



# "In My Opinion" by Nancy Adler



Nancy Adler is a Certified Nutrition and Fitness Instructor. She specializes in nutrition, weight loss control and sports specific nutrition for all ages.

Nancy will create a personalized nutrition plan just for you to help you reach your goals.

You may listen to Nancy every Sunday at 2pm: Nancy Adler Nutrition LIVE! NewsTalk 1400 WOHD radio.

For more information, call Nancy at 609.653.4900 to schedule your one-on-one confidential consultation. www.NancyAdlerNutrition.com

2025

# NUTRITION, WEIGHT LOSS & FITNESS

# BENEFITS OF B12

When taken appropriately, B12 is generally considered safe. The recommended daily amount of vitamin B12 for adults is 2.4 micrograms and higher doses have been found to be safe. Your body absorbs only as much as it needs, and any excess passes through your urine. As a general rule of thumb, take your B vitamins in the morning or with a meal. Vitamin B12, for example, should definitely be taken in the morning. This is because it is important for energy metabolism, which may interrupt your sleep if taken at night.

The body relies on a variety of vitamins to maintain optimal health, and B12 is among the most important for weight management. If you want to lose excess weight, vitamin B12 is not only energy enhancing, it has been proven to promote weight loss. Another plus, proper intake is associated with lower systolic and diastolic blood pressure and a higher intake of folic acid was associated with lower systolic blood pressure in children.



2022

Nancy Adler C.F.T./S.S.N./S.S.C. 1201 New Road • Suite 131 • (609)653-4900 Cornerstone Executive Suites . Linwood, NJ 08221 Follow Nancy Adler Nutrition on Inclusion

# entertainment a.C.

## BOARDWALK HALL:

10/7 - ALAN JACKSON 10/8-9 - ATLANTIC CITY COMEDY 12/3 - THE MIDTOWN MEN FESTIVAL 10/29 - MARY J. BLIGE: GOOD

MORNING GORGEOUS TOUR

HARD ROCK: 10/7 - DARYL HALL & JOHN OATES 10/8 - WANDA SYKES 10/14 - WISIN Y YANDEL 10/22 - TOM SEGURA 10/28 - ADAM SANDLER 10/29 - RUBEN STUDDARD SINGS LUTHER VANDROSS

# GOLDEN NUGGET: 10/15 - ANDREW DICE CLAY

CAESARS:

10/17 - FAMOUS DUETS 10/20 - THE CAPRIS 10/22 - DROPKICK MURPHYS

# BORGATA:

10/7 - BILLY OCEAN 10/22 - COLBIE CAILLAT 11/4-13 - SEBASTIAN MANISCALCO 11/24 & 25 - JIM GAFFIGAN 12/10 - JERRY SEINFELD

# OCEAN RESORT:

10/15 - THE B-52S FAREWELL TOUR WITH KC & THE SUNSHINE BAND 10/21 - ZZ TOP 11/4 - BARENAKED LADIES 11/18 - THE RASCALS FEATURING FELIX CAVALIERE & GENE CORNISH 11/26 - FLO RIDA

TROPICANA: 11/11 - LUDACRIS 11/19 - EL GRAN COMBO 11/30 - DOO WOP CHRISTMAS STARRING THE DOO WOP PROJECT





The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

#### ACROSS

- 1. Walked unsteadily
- 8. Night light
- 9. Pathway
- 10. To put it briefly (3)
- 14. Lodgings
- 15. "Annabel Lee" poet
- 16. Outstanding athlete, for short
- 17. Bump into
- 18. "Of course!"
- 19. Carney & Garfunkel 20. BBQ attachment
- 24. "\_\_\_ my brother's
- keeper?" 27. Opening
- 28. Old Testament book 29. Like slick winter roads
- 32. Destroy
- 33. Fails to remember (3)
- 36. TV's "American
- 37. Suffix for differ or exist
- 38. "Beat it!" (3)

#### DOWN

- 1. Poem type
- 2. Browns bread
- 3. Actress \_\_-Margret 4. "Or \_\_!"; ultimatum
- words 5. Cheerleader's cry
- 6. Opponent
- 7. Dig
- 8. Ore seeker
- 11. No longer in bed
- 12. Word on a gift tag

- 13. Record albums, for short
- 14. "\_\_\_\_ Believer"; Monkees song
- 20. \_\_ back; recoiled
- on; attack
- suddenly 22. "\_\_\_\_ lke";
  - 1952 campaign button words
- 23. Morning hour
- 24. Conjunction
- 25. <u>badge; scouting</u> award
- 26. "If \_\_\_ \_\_
  - Hammer"
- 29. Bit of land in the sea
- 30. Neighbor of Nevada: abbr.
- 31. Yul's initials
- 34. Stir-fry pan
- 35. Flowery ring









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# HOROSCOPE OCTOBER 6 - OCTOBER 12, 2022

#### ARIES (Mar. 21- April 20)

Tempers could boil if someone you work with has not been pulling their weight. You must watch your tendency to spend whatever you make. You can help other people with their financial problems by setting up a budget for them. You must be careful not to trust just anyone.

#### TAURUS (Apr. 21- May 21)

You may want to make plans to take a vacation together. Organize your house and be sure to include the whole family in the projects you have set out to do. Try to bend but by no means should you give in completely. Your intuition will be right on. Follow your feeings in matters pertaining to financial investments.

#### GEMINI (May 22-June 21)

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5

-7

2.3

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Look into alternatives that would better suit both your needs. Don't expect romantic encounters to be lasting. You will be able to talk to your lover about future goals and perhaps make plans for the two of you to take a vacation. Try to get out and socialize.

#### CANCER (June 22-July 22)

Efforts made to improve yourself will turn out to your satisfaction. Spend some quality time with the one you love. Your talents will shine at work. Look it your options before making commitments that could jeopardize your financial position. Don't let someone talk you into parting with your cash unless you can truly see the benefits of doing so.

#### LEO (July 23-Aug 22)

You will upset your partner if you have spent money on things that aren't necessary. You can make money through solid investment plans. Be cautious not to get involved in office chatter that will cause problems for others. Pleasure trips will bring you into contact with new and interesting people.

#### VIRGO (Aug. 23-Sept. 23)

You need to put some trust in others. You need adventure and excitement in your life. You can accomplish a lot if you deal with other people's money or possessions this week. Erratic behavior at home may be hard to handle.

#### LIBRA (Sept. 24 -Oct. 23)

You can make the most headway if you put in some overtime. You can make new friends and get involved in new hobbies successfully. Problems with your boss could lead to unemployment. Your emotions are fluctuating, so be careful not to say things you'll regret.

#### SCORPIO (Oct. 24 - Nov. 22)

This is not the best day to visit relatives who get on your nerves. You are best to keep your money fied up in a safe and secure place. Take a second look; another person's philosophy may be extremely different from yours. Be aware that you might be at fault as well.

#### SAGITTARIUS (Nov. 23 -Dec. 21)

You need to take a break with the ones you love. Abrupt changes in your home may send you for a loop. Your ability to deal with others will help you in getting the support you need. Not everyone will be pleased with your plans.

#### CAPRICORN (Dec 22.- Jan. 20)

Travel for business purposes may bring the highest returns. Travel for business will be advantageous. Your charm will be captivating. You may have ignored or neglected your mate lately.

#### AQUARIUS (Jan. 21 - Feb. 19)

Lending and borrowing may be a problem. Put your thoughts into action. Don't overspend to impress others. Lovers may prove unworthy of your affection.

#### PISCES (Feb. 20-Mar. 20)

Your ability to talk circles around your colleagues will help you forge ahead in the workforce. Your added discipline will help you complete the impossible at work. Don't make any unreasonable promises. You should be looking into making changes around the house.

Horoscopes Provided by: astrology-online.com







## African Americans in the City: Unveiling Atlantic City Library's New Digital Repository

Join us for the public unveiling of the Atlantic City Library's new digital repository - highlighting the history of African-Americans in the city - on Monday, Oct. 17, at 1 p.m. at Stockton University Atlantic City. As part of the library's "City of Dreams: The Atlantic City Experience" project, staff members have made more than 10,000 items - including photos, audio, video, artifacts and more - from the library's archives collection available online. This special event can also be viewed virtually. Please contact library archivist Jacqueline Silver-Morillo at (609) 345-2269, ext. 3063, or jmorillo@acfpl.org for more information.









Enzo just celebrated his first birthday and got his first catch with his daddy Theo. Way to go Enzo! Happy 1st Birthday! Love you!

# Now welcoming new residents!







BY GEORGE DICKIE

# sports quiz

# **IL history**

### **Questions:**

#### Answers: Stars, Philadelphia Flyers, Pittsburgh Penguins, St. Louis Blues

1) When was the first National Hockey League game played?

2) What teams constitute "the Original Six"?

3) In what year was the first Stanley Cup awarded?

4) Who was Lord Stanley?

5) What team has won the most NHL championships?

6) Six franchises have folded in NHL history. Name them (as they were known in their final year of operation).

7) In its biggest year of expansion, 1967, the NHL added six teams. Name them.

Catholic ( Charities

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FOR MORE INFORMATION, PLEASE CONTACT:

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Ashli McLean (856) 203-0375

Marcus Biddle (856) 214-1277

Calitornia Seals, Los Angeles Kings, Minnesota North

Wontreal Maroons, St. Louis Eagles, Philadelphia Quakers placeticans, Cleveland Barons, Hamilton Ligers,

club won the championship of the Amateur Hockey

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3) 1893, when the Montreal Amateur Athletic Association

Wontreal Canadiens, New York Rangers, loronto Maple

3) Boston Bruins, Chicago Blackhawks, Detroit Red Wings,

COPIERS

The Montreal Canadiens, with 24

4) The Earl of Preston and Governor General of Canada,

Association of Canada

1) Dec. 19, 1917

**Leats** 

who in 1892 purchased the tirst Stanley Cup, known then as

the Dominion Hockey Challenge Cup





press it to the meat. Season with salt and a liberal amount of pepper. Grill to medium rare. Remove from grill and allow to rest for 5 minutes. Slice, plate, and serve as-is, over a salad or with a nice sauce. Enjoy! Hint: Fall archery season is here! This is a simple and great

camp-side, or back deck dish with minimal ingredients. Take advantage of the fall harvest.



	Y EVE	NING									ОСТО	BER 7	2022
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00		-
3-CBS	News	CBS	Inside Ed.		S.W.A.T. "T		Fire Count		Blue Bloo		News	Late Show	
6-ABC	News	ABC	Jeopardy!	Wheel	Shark Tanl	k	20/20 (In S	tereo) 🖾			News	Jimmy Kin	nmel Live!
10-NBC	News	NBC	News	Holly	College Bo	owl 🖸	Dateline N	BC (In Stere	eo) 🖸		News	Tonight Sh	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Ne	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Frankie	McLeod's	Daughters	Midsomer	Midsomer	Murders	NJ Spotl	One/One	World
29-FOX	The Six	Props	TMZ CC	You Bet	WWE Frida	ay Night Sm	nackDown		News	Special	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	iHeartRadi	o Music Fe	stival Night	1 CC	News Phil	ly	Law & Ord	er: SVU	Neighbor
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AMC	(5:00) ***	"The Conju	ıring"	***½"Polt	ergeist" (19	982) Craig T	. Nelson. 🖸		Creepsho	N (CC)	The Walkin	ng Dead "Lo	ockdown"
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ESPN2	SportsCen	ter 🖸	Football	College Fo	otball Hous	ton at Memp	ohis. (Live) 🛙	20	1	Max	NFL Live 🛙	C	Baseball
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HBO	(4:50) **½	"Armagedd	on"	House of t	he Dragon	"Popstar: I	Never Stop	"	Real, Bill I		Espookys	Real, Bill N	laher
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ION	Hawaii Fiv	e-0 🖸	Hawaii Fiv		Hawaii Five		Hawaii Fiv		Hawaii Fiv		Hawaii Fiv		Hawaii
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TNT	(4:30) "The	Ŭ	*** "Capt			· · ·	,		All Elite W	•	All Elite W		"Meg"
USA	"Fast & Fu	rious"	** "2 Fast	2 Furious"	(2003) Paul	Walker.	** "Fast &	Furious" (	2009) Vin D	iesel.	**½"Fast	Five" (2011	)

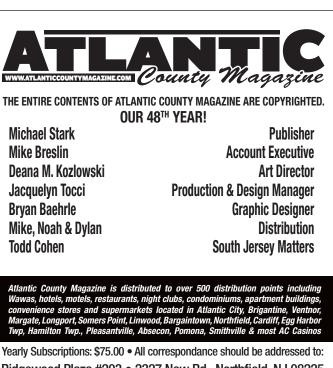




# TIDE TABLE

STARTING WITH OCTOBER 6, 2022

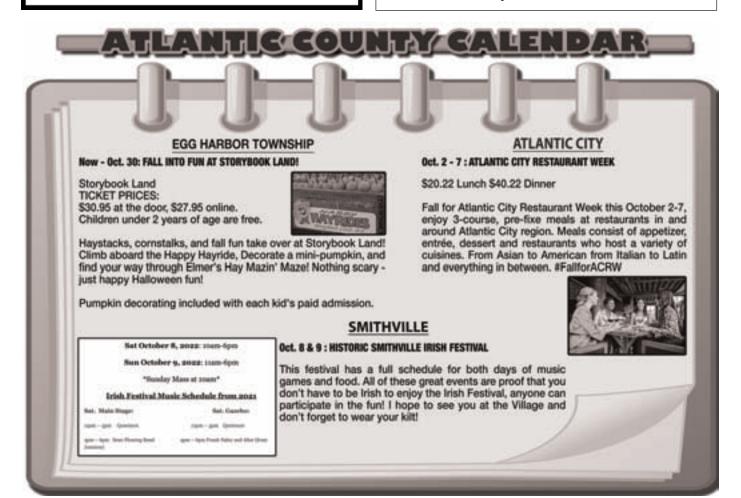
6 Low 11:13 AM 0.3 6:32 PM Rise 5: 6 High 5:35 PM 5.1 6 Low 11:56 PM 0.0 F 7 High 6:09 AM 4.4 7:00 AM Set 4:	59 AM 19 PM 12 AM 47 PM	79 88
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7 High 6:27 PM 5.1		
Sa 8 Low 12:43 AM -0.2 7:01 AM Set 5:	24 AM	94
8 High 6:57 AM 4.8 6:29 PM Rise 6:	12 PM	
8 Low 1:03 PM -0.1		
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Su 9 Low 1:27 AM -0.2 7:02 AM Set 6:	33 AM	98
9 High 7:41 AM 5.0 6:28 PM Rise 6:	37 PM	
9 Low 1:52 PM -0.2		
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11 Low 3:24 PM 0.0		
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W 12 Low 3:26 AM 0.1 7:05 AM Set 9:	56 AM	96
12 High 9:42 AM 5.0 6:23 PM Rise 7:	59 PM	
12 Low 4:10 PM 0.2		
12 High 10:05 PM 4.1		



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Tom Chin coaches his granddaughter, Sydney Chin, in his original monologue, The Tree and Me.

Made possible by funds from the Atlantic County Office of Cultural & Heritage Atlans, a partne of the New Jensey State Council on the Arts.



Actors, Dayle Friedman (left) and Sharon Haywood (right) practice their monologues for the SJP Fundraiser.



Actors, Joe Chialastri and Shirlee DiBacco, briskly spar rehearsing Edward Shakespeare's new play, Confucious Say, "Oy Vey!"



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# City of Preams: The Atlantic City Experience

Public Unveiling Monday October 17th @ 1pm Stockton University, AC Campus

You are invited to the public unveiling of the Atlantic City Library's new digital repository - highlighting the history of African-Americans in the city - on Monday, Oct. 17, at 1 p.m. at Stockton University Atlantic City.

As part of the library's "City of Dreams: The Atlantic City Experience" project, staff members have made more than 10,000 items - including photos, audio, video, artifacts and more - from the library's archives collection available online.

This special event can also be viewed virtually. Please contact library archivist Jacqueline Silver-Morillo at (609) 345-2269, ext. 3063, or jmorillo@acfpl.org for more information.









SATU	RDAY	AFTEF	RNOON								осто	BER 8	, 2022
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00		5:00	,
3-CBS	Hope-	Home	1	Heroes	We Need t	o Talk	Football	Football	College Fo	otball			
6-ABC	oh baby!	College Fo	otball Texa	s vs Oklaho	ma. From C	otton Bowl S	Stadium in D	allas.	Football	College Fo	otball		
10-NBC	One	Rescue	Premier Le	ague Soco	er: Seagulls	vs Spurs	Goal	Count	NASCAR )	finity Raci	ng Series D	rive for the (	Cure 250.
17-MNT	Paid Prg.	Paid Prg.	Paid Prg.	House	Raw Trav.	black-ish	black-ish	S.W.A.T. "/	Animus"	Celebrat	Sheldon	Pocono M	oun
23-PBS	Deepak Ch	opra: Beco	ming Metal	numan	Collagen D	iet With Dr	. Josh	My Farm	Wild	Mexican	Sara's	NJ Busin	State-Aff
29-FOX	Kickoff	College Fo	otball Michi	gan at India	ana. (In Stere	eo Live) 🖾			Extra	College Fo	otball Tear	ns TBA. 🖾	1
57-CW	HBCU	College Fo	otball Eliza	beth City St	ate at Virgini	a Union. (Li	ve)		HBCU	College Fo	otball		
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DISN	Big City	Ladybug	Ladybug	Hamster	Hamster	Villains	Villains	Bizaard	Bizaard	Bizaard	Big City	Big City	Big City
ESPN	GameDay	College Fo	otball Tenn	essee at LS	SU. (Live) 🖾	1		Football	ТВА	MLB Base	ball		1
ESPN2	SportCtr	MLB Basel	ball Wild Ca	rd Series: 7	eams TBA.	(Live) 🖸		Football S	coreboard	College Fo	otball North	n Carolina a	t Miami.
FNEWS	Cavuto	Fox News	Live 🖸	Fox News	Live 🖾	Fox News	Live 🖾	Journal Ec	litorial Rpt.	Fox News	Live 🖾	Saturday S	Show
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ION	Law-SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU
	Murder	"Secrets o	f a Marine's	Wife" (202	21) 🖸	"Abducted	I: The Mary	Stauffer St	ory" 🖸	"Girl in the	e Basement	." (2021) 🖸	
MAX	(11:12) *½	" <b>R.I.P.D.</b> " (2	2013)	** "Three	Amigos!" (	1986)	"Sleeping	With the Er	nemy"	*** "Scho	ool Ties" (1	992) (In Stei	reo) 🖸
NBCSPA	Paid Prg.	Golf	College Fo	otball Prin	ceton at Lafa	yette. From	Fisher Stad	ium in Easto	on, Pa.	World Pok	er	World Pok	er
NICK	Sponge.	** "Ice Ag	e: Collision	Course" (	2016)	To Be Ann	ounced			★★½ "The A	Addams Fai	mily" (2019)	) CC
PARMT	NCIS	NCIS "Jack	Knife"	NCIS "Mot	her's Day"	*** "John	Wick" (20	14) Keanu R	eeves.	*** "Johr	Wick: Cha	pter 2" (20	17) 🖸
TBS	Friends	Friends	★★½ "Minio	<b>ns</b> " (2015)	CC (DVS)		***½"Shr	<b>ek</b> " (2001) 🛙	C (DVS)		*** "Shre	<b>k 2</b> " (2004)	
TCM	"A Mod	★★½ "The L	ong Night"	(1947)	***½"The	Sundowne	rs" (1960) [	Deborah Ker	r.	**** "Do	uble Indem	nity" (1944)	CC
TNT	** "U.S. N	arshals"	*** "Spac	e Cowboy	s" (2000) Cli	nt Eastwood		★½ "Gone i	n Sixty Sec	onds" (200	0) Nicolas C	age.	"Con Air"
USA	Soccer	Premier	NASCAR C	up Series		*** "Furic		5) Vin Diese				"Fast & Fu	irious"

SATU	RDAY	EVENI	NG								осто	BER 8	, 2022
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00		,
3-CBS	College Fo	otball	Postgame	Football		otball Texa	s A&M at Al		Stereo Live)	CC	News	Paid Prg.	Magnum
6-ABC	College Fo	otball	Football	College Fo	otball Clem	son at Bosto	on College.	(In Stereo L	ive) 🖸		News	News	Jeopardy!
10-NBC	News	NBC	Paid Prg.	College Fo	otball BYU	vs Notre Da	me. (In Ster	reo Live) 🖸			News	Saturday N	light Live
17-MNT	Big Bang	Big Bang	Big Bang	Big Bang	Chicago P	D. CC	Chicago P	.D. 🖸	Action Nev	ws at 10	Philler	Delco	Mom
23-PBS	Reporters	Chat Box	NYC Arts	The Arts	Old	House	The Goes	Mary-	Beecham	House	The Queer	n and	Endea
29-FOX	College Fo	otball	Extra	College Fo	otball Wash	nington State	e at USC. (Ir	n Stereo Liv	e) 🖸		News		Shazam
57-CW	College Fo	otball		FamFeud	iHeartRadi	o Music Fe	stival Night	2 CC	News Phill	у	WOW - Wo	omen	Neighbor
A&E	The First 4	8 00	The First 4	8 00	The First 4	8 00	First 48: M	lind	Killer Case	es 😳	The First 4	8 00	First 48
AMC	"Final Des	tinatn"	★★½ "Final	Destination	n" (2000) CC		**½"Final	Destinatio	<b>n 2</b> " (2003) [	CC	** "Final I	Destination	3" 🖸
CNN	CNN News	room	CNN News	room	CNN News	room	Stanley Tu	icci	Stanley Tu	icci	Stanley Tu	icci	Murdochs
DISC	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid	Afraid
DISN	Big City	Ladybug	Ladybug	Ladybug	Chibiv	Chibiv	Hamster	Hamster	Big City	Big City	Chibiv	Ladybug	Ladybug
ESPN	MLB Base	ball	Baseball	MLB Basel	oall Wild Ca	rd Series: T	eams TBA.	(Live) 🖾		Scores	College Fo	otball	
ESPN2	College Fo	otball	To Be Ann	ounced	Baseball	MLB Basel	ball Wild Ca	ard Series: T	eams TBA.	00	1	Formula 1	
FNEWS	Fox Repor		Gutfeld! 🖸		One Nation	-	Dan Bongi		Lawrence	1	One Nation		Unfiltered
FX		"The Propo		**½ "Juras				-	1	Alaska Da	-	"Hangove	
HBO		•	ers Movie"	· · /		eague of Su	•	· ·			the Dragon	*** "Elvis	, ,
HIST	Ancient Al		Ancient Al	iens					es" (In Stered	,	1		Aliens
ION	Law & Ord		Law & Ord		Law & Ord		Law & Ord		Law & Ord		Law & Ord	er: SVU	Law-SVU
			ory" (2022)		•	pearance of		· /			า" (2015) 🖸		"Disap
		· · · ·	2003) (In Ste	,		Bourne Ider		) [[2]			oremacy" (2	,	"J Gris
NBCSPA	Birds	Football	•	otball Albar	, ,				-	1	ceton at Lafa		1
	•	1	2" (2013) (In	,		ligh: The M	``	<u>′</u>	Lay Lay	Friends	Friends	Friends	Friends
PARMT	"John		n Wick: Cha	· · · · · · · · · · · · · · · · · · ·			,		<b>Wick</b> " (20 <sup>-</sup>	,		,	"10 Clo
TBS			American	1			U	Burgers	Burgers	Burgers	★½"Billy M		1
TCM		Omega Man	( /			Day the Ea			1	,	73) Yul Bryn	ner.	"PhenixC
TNT			1997) 🖾 (D\			0	•	9) Robert D	owney Jr., C		( )		"Hulk"
USA	"Fast & Fu	irious"	**½"Fast	Five" (2011)	Vin Diesel,	Paul Walke	r. 🖾 (DVS)		*** "Furio	ous 7" (201	5) Vin Diese	I. 🖾 (DVS)	

SUND	AY AF	TERNO	DON								осто	BER 9	, 2022
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
3-CBS	CBS3	The NFL T		1		h Steelers a	t Buffalo Bill	s. 🛙		NFL Postg	ame	PBR Team	Series
6-ABC	Inside	News	Italian Am	erican Para	de	MLB Base	ball Wild Ca	rd Series: T	eams TBA.	In Stereo Li	ve) 🖸	Hearts of	Vets-Pets
10-NBC	Issue	Paid Prg.	Paid Prg.	NASCAR-0	Countdown	NASCAR (	Cup Series	Bank of Ame	erica ROVAL	. 400. (In Ste	ereo Live) 📧	]	
17-MNT	In Touch	Stories	Paid Prg.	In Focus	This	Pregame	MLS Socce	er Toronto F	C at Philade	Iphia Union	. (Live)	Philadel	black-ish
23-PBS	Think Tk	State-Aff	Class	Lidia	Milk	Kitchen	Dr. Fuhrma	an's End Di	eting Forev	er! 🖸	Sinatra in	Concert-Ro	yal
29-FOX	Kickoff	FOX NFL S	Sunday	NFL Footb	all Atlanta F	alcons at Ta	ampa Bay B	uccaneers. (	In Stereo Liv	/e) 🖸	NFL Footb	all	
57-CW	Gone Vi	World's	World's	Storm of S	uspicion	SOS: How	to Survive	The First 4	8	Major Crim	nes 💷	SEAL Tea	m 🚾
A&E	Flip	Triple Digit	t Flip 🖾	Hoarders 🛙	C	Hoarders I	20	Hoarders 0	20	The First 4	8 00	The First 4	<b>18</b> CC
AMC	(11:09) **	"Silver Bull	let" 🖸	***½"Car	r <b>ie"</b> (1976, H	lorror) Sissy	/ Spacek. 🖾		*** "Mise	<b>ry</b> " (1990) J	lames Caan	, Kathy Bate	es. 🖸
CNN	News	State of Ur	nion	Fareed Zal	aria GPS	<b>CNN News</b>	room	<b>CNN News</b>	room	<b>CNN News</b>	room	CNN News	room
DISC	Alaska	Last Front	ier	Last Front	ier	Last Front	ier	Last Front	ier	Alaska: Th	e Last Fror	ntier 🖾 (DVS	S)
DISN	Big City	Ladybug	Ladybug	Jessie	Jessie	Raven	Raven	Greens	Big City	Big City	Big City	Hamster	Hamster
ESPN	(10:00) Su	nday NFL C	ountdown	MLB Base	ball Wild Ca	rd Series: T	eams TBA.	(Live) 🖾		MLB Base	ball		
ESPN2	(10:00) Far	ntasy Footb	all Now	Drive	Football Fi	nal	Drive	Women's (	College Soc	cer		MLS Socc	er
FNEWS	Medi	Fox News	Live 🖸	Fox News	Live 🖾	FOX News	Sunday	Maria Bart	iromo	Fox News	Live 🖾	Sunday Sh	now
FX	"Sweet"	★★½ "The F	Proposal" (2	2009) Sandra	a Bullock. 🖾		** "The Ha	angover Pa	rt II" (2011)	Bradley Co	oper.	"Jurassic	World"
HBO	★★½ "Cry N	<b>lacho</b> " (202	1)	"Dodgebal	I: A True U	nderdog Ste	ory" 🖸	** "Ride A	Along" (2014	4) 🖸	Real, Bill M	/laher	Espookys
HIST	Cnt. Cars	American	Pickers	American	Pickers	American	Pickers	American	Pickers	American	Pickers	American	Pickers
ION	NCIS	NCIS "Sunt	ourn"	NCIS "1mm	ı"	NCIS "The	First Day"	NCIS "True	Believer"	NCIS "Wint	er Chill"	NCIS "Wat	chdog"
LIFE	Castle	Castle 🗠		Castle 🖸		Castle 🖾		Castle 🛙		Castle 🕫		Castle 😳	
MAX	(10:55) * "	The One"	*** "3:10	to Yuma" (2	2007) (In Ste	ereo)	** "Hunte	r Killer" (20	18) Gerard I	Butler.	★★½ "Valky	<b>/rie</b> " (2008)	00
NBCSPA	Paid Prg.	Home	Paid Prg.	Slim Cy	MyBiotin	Football	Birds	Eagles Pre	game Live	College Fo	otball		
NICK	Sponge.	"Monster H	ligh: The M	lovie" (2022	) [[]	★★½ "Trolls	s World Tou	ır" (2020) 🖸		*** "Desp	picable Me 2	<b>2</b> " (2013) (Ir	i Stereo)
PARMT	NCIS	NCIS "Obse	ession"	NCIS "Bord	erland"	★★½ "The A	Addams Far	<b>nily</b> " (1991)	Anjelica Hu	ston.	"Addams I	Family Valu	<b>es</b> " (1993)
TBS	"10 Things	I Hate Abo	ut You"	** "The W	edding Pla	nner" (2001	) []]	*** "Hitch	<b>n"</b> (2005) Wi				"Crazy
TCM	"PhenixC	**½"On O	ur Merry W	ay"	***½"The	Little Foxe	<b>s</b> " (1941) Be	ette Davis. 🛙	C	*** "The	Subject Wa		
TNT	(11:05) **	<sup>½</sup> " <b>Hulk</b> " (20	03) Eric Bar	na. 📧 (DVS)		*** "Tran	sformers" (	2007, Action	n) Shia LaBe	ouf. 🖸 (DVS	S)	"Avengers	: End"
USA	Premier Le	ague Socc	er: Gunners	vs Reds	Premier	Premier Le	eague Socc	er		Goal	Law & Ord	er: SVU	Law-SVU

SUND	AY EV	<b>ENING</b>	ì								ОСТО	BER 9	, 2022
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	News	60 Minutes	S CC	The Equali	zer 🖸	East New \	York 🖸	NCIS: Los	Angeles	News	Sports	J. Osteen
6-ABC	News	ABC	Funny Ho	ne Videos	Celebrity J	eopardy!	Celebrity V	Vheel	The Rooki	е	News	Sports	Visions
10-NBC	News	NBC	Football N	ight	NFL Footb	all Cincinna	ti Bengals a	t Baltimore F	Ravens. (In S	Stereo Live)	00	News	Eagles
17-MNT	Two Men	Two Men	Gold	Gold	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Action Nev	ws at 10	Seinfeld	Sheldon	Outdoors
23-PBS	<b>Rick Steve</b>	es' Heart of	Italy (In Ste	reo) 🖸	Paul Anka:	His Hits		Il Volo: Te	n Years 🖾		Front and	Center	The Goes
29-FOX	NFL Footb	all		The OT	Simpsons	The-North	Burgers	Fam. Guy	News		News	Feed	Paid Prg.
57-CW	Magnum F	<b>P.I.</b> CC	FamFeud	FamFeud	Family Lav	v	Coroner (Ir	n Stereo)	News Phill	у	WOW - Wo	omen	King
A&E	The First 4	<b>18</b> CC	The First 4	8 00	The First 4	8	The First 4	8	The First 4	8 00	The First 4	<b>18</b> CC	First 48
AMC	(5:54) ** '	'Christine"	(1983) Keith	Gordon.	The Walkir	ng Dead	The Walkir	ng Dead	InterVam	pire	Talking De	ead 💷	Walk
CNN	CNN News	sroom	Who's Tal	king	Stanley Tu	cci	Stanley Tu	icci	The Murdo	ochs	Stanley Tu	icci	Stanley
DISC	Alaskan B	ush	Alaskan B	ush	Alaskan B	ush	Last Front	ier	A Cut Abo	ve 👓	Last Front	tier	Alaskan
DISN	Ladybug	Ladybug	***½"Cor	pse Bride"	(2005)	Villains	Ultra	Raven	Ladybug	Chibiv	Big City	Big City	Big City
ESPN	MLB Base	ball	Baseball 1	onight	MLB Base	ball Wild Ca	rd Series: T	eams TBA.	(Live) 🖸		SportsCer	nter 🖸	SportsC.
ESPN2	(5:00) MLS	Soccer Tea	ams TBA.	Drive	SportsCen	ter 🖾	Golf PGA J	Junior Leagu	le Champior	nship.	Football F	inal	Baseball
FNEWS	Fox Repor	t	Sunday Ni	ght	Life, Libert	y & Levin	The Next F	Revolution	Sunday Ni	ght	Life, Liber	ty & Levin	Revolu
FX	(5:00) "Jui	rassic World	d: Fallen Ki	ngdom"	*** "Ant-I	Man and Th	e Wasp" (20	018) Paul R	udd.	*** "Ant-	Man and Th	ne Wasp" (2	018)
HBO	★½"The Hi	tman's Wife	e's Bodygu	ard"	House of t	he Dragon	House of t	he Dragon	House of t	he Dragon	00	Last	House
HIST	American	Pickers	American	Pickers	American	Pickers	American	Pickers	American	Pickers	American	Pickers	Pickers
ION	NCIS 🖾 (D	VS)	NCIS "Gut	Punch"	NCIS "Sang	gre"	NCIS "Misc	conduct"	NCIS 🖾 (D	VS)	NCIS "Blow	vn Away"	NCIS
CIFE	Castle 📧		Castle "Gh	iosts"	Castle 💷		Castle 💷		Castle 💷		Castle 🖾		Castle
MAX	"Valk	"An Ameri	can Haunti	<b>ng"</b> (2005)	** "Lucky	<b>You</b> " (2007	') Eric Bana.	00	*** "Com	ing to Ame	rica" (1988)	) [[]	"Santa
NBCSPA	College Fo	ootball	Golf	Eagles Pos	stgame Live	9 CC	Golf	Bensinger	Greatest	Eagles Po	stgame Liv	e 🖸	Poker
NICK	**½ "Dr. S	euss' the Lo	orax" (2012	) CC	"Monster H	ligh: The M	l <b>ovie</b> " (2022	2) CC	Friends	Friends	Friends	Friends	Friends
PARMT	"Ad	★★½ "The A	Addams Fa	mily" (1991)	00	★★½ "Adda	ms Family '	Values" (19	93)	*** "Goo:	sebumps"	(2015) Jack	Black.
TBS	(5:30) ***	½ "Crazy Ri	ch Asians"	(2018)	** "Sweet	Home Alab	ama" (2002	2)	**½ "Ocea	n's 8" (2018	3) Sandra B	ullock. 📧 (D'	VS)
TCM	**** "So	u <b>nder</b> " (197	2) Cicely Ty	son.	** "Mexica	an Spitfire"	(1939)	** "Down	Argentine	<b>Way</b> " (1940	) Betty Grab	ole. 🕅	"Hot
TNT	(5:05) ***	½ "Avenger	s: Endgame	e" (2019) Ro	bert Downe	y Jr.	*** "Tene	et" (2020) Jo	hn David W	ashington. F	Premiere. 🖸		"Trans
USA	Law-SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU



## 25 Years Ago, On A Turntable Not Too Far Away..... by Joe Molineaux

It is not too often one gets to truly combine two passions that could be described as light years apart. In doing some pre-column writing research this week, I found a musical movie connection that brought me back to my childhood and connected two of my favorite things.

Back in 1977, I was riding my bike, collecting baseball cards, delivering newspapers every morning and totally geeking out over a movie called *Star Wars*. Having already seen the movie multiple time, I was more than familiar with the story line having forever burned the dialogue into my memory banks by acting out portions of the movie with friends. Of course, the opening/main movie theme by John Williams is iconic. Every time I hear the 20th Century Fox movie opening my mind automatically goes to the beginning of that amazing piece of music.

This week's column is not about John Williams or his great musical contributions to movies like *Jaws*, *Star Wars*, *India Jones* or so many other terrific films. This week's column is about a band's disco adaptation of a portion of William's score by the band Meco. Its origination and contribution to the popularity of the 1977 film and on-going staying power of the song are featured in the film.

"Star Wars Theme/Cantina Band," a song recorded by Meco, was released by the band on its 1977 album "Star Wars and Other Galactic Funk." Meco was led by Domenico Monardo. The American record producer and musician went by the name Meco as well as used the name for his band and his production team.

After it's release, the song rose to number one on the Billboard Hot 100 charts on October 1st of that year. It remained the top song for two weeks. It also peaked at number 7 on the British Singles Chart. With a nine-week total run on the charts, the single was certified Platinum by the RIAA when it sold a million copies. With the Disco craze in full swing in 1977, the genre of the song is listed as "Disco-Instrumental." The term "Space Disco" has also been used to describe the version of the song.

My family is well aware that I am a huge fan of *Star Wars*. While the number of *Star Wars* fans continues to grow exponentially, I am proud to say I was one of the two million people that bought the single upon its release. The force was strong in me, so I jumped on my bike like it was Luke Skywalker's land speeder and road to a place called Groveland Discounts like it was Mos Eisley spaceport. The 45 RPM of "Star Wars Theme / Cantina Band" cost me a dollar of hard-working paperboy money. It was a dollar well spent. That record was played over and over again by me on every record player we had in our house. It served as the ideal soundtrack for my aforementioned acting out portions and scenes from the movie *Star Wars*.

The story of Meco's involvement, ultimate recording of his version and the songs popularity is roughly based on the following events. *Star Wars* opened on Wednesday May 25, 1977. Meco attended the 20th Century-Fox *Star Wars* release. Apparently within two days he had watched the film five times, and ended up attending several more screenings in the following days.

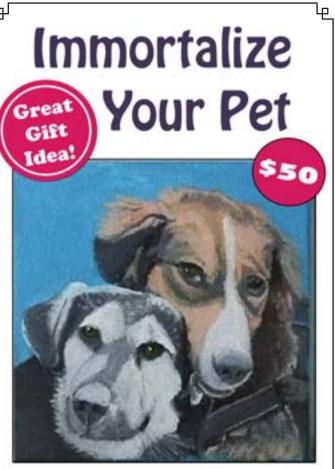
It was at that point that Meco got the idea to make a disco themed version of the John Williams score. Meco reached out to share the concept with Neil Bogart at Casablanca Records. Casablanca was one of the top disco labels at the time. Casablanca released disco songs by Donna Summer, The Village People, Lipps, Inc and even offered a disco song by KISS with the band's "I Was Made For Lovin' You" later in 1979. The Casablanca executives waited until the movie and the movie soundtrack was a hit before agreeing to assist Meco with his idea. Millennium Records, then a Casablanca subsidiary, became Meco's first record company.

Within a few weeks the team assembled recorded "Star Wars and Other Galactic Funk." The album was nominated for "Best Instrumental Pop Performer" in 1977 but lost to the genius that is John Williams for the original soundtrack album of *Star Wars*. The Meco song continues to remind people of good time movie memories in a galaxy far far away.

<text>

Until next time, may the force and the music be with you!





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# PPAWS - People & Puppies at Work for Sight "MEET THE PACK!"

## What Is The Seeing Eye Puppy Raising Program?

Over the course of a year and a half, volunteers like yourself host a puppy in their home. The family provides love, care, obedience training and social exposure to assist the puppy in becoming a future Seeing Eye\* dog.

#### HOST FAMILIES:

- Attend required puppy club meetings and outings
- Provide pup with loving environment, care of daily needs, and vet care for health needs
- Provide obedience training according to TSE guidelines
- Provide social exposure
- Gain support from the Area Coordinator

Allow puppy to live in their home until returns for formal training

#### THE SEEING EYE PROVIDES SUPPORT BY:

 Providing an online manual and guidelines for Puppy Raising

- Having a dedicated support staff member in your local area
- Ensuring host families have appropriate training materials

 Supplies heartworm and flea and tick preventative medications

Covering veterinary expenses

Assisting with food costs by supplying a quarterly stipend

PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise these amazing puppies for The Seeing Eye. Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny.

If you are interested in raising a puppy for The Seeing Eye, contact Peter at (609)804-8774 or visit seeingeye.org/raise for info.









MONE	DAY EV		3							(	ОСТОЕ	<b>BER 10</b>	, 2022
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00		11:00		,
3-CBS	News	CBS	Inside Ed.	ET	Neighbor	Bob Heart	NCIS 🖾 (D	VS)	NCIS: Haw	/ai'i	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Bachelor i	n Paradise	cc (DVS)		The Good	Doctor	News	Jimmy Kin	nmel Live!
10-NBC	News	NBC	News	Holly	The Voice	"The Blind A	Auditions, Pa	art 7"	Quantum I	_eap 🖾	News	Tonight Sh	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Nev	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Nature 🖾 (	DVS)	NOVA 🖾 ([	DVS)	Levison W	ood	NJ Spotl	One/One	World
29-FOX	The Six	The Pulse	TMZ CC	You Bet	9-1-1 🖸 (D	VS)	The Cleani	ing Lady	News		News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	All Americ	an 🖾	All Americ	an	News Phill	у	Law & Ord	ler: SVU	Neighbor
A&E	(5:30) ***	"Edge of T	omorrow" (	2014)	**½ "The H	litman's Bo	dyguard" (	2017) (In St	ereo)	Neighbor.	Neighbor.	Neighbor.	"Hitman"
AMC	"Jeepers C	Creepers"	**½ "Trick	'r Treat" (2	007, Horror)	CC	Kevin Can	F	**½"Jeep	ers Creepe	r <b>s</b> " (2001) 🖸		Kevin Can
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	CNN Tonig	ght 🖸	CNN Tonig	ght 🖸	CNN Tonig	ght 🖸	AC 360
DISC	Street Out	laws	Street Out	laws	Street Out	laws: No Pr	ep Kings (li	n Stereo) 🚾	(DVS)				Street Ou
DISN	Mickey	***½"Cor	pse Bride"	(2005) 'PG'	CC	Big City	Villains	Ultra	Big City	Big City	Ladybug	Ladybug	Jessie
ESPN	Monday Ni	ght Countd	lown 🖸		NFL Footb	<b>all</b> Las Vega	as Raiders a	at Kansas Ci	ty Chiefs. 📧		Postgame	SportsCen	iter
ESPN2	SportsCen	ter 🖸	SportsCen	ter 🖸	Street Lea	gue Skateb	oarding 🖾		Devin The	PFL 2022	UFC	Football F	inal
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Ca	rlson	Hannity (L	ive) 🖸	The Ingrah	nam Angle	Gutfeld! 🖸	]	Fox News
FX	(5:00) ***	"Live Free	or Die Hard	l" (2007)	** "A Goo	d Day to Di	e Hard" (20	)13) 🖸	** "A Goo	d Day to D	ie Hard" (20	)13) 🖸	"Live
HBO	Last Week	To.	House of t	he Dragon	**½ "Hot T	ub Time Ma	achine" (20	10) 'R'	Avenue 5	Avenue 5	House of t	he Dragon	"Miami"
HIST	Ancient Al	iens	Ancient Al	iens	Ancient Al	iens	Ancient Al	iens Specia	al Presentat	ion	Ancient A	iens	Ancient
ION	Criminal M	linds 🖸	Criminal M	linds 😳	Criminal M	linds 🖾	Criminal M	linds 🔤	Criminal M	linds 🖾	Criminal N	linds 🔤	Criminal
LIFE	The First 4	8	The First 4	8	The First 4	8	Meet, Marr	ry, Murder	Sleeping V	Vith	Meet, Mari	ry, Murder	First 48
MAX	"Blood"	★½"Becau	se I Said So	)" CC	**** "Rai	n Man" (198	88) Dustin H	loffman.	★★½ "Days	of Thunde	r" (1990) 🖸	<b>1</b>	"Next"
NBCSPA	Birds	Birds	NBA Prese	ason Bask	etball: 76ers	s at Cavalier	ſS	Birds	Eagles Pos	stgame Liv	e 🖸	Birds	Basket
NICK	"Despicab	le Me"	Fairly	Fairly	*** "Desp	oicable Me 2	2" (2013) (In	n Stereo)	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	Movie (In S	Stereo) 🖾	1	1	1	★½"Grown	<b>Ups</b> " (2010	0) Adam Sar	ndler.
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American		
TCM	"Illustrat"	"Goke, Bo	dy Snatche	r"	*** "Rope	<b>e</b> " (1948) 🖸		*** "Obse	ession" (197	76) Cliff Rob	pertson.	*** "The	Fog"
TNT	(5:00) ***	"Tenet" (20	020, Action)	CC	*** "Read	ly Player Or	ne" (2018) T	Tye Sheridar	n. 🖸 (DVS)		★★½"Cowl	ooys & Alie	ns"
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	WWE Mon	day Night R	AW (In Ster	reo Live) 🖾			Chucky 🖸	(DVS)	Reginald

# **TUESDAY EVENING**

TUES	DAY E	VENIN	G							(	ОСТОЕ	<b>BER 11</b>	, 2022
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	FBI "Victim	" CC	FBI: Intern	ational	FBI: Most	Wanted	News	Late Show	/-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Bachelor i	n Paradise	CC (DVS)		The Rooki	ie: Feds	News	Jimmy Kir	nmel Live!
10-NBC	News	NBC	News	Holly	The Voice	00	La Brea 🖸	(DVS)	New Amst	erdam	News	Tonight S	how
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Net	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Agatha Ch	ristie's Mar	ple	American	Songbook	Tell Me	NJ Spotl	Look Up	World
29-FOX	The Six	The 215	TMZ 🖸	You Bet	The Resid	ent	Monarch 🖾	C (DVS)	News		News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	The Winch	nesters	Profession	nals	News Phil	ly	Law & Orc	ler: SVU	Neighbor
A&E	The First 4	8 00	The First 4	8 00	The First 4	18 CC	The First 4	8 00	The First 4	<b>48</b> CC	The First 4	18 🖸	First 48
AMC	** "Lake F	Placid" (199	9) Bill Pullm	an. 🖸	**** "Jav	<b>vs</b> " (1975) F	Roy Scheider	r, Robert Sh	aw. 🖸		★★½"Jaws	<b>2</b> " (1978) 🛙	C
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	CNN Tonig	jht 🖸	CNN Tonig	ght 🖸	CNN Tonig	ght 🖸	AC 360
DISC	Deadliest (	Catch	Deadliest (	Catch	Deadliest	Catch	Love Off th	ne Grid	Alaskan B	ush	Alaskan B	ush	Deadliest
DISN	Ladybug	Ladybug	Hamster	Hamster	Big City	Big City	Owl Hse.	Owl Hse.	Owl Hse.	Owl Hse.	Ladybug	Ladybug	Jessie
ESPN	SportsCen	ter (Live) 🔤		NHL Hock	ey: Lightning	g at Rangers	6		NHL Hock	ey: Golden	Knights at K	ings	
ESPN2	The Point	(Live) 🖸	NFL Live 🛙	0	30 for 30 🖸	C		30 for 30 🖸	C		SportsCer	nter 🖾	SportCtr
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Ca	rlson	Hannity (Li	ive) 🖸	The Ingral	ham Angle	Gutfeld! 🖸	]	Fox News
FX	"Fast & Fu	rious Prese	ents: Hobbs	& Shaw"	★★½ "Bad I	Boys for Lif	<b>e</b> " (2020) W	/ill Smith. 🚾		★★½ "Bad	Boys for Li	i <b>e</b> " (2020) 🖸	1
HBO	Real Time	Yvonne Or	ji	House of t	he Dragon	CC	"38 Gar	★½ "Jumpe	<b>er"</b> (2008) 'F	PG-13'	Avenue 5	*½ "21 and	l Over"
HIST	Skinwalke	r Ranch	Beyond Oa	ak Island	Beyond Oa	ak Island	Beyond Oa	ak Island	Curse-Isla	nd	Curse-Isla	nd	Oak Is
ION	Chicago F	ire	Chicago Fi	ire	Chicago F	ire	Chicago Fi	ire	Chicago F	ire	Chicago F	ire	Chi. Fire
CIFE	Castle 🛙		Castle 🖾		Castle 😳		Castle 🗠		Castle 🗠		Castle 🗠		Castle
MAX	** "We're	the Millers	' (2013) (ln S	Stereo)	** "The H	angover Pa	rt III"	★½ "Next D	ay Air" (20	09)	** "Cruisi	i <b>ng</b> " (1980)	CC
NBCSPA	Birds	Birds	The Best S	how Ever?	00						Birds	Eagles Po	stgame
NICK	*** "Desp	picable Me	<b>2</b> " (2013) (In	Stereo)	★★½ "The A	Addams Far	<b>mily</b> " (2019)	00	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	Movie (In S	Stereo) 🖸				Movie (In S	Stereo) 🚾		
TBS	MLB Base	ball			·	Sheldon	Sheldon	MLB Base	ball				
TCM	(4:45) ***	"The FBI S	tory"	MGM	"Those Ma	agnificent M	len in Their	Flying Mac	hines"	*** "It's a	a Mad, Mad,	Mad, Mad	World"
TNT	"Mummy"	*** "Read	ly Player Or	<b>1e</b> " (2018) 1	ye Sheridar	n. 🖾 (DVS)		**½ "The l	Nummy Ref	t <b>urns</b> " (200 <sup>-</sup>	1) Brendan F	Fraser.	"Solo"
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	WWE NXT	(In Stereo L	.ive) 📧		Chucky 🖸	(DVS)	9-1-1 🖸 (D	VS)	9-1-1

WEDN		Y EVE									ОСТОЕ	ED 12	2022
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00		11:00		<i>.</i>
3-CBS	News	CBS	Inside Ed.		Survivor 🖸		The Real L		The Amazi		News	Late Show	
6-ABC	News	ABC	Jeopardy!	Wheel	Conners	Gold	Abbott	Home E.	Big Sky 🖾	(DVS)	News	Jimmy Kir	nmel Live!
10-NBC	News	NBC	News	Holly	Chicago M	ed	Chicago F	ire	Chicago P.	.D.	News	Tonight SI	างพ
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	S. Joyner	Sports	Action Nev	vs at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Drive	Kea's Ark	Guilt on M	asterpiece	Guilt on Ma	asterpiece	NJ Spotl	Class	World
29-FOX	The Six	ClassH	TMZ CC	You Bet	The Maske	d Singer	LEGO Mas	ters	News		News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	DC's Starg	irl 👓	Kung Fu "F	Risk" 📧	News Phill	у	Law & Ord	er: SVU	Neighbor
A&E	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court
AMC	** "A Nigl	ntmare on E	Im Street"	(2010)	**** "Hal	loween" (19	978, Horror)	CC	"Halloweer	n 4: Michae	l Myers"		Vampire
CNN	Situation F	Room	E. B. OutFr	ront	Anderson	Cooper	<b>CNN</b> Tonig	ght 🖸	CNN Tonig	pht 🖸	CNN Tonig	ght 🖸	AC 360
DISC	Expedition	Unknown	Expedition	Unknown	Tut's Toxic	c Tomb (In S	Stereo) 🖾		Expedition	Unknown	Expedition	Unknown	Tuťs
DISN	Ladybug	Ladybug	Greens	Big City	Big City	Big City	Villains	Ultra	Big City	Big City	Ladybug	Ladybug	Jessie
ESPN	SportsCen	ter 🖸	NBA	NBA Prese	ason Bask	etball: Nets	at Bucks		NBA Prese	ason Bask	etball: Timb	erwolves at	Lakers
ESPN2	Daily Wag	er 🖸	Football	College Fo	otball Louis	siana at Mars	shall. (Live)	CC		SportsCer	nter 🖸	SportsCer	nter 🖸
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Ca	rlson	Hannity (Li	ive) 🖸	The Ingrah	am Angle	Gutfeld! CC		Fox News
FX	(4:00) ***	"X2"	***½"The	Avengers"	(2012) Rob	ert Downey	Jr. (In Stere	o)	Welcome	Welcome	Welcome t	0	Welcome
HBO	Avenue 5	***½"Belf	<b>ast</b> " (2021)	CC	*** "Elvis	" (2022) Au	stin Butler. (	In Stereo) 'F	PG-13' 🖸		Espookys	"Daybreak	<b>ers"</b> 'R'
HIST	Pawn Star	s	Pawn Stars	6	Pawn Star	s (In Stereo)	CC (DVS)		Forged in	Fire	Pawn Star	s	Pawn
ION	Blue Blood	ds 🖸	Blue Blood	s cc	Blue Blood	s 🖸	Blue Blood	ds 🖸	Blue Blood	s 🖸	Blue Blood	ds 🖸	Blue
	Castle 💷		Castle "Boo	om!" 🖸	Married at	First Sight	CC		Married	Married at	First Sight	CC	Married
MAX	<b>(5:14)</b> **½	"Australia"	(2008) (In S	itereo)	* "Stealing	g Harvard" (	(2002)	** "Sex D	rive" (2008)	CC	★★½ "Stucl	k on You" (2	2003)
NBCSPA	Birds	Birds	NBA Prese	ason Bask	etball: Horn	ets at 76ers		Birds	In. Golf	Golf	Bensinger	Greatest	Basket
NICK	"Addams	Family"	Slimetime	Dylan	"Monster H	ligh: The M	l <b>ovie</b> " (2022	<u>2) CC</u>	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	Movie (In S	Stereo) 📧				★★½ "Majo	r League" (*	1989) (In Ste	ereo)
TBS	Big Bang	Big Bang	Big Bang	Big Bang	All Elite W	restling: Dy	namite (Liv	e) 🖸	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon
TCM	**½ "Corve	ette Summe	er" (1978) 🖸		***½ "Here	e Comes Mi	r. Jordan" (	1941)	*** "Beda	zzled" (196	67) Peter Co	ok.	"Angel"
TNT	NHL on TM	іт	NHL Hocke	y Boston B	ruins at Was	shington Cap	oitals.	NHL Hock	ey Chicago I	Blackhawks	at Colorado	Avalanche.	00
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Chucky 🖸	(DVS)	Dr. Death (	In Stereo)	Joe vs Car	ole "Sanctu	ary"

THUR	SDAY	EVENI	NG							(	ОСТОЕ	<b>BER 13</b>	, 2022
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Sheldon	Ghosts	So Help M	e Todd	CSI: Vegas	S CC	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Station 19	(In Stereo)	Grey's Ana	atomy	Alaska Da	ily	News	Jimmy Kin	nmel Live!
10-NBC	News	NBC	News	Holly	Law & Ord	er	Law & Ord	ler: SVU	Law & Ord	ler	News	Tonight SI	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action New	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Show Me	The U.S. a	nd the Holo	caust (In Si	ereo) 🖻		NJ Spotl	Kea's Ark	World
29-FOX	The Six	Kelly	TMZ CC	You Bet	Hell's Kitc	hen	Flatch	Kat	News		News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Walker 📧		Walker Ind	1.	News Phill	ly	Law & Ord	ler: SVU	Neighbor
A&E	The First 4	8 00	The First 4	8 CC	The First 4	8	60 Days In	CC	Inmate to	Roommate	The First 4	<b>18</b> CC	First 48
AMC	**** "Hal	loween" (19	978, Horror)	CC	** "Hallov	veen H20: 2	0 Years Lat	ter" 😳	* "Hallowe	en: Resurr	ection" (20	02) 🖸	"Dawn"
CNN	Situation F	loom	E. B. OutFr	ont	Anderson	Cooper	CNN Tonig	ght 🖸	CNN Tonig	ght 🖸	CNN Tonig	ght 🖸	AC 360
DISC	Mysteries	of	Mysteries (	of	Mysteries	of	Mysteries	of	Mysteries	of	Mysteries	of	Mysteries
DISN	Ladybug	Ladybug	Hamster	Hamster	Big City	Big City	Villains	Ultra	Big City	Big City	Ladybug	Ladybug	Jessie
ESPN	SportsCen	ter 👓	College Fo	otball Temp	ole at UCF.	(Live) 🖸			SportsCen	iter	SportsCer	nter	SportCtr
ESPN2	Daily Wage	er 🖸	SportsCen	ter 🖸	MLS Socc	er Round Or	ne: Teams T	BA. 🖸	30 for 30 🖸	0	<b>T</b>		ТВА
FNEWS	Special Re	port	Jesse Wat	ers	Tucker Ca	rlson	Hannity (L	ive) 🖸	The Ingrah	nam Angle	Gutfeld! 🖸	]	Fox News
FX	"The Aven	gers" 🖾	*** "Thor	Ragnarok	" (2017) Ch	ris Hemswor	th. (In Stere	20) CC	Atlanta	Atlanta	Atlanta	*** "Bum	blebee"
HBO	"Macho"	"38 Gar	House of t	ne Dragon	House of t	he Dragon	** "Ride A	Along" (201	4) Ice Cube.	'PG-13'	Avenue 5	Espookys	"Night
HIST	Mountain I	Nen	Mountain M	/len	Mountain	Men "The Su	ummit"	Alone	Alone	Mountain	Men 🖾 (DVS	S)	Mnt. Men
ION	Chicago P	.D.	Chicago P.	D.	Chicago P	.D.	Chicago P	.D. "Rage"	Chicago P	.D.	Chicago P	.D.	Chicago
	Rizzoli & Is	sles 🖾	Rizzoli & Is	les 🖸	Rizzoli & I	sles 🖾	Rizzoli & Is	sles 🖾	Rizzoli & I	sles 🖾	Rizzoli & I	sles 💷	Rizzoli
MAX	"Sweeney	Todd: The	Demon Bar	oer"	** "Righte	eous Kill" (2	2008)	** "Brook	lyn's Fines	<b>t</b> " (2009) Ri	chard Gere.	CC	"R.I.P.D."
NBCSPA	Birds	Pregame	Birds	Fantasy Fo	ootball	Golf	Poker	Flyers Pos	tgame	Birds	World Pok	er	Postgame
NICK	Sponge.	Sponge.	Dylan	Lay Lay	** "Space	Jam" (1996	6) Michael J	ordan.	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	★★½ "Majo	r League" (1	1989) Tom E	Berenger. 🖾		*** "The	Goonies" (*	1985) Sean J	Astin.
TBS	MLB Base	ball					MLB Base	ball America	an League D	ivision Serie	es, Game 2:	Teams TBA	. CC
TCM	**** "Gig	i" (1958) Le	slie Caron.		High	**** "Hig	h Noon" (1	952)	High	**** "On	the Waterfi	r <b>ont</b> " (1954)	CC
TNT	**** "Sta	r Wars: A N	lew Hope" (	1977) Mark	Hamill. 🖸 ([	OVS)	**** "Sta	r Wars: The	e Empire St	rikes Back'	(1980) 🖸 (I	DVS)	"Star
USA	(5:00) "Oly	mpus Has I	Fallen"	** "Angel	Has Fallen	" (2019, Acti	on) Gerard	Butler.	Race-Char	npionship	Joe vs Ca	r <b>ole</b> "Sanctu	ary"







# MLB playoff records

By George Dickie

#### **Questions:**

 In what year was baseball's League Championship Series introduced?
Who holds the record for most home runs in Division Series play?
Whe has the most bits

3) Who has the most hits in Division Series play?

4) Who has the most hits

in League Championship Series play?

5) Who has saved the most games in League Championship Series history?

6) Who holds the Division Series record for wins?7) In what year was the Division Series introduced? 8) Who holds the all-time LCS record for stolen bases?9) Who has played in the most LCS games?10) Who has hit the most home runs in the League Championship Series?

#### Answers:

1) 1969 2) Manny Ramírez with 12 3) Derek Jeter, with 92 4) Manny Ramírez, with 59 5) Mariano Rivera recorded 13 saves. 6) Justin Verlander has eight wins. 7) 1995 8) Rickey Henderson, with 17 9) Derek Jeter, with 54 10) Manny Ramírez, with 13

Fronthe	NFL: Week 4 Thursday PTS (0/0)	E YOU REA DME FOOT	HTT51	CELTEX- SECTEX	7 (52.5)	Underdeg Smu RUTGERS CORNELL Historica Colorada State Univ	Faverite UAB Duke MIAAH (PLA.) Ohio State Washington Ole Miss	College Footb Saturday PTS (0/0) 9.5 (52.5) 3 (53.5) 26.5 (64.5) 14 (57.5) 18.5 (66.5)	Underste Michille Ter GEORGIA TEC Michille Ter Michille Ter ARIZINA ARIZINA VANDERBIN
BRONCOS	3 (43)	Colts		MARYLAND	7 (85.5) 3 (59.5) 3 (50.5)	ORLAHOMA Purdue VIIICINIA	UTSA	6.5 (72.5)	Weste
	Sunday	Giants		Mu hugan	33.5 (59)	INDIANA	LOUISIANA TECH	3 (\$3.5)	Uti
#PACKERS	8.5 (41.5)	JETS		STATING .	1.5 (54.5)	Buffalo	Wyoming	3.5 (37.5)	NEW MEXIC
Dolphins	3 (44.5)			ORIDA	7 (47.5) 18.5 (54.5)	MISSOUT	Appalachian	19.5 (55.5)	TEXAS STAT
BILLS	14 (47.5)	Steelers		MLE Contham	9.5 (72)	Bartmouth	Madison	18.5 (56.5)	ARKANS
Chargers	3 (47.5)			Exception 1	7 (599)	CCSU	Air Force	10 (55.5)	UTAH STA
VIKINGS	7 (44)	Bears		GISHAM	3.5 (54)	Eastern	TROY	6.5 (44.5)	Southern M
PATRIOTS	3 (46.5)	Lions		CONCLUSE .	3 (63.5)	Michigan	UConn	5 (46.5)	PATERNALIS
SAINTS	5.5 (45.5)	Seahawks		12505 Suppr	8 (62.53	Arkansas	KENTUCKY WARE FORES	18 (49)	South Carolin
BUCCANEERS	9 (48) 2 (42.5) 1	Falcons		TATE	2.5 (65.5)	Southern	Kansas State	2 (45.5)	IOWA STA
Titans	7 (44.5)	Texans		OHIO	11.5 (59.5)	Akron	USC	13 (66)	Washingt
1.	6.5 (29.5)	PANTHERS		ANCINNATI	27.5 (59.5) 4.5 (54.5)	South Florida UCLA	ILLINOIS	3.5 (35.5)	and the
49ers RAMS	4.5 (43.5)	Cowboys		SEORGIA	14.5 (41.5)	Virginia Tech	Clemson	20.5 (48.5)	28351
Eagles	5.5 (48.5)	CARDINALS		MASS.	29.5 (49) 24.5 (59.5)	1. Honority	ALABAMA	24.5 (51.5)	Texas as
RAVENS	3 (48.5)	Bengals		ULANE	6 (ST.5) 3.5 (S3.5)	East Carolina	Coastal	14 (58.5)	LOUISIAN
#London, Engl		pengars		TATE	9.5 (69.5)	Texas Tech	NC STATE	15 (51)	Florida Sta
wrondon, Eng	Monday			Alisconsin	18 (44.5) 4.5 (45.5)	N'WESTERN NAVY	OTTENEN BORSE STATE SAN DIEGO	7 (45.5)	Fresno Sta
CHIEFS	7 (51)	Raiders		SINTRAL HCHICAN	7.5 (63.5)	Ball State	STATE	21 (48)	Hiter
and the second sec		and the second se		MICHIGAN	5.5 (59.5)		Oregon State	7 (56.5)	STANFO
Ho	me team in C	APS		foledo	5.5 (59.5)	NORTHERS		ome team in	



