				(:35) 🌟🌟🌟 Superman III ('83)			🌟 Superman IV: Ques..					
<b>NBCSPA</b>	Birds (N)	Birds	Unfiltered with Ricky Bo and Bill Colarulo				MLS Soccer Chicago Fire FC at Philadelphia Union							
<b>NICK</b>	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	
<b>PARMT</b>	🌟🌟 The Hangover Part II ('11) Bradley Cooper.				🌟🌟 The Hangover Part III ('13)				(:45) 🌟🌟 The Hangover Part III ('13)					
<b>TBS</b>	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Mod Fam	
<b>TCM</b>	(5:15) 🌟🌟🌟🌟 Funny Girl ('68)	🌟 From Headquarters (:15) 🌟🌟 South of Suez ('40)				(:45) 🌟 Man Who Talked Too Much Movie								
<b>TNT</b>	(5:00) 🌟 Central Intelli...	NHL on T..	NHL Hockey Minnesota Wild at Tampa Bay Lightning (N) (Live)				NHL on T..	🌟🌟 The Matrix Resurrections						
<b>USA</b>	Law-SVU "Rage"	Law-SVU "Intoxicated"	Law-SVU "Taboo"	Law & Order: SVU	Law-SVU "Gone"	Law-SVU "Fault"	Law-SVU							

**WEDNESDAY EVENING**

**MARCH 25, 2026**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
<b>3-CBS</b>	News (N)	CBS-News	Inside Ed.	ET (N)	Survivor "Open Wounds" (N)			Culinary Cup (N)		Hollywood	News (N)	(:35) Colbert (N)	
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel (N)	Scrubs	Abbott (N)	The Greatest (N)		Shark Tank (N)		News (N)	(:35) J. Kimmel (N)	
<b>10-NBC</b>	NBC10Ne..	NBC News	NBC10Ne..	Hollywood	Chicago Med		Chicago Fire		Chicago P.D.		NBC10Ne..	(:35) J. Fallon (N)	
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Mod Fam	Police 24/7 (N)		Police 24/7		Action News at 10 (N)		Big Bang	Mod Fam	Two Men
<b>23-PBS</b>	America	NJ Spot!	One on O..	NJ Spot!	Here's	State/Arts	Great Performances		Austin City Limits		NJ Spot!	One on O..	Newsline
<b>29-FOX</b>	News (N)	Phantastic	ClassH	TMZ (N)	Masked (N)		Fear Factor (N) (SF)		News (N)		News (N)	Mike	Kelly (N)
<b>57-CW</b>	Family	Family	Family	Family	Philadelphia (N)		Perfect	Perfect	Family	Family	Ghosts	Neighbor	Connors
<b>A&amp;E</b>	K9 Pa.	Patrol K9	K9 Pa.	K9 Pa.	K9 Pa.	K9 Pa.	K9 PD- Jim	K9 PD- Jim	Southern Law (N) (P)		(:05) K9 Pa.	(:35) K9 Pa.	(:05) K9 Pa
<b>AMC</b>	(5:00) 🌟🌟🌟🌟 The Fifth	Element ('97)			🌟🌟🌟 Independence Day ('96) Bill Pullman, Will Smith.			🌟🌟🌟 I, Robot ('04) Will Smith.					
<b>GNN</b>	Jake Tapper (N) (Live)	OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN (N) (Live)		Laura (N) (Live)		Story Is	
<b>DISC</b>	Expedition Unknown		Expedition Unknown		Expedition Unknown		Mysteries of (N)		Mysteries of (N)		Mysteries of		Expedition
<b>DISN</b>	Bluey	Big City	Big City	Big City	Phineas	Phineas	Place	Vampirina	Kiff	Kiff	Ladybug	Ladybug	Bluey
<b>ESPN</b>	SportCtr		NBA (N)		Basketball Atlanta Hawks at Detroit Pistons (N) (Live)				(:35) NBA Basketball		SportCtr		
<b>ESPN2</b>	(5:00) Basketball		NIT Tourn. Third Quarterfinal: Teams TBA (N)				NIT Tourn. Fourth Quarterfinal: Teams TBA				SportCtr (N) (Live)		NFL Live
<b>FNEWS</b>	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five
<b>FX</b>	🌟🌟🌟 Anyone But You ('23)				🌟🌟🌟 The Proposal ('09) Ryan Reynolds, Sandra Bullock.				🌟🌟🌟 The Other Woman ('14) Cameron Diaz.				
<b>HBO</b>	LastWeek	Comeback	(:25) Rooster		St. Louis	(:50) 🌟🌟🌟🌟 The Amazing Spider-Man ('12)				(:10) 🌟 Amazing Spider-Man 2			
<b>HIST</b>	Swamp People		Swamp People		Swamp "Monster Season" (N)		(:35) Pawn Stars (SP)		(:35) Pawn Stars		PawnStars	Swamp	
<b>ION</b>	Law-SVU "Dear Ben"		Law & Order: SVU		Law-SVU "Part 33"		Law-SVU "Brothel"		Law & Order: SVU		Law-SVU "Missing"		Law-SVU
<b>LIFE</b>	The Rookie		The Rookie		The Rookie		The Rookie		(:05) The Rookie		(:05) The Rookie		Rookie
<b>MAX</b>	(5:15) 🌟 Memento		(:10) 🌟 Abraham Lincoln: Vampire...		(:55) 🌟🌟🌟 The Wolfman ('10)				(:35) 🌟🌟🌟 A Different Man ('24)				
<b>NBCSPA</b>	Birds (N)	Sixers (N)	Basketball Chicago Bulls at Philadelphia 76ers (N) (Live)				Sixers (N) (Live)		Birds	In. Golf	On Water's	Basketbal	
<b>NICK</b>	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	
<b>PARMT</b>	🌟🌟🌟 Tommy Boy ('95) David Spade, Chris Farley.				🌟🌟🌟 Major League ('89) Charlie Sheen, Tom Berenger.				🌟🌟🌟 Major League ('89)				
<b>TBS</b>	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite				Jokers	Jokers	Jokers	Mod Fam	Mod Fam
<b>TCM</b>	(:15) 🌟🌟🌟 Stamboul Quest ('34) Myrna Loy.		🌟🌟🌟🌟 The Inspector General ('49)				🌟🌟🌟 Critic's Choice ('63) Bob Hope.		Movie				
<b>TNT</b>	(4:15) 🌟 Suicide Squad		NHL on T..		NHL Hockey Boston Bruins at Buffalo Sabres (N) (Live)				NHL on T..		🌟🌟🌟 The Flash ('23) Ezra Miller.		
<b>USA</b>	9-1-1 "Mixed Feelings"		9-1-1		League One LOVB Nebraska at LOVB Atlanta				9-1-1		9-1-1 "Red Flag"		9-1-1

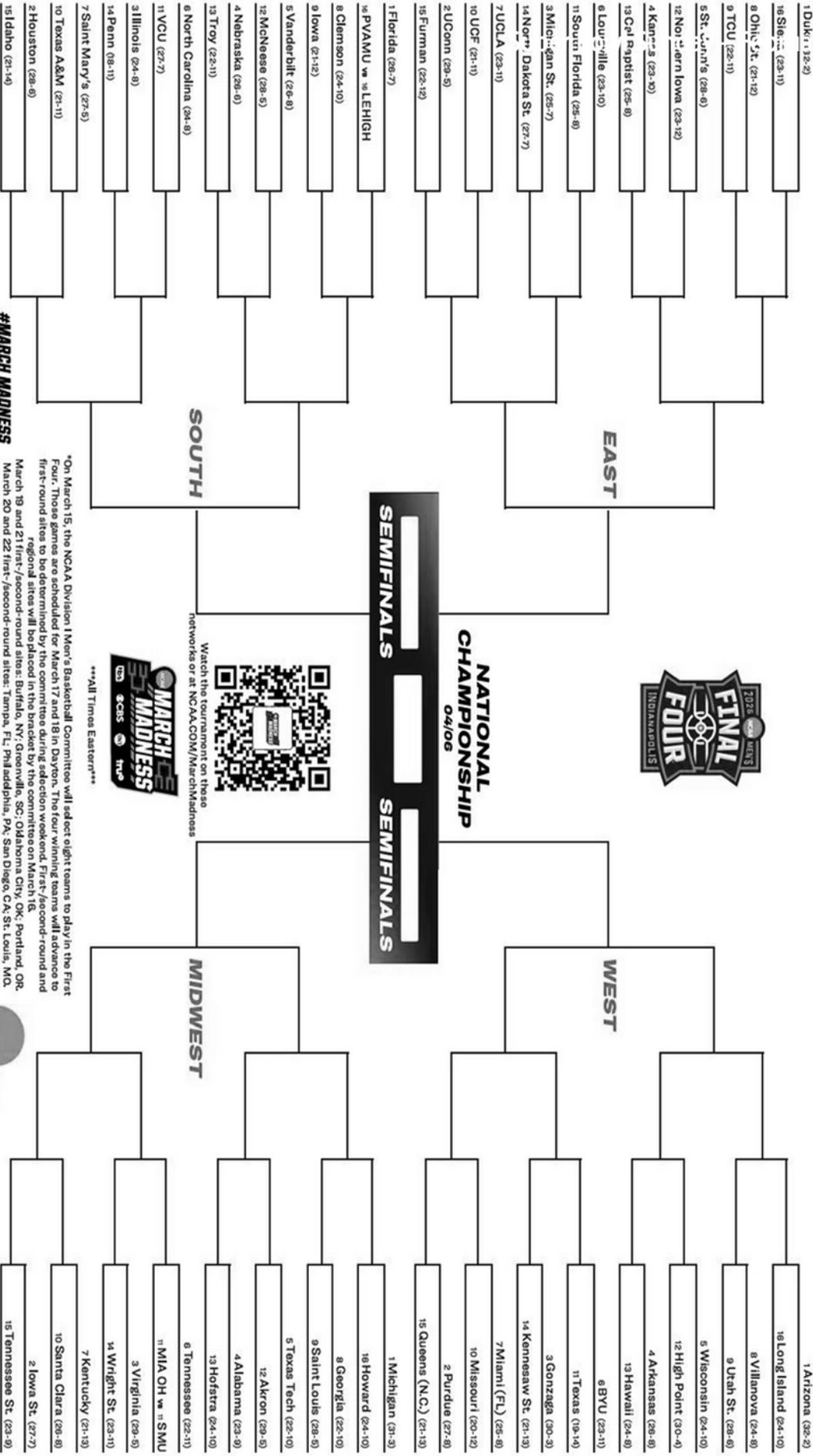
**THURSDAY EVENING**

**MARCH 26, 2026**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
<b>3-CBS</b>	News (N)	CBS-News	NCAA Regional Semifinal: Teams TBA (N) (Live)					NCAA Regional Semifinal: Teams TBA (N) (Live)					News (N)
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel (N)	9-1-1 (N)			9-1-1: Nashville (N)		Grey's Anatomy (N)	News (N)	(:35) J. Kimmel (N)	
<b>10-NBC</b>	(4:00) MLB	Baseball	NBC10Ne..	NBC News	Baseball Arizona Diamondbacks at Los Angeles Dodgers (N) (Live)					NBC10Ne..	(:35) J. Fallon (N)		
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Mod Fam	Scrabble		Trivial Pursuit		Action News at 10 (N)		Big Bang	Mod Fam	Two Men
<b>23-PBS</b>	America	NJ Spot!	One on O..	NJ Spot!	Finding Your Roots		Black-Jewish		The First Lady		NJ Spot!	One on O..	Newsline
<b>29-FOX</b>	News (N)	Phantastic	Kelly (N)	TMZ (N)	2026 iHeartRadio Music Awards (N) (Live)				News (N)		News (N)	Mike	Kelly (N)
<b>57-CW</b>	Family	Family	Family	Family	Philadelphia (N)		Perfect	Perfect	Family	Family	Ghosts	Neighbor	Connors
<b>A&amp;E</b>	The First 48 "In Blood"		First 48 "Mystery Man"			The First 48 (N)		Predator Hunters (N)		The First 48		(:05) The First 48	(:05) First48
<b>AMC</b>	Movie	🌟🌟🌟 The Day After Tomorrow ('04) Dennis Quaid.					TNA iMPACT! (N) (Live)			🌟🌟🌟 The Day After Tomorrow			
<b>GNN</b>	Jake Tapper (N) (Live)	OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN (N) (Live)		Laura (N) (Live)		Story Is	
<b>DISC</b>	Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs
<b>DISN</b>	Bluey	Big City	Big City	Big City	Phineas	Phineas	Place	Vampirina	Kiff	Kiff	Ladybug	Ladybug	Bluey
<b>ESPN</b>	SportCtr (N) (Live)		NHL Hockey Minnesota Wild at Florida Panthers (N) (Live)					NHL Hockey Edmonton Oilers at Vegas Golden Knights					SportCtr
<b>ESPN2</b>	The Point (N) (Live)		NFL Live		Hockey	College Hockey						SportCtr (N) (Live)	30 for 30
<b>FNEWS</b>	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five
<b>FX</b>	(5:30) 🌟🌟🌟🌟 Captain America: Civil War ('16) Chris Evans.					Love Story (N)			Love Story: John F.		🌟🌟🌟 Father Stu ('22)		
<b>HBO</b>	(:05) Real Time With	(:05) DTF St. Louis	Neighbors	Comeback	(:10) 🌟🌟🌟🌟 Crazy, Stupid, Love. ('11)			(:10) Shapes		Rooster			
<b>HIST</b>	Mysteries Unearthed		Mysteries Unearthed		Mysteries Unearthed		Mysteries Unearthed		(:05) Mysteries		(:05) Mysteries		Mysteries
<b>ION</b>	FBI "Walk the Line"		FBI "Leverage"		FBI		FBI "Brother's Keeper"		FBI		FBI "Short Squeeze"		FBI
<b>LIFE</b>	NCIS "Baltimore"		NCIS "Swan Song"		NCIS "Pyramid"		NCIS		(:05) NCIS "Restless"		(:05) NCIS		NCIS
<b>MAX</b>	Movie	(:50) 🌟🌟🌟 Final Destination 3	(:25) 🌟🌟🌟 Final Destination 5 ('11)				(:55) 🌟🌟🌟 Annabelle ('14)		🌟 Annabelle: Creator				
<b>NBCSPA</b>	Birds (N)	Pregame	NHL Hockey Chicago Blackhawks at Philadelphia Flyers				Postgame (N) (Live)		Birds	Greatest	Birds	Baseball	
<b>NICK</b>	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
<b>PARMT</b>	🌟🌟🌟 Legally Blonde ('01)				🌟🌟🌟 The School of Rock ('03) Jack Black.				🌟🌟🌟 Legally Blonde ('01)				
<b>TBS</b>	Big Bang	NCAA Tip Off		NCAA Regional Semifinal: Teams TBA (N) (Live)				NCAA Regional Semifinal: Teams TBA (N) (Live)					
<b>TCM</b>	🌟🌟🌟 Latin Lovers ('53) Lana Turner.				🌟🌟🌟🌟 Psycho ('60) Anthony Perkins.			🌟🌟🌟🌟 The Man Who Knew Too Much			Movie		
<b>TNT</b>	(4:45) 🌟🌟🌟 Wonder Woman 1984 ('20)				🌟🌟🌟 The Flash ('23) Sasha Calle, Michael Shannon, Ezra Miller.				🌟🌟🌟 Aquaman ('18)				
<b>USA</b>	Law-SVU "Clock"		Law-SVU "Recall"		🌟🌟🌟 Fast X ('23) Michelle Rodriguez, Tyrese Gibson, Vin Diesel.				Law-SVU "Uncle"		Law-SVU		

# 2026 NCAA DIVISION I MEN'S BASKETBALL CHAMPIONSHIP

FIRST ROUND 3/16-3/20	SECOND ROUND 3/21-3/22	SWEET 16® 3/26-3/27	ELITE EIGHT® 3/28-3/29	FINAL FOUR® 4/4	FIRST FOUR® 3/17-3/18	FINAL FOUR® 4/4	ELITE EIGHT® 3/28-3/29	SWEET 16® 3/26-3/27	SECOND ROUND 3/21-3/22	FIRST ROUND 3/16-3/20
16 UMKC (24-6)	83	11 Texas (18-14)	68	<b>DAYTON</b>	(18-17) Prairie View A&M 16	(31-1) Miami (Ohio) 11	18 Long Island (24-10)	15 Tennessee St. (23-9)	10 Santa Clara (28-8)	16 Duke (23-2)
10 Howard (23-10)	86	11 NC State (20-13)	66		(18-16) Lehigh 16	(20-13) SMU 11	8 Villanova (24-8)	13 Hawaii (24-8)	9 Utah St. (28-6)	16 Siena (23-11)



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04/10



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\*On March 15, the NCAA Division I Men's Basketball Committee will select eight teams to play in the First Four. Those games are scheduled for March 17 and 18 in Dayton. The four winning teams will advance to first-round sites to be determined by the committee during selection weekend. First-/second-round and regional sites will be placed in the bracket by the committee on March 16.  
March 19 and 21 first-/second-round sites: Buffalo, NY; Greenville, SC; Oklahoma City, OK; Portland, OR.  
March 20 and 22 first-/second-round sites: Tampa, FL; Philadelphia, PA; San Diego, CA; St. Louis, MO.  
March 28 and 29 regional sites: Houston, TX (South); San Jose, CA (West).  
March 27 and 29 regional sites: Chicago, IL (Midwest); Washington, D.C. (East).

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## SPORTS STUMPERS

### MLB Opening Day

By Alex Hendry

**Questions:**

- 1) Who was the first U.S. president to throw a season-opening ceremonial first pitch in Washington, D.C.?
- 2) Which U.S. city with a Major League Baseball (MLB) team has celebrated the Findlay Market Parade annually since 1920 in alignment with Opening Day?
- 3) On April 16, 1940, the only no-hitter thrown on Opening Day was achieved at Comiskey Park by which pitcher?
- 4) What former multi-sport stadium hosted its final MLB game on Opening Day in 2000?
- 5) Which Boston Red Sox legend got at least one hit in every Opening Day game that he appeared in?
- 6) On Opening Day 1998 in Tropicana Field, who hit the first home run in Tampa Bay Devil Rays franchise history?
- 7) Which member of the Toronto Blue Jays Level of Excellence was

the first player in MLB history to hit three home-runs in his team's season opener?

- 8) On April 4, 1999, the San Diego Padres and Colorado Rockies played the first MLB Opening Day game not held in the United States or Canada. What city did the game take place in?
- 9) Named the Opening Day starter 16 times during his career, which Baseball Hall of Fame inductee holds the record for most career Opening Day starts?
- 10) On Opening Day 1974, Hank Aaron hit the 714th home run of his career, tying the record first set by which player?

**Answers:**

- 1) William Taft
- 2) Cincinnati
- 3) Bob Feller
- 4) Three Rivers Stadium
- 5) Ted Williams
- 6) Wade Boggs
- 7) George Bell (1988)
- 8) Monterrey, Mexico
- 9) Tom Seaver
- 10) Babe Ruth

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