

# ATLANTIC

## County Magazine

JULY 21, 2023

Entertainment • Attractions • Dining • TV Listings

FREE



**Roxy  
Lost Dog**

Pages 40 & 41



**Claudia's  
Fashions**

Page 3



**Today's Business  
Computers Inc**

Page 27



**Lucy The  
Elephant**

Page 43



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## New Homes for Sale

Page 29



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PERSONAL SHOPPER





**Atlantic County Magazine's 2023 Summer Coloring Contest**

**How does the contest work?** All entries must be received by Wed, August 2, 2023. One entry per child. To enter, take a picture of your child holding up their completed coloring page and email it to [atlanticcountymagazine@comcast.net](mailto:atlanticcountymagazine@comcast.net) with the subject "Coloring Contest." Be sure to include child's name, age and what they love about summer. **Are there prizes?** Yes! Winners will be featured in Atlantic County Magazine as "Child of the Week" with their art!



**"In My Opinion"  
by Nancy Adler**



Nancy Adler Nutrition is the recipient of the Gold Award in The Best of the Press 2020, 2021 & 2022 Readers Choice Awards! Thank you to all who voted!

Nancy Adler is a Certified Nutrition and Fitness Instructor. She specializes in nutrition, weight loss control and sports specific nutrition for all ages.

Nancy will create a personalized nutrition plan just for you to help you reach your goals.

You may listen to Nancy every Saturday 11 am-1 pm: Nancy Adler Nutrition LIVE! NewsTalk 1400 WOND radio.

For more information, call Nancy at 609.653.4900 to schedule your one-on-one confidential consultation.

[www.NancyAdlerNutrition.com](http://www.NancyAdlerNutrition.com)

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Holistic weight loss is an approach that considers many factors that can contribute to a person carrying around extra weight. It includes not only diet and exercise, but also the spiritual, emotional, and mental components that play a huge roll in the body's ability to reach and maintain a healthy weight.

Eating fewer processed foods, drinking more green tea, and taking probiotics are just a few natural methods that can promote weight loss. Along with these habits should include drinking more water, monitoring food portions, managing stress, getting enough sleep, and regular exercise. Losing weight in a natural approach will prove to keep the weight off long term.



**Nancy Adler C.F.T./S.S.N./S.S.C.**

1201 New Road • Suite 131 • (609)653-4900

Cornerstone Executive Suites - Linwood, NJ 08221

Follow Nancy Adler Nutrition on 

2023

**ENTERTAINMENT A.C.**

2023

**BOARDWALK HALL:**

7/22 - RISING STAR PROMOTIONS:  
BOARDWALK BOXING  
8/16 - VIP AIR SHOW WATCH PARTY

**HARD ROCK:**

7/21 - KOOL & THE GANG AND  
THE COMMODORES  
7/22 - GOV'T MULE'S DARK  
SIDE OF THE MULE WITH  
SPECIAL GUEST JASON  
BONHAM'S LED ZEPPELIN  
EVENING  
7/27 - ALABAMA

**CAESARS:**

7/27 - SMOKEY & ME:  
A CELEBRATION OF  
SMOKEY ROBINSON  
8/18 - JOHN FOGERTY  
8/24 - DANCE TO THE  
MOVIES  
8/25 - TRAIN

**BORGATA:**

7/22 - COUNTING CROWS  
WITH SPECIAL GUEST  
DASHBOARD CONFESSIONAL  
8/4 & 5 - MOE.  
8/25 - JESSICA KIRSON

**GOLDEN NUGGET:**

7/29 - HERMAN'S HERMITS  
8/5 - AMBROSIA  
8/11 & 12 - ROD STEWART TRIBUTE

**OCEAN RESORT:**

NOW - 9/3 - MAGICAL MYSTERY DOORS  
7/21 - I LOVE THE 90'S TOUR  
7/22 - DIRTY HEADS  
7/28 - HAPPY TOGETHER TOUR 2023

**TROPICANA:**

7/29 - JACK WHITEWALL



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# TV CHALLENGE

1	2	3 *		4	5	6	7		8	9	10
11				12					13		
14			15						16		
		17					18				
19	20							21		22	23*
24*										25	
26										27	
28		29						30	31		
		32		33			34				
35	36			*	37	38				39	40
41				42					43		*
44*				45					46		

The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

**ACROSS**

- LAX arrival
- Perón or Mendes
- Rudely brief
- Biblical book
- Limb
- \_\_\_ \_\_\_ funk; moody
- Actress Glaudini
- Folklore creature
- In what way?
- Driver's lic. & Soc. Sec. card
- Actress Susan
- Rescue vessel
- Shove
- Peruvian Indian
- Fratricide victim
- City near Lake Tahoe
- Webster & Wyle
- Person not to be trusted
- Agreeable reply
- Undergarments
- Wray of "King Kong"
- Charlotte \_\_\_
- St. Augustine's place: abbr.
- Sports official
- Emerson's monogram
- Cruz or Feinstein: abbr.

**DOWN**

- Traffic tie-up
- Perón or Mendes
- Rudely brief
- Biblical book

Solution  
Turkey

N	E	K	E	S	A	V	A	P	S	S	V	A	V
W	A	V	A	L	M	A	V	H	V	A	V	A	V
R	S	E	R	F	U	R	K	F	V	A	N	K	F
N	V	B	A	N	O	O	O						
O	T	S	O					D	N	V	H		
N	E	B	E					N	C	S			
R	E	A	R					F	E	A	R		
S	M	O	T	I	V	N	V	S					
D	O	N	O	N	R	O		A	V	A	V		
H	I	G	L	I	V	E	T						

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 A M E L T R E G R U B M I L E  
 R D I G R U Y E R E N S A I D  
 M E K P R O C E S S E D A K G  
 E M C D Q U E S O F R E S C O  
 S C A R A L L E R A Z Z O M N  
 A U J E G R A N A P A D A N O  
 N R Y I R H A L L O U M I C T  
 E D E L L C H A V A R T I O L  
 G S R O Q U E F O R T E D L I  
 A T E F C H A D U O G N E B T  
 T E T P O R T S A L U T A Y S  
 T D N G O R G O N Z O L A C E  
 O A O P A N E E R S E B R I E  
 C M M U N S T E R S T R I N G

### Say Cheese!

BRIE	GORGONZOLA	MONTEREY	PORT SALUT
CANTAL	GOUDA	JACK	PROCESSED
COLBY	GRANA	MOZZARELLA	QUESO FRESCO
COTTAGE	PADANO	MUNSTER	RICOTTA
CREAM	GRUYERE	OKA	ROQUEFORT
CURDS	HALLOUMI	PANEER	STILTON
EDAM	HAVARTI	PARMESAN	STRING
FETA	LIMBURGER	PECORINO	URDA

# HOROSCOPE

JULY 20 - JULY 26, 2023

## ARIES (Mar. 21-April 20)

Your attitude could be up and down like a yo-yo. Your own small business on the side sounds pretty lucrative. Kick your shoes off and relax. Organize social events or family gatherings.

## TAURUS (Apr. 21-May 21)

This will not be the day to have minor surgery. Throw yourself into your work. You could be emotional if you didn't take care of problems with loved ones. Joining organizations will provide you with stimulating romantic contacts.

## GEMINI (May 22-June 21)

Stress may cause minor health ailments. Deal with the needs of children. Your love will not be willing to listen to your criticism. Encourage the youngsters in your family.

## CANCER (June 22-July 22)

Relationships may be hard to handle. Think about your budget before booking a trip. You may find your self in a romantic situation. You can gain valuable cultural knowledge through dealing with foreigners.

## LEO (July 23-Aug 22)

You will be appreciated for the competence you exhibit and for taking on responsibilities. You will be too quick to point your finger at your mate. Uncertainty regarding your mate may emerge; reevaluate what you see in each other. Your romantic inclination should lead to a committed relationship.

## VIRGO (Aug. 23-Sept. 23)

Do your job and then spend some time with family; you'll be glad you did. Be prudent and don't be led down the garden path. Make changes regarding your friendships. You could be attracting individuals who are anything but good for you.

## LIBRA (Sept. 24-Oct. 23)

Risky financial ventures will result in unrecoverable losses. Do not get involved in joint financial ventures. Make plans to mix business with pleasure. Dinner with clients or business associates should be successful. Try not to get into disputes that will lead to estrangement's.

## SCORPIO (Oct. 24 - Nov. 22)

Opportunities will develop through those you encounter while attending organizational events. Don't be too quick to respond to a plea for help. You're in the mood to spend time with your lover. You can make new friends and experience new things if you do a bit of traveling.

## SAGITTARIUS (Nov. 23-Dec. 21)

Put your thoughts into some trendy new ideas. Be cautious when dealing with co-workers. You are best to keep hard feelings to yourself. Take your time.

## CAPRICORN (Dec 22 - Jan. 20)

Don't divulge secret information. Plan a day of enjoyment with them. You can make a big difference to children if you are understanding of the difficulties they are experiencing. Make your intentions perfectly clear and find out exactly what is expected of you.

## AQUARIUS (Jan. 21 -Feb. 19)

You might have a problem juggling your time. Don't settle for less than the best. Use your inventiveness to find solutions. Be supportive in order to avoid confrontations.

## PISCES (Feb. 20-Mar. 20)

You need to keep busy doing things that you both enjoy. Sudden changes could result in estrangement's. Minor accidents could occur if you don't take precautions. Try to spend some time on your own.

Horoscopes Provided by: astrology-online.com



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# ATLANTIC County Magazine

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OUR 49<sup>TH</sup> YEAR!

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## ATLANTIC COUNTY CALENDAR

### ATLANTIC CITY

#### Now - September 3 - TROPICANA ATLANTIC CITY FIREWORKS

Showtime: 10pm  
Tropicana Atlantic City lights up the sky every Saturday from Memorial Day Weekend through Labor Day, including Tuesday, July 4. Fireworks are launched from the beachfront and can be viewed along the boardwalk.

#### Saturdays in July & August - THE GOLDEN GIRLS MURDER MYSTERY

July 22, 29; August 5, 12 and 26  
Resort Casino Hotel

Time: 8:00 pm • TICKET PRICES: \$35

Thank you for being a friend! Your favorite ladies from the 80's are at it again, and this time they are doing Atlantic City! Blanche is hosting her annual Hunka Hunka Burnin Love Unauthorized Elvis Fan Club convention, and this year she has a surprise guest: Elvis! Or an impersonator, anyway. But when the ladies start competing for his attention (and his band goes missing), things turn deadly and it's up to you to solve this ALL NEW Golden Girls Murder Mystery!

#### Fridays in July - FIREWORKS IN THE PARK

Ocean Casino Resort

Enjoy an extravagant Fireworks display at The Park every Friday in July in celebration of Ocean Casino's Resort 5th Birthday! Show starts at 9PM.

The Park, located on the Lobby level of Ocean Casino Resort, offers three acres of lush landscape and firepits overlooking the Atlantic Ocean. Be sure to raise a toast with friends while taking in the amazing view!





# HEALTHFUL LIVING

A Weekly Guide to Health Awareness

## YOGA POSE OF THE WEEK - Cobbler's Pose (Baddha Konasana)

Let gravity work on stretching your inner thighs in Cobbler's pose. If you find this position difficult, props can make a big difference. Sitting on a block, cushion, or blanket raises your hips so your knees can open more naturally. If your knees are high, it takes a lot of effort to hold them up, and your legs need to be relaxed to enjoy the benefits of the stretch. The solution is to place a block (or something else supportive) under each knee to give them something to rest upon. Since it's unusual to sit this way in everyday life, this pose stretches neglected areas of the body, particularly the adductor groups of the groin. Stretching the hips and inner thighs in Baddha Konasana can begin to counteract the effects of spending too much time sitting at a desk or in a car.

### COBBLER'S POSE

#### NOTE

Sit up tall with a long spine as you draw your feet in as close to your body as is comfortable.



## VITAMIN HIGHLIGHT - Folate or Folic Acid (Vitamin B9)

Vitamin B9 works closely with vitamin B12 to create red blood cells. It also plays a role in DNA production, and pregnant women must consume enough to prevent congenital disabilities like spina bifida. Folate is the organic form of vitamin B9, while folic acid is synthetic. Food sources include green vegetables, dried beans and lentils, peanut butter, oranges, and wheatgerm.

## MENTAL HEALTH CHECK-IN

What have you accomplished so far this year that you're proud of?

## TREATMENT SERVICES

In an emergency, please dial 911.

NJ Hope Line: 855-654-6735 • [njhopeline.com](http://njhopeline.com)

ReachNJ: 844-732-2465 • [reachnj.gov](http://reachnj.gov)

IME Addictions Access Center: 844-276-2777

NJ Connect for Recovery: 855-652-3737

[njconnectforrecovery.org](http://njconnectforrecovery.org)

988 Suicide & Crisis Lifeline: 988 • [988lifeline.org](http://988lifeline.org)

(Formerly: National Suicide Hotline: 800-273-8255)

NJ Mental Health Cares: 866-202-HELP (4357)

[njmentalhealthcares.org](http://njmentalhealthcares.org)

Council on Compulsive Gambling of NJ:

800-GAMBLER (426-2537) • [800gambler.org](http://800gambler.org)

Veterans Counseling Hotline: 866-VETS-NJ4

(838-7654) • [njvet2vet.com](http://njvet2vet.com)

National Domestic Violence Hotline:

800-799-7233 • [thehotline.org](http://thehotline.org)



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*\* must mention specials • can't be combined with other offers \**

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  - **"Regular" Soups by the Quart (feeds 2-4) \$13.99** (Choose Chicken Matzoh Ball, Cream of Lobster Bisque, Chunky Tomato, New England Clam Chowder, Shrimp Bisque, Manhattan Clam Chowder)
- **Cold Shrimp Cocktail with 18 Extra Large Shrimp \$19.99** (Bay Seasoning, Cajun, Cocktail Sauce, Tartar, Lemon or New Jersey -Butter Garlic Lemon)
  - **Quart Sized Cole Slaw or Potato Salad (feeds 3-5) \$12.99** (Preorder any 2 and get the 3rd free)
  - **Air Fried Crab Full Crab Cakes - Order 1/\$9.99 - 2/\$18.99 - 4/\$29.99**
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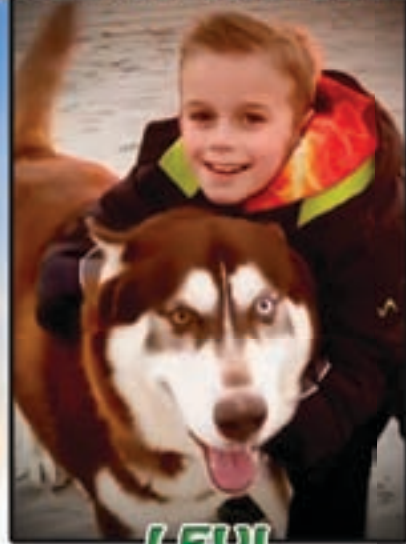
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**ATLANTIC**  
*County Magazine*

**CHILD OF THE WEEK**



**LEVI**

Levi loves going to the movies, hanging out with his father, and is pictured with his dog Rufio who he misses dearly.

Open 7 Days: Monday - Friday 5-9:30pm  
Saturday & Sunday 4:30-9:30pm

*First come first served.*



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"Italian Restaurant"  
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*A One-of-a-Kind Mexican & Italian Restaurant!*




**GRILLED SHRIMP SUB**  
with Lettuce, Onion and Mayo

**COCO LOCO BURRITO**  
Coconut Shrimp, Coconut Rice, Black Beans, Lettuce and Pineapple Salsa. Served with side Pineapple Sauce

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**Christmas in July**

at Maynard's  
Wednesday, July 26th  
starting at 7pm

**\$1 Busch Light Cans**

Gifts & Giveaways by Santa Claus

7-9pm Cat Country 107.3 has your chance to win a pair of Tidal Wave tickets!

BUD LIGHT BEACH  
Ticket Giveaway starting at 10:30pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>LAZY SUN-DAZE</b>	<b>MARGATE MONDAYS</b>	<b>SPILL THE TEA TUESDAYS</b>	<b>BUSCH-WACKED WEDNESDAYS</b>	<b>TAP THAT THURSDAYS</b>
<b>\$1 OFF ALL SELTZERS</b>	<b>\$6</b> CUTWATER Mango Margarita Cans	<b>\$20</b> <small>How the Beer is made in a bag!</small>	<b>7pm - Close</b>	<b>\$4 DRAFTS</b>
	<b>\$4</b> Corona & Corona Light Bottles	<b>\$5</b> <small>See how Spill the Tea is made!</small>	<b>\$1</b> Busch Light Cans	<small>Kona Big Wave System in Victory Brothers Brewery in Hawaii for the Spill the Tea!</small>
		<b>\$7</b> <small>Thin Crustables</small>	<b>\$3</b> Fireball Shots	
		<b>QUIZZO - 7PM</b>		

**MONDAY - FRIDAY: OPEN - 6PM \$2 Bud & Bud Light Drafts**

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Specialty Omelettes and Much More!

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**BEST SPORTS BAR IN TOWN**

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**FOOD & DRINK SPECIALS**

**ENTERTAINMENT**

DJs - WEDNESDAY thru SUNDAY

THURS 6PM - JOHN WOOD

FRI 5PM - CHRIS YODER DUO

SAT 5PM - JUMP THE LINE

SUN 10AM - AL OLIVERIO

SUN 4PM - THE MATRIX BAND

WED 6PM - MARC STORAGE

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maynardscafe9306@gmail.com

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*Summer*

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## Beaches in Atlantic County

**ATLANTIC CITY** – Lifeguards on duty, showers, changing rooms, food permitted, free admission. [www.acbp.org/](http://www.acbp.org/)



**BRIGANTINE** – Lifeguards on duty, surfing beaches, showers, changing rooms, food permitted. Season tags are \$18; seniors 65 and over and children 12 and under free. Weekly tags are \$14, daily tags \$8. Seasonal parking permits are \$25. Purchase at the Brigantine Beach Community Center located at 265 42nd St. Call (609) 264-7350 or visit [www.brigantinebeachnj.com](http://www.brigantinebeachnj.com)

**EGG HARBOR CITY** - Lake Park, 2300 Philadelphia Ave. There are lifeguards on duty and restrooms. Residents pay \$10 for the season, nonresidents \$15. Senior citizens \$3; daily wristbands sold at lake for \$4 per day. Picnic tables are \$15 daily. Children 4 years old and younger are free. Purchase at the EHC Tax and Utility Office at City Hall, 500 London Ave. Call (609) 965-0123 or visit [www.eggharborcity.org](http://www.eggharborcity.org)

**HAMILTON TOWNSHIP** - Cove Beach at Lake Lenape Lifeguards on duty, open 11 a.m. to 6 p.m. Thursdays through Mondays June 18 - August 3; Fridays through Mondays August 7 - September 7. Seasonal beach tags are \$14, daily wristbands are \$9. Children 11 and younger are free but MUST be accompanied by an adult. Seasonal tags are available at the administration office in Town Hall in Mays Landing or for purchase at the Cove. Call (609) 625-4762 or visit [www.townshipofhamilton.com](http://www.townshipofhamilton.com)

**MARGATE** – Lifeguards on duty from 10 a.m. to 6 p.m., restrooms, surfing beaches, food permitted. Seasonal tags are \$15; tags also accepted in Ventnor. Beach badges are required every day except Thursday. Badges are sold at the Martin Bloom Community Pavilion at Huntington Avenue and the beach from 10 a.m. to 3 p.m. Monday-Sunday, and City Hall, 1 S. Washington Ave. from 9 a.m. to 4 p.m. Monday through Friday. Beach restrooms are located at Huntington Avenue (Bloom Pavilion), Rumson Avenue, Benson Avenue (Greenhouse), and Adams Avenue beach. Accessible beaches with mats for easier mobility are at Andover, Barclay, Clermont, Douglas, Exeter, Huntington, Kenyon, Osborne, Rumson, Vendome, Decatur, Madison, and Coolidge avenues. Call (609) 822-2605 or visit [www.margate-nj.com](http://www.margate-nj.com). Margate City Beach Patrol Headquarters is located at Decatur Avenue and the beach. Call (609) 822-2370

**LONGPORT** – Lifeguards on duty from 10 a.m. to 6 p.m., surfing beaches, showers, food permitted. Seasonal tags are \$30; children up to 12 free. Weekly tags are \$10. Beach badges are available at Longport Borough Hall, 2305 Atlantic Ave.; and at Lifeguard Headquarters, 33rd and Atlantic avenues or reserve them over the phone. Restrooms are located at 33rd and Atlantic avenues in the Community Building-Lifeguard Headquarters. [www.longport-nj.us](http://www.longport-nj.us)

**SOMERS POINT** - William Morrow Beach, Higbee and Bay avenues – Lifeguard on duty, rates for large groups available. The free beach looks over the bay and across to Ocean City. William Morrow Beach features free live music all summer, every Friday evening at 7 p.m. until the first Friday of September. A schedule can be found at [somerspointbeachconcerts.com](http://somerspointbeachconcerts.com). Bring your chairs and coolers and come down to watch the shows. Call (609) 927-9088 or visit [www.somerspointgov.org](http://www.somerspointgov.org)

**VENTNOR** – Lifeguards on duty, 10 a.m. to 6 p.m. surfing beaches, fishing pier, food permitted. Season tags are \$15; weekly tags \$10. Tags also accepted in Margate. Purchase tags at Ventnor City Hall or from a beach tag checker. Ventnor City Beach Patrol Headquarters is located at the Suffolk Avenue beach. Call (609) 823-7948 or (609) 823-7953. Restrooms are located at the Ventnor Library and Cultural Arts Center, the beach side of Newport Avenue; Ventnor City Hall, 6201 Atlantic Avenue; Ventnor Municipal Fishing Pier; Ventnor Tennis Courts, Atlantic and Somerset Avenue; Cambridge Avenue and Boardwalk. Accessible beaches are at Suffolk and Newport avenues. In addition to ADA-approved access ramps and accessible parking, the beach patrol has accessible beach chairs for additional access to the beach. No dogs are allowed on the boardwalk at any time. Dogs are not allowed on the beach May 15 through Sept. 30. From Oct. 1 to May 15, leashed dogs may be walked in areas washed by the high tide line. [www.ventnorcity.org](http://www.ventnorcity.org)

**MALIBU BEACH WILDLIFE MANAGEMENT AREA** - Malibu Beach is a free dog friendly beach located on the Egg Harbor Township end of the Ocean City-Longport Bridge. Dogs are welcomed year round, un-leashed and all. Parking is available right next to the beach. Only requirement is to clean up after your pup. No permits required, you can lie down and tan while your dog runs around and socializes with other dogs.





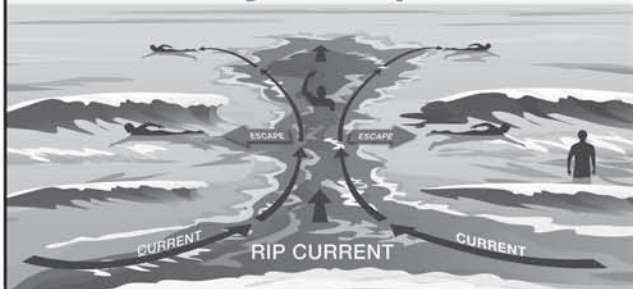
## RIP CURRENTS

### HOW TO AVOID & SURVIVE

A rip current is a specific kind of water current that can occur near beaches with breaking waves. A rip current is a strong, localized, and narrow current of water which moves directly away from the shore, cutting through the lines of breaking waves like a river running out to sea.

## RIP CURRENTS

Know your options



Rip currents are powerful currents of water moving away from shore. They can sweep even the strongest swimmer away from shore. If at all possible, swim near a lifeguard.

- Check water conditions before going in by looking at the local beach forecast before you leave for the beach and talking to the lifeguard at the beach.
- Only swim at a beach with lifeguards. The chances of drowning at a beach with lifeguards are 1 in 18 million (U.S. Lifesaving Association).
- Don't assume! Great weather for the beach does not always mean it's safe to swim or even play in the shallows. Rip currents often form on calm, sunny days.
- Moving at speeds of up to eight feet per second, rip currents can move faster than an Olympic swimmer.
- Panicked swimmers often try to counter a rip current by swimming straight back to shore—putting themselves at risk of drowning because of fatigue.
- Lifeguards rescue tens of thousands of people from rip currents in the U.S. every year, but it is estimated that 100 people are killed by rip currents annually.
- If caught in a rip current, don't fight it! Swim parallel to the shore and swim back to land at an angle.



## ATLANTIC COUNTY FARMER'S MARKETS

New Jersey isn't known as "The Garden State" for no reason. Whether you're visiting for the day or week, or a seasonal or year-round resident, you'll want to take advantage of the locally sourced, deliciously fresh produce available at any of the local weekly markets listed below.



### MARGATE

Thursdays, 8:30–11:30am, June 15–Aug 31

By Steve & Cookie's By The Bay - Amherst & Madison Aves

Info: [facebook.com/margate-communityfarmers-market](https://www.facebook.com/margate-communityfarmers-market)

### GALLOWAY

Thursdays, 4–7pm, June 29–Sept 7

Historic Smithville Village Greene - 315 E Moss Mill Rd

Info: [gogreengalloway.org](https://www.gogreengalloway.org)

### VENTNOR CITY

Fridays, 8:30am–12pm, May 26–Sept 1

Atlantic & Newport Aves

Info: [facebook.com/ventnorcityfarmersmarket](https://www.facebook.com/ventnorcityfarmersmarket)

### BRIGANTINE

Saturdays, 8am–12pm, May 27–Sept 2

Brigantine Community School Parking Lot, Roosevelt & Sheridan • Info: [brigantinebeach.org](https://www.brigantinebeach.org) or 609.266.7600

## Cauliflower Steaks

### Ingredients:

- 1 large cauliflower head
- 3 tbsp. olive oil
- 1 1/4 tsp. lemon pepper
- 1 1/4 tsp. seasoned salt
- 2 tbsp. unsalted butter, cut into 1/2-inch pieces
- 1 tbsp. chopped fresh parsley
- Lemon wedges, for serving



### Directions:

Preheat the oven to 450°F with an oven rack in the upper third of the oven. Remove the outer leaves from the cauliflower head and cut vertically through the core into 4 (about 1-inch-thick) steaks. (Reserve the remaining cauliflower for another use.) Arrange the steaks in a single layer on a large rimmed baking sheet. Brush both sides of the steaks evenly with oil, and sprinkle with the lemon pepper seasoning and seasoned salt. Roast the cauliflower until the bottom side is golden brown, 18 to 22 minutes. Carefully flip the steaks over and continue roasting until tender, 8 to 10 minutes. Remove the steaks from the oven and transfer to a serving platter. Top each steak with butter and let stand for 2 minutes. Sprinkle with chopped parsley and serve with lemon wedges.



**THE CLASSIC 58-YEAR OLD  
ICE CREAM STAND**



**OPEN WED THRU MON  
~ CLOSED TUESDAY ~  
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SAT & SUN FROM NOON**

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2404 Bayshore Rd.  
**Ice Cream - MilkShakes  
Mini Golf**

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SOUTH JERSEY MAGAZINE



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- sticky buns
- cinnamon rolls
- coffee cake
- butter cake
- breakfast sandwiches & more!



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**www.barrysbuns.com**



**Exulted Ruler Jim Blank  
presents a plaque to Bob Mahon  
for being the oldest Elk to march in  
the 2023 NJ State Parade.**



## CHEF CHIP'S WILD GAME AND SEAFOOD RECIPE

### SMOKED GOUDA BISON BURGER

#### INGREDIENTS:

- 1 Lb GROUND BISON
- 1 TSP WORCESTERSHIRE SAUCE
- 1 TSP SOY SAUCE
- 1/2 PACK ONION SOUP MIX
- 1/2 TSP GARLIC POWDER
- KOSHER SALT TO TASTE
- 4-6 SLICES SMOKED GOUDA CHEESE
- BURGER BUNS



#### PREPARATION:

In a bowl, mix all ingredients thoroughly together by hand. Form into patties & grill to desired doneness. Finish melting cheese on top a minute or two at the end of cooking. Top with all your favorites & serve. Enjoy!

Hint: Watch how much salt you use with this. The Soy Sauce & Onion Mix are already salty.

# RICK'S SEAFOOD

OFFERING FRESH & COOKED SEAFOOD  
★ TAKE OUT PLATTERS ★

SHRIMP | CLAMS | CRABS  
SCALLOPS & ALL TYPES OF FRESH FISH  
100% CHOLESTEROL FREE! 100% TRANS-FAT FREE!

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FULL LINE OF SPANISH, MEXICAN & AMERICAN GROCERIES

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Open Daily 10am-9pm

Roberts & Pacific Ave., Wildwood • 523-1113

# SUDOKU

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

	8		2	6		9	4	
			1		8	6		
	4			5		1		3
7	5							9
	2	1		8		3	5	
4							2	1
8		7		3				6
		4	5		1			
5	3		8	6		2		

## VINCENZO'S Little Italy II Ristorante

AUTHENTIC ITALIAN CUISINE

PIZZERIA

EAT-IN • TAKE-OUT • DELIVERY

DAILY 11AM-9:30PM

FRI & SAT 'TIL 10

LUNCH SPECIALS DAILY

11AM-3PM (In the Pizzeria)

Dining Room Open Daily 4-9pm

Early Birds 4-5:30pm

THURSDAY 4PM - CLOSE  
CUSTOMER APPRECIATION  
DINING ROOM ONLY

3704 BAYSHORE ROAD, N. CAPE MAY  
CAPE PLAZA SHOPPING CENTER

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CAPE MAY COUNTY  
SINCE 1941!**



**OPEN  
7 DAYS A WEEK  
7AM - 2PM**

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BETWEEN SEA ISLE & AVALON BLVD  
609.624.1798**

**TAKE-OUT AVAILABLE OPEN ALL YEAR! CREDIT CARDS ACCEPTED**

**FRIDAY EVENING**

**JULY 21, 2023**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
<b>3-CBS</b>	News (N)	CBS News	Inside Ed.	ET (N)	Tough as Nails (N)		Fire Country		Blue Bloods		News (N)	(:35) Colbert	
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel	Will Trent		20/20				News (N)	(:35) J. Kimmel	
<b>10-NBC</b>	News (N)	NBC News	News (N)	Hollywood	Hot Wheels		Dateline NBC (N)				News (N)	(:35) Tonight Show	
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Goldbergs	Two Men	Mom	Friends	Friends	Action News at 10 (N)		Mod Fam	Mod Fam	Two Men
<b>23-PBS</b>	NJ Spot!	Newsline	One on O..	NJ Spot!	Father	(:45) Midsomer	Midsomer Murders		Start Up	NJ Spot!	One on O..	BBC News	
<b>29-FOX</b>	The Six	TMZ (N)	FIFA Women's World Cup Live (N) (Live)		World Cup		United States vs. Vietnam (N)		World Cup		News (N)	Special	
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Family Law (N)		Moonshine (N)		News Philly (N)		Law-SVU "Limitations"		Neighbor
<b>A&amp;E</b>	The First 48		The First 48		The First 48		The First 48		The First 48		(:05) The First 48	(:05) First48	
<b>AMC</b>	★ National Lampoon's European Vacation		★★★ National Lampoon's Vacation ('83)		★ Vegas Vacation ('97) Chevy Chase.		Movie						
<b>CNN</b>	Situation (N) (Live)		OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		Who's (N) (Live)		CNN (N) (Live)		Cooper360
<b>DISC</b>	Hoffman Family Gold		Hoffman Family Gold		Gold Rush (N)		Hoffman (N)		Gold Rush-Res. (N)		(:10) Outback (N)	Gold Rush	
<b>DISN</b>	Hailey	★★★★★ The Little Mermaid ('89)		Villains	Pretty Frk	Pretty Frk	Hailey	Hailey	Hailey	Hailey	Villains	Pretty Frk	Pretty Frk
<b>ESPN</b>	SportCtr (N) (Live)		SlamBall (N) (Live)		X Games Summer X Games 2023, Day 1 (N) (Live)		SportCtr (N) (Live)						
<b>ESPN2</b>	ESPN FC		The Basketball Tournament				The Basketball Tournament				NFL Live		UFC 291
<b>FNEWS</b>	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five
<b>FX</b>	(5:00) ★★★ The Fate of the Furious ('17)		★★★ Jurassic World: Fallen Kingdom ('18) Chris Pratt.		★★★ The Day After Tomorrow								
<b>HBO</b>	(5:30) ★★★ Lakeview Terrace		(25) ★★★★★ Pulp Fiction ('94) John Travolta.		Last Call: Killer		Gemston..		(35) ★ Hotel Artemis				
<b>HIST</b>	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens (N)		(:05) Proof-There (N)		(:05) Ancient Aliens		(:05) Aliens
<b>ION</b>	Hawaii "Ma'ema'e"		WNBA Basketball		Hawaii Five-0		Hawaii "Ka Iwi Kapu"		Hawaii "Lapa'au"		Hawaii		
<b>LIFE</b>	V.C. Andrews' Dawn "Part 1: Dawn"		V.C. Andrews' Dawn (N)		(:05) ★ Husband, Wife and Their Lover ('22)		Dawn						
<b>MAX</b>	(5:40) ★★★ Dear Evan Hansen ('21)		★★★ Big Momma's House		(:40) ★★ Big Momma's House 2		★ A Glimpse Inside the Mind of C...						
<b>NBCSPA</b>	Birds (N)	Phillies	MLB Baseball Philadelphia Phillies at Cleveland Guardians (N) (Live)		Phillies (N) (Live)		Birds	Life	Baseball				
<b>NICK</b>	SpongeB..	SpongeB..	★★★★ Despicable Me ('10) Steve Carell.		Friends	Friends	Friends	Friends	Friends	Friends	Friends		
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	★★★★ Kong: Skull Island ('17) Tom Hiddleston.				★★★★ The Italian Job ('03) Mark Wahlberg.				
<b>TBS</b>	Sheldon	Sheldon	Sheldon	Sheldon	★★★★ The Matrix ('99) Keanu Reeves.				(:35) ★★★★★ The Matrix Reloaded ('03)				
<b>TCM</b>	Movie	★★★ Stage Struck ('48)		★★★ A Star Is Born ('76) Barbra Streisand.		★★★★ Alice Doesn't Live Here Anymore							
<b>TNT</b>	(5:00) ★ Godzilla: King of the Mon...		★★★ Godzilla vs. Kong ('21) Alexander Skarsgård.		All Elite Wrestling (N)		Rich & Shameless		Movie				
<b>USA</b>	(5:00) ★★★ Fast Five ('11) Vin Diesel.		(:55) ★★★★★ Furious 7 ('15) Paul Walker, Vin Diesel.		★★★★★ Furious 7 ('15) Vin Diesel.								



# This Week's Weather

**THURSDAY, JULY 20**  **HIGH 81**  
**LOW 73**

**FRIDAY, JULY 21**  **HIGH 82**  
**LOW 73**

**SATURDAY, JULY 22**  **HIGH 82**  
**LOW 73**

**SUNDAY, JULY 23**  **HIGH 82**  
**LOW 73**

**MONDAY, JULY 24**  **HIGH 82**  
**LOW 73**

**TUESDAY, JULY 25**  **HIGH 82**  
**LOW 73**

**WEDNESDAY, JULY 26**  **HIGH 82**  
**LOW 73**



**OPEN DAILY FROM 11:30AM**  
**SUNDAY FROM 11AM**  
**\$5 APPY HOUR MENU EVERYDAY 3-6PM**  
(BAR ONLY)  
**SERVING BREAKFAST SUNDAY • 11am-1pm**  
**\$5 DRINK MENU**  
*Bloody Mary • Mimosa • Orange Crush • Grapefruit Crush*

**ENTERTAINMENT: INSIDE:**  
Thurs: Ray Coleman 8pm  
Fri: DJ Luper 8pm  
Sat: JB Rocks 9pm  
Sun: Are You Smarter Than The Bartender 8pm  
Tues: Name That Tune 9pm  
Wed: Quizzo 9pm

**OUTSIDE:**  
Fri: Ray Coleman 6pm  
Sat: Damien C. 6pm  
Sun: Kenny Curcio 6pm  
Mon: Dion Paci 6pm

**MONDAY**  
Cheese Steak \$2.95

**TUESDAY**  
Chicken Parm or Eggplant Parm \$6.95

**WEDNESDAY**  
WINGS \$5 ALL DAY  
Chicken Pot Pie \$10.95  
Meatloaf Dinner \$10.95  
*Served with Potato & Vegetable (Served from 4pm)*

**THURSDAY**  
Cheese Burger \$3.95  
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## FROM THE HEART OF ATLANTIC COUNTY MAGAZINE

Shark Week – July 23-30, 2023

Shark Week happens every year in July or August and takes place from July 23 to 30 this year. It's a yearly, weeklong grouping of shark-related show episodes, documentaries, and movies that airs on the Discovery Channel.

Heaps of Americans grew up harboring a fascination with sharks and the never-stand-still, ruthless, killer instinct they embody. Discovery's week of programming has become traditional fare for a generation of would-be shark scientists, in-cage filmmakers, and thrill-seekers. If you haven't seen it yet, don't miss this year's Shark Week!

### HISTORY OF SHARK WEEK

It's a popular story among Discovery employees that the idea for Shark Week was originally literally scrawled on a cocktail napkin. In the late 1980s, creator Steve Cheskin and some colleagues were reputedly enjoying a drink and discussing what would be a fun thing to add to the then-young channel's lineup, and somebody said, "You know what would be awesome? Shark Week!" Another member of the group grabbed a pen and wrote the idea down on the closest scrap of paper: the napkin.

Starting in 1988, the idea proved to be a winner, raking in winning ratings for the channel and rekindling America's love affair with the ocean predator, the peak till that point was probably the 1975 movie, "Jaws."

Since that time, Shark Week has gained popularity, adding hosts in 1994 starting with Peter Benchley and eventually household names such as Mike Rowe, Craig Ferguson, and Shaquille O'Neal.

We could go into greater detail, but Shark Week is one of those things you have to experience. Keep your finger on the pulse of cable releases,

### SHARK WEEK ACTIVITIES

- Take part... - Watch the shows, of course. As stated above (and we speak from experience), even if you never thought sharks were all that special, you'll find yourself fascinated by the wealth of information and anecdotal evidence of their amazing ways, with solid facts.
- Make a donation to save the sharks - They may not be the cutest, most cuddly creatures on earth, but sharks are still an integral part of the world's ecosystem that is becoming endangered. Many organizations are trying to make a difference, from "Project AWARE" to "Predators in Peril."
- Read up on some strictly factual shark science - According to the website "Sharksider" (and we agree), the top three books to read about sharks are "Blue Meridian" by Peter Matthiessen, "Sharks of the World" by David E. Ebert, et al., and "The Secret Life of Sharks" by Peter Klimley. You can't go wrong, armed

### SOME AMAZING FACTS ABOUT GREAT WHITES

- Picking and choosing - Once a Great White reaches 2.5 meters (just over 8 feet) long, it will only eat sea mammals, making the switch from a diet of mostly small fish.
- Sun lovers - Somewhat counterintuitively, the Great White prefers to hunt not at night but in broad daylight, depending upon its eyesight to properly track prey.
- Not calorie counters - To keep up their body temperature (partially by transferring heat from their moving muscles) and to maintain energy levels, Great Whites predominately seek prey with high-fat content, like seals or whales.
- Big babies - After a gestation period of 18 months, a mother Great White will give birth to four to six "pups," each measuring in length between 1.2 and 1.5 meters (four or five feet)!



## VENTNOR FREE CONCERTS: SATURDAY SUMMER BEACH JAM

**Newport Avenue & the Beach in the Gazebo**  
**Crafters & Vendors – begins at 5:00 p.m.**  
**Band – begins at 6:00 p.m.**

Rat Pack	July 22, 2023	Rat Pack Tribute Night
The Loop	August 5, 2023	Various
Dueling Pianos & Sir Rod	August 12, 2023	Dueling Pianos / Rod Stewart Tribute 6pm                      8:00pm
Parrot Beach	August 19, 2023	Jimmy Buffett Tribute Band
Party Wave Band	August 26, 2023	Party – Various
The Notion	September 2, 2023	Various Music – 70's to today



## VENTNOR FREE CONCERTS: WEDNESDAYS SUNSET AT SKI BEACH

**Ski Beach – Dorset and Burk Avenues**  
**Crafters & Vendors – begins at 5:00 p.m.**  
**Band – begins at 6:00 p.m.**

**ALSO: National Night Out @ Ventnor Heights Ball Fields –**  
**Tuesday, August 1 – Plaid Salmon & The Exceptions – Party/Horn Band, a little bit of everything**  
**Crafters & Vendors – begins at 5:00 p.m. / Music – begins at 6:00 p.m.**

The Business	July 26, 2023	Various Party Music
Dead Reckoning	August 2, 2023	Grateful Dead
The Usual Suspects	August 9, 2023	Cover band pop/rock
Countdown to Ecstasy	August 16, 2023	A Steely Dan Tribute Band
Sensational Soul Cruisers	August 23, 2023	Various – Motown, Philly Soul, Disco, R&B
The Exceptions	August 30, 2023	Party/Horn Band, a little bit of everything





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**GIRL-OF-THE-WEEK**



Pat loves to volunteer, especially with the Seniors at Ventnor Senior Center. This week Pat enjoyed a special morning with her friends making refrigerator magnets for their grandchildren and friends.

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Name of venue: Good Dog Bar Atlantic City

Location and Hours: 3426 Atlantic Avenue in Atlantic City. We are open daily from 11:30am and serving our full menu until midnight.



What is the current reason one **MUST** come to Good Dog Bar? One must come to GDBAC for the unique experience of bringing your favorite neighborhood dive bar right into the heart of Atlantic City. That being said, the food is anything but "bar food" with menu items ranging from short rib grilled cheese to garlic steamed middle neck clams.

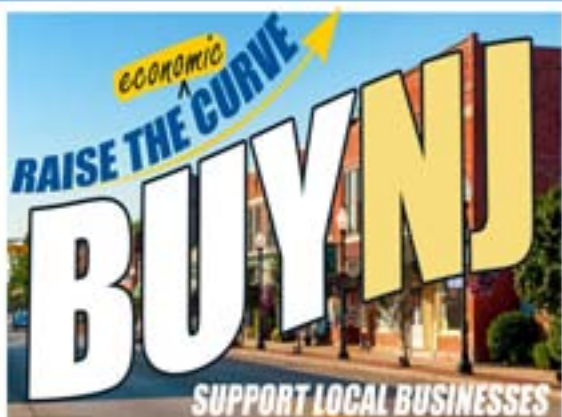
What is your secret favorite that the crowds have yet to discover? The unique edge and diverse crowd GDBAC brings has made it so that most menu items have had their moment to shine. That being said, our unsung hero is the Smoked Salmon-roasted beets, smoked trout caviar, red onion, and housemade dill creme fraiche atop micro arugula.

Why is Good Dog Bar a necessary part of Atlantic County? GDBAC, aside from the incredible food and extensive drink selection, brings hope to Atlantic City from the outside- showing the city visitors interest in new, exciting, and unique places popping up.



What are some other reasons to visit Good Dog Bar? We love our space because it brings in dog lovers, beer connoisseurs, foodies, and bar enthusiasts alike. Dog lovers can bring their pups to our outdoor patio (currently closed for repaving) and enjoy a brew and our famous mac and cheese with them, which we find so special!

Please share any important information locals and visitors should know about Good Dog Bar. Locals and visitors alike should know that industry professionals and first responders get an "In the Biz" 20% off discount Sunday through Wednesday and police, fire & military first responders get the same discount every day.



Boogie Down Saturday Nights  
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# TIDE TABLE

## TIDES FOR ATLANTIC CITY STARTING WITH JULY 20, 2023

Day	High /Low	Tide Time	Height Feet	Sunrise Sunset	Moon Time	% Moon Visible
Th 20	Low	4:08 AM	0.4	5:47 AM	Rise 8:16 AM	3
	High	10:04 AM	3.6	8:21 PM	Set 10:21 PM	
	Low	3:50 PM	0.6			
	High	10:08 PM	4.6			
F 21	Low	4:42 AM	0.4	5:48 AM	Rise 9:16 AM	7
	High	10:42 AM	3.6	8:20 PM	Set 10:43 PM	
	Low	4:29 PM	0.7			
	High	10:43 PM	4.4			
Sa 22	Low	5:15 AM	0.5	5:49 AM	Rise 10:15 AM	13
	High	11:21 AM	3.6	8:19 PM	Set 11:03 PM	
	Low	5:10 PM	0.8			
	High	11:18 PM	4.2			
Su 23	Low	5:48 AM	0.6	5:50 AM	Rise 11:14 AM	20
	High	12:00 PM	3.7	8:18 PM	Set 11:24 PM	
	Low	5:55 PM	1.0			
	High	11:56 PM	3.9			
M 24	Low	6:22 AM	0.6	5:51 AM	Rise 12:14 PM	29
	High	12:42 PM	3.8	8:18 PM	Set 11:45 PM	
	Low	6:46 PM	1.0			
Tu 25	High	12:37 AM	3.7	5:51 AM	Rise 1:16 PM	38
	Low	7:01 AM	0.7	8:17 PM		
	High	1:29 PM	3.9			
	Low	7:43 PM	1.1			
W 26	High	1:27 AM	3.5	5:52 AM	Set 12:08 AM	48
	Low	7:46 AM	0.7	8:16 PM	Rise 2:22 PM	
	High	2:23 PM	4.1			
	Low	8:46 PM	1.0			



## South Jersey Matters

By Todd Cohen

Send your news to Todd Cohen, SJ Matters,  
P.O. Box 3351, Margate, NJ 08402-3351

### Library to present 'History Hunts' at Atlantic City Experience

The Atlantic City Free Public Library will be holding "History Hunts" this summer at The Atlantic City Experience (ACX), located in the lobby of Jim Whelan Boardwalk Hall. People of all ages are invited to register for these Atlantic City history-based scavenger hunts. Participants will be given 50 questions to answer based on the exhibits and information presented at ACX. History Hunt will be held Aug. 18 for adults, and July 21 for children/teens at ACX. Each hunt will be held from 2-4 p.m. Free parking will be available at Boardwalk Hall for participants. There will be prizes for both the adult and children/teen hunts: first place, \$100 Visa gift card and journal; second place, \$50 Visa gift card and the book "Images of America: Atlantic City" and third place, \$25 Visa gift card and history bookmark.

## ABSECON LIGHTHOUSE 2023 SUMMER SCHEDULE

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**WAY TO GO JIMMY!**

PHOTO COURTESY OF JERSEY BAIT & TACKLE



## SATURDAY AFTERNOON JULY 22, 2023

	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
<b>3-CBS</b>	Hope-Wild	Paid Prog.	Paid Prog.	We Need to Talk (N)	SailGP Racing				LPGA Tour Golf					
<b>6-ABC</b>	oh baby!	Hearts of	Vets-Pets	X Games California 2023 (N) (Live)										
<b>10-NBC</b>	(7:00) 2023 Open Championship Third Round (N) (Live)							IndyCar Hy-Vee Homefront 250 (N) (Live)			Horse Racing			
<b>17-MNT</b>	(11:00) Tru..	Paid Prog.	True Crime	RVing	Raw Travel	Pawn Stars	Pawn Stars	S.W.A.T. "Encore"	S.W.A.T.	Sheldon	Sheldon			
<b>23-PBS</b>	(10:30) Ta..	Suze Orman's Ultimate Retirement Guide				Deepak Neil deGrasse Tyson, Martha Beck			Luther Vandross			State-Aff		
<b>29-FOX</b>	Space	Rescue	Life 2.0	True Crime 2023		Paid Prog.	Paid Prog.	Horse Racing Saratoga Saturday (N) (Live)						
<b>57-CW</b>	Paid Prog.	Weather Gone Viral		SOS: How to Survive		First 48 "Blindsided"		Paid Prog.	Paid Prog.	iCRIME	iCRIME	Law-SVU "Branded"		
<b>A&amp;E</b>	Best (N)	Delicious	Delicious	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Customer	Customer	The First 48		The First 48		
<b>AMC</b>	Movie	★★★★ Rocky Balboa ('06) Sylvester Stallone.				(:15) ★★★★★ Rocky ('76) Talia Shire, Sylvester Stallone.			(:45) ★★★★★ Rocky II ('79)					
<b>CNN</b>	(11:00) CN..	CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		Smerconish		CNN Newsroom (N)		CNN Newsroom (N)		
<b>DISC</b>	(11:00) Ex..	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		
<b>DISN</b>	Ladybug	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Bluey	Bluey	Bluey	Bluey	Bluey	
<b>ESPN</b>	(11:00) Sp..	SportCtr	WNBA (N)	Basketball Connecticut Sun at Atlanta Dream				Basketball Las Vegas Aces at Minnesota Lynx			Soccer (N) (Live)			
<b>ESPN2</b>	(11:00) 30 for 30			Football WFA National Championship: Teams TBA (N) (Live)						The Basketball Tournament				
<b>FNEWS</b>	(11:00) Ca..	Fox News (N) (Live)		Fox News (N) (Live)		Fox News (N) (Live)		Journal Editorial		Fox News (N) (Live)		The Five		
<b>FX</b>	Movie	★★★★ Die Hard With a Vengeance ('95) Jeremy Irons, Bruce Willis.					★★★ A Good Day to Die Hard ('13)			★ Jurassic World: Fal...				
<b>HBO</b>	(10:50) ★ DC League ... (:40) ★★★★★ The Batman ('22) Zoë Isabella Kravitz, Robert Pattinson. (:40) ★★ Black Adam ('22)												Movie	
<b>HIST</b>	(11:00) Cnt..	The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		
<b>ION</b>	(11:00) La..	Law-SVU "Genes"		Law-SVU "Net Worth"		Law-SVU "Know It All"		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
<b>LIFE</b>	(11:00) ★	Believe Me: ...	★ Good Father: Martin MacNeill S...			★ Secrets of a Marine's Wife ('21)			★ Soccer Mom Madam ('21) Jana Kramer.					
<b>MAX</b>	(10:45) ★	Be Kind Re...	(:25) ★★ Exodus: Gods and Kings ('14) Christian Bale. (:55) ★★ Head of State ('03)				(:35) ★★ Legion ('10)							
<b>NBCSPA</b>	Paid Prog. Golf American Century Championship, Final Round												Golf	Ultimate Disc
<b>NICK</b>	(11:00)	SpongeBob SquarePants	Ooze	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	The Loud House		
<b>PARMT</b>	(11:00) NC..	NCIS "Bounce"		★★★★ Raiders of the Lost Ark ('81) Harrison Ford.				★★★★ Indiana Jones and the Temple of Doom ('84)						
<b>TBS</b>	(10:15) ★	Ocean's Thir...	(:45) ★★★★★ Ocean's Twelve ('04) Brad Pitt, George Clooney.					★★★★ Ocean's Eleven ('01) George Clooney.						
<b>TCM</b>	Movie	★★★ Absolute Beginners ('86)			★★★★ Jazz on a Summer's Day			★★★★ The Rounders ('65)		★ The Bounty Hunter				
<b>TNT</b>	(10:15) ★	Godzilla: King of the Mo...		★★★ Godzilla vs. Kong ('21) Alexander Skarsgård.				(:35) ★★ Deep Blue Sea ('99) Thomas Jane.			Movie			
<b>USA</b>	(11:00) 9-1..	IMSA Weathertech FCP Euro Northeast Grand Prix (N) (Live)					NASCAR Pocono 400, Qualifying			Dale Jr.	Countdo..	NASCAR		

## SATURDAY EVENING JULY 22, 2023

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
<b>3-CBS</b>	News (N)	CBS News	Alex Scott	Lioness	NCIS: Hawai'i		NCIS: Hawai'i		48 Hours		News (N)	GameTime	Magnum	
<b>6-ABC</b>	News (N)	WorldNe..	FYI Philly	Wheel	Shark Tank		Shark Tank		Shark Tank		News (N)	News (N)	Jeopardy!	
<b>10-NBC</b>	News (N)	NBC News	MLB Baseball Philadelphia Phillies at Cleveland Guardians (N) (Live)						America's Got Talent		News (N)	Saturday Night Live		
<b>17-MNT</b>	Big Bang	Big Bang	Big Bang	Big Bang	Chicago P.D.		Chicago P.D.		Action News at 10 (N)		Philler	Delco Duo	Mom	
<b>23-PBS</b>	Eat-Argue	NJ Spot	NYC Arts	State/Arts	Old House		The T	(:45) McLeod	Love	(:20) Celebrity Trip	Endeavour			
<b>29-FOX</b>	Special	Special	MLB Baseball Atlanta Braves at Milwaukee Brewers (N) (Live)						News (N)		Special "Survival"		The Pulse	
<b>57-CW</b>	Law-SVU "Branded"		FamFeud	FamFeud	Greatest Geek (N)		WhoseLine	WhoseLine	SEAL Team		WOW - Women		Neighbor	
<b>A&amp;E</b>	The First 48		The First 48		The First 48		The First 48		First 48 "Family First"		(:05) The First 48		(:05) First48	
<b>AMC</b>	(4:45) ★★★★★	Rocky II	(:15) ★★★★★ Rocky III ('82) Mr. T, Sylvester Stallone.					(:45) ★★ Rocky IV ('85) Sylvester Stallone.			(:45) ★ Rocky V ('90)			
<b>CNN</b>	CNN Newsroom (N)		CNN Newsroom (N)		See It Loud		See It Loud		The Eighties "Raised on Television"				Scary (N)	
<b>DISC</b>	Expedition Unknown		Expedition Unknown		Expedition "Looted Treasures of Cambodia"				Expedition "Sunken Pyramids of the Nile"				Expedition	
<b>DISN</b>	Big City	Big City	Big City	Big City	★★★★ Cars ('06) Owen Wilson.				Hailey	Hailey	Ghost	Ghost	Bluey	
<b>ESPN</b>	(5:00) Soccer (N)		SportCtr	Premier Lacrosse League All-Star Game (N) (Live)					Boxing		SportCtr			
<b>ESPN2</b>	SC Feat. The Speech		E60	SportCtr	X Games Summer X Games 2023, Day 2 (N) (Live)							SportCtr (N) (Live)		E60
<b>FNEWS</b>	Fox Report (N) (Live)		Weekend (N) (Live)		One Nation (N)		L. Jones (N) (Live)		FOX News (N) (Live)		Gutfeld!		Weekend	
<b>FX</b>	(5:00) ★★ Jurassic World: Fallen Kingdom					★★★★ Jumanji: Welcome to the Jungle ('17)				★★★ Night School ('18) Kevin Hart.				
<b>HBO</b>	(5:45) ★★ Shazam! Fury of the Gods ('23)					★★★ Immortals ('11) Henry Cavill. (P)			Gemston..	(:35) ★★★★★ Knocked Up ('07) Seth Rogen.				
<b>HIST</b>	The UnXplained		The UnXplained		The UnXplained		The UnXplained		(:05) The UnXplained		(:05) The UnXplained		UnXplain..	
<b>ION</b>	Law & Order: SVU		Law & Order: SVU		Law-SVU "Sanctuary"		Law & Order: SVU		Law-SVU "Mood"		Law & Order: SVU		Law-SVU	
<b>LIFE</b>	Dawn "Part 2: Secrets of the Morning"				Dawn "Part 3: Twilight's Child" (N)				(:05) ★ Girl Who Escaped: Kara Robinson Story				Dawn	
<b>MAX</b>	(:15) ★★★★★ Predator ('87)				★★★ Old ('21)			(:50) ★★ Anna ('19) Sasha Luss.			★ Man From U.N.C.L.E.			
<b>NBCSPA</b>	(4:30) Ult..	Phillies	World Poker Tour		World Poker Tour		World Poker Tour		Phillies (N) (Live)		MLB Baseball			
<b>NICK</b>	(5:00)	Loud House	★★★★ Despicable Me 2 ('13) Steve Carell.					Friends	Friends	Friends	Friends	Friends	Friends	
<b>PARMT</b>	★★★★ Indiana Jones and the Last Crusade ('89)					★★★★ Raiders of the Lost Ark ('81) Harrison Ford.								★ Indiana Jones & the Last Crusa...
<b>TBS</b>	American	American	American	American	American	Burgers	Burgers	Burgers	Burgers	Burgers	Miracle	Miracle	Movie	
<b>TCM</b>	Movie	★★★ Crime Wave ('54)			★★★★ The Philadelphia Story ('40)				★★★★ The Red Shoes ('48) Moira Shearer.					
<b>TNT</b>	(5:45) ★★	The Meg ('18) Jason Statham.		All Elite Wrestling: Collision (N)				★★★ The Meg ('18) Jason Statham.				Movie		
<b>USA</b>	(5:30)	NASCAR Xfinity Pocono 225 (N) (Live)			Post Race	9-1-1 "Hen Begins"		9-1-1 "Merry Ex-Mas"		9-1-1		9-1-1		



**SUNDAY AFTERNOON**

**JULY 23, 2023**

	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
<b>3-CBS</b>	Our Honor	Strongest Man	WNBA Basketball			BIG3 Basketball Week 5 From Kaseya Center in Miami. (N) (Live)								
<b>6-ABC</b>	Inside	Action News (N)	X Games California 2023 (N) (Live)											
<b>10-NBC</b>	(7:00) 2023	Open Championship	Final Round (N) (Live)	Pre-Race	IndyCar Hy-Vee One Step 250 (N) (Live)				IndyCar	Recap Stage 21 (N)				
<b>17-MNT</b>	Paid Prog.	Paid Prog.	Paid Prog.	In Focus	This Week	The Good Doctor	Pawn Stars	Pawn Stars	Pawn Stars	black-ish	Philler	black-ish		
<b>23-PBS</b>	Think Tank	State-Aff	Unlock the Secret			Suze Orman's Ultimate Retirement Guide			Deepak Neil deGrasse Tyson			Moments		
<b>29-FOX</b>	Paid Prog.	Paid Prog.	Paid Prog.	Transform	True Crime 2023		Paid Prog.	Comedy.TV						
<b>57-CW</b>	Paid Prog.	World's	World's	Storm of "Foul Shots"	The First 48			Paid Prog.	WalkFit!	Major Crimes		Law & Order: SVU		
<b>A&amp;E</b>	(11:00) Zo..	Zombie Flip		Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	The First 48		The First 48		
<b>AMC</b>	(11:00) 🌟🌟🌟	Rocky IV ('85)		🌟🌟🌟 World War Z ('13) Mireille Enos, Brad Pitt.				🌟🌟🌟 I, Robot ('04) Bridget Moynahan, Will Smith.						
<b>CNN</b>	(11:00) Insi..	State of Union		Fareed Zakaria GPS		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		
<b>DISC</b>	(11:00) Afr..	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		
<b>DISN</b>	Ladybug	Big City	Big City	Big City	Big City	Ladybug	Ladybug	Ladybug	Hailey	Hailey	Hailey	Kiff/ Kiff	(:45) Kiff	
<b>ESPN</b>	(11:00) Sp..	ESPN Films		SportsCenter Special		The Ultimate Fighter		The Ultimate Fighter		UFC 291 Countdown		Pickleball		
<b>ESPN2</b>	(11:00) E60	Lacrosse Team Purple vs. Team Blue (N)				E60	Lacrosse Team Orange vs. Team Gold (N)			SC Feat.	SportsCenter Special			
<b>FNEWS</b>	(11:00) Me..	Fox News (N) (Live)		Fox News (N) (Live)		FOX News Sunday		Maria Bartiromo		Fox News (N) (Live)		The Five		
<b>FX</b>	(11:00) 🌟🌟🌟	Blockers ('18)		🌟🌟 The Waterboy ('98) Adam Sandler.				🌟🌟 Night School ('18) Tiffany Haddish, Kevin Hart.				Movie		
<b>HBO</b>	(10:55) 🌟	Beauty Shop	(:45) 🌟🌟🌟	Lucy ('14)		(:15) 🌟🌟🌟	I Love You, Man ('09) Paul Rudd.		🌟 Love to Love You, Donna Summer ('23)					
<b>HIST</b>	(11:00) To..	Toys-America		Toys-America		Built America		Built America		America "Pop Stars"		America "Cola Wars"		
<b>ION</b>	(11:00) NC..	NCIS "Twenty Klicks"		NCIS		NCIS "So It Goes"		NCIS "Choke Hold"		NCIS		NCIS		
<b>LIFE</b>	Movie	🌟 The Disappearance of Cari Farver ('22)				🌟 House of Chains ('22) Mena Suvari.			🌟 Suitcase Killer: Melanie McGuire Story					
<b>MAX</b>	Movie	(:20) 🌟🌟	The Wash ('01) Snoop Dogg, Dr. Dre.		🌟🌟 Hackers ('95)				(:45) 🌟🌟🌟	Warrior ('11) Tom Hardy, Joel Edgerton.				
<b>NBCSPA</b>	Paid Prog.	MyBiotin	Life	Phillies	MLB Baseball Philadelphia Phillies at Cleveland Guardians (N) (Live)				Phillies (N) (Live)		Harness			
<b>NICK</b>	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	SpongeB..	
<b>PARMT</b>	(11:00) Bar..	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		BarRescue (:55) Bar Rescue		BarRescue		
<b>TBS</b>	🌟🌟🌟 Game Night ('18) Jason Bateman.			🌟🌟🌟 Superbad ('07) Jonah Hill.				(45) 🌟🌟🌟 Pineapple Express ('08) Seth Rogen.						
<b>TCM</b>	Movie	🌟🌟🌟 All This and Heaven Too ('40) Bette Davis.				🌟🌟🌟🌟 An American in Paris ('51)			🌟🌟🌟 The Boy With Green Hair					
<b>TNT</b>	Movie	(15) 🌟🌟 Divergent ('14) Theo James, Shailene Woodley.						(15) 🌟🌟 Pirates of the Caribbean: Dead Men Tell No Tales ('17)						
<b>USA</b>	(11:00) La..	Pro Motocross Washougal Natinoal				NASCAR..	NASCAR Cup Series Pocono 400 (N) (Live)							

**SUNDAY EVENING**

**JULY 23, 2023**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
<b>3-CBS</b>	CBS News	News (N)	60 Minutes (N)		Tough as Nails (N)		The Equalizer		NCIS: Los Angeles		News (N)	(:35) Sports	J.Osteen
<b>6-ABC</b>	News (N)	WorldNe..	Fun Videos		The Prank Panel (N)		Celebrity Fam (N)		Pyramid (N)		News (N)	News	FYI Philly
<b>10-NBC</b>	News (N)	NBC News	Ninja Qualifiers 4		Ninja Qualifiers 5		America's Got Talent		"Auditions 6"		News (N)	(:50) Philly	Bensinger
<b>17-MNT</b>	Two Men	Two Men	Goldbergs	Goldbergs	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Action News at 10 (N)		Seinfeld	Seinfeld	Outdoors
<b>23-PBS</b>	(5:30) Moments to Remember				Elvis Costello				Suze Orman's Ultimate Retirement Guide		Soundch..	Miriam and	
<b>29-FOX</b>	(4:00) NHRA	Food Stars		Simpsons		Family Guy	House (N)	House (N)	News (N)	News (N)	Extra (N)		
<b>57-CW</b>	Law-SVU "Gray"	Alex Scott		Lioness	The Chosen (N)		Animals	Animals	Magnum P.I.		WOW - Women King		
<b>A&amp;E</b>	The First 48		The First 48		The First 48		The First 48		The First 48		(:05) The First 48	(05) First48	
<b>AMC</b>	🌟🌟🌟 Star Trek Into Darkness ('13) Zachary Quinto, Chris Pine.				Walking Dead "Doma Smo" (N)				(05) Walking Dead Movie				
<b>CNN</b>	CNN Newsroom (N)		CNN Newsroom (N)		Whole (N)		See It Loud (N)		History of the Sitcom		The Whole Story with		Sitcom-ish
<b>DISC</b>	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Afraid
<b>DISN</b>	(:10) 🌟🌟🌟	The Jungle Book ('16)			Raven (N)	Bunk'd	Villains	Villains	Pretty Frk	Pretty Frk	Raven	Bunk'd	Bluey
<b>ESPN</b>	Countdown (N) (Live)		MLB Baseball New York Mets at Boston Red Sox (N) (Live)					SportCtr (N) (Live)		SportsCenter (N) (Live)			
<b>ESPN2</b>	UFC 291 Countdown		MLB Baseball					X Games		F1 Racing Hungary Grand Prix (N)			
<b>FNEWS</b>	Fox Report (N) (Live)		Weekend (N) (Live)		Life, Liberty (N)		Sunday Night (N)		Weekend		Life, Liberty & Levin		Sunday
<b>FX</b>	(5:30) 🌟 Jumanji: Welcome to the Jungle				🌟🌟🌟 Thor ('11) Natalie Portman, Chris Hemsworth.				🌟🌟 Thor: The Dark World ('13)				
<b>HBO</b>	(:55) REAL Sports	🌟🌟 Immortals ('11) Henry Cavill.				Last Call: Killer (N)		Gemston..	(45) Gemstones		Last Call: Killer		
<b>HIST</b>	Built America		America "A Cold One"		Built America		The Food That Built America (N)			(:05) Mega-Brands	America		
<b>ION</b>	NCIS "The Searchers"		NCIS "Semper Fortis"		NCIS "Grounded"		NCIS "House Rules"		NCIS "Check"		NCIS		NCIS
<b>LIFE</b>	🌟 Stolen by Their Father ('22) Sarah Drew.				🌟 Look Who's Stalking ('23) (P)				(05) 🌟 Nightmare School Moms ('23)		Movie		
<b>MAX</b>	(:05) 🌟🌟🌟	Fast Food Nation ('06)			🌟🌟 Life of Crime ('13)		(40) 🌟🌟 Horrible Bosses 2 ('14)			🌟🌟🌟 Danny Collins			
<b>NBCSPA</b>	Go Racing	Bensinger	Golf	Futbolista	Ultimate Disc				MLB Baseball				Poker (N)
<b>NICK</b>	SpongeB..	SpongeB..	SpongeB..	SpongeB..	🌟🌟 Cloudy With a Chance of Meatballs 2				SpongeB..	Friends	Friends	Friends	Friends
<b>PARMT</b>	(5:50) Bar..	(:50) 1883	"Boring the Devil"			1883 (N)		(:15) Lioness (N)	(10) 1883 "Lightning Yellow Hair"		(25) Bar Rescue		
<b>TBS</b>	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	The Cube (N)		The Cube		🌟🌟 Horrible Bosses ('11)		
<b>TCM</b>	🌟🌟🌟 Summer of '42 ('71) Gary Grimes.				🌟🌟🌟🌟 City Lights ('31)			(45) 🌟 Deliverance ('19) Edith Lyle, Etna Ross.					
<b>TNT</b>	(:55) 🌟🌟🌟	Avengers: Infinity War ('18) Robert Downey Jr..				Lazarus Pr (N) (SF)		(05) Lazarus Pr		(10) 🌟🌟 Divergent ('14)			
<b>USA</b>	NASCAR	Law-SVU "Man Up"	Law-SVU "Man Down"	Law & Order: SVU	Law-SVU "Revenge"	Law-SVU "Exile"	Law & Order: SVU						



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**SUN**  
 7:30A-9P

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# THIS WEEK IN ENTERTAINMENT

**MOST POPULAR SONGS**  
(DOWNLOADED & STREAMED)  
WEEK OF JULY 22, 2023

1. **LAST NIGHT**  
MORGAN WALLEN
2. **FAST CAR**  
LUKE COMBS
3. **VAMPIRE**  
OLIVIA RODRIGO
4. **CALM DOWN**  
REMA & SELENA GOMEZ
5. **ALL MY LIFE**  
LIL DURK FT J. COLE
6. **FLOWERS**  
MILEY CYRUS
7. **FUKUMEAN**  
GUNNA
8. **ALL MY LIFE**  
LIL DURK FT J. COLE
9. **CRUEL SUMMER**  
TAYLOR SWIFT
10. **KARMA**  
TAYLOR SWIFT FT. ICE  
SPICE

**TOP GROSSING**  
**BOX OFFICE MOVIES**  
WEEKEND OF 7/14/23-7/16/23

1. **MISSION: IMPOSSIBLE - DEAD RECKONING PART 1**
2. **SOUND OF FREEDOM**
3. **INSIDIOUS: THE RED DOOR**
4. **INDIANA JONES AND THE DIAL OF DESTINY**
5. **ELEMENTAL**
6. **SPIDER-MAN: ACROSS THE SPIDER-VERSE**
7. **TRANSFORMERS: RISE OF THE BEASTS**
8. **NO HARD FEELINGS**
9. **JOY RIDE**
10. **THE LITTLE MERMAID**

# ATLANTIC CITY SUMMER CONCERT

**GARDNER'S BASIN CONCERT**  
800 New Hampshire Ave.  
1 pm-7:30pm

The National R&B Music Society Inc. presents their 2023 Atlantic City FREE Summer Concert at Gardner's Basin on July 29. Vendors on site. Bring your tents, chairs, umbrellas, or coolers. Rain date: 7/30.

The line up includes Rose Royce, Wil Hart of the Delfonics, Blue Magic, Force MD's, and Allure. Hosted by Maurice Watts.

The 2023 City of Atlantic City Free Summer Concerts  
At Gardner's Basin: 800 N. New Hampshire Ave., AC, NJ 08401

**FREE CONCERT** Saturday, July 29, 2023 **FREE CONCERT**  
1:00 pm - 7:30 pm / Rain Date July 30th

Mayor Marty Small Sr. The National R&B Music Society Inc. Production  
Sponsored By: CRDA & The City of Atlantic City  
No Grills Allowed

HOST Maurice Watts

Wil Hart of the original DELFONICS  
ROSE ROYCE  
BLUE MAGIC  
FORCE MD's  
ALLURE

Bring Your Tents, Lawn Chairs, Umbrellas, Coolers  
Vendors: FOOD, BEVERAGES, SHIRTS-HATS, JEWELRY...

## FROM THE HEART OF ATLANTIC COUNTY MAGAZINE

Flag football is one of the fastest growing youth sports, currently on its way to becoming a college sanctioned sport. Tackle football fields over 1 million high school student-athletes each year. No matter which way you look at it, our love for football runs deep.

While extensive research is being conducted to better understand football safety, it's still a game that comes with many physical and emotional benefits. Need proof? Here are five great benefits for kids who play football:

**1. Health benefits:** Football is a fast moving game with a lot of variety. Players run, jump, quickly change direction, and stop and start, which improves cardiovascular health. Practice drills, complex running routes and defensive techniques all encourage speed, strength, and stamina. And these activities also engage motor skills, specifically hand and eye coordination. Plus, a recent study found that playing football has positive effects on bone strength.



## 5 Benefits of Playing Football

**2. Teamwork:** Youth football teaches kids accountability, leadership, and the impact of positive sportsmanship. Every position has a purpose and to execute a play successfully, each individual needs to fulfill their responsibility, while working together—a skill that's valuable both on and off the field.

**3. Discipline:** Learning routes, repetitive drills, and executing proper technique take a high level of discipline—and football players do it time and time again. Each practice is laying the foundation for a strong work ethic that kids will use throughout their lives. And this is one of the biggest benefits of football.

**4. Mental toughness:** Sports are a great platform to build mental toughness. Whether it's making a mistake on the field or needing to comeback from a major upset, setbacks are bound to happen. And to move forward, players must learn how to persevere. Football provides a lot of opportunities to improve mental toughness, from remaining calm under pressure to focusing during chaotic situations.

**5. Socialization:** Football teaches kids how to effectively communicate and work well with others. After all, one player can't do everything. They rely on each other—what a better way to make long-lasting friendships? Layer this with learning to respect and receive direction from authority (aka coaches) and you have a range of socialization skills.

Want to see for yourself what all the flagfootball hype is all about? Join American Football United for NFL Flag Football Summer Camp at the Jersey Shore. See their ad to the right or visit them at [www.AmericanFootballUnited.com](http://www.AmericanFootballUnited.com) for more information.





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# LOST DOG \$ REWARD \$



DON'T CHASE. PLEASE CALL US OR POLICE  
WITH HER LAST SEEN LOCATION.

Please call  
**609-287-6780**  
or **609-513-2935**  
with any information.

Roxy, a 9-year-old, 15lb, tan and white Italian Greyhound (looks like a miniature Greyhound) and resident of Ocean City, went missing from Maple Ave and Fairbanks in Northfield. She dug her way out from under a fenced-in backyard and has been missing since 2 PM on May 18th, 2023. Her family was away when it happened and realized she was missing at 4 PM, immediately starting a relentless search with the help of the community.

Roxy has been sighted near the following streets in Northfield and Pleasantville: Lafayette, Doughty, Dolphin, New Road (by Mazzeos), Old Tilton, Fernwood, Ashland, Church, Risley, and New Maple. Search efforts include working with an experienced dog tracker, thousands of shares on social media, the creation of the "Finding Roxy" group on Facebook with over 300 members, hours of searching on foot, notifying all local shelters, vets, and police stations, and posting over 1000 flyers (all of which will be taken down when she is found. If you see a flyer up, please assume she is still missing).

Sightings are the key to bringing Roxy home. If you see her, please call the police or the numbers on the flyer immediately. Including photos of her would be even more helpful. Roxy's family would like to extend a sincere and heartfelt thank you to the residents of Northfield and Pleasantville for their continued efforts in the search. Your support has been overwhelming, and it won't be possible to bring her home without you. Again, if you have any information regarding her whereabouts, please notify the police or call 609-287-6780 or 609-513-2935 as soon as possible.

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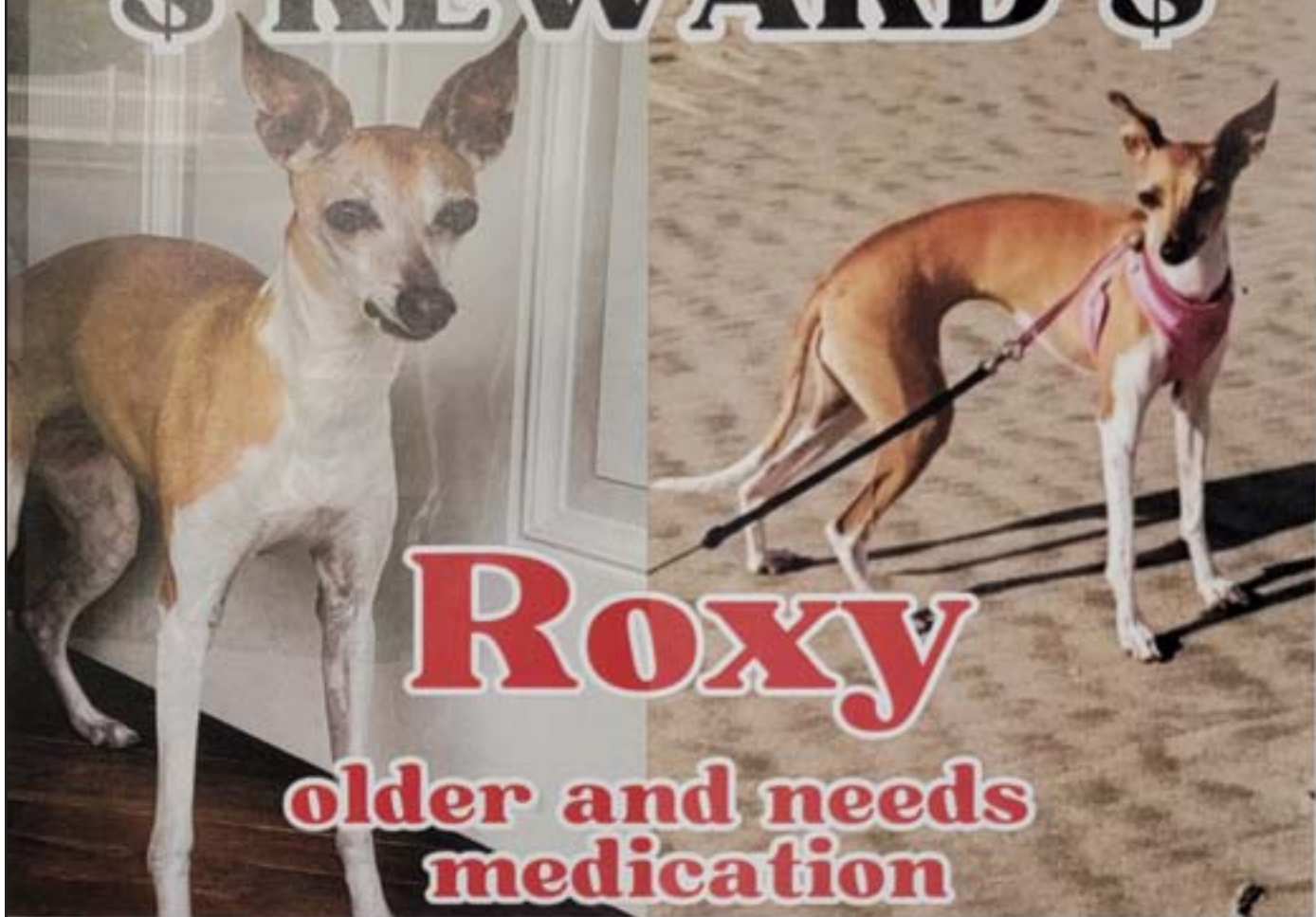
Call John G from Big Time Vending  
**609-412-9020 • BTVending.com**



~ STILL MISSING AS OF 7/1 ~

# LOST DOG

**\$ REWARD \$**



**Roxy**

**older and needs  
medication**

**DON'T CHASE...**

**PLEASE CALL US OR POLICE WITH HER LAST SEEN LOCATION**

**Pleasantville/Northfield Border - New Road Area**

**PLEASE call with ANY information**

**(609) 287-6780 • (609) 513-2935 • (609) 892-4639**



**ATLANTIC** County Magazine  
 www.atlanticcountymagazine.com

**Pet of the Week**



**DOLLY**

Dolly - Rotti mix. This pretty girl is about 1yr old and 71lbs. She's very social and outgoing, but doesn't realize her strength and size sometimes. She would be best suited for a home with no children under the age of 12 due to her strength and play drive. She can be a rowdy player so would need to meet and see if she's a good match for any dogs currently in the home.

Humane Society of Atlantic County • (609)347-2487  
 1401 Absecon Boulevard • Atlantic City, NJ  
 www.HumaneSocietyAC.org



**MOST NEEDED FOOD ITEMS**  
 Peanut Butter & Jelly (in plastic jars)  
 Canned Tuna Fish, Salmon or Chicken  
 Baby Food & Formula (no glass jars)  
 Canned Meats & Meals (beef stew, ravioli, hash, etc)  
 Canned Fruits, Vegetables & Spaghetti Sauce

**Non-Food Needs**  
 Toothpaste, Shampoo, Soap & Deodorant  
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 Call 609-383-8843 for more information

**PPAWS - People & Puppies at Work for Sight**  
**"MEET THE PACK!"**

**Benefits of Raising a Seeing Eye Puppy**

There are so many great reasons to raise a Seeing Eye puppy, but we decided to name just a few for you. We sincerely appreciate all those who are already active puppy raisers and cannot wait to see how the community continues to grow as new puppy raisers join us in our mission. If you want to learn more about puppy raising be sure to check out [seeingeye.org/raise](http://seeingeye.org/raise)

Photo Description: A golden retriever puppy sits atop a digital list that reads "Benefits of Raising a Seeing Eye puppy - Adorable puppy guaranteed - Giving back always feels great - Be part of a family-like community - Guided by supportive club leaders & area coordinators - Tips & resources available - Veterinary care costs covered - Stipend for dog food - Continue the legacy of the oldest existing guide dog school in the world"



**BENEFITS OF RAISING A SEEING EYE PUPPY**

- Adorable puppy guaranteed
- Giving back always feels great
- Be part of a family-like community
- Guided by supportive club leaders & area coordinators
- Tips & resources available
- Veterinary care costs covered
- Stipend for dog food
- Continue the legacy of the oldest existing guide dog school in the world

PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise these amazing puppies for The Seeing Eye. Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny. If you are interested in raising a puppy for The Seeing Eye, call Peter at (609)804-8774 or visit [seeingeye.org/raise](http://seeingeye.org/raise) for info.



# Lucy's

CELEBRATING  
LUCY'S  
142<sup>ND</sup>  
BIRTHDAY

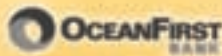
MULTI-MILLION DOLLAR

## Makeover

SATURDAY  
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10AM - 8PM

RAIN DATE SUNDAY, JULY 23

THIS EVENT IS BEING SPONSORED IN PART BY



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GIANT  
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PHILLY  
PRETZELS

MINIATURE  
D-HOLE GOLF

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HIGH  
STRIKER

LENNY'S  
HOT DOGS

FRENCH  
FRIS

...AND MUCH  
MORE!!!

For more information, call (609)823-6473 or visit us online at [www.LucyTheElephant.org](http://www.LucyTheElephant.org)

The Save Lucy Committee, Inc. received an operating support grant from the New Jersey Historical Commission, a division of the Department of State.



# ATTENTION ANGLERS

## 2023 NJ Recreational Size Limits, Possession Limits & Seasons



**Hard Clam 1.5 inches**  
**Recreational Limit – 150 clams**  
**No harvest on Sunday**  
**Shellfish license required**



**Summer Flounder (Fluke)**  
**Delaware Bay and Tributaries: 3 fish at 17 inches**  
**Island Beach State Park: 2 fish at 16 inches**  
**All Other Marine Waters: 2 fish at 17 inches to less than 18 inches, and 1 fish at 18 inches or greater**  
**Open Season: May 2 – Sept. 27**



**Weakfish**  
**1 fish at 13 inches**  
**Open Season: Jan. 1 – Dec. 31**



**Black Sea Bass**  
**10 fish at 12.5 inches May 17 – June 19**  
**1 fish at 12.5 inches July 1 – Aug. 31**  
**10 fish at 12.5 inches Oct. 1—Oct. 31**  
**15 fish at 12.5 inches Nov. 1—Dec. 31**



**Bluefish**  
**Private/Shore Angler - 3 fish**  
**For-Hire Vessel - 5 fish**  
**Open Season: Jan. 1 – Dec. 31**

- Fish are measured from the tip of the snout to tip of the tail (except Black Sea Bass and Sharks).
- Filleting of fish with a minimum size limit at sea is prohibited. See the Marine Digest or the Fish & Wildlife website for exceptions.



**Striped Bass or Hybrid Striped Bass**  
**1 fish at 28 - 31 inches**  
**See Digest for Striped Bass Bonus Program, Circle Hook Requirements, and Gaff Prohibition.**

Del. River and tributaries Calhoun St. Bridge, Trenton to Salem River and tributaries  
 Open Mar. 1 – Mar. 31 & June 1 – Dec. 31

### Atlantic Ocean

0-3 miles from shore, no closed season  
 Greater than 3 miles from shore, closed

All other marine waters, open Mar. 1 – Dec. 31



**Tautog 15 inches**  
**4 fish Jan. 1 – Feb. 28**  
**4 fish Apr. 1 – Apr. 30**  
**1 fish Aug. 1 – Nov. 15**  
**5 fish Nov. 16 – Dec. 31**



**Winter Flounder**  
**2 fish at 12 inches**  
**Open Season: Mar. 1 – Dec. 31**



**Shark**  
**1 fish per vessel**  
**See NMFS for size, season, and gear restrictions.**

**PROHIBITED SPECIES**  
 See the Marine edition of the NJ Fish & Wildlife Digest or Fish & Wildlife's website for a complete list.

Other Species	Possession Limit/Season	Total Length
American Eel	25	9"
Black Drum	3	16"
Cobia	1 per vessel	37"
Cod	NO LIMIT	21"
Haddock	NO LIMIT	18"
King Mackerel	3	23"
Pollock	NO LIMIT	19"
Red Drum	1	18" to less than 27"
River Herring	CLOSED	N/A
Scup (Porgy)	30 fish (Aug. 1 - Dec. 31)	10"
Shad	6 combined	NO LIMIT
<ul style="list-style-type: none"> <li>• No more than 2 American shad in Del. Bay, River &amp; tributaries</li> <li>• Zero American shad in all other waters</li> </ul>		
Spanish Mackerel	10	14"
American Lobster	6	3 3/8" to 5 1/4" Carapace Length
<ul style="list-style-type: none"> <li>• LMA 4 Open Season: Jan. 1 - Apr. 29 &amp; June 1 - Dec. 31</li> <li>• LMA 5 Open Season: Jan. 1 - Jan. 31 &amp; Apr. 1 - Dec. 31</li> </ul>		
Jonah Crab	50	4 3/4" Carapace Width



**Blue Crab**  
**(measured point to point)**  
**Peeler or Shedder — 3 inches**  
**Soft — 3½ inches**  
**Hard — 4½ inches**  
**Recreation Limit — One Bushel**

**Crab pot/Trot line Seasons:**  
**Delaware Bay & tributaries**  
**Apr. 6 – Dec. 4**  
**All other waters**  
**Mar. 15 – Nov. 30**

**Register before fishing! It's free, easy, and required.**  
[SaltwaterRegistry.nj.gov](http://SaltwaterRegistry.nj.gov)

New Jersey Department of Environmental Protection  
 Fish and Wildlife  
[www.njfishandwildlife.com](http://www.njfishandwildlife.com)

*This publication is a summary of the New Jersey recreational fishing regulations at the time of publication. It is not the full law.*

Updated 6/23/2023





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## 10 Water Safety Tips Every Family Needs to Know

Summer is here... The school year is over, family trips are on the horizon and everyone is dusting off the grill and pulling out their flip flops.

Before you round the kiddos up for a beach trip or let them jump into the pool, make sure your entire family is armed with the knowledge of how to be safe in and around all bodies of water. Read (and re-read, and then read again) these very important water safety tips from our friends at British Swim School. Then grab your shades, unearth the bathing suits, and dive right into summer fun.

### 1. START 'EM EARLY

Teach children water safety and swimming skills as early as possible. Kids can start learning as early as 3 months old! Water acclimation and survival classes, like this one, will teach even the littlest swimmer valuable, life-saving skills.

### 2. POOL HAZARDS HEADS UP

Keep the littles away from pool drains, pipes and other openings to avoid entrapments. Pool drain entrapments can happen when a swimmer's body or clothing become entangled in a faulty drain or grate, causing drowning or serious injuries.

### 3. PREVENT UNSUPERVISED ACCESS TO POOLS

Have a pool at home? Make sure you have four-sided isolation fencing, at least five feet high, equipped with self-closing and self-latching gates that completely surrounds the pool and prevents direct access from the house and yard. Keep toys that are not in use away from the pool and out of sight. Colorful and fun-looking toys can attract young kids to the pool.

### 4. EYES ON THE BACK OF YOUR HEAD

Always know where your kids are in a pool or beach area. Never leave a young child unattended near water and do not trust a child's life to another child. If a child is missing, check the pool first; seconds count.

### 5. DESIGNATE A WATER WATCHER

Appoint a designated Water Watcher to monitor children during social gatherings at or near the water. Consider the Water Watcher the "lifeguard on duty" and their job is to watch the pool. That responsibility doesn't end until the pool

is either empty or the Water Watcher badge is passed to a new designated Water Watcher. This person should never leave the area, not even for a moment.

### 6. LIFEGUARD ON DUTY

When you're at the beach, it's a good idea to only swim in places that are supervised by a lifeguard. The lifeguard is trained in CPR and First Aid and is able to identify a swimmer in need.

### 7. JACKETS REQUIRED

Everybody loves a summer boat ride. And if you're lucky enough to go boating, wear a life jacket! But leave your infants with a sitter. Babies shouldn't travel on a boat — including rowboats, kayaks, motorboats, and sailboats — until they are at the appropriate weight to wear an approved personal flotation device. And never give a child a life jacket intended for an adult. Remember, life jackets have to fit in order to work, so check those labels!

### 8. WATERPARK SAFETY

Going to a waterpark? When using water slides, always go feet first. If you're not a confident swimmer, wear a life jacket on the rides and in the pools. Parks typically have them, but bring your own just in case.

### 9. DON'T DIVE IN THE SHALLOW END

The American Red Cross recommends 9 feet as a minimum depth for diving or jumping into a pool. Leave the shallow end for hand stands, underwater tea parties and Marco Polo!

### 10. LEARN CPR

Everyone should know CPR! In fact, kids as young as 10 or 11 can get certified. Starting CPR immediately, rather than waiting for emergency personnel, can save a life. Taking CPR classes with your kids is a great family experience and a super important skill to have.

Above all have fun! What kid doesn't dream of a summer vacay at the beach or remember the good times at their local pool? With a little bit of caution, and taking these tips into account, your family is on its way to a soaked and safe summer!



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## BOOKBITES: A MODERN FABLE ABOUT PREPARING FOR YOUR FUTURE

(NewsUSA) - Within fiction lies the seeds of powerful transformation and inspiration. Some of the most inspirational guidebooks are parables, including *Who Moved My Cheese* by Spencer Johnson and *Oh, The Places You'll Go* by Dr. Seuss. Both have inspired business visionaries, entrepreneurs and graduates for decades. Now stepping into this treasured category is *THE ISLAND OF THE FOUR Ps: A Modern Fable About Preparing for Your Future* (Skyhorse Publishing) by Ed Hajim.

Ed Hajim, a seasoned Wall Street investment executive with more than 50 years of investment experience, believes you can't find the roadmap to success on any GPS or search engine. Instead, this engaging fable drops you into the mind of a young man on a quest to find himself and his personal path to success and happiness. As he meets challenges, we gain a deeper understanding of how to navigate change while remaining true to our values and ideals. The beauty of telling this in fable format lies in its accessibility. "I don't believe there's only one way to deal with life transitions. And even if you accept my ideas wholly, there is no single right way to put them into action," writes Hajim.

To create this book, Hajim used his own extraordinary life as a framework documented in his critically acclaimed memoir *On the Road Less Traveled*. Kidnapped by his father at the age of 3, driven across the country and told his mother had died, Hajim spent his childhood in and out of foster homes and orphanages. The intelligence, resilience and innate leadership he used to rise from deprivation to the pinnacle of personal and business success provides the insight he shares with readers.

At the heart of the book are the four Ps:

- **Passions:** Find your passions, find the things that excite and motivate you. Recognize that passions do change and you must monitor them throughout your lifetime.
- **Principles:** Find the rules that you want to follow and the lines you won't cross. They provide an important structure and bring organization to your life.
- **Partners:** No individual can succeed alone. Consider the kind of friends, collaborators, and advisers you'll need around you, recognizing that those needs will evolve.
- **Plans:** Find your plans, write down where you want to go and how you plan to get there. Pay attention to your environment, things that will happen during your lifetime, and try to find a wave or a cycle that you can marry with your passions and principles.

"This is a must-read for anyone thinking about how to successfully navigate the inevitable twists and turns in the road ahead, leading to a fulfilling life," says Wendi Heinzelman, Dean, Hajim School of Engineering and Applied Sciences, Rochester University.

Ultimately, Hajim's dream is to help anyone fighting to make their dreams a reality. "I hope *The Island of the Four Ps* will prompt you to contemplate who you are and what you want in life. Ideally, it will spur you to action—helping you engage fully in life, pursue new experiences, and surf the waves of change."

To learn more about Ed Hajim, his background and his work, visit [www.edhajim.com](http://www.edhajim.com).



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**MONDAY EVENING**

**JULY 24, 2023**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
<b>3-CBS</b>	News (N)	CBS News	Inside Ed.	ET (N)	Neighbor	Bob Heart	NCIS "In the Spotlight"	NCIS: Hawai'i	News (N)	(:35) Colbert			
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel	Claim to Fame (N)		The Bachelorette (N)		News (N)	(:35) J. Kimmel			
<b>10-NBC</b>	News (N)	NBC News	News (N)	Hollywood	Ninja Qualifiers 8 (N)		The Wall (N)	Weakest Link	News (N)	(:35) Tonight Show			
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Goldbergs	Two Men	Mom	Friends	Friends	Action News at 10 (N)	Mod Fam	Mod Fam	Two Men	
<b>23-PBS</b>	NJ Spotl	Newsline	One on O..	NJ Spotl	Life: First Steps		Ancient Skies	Teen Regime	NJ Spotl	One on O..	BBC New		
<b>29-FOX</b>	The Six	The Pulse	TMZ (N)	You Bet	Stars on Mars (N)		Kitchen (N)	News (N)	News (N)	ClassH	Extra (N)		
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Son of a	Son of a	Children	Children	News Philly (N)	Law-SVU "Entitled"	Neighbor		
<b>A&amp;E</b>	Secrets of Playboy	Secrets of Playboy	Secrets of Playboy	Secrets of Playboy	Playboy (N)		Miss America (N)	(:05) Playboy	Playboy				
<b>AMC</b>	*** Bruce Almighty ('03) Jim Carrey.				*** Tag ('18) Jon Hamm, Ed Helms. (P)		(:15) *** Bad Teacher ('11) Cameron Diaz.						
<b>GNN</b>	Situation (N) (Live)	OutFront (N) (Live)	Cooper 360 (N) (Live)	CNN (N) (Live)	CNN (N) (Live)	CNN (N) (Live)	CNN (N) (Live)	CNN (N) (Live)	Cooper36				
<b>DISC</b>	(5:00) Outlaws	Street Outlaws: Mega	Cash Days	Street Outlaws: Mega	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws				
<b>DISN</b>	Big City	(:25) *** Gnomeo & Juliet ('11)	*** Mickey, Donald, Go...	Hamster&	Hamster&	Hailey	Hailey	Villains	Villains	Bluey			
<b>ESPN</b>	SportCtr (N) (Live)	ESPN Films	ESPN Films	ESPN Films	SportCtr (N) (Live)	SportCtr							
<b>ESPN2</b>	Wager (N)	Pardon	NFL Live	Limitless (N)	Limitless "Shock" (N)	Limitless "Fasting" (N)	The Ultimate Fighter	UFC 291					
<b>FNEWS</b>	Bret Baier (N) (Live)	Ingraham (N) (Live)	Jesse (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)	Fox News (N) (Live)	The Five						
<b>FX</b>	(5:00) *** Spider-Man 3 ('07)	*** The Amazing Spider-Man ('12) Andrew Garfield.	*** Fantastic Four: Rise of the Silve..										
<b>HBO</b>	(5:25) *** Barbershop	(:10) *** Barbershop 2: Back in Business	Golden Boy Part I (P)	(:20) Gemstones	(:05) Last Call: Killer	*** Milk							
<b>HIST</b>	History's-Mysteries	"Hunting Hitler's U-Boats"	History's-Mysteries	Mysteries (N)	(:05) Dark Marvels (N)	(:05) Mysteries	Mysteries						
<b>ION</b>	Criminal Minds	FBI "Closure"	FBI "Little Egypt"	FBI	FBI "American Idol"	FBI	FBI						
<b>LIFE</b>	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	Rizzoli						
<b>MAX</b>	(:20) *** Big Momma's House	*** The New Guy ('02)	*** Hot Tub Time Machine ('10)	(:10) *** Little Miss Sunshine									
<b>NBCSPA</b>	Phillies	MLB Baseball Baltimore Orioles at Philadelphia Phillies (N) (Live)	Phillies (N) (Live)	Birds (N)	Birds	Life	Baseball						
<b>NICK</b>	SpongeB..	SpongeB..	*** Cloudy With a Chance of Meatballs 2	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	*** Django Unchained ('12) Christoph Waltz, Leonardo DiCaprio, Jamie Foxx.	Movie							
<b>TBS</b>	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Miracle	Miracle	American	American	American	
<b>TCM</b>	*** The Stalking Moon ('68) Gregory Peck.	*** Easy to Love ('53) Esther Williams.	*** Bathing Beauty ('44) Red Skelton.	Movie									
<b>TNT</b>	(4:00) *** Avengers: Infi...	(:15) *** Thor: Ragnarok ('17) Tom Hiddleston, Chris Hemsworth.	Rich & Shameless	*** Ready Player One ('18)									
<b>USA</b>	Chi. Fire "Let It Burn"	Chicago Fire	WWE Monday Night RAW (N) (Live)	Temptation Island	The Big D								

**TUESDAY EVENING**

**JULY 25, 2023**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
<b>3-CBS</b>	News (N)	CBS News	Inside Ed.	ET (N)	FBI "Double Bind"	FBI: Int "Unburdened"	FBI: Most Wanted	News (N)	(:35) Colbert				
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel	Celebrity Wheel	Jeopardy! Masters	Jeopardy! Masters	News (N)	(:35) J. Kimmel				
<b>10-NBC</b>	News (N)	NBC News	News (N)	Hollywood	America's Got Talent (N)		Hot Wheels (N)	News (N)	(:35) Tonight Show				
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Goldbergs	Two Men	Mom	Friends	Friends	Action News at 10 (N)	Mod Fam	Mod Fam	Two Men	
<b>23-PBS</b>	NJ Spotl	Newsline	One on O..	NJ Spotl	Doctor	(:45) Doc Martin	With	Soundch..	NJ Spotl	Drive-Hist	BBC New		
<b>29-FOX</b>	The Six	The 215	TMZ (N)	You Bet	Beat Shazam	Don't Forget	News (N)	News (N)	ClassH	Extra (N)			
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Down-Zac Efron (N)	Friends "Iceland" (N)	News Philly (N)	Law & Order: SVU	Neighbor				
<b>A&amp;E</b>	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Storage	Storage	Storage	Storage	Customer	
<b>AMC</b>	*** Elf ('03) James Caan, Will Ferrell.	*** National Lampoon's Christmas Vacation	(:15) *** Willy Wonka and the Chocolate Factory										
<b>GNN</b>	Situation (N) (Live)	OutFront (N) (Live)	Cooper 360 (N) (Live)	CNN (N) (Live)	CNN (N) (Live)	CNN (N) (Live)	CNN (N) (Live)	Cooper36					
<b>DISC</b>	Deadliest Catch	Deadliest Catch	Deadliest Catch	Contraband: Seized	Contraband: Seized	Deadliest Catch	Catch						
<b>DISN</b>	Hamster & Hamster &	Kiff	Kiff	Big City	Big City	Ladybug	Ladybug	Ladybug	Ladybug	Pretty Frk	Pretty Frk	Bluey	
<b>ESPN</b>	SportCtr (N) (Live)	Basketball Phoenix Mercury at Atlanta Dream	The Ultimate Fighter	The Ultimate Fighter	SportCtr (N) (Live)	SportCtr							
<b>ESPN2</b>	Wager (N)	Pardon	ACC Huddle	Limitless (N)	Limitless (N)	ESPN FC	(:25) M. Friendlies (N) (Live)						
<b>FNEWS</b>	Bret Baier (N) (Live)	Ingraham (N) (Live)	Jesse (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)	Fox News (N) (Live)	The Five						
<b>FX</b>	(4:30) *** Amazing Spider-Man	*** Thor: The Dark World ('13) Chris Hemsworth.	Justified: City (N)	Justified: City	Justified								
<b>HBO</b>	(5:20) *** Draft Day	(:15) *** See How They Run ('22)	Golden Boy Part II (F)	(:20) Gemstones	(:05) *** Knocked Up ('07)								
<b>HIST</b>	Beyond Skinwalker	Beyond Skinwalker	Secret (N)	Skinwalker Ranch (N)	(:05) Beyond (N)	(:05) Beyond	(:05) Secre						
<b>ION</b>	Chicago Fire	Chi. Fire "Fog of War"	Chicago Fire	Chi. Fire "Fire Cop"	Chicago Fire	Chicago Fire	Chi. Fire						
<b>LIFE</b>	Castle	Castle	Property	Property	Property	Property	Everything	Everything	Property	Property	Property		
<b>MAX</b>	(:10) *** Old ('21) Gael Garcia Bernal.	*** Eagle Eye ('08) Shia LaBeouf.	*** Lord of War ('05) Nicolas Cage.	*** Anna									
<b>NBCSPA</b>	Phillies	MLB Baseball Baltimore Orioles at Philadelphia Phillies (N) (Live)	Phillies (N) (Live)	Birds (N)	Birds	Golf	Baseball						
<b>NICK</b>	SpongeB..	SpongeB..	*** Cloudy With a Chance of Meatballs	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	*** Forrest Gump ('94) Robin Wright Penn, Gary Sinise, Tom Hanks.	*** Titanic ('97)							
<b>TBS</b>	Sheldon	Leadoff	MLB Baseball New York Mets at New York Yankees (N) (Live)	MLB Close	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon				
<b>TCM</b>	*** Term of Trial ('62) Laurence Olivier.	*** Christmas in Connecticut ('45)	*** Holiday Affair ('49)	*** It Happened on 5th ..									
<b>TNT</b>	*** Thor: Ragnarok ('17) Chris Hemsworth.	(:45) *** Doctor Strange ('16) Benedict Cumberbatch.	(:15) *** The Suicide Squad										
<b>USA</b>	Law-SVU "Vulnerable"	Law-SVU "Lust"	WWE NXT (N) (Live)	(:10) *** Death Wish ('18) Vincent D'Onofrio, Bruce Willis.									



**WEDNESDAY EVENING**

**JULY 26, 2023**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
<b>3-CBS</b>	News (N)	CBS News	Inside Ed.	ET (N)	60 Minutes (N)		Big Brother: 25th (N)		CSI: Vegas		News (N)	(:35) Colbert		
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel	Judge (N)		Wonder	Abbott	Pyramid		News (N)	(:35) J. Kimmel		
<b>10-NBC</b>	News (N)	NBC News	News (N)	Hollywood	LA Fire & Rescue (N)		Chicago Fire		Chicago P.D.		News (N)	(:35) Tonight Show		
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Goldbergs	Two Men	Mom	Destinatio	Friends	Action News at 10 (N)		Mod Fam	Mod Fam	Two Men	
<b>23-PBS</b>	NJ Spotl	Newsline	One on O..	NJ Spotl	Table	Table	Endeavour on Masterpiece "Exeunt"		NJ Spotl	Table	BBC News			
<b>29-FOX</b>	The Six	TMZ (N)	FIFA Women's World Cup Live (N) (Live)				World Cup United States vs. Netherlands (N)			World Cup News (N)				
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Nancy Drew (N)		Riverdale (N)		News Philly (N)		Law-SVU "Misleader"		Neighbor	
<b>A&amp;E</b>	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Arrest (N)	Arrest (N)	CourtCam	CourtCam	CourtCam	
<b>AMC</b>	(5:00) 🏆 Jurassic Park III		🏆🏆🏆 The Hunger Games ('12) Jennifer Lawrence.						🏆🏆🏆 The Hunger Games: Catching Fire ('13)					
<b>CNN</b>	Situation (N) (Live)		OutFront (N) (Live)		Cooper 360 (N) (Live)		CNN (N) (Live)		CNN (N) (Live)		CNN (N) (Live)		Cooper360	
<b>DISC</b>	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Ghost Adventures		Mysteries of		Expedition	
<b>DISN</b>	Hamster &	Hamster &	Kiff	Kiff	Big City	Big City	Ladybug	Ladybug	Ladybug	Ladybug	Raven	Raven	Bluey	
<b>ESPN</b>	SportCtr (N) (Live)		MLB Baseball Teams TBA (N) (Live)						SportCtr (N) (Live)		SportCtr (N) (Live)		SportCtr	
<b>ESPN2</b>	Wager (N)	Pardon	ESPN FC		Limitless "Acceptance" (N)		SC Feat.		ESPN Films			NFL Live		
<b>FNEWS</b>	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five	
<b>FX</b>	🏆🏆🏆 X-Men: The Last Stand ('06)				🏆🏆🏆 Venom ('18) Tom Hardy.				This Fool	This Fool	🏆🏆🏆 Venom ('18) Tom Hardy.			
<b>HBO</b>	(5:50) Last..	(:45) 🏆🏆🏆 Avatar: The Way of Water ('22) Zoe Saldana, Sam Worthington.						To Be Announced			🏆🏆🏆 Election ('99)			
<b>HIST</b>	American Pickers		American Pickers		American Pickers		American Pickers (N)				(:05) Pickers		Pickers	
<b>ION</b>	Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Blood	
<b>LIFE</b>	Castle		Castle		Castle "47 Seconds"		Castle "The Limey"		(:05) Castle		(:05) Castle		Castle	
<b>MAX</b>	(:10) 🏆🏆🏆 Fire in the Sky ('93) D.B. Sweeney.				🏆 The Wash ('01) Dr. Dre.		🏆 A Glimpse Inside the Mind of C...		(:05) 🏆🏆🏆 Horrible Bosses 2 ('14)					
<b>NBCSPA</b>	MLB Baseball Baltimore Orioles at Philadelphia Phillies (N) (Live)						Phillies (N) (Live)		Birds (N)	Birds	In. Golf	Bensinger	Baseball	
<b>NICK</b>	SpongeB..	SpongeB..	Nick News	🏆🏆🏆 Bee Movie ('07) Jerry Seinfeld.				Friends	Friends	Friends	Friends	Friends	Friends	
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	🏆🏆🏆🏆 Titanic ('97) Kate Winslet, Billy Zane, Leonardo DiCaprio.									
<b>TBS</b>	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (N) (Live)				The Cube		Sheldon	Sheldon	Sheldon	
<b>TCM</b>	(:15) 🏆🏆🏆🏆 Fury ('36) Sylvia Sidney.				🏆🏆🏆🏆 To Kill a Mockingbird ('62)				(:15) 🏆🏆🏆🏆 In the Heat of the Night ('67)		Movie			
<b>TNT</b>	Lucifer "Sin-Eater"		Lucifer "Lady Parts"		🏆🏆🏆 The Suicide Squad ('21) Margot Robbie.				🏆 Birds of Prey (and the Fantabulous Emanci...					
<b>USA</b>	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Temptation Island (N)		The Big D (N)		Love Island (N) (SP)			

**THURSDAY EVENING**

**JULY 27, 2023**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
<b>3-CBS</b>	News (N)	CBS News	Inside Ed.	ET (N)	Ghosts		Price Is Right		So Help Me Todd		News (N)	(:35) Colbert		
<b>6-ABC</b>	News (N)	WorldNe..	Jeopardy!	Wheel	Generation Gap (N)		The Chase (N)		Press Your Luck		News (N)	(:35) J. Kimmel		
<b>10-NBC</b>	News (N)	NBC News	News (N)	Hollywood	Password		Law & Order: SVU		Magnum P.I.		News (N)	(:35) Tonight Show		
<b>17-MNT</b>	Goldbergs	Big Bang	Big Bang	Goldbergs	Two Men	Mom	Union	Sports	Action News at 10 (N)		Mod Fam	Mod Fam	Two Men	
<b>23-PBS</b>	NJ Spotl	Newsline	One on O..	NJ Spotl	Walking "Birmingham"		POV "A House Made of Splinters"		School	NJ Spotl	State/Arts	BBC News		
<b>29-FOX</b>	The Six	Kelly (N)	TMZ (N)	You Bet	Alert: Missing "Max"		Stars-Mars "Evil AI"		News (N)		News (N)	Extra (N)	Extra (N)	
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Son of a	Son of a	Children	Children	News Philly (N)		Law & Order: SVU		Neighbor	
<b>A&amp;E</b>	First 48 "The Standoff"		The First 48		The First 48		60 Days In (N)		Booked: First Day In		(:05) The First 48		(:05) First48	
<b>AMC</b>	(5:00) 🏆 The Hunger Games: Catching Fire				🏆🏆🏆 The Hunger Games: Mockingjay, Part 1 ('14)				🏆 The Hunger Games: Mockingjay, Part 2					
<b>CNN</b>	Situation (N) (Live)		OutFront (N) (Live)		Cooper 360 (N) (Live)		CNN (N) (Live)		CNN (N) (Live)		CNN (N) (Live)		Cooper360	
<b>DISC</b>	(5:00) Afraid XL		Naked and Afraid XL				Naked and Afraid XL				Naked and Afraid XL			
<b>DISN</b>	(:10) 🏆🏆🏆 Zootopia ('16)				🏆 The Slumber Party ('23) (P)				Pretty Frk	Pretty Frk	Pretty Frk	🏆 The Slumber Party ('23)		
<b>ESPN</b>	SportCtr (N) (Live)		30 for 30 The '85 Bears				Auto Racing Superstar Racing Experience (N)				SlamBall (N) (Live)			
<b>ESPN2</b>	Wager (N)	Pardon	Pickleball PPA Tour: Seattle Open (N) (Live)				NFL Live		E60	Soccer (N) (Live)				
<b>FNEWS</b>	Bret Baier (N) (Live)		Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five	
<b>FX</b>	(4:30) 🏆 Incredible Hulk		🏆🏆🏆 Iron Man 3 ('13) Gwyneth Paltrow, Robert Downey Jr..						What We ..	What We ..	What We ..	🏆🏆 Nobody's Fool		
<b>HBO</b>	(5:30) TBA		REAL Sports		🏆🏆 Transformers: Revenge of the Fallen ('09)				Gemston..		(:15) The Golden Boy Part I			
<b>HIST</b>	Alone "Spirit Bear"		Alone "King's Gambit"		Alone "Aftermath"		Alone "Infestation" (N)		(:35) Alone "Infestation"		(:05) Alone			
<b>ION</b>	Chicago "Reckoning"		Chicago P.D. "Doubt"		Chicago P.D. "Assets"		Chicago "Familia"		Chicago P.D.		Chicago P.D.		Chicago	
<b>LIFE</b>	Castle		Castle		Castle		Castle		(:05) Castle		(:05) Castle		Castle	
<b>MAX</b>	(5:40) 🏆🏆🏆 Warrior ('11) Joel Edgerton.				🏆🏆 From Dusk Till Dawn ('96)		🏆 From Dusk Till Dawn 2: Texas ...		🏆 From Dusk Till Dawn 3: Hangm...					
<b>NBCSPA</b>	Birds (N)	Golf	Birds	Futbolista	The Best Show Ever?				Birds	World Poker Tour		Ultimate Disc		
<b>NICK</b>	SpongeB..	SpongeB..	🏆🏆 Sonic the Hedgehog ('20) James Marsden.				Friends	Friends	Friends	Friends	Friends	Friends	Friends	
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	Movie									
<b>TBS</b>	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	TacomaFD	🏆🏆 Neighbors 2		
<b>TCM</b>	(5:15) 🏆🏆🏆🏆 Hamlet ('48) Laurence Olivier.				🏆🏆 Lighthouse (P)		(:15) 🏆🏆 Convicted Woman		🏆🏆 Within the Law		(:45) 🏆 Convict's Code			
<b>TNT</b>	🏆🏆🏆 The Blind Side ('09) Tim McGraw, Sandra Bullock.				🏆🏆🏆 Wanted ('08) Morgan Freeman, James McAvoy.				Rich & Shameless		Movie			
<b>USA</b>	Law-SVU "Loss"		Law & Order: SVU		🏆🏆 The Proposal ('09) Ryan Reynolds, Sandra Bullock.				🏆🏆 The Proposal ('09) Sandra Bullock.					





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## ATLANTIC CITY SUMMER CONCERTS • KENNEDY PLAZA

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**7:00 PM - 9:00 PM**

The 23rd Annual Jazz on the Beach free concert series is returning every Thursday this summer!

July 20, 2023  
Eddie Palmieri  
Local Jazz Artist: Cintron Quartet

July 27, 2023  
Jazzmeia Horn + Trio  
Local Jazz Artist: Eddie Morgan Quartet

August 3, 2023  
Victor Gould Quartet  
Local Jazz Artist: Vertical Current

August 17, 2023  
Amina Figarova Sextet  
Local Jazz Artist: Tribute to Charles Fambrough,  
Aaron Graves with Joe Ford

August 24, 2023  
Cyrus Chestnut  
Local Jazz Artist: Dwain Davis Quartet

August 31, 2023  
Etienne Charles  
Local Jazz Artist: Yocontalie Quartet

September 7, 2023  
Regina Carter  
Local Jazz Artist: Mary Cross Quartet

## ATLANTIC CITY SUMMER CONCERTS • KENNEDY PLAZA

### TONY MART PRESENTS MARDI GRAS EVERY WEDNESDAY THIS SUMMER

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August 9: Tito Puente Jr. Orchestra, Willpower

August 16: Shemekia Copeland Band

August 23: The Weight Band Featuring Members of The Band and Levon Helm Band

August 30: LaBamba's Big Band with Special Guest Billy Walton From Springsteen, Southside & Bon Jovi to  
Conan O'Brien Rock 'N Soul, Swing & R&B & Jersey Shore Classics

September 6: Cyril Neville with Omari Neville & The Fuel, Ocean Avenue Stompers



# SPORTS STUMPERS

## Tour de France

By Alex Hendry

### Questions:

- 1) What color jersey does the leading cyclist of the race traditionally wear?
- 2) Who was the first American male cyclist to win the Men's Tour de France?
- 3) The 2022 Tour de France Femmes winner goes down in history as the event's inaugural champion - who is she?
- 4) The leading climber in the Mountains leg of the race wears what color jersey?
- 5) Which French cyclist won the Men's Tour de France five times during his racing career?
- 6) The 1954 Tour de France made history by being the first race to not start in France - where did the race begin?
- 7) Which female American cyclist won the 1984 Tour de France Féminin?
- 8) Which polarizing cycling icon won seven consecutive Tour de

France titles before being stripped from the record books?

- 9) Name the famous avenue that marks the finish line of the Tour de France.
- 10) Considered the greatest competitive cyclist of his generation - what Belgian cyclist won the Tour de France five-times?

### Answers:

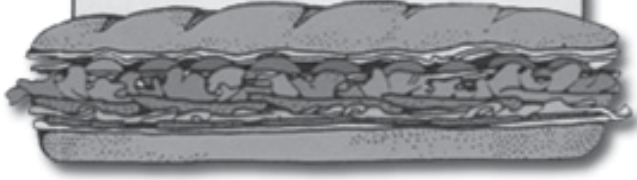
- 1) Yellow
- 2) Greg LeMond (1986, in addition to winning titles in 1989 and 1990)
- 3) Annemiek van Vleuten (Netherlands)
- 4) Red & White Polka dot
- 5) Bernard Hinault (1978, 1979, 1981, 1982 & 1985)
- 6) Netherlands (the 1954 race started from Amsterdam)
- 7) Marianne Martin
- 8) Lance Armstrong (7-time Tour de France winner 1999-2005)
- 9) Champs-Élysées
- 10) Eddy Merckx (1969, 1970, 1971, 1972 and 1974)



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FRI, JULY 21	@ CLEVELAND	7:10PM
SAT, JULY 22	@ CLEVELAND	7:10PM
SUN, JULY 23	@ CLEVELAND	1:40PM
MON, JULY 24	VS BALTIMORE	6:40PM
TUES, JULY 25	VS BALTIMORE	6:40PM
WED, JULY 26	VS BALTIMORE	6:05PM
FRI, JULY 28	@ PITTSBURGH	7:05PM



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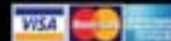
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